

# Participant Code of Conduct

Issued by the Irish Orienteering Association

Applies to all orienteering activities in the Republic of Ireland

Last Updated Oct 5th, 2021

Government and HSE guidance take precedence over this code of conduct. If government guidance changes at any time, it must be followed with immediate effect, including, if necessary, by stopping any orienteering activity.

Anyone orienteering using permanent or virtual courses, or taking part in club activities, club training or events, must follow this guidance to ensure the safety of themselves, other participants, event volunteers and the general public.

It is essential that all participants adhere both to this code of conduct and any additional requirements set out by the organising club.

## ***You must follow these rules when taking part in orienteering:***

- Arrive at an event ready to compete and minimise socialising.
- **DO NOT take part in any form of orienteering if;**
  - you have any COVID-19 symptoms,
  - you were in contact in the last 14 days with someone who has Covid-19,
  - you are required to self-isolate
- Obey Government guidelines with regard to travel restrictions.
- Carpooling is not recommended at this time
- Ensure you have read and fully understood any information or instructions provided by a club before you arrive at an orienteering course
- Observe good personal hygiene practices, including - but not limited to - cough and sneeze etiquette and avoid spitting and other bodily secretions.
- Be patient, courteous and respectful of others at all times.