the Irish Orienteer

NUMBER 14 NOVEMBER - DECEMBER 1984 75 pence

1984 CONTINENTAL CUP : SANKT VITH, BELGIUM, SEPTEMBER 8-9.

Never before in the history of Irish orienteering was so much achieved by so many. Never before had so many gathered together on one bus, and what a bus...equipped with all the latest conveniences, including a stereo toilet! It would make more than your mind boggle! Fortunately the video was missing, which meant that passengers had to make their own amusement, and this proved no difficulty for Suzanne Clarke and Teddy Russell (Junior, I hasten to add) in the back seat, not to mention Tracey Eakin and Cian Whelton (I told you not to mention...)

After a slight diversion in Betws-y-Coed where we managed to locate Noel Carroll we sped on our merry way across England and arrived at Dover near midnight. Then the orienteering began in earnest...down the London Road...pace counting using house numbers... wrong direction- up the London Road...stop and think...relocate...completely wrong area... find good attack point - Dover Docks...hopeless...ask someone...found the hostel at 1 am to be told that we had to be up at 5 am for the morning ferry!

And we were up and into Ostende at 10.30 am, which became 11.30 am. Unfortunately time wasn't all that changed - the Belgian weather gave us a damp welcome, and the rain persisted for the whole weekend. We finally arrived at the Sports Centre at San Vith at 5 pm, just too late for the training event, much to everyone's relief. So a relaxing hour or so over a cup of coffee or a beer put in the time till dinner at the local school.

We then drove a short distance to Machenbach where we settled down for the night. The hall accommodated about one hundred and twenty bodies of all shapes and sexes and nationalities. Because of lack of space in the washroom people were seen ducking in behind the bar to brush their teeth! The early rising habits of some of our Continental friends weren't too heartily greeted by one of the Irish contingent who remonstrated verbally with them (hope I'm not being uncharitable!)

The Saturday event took place at Grand Bois, a level, wooded area about 10 km on the other side of St. Vith. The sight of each runner in turn trotting out of the coach at regular intervals into the mud and rain as each one's start time approached proved highly amusing to our driver, Glen, who had never before witnessed such a masochistic sport as orienteering. The forest was similar to Donadea (in Co. Kildare) in many respects. As the programme put it: "Streaked by a network of forest rides and paths". The run-in brought competitors through thigh-deep mud.

Day two dawned with drizzle and rain which by now came as no surprise. The start and finish areas were adjacent to the center in Machenbach. The terrain was steeper than the first day with some valleys and mostly runnable forest. The prizegiving was held at the centre, and nobody was surprised to find the British team again taking the trophy. The final results were: Britain 66281 points, West Germany 59123, Belgium 54071, France 46063, Ireland 32903 and Holland 10131.

It was time then to pack everything on to the bus and head for home. A couple of hours were spent in Bruges to spend the last few francs (and slightly more than a couple of hours by some of the more responsible members of the party). There was a slight hiccup disembarking from the ship at Dover when one of the party couldn't Cointreaul his stomach!

We drove through England during the night and spent two hours in Conwy in North Wales before taking the Monday afternoon boat home from Holyhead. It is always a bit of a pity to break up a party, and theparty of orienteers who travelled all those miles together and spent long hours on the bus showed tremendous good cheer, patience and togetherness, and in particular may I single out our friends from Northern Ireland and thank them for their comradeship.

Larry Roe, IOA Junior Affairs Officer.

CONTINENTAL CUP RESULTS: St. Vith, Belgium, September 8/9, 1984.

		Day 1	Day 2
H11			
1	A.Dutton GB	27.34	36.43
7	T.Russell	37.46	42.50
11	D.Tyner	56.06	53.15
14	C.Whelton	78.46	63.40
H13			
1	R.Reynders B	33.57	32.23
15	P.O'Hara	65.12	46.49
24	N.Carroll	130.38	62.55
H15			
1	P.Demeuse B	35.16	44.23
5	R.Morrish	39.47	45.01
9	A.Tyner	42.17	52.18
10	J.Logue	45.39	50.45
1	S.Palmer GB	49.51	57.03
4	S.Linton	56.22	63.54
12	J.Riordan	61.44	84.50
16	D.Simpson	78.35	73.22
18	N.Bohan	72.18	90.26
H19			
1	M.Depaue B	60.46	62.11
9	R.Kidd	88.43	81.42
10	L.Donovan Ind.	88.11	88.04
11	O.Creagh	85.12	94.28
12	B.Peters	92.35	96.06
13	B.O'ConnorInd.	100.58	91.00
H21E			
1	K.Schwall B	67.30	68.52
14	J.May	87.13	84.31
15	E.Rothery	98.22	79.11
20	B.Dalby	96.41	89.54
H21B			
1	A.McGonigle IRL	57.07	75.25
H35			
1	T.Thornley GB	55.35	60.26
12	S.Cotter	64.17	82.32
31	T.Russell	89.48	75.26
31	L.Roe	96.42	104.33
H40			
1	H.Mackels B	42.08	57.34
8	E.Wilsom	52.32	65.29
9	A.Shaw	51.51	66.23
14	P.Flanagan	59.58	74.29
H45			
1	H.Albrecht D	47.38	50.35
10	A.Flegg	52.09	70.27
31	H.Quirke	124.46	94.37
H50			
1	D.Reynders B	42.03	50.38
7	A.Bonar Law	51.15	64.16
14	N.Morrish	70.21	68.46
18	S.Rothery	69.05	85.42

		Day 1	Day 2
D11			
1	M.Goffart D	41.53	38.04
6	K.Convery	85.06	44.14
8	J.Wilson	73.12	95.51
10	C.Malone	116.23	74.48
D13			
1	E.Gruhn D	29.45	34.01
9	T.Eskin	39.38	76.17
11	H.Creagh	Disq.	66.51
D15			
1	C.Dyson GB	36.25	38.57
6	A.Morrish	43.23	55.06
13	U.Creagh	66.41	54.23
D17			
1	F.Schmitt D	45.52	50.12
8	R.Yard	57.22	72.18
9	E.Flegg	59.08	72.59
12	S.Clarke	75.59	75.03
D19E			
1	R.Clayton GB	47.21	58.31
7	E.Loughman	60.55	71.30
11	A.Savage	62.16	79.18
12	O.Cooke	65.28	84.46
D35			
1	M.Schumacher B	56.37	60.01
4	A.Shiel	56.08	61.46
6	M.Nowlan	58.17	75.52
D40			
1	S.Harvey GB	44.27	51.21
5	C.Nuttall	64.35	58.44
11	J.Flegg	114.40	94.32
D45			
1	J.Thompson GB	39.02	37.22
8	N.Creagh	71.49	66.08
12	H.Convery	97.24	105.37
14	D.Large	110.13	Disq.
D50			
1	L.Finke D	40.49	39.48
7	H.Newman	59.25	69.48
9	F.White	51.49	105.31

These results are those of the winner in each class, followed by the nationality of the winner, and then the results of the Irish competitors. Our only winners were Anne Shiel (3ROC) who won Day 1 of D35 and Anthony McGonigle (NWOC) who won the H21B class.
B = Belgium D = Garmany, GB = Britain.
H in classes means Herren (men), and D means Damen (women).

CONNAUGHT REGION NEWS

NATIONAL ORIENTEERING DAY

National 'O' Day attracted almost 250 to an event in Coole Park, Co. Galway, a 40% INCREASE on last years figure. The event received some publicity in local papers and as a follow-up two introductry events were organised for Tubberoe Wood for October I4th and 2Ist., both events were designed to attract many of those who had participated at Coole Park at the end of September.

We were partially successful, considering the amount of publicity we had received for both events the I50-odd who attended was disappointing. It was generally agreed that more work needs to be done to encourage group membership from Youth Clubs, Schools and Athletic Groups and present Orienteering as an activity which will compliment their main activiti

CONTROLLERS COURSE

Many thanks to Alan Shaw for a most interesting and informative day at Kylebrack Wood when he instructed on the One-day Controllers Course which was organised by Frank Ryan on behalf of the Connaught Regional Council.

While the course was well attended, some prominent 'O's preferred, I am to believe , to attend the wedding of Seamus Cahalan. All efforts to have Seamus change his wedding day, which clashed with the course, failed!!!--- naturally!

CONNAUGHT CHAMPIONSHIPS I985.

Organisers this year are UCGO and GRTCO with the relays at Portumna and the individuals at Woodlawn. Dates to keep free are 2nd and 3rd. of March. Further details will appear in future edition of the I.O.

WESTERN EAGLES CLUB NOTES.

Congrats. to Seamus Cahalan on his recent wedding (item no.2 above refers) and we wish himself and his wife the very best in the future.

Our AGM was held recently in the RTC and a report of the meeting appeared in a number of local papers.

Huge Turnout For Orienteering Day

National Orienteering Day which took place recently and was sponsored by Cospoir was a huge success in Galway. Almost 300 people of all ages participated in an event specially organised by Western Eagles 'O' Club in Coole Park, Gort.

Chairman of the club, Frank Ryan commented that they were especially pleased with the number of schools, both primary and secondary, who had organised groups of pupils to travel to the event.

The club hopes to attract many of those who took part in the Coole Park event to another event which has been organised for Sunday, October 14 in Tuberroe Wood near Athenry, starting from 11.30 a.m. until 1.30 p.m. Further information from Una Ni Chaoimh, 1 San Antonio Park, Phone 22965.

In order to increase the number of qualified Orienteering [illegible] Controllers in the Connacht the Regional Council have organised a two-day course on event controlling.

The Controller is concerned with looking at the event from the competitors point of view. Among other things he/she must ensure that: All controls are in the right place with the right code and punich; All courses are fair, reducing the element of luck; The organisation is adequate to the event.

The course will take place in Kylebrack Wood, Loughrea and the instructors are Frank Martindale, Chairman of the Irish Orienteering Association and Alan Shaw a prominent Irish orientter. The course is open to all orienteers in the Connacht region. Those interested should contact Frank Ryan, St. Nara, Ballinfoyle, Phone 62029.

Club A.G.M.

The A.G.M. of Western Eagles Orienteering Club was held in the Regional Technical College, recently. The following were elected to the Committee for the new season:—

Chairman: Frank Ryan.
Secretary: Una Ni Chaoimh.
Treasurer: Brendan Higgins.
P.R.O.: Tony Price.
Training Officer: Tom Cleary.
Mapping Officer: Padraig Higgins.
Transport Liaison: Paul Monaghan.
Schools Liaison: Seamus Cahalan and Ciaran O'Carra.

club agm contd....

Contact phone numbers are as follows:

FRANK RYAN (091) 62029 H.	UNA NI CHAOIMH (091) 22965 H.
" 53161 W.	" 22369 W.
TONY PRICE (091) 55655 H.	BRENDAN HIGGINS (091) 51941 H.
" 67170 W.	" 65141 W.

OUR GRADE I EVENT ON NOV. 4th.

There has been a disappointing pre-entry response, so far, to our event in Ballygar. As I write, approx. 25 persons have indicated their intention to compete. Considering the input of effort and expense into a Grade I event we are hoping that E-O-D will boost the final figure to a considerable degree.

'GALWAY OBSERVER' FEATURE ARTICLE ON W.E.O.C.

In a recent issue a local 'free' paper, the 'Galway Observer' contained an article(with photo.) measuring 8"x6" on WEOC. The article, based on an interview with Tony Price,PRO, presented orienteering in wayfaring terms, highlighting the 'sport-for-all-the-family' aspects but pointing out that at a competitive level orienteering was a sport which demands considerable physical and mental ability and dedication.

Entitled 'WESTERN EAGLES FLYING HIGH' the publication of the 450-word article and its distribution free of charge to tens of thousands of homes in the Region, is regarded as a major contribution to introducing 'O', in name at any rate, to many thousands who may not have previously heard of the sport. While publicity of this type can be overrated it does lay the groundwork for attracting the 'occasional orienteer' or the family group but above all it alerts the organised groups who may be on the lookout for an activity to engage in and with a minimun of organising, on their part, involved.

I understand that the WEOC committee will consider this and other points connected with publicity at the next committee meeting - soon, I hope.

EAGLE EYE

PROGRESS TWO - A STEP BACKWARDS?

The second IOA Development Conference, entitled "Progress 2" was held on September 22 1984 at Tiglin Adventure Centre, and proved to be something of an anticlimax, with only ten people attending, all but two being there in an official capacity of one sort or another.

Four sub committees were set up following the last Development Conference in September 1983, and three of these presented their reports: John McCullough of the Technical group detailed some of the group's recommendations in relation to colour events, controllers, event grading and event entry fees among other things; Richard Flynn and Brian Power of the Mapping group outlined some of the contents of their tome, including map registration, photogrammetry, surveying cartography and the suitability of terrain for particular events. Eileen Loughman of the Coaching group told the meeting of her group's plans for club leaders and proficiency awards, and mentioned that IOA has still not ratified the only formal orienteering qualification available: the Outdoor Education Diploma run by AFAS and CDVEC.

