the Irish Orienteer

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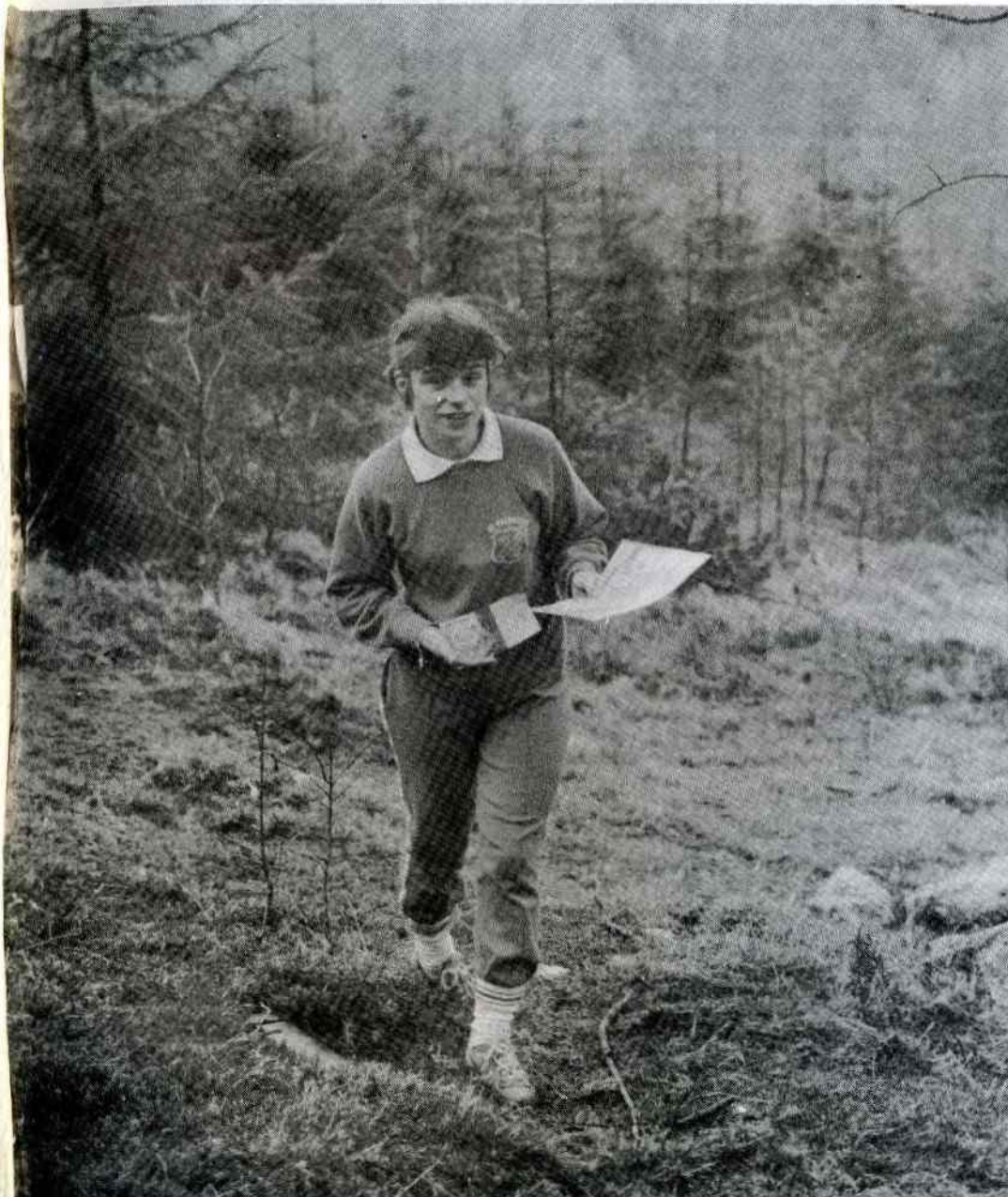

THE IRISH ORIENTEER NO.28 MARCH-APRIL 1987 ISSN 0790-1194

The Irish Orienteer is published at two-monthly intervals and is available through all Irish orienteering clubs' secretaries. All material concerning orienteering will be gratefully received by the editor, **John McCullough, 34 Dun Emer Drive, Dublin 16.**

Cover photo: Helen Coghlan (UCDO), a competitor at the recent Intervarsity Championships. (Taken by Arthur Green).

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The copy dates for the forthcoming issues are:

No.29	**24 April 1987**
No.30	**26 June 1987**
No.31	**28 August 1987**
No.32	**30 October 1987**

For further information on orienteering contact The Irish Orienteering Association, 38 The Glen, Woodpark, Ballinteer, Dublin 16.

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FIXTURES: The fixtures list is the most recent available when going to press. Experience has shown, however, that changes do occur, and often at short notice. It is wise, therefore, to verify that the event is going ahead as advertised by checking the 'Weekend Sports Diary' in the newspapers or contacting the organising club.
Where possible an Ordnance Survey Grid Reference is given for each area. If pre-entry is required it is normally indicated in the event information. Event start times are generally between 11.00 am and 1.00 pm: do not expect to be allowed to start after this, unless otherwise stated.

SUBSCRIPTIONS: Individual subscriptions at IR£6.50 per annum (six issues), or more cheaply through your club.

Entry form distribution with *TIO* is free. Please supply at least 600 copies.

ADVERTISING RATES: Please contact the editor.

Letters to the Editor

Joss Lynam **BA BAI MIEI C.Eng Dip OE**
7 Sorbonne
Ardilea Estate
Dublin 14

23rd February 1987

John McCullough
Editor
The Irish Orienteer

Dear John

The fixture list in TIO 26 was pretty depressing for the ordinary orienteer in Leinster. From Christmas to 8th March it listed the following events in Leinster:

26 Dec	Phoenix Park	(3ROC)
18 Jan	Ballyfin	(CO)
25 Jan	Carrickgolligan	(GEN)
8 Feb	ditto	(LSOA)
15 Feb	Phoenix Park	(3ROC)
8 Mar	Hollywood	(LSOA)

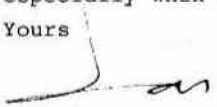
Six events; 2 on a runners' map, 2 on a small area we all know exceptionally well; two events by your Club and mine(as always the most active Club in Leinster!), one each by GEN and CO, and for two we have to muscle in on the poor schools.

Originally schools events were run so that the adult orienteers wouldn't be swamped by "hordes of youngsters"; now their willing but often inexperienced organisers have to cope with all of us adults because our own clubs, with some exceptions, seem too lazy to organise events.

Taking all the Leinster events in the fixture list in TIO 26 from 15 Nov to 8 Mar (inclusive = 5 months), LSOA organise 4; 3ROC 3; GEN 2; CO, Custume, UCDO, Ajax 1 each; SET and DUO none. Not a single LOA Badge Event listed after 7 Dec.

Thanks to GEN, we did get an extra event - and a very enjoyable one - at Donadea yesterday, but it does not change the picture that much. One should be able to get reasonably regular orienteering within the province - what a hope this spring, especially when the only quality event was snowed out.

Yours



Joss Lynam

A KNOTTY PROBLEM

28 Waltham Terrace,
Blackrock,
Co. Dublin.

Dear John,

I would like to draw your readers' attention to a recurrent and major problem in national orienteering. As an Elite runner I naturally wear Swedish O-shoes but find that at critical moments the laces undo. Apart from being a nuisance, this has cost me valuable time in grade 1 competition. The psychological damage is considerable and, to be quite frank, has kept me out of some major prizes in recent competitions. By way of illustration, last year's W19 Individual Championships was decided because a well-known UCD runner spent 60 seconds tying her loose lace and lost by 45 seconds. A poignant point.

I feel the retailers of such equipment must cary the responsibility. These shoes are fine for easy trots around the Curragh, but let us down when we hit real O-terrain.

Being a professional engineer I feel that something should be done. Is everybody stupid? The IOF must recognise the problem. The obvious answer is sponsorship of a UCD R & D programme to develop a fail-safe lace mechanism (funded by more levies?).

As a Grade 1 Controller I will automatically downgrade any Grade 1 events where fellow-Elitists lose time because of lace problems.

Yours Irately,
Arthur Green.

(The solution: ask a boy scout or buy a roll of masking tape. -Ed.)

"Knocknarea",
4 Barnstead Ave.
Blackrock,
Cork.

8th. February, 1987.

The Editor,
T.I.O.

Dear Ed.

When I showed page 25 of T.I.O. 27 to my computer, its printed comments were unpublishable. Properly censored, they amount to "if you can fit Deirdre Ni Challanain into 4.8 cm then you can fit any known M21A into 1 cm". That's what the computer thinks, anyway.

The circulation figures for T.I.O. (page 26) were very interesting, as were the membership figures. The memberships of Cork O, CRTCO and Cork Schools O.A. were supplied in January, probably after you went to press. As you are aware, family membership and group membership numbers are calculated for I.O.A. purposes on an arbitrary basis. Allowing for this, the membership of these is as follows:-

Cork O	174
CRTCO	8
CORK SCHOOLS O.A.	250

When the Irish 2-day was held, I was recovering from a sprained ankle. Though the ankle was well strapped, the climb on the second day proved too much for it, especially after the gruelling terrain on day 1, from which it had not recovered. Therefore, I gave up on day 2, after 5 controls, and ambled slowly to the finish. When I got there, there was no other finisher in sight, so there was no possibility that I was not heard when I declared myself to be a "non-finisher". When I saw my control stub hanging with the others without any indication that I had not finished the course, I was amused, but felt that this would be corrected in the official results. In T.I.O. no. 27, I saw the official results for the first time, and was surprised to see myself listed as if I had finished on day 2. The statement at the end ("any competitors with incorrectly punched control cards were DISQUALIFIED") was not breached, because the 5 controls I punched were correctly punched. But it is obvious that my card was not checked. The question is, how many other cards went unchecked? This is not a matter of little importance, because these results will be used as two events for the Ranking List. I am writing to Faith White to ask her to delete my result for day 2.

When I entered for the Irish 2-day, I filled my 4-line address as best I could on the 1 line address-space allowed. Perhaps that is why I didn't get my control cards (your "shortsighted postman"), and had to ring Pat Healy about them. He said they didn't get my entry, but they subsequently discovered they did have the accompanying cheque. This 1-line address space might also explain why I have yet to receive my copy of the results. Thanks to T.I.O., when (if) they arrive, they will be old news.

Yours, etc.

Frank Cunnane

(FRANK CUNNANE)

(Article from *CompassSport* magazine).

ISSUES *of Interest*

AIDS AND ORIENTEERING: ARE WE AT RISK?

"There is a cloud on the horizon. It is only a small cloud at present and it is a long way off, but it will get bigger and it could come our way. It is called AIDS."

Should we as orienteers be concerned about this killer disease, asks BRIAN PARKER of Devon OC?

Since I wrote those words in *The Devon Orienteer* a year ago, the cloud has indeed become very much bigger with ever-increasing estimates of numbers at risk and an expansion of the categories involved. There is now obvious concern in Government circles and we are all being bombarded with much official advice and information. Despite this, there is a suggestion that the cloud may well have receded away from orienteering in the last year.

At this point you may well ask what on earth all this has to do with a sport which is the epitome of mental and physical health. Surely, those people in the well-publicised high-risk groups are hardly the sort to go rushing around brambly forests? Also, despite all that publicity, are not the numbers involved really quite small? Furthermore, what is the mechanism for the transfer of infection from one person to another as a result of taking part in orienteering?

Preventative Measures

The only sports authority to publish guidelines on minimising the risk of AIDS is the Rugby Football Union. The RFU doctor enlisted the help of a top expert to circulate the following guidelines in December 1986 to all clubs:

- *all cuts to be treated at once with a 2% Milton solution which should be freshly prepared for each match.*
- *any player with skin cuts must shower and avoid the communal bath.*
- *any player with skin problems (such as impetigo or cold-sores) should not play without a doctor's go-ahead after treatment.*

The circular goes on to reassure clubs that blood from infected players would NOT remain a danger after it fell onto the grass. However the warnings against skin contact and sharing baths, point once again, as in the case of orienteering's hepatitis outbreaks to waterborne infection being a very real danger.

