



SHI 2016 Selection Policy

The Senior Home International is taking place on the 22/23rd October in Anglesey (Wales). It will consist of an Individual race and a Relay.

Team will consist of: 6 x M21, 6 x W21, 3 x M20, 3 x W20

The purpose of this policy:

- To enable the selectors to select the best possible team
- To provide eligible athletes an opportunity to claim a place in the team

Selection criteria:

- Selectors are Allan Bogle, Philip Baxter and Mike Long.
- The team will be announced at the end of June 2016.
- Athletes must declare themselves available for selection by Friday 25th March by emailing Allan Bogle at coaching@norienteeing.org.uk (Please enter your subject heading as **SHI 2016 Availability**).
- W/ M18s can declare themselves available for selection.
- If W/ M20s want to be considered for 21s they should declare for both 20s and 21s.
- It is strongly recommended that in races **1-3** (listed below) you run in the age class that you wish to be selected for. Only results from W/ M20s or W/ M21s will be considered for the first places on the team. If 18s run the same course as the 20s there is no issue in selecting them against 20s.
- In years when the Relay takes place on the first day of competition the Relay teams will be selected using the same criteria as the Individual as set out below. In years when the Relay takes place on the second day of competition the Relay teams will be selected based on the Day 1 Individual results.
- Athletes must inform Allan Bogle of any injuries etc. before any particular selection races.
- A senior member of the selected team will be asked to act as Team Manager over the weekend.
- In the case of withdrawals it will be up to the selectors to select a suitable replacement using the *all known form* criteria set out below.

The first 4 places in the W/M 21 team and the first 2 places in the W/M 20 team will be selected using selection races **1-3** (listed below). The remainder of the team will be selected using the selectors' discretion. To fill the remaining places selectors will look at *all known form*, particularly from races 1-3 & a-e (listed below). Please note that athletes may be selected if the selectors feel that they will help improve the team's results. When it has not been possible to select a full team from the named races an athlete may be selected to gain experience.

| Races to be considered for selection: | Races to be considered for <i>all known form</i>: |
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| 1. JK Middle & Long - 26th & 27th March 2016 2. Leinster Champs - 17th April 2016 3. IOC Middle & Long - 29th & 30th April 2016 | a. British Champs Long - 30 th April 2016 b. British Champs Middle - 12 th June 2016 c. Leinster 3 Day - 4 th – 6 th June 2016 d. JK & IOC Relay (2016) e. Any WRE (Long/ Middle) before the end of June 2016 |