The conference materialised into a retrospective session rather than a look to the future, although the sub-committees are now to put their recommendations to the IOA Executive Committee to discuss the best method for their implementation. This, in fact, proved to be an unexpected bone of contention. It was accepted that the groups had done a lot of work in preparing their reports, and they were congratulated as such. However, one side contended that as a result of the amount of work that they had done it would be a shame to ask them to do anything else, such as meet the IOA, and that the proposals contained in the reports should be adopted there and then, while the opposing view was that the groups had certainly put a lot of work into their proposals, and that therefore it would be a shame not to give them the opportunity to talk to the IOA to ensure that the implementation of their plans took place just as they had envisaged, without any misunderstandings. In the end the second view held sway, although the first view may have been motiveted by the feeling that orienteers, by failing to come to the conference, had made their beds and now must lie on them.

The take-it-or-leave-it attitude of the mapping committee in relation to their bulky report made one wonder whether they would be amenable to discussion or suggestions in any case: they felt that they had covered every possible angle, that their report omitted nothing, and that they weren't prepared to countenance the possibility that others may have worthwhile opinions on it. However, they grudgingly agreed to come to talk to IOA about it in the end.

In many ways the Conference asked more questions than it answered: why was the Publicity group, led by David Dunne, given no support? why is there no apparent interest in international competition on a smaller scale than World Championships or Continental Cup? why have we still got no development plan: where, how and who will be orienteering in Ireland in five, ten years time? And, perhaps most serious of all, why so few here today?

It was a potentially useful day which never fulfilled its promise, and whose whole tone was marred by the disappointment of a very small attendance. The very people who decline to have a say in where their sport is going are likely to be the first ones to complain when things don't develop in the direction in which they think it should.

Perhaps the theme for next year's conference should be How to Overcome Apathy in Orienteers, but the subject is so large that one small conference could make scarcely any impression!

J.McCullough.

IOA SALES

BADGES

IOA METAL BADGES £1.00

IOF CLOTH BADGES 55p

"IRISH ORIENTEERS, DUBLIN" CLOTH BADGES (old stock) 30p

BOOKS

"ORIENTEERING - TRAINING AND COACHING" £6.00

"GAMES AND EXERCISES" £1.50

"IOA RULES" 40p

"KNOW THE GAME - ORIENTEERING" 75p

PHOTOCOPIES OF THE FOLLOWING ARE ALSO AVAILABLE;

IOF PICTORIAL CONTROL DESCRIPTIONS (Explanation of Control Descriptions) 10p

BOF O-TECH SHEETS (1977)

1) TRAINING EVENTS FOR ORIENTEERING
2) TRAINING EVENTS FOR ORIENTEERING - 2
3) BASIC TRAINING FOR BEGINNERS
4) COURSE PLANNING
5) COURSE PLANNING - 2
6) EVENT ORGANISATION

25p each OR £1.10 per set

ORDER FORM (photocopy acceptable)

To; IRISH ORIENTEERING ASSOCIATION,
68 UPPER RATHMINES ROAD,
DUBLIN 6.

Please supply the following order;

Qty		£	p	Qty		£	p
	Training and Coaching £6.00				IOF Control Descrip. 10p		
	Games and Exercises £1.50				BOF Tech Sheet 1 - 25p		
	IOA Rules 40p				O Tech Sheet 2 - 25p		
	Know the Game 75p				O Tech Sheet 3 - 25p		
	IOA badges £1.00				O Tech Sheet 4 - 25p		
	IOF badges 55p				O Tech Sheet 5 - 25p		
	Irish Orienteers badges 30p				O Tech Sheet 6 - 25p		

* IF ORDERING SET OF BOF SHEETS, PLEASE FILL IN LINE 1 AT COST OF £1.10

Total enclosed (payable to I.O.A.) £ ____

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GEN NEWS.....GEN NEWS.....GEN NEWS.....GEN NEWS.....GEN NEWS.....GEN

Production of GEN NEWS has apparently always been problematical. due mainly to the uniformly chaste lifestyle of members and (with some exceptions) to their indifferent orienteering performance. The difficulties in producing an entertaining scandalous and informative news piece have been compounded by the less than-exciting orienteering calendar since September - for which GEN, of course, bears no responsibility. The Secretary also appears to have disappeared, which probably doesn't help - although other committee members welcome the respite from hectoring phonecalls.

National O-Day

In line with the club's discriminating policy our event at Carrickgollogan was less well attended than those staged by other, more populist and vulgar Dublin-based clubs. However, everybody enjoyed themselves. Many thanks to organiser Maura Moran and to Andrew Bonar Law, who put out the controls.

Irish Orienteer Trophy

We have been drawn against Lagan Valley Orienteers in the first round (competition to be completed before January 31). Last year we managed to beat ECO in the first round by provoking an industrial dispute in Mountjoy Prison. Suggestions from the members as to how we might meet the Lagan Valley challenge would be helpful.

Mapping

The Donadea map has been updated by Tom and Wyn McCormack and will be ready by next January. Tom is also supervising a mapping offensive on Carrickgollogan which will soon be completed.

AGM

This is scheduled for November 15 next (this sentence makes the heroic assumption that the Editor can meet his own publication deadlines. Philip Ryan promises an absolutely riotous evening. The high point will be the first public performance of a new melodrama "Mapping is expensive but event organisation is oh so oh so, oh so ... so very, very dear". Come and cheer the white knights as they vanquish the villain!

Coming Attractions

The next GEN News will contain the full text of the address of the Minister for Finance to the IOF Congress.

Late News

Congratulations to the first three GEN members home in the Dublin City Marathon: Donal de Buitleir (2.53), Michael Hewson (3.22), and David Quinn (Next year, would he please let us know his time?), and to the Editor (3.10).
We all Doug Barry's superb performance in the Triathlon-67th place in 5hrs 4mins. Do also finished third in the IHRA Summer League. We remain stunned with admiration..... for Geraldine!

1984 NATIONAL ORIENTEERING DAY.

As you should all be aware by now, National O Day was held on Sunday 30th September. Again the weather was good - at least in Dublin. If it was bad in Cork, it certainly wasn't reflected in the turn out recorded. Although only three more events were held this year than last year - 27 in all, there was a huge increase in participation and one wonders that if a similar increase were to occur next year, could we cope?
As things are at the moment, Cospoir's generous grant of £2000 will come nowhere near to covering the expenses of the organising clubs.
Last year's official number of participants was 3601. This year's figure, which has still to be finally confirmed, is in the region of 6000. This number is all the more remarkable considering the appalling lack of publicity for the Day. Cospoir's P.R. Agency appear to have excelled themselves yet again. A photograph was taken with Donal Creed, Minister of Sport, and a Press Release was prepared - all to be distributed by them to the National and Provincial Press. Result? - the only mention (and very brief at that) seen by me was in the sports pages as a result of the efforts of Tara Horan, the I.O.A's P.R.O.
On Friday 28th September, a short piece on the Day was recorded at the R.T.E. Studios. It was to be used that evening or the following day - I don't believe it was.
Information sheets were sent to several thousand Primary and Secondary Schools around the country(all schools that were in any way near an event location) and these I think were responsible for a large proportion of the turn out. Posters and Information Sheets were sent to all organising clubs to be displayed in event localities.In the Dublin area I failed to see a single poster on display.
So, despite this apparent failure of the publicity compaign, National O Day was a big success.
While I am being quite critical of the situation as I personally saw it in the Dublin area, I believe that publicity was handled far more efficiently in Cork which probably helps to account for the fact that Cork events were responsible for attracting over 50% of the total participants.
The potential interest in our sport is enormous. If, with minimal effort we can attract 6000, how many could we attract with a more vigorous publicity compaign 10,15, 20,000? I certainly don't believe that it would be hard to entice 10,000 out on a particular day to try our sport.
Once the immediate problem of coping on the day has been surmounted. our efforts would have to be directed towards holding on to as many of the newcomers as possible. That I suppose would largely be the responsibility of the individual clubs - if they want to increase THEIR membership, THEY will have to put in the work.
With current levels of funding being inadequate, perhaps in future, the minimum charge of 10p or 20p per participant will have to charged to help cover the cost of maps used. Presumably, it is one of the aims of the I.O.A. to increase participation in our sport. At present, we are not sufficiently well prepared to deal with these new found members. At two events held in Leinster since O Day (both schools events) problems arose. Over 400 turned out at each. At the first, in Kilmashogue Wood, there was inadequate space in the car park and at the second, in Masseys Estate, the maps ran out.
Until now, our often haphazard event organisation has coped with the average fields of 150-250 but now that 400-500 appears to be becoming a more typical figure, organisers will have to be on their toes to avoid delays, disasters and consequent disillusionment amongst the newly converted.
I'll leave it at that for now- plenty to think about and lots for the I.O.A. Development Committees to ponder upon.

JUSTIN MAY.

AJAX ORIENTEERING AND HILL RUNNING

Now that the summer and the Continental Cup are over life is once again routine. This especially applies to our student members. Studies have however taken Catherine and Orla to Germany and France respectively and Robin (The Northern Champ) to Belfast; but they'll be back. In return Michele is back from her travels. New members also compensate our losses ... some even make the O-Headlines in our papers!

Routine implies work and for AJAX it means the Leinster Championships 1985. Lough Dan is our priority, but Ballard is another option. Paddy is our Organiser and currently awaits mapping helpers. Contact him at 933059. In the unlikely event that neither of the forementioned areas be completed in time the Championships will take place in Cronybyrne, Co. Wicklow. Maps are on sale at 50p for Seniors a £1.00 for Juniors and Students. - Training events (open to all and aspiring Leinster Champs) will be organised every Saturday between now and the big day. For the four weeks preceeding the event the championship courses will be available at no extra cost - we will need all available help to check the control sites.

With the 2 Day approaching our lost O-Suits might also appear ... wait for it. For this weekend members will revert to floor space, our Irish cottage A.; the Munster Champs was luxury but left us broke.

The national O-Day events at Marlay Park and at Killiney Hill Park were very successful with large attendances at both venues. It was great seeing so many keen newcomers experiencing the sport.

And for those newcomers and the not so new; "Routes"; Eoin Rothery's book on Orienteering techniques is a must - and it is only £2.00 Get your copy simply by writing to Eoin at 6 Rossmore Grove, Templeogue, Dublin 12 or buy it at any event.

AJAX Orienteers and Hill Runners are holding thier A.G.M. on Wednesday 7 Nov at 8.30pm in St. Tiernans Community School, Balally. Members should make an effort to attend. St. Tiernans is the training venue for AJAX Athletic Club. Training is on Tuesdays and Thursdays at 7.00pm and Orienteers and Hill Runners are WELCOME. A monthly Orienteering night will be held on the 3rd Monday of every month, starting on Monday the 19th November: Route choice, Techniques and training ideas will be "among" the topics covered! These "seisuns" will take place at 7.00pm in St. Tiernans and will be followed by a session in the normal "local".

Coming fixtures include the Leinster Relays on November 25 in Tiglin - all teams will be paid for by the club as normal. This year sees our participation in The Irish Orienteer Trophy once again. (We hope to get past the first round - tactics to be discussed at a later date.) We face Lee O in this crucial match and all AJAXIANS will be expected to take part.

Finaly we are organising an event in Ravens Rock on December 16th. This will be a Colour Coded event with four courses planned according to the Irish Orienteer Trophy stipulations. (The AJAX vs Lee match will not take place on this day) We are offering to premark maps for other clubs who may like to use this event. Please contact Ann Masterson, Organiser, 234 Captains Road, Crumlin, Dublin 12.

Any other information can be obtainded through the secretary, Deirdre Ni Challanain 17 Clonkeen Drive, Dublin 18 (not 20). Phone: 893789 or in the next issue of the censored club publication - The Ramitin.

the Irish Orienteer

IRISH ORIENTEER TROPHY 1984-'85

Three Rock OC v Eastern Command OC)
Great Eastern Navigators v Lagan Valley Orienteers) Winners meet in Round Two.

Thomond Orienteers v Setanta Orienteers)
Western Eagles v North West OC) Winners meet in three-way match in Round Two.
Lee Orienteers v AJAX)
Round Two winners then meet in Final, and winners of Final go on to the CompassSport Cup Final in Britain.

In view of the number of clubs entering the competition some changes have been made in the dates by which each round is to be completed. It is expected that Round One will be completed by January 31, Round Two by March 31, and the Final held in May. The CompassSport Cup final to which the winners will travel is expected to be held in June in Britain.

Venues: It is the responsibility of the first-named club in each match to suggest a suitable date to the other club(s). If this does not suit the other club(s) then a second venue must be offered. If no agreement can be reached at this stage the matter will be referred to The Irish Orienteer Trophy jury, and the date and location of their choice will be binding on both clubs.

Please give event organisers plenty of notice of your intention to hold a TIO Trophy match at their event, if you are not using a special competition staged for a match.