These questions imply dismissive answers but it would be wrong to reject them out of hand. Firstly, we are on dangerous ground making any assumptions about the private behaviour of our fellow competitors. Secondly, the numbers involved are not that small. If we use the estimate of 100 000 carriers (Dr John Gallwey, *Times* 3 Dec '86), that means about 1 in 5000 over the nation as a whole, which suggests one or two within the sport. If these seem acceptably small, remember that numbers are doubling every eight months or so (*Times* 19 Nov '86). If you are still sceptical, think about the advice that those who have enjoyed casual relationships should be considered at risk (Dr John Dawson, *Times* 6 Jan '87); that would presumably apply to quite a few in the sport.

The third question about the mechanism for transfer of infection can be answered in a word — hepatitis. Those who know the history of full-body cover in the sport will understand this, those who do not might be interested in the following extract from a fairly recent article (Dr John Seal, New Scientist 20 June '85):

> ". . . how is it [hepatitis B] usually transmitted in the natural environment . . . . ? A superb study of a series of epidemics of hepatitis B among Swedish track finders (in Britain the sport is called orienteering) between 1958 and 1966, and published in the New England Journal of Medicine in 1967, provided the answer. The study has been almost entirely ignored. The epidemics occurred when runners wore no protection for their arms or legs and suffered repeated bleeding from cuts and scratches running through the Swedish forests, followed by communal washing in a lake or river before returning home. The epidemics disappeared when the wearing of protective clothing was made compulsory but recurred when the regulations were relaxed."

In the same article Dr Seal refers to the AIDS virus "spreading by routes similar to the hepatitis B virus." Other experts at that time used phrases such as "remarkable similarity". However, a recently reported Government statement (Health Minister Tony Newton, *Daily Mirror* 21 Nov '86) says:

> "But it is difficult to catch AIDS. It is not a very hardy virus and not nearly as contagious as hepatitis B. Once it is in the bloodstream it is very dangerous and we have no means of dealing with it. But first it has to get into the blooodstream. A simple cut on the hand wouldn't be enough, even if you handled quite a bit of infectious blood."

The last sentence is the key to the whole business. If it is true, as quoted, then it does not matter whether there are, or soon will be, AIDS carriers in orienteering. If it is not true, then we ought to think about organising our sport to take account of the risk.

So it does indeed appear that the cloud on the horizon has moved away from us. But I, for one, am not happy to base that conclusion on a single report in a tabloid newspaper. Perhaps the current trend away from full-body cover, enshrined in the brand-new BOF Rules 9.3.1 and 9.3.2, is not such a good idea after all? In Norway, for example, the latest rules insist that only the hands, face and neck may be uncovered. I think that it is time that BOF took *formal* medical advice and issued a statement.

What do you think? ◪

Ticks–MYTH OR MYSTERY?

CompassSport readers disagree about the potential dangers of tick infections.

"Following John Webb's letter *(C/Sp 1986/no6)* I have enquired extensively of my doctor colleagues in the Forest of Dean. No one has any knowledge of any affliction of human beings with sheep ticks. In view of the freedom which sheep have to roam the areas I think we can assume that such afflictions cannot happen. This assumption is made even more justifiable by the fact that sheep in the Dean have to be dipped, by law, with the result that sheep ticks do not occur anyway."

John Peniket,
North Gloucestershire O.C.

"About a month after, I noticed a red patch on the back of my knee with two small black marks on it; it didn't cause any discomfort at first. In the next two months it was diagnosed as athletes's foot and eczema but the appropriate creams didn't help. The patch was growing at a frightening rate of about a centimetre a day. The skin specialist at the local hospital sent me to a major London teaching hosptial. Apparently I had been bitten unawares by a diseased tick found near deer especially in heather. This tick had passed the virus on to me over three months earlier. The red mark would have grown to cover my whole body without treatment. A course of penicillin got rid of it in a few days."

Ruth Mason,
Moravian Orienteers

EUROPEAN OPEN JUNIOR CHAMPIONSHIPS

The European Junior Open Orienteering Championships will take place in the English Lake Districe on July 8-11 next. Competitors (under 21) will be chosen from the following squad: N.Bohan, J.Davis, J.Logue, R.Morrish, A.O'hUigin, D.Stokes, A.Tyner. M.Convery, U.Creagh, H.Creagh, D.Cunnane, T.Eakin, A.Morrish, S.Tinto, V.Whyte.

If there is any M/W 17/19 who has not been included in the above list and who would like to be considered for possible secection, please contact Nuala Creagh (01-934982) or Team Manager Noel Morrish (021-357715) for further information. It is likely that a team of six M17/19's and three W17/19's will travel to the event.

IRISH ORIENTEERING TRAINING BOARD

The first meeting of the *Irish Orienteering Training Board* took place recently. The board, composed of representatives of the Leinster, Munster and Connacht regions, AFAS, Foróige, CDVEC, SAI, LSOA and NIOA, is to govern the **Proficiency** and **Coaching Award** schemes, to review the syllabus, to organise and/or ratify training courses and assessments, to ratify awards and generally promote interest in the scheme. Acting Secretary is currently Trina Cleary, 16 Dodder Park Road, Dublin 16. Congratulations to the following who were conferred with the Leadership Award:
Bernie Carroll (3ROC), Marie Clonan (3ROC), Christine Moore (3ROC), Christian Steele (GEN) and Noel Sweeney (SET).

A further thirty four have been given the Basic Proficiency Award this year.

WARD HOME INTERNATIONAL DATES

This year's Ward Senior Home International will take place in NE England on October 3/4. The Ward Junior Home International takes place in Wicklow on October 24/25. Next year the Senior event will again be in Scotland and the Junior in England, while in 1989 the Senior will be in Ireland and the Junior in Wales.

AFAS AGM REPORT IN BRIEF

The AFAS AGM, usually uncontroversial, continued in that vein this year. Held after the Conference (reported elsewhere) it covered the usual material of the 'Tiglin tail wagging the AFAS dog' problem, the reports of the various officers, and the elections. Ed Stuart stepped down as Chairman, and his place was taken by Ernie Lawrence, of late an active orienteer with his King's Hospital and Wilson's Hospital school clubs. Joss Lynam continues as President (it wouldn't be AFAS without Joss), and the new secretary is Seamus Aylward, Bill Hallowes having taken off on a round-the-world trip (despite having been spotted recently no further away than Heathrow Airport). Frank Lee, Charlie McManus, Chris Mangan and Helen Murphy were elected as directors, the last with responsibility for Access. Cathal Drohan continues as a very capable treasurer.

No report was received from AFAS Munster, a cause of much concern, as it is feared that contact is being loat with that province. However, as soon as the VEC 'takeover' of Tiglin is complete, AFAS will be able to concentrate on these other areas which have been somewhat neglected of late.

ON YER BIKE!

Orienteers interested in doing either the 'Wicklow 200' or the Co-operation North Maracycle to raise money for the World Championship Team for France please contact the Editor.

The cycles are both held in July, the Wicklow 200 is a 200 km, one day, jaunt from Dublin while the Maracycle is an easier 2x100 mile trip from Dublin to Belfast and back.

NI MAPPING COURSE

A mapping course is planned in Northern Ireland on May 23/24 next. If you are interested in attending contact David Blair at 05047-64902.

...and JUNIOR COACHING WEEKEND

Learmount Hostel is the venue for a Junior Training weekend on March 28/29 1987 for M/W 11 and 13, and for M/W 15 qnd 17. A Scottish coach is expected to come over to coach the older age group. Participants will be selected for the course after the first three NI competitions of 1987.

INNISOWEN 100 ON FOOT

Fancy a one hundred mile walk around the spectacular Innisowen Peninsula in North Donegal? The Rehabilitation Institute are organising a sponsored walk there on the June Bank Holiday weekend (May 29-June 1), led by Donncha O'Dulaing. The walk will start and finish at Bridge End and will proceed in a clockwise direction. Further information from Jacqueline Fennell, Rehabilitation Institute, Roslyn Park, Sandymount, Dublin 4. (01-698422).

NWOC REPEAT FAMILY EVENTS

For the months of April to June, North West OC of Limavady are to repeat their highly successful series of Thursday evening 'Family Orienteering Events' this year. The events are run at convenient forests to enable families to attend without much travelling. The same forest is normally used more than once in the series. The events start on April 2 at Formoyle. Details from Anthony McGonigle (05047-64779) or David Blair (05047-64902).

LEINSTER CONTROLLERS COURSE

A course for controllers and (especially) for aspiring controllers will be held at Tiglin Adventure Centre on Saturday, May 30th 1987. All those on the 'Potential Grade 1 Controllers' list are expected to attend if they wish to be promoted. The course will cost £5.00 for the day, including lunch, and will be further subsidised by the Leinster Region for members of Leinster clubs. Orienteers from outside Leinster are also welcome. Details from Leinster Chairman, Richard Flynn (042388)

GRIM REAPERS WANTED

Details of the 1987 Harvester Trophy have arrived. The event is, as always, a seven-person overnight relay event in Britain, starting at 11pm. This year the event is on the 4th/5th July at Pembrey in South Wales, an excellent area of forest on sand dunes in which Irish orienteers have competed before. There are two courses: 'A' for those ready for legs of 6 to 15 km, total 67km, 'B' for the Handicap Class making up 55km, subject to certain restrictions. Entries are STG£33 per team. Entry closes May 31st. Details from Dennis Lawlor, 20 Clos Tymawr, Penllegaer, Swansea SA4 1DA, Wales. Phone 03.0792. 894456. The editor thoroughly recommends it!

SWEDES DON'T TURN UP

The small group of Swedish orienteers who planned to visit Ireland in early April to coach Irish orienteers for a week have changed their plans and travel to Spain instead. The news came as the full week's programme was being finalised in late February and is a major blow to areas of the country such as Sligo and the Midlands which were to benefit from their skills. Spain has been making appeals for aid to other IOF countries, including Ireland, and perhaps the needs of Spain were greater than our own. The climate is certainly preferable: perhaps we could offer to do some mapping there? If you are interested, contact IOA.

IRISH ORIENTEER TROPHY 1987

The 1987 Irish Orienteer Trophy inter-club series will be starting shortly. This year's events will feature Blackwater Valley for the first time, while Lee Orienteers are also early entrants. Clubs interested in taking part in the competition are invited to send their registration fee of £5.00 to the Editor before the end of March. Likewise, clubs prepared to allow their events to be used in the competition should notify the Editor and these events will be highlighted in the fixture List.

Irish Orienteering Association

BULLETIN - MARCH 1987

The following Officers were elected at the recent AGM:

Chairman: **Pat Flanagan.**
38 The Glen, Woodpark, Dublin 16. Ph. 01-980928.

Secretary: **Brigid Flanagan.**
38 The Glen, Woodpark, Dublin 16. Ph. 01-980928.

Treasurer: **Paddy Keane.**
64 Carysfort Downs, Blackrock, Co. Dublin.
Ph. 01-888651

Mapping: **Pat Healy.**
Cut Bush, Curragh, Co. Kildare. Ph. 045-41625.

PRO: **John McCullough.**
34 Dun Emer Drive, Dublin 16. Ph. 01-956198.

Fixtures: **Maura Moran.**
57 South Avenue, Mt. Merrion, Co. Dublin.
Ph. 01-886382.

Junior Affairs: **Nuala Creagh.**
Dun Chuilinn, Rockbrook, Dublin 16. Ph. 01-934982.

International: **Faith White.**
The Lake House, Crookedwood, Mullingar,
Co. Westmeath. Ph. 044-72118.

Development: **Barry Dalby.**
Tiglin Adventure Centre, Ashford, Co. Wicklow.
Ph. 0404-40169

Environment: **Eoin Rothery.**
19 Kilgarron Park, Enniskerry, Co, Wicklow.

The following Regional Chairmen are also on the Committee:

Leinster: **Richard Flynn.**
9 Broadford Walk, Ballinteer, Dublin 16. Ph. 01-942388.

