

## **RULE 9. THE COMPETITOR**

(Rule 10.1 from the 2002 version of the Rules, updated Nov 2020 and finalised May 2021)

### **R9.1 CONDUCT**

R9.1.1 Competitors are bound by these Rules when they are competing in any orienteering event that is registered with Orienteering Ireland.

R9.1.2 Competitors are required to adhere to the principles of Fairness as detailed in Rule R1.3.2 and Fair Play as detailed in Rule 11.

### **R9.2 CLOTHING AND EQUIPMENT**

R9.2.1 Competitors shall wear clothing that fully covers their torso and legs unless the Organiser has stated otherwise.

R9.2.2 At competitions where the weather conditions are or are expected to be inclement, the Organiser should give either a mandatory instruction that all competitors shall carry a waterproof jacket, or a recommendation that one should be carried. Where it is mandatory the jacket must be carried throughout the competition and anyone not carrying it at the finish will be disqualified. A notice giving instructions on the clothing policy should be provided in the competition details, and at the exit to the parking or assembly areas.

R9.2.3 The policy on the carrying of whistles shall be determined by the competition Organiser. It is recommended that whistles be carried by all competitors at cross-country competitions.

R9.2.4 Competitors shall not be allowed to start a competition if they do not conform to the clothing and whistle Rules.

R9.2.5 During a competition the only navigation aids that may be used or carried by a competitor are the map, the control descriptions, and a compass. Other equipment that may be carried are a watch or other timekeeping device, a mobile phone only for use in an emergency, and a torch for night events.

R9.2.6 The use of any other navigational aid, other than a compass is not permitted.

- R9.2.7 GPS -enabled devices may be carried provided they are only used to record data for use in post-race analysis. However the competition Organiser has the right to specifically forbid the use of such equipment.
- R9.2.8 Where start number bibs are provided they shall be clearly visible on the competitor, and worn as prescribed by the Organiser.
- R9.2.9 Competitors with their own e-card are permitted to use them unless a particular e-card is required, or unless they are provided by the Organiser.