RULES

Eligibility: The competition is open to all IOA and NIOA affiliated clubs.

Format: Two clubs per match, or three in exceptional circumstances.

Fixtures: Must be arranged without delay. It is the responsibility in each match for the first-named club to offer a mutually acceptable venue to their opponents. Venues should be ideally, though not necessarily, on neutral terrain. Clubs are urged to give special consideration to events organised solely for the Irish Orienteer Trophy, but may also be accommodated at ordinary open Grade 2, Colour or other suitable events, notifying the event organiser well in advance. Please inform the Editor of fixtures in advance, and in the event of any problems.

Courses: The following approximate course lengths should be used:

Team A	8km	Classes: M17, 19, 21, 35, 40.
Team B	6km	M15, 17, 40, 45, 50; W17, 19, 21, 35.
Team C	4km	M13, 15, 50, 55, 60; W15, 17, 19, 21, 35, 40, 45, 50, 55.
Team D	2.5km	M10, 11, 55; 60 W10, 11, 13, 15, 40, 45, 50, 55.

Teams: There is no limit to the number of runners a club may field in any match. To score, runners must compete in the team or teams appropriate to their age category, as above. No runner may run more than once per match.

Scoring: Points will be awarded to the best three finishers from each club on each course. In two-club matches this will be on a scale of 6-5-4-3-2-1, in three-club matches, 9-8-7, etc. The club with the highest total from all four courses is the winner. In the event of a tie, the club with most course voctories will win, if still equal, most seconds, etc. If still not resolved, the aggregate times of scoring members will decide.

Results: Should be worked out on the day. Please notify The Irish Orienteer immediately.

MUNSTER CHAMPIONSHIPS 1984: MUCKROSS FOREST, KILLARNEY

This year's Munster Championships were organised by Kerry Orienteers on the weekend of October 13-14, using a new map of Muckross Forest at Killarney. Both days of the competition, featuring individual and relay races, were run on the same map, in contrast to the initial information which suggested that the relay would take place in the Town Park.

The forest itself included some very picturesque spots: Torc Waterfall, Muckross Abbey, and the shores of Lough Leane and Muckross Lake, and the area was a very interesting mixture of parkland, runnable forest and steep hills. The area covered by the map was quite large by Irish standards, the map itself having been produced by Kerry Orienteers based on a Laverty photogrammetric plot, and was printed at 1:15 000 scale with 5 metre contours.

The courses themselves had surprisingly little climb for their length, considering the potential of the area for physical courses, and on the longer courses at least most of the climb was in the first half. The forest seemed, from a competitor's-eye-view, to be rather inconsistently mapped, and many competitors were thrown into confusion after the start of the individual race to find themselves running along a track beside a high fence, neither of which was marked on the map! As a result of this it took myself 12 minutes to cover the 300-odd metres to the first control, which (as Euclid often remarked) is absurd.

The organisers, Kerry Orienteers, did very well to survive the event as they did, and they must get full marks for effort. They may have bitten off more than they could chew in offering to stage the Munster Championships however : the event was lacking in some respects, such as the length of time it took to get results displayed on either day.

An interesting and unusual feature of the map was the forest road shown at the start: in fact no such road existed, while a car park which did exist was not apparent on the map. The dangers of extrapolating a survey! I feel myself that certain map-corrections should properly have been included on competitors' maps, particularly in the vicinity of the start, an area visited by all courses and a disconcerting place to have your confidence in the map shattered.

The relays the second day ran perfectly, as far as one could see. The sun shone, the views were superb (so much so that it was difficult to resist the lure of the hills) and the area perfect. The courses were much faster than on the previous day, with only the fast runnable parkland and lower slopes of the mountains being used, and spectator interest maintained throughout. The race was more interesting for the spectators than for the competitors, however, many of whom had to visit quite a number of controls which they had visited the day before, and who also had to contend with some unmarked deer fences and long common legs (common to several courses, that is). This, the provision of inadequate splits in a course, is becoming an ever more common feature of relays here, last year's Leinster Relay Championships being a case in point.

All in all, a very enjoyable weekend's orienteering on an area which has great potential, given a consistent map and careful controlling and planning.

P.S. An aspect of the event which I did not admire was the apparently haphazard way the entry forms were distributed, forcing many people to enter late, incurring quite a stiff financial penalty for the privilege. The editor of The Irish Orienteer is happy to provide an entry form distribution facility to clubs, guaranteeing wide circulation....

J.McC.

No results are available yet (5 November).

BOOK REVIEW: "ROUTES - TECHNIQUES OF ORIENTEERING" by Eoin Rothery.

This little book seems by its content to be aimed both at total novices and at more advanced orienteers, even at the sub elite runner for it includes in its early sections such things as basic definitions of orienteering while later on it deals with the variations of individual and group training used to best advantage by the already competent orienteer. The book manages, however not to fall between the two stools of simplicity and elitism, many of the more basic sections being enlivened by examples from the authors long orienteering career.

On reading the book one is left with the distinct impression that he knows what he is talking about, that he has tried it. One of the great benefits of reading this work, for the relative beginner at least, is that one is offered the opportunity to shortcut the learning process so laboriously endured by those who took up orienteering when no such manual was available. The book also offers insight into the way Eoin, who has been orienteering since about 1970, has solved various navigational and other orienteering problems for himself over the years.

My initial disappointment at the evident lack of proofreading and at the rather t[illegible]raphic style of the early chapters, dealing with what orienteering is, how it all started and who does it, was dispelled later when I reached the sections on the mental approach to events, and the more advanced O-techniques where Eoin is evidently more at home. This is understandable, since it is quite a long time since he himself was a raw beginner. Although the style tends to flow a bit more in the later sections, he could not be accused of waxing lyrical on any of his subjects, the overall impression being similar to that left after reading the IOA Rules, although this is far more entertaining.

Eoin has for long been known as an outspoken and somewhat controversial figure in Irish orienteering circles (the Great Turning Circle Debate springs to mind) and this book will be welcomed both as a Bible by his admirers and as ammunition for Rothery-bashers: all things to all men?

At last a use has been found for the map of Camolin drawn for the 1981 Irish Relay Championships! When I controlled the event I realised that the map had a great future behind it, but just how great I never imagined: a copy of the map is included as an illustration of an O-map. Into its 82 pages are crammed many examples of how to go about orienteering, analysing the types of problems encountered, and many illustrations are included. The book includes a six page orienteering glossary at the back, providing handy definitions for such diverse things as lash ('To run extremely fast with little regard for navigation"), Thomas The Orienteer ("Star of a Swedish Introductory orienteering film who used to like running up steep hills") and optimum route ("That route which takes the least time to travel by the orienteer whose optimum route it is").

Personally I would consider the book worth buying for the glossary alone, but for a measly £2.00 you not only get this, but also chapters on starting O, basic techniques, advanced techniques, route choice,attitude, errors, technical training, physical training equipment, injuries, junior orienteering and "other things", plus a list of useful addresses, pacing scales and pin-up photos of your favourite Irish orienteers.

I think it can be thoroughly recommended as long as it's orienteering you want to learn from it, and not grammar, but as an orienteering manual for Irish conditions it stands head and shoulders above all the previous Irish O books. Even if it weren't home produced it would be worth buying, but that gives it the extra bit of relevance and uniqueness to make it essential reading. Buy it.

The book costs £2.00 and is available from Eoin Rothery who at present lives at 6 Rossmore Grove, Templeogue, Dublin 6, or at events: ask any Ajax person.

And I didn't mention Alex Haley once.

J.McC.

UNSOLVED MYSTERIES

The disappearance of an article on the CISM World Military Orienteering Championships. together with a photo intended for TIO is at present the subject of a top level army enquiry. The material, which was of a confidential and incriminating nature disappeared when in Military or Garda custody and was lost without trace. A Watergate-style cover-up is suspected. Investigators are keeping an open mind on whether the disappearance is linked with the disappearance some weeks ago of the entire GEN stock of Irish Orienteers from a house in Co. Dublin. These were later traced to the house of a helpful neighbour who removed them from the doorstep for safe keeping. A woman is helping police with their enquiries.

AFAS RUN TRIATHLON

AFAS Munster plan to hold an "Adventure Marathon" in the Killarney area in May 1985. The sports involved are hill running, canoeing and orienteering. Organised jointly with Cappanalea OPC the event will mean running from Lough Acoose over the Reeks, canoeing to Muckross and running a "long and very technical O-course". Only the most competent people are advised to enter.
Contact: Ray Burke, Cappanalea Outdoor Education Centre, Oulagh West, Caragh Lake, Co. Kerry.

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GOODBYE LEINSTER

Since the last AGM of the Leinster Orienteering Association in November 1983 no activity has been discerned. Does this mean that the sport in the province is at last defunct? No plans are known to hold an AGM this year: it is felt that the only reason for the LOA's existence is a requirement in the IOA's Constitution. Leinster is, of course, spoilt in having many IOA officials prepared to do the LOA's work for them. Munster and (especially) Connacht are making great strides forward, while Leinster slides into the abyss.

SECOND TROPHY STARTS

The second Irish Orienteer Trophy competition has got underway. The draw was held in early October and is published elsewhere in this issue. The decision was made to hold the competition on a countrywide basis so that clubs from the one part of the country would not necessarily end up playing their nearest neighbours, year after year. Entry is about the same as last year, although several clubs which promised entries did not confirm them and were not included.

PROFESSIONAL ORIENTEERS

It is reported from Connacht that a Western Eagles member is being employed on a work experience or similar basis to develop the sport in the area. No confirmation of these reports has been beceived, but a number of orienteers are, and have been employed in a professional capacity here.

FIOA RATIFY TIO TROPHY

The Federation of Irish Orienteering Associations at its September meeting endorsed the Irish Orienteer Trophy as a worthwhile project for inter-club competition on an all- Ireland level. It is the only such competition in the country.
Other decisions taken at the meeting included the consideration of an all-Ireland ranking list and the issuing of regular bulletins to keep orienteers informed of developments in FIOA. First reports indicate that an all-Ireland ranking list of the type proposed would not get as much support from clubs as was expected, so some changes may have to be made.

setanta orienteers

4/11/84

National O'Day - 29th September

Many thanks to Richard Flynn, Willie Kee, Philip Brennan, & Stephen Ryan, who organised the Setanta event in Massey's Estate. The event went very well, with about 200 people participating. We have a few new members resulting from the successful promoting of orienteering on National O'Day. A new Club Membership list will be sent out to all members before the AGM.

Club O'Suits

By now you should have all seen the new-style Setanta O'Suit ! Some more suits are on order and before long the Club Members should be well recognisable - look out for the Green & Blues with the Yellow stripe !
If you have not yet ordered your suit (the form was in the last newsletter) - please send measurements to the Secretary. (There is a reduction in price for Juniors).

Club Training Sessions

Have you all forgotten about the weekly training sessions? Surely not, - it gets a mention in every Newsletter!

Every Tuesday - 7p.m. St. Anne's Park, Raheny (at Sybil Hill entrance, Opposite St. Paul's School).
Every Wednesday - 8 p.m. (note change of time) at Bushey Park, Terenure near Tennis Courts.

The O-season has now got well underway - Come out and do some training - to keep up the new image in our new club colours!

Annual General Meeting

Wednesday, 5th December - 8 p.m. - Rathgar Hall.
A new Club Committee will be elected - if you have any ideas for the Club for the coming year please come and voice your opinions and ideas at the AGM. (However, it does not guarantee that you will be elected for the Committee !)

Compass Sport Cup

Setanta have been drawn against Thomond Orienteers for the Compass Sport Cup. No date or venue has been decided yet for the challenge match. The Club Captain - Richard Poff - will have information about the Club Team after the 2-Day event.

Irish 2-Day '84

Only 1 week to go (from date of this report) ! This time next week it will all be happening ! Many thanks to all who have put in so much hard work so far - keep going! You're doing O.K. ! A special thanks to Anne O'Neill who typed up the Event Programme, and also to David Quinn (GEN) our Controller. Colin Dunlop & Richard Poff are planning the courses, Brian Power is organising, and Richard Flynn is doing great work getting all the equipment together. See you all at the 2-Day.