Munster: **Frank Cunnane.**
"Knockarea", Barnstead Avenue, Blackrock, Cork.
Ph. 021-293480.

Connacht: **Frank Ryan.**
St. Mary's, Ballinfoyle, Galway. Ph. 091-53829.

As Eoin Rothery will be away for the next three months or so, communications to him on IOA Environment business should be addressed C/O IOA Secretary.

INVITATION TO SWEDISH 5 DAY ORINGEN CLINICS 17-24 JULY.

a) Coaching Clinic for Elite Orienteers.

b) Development Clinic for those involved in promoting the sport.

Please send applications in writing to IOA Secretary to arrive not later than 20th March 1987.

This invitation covers food/lodging and material at the Clinics, free entry to the 5 Day and transport to the events.

WINNERS IN B CLASSES AT CHAMPIONSHIPS

The Executive recommend that those in the first three placings in M/W21B at National and Provincial Championships be ineligible to run in that class at those events the following year. They may compete in B class at all Championships in the one year.

SENIOR HOME INTERNATIONAL 1986

A grant of £12 has been given to each team member.

SUSPENSION REDUCED

The Executive consider that the Leinster Technical Officer's suspension of Eoin Rothery from Grade 1 controlling for two years is too long. This penalty has now been reduced to one year.

IOA

The following Representatives were elected at the AGM:

Frank Cunnane
Richard Flynn
John McCullough.

CLUB ADDRESSES

An address list of Club Secretaries has been sent to all Clubs.

PLEASE NOTIFY ANY CHANGE IN ADDRESS.

SWEDISH ORINGEN

Visit scheduled for April has been cancelled.

BEING ELITE IS. . .

The present orienteering competition structure has been with us for years. It consists of schools' events, colour events, grade 3, 2 and 1 events, regional championships, various two-day events and the National Championships. I'd like to comment on its effectiveness in catering for those who have secret ambitions of attaining a high level of competitive achievement overseas.

Success in events abroad is largely dependent on sufficient preparation at home. Events at home should, for this purpose, reflect likely competitive conditions abroad, where possible. Pre-marked maps, accurate and legible surveying, imaginative course-planning, courses of a sufficient length and keen competition are requisites.

In a recent issue of *The Irish Orienteer* it was reported that at the annual delegate meeting (Leinster Region) a motion was passed to the effect that the title of Leinster Champion could only be won by someone from a Leinster club. This, I think, is a pity because it devalues the quality of competition slightly. Fewer orienteers would actually be "competitive". Even though there might not be a significant drop in the number of participants, those athletes who would not be in contention for a title would not necessarily push themselves as hard to win as they otherwise would. Hence, a blunting of the knife-edge of competition.

This problem could be circumvented by holding a series of high quality events spread through the orienteering season. Such a system has been used in Switzerland for many years. The Swiss Federation organises a programme of standardised events of high quality offering Elite courses throughout the racing season. These are known as *National Events* and are ranked second only to the Swiss Championships. A system based on the Swiss model has been introduced in Britain in the last two years with apparent success.

In Ireland similar events could be introduced to complement the existing orienteering calendar. National events could be held in conjunction with the regional championships, but with one proviso: the closed regional event should be subordinate to the National event. Just as in Switzerland these events would be standardised.

Examples of minimum standards that could be stipulated are:

(a) that the terrain be of Championship standard;
(b) that only new terrain be used, or
(c) that new mapping of "old " terrain be used;
(d) that Elite courses (M21E, W21E) with winning times of 90 minutes and 70 minutes, respectively, be offered;
(e) that the highest quality photogrammetry, field-surveying and cartography be used; etc.

The advantages of such a system are many. The present practice of holding "closed" regional championships could be retained (though personally I think this smacks of protectionism) without diluting the quality of competition. The National events would be subordinate **only to the Irish Championships** and so would be held in high esteem. These would be events of *guaranteed* high quality offering Elite courses. They would be completely open to foreign as well as domestic competitors and should be advertised abroad as such. Such a programme of standardised events would be attractive to our own good competitors and would reflect the present "Grand Prix" trend in international orienteering in the form of World Cup competitions held in different countries.

Elite courses would bring Irish orienteering into line with the rest of Europe. It would almost certainly mean that fewer would choose the Elite courses than now choose the A-courses. One benefit of this is that there need no longer be a conflict between getting enough length into a championship course and yet keeping it short enough for the relatively unfit. The existing M21A and W21A courses could be "shortened" to 70 and 55 minute winning times, to encourage "B runners" to move up a standard. (You'll find more people running Elite classes than run many other classes combined, and if anybody is in any doubt about the necessity of having Elite courses, ask anyone who travelled to the International in the Trossachs in November 1986!)

Control of such a series of National events should probably lie with the IOA Executive, or with FIOA if Northern Ireland is to be included.

The events to be designated "National Events" could be chosen as much as one year in advance. I mentioned the four regional championships as obvious choices for National events, but if the IOA Executive, in consultation with the event organisers, deemed the terrain, cartography etc. of any particular event as not being of sufficient standard then this event would **not** be included in the programme. Events which could be considered for inclusion would be one day of the Irish Two-Day or any event *on a new map of good terrain*. We could experiment initially and feel our way with five or six National events in the first season (1988??... or the remainder of 1987!).

The implementation of such events cannot in my opinion occur too soon. Obviously the Irish Championships would also offer Elite courses.

Other non-Scandinavian countries, such as Belgium, France and the Eastern Europeans, hold Elite standard events, as do the North Americans. Unless we do likewise our good competitors will not cultivate *a self-image of being Elite*.

Lesser international events such as the 'JK' and the Scottish Six-Day provide Elite courses. To do well in these events may be all that Irish orienteers at present aspire to by way of overseas results, but even this task will be daunting unless our competitors can think of themselves as "Elite".

Being "Elite" is more an attitude of mind than anything else. It is more than just being fitter and faster and being a better navigator: it is about striving for excellence in your chosen sport. Being "Elite" is being confident that you can perform to the limit of your capabilities when it matters. It doesn't mean that you will win but rather that, having been so dedicated in your preparations, you are certain that you will give your best in competition... and this is all that anyone can hope for. Being "Elite" is being able to overcome difficulties, having an expectation of success and being without fear of defeat.

I maintain that we can make a start in cultivating such an attitude by introducing Elite-standard events. Many of our orienteers deserve to do better internationally. Their results abroad do not reflect their ability at home. So let's be decisive and implement National Events without delay!

Aonghus óCleirigh,
Curragh Orienteers.

HILL RUNNING REVIEW

Although it may have escaped most orienteers' attention, hill running during 1986 enjoyed a steady increase in the number of people competing in races and in the participation of Irish hill runners in international races.

The highlight of the year was the excellent performance of the Irish team competing in the World Cup of Mountain Racing at Valtellina in Northern Italy. On that occasion fine individual performances from **John Lenihan** (5th), **Robin Bryson** (12th) and **Gerry McGrath** (24th) contributed to an overall team placing of 4th in the 15 km race. Ireland was also represented at the Snowdon race in July and the Morbegno Invitation Relay in October.

Domestically the League Championship was decided on the very last race - the Glenmacnass Horseshoe. Before the race Michael Deasy trailed William McAuliffe by a mere two points. To clinch the Championship Deasy needed to finish four places in front of McAuliffe on whom this long, tough race took its toll: he was obviously suffering from fatigue after the previous day's Northern Ireland O-Championships. At the finish Deasy had claimed first place while McAuliffe could only manage ninth position.

The weather during the Summer of 1986, as in the Summer of '85, did not lend itself to enjoyable and fast races and thus large numbers were not attracted to many of the races. It has been decided that this year the League Championship should be decided over a much shorter period, May and June only, and that, where possible, all the races be held on Thursday evenings.

A full fixture list is to be found in this issue of TIO. Further details from: William McAuliffe, 6 Meadowbank, Bushy Park Road, Dublin 6.

(Editor's note: This review arrived minutes too late for the last TIO. Apologies to IHRA for its non-inclusion.)

IRISH HILL RUNNING ASSOCIATION - RACE FIXTURES 1987

Weekend Races

1. Saturday, 21st Feb - TIBRADDEN (start: Tibradden Car Pk @ 12.00pm)
2. Sunday, 29th March - CLASHEGALL (start: Outside Donard @ 2.00pm)
3. Sunday, 5th April - GLENBRIDE (start: In Glenbride @ 2.00pm)
4. Sunday, 3rd May - HELL FIRE RELAY (start: Hell Fire Woods @ 12.00pm)

Summer League Races (7 races out of 10 to count)

1. Thursday, 7th May - BRAY HEAD (start: South Prom @ 7.30pm)
2. Thursday, 21st May - SCALP (start: Dublin Sport Hotel @ 7.30pm)
3. Thursday, 28th May - KIPPURE (start: Featherbeds Road @ 7.30pm)
4. Thursday, 4th June - SEAHAN (start: Stone Cross @ 7.30pm)
5. Thursday, 18th June - DJOUCE (start: Long Hill Car Pk @ 7.30pm)
6. Thursday, 25th June - GLENDOO (start: Curtlestown Wood @ 7.30pm)
7. Thursday, 2nd July - SUGARLOAF (start: Calary Bog Station @ 7.30pm)
8. Thursday, 16th July - MAULIN (start: Crone Wood Car Park @ 7.30pm)
9. Thursday, 23rd July - BUTTER MOUNTAIN (start: Blessington @ 7.30pm)
10. Thursday, 30th July - FAIRY CHASE (start: Ticknock Car Park @ 7.30pm)

International Weekend

- Saturday 16th May - SORREL HILL (also Irish Championship Race)
  Start near Lackan, Blessington @ 2.00pm
- Sunday 17th May - LUGNAQUILLA
  Start at Camara Hill, Glen of Imaal @ 2.00pm

Other Championship Races

- Saturday 13th June - LUGNAQUILLA RELAY
  Start at Stone Cross, 2 mls south of Boharnabreena, at 10.00am.
- Saturday 20th June - ANNALONG HORSESHOE (Irish Championship Race)
  Start at Annalong, Co. Down at 2.00pm
- Sunday 12th July - GALTEES (Irish Championship Race)
  Start at Temple Hill in the Glen of Aherlow at 2.00pm.

For More Details, please contact....

- Douglas Barry, Chairman @ 868180 after 6pm
- William Mc Auliffe, Secretary @ 905028 after 6pm

£15 season ticket and membership.
£3 Family membership, £2 Individual membership and £1 each race.

GEN NEWS... GEN NEWS..

Once again, dear readers, a simple tale of GEN folk unfolds, covering:

..... Kiddy-O: thanks to Tom and Wyn McCormack, countless householders were saved from throttling their tiny charges, by bringing them up to a string course at Carrigolligan immediately after Christmas ... a big balloon to Tom and Wyn for their patience and effort. This leads onto the real thing

..... the GEN Grade 3 (?) event on January 25. Strong men crumbled and real men whimpered for quiche after this one: planned by Mary Healy, it gave rise to a new definition of a Leinster Champs; "something you do, to train for a GEN Grade 3 event". Just preceding the election buildup, an appeal to the electorate was made via a self-resulting process for all grades: some problems will be ironed out in subsequent events, leading on to

.....Donadea on February 22: the urban malaise seems to be spreading, with tales of stolen punches affecting enjoyment of the large numbers [up to 250] who took part in the event,

.....mapping of the Newbridge Demense: the GEN foodies have really struck rich here, with a fabulous spread being made available at recent surveying, within the restaurant complex contained within the estate house: stopping for the second half of a master map could take on a whole new dimension here. Obesity to one side, the map will hopefully be ready by summer

.....media exposure: the GEN PR machine has been on time and a half, with Irish Times interviews of both Eileen Loughman [with a big photo spread] and Maura Thornhill, resulting in a well rounded image of the sport being portrayed: enquiries to Brigid Flanagan have gone up appreciably, as an apparent consequence. Back to Eileen and the photos, one muses as the possible sequence of future events ... photo cover of TIO, photo article within the Irish Times ... possible centrefold in a well-known American publication? ..... you heard it first in GEN news .....

and finally, a soggy day in Sligo town: as the column goes to press, news of stiring doings in the northern marches of our fair land, with the GEN contingent performing well, individually and under the Leinster banner: a heartening sight, as well, is the sight of junior GENs coming to the fore (McCormacks, Thornhills etc.)

