



## Senior Squad selection policy

### Team Ireland

## World Orienteering Championships; Finland 2025

- 1. Overview** The 2025 World Orienteering Championships (WOC) will take place in Kuopio, Finland, from July 7th to 12th. This document outlines the selection process for the Irish team.

DATE	EVENT	LOCATION
Tue 8 <sup>th</sup> July	Middle Distance Qual	Tahko
Wed 9 <sup>th</sup> July	Middle Final	Neulaniemi, Kuopio
Thur 10 <sup>th</sup> July	Long Final	Neulaniemi, Kuopio
Sat 12 <sup>th</sup> July	Relay	Puijo, Kuopio

### 2. Eligibility

- Only members of the High Performance squads (Senior & Junior) are eligible for selection.
- Athletes must hold Irish nationality and meet IOF eligibility rules.
- All athletes must comply with embargo regulations.

### 3. Team Composition

- **Middle Distance (Qualification & Final):** Up to 3 men and 3 women.
- **Long Distance:** 1 man and 1 woman.
- **Relay:** 3 men and 3 women.

### 4. Selection Races

- Selection will be based on results from designated races in 2024/2025, including:

- **JK Orienteering Festival** (Apr 2025)
- **Irish Orienteering Championships – Middle & Long** (May 2025)
- **WOC 2025 Test Races in Finland** (June 2025)
- Additional international races may be considered if an athlete is unable to attend the selection races.

## **5. Selection Process**

### Middle Distance

- There will be 1 automatic selection place for the winner of the WOC 2025 Test race middle distance
- The remaining places will be determined based on performances in selection races and known form.
- Junior athletes (M/W18 & 20) may be considered in consultation with JWOC selectors

### Long Distance

- There will be no automatic selection for the long distance.
- Places will be determined based on performances in selection races and known form.

## **6. Relay Selection**

- Selected from athletes competing in the Middle or Long disciplines.
- Based on selection race results, known form and past relay performance.
- Running order to be decided by team members and High Performance Director.

## **7. Fitness and Injury Considerations**

- Selected athletes must remain competition-ready.
- Injuries must be reported immediately to the selection panel.
- The selection panel has discretion to replace an injured athlete.

## **8. Communication of Selection**

- Squad athletes will be notified by email when selections are made and posted on the Orienteering Ireland website and Senior Squad Blog.
- Final team announcement by **10<sup>th</sup> June , 2025**.

## **9. Appeals Process**

- Athletes may request feedback from selectors.
- If unsatisfied, they may submit a formal appeal as per Orienteering Ireland's official process.

## **10. Selection Panel**

The Selection Panel is:

- Hugh Cashell
- Shane Lynch
- Toni O'Donovan
- The final decision rests with the panel, and their judgment will be based on athlete performances and competitive readiness.

This policy ensures a transparent and fair selection process, enabling Ireland to field its strongest possible team at WOC 2025.