

# Anti-Doping Officer Report

## Irish Orienteering Association AGM, 30th April 2022.

It's 11 months since the last AGM and I have had a quiet year as Anti-Doping Officer.

### 1. New list of prohibited substances

WADA (World Anti-Doping Agency) published a new list of prohibited substances, which came into effect in January 2022. This was circulated to the Senior Squad, along with the useful explanatory notes provided by Sport Ireland.

The most significant changes to the WADA list that may impact our athletes are changes to the rules around Salbutamol (Ventolin) and glucocorticoids (steroids – including steroid injections into joints).

### 2. Reminder

Orienteering Ireland has committed to promoting an environment where its members can compete fairly, and free from the use of performance-enhancing drugs.

As per the Sport Ireland Anti-Doping Rules, every orienteer on our national squads has a responsibility to be aware of and comply with the Rules. This applies to both seniors and juniors.

I would encourage all athletes and their support personnel (coaches, parents etc.) to use the Sport Ireland and/or WADA e-Learning resources so that they are aware of anti-doping rules, policies and procedures.

A good place to get started is <https://www.orienteering.ie/anti-doping/> – this webpage contains useful links to:

- Sport Ireland Anti-Doping webpage (an excellent resource including Anti-Doping Rules; Athlete Zone; Education Zone; and e-Learning)
- International Orienteering Federation (IOF) Anti-Doping webpage
- World Anti-Doping Agency (WADA) Anti-Doping eLearning platform

### 3. Athlete Education

Aside from forwarding e-mails from Sport Ireland on to our senior squad, I have not provided any anti-doping education this year. If anyone is on the senior squad and hasn't been receiving e-mails from me, please let me know [antidoping@orienteering.ie](mailto:antidoping@orienteering.ie).

#### **4. Amendments to the IOA Constitution**

According to the Sport Ireland Anti-Doping Rules, Orienteering Ireland is required to adopt and implement certain disciplinary rules or codes of conduct in our own constitution. For example, athletes and others are required to co-operate with anti-doping investigations, and not to engage in offensive conduct during a test. We need a plan to incorporate these rules into our own constitution – I have not made it a priority in the last 12 months.

#### **Summary**

Tasks for the coming year are the same as at last year's AGM:

- Deliver anti-doping education to orienteers and their support personnel
- Draft the required amendments to the Orienteering Ireland constitution

I am happy to stand for re-election at this year's AGM – bearing in mind that with work constraints I may get all, some or none of the above tasks done. I am equally happy to step down and support someone else if they want to take on the role.

Rob McEvoy (CorkO)  
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