Other clips: From the Paris collections, Jane Watt has been seen wearing her LSOA hat, giving sage counsel on the advisability of insisting on out of bounds rules being observed where maps are being used for non-club events, to avoid land owners giving out ..... Andrew Bonar-Law giving out counsel ..... Counsel giving out to ABL ..... O God .....

setanta orienteers

CONTINENTAL CUP - 1988

The Club has been invited and has accepted the invitation to organise the second day of the Continental Cup in August 1988. This will be a big undertaking for us but no doubt if all Club Members throw their weight behind it, it will prove a successful one.

SETANTA SCHOLARSHIPS

Congratulations to Colette Smyth (W19) Alan Young (M17) Alan Flynn (M13) and Katie O'Hara (W13) who have been awarded Scholarships for 1987. These Scholarships are part of the Club investment in our members and help defray the recipients entry fees to events, cost of equipment etc. Would you like to win a Scholarship in 1988? Well now is the time to convince the committee you deserve one by competing in as many events as you can; winning now and again wouldn't do your chances any harm either!!

NEXT EVENT

We are all set for Brockagh on March 22nd. This will be a Grade II event.
Controller:- Willie Kee, Planner:- Bobby Buckley, Organiser:- Mervyn Eaton.

MAPPING

Croghan is finally finished - thanks to Richard and "Meitheal" and with Brian looking after the drawing we are expecting a Grade I event there in May (Brian and Jean are having a private event in March). Next on the list is Castletimon. This is being mapped for the Leinster Relays '87 and the Junior Home International. All assistance will be most welcome to complete the ground survey. Other projects on the horizon (distant) are Cloon Forest (adjacent to Ravens Rock) the redrawing of Killakee and the revision of Mullaghmeen for the Leinster Championships in 1989. PLEASE NOTE WE ARE TAKING A REST IN 1990!!!!!!!!

LEINSTER LEAGUE EVENT AT BALLINASTOE

Congratulation to SET members for a very determined effort at Ballinastoe. We ran a very close second to GEN. The result of the League that day was GEN 28 SET 25 ROC 19 AJAX 14 ECO 4 CO 3 and UCD 3. Four SET members have achieved the Leinster Badge Standard for '86: Paul Smyth, Aubrey Flegg, Colin Dunlop and Paddy Walsh.

TRAINING

Remember this continues every Tuesday at the Dundrum Recreation Centre at 8.00 p.m. On the first Tuesday of every month the Club Night featuring interesting O-topics is held. Next on the list is April 7th when Orienteers will give a talk. All Orienteers are very welcome.

NATIONAL CHAMPS

The Club have booked accommodation and are hiring a mini-bus for this trip to the far south western regions of Cork i.e. Glengariff, Friday 24th - Sunday 26th April.
If interested RING BOBBY at 988815 NOW.

SUBS

Subs for 1987 have been due since 1st January. In case it slipped your mind here are the details

FAMILY	---	£10.00
INDIVIDUAL	---	£ 8.00
STUDENT	---	£ 5.00
JUNIOR	---	£ 3.00

"NOT THE NINE O'CLOCK NEWS"

Due to lack of space this feature has been held-over. Any inconvenience caused is regretted. Special apologies to Arthur Green !!!!!

1987 INTERVARSITIES

For the second year in succession Galway has undergone an invasion of third level orienteers. Last year the venue was Woodlawn and the Connacht Championships, this year it was Killary and (for the first time) a specially laid-on event.

Intervarsities orienteering in Ireland generally involves a good deal of conviviality and IV'87 (Intervarsities und Veekendavay 1987 in mock German) turned out to be no exception. A busload of orienteers from UCDO, BSO and KSO in an unholy alliance and the odd Setanta member meandered in the general direction of Galway on the night of Friday 30th January. No-one seemed unduly perturbed by the thought of running on Killary, however we were to learn our lesson on Sunday. UCGO, who were hosts to the event laid on a welcome in Salthill, best described as Galway's answer to Las Vegas. Saturday was spent in arduous preparation for the main event (eating drinking and generally having a good time).

Sunday dawned early (too early for some) and wet. The day continued wet and cold, only clearing up once we were well on our way home. I was one of the first runners out and found myself standing in the start boxes at 10.30 in horizontal heavy rain. This kept up throughout the event, with some slushy hail thrown in for variety. This was the first time in Killary for many of the competitors and proved a salutary lesson in contours ("Hey look at all those brown lines!").

The major problem was the going which was horrific -impossible to keep your footing. The information sheet recommended wearing studded shoes but the ground was so soft that they proved virtually useless. I spent as much time slithering as I did with my feet reasonably securely planted on the ground.

I found the course OK, given the terrible weather conditions. It would have been great if the sun had been out but apparently good weather was beyond the grasp of UCGO's weathermen. Near-zero temperatures with driving rain and high winds forced many of the competitors to retire, and bringing down two people with hypothermia. In the intervarsities the winners were:

Mens open: UCCO (DUO 2nd, UCDO 3rd)
Womens open: DUO (no other teams managed to finish)

Eoin Rothery ran the 11km A Course in under 100 minutes, an almost superhuman feat given the conditions. All in all, a good time was had (except for the organisers, who had to take in the controls and the runners, who had to go out in the worst weather I had ever seen at an orienteering event. UCGO had a very hard time with the weather and their results team sensibly decided that dscetion was the better part of valour and went to hide in the organiser's tent. As a result we only found out who had won when we got back to Dublin. Our thanks are due to UCGO for laying on the first 'real' Intervarsities event in a long time.

Arthur Green

VOC RAFFLE

A wooden jigsaw map of Europe has been donated by Jean Mullen (3ROC) as a prize for a raffle to raise funds for the World Championships Team.

Tickets will be on sale at events.

SMOC CHANGE NAME

Newly-formed South Meath Orienteering Club have decided to change the club's name to Trim Orienteers-South Meath Orienteers. This move will be greeted with delight by those who think that O-clubs names should be clever or catchy: 'Trim Orienteering' is a form of the sport much practised on the Continent, involving permanent courses with controls visited over a period gaining a certificate or badge for course participants. There has been a long tradition of clubs with odd names in the sport: Happy Herts, Octavian Droobers and Combined Harvesters spring to mind - not to mention our own Great Eastern Navigators!

CompassSport reports the foundation of a new English club, South Midlands OC (SMOC).

CARD CARRYING ORIENTEERS

Membership cards have been issued by IOA to clubs which have paid their 1987 affiliation fees. The cards will be distributed to club members and will entitle them to reductions in event entry fees. If you have no card you will have to pay the full non-members' rate, so make sure your club has paid up!

Clubs which haven't paid up are not covered by the IOA insurance policy for any events they may run.

CONTINENTAL CUP PLANS ADVANCE

Pressure of work has meant the withdrawal of Event Controller Aubrey Flegg and Assistant Controller David Quinn from the *Continental Cup* organising team. Their places are to be taken by John McCullough and Arthur Green. The *Continental Cup* and *Emerald International* take place in Ireland in July 1988 and comprise a two-day Individual race, a Relay and a Training

3ROC DO IT AGAIN

The 3ROC Quiz Team has triumphed again in the last of Setanta's fund-raising table quizzes. The final score was 3ROC 56, GEN 54, out of a possible 63 points. The proceeds of the night's work were kindly donated by **Setanta Orienteers** to the IOA International Fund to assist the Irish World Championship team. About 36 four-person teams took part in the quiz.

BORD FAILTE O-SHEETS

Bord Failte, the Irish Tourist Board, have reissued their annual orienteering information sheet. The page lists club addresses and gives details of the sport and how to go about starting it. Copies may be obtained from local tourist offices or from IOA (in small quantities).

IRELAND v SCOTLAND AGAIN

The annual Ireland v Scotland orienteering challenge has been renewed and will take place as usual in two parts this year. The matches will be at the Scottish Championships near Aberfoyle, 30 miles north of Glasgow on June 6/7, and the second leg at the NI Champs near Limavady on September 26/27. Teams will consist of 28 runners: 4x19, 5x21 and 5x35 class for men and women, the same format as the Ward Senior Home International.

SAUNDERS LAKELAND MM

This year's Saunders Lakeland Mountain Marathon is being run over the weekend of July 4/5, the same weekend as the Harvester Trophy Relays in South Wales. Entries for the SLMM close on May 21st. The usual four classes are provided and entry forms and further information may be obtained from SLMM, Low Jock Scar, Selside, Kendal, Cumbria LA8 9LE, England.

INTERNATIONAL SELECTION

Selection for the Ward Junior and Senior Home Internationals, the Ireland v Scotland Challenge in Scotland on June 6/7 and in Ireland in September and for the World Championships in France in September will all be taking place before long. Be prepared! The Team Manager for the two Ireland v Scotland matches and the Ward Senior Home International will be Lagan Valley's Colin Henderson, until recently Chairman of NIOA.

LVO DIVIDE AND JOIN AGAIN

In an effort to strengthen club identity, Lagan Valley Orienteers have formed three local groups in Lisburn, Bangor and Belfast. 'Phoenix Orienteers', the Bangor offshoot reported in a recent *TIO* has become the Lisburn group. The difficulties were caused, at least in part, by the need to travel to meet and train together. Now club fixtures are run by each 'team' in turn. Ian MacNeill take note!

INTERPROVINCIAL RESULTS

Hot off the press, here are the official results of the 1987 Inter-provincial match held at Union Wood on March 1st: **Leinster 266 points,**
Munster 178 points,
Ulster 163 points,
Connacht 52 points.
The real tussle is between Munster and Ulster, as you can see. The complexity of the scoring system allied to the bad weather and the fact that many competitors had no club, class or province marked on their cards contributed to the delay in producing results on the day. The organisers apologise and promise to do better for next year's Irish Championships.

A new scoring system, similar to that used in the *Irish Orienteer Trophy* competitions has been suggested as a faster way of doing the results. This would also do away with the need to select teams from the different provinces. Any ideas?

TEACHING ORIENTEERING

A special pre-publication price is available for the new book by Carol McNeill, Jean Ramsden and Tom Renfrew, **'Teaching Orienteering'**, published by the British Orienteering Federation. The book is expected to be a valuable aid to instructors teaching at all levels from beginners to experienced competitors. The authors are well known orienteers: Carol McNeill and Jean Ramsden are PE teachers and have represented Britain in World Championships on at least six occasions, while Tom Renfrew specialises in teaching orienteering in Scotland. The book runs to 144 A4 pages with more than 100 coloured maps. For orders received before 30th April the price is STG£16.95, a saving of STH£2.00. Postage is 66p per book. Available from **Harvey Map Services, Mile End, Doune, Scotland FK16 6BJ.**

JUNIORS!

Have you forgotten the **Environmental Essay Competition** you heard about in the 1987 Junior Newsletter you got in January? You'll all be glad to hear that the closing date for entries has been put back to April 1st so you'll have time to put pen to paper now: jump to it!

WORLD'S HIGHEST MARATHON

If orienteering doesn't seem tough enough for you, why not try a marathon in Nepal? You might even be able to combine it with some orienteering in Tibet (See *TIO* 27). A marathon from Gorak Shep to Namche Bazaar, starting at 5184m and finishing at 3446m, is being run on November 28th next. Entrants will fly from London on November 7th and travel by land from Kathmandu. There will be a fun run in Kathmandu in early November to raise money for various local charities. Last year's Nepal half-marathon was won by two Sherpas with no previous running experience or training, while organiser Tony Hunt took almost four times as long as usual to complete the course.

Details from Bufo Ventures, 3 Elm Grove, Bowness-on-Windermere, Cumbria LA23 2JN, England.

