



## High Performance Report 2022

Events that the National Team participated in during the past year:

### WOC 2022 – Denmark (July)

The 2022 World Orienteering Championships were held in the Denmark between 26-30 June with the events taking place in the towns of Vejle, Kolding and Fredericia. This was the first 'Sprint WOC'. It comprised of 2 individual races (sprint & knockout sprint) and a sprint relay. The following team was selected to represent Ireland:

Sprint & Knockout Sprint	Josh O'Sullivan Hourihan Kevin O'Boyle Colm Moran	Clodagh Moran Eadoain McCavana
Sprint Relay	Colm Moran Josh O'Sullivan Hourihan	Clodagh Moran Eadoain McCavana



WOC 2022 Team

Results from the individual qualification races:

#### Knockout Sprint

Men A	Kevin O'Boyle	29 <sup>th</sup>
Men B	Colm Moran	32 <sup>nd</sup>
Men C	Josh O'Sullivan Hourihan	18 <sup>th</sup>
Women A	Eadaoin McCavana	29 <sup>th</sup>

Women B	Clodagh Moran	29 <sup>th</sup>
<u>Sprint</u>		
Men A	Colm Moran	28 <sup>th</sup>
Men B	Josh O'Sullivan Hourihan	18 <sup>th</sup>
Men C	Kevin O'Boyle	26 <sup>th</sup>
Women A	Clodagh Moran	28 <sup>th</sup>
Women B	Eadaoin McCavana	27 <sup>th</sup>

The sprint relay team did not start the sprint relay due to illness.

I would like to thank the Selectors for their work, Kyle Heron, Angus Tyner and Susan Lambe.

### **World Mountain Bike Orienteering Championships – July (Sweden)**

Ireland was represented at WMTBOC in 2022 with Niall McCarthy competing. Niall was 68<sup>th</sup> in the Middle Distance, 58<sup>th</sup> in the Long Distance, 62<sup>nd</sup> in the Sprint Distance, and 55<sup>th</sup> in the Mass Start.

### **World University Orienteering Championships – Switzerland (August)**

In conjunction with Student Sport Ireland, a team of 3 plus a team manager represented Ireland at WUOC in Switzerland.

The Irish team selected:

- Aoife O'Sullivan
- Clodagh Moran
- Darragh Hoare

I would like to thank Caroline Murray for being team manager.

### **World Cup Round 3/Final – Switzerland (October)**

Three athletes participated (Paul Pruzina, Ruairi Short & Seamus O'Boyle) in a relay, long distance and middle distance races. This World Cup also provided an opportunity for WOC 2023 training.

### **IOF Training Camp at Idre Fjall (August)**

The IOF sought applications/nomination from teams not qualifying for the World Games to a training camp in Idre Fjall (Sweden) in August 2022. Conor Short availed of this training opportunity.

### **Senior Home International 2022 – England (November)**

The following team participated at the SHI, the relays were held near Guildford and the classic distance race was held in the New Forest:

M20	Dan Earnshaw
	Eoin Simpson (relay only)
W20	Ellie Simpson (relay only)
M21	Paul Pruzina

Laurence Quinn  
Ruairi Short  
Conor Short  
Darren Burke  
Aidan McCullough  
W21 Niamh Corbett  
Roisín Long  
Toni O'Donovan

### **Funding**

The Squad receives its funding from Orienteering Ireland. We are very grateful to for this funding. In the coming year this funding will go towards entering Irish Teams in events (e.g. World Championships), and towards training.

Athletes will still fund a large part of their attendance at the events they are selected for themselves, including attendance at selection races, this illustrates the commitment that the team must representing their country and should be acknowledged. The support from their families must also be acknowledged.

### **2023 Season**

- The main event for 2023 will be the World Championships which are being held in Switzerland.
- The European Sprint Orienteering Championships will be held in Italy.
- There are also World Cup races in Norway (clash with IOC) and Czechia.

### **Finally**

After taking on this role in 2012, I have taken the decision to step down from the committee.

I would like to take this opportunity to thank the many people who have helped me in this role over the years.

In particular, I would like to thank the squad members, both past and present, as they helped to ensure that it was a pleasure to be involved with the Squad over this time.

**Darren Burke**  
**High Performance Manager**  
**Orienteering Ireland**