Secretary :- Catherine Murtagh. 111 Haddington Rd., Dublin 4.
682951 (h); 851211 (w)

ORIENTEERING FIXTURES 1984-'85

November

17	NIOA NIGHT CHAMPIONSHIPS	Hillsborough, Co. Down. GR J 24 57. Start 19.00 - 20.00 LVO organised. Brian McKenna, Glengormley 2656.
18 *	MALLABRACKA	Dunmanway, Co. Cork. LEE O Grade 1 event, new map. Entry believed to be closed no details available. Hilly with 50% open ground. GR W 22 55. Noel Morrish 021-293444.
18 *	CARRICKGOLLIGAN	Shankill, Co. Dublin. LSOA Grade 3 event, open to non-schools people too. Nice mix of open ground and forest. featuring the longest chimney in Ireland. GR O 22 20. 01-953442.
18	MOUNTBELLEW	Co. Galway. UCGO Grade 2 event. GR M 66 46. Smallish, flat forest with plenty of felling.
25	LEINSTER RELAY CHAMPIONSHIPS	Tiglin, near Ashford Co. Wicklow. 3ROC organised. GR T 23 98. Entry forms with club secretaries. Pre entry only. 01 953442. Recently extended 1:15 000 map.
25	CURRAHCHASE	Askeaton, Co. Limerick. ThO/PLO Grade 3 event. GR R 40 52. 061-49794.
25 *	GLENBOWER	Killeagh, Co. Cork. Cork O colour event. GR W 99 77. Sign posted from The Old Thatch, Killeagh. 021 44504.

December

2 *	SEEFIN	Kilavullen, Co. Cork. LEE O Grade 3 event. GR W 68 95. Once used for Munster Champs. Fast run & fight & felled open. 021-293444.
2 *	KILLINEY HILL	Co. Dublin. LSOA Grade 3 event. Open to non-schools. Rock-climbing & swimming available. GR O 2625. Map won a special award this year. 01-953442.
9 *	SALEEN & ROSTELLAN	Whitegate, Co. Cork. CRTCO Grade 3 league event. GR W 87 66. The map that once...had grid north lines by mistake. Check your tide tables before you start. 021-46194.
9 *	KINNITTY	Co. Offaly. Castle Bernard, now a forestry school, soon perhaps to be a detention centre. 1 15 000 map, used for 1977 IOC. Custume O Grade 2 event. Noel Donagh 0902-2454. GR N 21 05. Plenty of gullies and river crossings.
9 *	CARRICKGOLLIGAN	Shankill, Co. Dublin. GEN Grade 2 event. GR O 22 20. 01-985282. See Nov. 18.
16	VIOLET HILL	Broadford, Co. Clare. GR R 57 74. ThO/PLO Grade 3 event. Contact 061 49794.
16	RAVEN'S ROCK	Glencree, Co. Wicklow. Ajax colour event. GR O 17 18. Start near Curtlestown on N side of glen. Event available for Irish Orienteer Trophy matches. 01 933059.
26 *	THREE ROCK WOOD	near Dundrum, Co. Dublin. Traditional 3ROC Christmas Score event. Start 11.00 13.00. Try and visit as many controls as you can in one hour. GR O 17 23. 01-934982.
27	BALLINCOLLIG	Cork. Cork O Grade 3 event. No information available.
27	NEWTOWNABBEY	Co. Antrim. LVO Fancy dress street event. Starts 11.00-13.00 hrs from Chairman's house, 1 Collinbridge Drive.
30 *	SCARTNAMUCK	Co. Cork. LEE O Grade 3 event. Signposted from main Cork-Bandon road. GR W 48 60. 021-293444.

January 1985

20 *	CLOGHLEAGH	near Manor Kilbride NW Wicklow. GR O 05 16. LSOA Grade 3 event, open to all. Small strip of scenic wood, lots of fight and rough open. Parking limited. 01 953442.
20 *	BALLYMAHON	Co. Longford. Flat, brambly forest bisected by uncrossable river. The only good feature for some at the Sept.16 event was the hotel in the middle. Custume O Grade 2 event. GR N 19 56. Contact 0902-2454.

February

10 *	KYLEBRACK	Loughrea, Co. Galway. WE Grade 2 event. GR M 68 10, sign-posted from Loughrea. Interesting forest used for Connacht Championships in ?1983. 091-62029.
10 *	CURRAGH	Co. Kildare. LSOA Grade 3 event. GR N 78 12. Open to all. First event for a long time on the Plains: an excellent area for fast runners and contour (2.5m) readers. Although the map is white it's almost all open. 01 953442.
	BALLYHOURIGAN	Co. Tipperary, near Newport in NW Tipp. ThO two-day. Area used for 1983 IOC. GR R 78 67.
17	GALLOWS HILL	Cratloe, Co. Clare. Day 2 of Midwest Two-Day. Both events within about 10 miles of Limerick. Entry forms with this issue of TIO. GR R 50 61.
23	NWOC	Score event. No details as yet.

March

2	CONNACHT RELAY CHAMPIONSHIPS	Portumna, Co. Galway. Pleasant flat forest park. New map. Organised by UCGO. The format of previous years is retained, with Relay on Saturday and Individual on Sunday. Pre entry: no details.
3	CONNACHT INDIVIDUAL CHAMPIONSHIPS	Woodlawn, Co. Galway. Organised by GRTCO.
3 *	THREE ROCK WOOD	near Dundrum, Co. Dublin. LSOA Grade 3 event, open to all. A physically demanding and exposed area offering variety of terrain and good views, but perhaps with longer courses not to be tackled lightly. GR O 17 23.
16	IOA COURSE PLANNING	SYMPOSIUM. Given by BOF's Ian McMillan. No other details as yet.
16	NWOC	NI Badge event. No details.
17	LEINSTER CHAMPIONSHIPS	near Roundwood, Co. Wicklow, probably near Lough Dan. Ajax organisers. Bank holiday weekend.
	BROCKAGH	Laragh, Co. Wicklow. GEN event. GR T 12 97. Area first used for 1983 Leinster Champs. Badgers and boulders.

April

5-8	JAN KJELLSTROM TROPHY	Northumbria, NE England. Britain's premier O event features training, 2 days' individual and relay events. Often worth attending for the orienteering, always for the organisation. Pre-entry by January 31st. See CompassSport.
20	IRISH INDIVIDUAL CHAMPIONSHIPS	Co. Wicklow. 3ROC organising. Pre entry by mid March.
21	IRISH RELAY CHAMPIONSHIPS	Co. Wicklow. 3ROC. Pre-entry by mid March.
28 *	LEINSTER SCHOOLS' CHAMPIONSHIPS	Fauna, Donard, Co. Wicklow.GR S 94 95. This event will not be open to non schools competitors. Smallish forest with some interesting spots but lots of felling to make parts of the wood monotonous. 01-953442.

THOMOND ORIENTEERS

After a most successful National Orienteering Day event at St. Munchin's College, Thomond Orienteers has decided to hold four events suitable for beginners between October and Christmas. Hopefully these will stimulate a new interest in Orienteering in the Limerick area, and enable newcomers to maintain their interest in the sport with the availability of relatively frequent local events. After Christmas the greatest concentration of effort will go into the 2-Day planned for February 16 and 17 at Ballyhourigan, which has not been used for a major event since IOC '83, and a new map - Gallows Hill - incorporating part of the Old Cratloe and some interesting new open area.. Entry forms are available in this issue of TIO or from Marie Collison, c/o Mrs. Herriot, Thomond Place, Nenagh.

At the recent Munster Championships in Killarney ThO and Plassey took a few prizes; Eoin Shaw won the M10, Caroline Nash the W21B, and in the relay the women's open team - Caroline and Brenda Nash and Fiona McGoldrick were best Munster team, while the Plassey combination of Mahon Devereux, Dorothy Edmonds and Alan Dunne took the Munster Ad Hoc prize. Congratulations to all concerned.

This win by Plassey seems to have spurred them into a new zeal for the sport, as a recent reliable source has reported seeing a large group of them at training sessions on the track on Wednesday afternoons. Whether this intensive training is aimed solely at Orienteering or other sports as well is not clear, as rumours circulate of such 'training' techniques as 'Knee-tickling' (expert 'King' Mahon), and 'The Lap Game' (expert 'Teemothy'). Further investigations may yield more information on these unusual activities. Watch this column in the next edition of TIO for new developments.

ThObserver.

The Mammoth is a big event
To which LVO did take their tent.
"Hold on a minute", The Murph did mouth,
"I want to represent the South".

Thirteen in a tent would cause some bother
So they decided to erect another (tent, that is)
In which to put the little boys,
The pots and pans, and all the toys (and Colin).

With a snort here and a grunt there
For snoring Pat had a particular flair.
"Enough" said Murph, "It is a disgrace"
And flung a slipper at his face.

The birthday boy from the North West
Was ill-equipped to do his best.
He had no compass, cutlery nor plate
Which left him hungry when we ate.

The first day took us by surprise
"We're not fell-runners" Hedder cries.
"Oh Gosh!",they cried, "How obscene-
There's nothing on this map but green!"

"The heat", said Wes, "is rather horrid-
Endless times I've wiped my forehead"
And lots of runners could be seen
Applying smears of Vaseline.

The "Leprechauns" ran very well
To finish second was rather swell.
All the rest were not so smart-
They had to go to the mini mass-start.

Then off to York to have a rest
And by the campsite were impressed:
At the toilet, no need to blush:
The cistern here would always flush.

We saw dinosaurs, trains, museums, and later
We took a trip to see York Theatre.
There "Hay Fever" struck, and we were smitten
By the words wot Noel Coward had written.

We cycled round the walls of the city.
Only four could go, so Murph said "Tough *****".
"Oh! Hold it! Hold it!" Colin did hint,
Joan won't let that go to print.
(John either, but let the editor be the decither!) (Sorry!)

Then off again the group did go
To compete in EBOR's White Rose 'O'.
We followed the little red arrow north
And finished two miles from Ampleforth.

The orienteering here was fine
Most people ran a reasonable time.
No need this time for the girls to wait:
The men came in at a faster rate.

Pat ran off into the fight
And disappeared clean out of sight.
As his hope began to flicker
He whipped a compass from his knicker.

The weather it was rather sticky
But it did not deter Jonty and Hickey,
For these two lovers throughout the trip
Held each other in a vice-like grip.

We noticed that Ann and Harry liked
To have a ride round on their bikes,
And to protect Ann's back against the sun
He oiled her down with 3 in 1.

The craneflies around the camping site
Were keeping us awake at night
"Oh no!" cried Harry, "Not again!-
These long legs are driving me insane!"

At night Murph and Heather were wont to converse
About various subjects, some even perverse.
And to avoid embarrassment during these intimate scenes
Pat checked tyre pressures and cleaned windscreens.

We'd like to thank Colin for all his good deeds
In managing all our financial needs,
So off it was to the pub the last night
Even though our money was tight.

Pat was at his recital best
While wearing Murph's Red Riding Hood vest.
Later on we realised our mistakes
In eating such big sirloin steaks.

And so it was, at the crack of dawn,
A munch of Cornflakes and we were gone.
And because LVO enjoyed so much crack
Murph has threatened he will be back.

(Pirated from the September NIOA Newsletter)

1 9 8 4

THE MOURNE TWO-DAY MOUNTAIN MARATHON

"There's no problem keeping going - it's just a matter of staying awake!" Seven hours into Day Two - four hours to go - making a total of twenty-one hours of orienteering over two days. No other event - not even Ballymahon or Carrickgolligan - can offer such enjoyment value. The Mourne Two-day Mountain Marathon exhausts those parts that no other orienteering event even touches - the eyelids.

Based on the better-known Karrimor sponsored event, the Mountain Marathon involves two consecutive days of mountain orienteering in teams of two. A staggered start on Day 1 is followed by an early mass start on Day 2 of all teams. From the start on Day 1 until the finish on Day 2 pairs must be totally self-sufficient - including carrying camping and cooking equipment, food for 36 hours, rainproof suit, etc. Two courses are available: the Standard covers a straight line distance of 25 km each day while the Elite courses measure 40 km per day with a total climb in excess of 6,000 .

Base map for the event is the 1:25,000 Outdoor Pursuits Series Map of the Mournes. Control points are given by means of 6-figure national grid references. Major features must by necessity be used, as the grid square, so defined, covers an area of 100 m x 100 m. Navigation thus resolves itself more into a problem of route choice rather than of fine orienteering. In retrospect, it was to be route choice errors made partially through a lack of local knowledge and partly because of extreme tiredness and little appreciation of the effects of unnecessary climb early in the day on physical performance eight to ten hours later which was to be our downfall.

A cursory survey of teams who had taken part in the event in previous years indicated a high predominence of Vaseline users in the Standard Class. My partner, Dave Scott from Donegal, and I, fearing retribution, had entered the Elite. (In fact, we carried a small tin of Vaseline sewn into the back pad of one of our rucksacks). Despite - or because of - this weakness, we were to be totally outgreased!

Elite Course winners, Derek Ratcliffe and Dave Bleakley, from North-east England, starting last on Day 1 gained a major psychological and, ultimately, winning advantage by attacking the first four controls very hard thus overhauling all of the teams ahead and setting up a half-hour lead which was never really threatened, though not increased, for the remainder of the event. Both are very experienced mountain marathon competitors, this being their third consecutive win in the Mournes. Ratcliffe is also twice winner of the "Karrimor" - with a different partner.

A superb run by Deon McNeilly, Northern Ireland Cross-country and 5,000 m champion and, more particularly, "old man of the hills" Jim Patterson, was to give them the fastest time by three minutes on Day 2. Given the mass start this amounted to a veritable photo-finish in mountain marathon terms. Dave and I finished fifth and last - only 5½ hours behind. The Vaseline at least remained intact! Honest!