ORIENTEERING FIXTURES 1987

March

21	**KILLAHALLY**	Lismore, Co. Waterford. Cork O Grade 2 event. GR X 08 94
21	**SOMERSET**	Coleraine, Co. Derry. NWOC Ladder event. GR C 74 30
21	**FINNER**	near Bundoran, Co. Donegal. Sand dunes. FCA Championships, Western Command. GR 84 60.
22	**BROCKAGH**	near Laragh, Co. Wicklow. SET Leinster League event. GR T 12 97. Lots of boulders and badgers but a good view of Glendalough.
22	**GLENSHELANE**	Cappoquin, Co. Waterford. Cork O Relay event. GR S 11 02
22	**ISLAND WOOD**	Newmarket, Co. Cork. BVOC Grade 2 event. GR R 37 05.
22	**KILLARNEY**	Co. Kerry. KO event at the Town Park. GR V 96 91.
22	**HILLSBOROUGH**	Co. Down. LVO informal event. GR J 24 57.
28	**MUNSTER TWO-DAY**	**Coumshingaun**, Co. Waterford. Mostly open mountain in the Comeraghs. GR S 34 10. Fast but physical. WATO event.
29		**Galtee Wood**, near Mitchelstown, Co. Cork. Cork O event. Pre-entry by March 1. GR R 88 18.

April

4	**CASTLEWELLAN**	near Newcastle, Co. Down. Picturesque forest near the Mournes. LVO Ladder Event. GR J 32 37. Fitness useful!
5	**AHERLOW**	Co. Tipperary. Lee O Grade 2 event on the north side of the Galtees. GR R 89 27.
5	**DONADEA**	near Clane, Co. Kildare. Leinster Schools' event. Lovely fast, flat forest. GR N 84 33. Long queues are likely.
5	**MOUNTBELLEW**	Co. Galway. Connacht Schools event. Flat forest with some interesting areas. GR M 66 46.
12	**MUCKROSS**	Killarney, Co. Kerry. KO Munster League event. Superb views. GR V 97 85.
12	**PORTMARNOCK**	Co. Dublin. 3ROC score event on sand dunes ***to raise money for Irish World Championship Team.*** GR O 25 43.
17-21	**JK'87**	**Jan Kjellstrom Trophy**, Scarborough, Yorkshire. Britain's premier orienteering event. Training, two-day individual, relay. Usually well worth going to. Entries closed Feb 28.
20	**BALLINASTOE**	near Roundwood, Co. Wicklow. GEN score event. A new venture for those not at the 'JK'. GR O 17 08. Get there before it's all felled!
25	**IRISH CHAMPIONSHIPS:**	**INDIVIDUAL Glengarriff**, Co. Cork. Run by Cork O. Pre-entry by March 14.
26		**RELAY** Glengarriff. GR V 91 57.

May

3	**CAPPANALEA**	near Killorglin, Co. Kerry. KO Munster League event. Open mountain and marsh. GR V 72 88.
9	**NI RELAY CHAMPIONSHIPS**	Cairn Wood, Dundonald, Co. Down. Event may be run at Slieve Croob if the map isn't ready. GR J 45 76.
10	**CARRICK MOUNTAIN**	Glenealy, Co. Wicklow. 3ROC Grade 1 event. GR T 23 93. Mixed mature and young forest. '86 Leinster Champs map. Entry on day only. Come early to avoid disappointment. Final of Leinster League competition.
10	**TOBBEROE**	near Athenry, Co. Galway. Western Eagles OC Grade 3 event. Flat forest. GR M 45 26.
16	**BELVOIR**	Park near Newtownbreda in Belfast's southern suburbs. If you have to ask directions, ask for 'Beaver'. GR J 35 69.
17	**MALLABRACKA**	Lee O event somewhere near Dunmanway, Co. Cork.
18-23	**CISM '87**	International Military Championships, Wicklow. About fourteen nations are expected to take part.
24	**CROGHAN MOUNTAIN**	in South Wicklow. SET Grade 1 event. GR T 14 73. Pre-entry required.
30	**PORTSTEWART**	Co. Derry. Good area of sand dunes with a 1:5000 scale map. Annual NWOC event. Fast but prickly! GR C 80 36.

June

6	**CRAWFORDSBURN**	near Bangor, Co. Down. GR J 44 81. LVO informal event.
6	**BALLYDREHID**	near Cahir, Co. Tipperary. Cork O event, day one of *Munster O-Ringen.*
7	**PORTLAW**	Co. Waterford. Day 2 of *Munster O-Ringen.* Event postponed from February 8th. Pre-entry. Details later.
13	**FLORENCECOURT**	Co. Fermanagh. FermO ladder event. Open mountain and forest, very boggy. GR H 17 33. Visit the caves too.
28	**PINE FOREST**	Co. Dublin. 3ROC Grade 2 event. Revised map. GR O 13 22.

July

8-12 **EUROPEAN JUNIOR CHAMPIONSHIPS** Lake District, NW England.

August

2-6	**HIGHLAND '87**	Scottish Six-Day event, Beuley, near Inverness. Well worth attending for a taste of a big international event.
31-Sept.6	**WORLD CHAMPIONSHIPS**	Vosges Mountains in Eastern France. Event Centre is Gerardmer and La Bresse.

September

12	**SLIEVE CROOB**	near Ballinahinch, Co. Down. LVO Ladder event. Superb area of runnable open mountain and so-so forest. GR J 32 47.

AJAX Athletic Hill Running and Orienteering Club

The Annual General Meeting of **AJAX** was held on Feb. 7th. Attendance could have been a lot better but was sufficient to form a new committee - with a few new faces at that! The new committee is as follows:

Chair / Relay officer:	Rosaleen Rice	Ph:942101
Secretary:	Deirdre Lewis, 48 Longwood Ave, SCR, Dublin 8.	Ph: 534954
Treasurer/Map Sales:	Jimmy O'Brien,	Ph:518551
Juniors/Mapping:	Niall Rice	Ph:942101
Training:	Peter Gargan	Ph:946056
Newsletters:	William McAuliffe	Ph:554722

Our event held in Saggart Wood on March 8th was successful. Attendance was very good considering it wasn't decided upon in time for inclusion in the last TIO fixture list.

Members did very well at the Connacht Champs and Inter provincials in Sligo. Eugene, Aileen, Edward and Aine did particularly well, all taking prizes on both days. Rosaleen's first place in the W 40's must also be commended.

We'll all miss Eoin during his three months in Geneva but we may see him at the Irish Champs along with one or two other returned AJAX travellers. Paddy has been missed too - I wonder if his roof is back on his house yet - and I wonder if his ears were burning during the AGM while a certain member did his best to keep him off the committee. But the position of social secretary remains open if you want it Paddy - who says you are a bad influence to committee members?

Finally good luck to the new committee and to all members good orienteering in 1987!

-TARA HORAN

FUTURE CONTACT ADDRESS FOR AJAX OC
Deirdre Lewis (Secretary)
48 Longwood Ave
SCR,
Dublin 8 **Phone:** 534954

Ajax Athletic, Hill Running & Orienteering Club founded in 1979.
Joined Irish Orienteering Association 1979. Founder members of the Irish Hill Running Association 1980.
Membership of Bord Luthcleas na hEireann applied for.

THREE ROCK ORIENTEERING CLUB

Welcome to all our members, new and old, from your new Committee. The people elected at the AGM to serve you this year are:

Chairman:	Ted McGrath, 42 Clonard Drive, Dublin 16. (955020).
Secretary:	John Downey, 32 Scholarstown Road, Dublin 16. (942812).
Treasurer:	Trina Cleary, 16 Dodder Park Road, Dublin 14. (904177).
Juniors:	Peter Glanville, Derryclare, Ballycorus Rd., Kilternan, Co. Dublin. (955557).
Events:	Brian Hollinshead, 62 The Rise, Mount Merrion, Co. Dublin. (881456).
Mapping:	Barry Dalby, Tiglin Adventure Centre, Ashford, Co. Wicklow. (0404-40169).
Committee:	Ian MacNeill, 7 Taney Lawn, Dundrum, Dublin 14. (982762).
	John McCullough, 34 Dun Emer Drive, Dublin 16. (956198).
	Michael McAuliffe, 17 Windermere, Gilford Road, Sandymount, Dublin 4.

What delights have we planned for our members for 1987? Start with the **club training** event at St. Helen's, Booterstown, on Friday, **April 3rd**. Training resumes at **Marlay Park** (in the car park near St. Columba's) each Wednesday **from April 8th** at 6.30. Further club training events will be in Marlay Park and Kilmashogue Wood. Details of these are on the enclosed sheet.

Events start on **April 12th** at Portmarnock where we run a fund-raiser for the World Championships, followed by **May 10th** at Carrick (the best time of year there) for a Grade 1, entry-on-day event, and Pine Forest on **June 28th**. We need volunteers to help at all these events.

Mapping, of course continues: Three Rock is being revised, and other projects are on hand. **Orienteering suits** are again available: contact Trina Cleary. The new red **club tent** will be making its first public appearance soon, so keep your eyes peeled! Reservations may have to be made to use it for shelter or changing at events.

Relays: If you want to run in any forthcoming relay competitions contact John McCullough without delay.

Finally, congratulations to all the 3ROCKers who won prizes at the Connacht Championships weekend. Well done! And don't forget to enter the Irish Champs in time (late entries up to April 7 with an extra fee.)

Good orienteering!

affiliated to the irish orienteering association

JUST A MINUTE

A copy of the minutes of Great Eastern Navigators' 1985 AGM has come into the possession of TIO. Other clubs might be interested in its style and (especially) its brevity:

GEN AGM 1985. Meeting held 20 December, 1985. Secretary's report read, Financial report circulated, Committee elected: Andrew Bonar Law (Chairman), Paget McCormack (Treasurer), Michael Hewson, Brendan Doherty, Joan Mirrissey, Maura Moran, Caroline O'Friel, Philip Ryan, Tom McCormack and Don Thornhill (Secretary). Discussion brief. No recriminations, much festive rejoicing.

STEPS IN COARSE ORIENTEERING

I have been running (jogging is a term of insult) for about five years and had confessed to an orienteering friend that it sometimes got tedious. That was the start of the slippery slope that led me to faraway places with strange sounding names like Three Rock, Carrickgollogan, Rossmore and Musheramore. I am now a fully qualified coarse orienteer.

One of the chief traits of said c.o. (not the real C.O.) is his ability to use a compass to lose his way. Rough orienteer, a true expert in spite of the adjective, takes an approximate bearing and goes; the coarse orienteer takes an exact bearing but makes an error of 180° . Some hundreds of metres and several minutes later he realises his mistake. If he's lucky he's still on the map and may work out his position in time; if he's off the map, well.....

The orienteering map is a work of art especially if you have been reading the imaginative, fictional maps which hill-walkers have to use. The trouble with the orienteering map, though, is that it has too much rather than too little - all those shades of green and yellow and brown can be very confusing, especially when your brain is lagging behind your legs. The genuine c.o. just goes through all the colours as if they were white; the blood he displays may intimidate some of the more frail opposition and the scars make a good talking point.

The big day, of course, is the first major event with a premarked map. It comes with a list of controls with funny symbols, like V and upside down V and closed circles and open circles and solid lines and broken lines and wavy lines and wavy lines between solid lines and combinations of all or any of the above. Too late you realise that the whole exercise has been devised by a member of the Barnum school whose motto is 'Never give a sucker an even break'. You're out there and you have to go through with it. When you get lost, there's bound to be an M11 or W11 in the neighbourhood. He or she is bound to take pity on you as you stand with furrowed brow and more furrowed map. You swear never again but if you're made of the right stuff you'll be back next Sunday for more. In time, who knows, a day may come when you find all the controls without help.

Don Adean

THE QUIET LIFE

If controversy is what you want you would have been sadly disappointed by the Annual General Meeting of the Irish Orienteering Association in Sligo on February 28th last. A poor initial attendance caused by late starts and long courses at Slieve Daeane/Ballygawley ensured that the meeting started late, and the temptation to attend 6 o'clock Mass in the church next door -unfortunately in the middle of IOA International Officer **Faith White's** report- disturbed the business of the meeting further. Outgoing Chairman **Alan Shaw** made all the usual outgoing Chairman remarks: he had spent the last eight years on the IOA, man and boy, and now moves on to fresh fields and pastures new. He mentioned that the dormant Technical Sub-Committee needed re-activating, that more people must become active in running the sport, and that we have a busy year ahead, with WOC, CISM and the Ward Junior Home International in Ireland.

