



EOC & World Cup Round #3 2023

Application Policy

The European Orienteering Championship and World Cup Round #3 takes place 3rd - 8th October at Lake Garda in the Veneto region.

It will consist of Sprint, Sprint-Relay and Knock-Out Sprint.
The team will consist of: 4 x Female and 4 x Male.

The purpose of the team application:

- To enable the high performance manager, Jens Waechter to gauge interest, and to consider the best possible athletes.
- To provide eligible athletes an opportunity to claim a place in the team.

Application criteria:

- Application opens: May 22nd, 2023.
- Application closes: June 21st, 2023
- Email application to the high performance manager Jens: elite@orienteering.ie
- A test race in Ireland will be considered in August if the need arises.
- The team will be announced at the end of August 2023.
- Athletes must inform the high performance manager of any illness or injury before any particular selection event (if any) and/or after a potential successful selection of the athlete.
- In the case of withdrawals, the high performance manager will select a suitable replacement using all selection criteria (below).
- EOC & World Cup round #3 are urban races, only urban sprint race results/training events are considered for the application

I will select the team with the aim of achieving the strongest set of results. Athletes may be selected to gain experience, and I would encourage all older juniors to consider putting themselves forward for selection.

It is each athlete's responsibility to ensure they are eligible to compete for Ireland on the date of the competition - see <https://orienteering.sport/orienteering/competition-rules/>.

If the need arises, in a second process step, a selection panel will take all criteria and the recommendation of the high performance manager into account, in order to make a final decision.



For the purpose of the application process the following events and guide times will be considered :

Races considered for application	Other events considered for application. June '22 to May '23	5000m track or road racing time guide for application consideration. Must be run between June '22 & May '23		
			Female	Male
WOC 2022	MOC sprint camp	Age 21	19:10 min	16:40 min
International Sprint Races (WRE) after June, 2022	Swedish sprint camp	Age 22	19 min	16:30 min
JWOC 2022 sprint races	Norwegian sprint camp	Age 23	18:50 min	16:20 min
British Sprint Championship 2023		Age 24	18:40 min	16:10 min
International Sprint Test Races, after May 2022		Age 25+	18:30 min	16:00 min
Swedish League sprint races, after June 2022				
Sprint Cup Races, after June 2022				

Please note that athletes may be considered if the high performance manager thinks that they will help improve the team's results.

When it has not been possible to consider a full team from the named criteria, an athlete may be selected to gain experience.