Neither of us were adequately trained for this event: the odd lash up the nearest hill is not enough. Fast times are all about mind over matter. The mind competes - the body doesn't matter. Never being in a directly competitive situation this for us was to prove a problem. Particularly on Day 2 when having made the manned check-point before the 6 hour cut-off point we temporarily lost all drive. In addition, we did not eat enough at the campsite - making do with a large bag of Muesli each. Ratcliffe and Bleakley ate four times: at 6 p.m. 10 p.m. 4 a.m. and 7 a.m. - sleeping as much as possible between meals. Nevertheless, we realised even before the start that we would do well

to finish and, therefore, treated the weekend as experience and a test - probably a test of stupidity more than anything else. We'll do it again.

The only other Fenians to compete in the event, Willy McAuliffe and Denis "the Ankle" Deasy, finished creditably placed in the Standard Course. Eventually fifth overall of the thirty-four teams who started this Course (sixteen were to drop out) an excellent run on Day 2 was just not enough to overhaul the fourth team in a very close tussle. Winners Dermot McGonigle and Willy John Brown, both locals, were well ahead through consistently good runs on both days.

The moral of the story? If you want to succeed then specific training for the event is required, i.e: very long runs in the hills at least once a week. Don't skimp on food - the winners carried almost twice as much as ourselves, contour at all times and if sane don't do it in the first place.

The Mourne Mountain Marathon is a well organised event deserving more support from Southern runners. The Standard Course, in particular, is not a mammoth undertaking. Emphasis is on enjoyment in, possibly, the best hills in the country for running. Recovery is quick - not the totally draining effect of road marathons. Thanks must go to Denis Rankin and his team and also to the Northern Ireland Mountain Recreation Centre. A hot shower was never more welcome!

And now for the Reeks in '85! Sshh!

	Day 1	Day 2	Overall
ELITE:			
1.Derek Ratcliffe Dave Bleakley	7.24.38	8.05.42	15.30.10
2.Deon McNeilly Jim Patterson	7.52.40	8.02.33	15.55.13
5.Dave Scott Robin Bryson	9.51.02	11.09.05	21.00.07
STANDARD:			
1.Willy J. Brown Dermot McGonigle	5.08.45	4.45.14	9.53.59
5.Denis Deasy William McAuliffe	5.56.18	5.44.59	11.41.17

Robin Bryson.

ODDS and ENDS and ODDS...Nominations are again requested for the annual Irish Orienteer Awards. The areas of interest are up to you. Last year we had Sartorial Excellence, IMI awards for organisation, etc. The winners will be announced in the January TIO. Please let the editor have your nominations by Christmas...The IOA is to run a spelling course for mapmakers in the new year. DUO and Custume Orienteers have booked almost all the available places, so hurry...Hands up all who went looking for fodder racks as control sites at the Munster Championships! The IOF Control Descriptions are known to confuse some competitors, but to outwit the organisers is really something : for the record, ↥ means "Fodder Rack", ↑ means "Northmost"...A QUB student is using LVO members as guinea pigs for a project invovling research into map-readi-g skills. The project is expected to last two years, and is being carried out under the supervision of the Psychology Department. Start them Jung, I always say...Smallprint, who have been printing O-maps for years, have produced a booklet for map drawers. The booklet deals with layout, drawing, printing, etc, and is available free from Smallprint, 156 High St., Staines, Middlesex TW18 4AH. A 9"x6" SAE would be appreciated...JK'84 Controller Dave Gittus was a visitor the NIOA Championships in September, walking away with the M40 course...The event centre for the next World Championships is to be Bendigo in Victoria, Australia. The events are to be held from September 4-6 1985. Will Ireland be represented?...The Vice President of the IOF since 1961, Miroslav Hlavacek of Czechoslovakia, died on June 30th last, aged 58. The IOF Congress stood in silence for two minutes as a mark of respect. He was a founder member of the IOF in 1961, and a pioneer of orienteering in Czechoslovakia.... Presumably as time goes by we may learn more of what took place at the Congress in Maynooth...ThO are to run a two-day event in February at Ballyhourigan and Cratloe/Gallows Hill, in the middle of the closed season for major events. Will the IOA jackboot descend and crush the recalcitrants? Watch this space...CompassSport editor Ned Paul has relinquished the job of editing the IOF Bulletin. The new editor is Liz Mills, IOF Secretariat, Mile End, Main St., Doune, FK16 6BJ, Scotland...a World Cup for night orienteering is expected to start within the next couple of years: Hungary is to start the process off with a 2-Night event in October 1986...If you would like to be placed on the mailing-list for information about the 1986 Asia-Pacific O Carnival, to be held in Hong Kong from January 3-5 1986, then write to: MJ Haydon, Flat G5, 111 Mount Butler Road, Hong Kong, enclosing a reply coupon for the equivalent of US$3.00. ....APOC 88 will take place in Tasmania, in January 1988...Well done Ireland on coming fifth in the Continental Cup! It's a good job we let Holland into the IOF last July, otherwise we might have been last!...CompassSport (the magazine) is to be published eight times a year from next year. It is still freely available from Trina Cleary, 16 Dodder Park Road, Dublin 14...Power to the People: is this to be the motto of IOA? Rumours are circuleting that the IOA is to return some of its authority to the clubs, so that they can regulate fixtures themselves. We may then see Free for All Day, rather than Sport for All... The Raven won't croak just yet, it seems: the latest is that Curracloe is accessible for orienteering although restricted for other purposes, but the situation seems to cahnge from week to week...NIOA and LVO AGM's held on October 20th at Garvagh: no report as yet...Date of Castle Archdale event in last fixtures list should of course been Saturday, November 3rd not Sunday 4th. Sorry! Read the disclaimer on page 2 again....more odds and ends and odds next time...finally, Association for Adventure Sports (orienteering is one: did you know?) AGM and Annual Conference at the end of January at Tiglin :the theme is "Adventure Sports:Life Sports", and will cover the way in which one can cope with the points in one's life when one tends to give up sport: leaving school, getting married or finding increasing responsibilities, and lastly a reduction in physical capacity for exercise. Speakers will address themselves to the problem, with worked examples. Adventure Sport:Life Support?...

NO, PLEASE ... YOU FIRST ...

THREE ROCK ORIENTEERING CLUB

Thanks to all of you who returned your Irish Championships questionnaire: it is proving invaluable inorganising manpower for the events. Would those of you who have not yet returned them please do so immediately. The person to send them to is Liam Convery, 13 Leinster Lawn, Clonskeagh, Dublin 14. If you have lost your form, more are available: contact Converys (697107).

Our National O-Day events were more successful than ever before: almost 1000 people in Phoenix Park, and 250 on Three Rock. Thanks to David Larkin Patricia Murphy, John McCullough and their teams for all the work, and especially to all those who came along just to help out, to do the thankless tasks like registration and so on, and to the [illegible]thies people who did the results and much else in Phoenix Park.

Our last IOC 85 meeting was held in Oatlands College at the beginning of October and was again well attended, though predominantly by the same people who had come to the firse one. A sub-committee has been set up th deal with the running of the event, reporting to the club committee. The sub-committee is made up of the team leaders who will be covering the main areas of organisation for the event and you are all asked to give them your support.

Our next events are the Leinster Relay Championships at Tiglin, Co. Wicklow on November 25th and the Christmas Score event at Three Rock on December 26th. Larry Roe, organiser of the Leinster Relays, will be looking for help on the day, and we expect to get the rest of you sorted into relay teams so that we have good club representation.If you are asked to run on a team for the club, please reply promptly as the event is getting quite near!
The second venture is the traditional Christmas Score Event which is being organised this year by the Creagh family. They also will be looking for help: contact them at 934982. In particular, the sooner we get packed up after the event the sooner we can get stuck into those mince pies...

The JM's have been out in strength lately: Justin May competed in the Milk Superstars in Galway at the end of August, Jack Meade took part in the Premier Triathlon in Sligo, and John McCullough ran in the Dublin Marathon in October. Larry Roe and David Larkin also ran in the marathon, while we also had the only female orienteering representatives in Patricia Murphy and Mary McCarthy. Well done! Congratulations also to all the 3ROC runners who took part in the Continental Cup in September:twenty-one 3ROC in the results!

Mapping is going full steam ahead at the moment, with the Irish Championships the main [illegible]ctive. Mapping assistants or apprentices who might be interested in learning the g[illegible]e and at the same time helping in the production of IOC 85 maps by going on safari with experienced mappers should contact Mapping Co ordinator Barry Dalby at 0404-4169.

3ROC have been drawn against Eastern Command Orienteers of Dublin in the first round of the Irish Orienteer Trophy. No plans have been made as yet for a fixture, but the first round has to be completed by January 31st next. All members are urged to turn out for the club:remember, you are all equally important.

Training has moved to Oatlands College, near Parkes Hotel, Stillorgan, every Wednesday at 6.30 pm. Showers are available afterwards, for those of you who are fastidious.

Before training or competition, what could be more appropriate apparel than a club tracksuit? These are available from Brigid Flanagan (980928), and for that special occasion (Relay wins, perhaps?) a club)-suit is an absolute must. There may be a rush on at Christmas, so book early. O-suits are obtainable from Trina Cleary (904177).

Socialising continues at Revels pub in Rathfarnham village on the last Thursday of each month. We are upstairs from sbout 9.00 pm. In the same vein, as Bram Stoker used to say, the AGM will be in January, the date to be notified to you soon.

affiliated to the Irish orienteering [illegible]

ON THE BANKS OF THE BANN : The Northern Ireland Championships.

"When first to this country a stranger I came..." I hummed waiting for the start. It was like France all over again, except that it was cold, there were no trees, and I didn't have to get up at 5.00 am. Come to that, it wasn't a bit like France. While I might not quite be able to pass for a native, I could get by without being wildly misunderstood in conversation, and here in Portstewart that was all that was required: verbal exchanges were mercifully brief : a 'thank you' from Colin Henderson as I handed him punch after punch, a nod to Wilbert Hollinger as he passed me at the second master map while he simply had a map exchange, a 'Comment ca va?' for Stewarty. That was all.

A small party of us - or, more correctly, several small parties- journeyed to the extreme north west to sample sand-dune orienteering at Portstewart at the NIOA Championships on September 29th. Failure to check the tides meant some unease at parking the car on the strand, but we hoped not to be out too long. Pre-entered competitore had premarked maps, while we indecisive sluggards had to make do with master maps, although we did have the apparent benefit of a map to study before the start. Not that that proved to be much use...

The map, which was large and slightly unwieldy, had been produced at a scale of 1:15 000, with 2.5 metre contours, and gave the impression of a vast trackless waste without line features of any kind for the most part. It could probably have been drawn equally well at 1:10 000 scale, but the folks from NWOC want to use it for training so the larger scale was chosen. The area was a patch of sand dunes about 5km long by 500m wide, bounded by the River Bann to the south and the sea to the north, and covered in marram grass except for patches of scrubby fight-trees. None of the dunes was very high, but even so there was a significant amount of climb on the courses. I found it difficult to distinguish the major hills (such as there were) on the map, and both fine navigation and distance-judgement were rather haphazard, at least in my case. In many cases I found it difficult to tell hills from hollows: see how you get on with the map!

In addition to ourselves from the South, parties had travelled from England and Scotland, so it was disappointing that so few had travelled up to the event, which did provide excellent orienteering: mind you, on an area like this, any course would be challenging, and the problem would be planning easy enough junior courses rather than hard enough seniors. The finish was on the beach, so a quick swim in the icy north Atlantic was essential before girding the loins for the trip home to run an event for National O-Day the next day-otherwise we could have stayed for the relays at Fermoyle.

RESULTS

A Course 7.8km/440m

M21A

1	R.Bryson	Ajax	64.47
2	J.Warde	FERM	66.03
3	W.Young	CO	69.20
	E.Rothery	Ajax	69.20

M35

1	W.Hollinger	LVO	66.32
2	T.Russell	ECO	79.18
3	B.McKenna	LVO	82.40

M19

1	B.Peters	NWOC	86.59

B Course 5.6km/280m

W21A

1	R.Yard	NWOC	65.56
2	O.Cooke	Ajax	69.15
3	A.Savage	LVO	72.27

B, cont.

M40

1	JD.Gittus	Wrekin	62.18
2	P.Jones	Wrekin	64.30
3	D.Watson	LVO	66.27

M17

1	S.Linton	NWOC	42.24
2	M.Fanning	WCOC	55.20
3	A.Tinto	NWOC	58.50

C Course 3.8km/220m

M50

1	L.Pumphrey	NWOC	70.41
2	R.Finnie	SOL	84.58

M45

1	D.Hogg	NWOC	108.28

M21B

1	A.McGonigle	NWOC	42.16
2	C.Reid	NWOC	47.55
3	F.Corscadden	NWOC	52.20

C, cont.