Secretary **Brigid Flanagan** reported on the major events of the year and said that we now have 32 clubs and 2700 members here. Later **Paddy Keane** was to dispute this, as only 16 had affiliated last year, but more of this anon.

Paddy Keane, Treasurer, pointed out the salient features of the accounts (IOA has £544 to its name but is owed a great deal by clubs). He pointed out that only 16 clubs had affiliated last year, that 12 of the others had paid neither 1986 or 1985 affiliations, and that some had not paid since 1984. None of these clubs are covered by the IOA Insurance policy, he said. Several startled looks in the room, hair standing on end, etc. He also pointed out that clubs must pay 10% of their event income to IOA as an event levy (levies were down nearly £300 on 1986). **Pat Healy** professed ignorance of the IOA Levy, amid hoots ofincredulous laughter by the assembled throng. Pat was subsequently elected to IOA for his penance. **Bernard Creedon**, new Munster Secretary, asked that details of clubs' financial responsibilities *vis a vis* the IOA be given in The Irish Orienteer.

Barry Dalby, in a remarkable dual feat of bilocation and impersonation of Alan Shaw, presented reports on his twin pigeons of Mapping and Development while NI Newsletter **Wilbert Hollinger** lurked near the door, observing the goings-on with interest and making copious notes. **Maura Moran**, Fixtures Secretary, undertook to keep clubs informed of fixtures in advance and asked that she, in return, be sent completed registration forms and fees for events in plenty of time. This was followed by a disjointed harangue by PRO **John McCullough** of which the less said, the better.

Junior Affairs Officer **Nuala Creagh** then took the floor. After several minutes she was persuaded to give it back so the meeting could continue. She aquiesced and merely delivered her report: she said "Our people are very scattered" (I think she meant geographically speaking, but who can tell), but thanked **Aonghus O'Cleirigh** and **Eoin Rothery**, among others, for their work with juniors. Orienteering has been mentioned for inclusion in the Community Games, but it may not be a practical proposition. She urged planners to be conscious

of the requirements of M/W 10/11's in terms of course difficulty and expressed the hope that the new IOA Registration Scheme would help with keeping track of juniors, especially with regard to changes of age-class. We learned that a Junior Training Weekend is planned for next June.

International Officer **Faith White** reported on comings and goings on the international scene and lamented that she was spending too much time writing letters (123 last year). She described the visits of Swedish and Czech orienteers here in 1986 and informed us that the planned visit by Swedes in April has been cancelled, much to everyone's disappointment. 1988 will see the Emerald International and Continental Cup events in Ireland, and probably a meeting of the IOF Scientific Group at the same time.

Eoin Rothery, Environmental Officer then took over to deal with two constitutional amendments proposed by him: that an Environment Officer should become part of the IOA Executive, and that the responsibilities of the IOA should include (i) developing the sport so that everyone, regardless of physical, social or other conditions can participate, and (ii) preserving the environment in which orienteering occurs. He gave us a wide-ranging discourse on the potential problems of access and conservation, including the recommendation that start and finish areas be sited in secluded areas so that visual and noise pollution are avoided in relation to the general public, that the IOF recommends that in lichen-covered areas no more than 50 runners visit any one control, and that the Forestry Department are still finding nails in trees, despite repeated calls from IOA to stop this dangerous practice. Both Eoin's motions were carried.

The 'election' of officers followed, but no actual election was required since there was only one nominee in each case. **Pat Flanagan**, a long-serving orienteer, selector and ex World Championship Team manager was selected as Chairman and **Pat Healy**, another Tipperaryman, was given the job of Mapping Officer on condition that he didn't go to any of the meetings (his condition, not IOA's). The other Officers are listed on the IOA pages.

There was an election for the three IOA representatives on the FIOA, the body which co-ordinates international affairs and represents both IOA and NIOA. Colin Dunlop, Ted Russell, Richard Flynn, Maura Moran, John McCullough and Frank Cunnane were proposed and, like Barcus, willing. Ted McGrath, on the other hand, was proposed but unwilling. After a plea for a Munster representative on FIOA by Alan Shaw, **Frank Cunnane** swept all before him in a landslide victory, followed by **Richard Flynn** and **John McCullough**. The IOA can still nominate up to three more members of FIOA. The remaining candidates lost their deposits.

During the counting of votes, **Aonghus O'Cleirigh** made an eloquent plea for National Events with longer, elite courses, and a discussion followed. It was felt that the winning times were too short at present and that therefore course lengths at the top level should be increased. The organisers do, however, have a responsibility for the safety of competitors and should not let them out on courses too long for their abilities, so that entry to the top (elite?) courses should be restricted. It was agreed that IOA discuss this at their first

meeting. A show of hands on the feelings of the meting as to whether elite courses should be provided was almost unanimously in favour, the only dissenting palm being that of **Liam Convery** who raised his hand when the question was put if antbody was 'violently opposed'. **Sean Cotter** was evidently confused, as were most of IOA, as to why his request for permission to run elite classes in IOC '87 had been refused. His plan had been for a very restricted Elite, but the liklihood is that it may be either unrestricted or self-regulating.

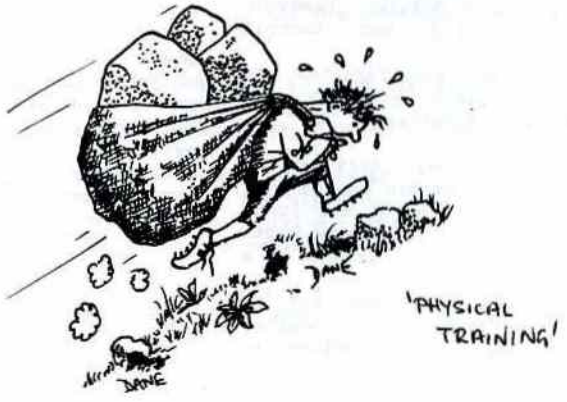
John McCullough asked whether any plans were afoot to raise money for the 1987 World Championships in view of a 1984 decision not to fund the '85 WOC in Australia but to put everything into WOC'87 in France. Nobody knew, and the Team Manager, **Ted Russell**, was not at the meeting and so could not answer any of the questions. A letter had been sent to the team manager some weeks ago but no reply had been received. **Sean Cotter** thought it wasn't the team manager's job to raise money, but he is the only one who knows anything about the event, the rules, the cost etc. Sponsorship and fundraising are areas too long neglected by orienteering, and it was suggested that perhaps a professional fund-raiser be employed by IOA. **Eileen Loughman** said that much fundraising could be done for WOC on a personal basis and that she would be prepared to help but not to take any major part. (What are the Squad doing to raise money: they are the ones who will benefit?).

Pat Healy, towards the close of the meeting, had a brief fashion show of the new Irish Team O-suit (green, blue and white, and very nice too), and outlined some of the preparations for CISM in May: 14 countries are expected, with about 150 competitors.

The meeting concluded, and all went in for dinner (excellent value at £5). The IOA had for the first time a display of books, leaflets, maps, magazines and other material either sent to it or available from it, but not enough people came to see it before the meeting. Better luck next year! The organising clubs did a great job in laying on the Bonne Chere in Sligo for the meeting, the meal and the evening. Well done.

Maybe next year the controversy will return.

J.McCullough.



WOC '87 QUALIFICATION RACE

In case you didn't know, just getting on the Irish Team for WOC'87 isn't enough: you have to run a qualifying race the day before the Individual event as well. Each country is entitled to one man and one woman in the Final, the rest who get to the Final have to qualify. So step up the training. Aonghus O'Cleirigh, one of our top orienteers, is reported to be doing very long runs in the mountains in preparation for the year's races, with Denis Murphy (currently UCCO's star) on his heels.

The qualification race was abandoned in Australia for WOC'85 because smaller numbers of runners were anticipated. In WOC'83 in Hungary Ireland had only the two statutory runners in the Final, Eileen Loughman and Wally Young. The whole team, of course, get a run in the Relay, two days after the Individual race.

AFAS ACCESS AND CONSERVATION

The annual Conference of the **Association of Adventure Sports**, to which IOA is affiliated, was held at Tiglin on February 7th, and the theme was the perennial one of "Access and Conservation", although this time with a more urgent note to it. The three main causes of concern were:

(i) the access problems for canoeists and for Centre owner Jim Clancy at Lough Inagh in Co. Galway (now reportedly resolved as far as canoeists are concerned by some sterling negotiation between Eugene Gallagher and Chris McAuley (remember him?) of the ICU and Carroll Industries),

(ii) the proliferation of small hydro-electric schemes in mountain areas (grant-aided by the EEC), and

(iii) the recent court case in which a Dublin businessman was awarded £143,000 (yes, one hundred and forty three thousand pounds) because he broke his leg in a hole in the ground in a forest picnic area.

Discussions followed and an action group was set up to monitor access and conservation problems as they apply to adventure sports.

INTERVARSITY O-ASSOCIATION

At the recent Irish Intervarsity Orienteering Championships at Killary, Co. Galway a group was set up to oversee the running of the annual Intervarsity O-Champs and to co-ordinate events like the World Student Championships which have largely fallen between the two stools of IOA and FIOA in the past. The group is to be called the '*Irish Orienteering Varsity Association*' (IOVA) and will have a committee of Chairman, Regional Secretaries and Treasurer who will meet two or three times each year.

Details can be obtained from **Caitriona Morrish, 3 Nun's Island, Galway.**

NATIONAL ADVENTURE MARATHON

June 1st 1987 is the date for this year's National Adventure Marathon to be held in Kerry. No details are yet to hand, but the format in 1985 was a triathlon of hill running across the Reeks, canoeing on the Lakes of Killarnay and orienteering at Muckross. Details of the 1987 event can be had from **Donal Dowd, Cappanalea Outdoor Education Centre, Oulagh West, Caragh Lake, Co. Kerry.** (066-69244)

Also on the Cappanalea programme for this year are an Environmental Conference on March 27/29 and an introductory orienteering course on September 18/20.

DRYATHLON A POSSIBILITY

Following similar competitions in Denmark and Britain there is a chance of a 'Dry-athlon' competition during the coming summer for those who are fit but who don't like swimming. The sports usually associated with this event are running, cycling and orienteering. More details later, if there is any interest.

EASTINGS

Leinster Badge Standard: The following have been awarded badges for 1986

W. McAuliffe	P. Smyth
D. Reidy	A. Flegg
M. Healy	J. Watt
M. Walsh	U. Creagh
C. Dunlop	P. Walsh
J. Flegg	B. Flanagan
D. Large	E. Rothery
P. Gargan	A. Rice
H. Creagh	E. Loughman
D. Tyner	C. Bonar Law
N. Rice	P. McCormack

A. Bonar Law. All will receive their badges over the next few weeks. The badge awards will continue for 1987.

Controllers' Course: A course will be organised in April, possibly in Tiglin. The course will cover controlling, planning and organising; it will be mandatory for those on the provisional list of Grade 1 controllers and those Grade 2 controllers who wish to be eventually upgraded. It is hoped that Grade 1 controllers will also attend and contribute to the course. It is necessary to know how many are interested in attending so please contact Richard Flynn 942388 as soon as possible.

Junior Affairs: '87 training commenced with a very well attended session at Masseys and continues with sessions to be organised by 3ROC and Ajax. With the Home International and Continental Cup looming large on the horizon every effort should be made to attend.

Visit of Swedish elite orienteers: This visit has been called off. It appears that these Nordic gods would prefer to sun themselves in Spain. Preparation for the visit was well in hand with clubs and individuals committed to helping with the organisation. It is to be hoped that the IOA will convey to the O-Ringen our disappointment and annoyance.

Munster forges ahead: Our thanks to John for drawing our attention to the fact that Leinster orienteering is in the doldrums (unlike the Titanic). It would compare unfavourably with Mother Hubbard's cupboard.

A council meeting will be held probably after CISM and it is hoped that we will be able to improve the situation for next season. In hte mean time we have Grade I's on Carrick, Croghan Kinsella and Nick's Kopje (editor's note: Glencap Commons) which should help to salvage something of this season.

