

METHOD STATEMENT



This supporting document describes what is involved for setting up, running and taking down events for landowners or concerned parties.

What is an Orienteering Event?

Orienteering is a sport which involves navigation and walking, jogging or running around a course set by a course planner. These courses are defined by several checkpoints or flags which the participants navigate to. They normally record that they have found these checkpoints (called "controls") by means of a small electronic tag. These courses vary in difficulty and distance based on the orienteers ability and age.

The control flags may be attached to fixed objects (a tree or a railing), mounted on plastic stakes or placed on trestles. These flags will normally be put out on the day before or the morning of the event but removed immediately after the event finishes. We undertake to cause no damage to vegetation, or structures, to leave no litter, and not to interfere with other users of the area. Participants are warned to be conscious of their own safety and that of other users of the area.

We will have experienced officials and marshals at the event to ensure the safety of participants and of other users of the area for the duration of the event. If deemed necessary by our officials, we will also display signs to notify both pedestrians and traffic that there is orienteering in progress. Our organisation has over 40 years of experience in running these types of events and we have built up considerable experience.

Our event organisers are insured through the Orienteering Ireland Public Liability policy. A copy can be provided to you on request. For this event, a special detailed orienteering map is used, and any specific safety requirements are given to all orienteers before they take part.

Orienteers normally enter in advance to allow us to plan for numbers taking part. A small number of orienteers may be allowed to enter on the day. Our orienteers begin their courses in a staggered format which means that there only a limited number of people out at any one time.

Your assistance in the hosting of this event is much appreciated by our orienteering community, and if you require any further information, please contact our event liaison as listed below.

Event Start Times: _____

Event Finish Time: _____

Event Centre Location: _____

Point of Contact: _____

Contact Information: _____