

Anti-Doping Officer Report

Orienteering Ireland AGM, 30th April 2023.

It's been another quiet year as Anti-Doping Officer.

1. List of prohibited substances

WADA (World Anti-Doping Agency) updated its list of prohibited substances, which came into effect in January 2023. This was circulated to the Senior Squad, along with the useful explanatory notes provided by Sport Ireland.

One upcoming change that might be of general interest is that the use of Tramadol in-competition will be prohibited from 1st January 2024.

2. Reminder

Orienteering Ireland has committed to promoting an environment where its members can compete fairly, and free from the use of performance-enhancing drugs.

As per the Sport Ireland Anti-Doping Rules, **every orienteer on our national squads has a responsibility to be aware of and comply with the Rules**. This applies to both seniors and juniors.

I would encourage all athletes and their support personnel (coaches, parents etc.) to use the Sport Ireland and/or WADA e-Learning resources so that they are aware of anti-doping rules, policies and procedures.

A good place to get started is <https://www.orienteeing.ie/anti-doping/> – this webpage contains useful links to:

- Sport Ireland Anti-Doping webpage (an excellent resource including Anti-Doping Rules; Athlete Zone; Education Zone; and e-Learning)
- International Orienteering Federation (IOF) Anti-Doping webpage
- World Anti-Doping Agency (WADA) Anti-Doping eLearning platform

3. Athlete Education

Aside from forwarding e-mails from Sport Ireland on to our senior squad, I have not provided any anti-doping education this year. If anyone is on the senior squad and hasn't been receiving anti-doping bulletins, please contact antidoping@orienteeing.ie.

4. Amendments to the Orienteering Ireland Constitution

According to the Sport Ireland Anti-Doping Rules, Orienteering Ireland is required to adopt and implement certain disciplinary rules or codes of conduct in our own constitution. For example, athletes and others are required to co-operate with anti-doping investigations, and not to engage in offensive conduct during a test.

We still need a plan to incorporate these rules into our own constitution – I have not made it a priority in the last 12 months.

Summary

Tasks for the coming year are the same as at last year's AGM:

- Deliver anti-doping education to orienteers and their support personnel
- Draft the required amendments to the Orienteering Ireland constitution

Unfortunately, due to work pressures I have been unable to prioritise and deliver on these tasks. This year I have decided to step down, after 5 years in the role. I will be happy to support my successor.

Rob McEvoy (CorkO)
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