Endymion Award: The dearth of good orienteering in Leinster has meant that this award must go outside the region. Alan Shaw is the

worthy recipient for his event at Sallybank. A feature of this event was a dead horse. Whether the horse died at the last control (like the LOA chairman) or the control was sited beside the corpse (copse?) I don't know but the effect on us wimps from Leinster was devastating. You have to have a strong stomach to orienteer with Alan Shaw.

IOA Mapping Courses: The LOA will cover the cost of these courses for any M/W 17, M/W 19 or student who wish to take part.

Timely Reminder: A printout timer is available from Brendan Doherty (the new LOA secretary). Cost of hire is £4.

Overprinter: A replacement set of rubbers has been bought (at enormous cost) for the overprinter. We ask clubs to exercise care when using it.

Results: In order to facilitate the awarding of points in the league and grading for badge awards would clubs when submitting results please clearly state the length and age classes of courses.

SMOC: Welcome aboard the Titanic. We now have a very good orchestra.

LOA INTERCLUB LEAGUE RESULTS

Two more stages of the League have been run, at Saggart and Ballinastoe. Unfortunately a major problem occurred with the results for Saggart, so it had to be abandoned for League purposes. Future League stages will be held at Brockagh (hosted by Setanta) on March 22nd and a final at Carrick on May 10th.

SENIOR LEAGUE

CLUB	CURRENT SCORE	BALLINASTOE	TOTAL
3ROC	42	18	60
Setanta	26	25	51
GEN	24	22	46
Ajax	9	14	23
Curragh	13	3	16
ECO	11	4	15
BSO	7	0	7
UCDO	1	3	4
KSO	0	3	3
WO	1	2	3
DUO	2	0	2
Custume	1	0	1

JUNIOR LEAGUE

CLUB	CURRENT SCORE	BALLINASTOE	TOTAL
3ROC	15	17	32
GEN	15	9	24
Ajax	10	11	21
Setanta	14	3	17
WO	10	1	11
DLSO	2	3	5
ECO	2	0	2
Curragh	1	0	1
WHO (??)	0	1	1

RESULT OF GEN EVENT AT CARRICKGOLLOGAN JAN 25 Planner: M. Healy

A COURSE 8.9k 390-

| | | |

ULTS of 3ROC Colour Event, Phoenix Park, Dublin, 15 February 1987.

e Course 10.6 km

D.Reidy	ECO	M35	54.32
P.Gargan	AJAX	M21	58.55
P.Smyth	SET	M21	59.43
M.O'Hara	AJAX	M35	64.52
H.Inglis	GEN	M40	65.13
D.Deasy	SET	M21	69.57
A.Butterfield	DUO	M21	72.58
F.Ryan	ECO		76.24
R.Flynn	SET	M40	77.07
J.Kehoe	SET	M21	81.21
C.Carter	KHOC	M17	82.49
M.Geoghegan		M21	87.22
N.Farrell		M21	100.12
B.Henderson	KHOC	M17	101.11
B.Buckley	SET	M40	60.01
(#18 wrong)			
M.McInerney	ECO	M21	69.04
(no codes written)			
J.Higgins	AJAX	M21	77.21
(#1 missing)			

Course 8.5 km

A.Flegg	SET	M40	47.31
D.Quinn	GEN	M21	52.16
G.Smith	3ROC	M35	56.49
J.Colclough	CO		57.39
N.Murphy		M21	59.40
M.O'Driscoll	WEO	M21	59.52
G.Cunningham	UCDO		60.04
W.Quinn	TrimO	M21	60.47
T.Ayton	TrimO		61.33
A.Bonar Law	GEN	M50	62.46
L.Ward	GEN	M40	62.58
J.Reilly	TrimO		63.46
J.Watt	GEN	W35	63.54
G.Condon	ECO	M17	64.03
A.Graham	ECO	M21	64.14
S.Hanley		M40	64.15
J.Bent	SET	M45	64.23
M.O'Keeffe	SET	M21	64.40
K.Mayne	CO		65.06
B.Doherty	GEN	M40	65.13
D.Watt	GEN		65.53
M.Hewson	GEN	M55	66.47
E.Corcoran	GEN	M21	66.59
B.Brogan			68.48
J.O'Brien	AJAX	M40	69.18
J.McCann	3ROC	M15	71.49
C.Smyth	SET	W21	72.25
P.Cullen	AJAX	M21	72.30
A.Cullen	SDOC		72.46
H.McBryan	3ROC	M35	73.55
P.Nugent	ECO		74.01
D.Walsh	3ROC	M40	74.09
A.Hannigan	AJAX	M40	74.12
W.Doyle		M21	74.23
J.Fitzpatrick	UCDO	M21	76.05
Carroll	CO		76.08
M.Maguire			76.25
J.Murphy	CO		76.50
P.Dempsey	GEN	M45	76.51
G.Sweeney	CO		77.11
T.Corcoran	SET	M40	78.17
M.Doorly	GEN		78.45
A.Noctor	Clogher	M17	79.27
M.Heapes	GEN		79.57
M.O'Brien	CO		80.34
A.Bracken	CO		80.38
J.Grace	GRANGE	M15	80.50
K.Ryan	CO		81.48
M.Grant	WATO		83.49
T.Maye	SET	M21	88.01
W.Young	SDOC		88.41
W.Moynihan	CO		88.44
L.Lawrence	KHOC	W17	89.34
S.McFadden	Clogher	W17	93.17
F.Sweeney	SET	M21	93.23
M.Byrne	UCDO		93.35
A.Roe	UCDO		93.45
D.McMahon(?)	CC	M17	94.42
J.O'Leary	GEN	M21	95.29
A.Owens	GEN		98.16
G.Power(?)	3ROC	W21	98.29
J.Mulligan	GEN	M10	98.55
& J.Mulligan	GEN	M40	
D.Cullen	SDOC		100.45
N.Perry	SDOC		109.30
M-A.Hogan	KHOC	W21	130.03
D.Russell	SDOC		136.43
& D.Young	SDOC		
D.O'Connor	CO	#13	56.39
P.McCormack	GEN	#2	58.38
P.McMahon	ECO	DNF	59.42
G.Condon	ECO	#2	66.11
N.Cadogan	CO	#14	67.57
K.Brogan		#3	68.47
B.Hollinshead	3ROC	#2	71.40
B.Doolan	SET	#2	75.15
B.Dolan		#8	78.34
A.Dinneen &			
A-M.O'Connor		#2,3	164.05

Apologies to early runners on the RED Course. No.15 was missing for a short while. The control was put out early on Sunday morning but had disappeared by noon.

Orange Course 5.2 km

1	O.Brogan		M21	32.05
2	U.Creagh	3ROC	W17	33.40
3	P.McInerney	TrimO	M21	34.29
4	D.Brooks	WO	M45	35.06
5	R.Burgess	3ROC	W17	35.27
6	C.O'Mara			35.29
7	P.Keating	BSO	M19	37.10
8	T.Burke	TrimO	M21	37.23
9	M.Nowlan	3ROC	W35	37.28
	E.Andrews	DUO		37.31
10	J.Rowe	TrimO	M21	37.40
11	P.Butler	3ROC	M21	38.00
12	R.Bonar Law	GEN	M21	38.11
13	J.Stokes	UCDO		38.12
14	M.Walsh	3ROC	W35	38.14
15	A.Flynn	SET	M13	38.39
16	S.Bailie	SDOC		38.57
	A.Pagan		M19	38.57
17	K.Convery	3ROC	W13	39.16
18	J.Whelehan	UCDO	M21	40.20
19	J.Flegg	SET	W45	40.57
20	P.Hall		M21	41.13
21	J.Fitzsimons	ECO	M35	41.30
22	D.Fox	TrimO		41.36
23	T.O'Malley			41.40
24	S.Fox	TrimO		42.03
25	H.O'Brien	AJAX	M15	42.22
26	H.Creagh	3ROC	W17	42.37
27	M.Prendergast			42.38
28	L.Convery	3ROC	M50	42.38
29	D.Smyth			43.25
30	C.O'Luasa			43.41
31	E.Treacy			43.47
32	P.H.Ryan	GEN	M35	44.42
33	M.Sludds			44.43
34	D.Kinnear	KHOC	M13	45.51
35	B.Kelly		M15	45.52
36	S.Murphy			48.25
37	M.Higgins	SET	W40	47.11
38	G.Dempsey	GEN	M15	47.38
39	B.McBryan	3ROC		48.07
40	P.Wright	ECO		48.24
41	D.Cremin			48.27
42	J.Clarke	GEN	M45	48.39
43	M.Penny	KHOC	M13	49.08
44	P.Cooke	AJAX	M50	50.49
45	J.Whittaker			51.47
46	R.Doorly	GEN		52.32
47	R.Hurley			52.35
48	G.Flynn			52.43
49	N.Maguire			52.44
50	N.Connors			52.45
51	I.Satchwell	KHOC		52.58
52	C.Carroll		M55	52.48
53	K.Gaughan			54.26
54	H.C.Brown	KHOC	M13	53.19
55	S.Harrison	WO	M15	
56	& J.Brooks	WO	W15	54.41
57	B.Finlay	KHOC	M15	
58	& R.O'Reilly	KHOC	M15	55.50
59	C.Owens	GEN	M13	56.14
60	J.Cullen	SDOC		58.01
61	R.Fuller	KHOC	M13	
62	& D.Francis	KHOC	M13	59.28
63	S.McCarthy			60.20
64	J.Butler	3ROC		62.17
65	K.R.....(?)	3ROC		64.21
66	D.Rogan	3ROC		64.40
67	R.Andrews	DUO		66.57
68	E.Thompson	DUO		66.03
69	M.Quinn			70.32
70	A.Doran	TrimO		
	& G.Maning-Doyle			70.39
71	S.Kane	DUO		71.58
72	A.Powell	KHOC	W13	
	& S.Colton	KHOC	W13	74.18
73	M.Gaughan			74.41
74	D.McB,M.D.&L.M	3ROC	M13	74.45
75	Erdpohl			93.05
76	Erdpohl & Gorman			94.40
	P.Keane	3ROC	#11	38.24
	G.Doherty	GEN	#11	39.28
	D.Large:no codes	GEN		48.21
	M.O'Malley		#8	50.27
	C.MacNeill	3ROC	#1,2	52.01
	D.Toye	AJAX	#7	53.29
	R.Rogan	3ROC	#1,2,3	64.22
	J.Garvey		#12	74.21
	V.Cullen	SDOC	#3,4	95.31

Yellow Course 3.7 km

1	S.McCarthy			27.14
2	P.Glynn & C.Pearson			30.46
3	A.McCormack	GEN	W35	33.22
4	A.Cooke	AJAX	W13	35.26
5	D.Jacobs			36.18
6	M.Hynes	SET		36.31
7	M.Blake	GEN	W21	36.34
8	H.O'Brien	AJAX	W13	36.44
9	W.O'Neill	SET	M40	36.50
10	N.O'Brien	AJAX	W13	38.26
11	M.Redmond	GEN	W55	38.36
12	P&M.Dempsey	GEN		41.08
13	J.Doorly	GEN	M50	42.05
14	A.Agnew	KHOC	M11	42.31
15	C.Cope & D.Armstrong	KHOC	W13	42.51
16	J&L.Donald	KHOC	W13	43.25
17	P&L.Stokes			44.00
18	J.Dalton			45.09
19	C.Nugent	ECO		46.30
20	T.Hynes	SET	W21	47.34
21	F.O'Neill	SET	W35	47.37
22	A.E.Ronan	SET	M13	47.49
23	Ciara,Florence,Robbie,Ruain			48.42
24	F&A.Maloney			48.46
25	A.Nixon & R.Rutledge			53.49
26	H.Giblin	AJAX		57.16
27	C.Rapple & F.O'Brolchain	SET	M10 M10	58.28
28	T.Giblin	AJAX		60.54
29	G.Carmody & C.Maloney	AJAX		62.49
30	E,G&Y.Guinan			69.43
31	L.Cullen			69.52
32	M.McCormack			77.51
33	R.Owens	GEN		86.25
34	F.ni Bhaoill			87.59
35	C&R.ni Bhaoill			91.29
	E.Grace & E.O'Malley		#8	55.20
	Delaney/Coyle	GEN	#1,2	58.18
	L.Quill		#9	86.14