M15

1	J.Logue	NWOC	35.48
2	C.Hunt	NWOC	48.20
3	J.Davis	NWOC	53.51

W35

1	I McKenna	LVO	87.57

W17

1	J.McClelland	LVO	107.54
2	M.McCormick	LVO	156.30

D Course 2.5km/140m

M13

1	J.Cummings	NWOC	28.21
2	P.Chilton	NWOC	29.34
3	P.O'Hara	NWOC	29.51

W45

1	D.Large	GEN	43.08
2	R.Davis	LVO	61.40

D, cont.

W21B

1	S.Carson	LVO	44.57
2	D.Farnham	LVO	58.32
3	F.Mathers	NWOC	60.05

W15

1	M.Cumming	SOL	31.57
2	S.Tinto	NWOC	38.09
3	V.Whyte	NWOC	38.24

E Course 1.4km/60m

M11

1	G.Marshall	LVO	24.59
2	T.Colbeck	SOL	27.06
3	K.Cummings	NWOC	27.19

W13

1	D.Johnston	NWOC	23.26
2	J.Halcrow	NWOC	27.35
3	D.McGurk	NWOC	30.34

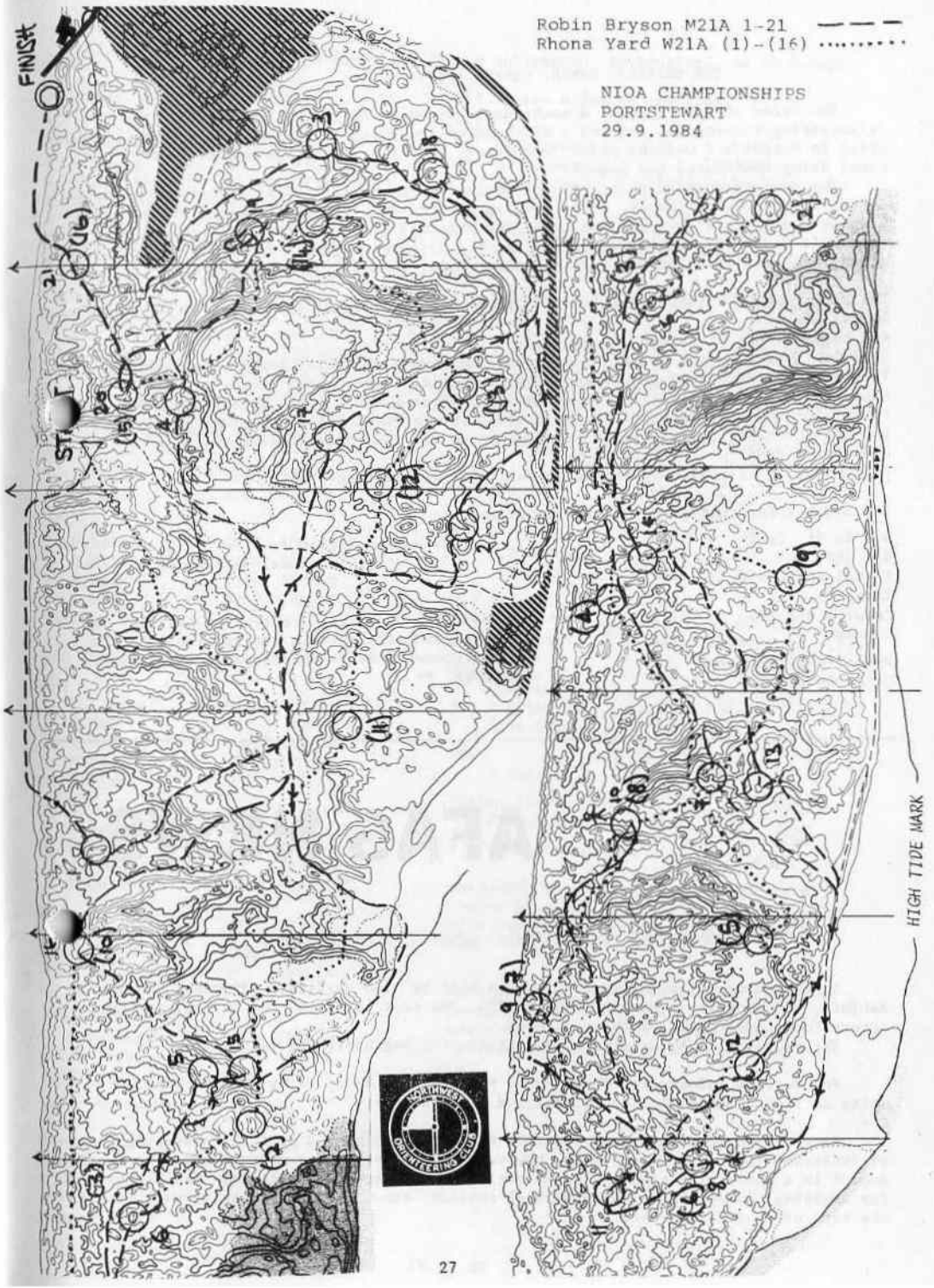
F Course 1.2km/50m

M10

1	E.Niland	Ajax	18.00
2	A.McKenna	LVO	26.46
3	I.Blair	NWOC	36.23

W11

1	J.Wilson	LVO	20.10
2	S.O'Brien	NWOC	23.14
3	J.Graham	NWOC	29.58



THE MASTERS' GAMES: CANADA 1985.

The Prime of Life People, a soubriquet coined by Al Smith, President of the US Orienteering Federation, enjoyed a wine and cheese party at the North American Championships in October. I was the only Irish guest, the other Irish representatives at the event being considersd too young!

The real purpose of this happy gathering was to publicise the orienteering events at the first Masters' Games, to be held in August 1985. Pat de St. Croix climbed upon a table and spoke eloquently and ably. She welcomed Senior Orienteers from all over the world to the Games and explained that the orienteering part was being organised by herself and the Canadian O-Federation under-35's. The outline details are:

Training: August 7 1985; Qualification races August 8 and 9; A and B group finals on August 11.
Age classes: M/W 35 to M70 and W60.
Terrain: Typical south Ontario deciduous, coniferous and mixed forest northwest of Toronto, much with good runnability (North American forests can often be tough).
Fees: The Games registration fee is CAN$50, before March 1 1985. This allows the competitor and spouse to attend the Masters' Games opening ceremony and closing ceremony and all the other sports venues, twenty one in all. The orienteering entry fee is an additional CAN$15.
Accommodation is available at the competitors' own expense.

For further information and entry form, contact:

Pat de St. Croix,
Box 1985,
Postal Station P,
Toronto,
Ontario M5S 2Y7,
Canada.

Phone (416) 927-1985
Telex 06524350

or Ann Masterson,
IOA International Secretary.

** Do consider a Canadian orienteering holiday: the maps are good, the terrain interesting, and the senior courses present an enjoyable technical challenge. **

Faith White.

AFAS NEWS

ORIENTEERING INSTRUCTIONAL WEEKEND NOVEMBER 24/25

A weekend of orienteering instruction will be held at Tiglin Adventure Centre, Ashford, Co. Wicklow on November 24/25 1984. The cost is £34.00 per person, and this covers food, accommodation and equipment.

The course will be particularly suitable for beginners and improvers.

For further information phone Maeve McPherson or Barry Dalby at 0404-4169, or write to Tiglin Adventure Centre, Ashford, Co. Wicklow.

Note: It is sometimes remarked that AFAS does not play a part in developing orienteering in this country. AFAS, however, only runs courses where there is a demand in a particular area. If orienteering in this country wants AFAS facilities for training, conferences, instructional courses etc., then orienteering must support the type of course run above.

RESULTS of Custume Orienteers Grade 2 event at Ballymahon Co.Longford, on 16.9.1984

A Course. M21A. 12.6km/27c.

1	E.Rothery	AJAX	91.27
2	D.Reidy	ECO	97.31
3	W.Young	CO	99.28
4	W.McAuliffe	AJAX	108.45
5	W.Simpson	LVO	123.25
6	J.May	3ROC	123.27
7	B.Phelan	3ROC	124.20
8	P.Healy	CO	129.05
9	R.Bryson	AJAX	132.40
10	P.Monaghan	WE	145.30
11	B.Delaney	ECO	156.55
12	P.O'Brien	AJAX	169.25
13	D.Hickey	ECO	170.15?
14	B.Heeney	GEN/UCDO	184.39

6n/f

B Course. 11.0km/22 controls

M19

1	C.Crowe	3ROC	124.47
2	P.Walsh	BSO	134.36

M35

1	P.Lalor	CO	100.25
2	E.Niland	AJAX	109.20
3	N.Rice	AJAX	117.42
4	L.Roe	3ROC	160.27

2n/f

C/D Course 8.5km/16 controls

M40

1	P.Flanagan	3ROC	72.46
2	H.Quirke	CO	85.07
3	T.Hodson	ECO	121.30
4	M.Dooley	SBO	125.50
5	R.Flynn	SET	141.11

M21B

1	B.Corbett	DUO	74.50
2	B.Cryan	DLSO	108.40
3	B.Power	SET	109.20
	D.Quinn	GEN	Disq.(3)

M1[illegible]

1	[illegible]Bohan	CO	77.39
2	M.Crowe	3ROC	103.19
3	B.Mullowney	CO	110.10
4	S.Ryan	SET	110.33

W21A: Course void.

1	C.Murtagh	SET	108.45
2	S.Clarke	3ROC	113.00
3	C.Lyons	AJAX	122.22

2n/f on course.

Wayfarers:

P.Maloney		74
F.OBrolchain	SET	81
M.Foley	SET	81
C.OBrolchain	SET	82
M.Hodson	3ROC	89

E/F Course 6.3km/14 controls.

M45

1	F.McCormack	CO	60.42
2	A.O'Connor	-	109.20
3	J.Quigley	CUST	119.15

W21B

1	F.Daly	CO	71.00
2	U.ni Chaoimh	WE	160.53

W35

1	R.Rice	AJAX	97.25

M50

1	T.ODuinn	CUST	153.54

G/H Course 3.6km/7 controls

M11

1	E.Niland	AJAX	35.15
2	J.King	SET	61.00

M13

1	R.Cox	DLSO	39.53
2	B.Roberts	DLSO	43.54
3	D.Lillis	DLSO	49.26
4	D.O'Riordan	DLSO	58.10
5	T.Farley	3ROC	77.20

W13

1	A.Rice	AJAX	54.00
2	M.Larkin	AJAX	60.00

M15

1	C.ODuinn	CUST	151.35
2	M.Quinn	CUST	152.50
3	Colm ODuinn	CUST	153.35

M55

1	J.McCabe	-	65.21

Unclassified:

	P.Stephens	3ROC	67.00

2 n/f on course.

Following an official protest the W21A course has been declared void as a result of a premarking error on some competitors' maps.

On a point of information, this event was downgraded from a Grade 1 to a Grade 2 event on the day of the competition, "because of recent extensive felling".

-Ed.

RESULTS OF GRADE 1 EVENT AT TIGLIN ON 23/9/84 - 3ROC.

