



SHI 2023 Selection Policy

The Senior Home International is taking place on the 9th/10th September at Merthyr Common South & Clydach Terrace, organised by SWOC, in Wales. It will consist of an Individual race on the Saturday and a Relay race on the Sunday.

Team will consist of: 6 x M21, 6 x W21, 3 x M20, 3 x W20

The purpose of this policy:

- To enable the selectors to select the best possible team
- To provide eligible athletes an opportunity to claim a place in the team

Selection criteria:

- Selectors are Susan Lambe, Philip Baxter and Dave Masterson.
- The team will be announced at the end of June 2023.
- **Athletes must declare themselves available for selection by Sunday 22th May 2023**
- W/M18s can declare themselves available for selection, as long as they are aged 18 or over by the date of travel
- If W/M20s want to be considered for 21s they should declare for both 20s and 21s.
- It is recommended that you run in the age class you wish to be selected for, or where relevant you run the same course (eg if 18s run the same course as 20s).
- Athletes must inform Susan Lambe of any illness or injury **before** any particular selection race.
- A senior member of the selected team will be asked to act as Team Manager over the weekend.
- In the case of withdrawals, the selectors will select a suitable replacement using all selection races (below).
- We will select the team with the aim of achieving the strongest set of results. Athletes may be selected to gain experience, and we would encourage all older juniors to consider putting themselves forward for selection.
- It is each athlete's responsibility to ensure they are eligible to compete for Ireland on the date of the competition – see rules on the British Orienteering website https://www.britishorienteering.org.uk/home_internationals

The first 4 places in the W/M 21 team and the first 2 places in the W/M 20 team will be selected using selection races **1-3** (listed below). To fill the remaining places selectors will look at all known form, particularly from races 1-3 & a-c (listed below). Please note that athletes may be selected if the selectors feel that they will help improve the team's results. When it has not been possible to select a full team from the named races an athlete may be selected to gain experience.

Please note the SHI is a self-funded event. You may be eligible to apply for funding from clubs, councils etc. NI athletes are welcome to read the NIOA policy on International Representation.

Races to be considered for selection	Races to be considered for all known form
<ol style="list-style-type: none">1. JK Middle & Long (8th & 9th Apr)2. Leinster Champs (16th Apr)3. IOC Middle & Long (29th & 30th Apr)	<ol style="list-style-type: none">a. JK & IOC Relay (10th Apr & 1st May)b. Any WRE (Long/Middle) before 14th June 2023c. British Middle Champs (7th May)