A COURSE 9.6KM,360M

M21H:

1.	W. YOUNG	CURR	83.47
2.	E. ROTHERY	AJAX	88.28
3.	P. HEALY	CURR	92.52
4.	D. CALNAN	CORK O	95.31
5.	K. MCDONALD	ECO	119.39
6.	F. O'LEARY	CURR	121.57
7.	T. RUSSELL	ECO	124.33
8.	M. O'SULLIVAN	CURR	136.23
9.	D. HICKEY	ECO	137.23
10.	K. DAVIES	DUO	142.14
11.	P. MONAGHAN	WEOC	145.15
12.	P. SMYTH	SET	146.40
13.	G. SMITH	3ROC	150.00
14.	B. HEENEY	UCDO	156.51
15.	B. DELANEY	ECO	159.54
16.	W. KEE	SET	179.45
17.	M. MEEHAN	CURR	179.57

2 NON-COMPETITIVE
7 NON-FINISHERS

B COURSE 7.9KM,300M

M35:

1.	G. BYRNE	CURR	86.03
2.	P. LAWLOR	CURR	86.40
3.	A. SHAW	THO	87.00
4.	N. RICE	AJAX	89.39
5.	M. FLEGG	SET	94.45
6.	E. NILAND	AJAX	97.56
7.	R. BUCKLEY	SET	103.55
8.	E. WILSON	LVO	105.53

2 NON-FINISHERS

M19:

	B. MCELDUFF	3ROC	N/F

C COURSE 6.8KM,250M

W21A:

1.	S. CLARKE	3ROC	97.32
2.	C. MURTAGH	SET	110.34
3.	D. NICHALLANAIN	AJAX	114.14
4.	C. LYONS	AJAX	126.58
5.	H. WOOD	DUO	143.29
6.	A. MASTERSON	AJAX	144.53
7.	T. HORAN	AJAX	150.13

W21A (CONT'D)

8.	M. HALLOWES	3ROC	155.28
9.	H. JOHNSTON	LVO	

1 NON-COMPETITIVE
4 NON-FINISHERS

M17:

1.	J. RIORDAN	LEE O	85.33

1 NON-FINISHER

D COURSE 4.8K,145M

M40:

1.	N. CARROLL	3ROC	59.47
2.	T. HODSON	ECO	61.45
3.	P. MCCORMACK	GEN	63.56
4.	M. QUIRKE	CURR	65.43
5.	B. HALLOWES	3ROC	120.07

3 NON-FINISHERS

M45:

1.	F. MCCORMACK	CURR	69.17
2.	C. DUNLOP	SET	70.41
3.	F. MARTINDALE	TO	75.13
4.	C. TYNER	3ROC	96.30
5.	J. RIORDAN	LEE O	120.16

W35:

1.	M. NOWLAN	3ROC	73.43
2.	B. FLANAGAN	3ROC	95.36
3.	M. WALSH	3ROC	105.08
4.	T. RUSSELL	ECO	112.49

1 NON-FINISHER

W40:

3 NON-FINISHERS

E COURSE 4.1KM,95M

M50:

1.	S. ROTHERY	3ROC	59.33
2.	P. WALSH	SET	61.44
3.	S. KULLDORFF	SET	63.15
4.	J. LYNAM	3ROC	78.23
5.	J. CREAGH	3ROC	104.51

M55:

1.	D. ROWE	3ROC	62.24
2.	M. HEWSON	GEN	94.10
3.	J. NEWMAN	GEN	139.44

W50:

1.	F. WHITE	SET	75.00
2.	H. NEWMAN	GEN	100.10

1 NON-FINISHER

W45:

1.	H. CONVERY	3ROC	72.30
2.	N. CREAGH	3ROC	82.22
3.	H. HORAN	GEN	106.39

F COURSE 5.0K,145M

M21B:

1.	M. CAHALAN	WE	63.30
2.	P. NEVIN	3ROC	64.16
3.	D. QUINN	GEN	71.49
4.	P. CONROY	3ROC	73.04
5.	B. CRYAN	DLSO	73.40
6.	B. CONCANNON	DUO	74.14
7.	R. BONAR-LAW	GEN	80.16
8.	P. RYAN	GEN	83.17
9.	B. BOUGH	SET	92.54
10.	J. KEARNEY		100.17
11.	M. EATON		131.20
12.	T. CORRIGAN	BSO	169.07

1 NON-COMPETITIVE
2 NON-FINISHERS

W19:

1.	M. WALKER	AFAS	113.23

M15:

1.	A. TYNER	3ROC	62.08
2.	R. RYAN	DLSO	88.40
3.	T. GILLESPIE	3ROC	94.16
4.	N. CARROLL JNR	3ROC	94.45
5.	A. GLOVER	WO	120.20

1 NON-FINISHER

G COURSE 3.8KM,115M

W21B:

1.	H. STEWART	LVO	86.46
2.	N. RUANE	WEO	134.35
3.	C. MCCARTHY	CORK O	139.34
4.	P. BOUGH	DUO	157.50
5.	U. NICHAOIMH	WE	131.37

W17:

1.	E. FLEGG	SET	66.03
2.	U. CREAGH	3ROC	68.14

1 NON-FINISHER

H COURSE 2.3KM,45M

M13:

1.	B. ROBERTS	DLSO	32.21
2.	P. NOLAN	DLSO	47.27
3.	S. GOOD	3ROC	49.02
4.	A. O'MILANE	DLSO	52.29

2 NON-FINISHERS

W13:

1.	H. CREAGH	3ROC	26.05
2.	C. GILLESPIE	3ROC	35.48
3.	V. CROWE	3ROC	46.00
4.	T. EAKIN	3ROC	48.36
5.	A. RICE	AJAX	49.40
6.	N. HODSON	3ROC	95.56

I COURSE 1.5KM,15M

M11:

1.	T. RUSSELL JNR	ECO	14.13
2.	D. TYNER	3ROC	15.46
3.	P. THORNTON	DLSO	65.44

M10:

1.	E.E. NILAND	AJAX	12.57
2.	E. SHAW	THO	18.06

W11:

1.	K. CONVERY	3ROC	18.46
2.	J. WILSON	LVO	21.16
3.	N. SHAW	THO	28.08

W10:

1.	S. CONVERY	3ROC	22.20

M.P.D. EVENT KILMASHOGUE Sun. 7th October

A COURSE M17 5.7km 285m

1	John McCullough		3ROC	45.03
2	Aubrey Flegg		SET	55.13
3	B. Phelan		3ROC	57.36
4	D. Quinn		GEN	57.48
5	I.McNeill		3ROC	58.19
6	P. Smyth		SLT/UCDO	59.16
7	A. Bonar Law		GEN	59.51
8	M. Thornhill		GEN	64.52
9	P.McCormack		GEN	67.14
10	N. Carroll		3ROC	67.25
11	D. Hickey		ECO	69.45
12	E. Flegg		SET	72.27
13	C. Bonar Law		GEN	75.25
14	M. Hewson		GEN	78.50
15	M. MacPherson		3ROC	79.55
16	C. Tyner		3ROC	80.12
17	A. Young	M17 1*	DrCas	81.12
18	M.Craine	M17 2	DrCas	81.30
19	R. Stanley		UCDO	82.14
20	P. Leech	M17 3	Oat	82.32
21	J. Lalor			84.25
22	J. Kelly		NPk	85.32
23	J. Starkey			86.16
24	B. Rowe	M17 4	NpK	90.01
25	F. Nugent			91.22
26	M. Coleman		Ajax	96.11
27	I. Keogh/C. Walsh/ C. Taylor		CEO	109.19
28	O'Keefe		CEO	110.08
29	J. Newman		GEN	117.46
30	P. Allan			147.13
	N. Eustace			147.13
31	Scallan		3ROC	156.26
32	Walsh		3ROC	158.00

9 Non-finishers

B COURSE M15 W17 3.8km 195m

1	U. Craobhach	W15	CI		44.03
2	Conor Walsh	M15	1*	3ROC	48.00
3	Ronan Ryan	M15	2	DLSO	48.04
4	Noel Carroll	M15	3	3ROC	50.12
5	S. Good			3ROC	61.25
6	J. Creagh			3ROC	68.12
7	Heather Davis			DUO	68.46
8	Colette Smyth	W17	1*	SET	71.24
9	V. Davis				73.39
10	Stephen Duffy				74.00
11	D. Large			GEN	74.27
12	H. Craobhach			CI	75.50
13	D. MacPherson			Ros	78.11
14	Gordon Breslin				80.09
15	John Carson			SET	86.54
16	Erika Keane			RCSI	88.05
	Siobhan Tempany			RCSI	88.05
17	Oliver Doyle	M15	4	Oat	92.32
18	K. Butterfield	W17	2	NPk	96.20
19	Heather Law	W17	3	NPk	96.02
20	Louise Roberts	W17	4	NPk	96.04
21	Graham Hughes	M15	5	CEO	100.25
22	Evan Mullally	M15	6	CEO	100.26
23	Alun Hayden	M15	7	Oat	101.58
24	C. O'Friel			GEN	107.45
25	Arnold Fanning	M15	8	Oat	111.26
26	Shay Nolan				113.06
27	Damian Kelly	M15	9	DO	114.29
28	Penny Bartlatt	W17	5	NPk	127.35
29	O'Hara			Ajax	134.14
30	D. Mullan			Ros	134.30
31	Martin Kelly			Ros	134.38
32	Padraig McElwain			CEO	138.30
33	Conor O'Neill	M15	10	CEO	138.32
34	Kenneth Foley			Ros	139.39
35	A. Hollinshead	W17	6	3ROC	144.18
36	M. Murphy	W17	7		144.44

15 Non-finishers

X COURSE 5.3KM/125M - TIGLIN

1.	T. CAFFREY	SET	49.17
2.	D. BARRY	GEN	56.21
3.	B. POWER	SET	56.52
4.	G. PARKER	3ROC	58.49
5.	F. RYAN	WEO	63.58
6.	B. MCGRATH	3ROC	68.35
7.	J. KELLY	NEWPARK	81.59
8.	A. MCGREGAN	AJAX	82.41
9.	T. O'CONNOR	ECO	92.27
10.	J. O'MAHONY	ECO	92.44
11.	M. LYNCH	BSO	103.05
12.	S. O'FRIEL	GEN	105.27
13.	S. DONOHUE	BSO	106.29
14.	T. CARROLL	3ROC	107.22
15.	D. WESTON	BSO	108.22
16.	G. AYLWARD	GEN	136.54
17.	T. BARRY	BSO	145.37
18.	T. HARBISON	3ROC	149.10
19.	K. MCGILL		149.13
20.	A. DOWLING	3ROC	149.14
21.	P. DONNELLY		151.46
22.	F. KEOGH		156.36
23.	D. KEOGH	SET	170.00

4 NON-FINISHERS

Z COURSE 3.2KM/85M - TIGLIN

1.	T. HANRAHAN		45.[illegible]
2.	J. MCGREGOR	AJAX	59.10
3.	P. ALLAN		74.39
4.	M. MURPHY		75.16
5.	P. MURRAY	SET	89.12
6.	S. MURRAY	SET	89.20
7.	STEPHEN C.	3ROC	93.58
8.	C. MASTERSON	TIGLIN	120.52
9.	L. KING	DOMINICAN	122.28
10.	P. JOHNSTON	DOMINICAN	124.29
11.	N. JONES	DOMINICAN	126.26
12.	C. RYAN		126.54
13.	MRS. TYNER	3ROC	141.16

7 NON-FINISHERS

C COURSE M13 W15 3km 110m

1	Tracey Eakin	W13		WO	44.38
2	Vanessa Crowe	W13		WO	46.23
3	H. McLindon	M13	1*	WO	48.19
4	K. O'Neill	M13	1	Oat	48.19
5	G. Rynatt	M13	3	Oat	48.20
6	M. Monaghan			Ajax	50.27
7	Aisling Dillon	W15	1*	Ajax	51.35
8	S. McInerney	W15	2	DO	52.73
9	A. McCormack			GEN	53.00
10	C. McConnell	M13	4	DrC	59.49
11	D. Harvey	M13	5	DrC	60.38
12	Eoin Kennedy			DrC	60.58
13	G. Sweetman				61.42
14	B. Roberts	M13	6	DLSO	62.06
15	D. O'Neill	M13	7	DLSO	63.12
16	No Name				63.59
17	B. Richardson			DrC	64.42
18	B. Clery	M13		DrC	64.43
19	[illegible] Fitzpatrick				65.40
20	[illegible] Nic Chonchradha			CI	65.48
21	E. Ni Charra			CI	65.48
22	M. Carew	M13	9	DLSO	66.01
23	Kevin Byrne			BCS	66.26
24	Gerard Dalton			BCS	66.32
25	Damien Hunt			Scout	66.35
26	Kevin Cooke	M13	10	DO	67.29
27	Brian Bourke			GEN	68.00
28	David Lillis	M13	11	DLSO	68.03
29	Paula Brown	W15	3	DO	68.16
30	C. Redmond	W15	4	DO	68.17
31	A. Hollinshead			3ROC	69.46
32	S. Connolly			3ROC	69.48
33	E. Hassett				70.02
34	P. Alonville	M13	12	NPk	70.10
35	Philip Ward	M13	13	DO	71.24
36	John Brennan	M13	14	DO	72.56
37	M. Wheeler	M13	15	DO	72.58
38	Beckett family				74.00
39	Sean Hunt			Scout	74.11
40	Cormac Kennedy	M13	16	DrC	75.47
41	Paul Brennan	M13	17	DrC	75.57
42	David Balmer	M13	18	DrC	76.42
43	Kell Cheevers	M13	19	DrC	76.59
44	N.Bermingham	M13	20	DrC	77.16
45	J. Bartlett	W15	5	NPk	78.05
46	J. Galligan	M13	21	DrC	78.45
47	[illegible] Chambers	M13	22	DrC	78.47
48	Paul Butler	M13	23	DrC	78.49
49	Paul Nolan	M13	24	DLSO	80.48
50	A. O'Mullane	M13	25	DLSO	80.50
51	V. O'Donoghue	W15	6	DO	81.44
52	Gillian Byrne	W15	7	DO	82.03
53	Robert Carey	M13	26	DrC	82.52
54	Darren Murphy				83.19
55	B. O'Shaughnessy	M13	27	DO	84.30
56	Jean Molloy			DrC	85.00
57	Catherine Faye				85.20
58	A. Aylward				87.03
59	D. Armitage	W15	8	WO	87.30
60	S. Johnston			Highs	88.00
61	S. Aylward				89.00
62	Alison Kennedy			DrC	90.09
63	H. Macken/A Goulding				91.22
64	B. McCarthy	M13	28	CEO	91.59
65	C. Hughes	M13	29	CEO	92.00
66	I. Ni Ainin			CI	94.23
67	D. Ni Chrosain			CI	94.23
68	N. Carroll			3ROC	95.31
69	B. Ferrelly			CEO	97.58
70	M. Cullinay			CEO	98.06
71	B. Coghlan				105.10
72	B. McCluskey			OLGO	107.14
73	G. Field			StL	109.48
74	L. Newman			GBrS	111.03
75	F. May			StL	111.46
76	Veronica Tyson			GBrS	111.05
77	C. Masterson	M13	30	Ajax	113.15
78	A. Judge				115.33
79	Kathy Herbert				115.34
80	D. Swords			Ros	125.12
81	A. McPartlin	M13	31	Ros	127.44
82	D. Magennis			Ros	128.54
	T. Kavanagh			Ros	128.54
83	C. Long			Ros	129.10
84	F. Flanagan	M13	32	DrC	135.00
85	K. Cormack	M13	33	DrC	135.03
86	D. Bell			Ros	135.39
87	Peter O'Brien			Ros	135.44
88	Rory Moles			Ros	138.14
89	C. Lodge/ S. Woods				139.58
90	S. Conlon/R. Ferns				140.00
91	R. O'Brien			Ros	142.16
92	Alan Mongey			Ros	142.26
93	M. McKeown			Ros	142.33
94	M. Ryan/ W. Power			Ros	147.07

8 Non-finishers

D COURSE M11 W13 2.25km

1	Marly Healy				GEN	35.35
2	Graham W					41.28
3	Simon W	M11	1*			41.37
4	C. Malone	W11			3ROC	43.48
5	B. Kerrigan				DUO	48.25
6	F. Bent				SET	50.21
7	P. Thornton	M11	2		DLSO	50.28
8	Mrs Tyner				3ROC	54.01
9	G. Campbell				Oat	54.36
10	S. Grant				Oat	54.41
11	D. Roche				Rock	55.12
12	C. Houlihan	M11	3		Oat	55.31
13	P. Murray	M11	4		SET	56.21
14	Glen Byrne				DO	56.53
15	Karl Milne				DO	57.23
16	Bernadette Chambers					58.35
17	John Chambers					58.39
18	Amy Butler				MPO	62.39
19	R. Burgess	W13	1		NPk	62.44
20	D. Goughran					62.52
21	B. Goggins				CEO	66.00
22	R. Conlon					67.59
23	Brennan -4				3ROC	68.35
24	T. Robinson	W13	2		DO	71.30
25	T.O'Donoghue	W13	3		DO	71.32
26	Peigi O Ruairc					74.02
27	L. McDonnell				DO	74.08
28	Philip Butler					74.42
29	Martha O'Hogan					75.50
30	A. McInerney	M11	5		DO	76.52
31	Thomas Brett				DO	76.54
32	A. McAdam	M11	6		WO	79.37
33	Adam Goodwin	M11	7		WO	86.05
34	Joseph Doherty McCarthy					87.43
35	M. Fitzpatrick					91.45
36	Gillian Gould	W13	4		NPk	93.03
37	Nuala Weber	W13	5		CI	95.31
	Sarah Brown	W13	5			95.31
39	Peter Brown				CEO	95.33
40	Aongus Weber	M11	8			95.35
41	Edel Flynn				MPO	102.05
42	Louise Byrne				MPO	102
43	Carl O'Hogan					105.05
44	L. Monaghan				MPO	105.52
45	P. Johnston					107.18
46	I. Feirteir/ I. Collins	W13	7		OLGO	108.57
47	Una McEvoy	W13	8		OLGO	113.49
48	Mary Byrne	W13	9		OLGO	123.47
49	Joanna Barry	W13	10		OLGO	173.48
50	Deirdre Dillon				Ajax	183.37

12 Non-finishers

E COURSE W11 Novice

1.	Brian Murphy				28
	Peter Murphy				
3	B. McMahon			DLSO	30
4	H. Walsh			DLSO	32
	M. Farrell			DLSO	32
6	Fiona Hewson			DLSO	36
7	S. Cope	W11	1*	WO	37
	Damien Griffin			Scout	37
	David Bourke			Scout	37
	Mark McErlane			Scout	37
11	John Chambers				39
	Bernadette Chambers				39
13	Peter Dawson			WO	41
14	Andrew Murray			WO	42
15	R. Dunne/ A. Maken				44
	Avril Jones	W11	2	WO	44
17	D. Armitage	W11	3	WO	45
18	H. Garland	W11	4	WO	50
	Julie Cole				50
	Elaine Burke				50
21	Thomas Brown			DO	52
22	Michael Brown			DO	53
	Caroline Mahon	W11	5		53
	Tara Mahon				53
	Clare Walsh				53
26	E. O'Sullivan	W11	6	DO	54
	Aisling Regan			StR	54
	F. MacNiallais			StR	54
	Susan Cantwell				54
	Catherine O'Brien				54
31	Bairbre Bent			SET	55
32	Michelle Cole				56
33	E Nic An Ghearr			CI	57
34	A. ni Fhearghaile			CI	60
35	K. McNamara	W11	7		61
	Kieran McNamara				61
	Cronan McNamara				61
	M. McNamara				61
39	Hazel Doran			DO	62
	M. ni Mhactathna			CI	62
	A. Garavaglia			CI	62
42	Aine ni Fhloinn			CI	63
43	E. O Ruairc			CI	66
44	Yvonne Gilsece			StR	70
	Sally McGovern			StR	70
	Niamh O Byrne			StR	70
	Elaine Glynn				70
48	Deirdre/Jessica			CI	72
	S.Mulholland/P.Dowling				72
50	Carmel Cody			StL	75
	Anthony Duffy			BCS	75
	Desmond Murphy			BCS	75
53	Fiona Walsh			StL	76
	Eileen Bresnan			StL	76
	Patricia Walsh			StL	76
56	Louise /Hetty			GBrS	85
57	Colette Jordan				92
	Eithne Cahill			MF	92
59	Ingrid Kilgallen			MF	93
	S. Bennett			MF	93
	Frances Connell			MF	93
62	G.Geraght/B.Clifford				96
63	Mullet				108

3 Non-finishers

F COURSE WAYFARERS

1	McMurrough	GEN	20
2	Barb. Lawless	StR	22
	A. Breathnach/R.Murray	CI	22
	Germaine Mallin	CI	22
5	Cliodhna ni Chinneide	CI	26
	N.ni Chuinneagain	CI	26
	Naomi nic Cailin	CI	26
8	Roisin/Fionnuala	CI	29
	Gretta/Ciara	CI	29
	Peter Briggs		29
	Eric Briggs		29
	Eilis/Sinead	CI	29
	Eilis/Vanessa	CI	29
14	A.ni Bhuilgeir/A.ni Bhriain		30
	Latchford		30
16	M.Friel	StL	31
17	Petra Schatz		32
	Tony Monaghan		32
	Cliona ni Dhuill	CI	32
	Deirdre ni Fhloinn	CI	32
21	Eithne McSweeney		33
22	Michele Kelly	StL	34
	Deb. Richardson	StL	34
	Brian Murphy	Oat	34
	K.Harrington	Oat	34
	Anne Sullivan		34
27	David/Ian	DLSO	35
28	E. McDonagh	StL	36
	M.Kavanagh/R.Holland	Oat	36
30	Robert Lynch		37
	Brid Fox	StL	37
	Suzanne Lynch		37
	Eoin Morrissey		37
34	Mark English		38
35	Nicola Martin	StL	39
	Sinead Bennett	StL	39
	Diane Mollaghan	StL	39
38	Kinsella		40
	Hanley		40
	Fraser		40
	Markey		40
	Markey		40
	Jean Byrne	StL	40
	Noreen Sweeney	StL	40
	S.Brown	StL	40
	Melina Fenelon	StL	40
	Claire Coffey	StL	40
46	G.O'Hagan		41
	Delores McCoy		41
	Carolyn Whelan		41
	Jason Farrell	DLSO	41
	David Farrell		
50	Adrienne O'Byrne		42
	S/T/K McCormack	GEN	42
	Michelle Armitage	WO	42
	Barry Whelan		42
	Gerald O'Connor	DLSO	42
	Dara O'Brien	DLSO	42
	Paul McGarry	DLSO	42
60	Lisa Davis	StL	43
	A/Emer Kelly		43
	Maria Moran	StL	43
	Hazel Agar	WO	43
60	Ruth Watt	WO	43
	Sandra Smith	WO	43
	Charlotte Molloy		43
	Niamh/Rosa Kelly		43
68	C.nic an Bhaird	CI	44
	Anne Brown	StL	44
	Thomas Molloy		44
	Carde Sullivan		44
72	Orla Gleeson		45
73	Arra Nolan		46
74	Ciaran Nolan		48
75	Anita McGarry	DO	52
76	U.Coghlan/M.O'Hagan	BCS	54
77	Carol Nugent		58
78	Gavin Mullett		62
	Leo Mullett	MPO	62
	Evelyn Madigan		62
82	Ann Taylor	StL	64
83	M.Geraghty/A.Madden		73
84	Keenahan/Donovan/Wafe		74
85	David Richardson		77
	Mike Hawkins		77
87	M. Hawkins		78
	Paul Hawkins		78
89	C.Kennedy/A.Kelly	CEO	93
90	D.Erdpohl/M.Roe	CEO	95
91	Frank Marconi	CEO	96

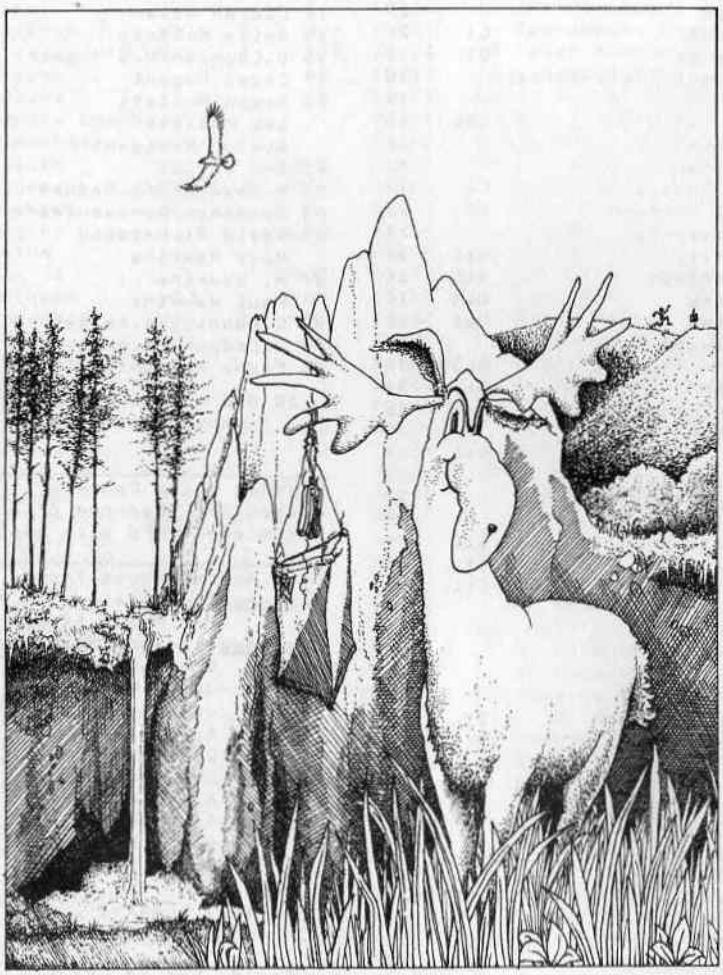
10 did not complete cards or punch correctly

Planner Liam Convery
Controller Brendan O'Connor
Organisers MPO with assistance of OLGO

Help Acknowledged from:-
Convery's Shiela, Sr. Maire, Maire Hazel Aileen
Farleys Brian, Nora Aoileann, Jane
MPO Siobhan O'Dwyer
Janne Mullett
Jacinta McConnell
OLGO Aideen Sherry
Catherine Sherry
Sharon O'Herlihy
Nuala Finn
Ruth Hennessey
Niamh Keogan
Sarah Sweeney

Lost 1 Control
3 Punches

Found Set of Keys.

THE 1985 CALENDAR IS ON IT'S WAY, WITH AN INTERNATIONAL THEME. OUR INTREPID ADVENTURER IS BACK TO BATTLE AGAINST ALL ODDS AROUND THE WORLD IN THIS LATEST EDITION - PACKED WITH DATES AND DAYS (APPROXIMATELY 365!).
HOPEFULLY IT WILL BE AVAILABLE AT THE IRISH 2-DAY (10th - 11th NOVEMBER) AT A COST OF ABOUT £2.00. 50p OF THIS WILL BE USED TO SEND PEOPLE TO AUSTRALIA (WM 85).

ADAM MAY.