White Course 2.5 km

1	G.O'Reilly	KHOC		25.00
2	D.Doorly	GEN	M11	32.33
3	J.Power	SET	W10	36.11
4	A.Butler	3ROC	W13	36.38
5	R.Hainsworth & E.Flynn	SET SET	M11 M11	39.13
6	Gray Family	3ROC		41.11
7	J.Burke			41.20
8	J.Hynes & T.Hynes			41.24
9	E.Lawrence	KHOC	W10	41.31
10	C.O'Leary	GEN	W10	41.40
11	M.Brock			47.08
12	J.Blake	GEN	M15	49.55
13	D.Grant	GEN	M11	50.02
14	P & C & C Hynes			51.54
15	S.Harnett & C.O'Brolchain	SET SET	M10 M10	53.21
16	R.O'Brolchain	SET	W10	54.34
17	S.Bowman			55.37
18	S.Bowman			56.46
19	G.Burke	TrimO	W21	58.21
20	M.Doorly	GEN	W10	59.20
21	Bruton	SET		63.15
22	Downing	3ROC		63.49
23	Corrie Family	AJAX		67.01
24	J.Keane & P.Keane	3ROC 3ROC	M10 M10	67.21
25	M.Burke & T.Burke			67.57
26	D.Murphy			68.02
27	G.Murphy			72.47
28	D.Anderson & N.Murphy			72.48
29	G.Strahan	GEN	W10	73.31
30	K.& S.McCormack	GEN	W10	74.17
31	J.Sheehan & B.Farrell			75.15

Non Finishers:

J.Butler	DNF
D & E NiBhroin	DNF
H.Keane	#5 & #6
D.MacGiolla Ri	#5 & #6
A.Burke	#2
C.FitzSimons	DNF
P.Conaby	#1,#2,#3
Meade Family	#1,#2,#3
L.O'Hara	DNF
P.O'Hara	DNF

RESULT OF GEN EVENT AT DONADEA Feb 22 Planner: W. McCormack

| | | | |

RESULTS CONNAUGHT CHAMPIONSHIPS Sat Feb 28th.1987

W-10

R.Hollinger	LVO	15.07
M.Dooley	CO	32.43
K.Thornhill	GEN	43.53
C.Thornhill	GEN	48.48

W-11

F.Nash	BVOC	17.40
S.Convery	3ROC	18.59
F.Pinker	Cork	20.40
D.Hollinger	LVO	20.41
M.Feehan	BVOC	24.03
W.Thomas	W.H	47.20
S.Mullins	W.H	53.07

W-13

K.Convery		53.12
A.Rice	Ajax	66.56
B.Higgins	LeeO	69.11
K.O'Hara		111.36
C.Trainor	NWOC	115.30
C.Garry	Set	124.45
F.Lovely	Set	124.51
N.O'Brien	Ajax	131.21
P.O'Hara	Ajax	151.55
Reynolds	Set	174.24

W-15

J.Wilson	LVO	47.36
N.Higgins	Lee	52.49
A.Rice	Ajax	56.37
N.Shaw	ThoO	57.05
C.Hickmot	W.O.	65.59
K.Gillespie	3ROC	67.10

W-17

H.Creagh	3ROC	65.15
D.Cunnane	Cork	89.01
R.Burgess	3ROC	100.20
C.Ronigan	ARTC	183.56
D.Hynce	ARTC	189.19

W-21A

E.Loughman	GEN	84.08
A.Morrish	CRTC	86.18
M.Thormhill	GEN	89.21
C.NiMhuirish	UCGO	91.33
M.Healy	GEN	101.42
N.Creagh	3ROC	102.07
M.Curran	Cork	113.49
T.Horan	AJAX	118.33
E.Deane	CO	127.37
H.Johnston	LVO	132.46
D.Lewis	AJAX	135.40

W-21B

F.Daly	CO	72.20
C.Twinham	LVO	76.01
E.Feehan	BVOC	90.45
D.Walsh	K.O.	94.06
V.Hickey	ThoO	97.31
J.Horan	Ajax	97.54
C.Moore	SET	105.02

W-21B (continued)

D.Roche	GEN	110.20
G.Carmony	AJAX	122.34
L.Naughton	ECO	131.27
J.O'Keeffe	BVOC	131.49
K.Mulcahy	K.O.	160.26

W-35

J.Watt	GEN	73.12
M.Pinker	Cork	80.15
T.Finlay	Ferm	82.27
F.White	SET	96.39
A.Bell	LVO	101.54
A.Lawrence		123.55
H.Stewart	LVO	131.15

W-40

R.Rice	AJAX	72.12
A.McCormack	GEN	83.34
B.Flanagan	3ROC	104.45

M-45

D.Large	SET	94.55
M.Moran	GEN	110.41
U.Kineen	W.E.	158.01

W-50

G.Hartigan	W.E.	111.15
A.Casburn	W.E.	118.30

W-55

M.Morrish	LeeO	80.11

M-55

N.Morrish	LeeO	57.50
J.Creagh	3ROC	78.10
M.Hewson	GEN	84.26
M.Higgins	LeeO	93.04
F.Cunnane	Cork	111.20

M-50

C.Tyner	3ROC	62.21
C.Dunlop	SET	67.19
M.Boggle	NWOC	69.12
T.O'Duinn	CuO	89.25
L.Convery	3ROC	97.37
T.Desmond	ECO	98.03
M.Reed	FerO	102.47
E.Lawrence		145.03

M-45

P.McCormack	GEN	58.55
M.Dooley	CO	75.07
F.McCormack	CO	80.30
W.Hogg	NWOC	106.53

M-40

A.Flegg	SET	73.46
E.Wilson	LVO	74.36
P.Lawlor	LVO	78.14
B.Creedon	Cork	82.58
F.Niland	AJAX	89.40
B.Law	GEN	98.10
B.Buckley	SET	99.29
H.White	LVO	105.49
A.Shaw	Tho.	106.39
F.Ryan	WE	107.56
T.McGrath	3ROC	111.31
G.Garthside	LVO	112.00
P.Flanagan	3ROC	112.35
G.Sweeney	CO	118.20
T.Feehan	BVOC	120.01
N.Donagh	CuO	122.55
D.Burke	Lee	139.07
A.Dennis	CO	142.31
J.Murphy	CO	144.09
D.Watt	GEN	147.22
D.Thornhill	GEN	149.25
J.O'Brien	AJAX	150.28
R.Flynn No10 not punched		

M-35

D.Reidy	ECO	106.49
W.Hollinger	LVO	108.31
S.Cotter	Cork	116.04
B.O'Neill	CO	123.56
C.Henderson	LVO	126.26
B.Pinker	Cork	131.43
B.Simpson	LVO	133.37
N,Rice	AJAX	134.48
P.Redmond	SET	136.38
R.Finlay	Ferm	160.51

M-21A

A.O'Cleirigh	CO	108.41
W.Young	CO	109.42
P.Gargan	AJAX	125.50
E.Rothery	AJAX	131.48
D.Murphy	ECO	132.25
D.Deasy	SET	132.11
P.Healy	CO	135.30
T.O'Sullivan	CO	156.07
P.Cadogan	Cork	159.40
J.McCullagh	3ROC	160.50
K.McDonald		164.02
O'Dwyer		166.42
P.Farrely	CO	174.28
J.Higgins	AJAX	185.11
W.Hammond		273.39

M-21B

M Meade	Tho	76.26
A.McGonigle	NWOC	77.59
D.Blair	NWOC	79.45
S.McGibbon	LVO	81.47
C.Cregg		82.02
C.Reid	NWOC	86.02
D.Quinn	GEN	89.25
R.Stanley	GEN	89.48
C.Crowley	Cork	97.56
P.Ferguson		100.19
T.Cleary	WE	103.29
J.Lawlor	GEN	107.02

M-21B (continued)

M.Condon		108.15
I.Jamison	LVO	111.42
T.Price	WE	114.40
A.Green	SET	116.09
D.Convery		117.29
M.Cahalan	WE	138.19
G.Larkin	ThoO	151.45
M.Grant	WatO	155.57
K.Crilly	CO	163.52
B.Daly	CO	188.09

M-17

A.Higgins	LeeO	88.43
P.Glanville	3ROC	96.51
A.Young	SET	96.58
C.O'Duinn	CuO	122.14
T.Serviss	W.H.	139.42
M.Wheeler	SET	197.16
D.Kelly	SET	202.56

M-15

J.Cummings	NWOC	55.32
B.James	NWOC	58.25
P.O'Hara	NWOC	61.40
J.Feehan	BVOC	65.37
S.Good	W.O.	72.31
A.Deeyto	W.Hosp	134.46
H.O'Brien	AJAX	151.21
K.Johnson	W.Hosp	173.26

M-13

M.Pinker	CorkO	39.23
E.Shaw	ThoO	44.25
E.Niland	AJAX	46.25
B.Creedon	CorkO	54.58
D.Tyner	W.O.	56.09
J.Ryan	WE	57.07
A.Flynn	SET	70.39
A.Rudd	W.Hosp	87.43
D.Moylan	W.Hosp	95.08
E.Drion	W.Hosp	96.16
W.Welmore	W.Hosp	128.17

M-10

E.Niland	Ajax	24.32
S.Boggle	NWOC	28.58
F.O'Brolchain	SET	33.00
L.O'Hara	AJAX	37.52
D.Shaw	ThoO	43.48

M-11 (Declared void)

F.Dooley	CO	11.13
P.Feehan	BVOC	12.48
C.Creedon		16.50
D.Hollinger	LVO	20.41
M.Lavelle	W.Hosp	22.40
N.Drion	W.Hosp	26.33
D.Nuzum	W.Hosp	42.26
I.Nuzum	W.Hosp	54.25

UNION ROAD Sun March 1st 1987

M-10.

R.Hollinger	LVO	22.07
M.Dooley	CO	24.20
C.Thornhill	GEN	53.22
K.McCormack	GEN	57.12
S.McCormack	GEN	78.44

W-11

F.Pinker	CorkO	20.13
M.Feehan	BVOC	20.54
S.Quigley	CuO	29.22
S.Convery	3ROC	38.14

W-13

K.Convery	3ROC	37.03
N.Shaw	ThoO	45.48
K.O'Hara	Set	46.14
A.Rice	Ajax	51.41
N.O'Brien	Ajax	54.14
B.Higgins	LeeO	59.00
F.Lovely	Set	67.23
C.Reynolds	Set	69.02
F.Lovely	Set	73.31
C.Trainor	NWOC	73.02
C.Carry	Set	74.13

W-15

A.Rice	Ajax	42.29
C.Hickmot	W.Hosp.	44.37
A.Shaw	ThoO	45.49
J.Wilson	LVO	66.35
K.Gillespie	3ROC	52.56
A.Moore	LVO	81.25

W-17

D.Cunnane	CorkO	81.09
H.Creagh	3ROC	96.13
L.Hutchinson	UCCO	99.07
A.Hutchinson	CorkO	102.18
C.Rainey	ARTCO	103.57

W-19

U.Creagh	3ROC	52.15

W-21A

A.Morrish	LeeO	110.58
T.Horan	Ajax	114.59
E.Loughman	GEN	118.13
M.Healy	GEN	119.15
M.Thornhill	GEN	120.52
H.Johnston	LVO	150.31
E.Deane	CO	158.50
M.Curran	CO	162.16
H.Majury	LVO	166.27
O.Lewis	Ajax	168.11

W-21B

F.Daly	CO	64.39
C.Twinham	LVO	79.39
V.Hickey	ThoO	88.05
E.Feehan	BVOC	88.30
D.Walsh	KerryO	111.35
J.O'Keeffe	BVOC	115.04
C.Moore	3ROC	119.33
G.Carmony	Ajax	140.26
D.Roche	GEN	156.20
J.Horan	Ajax	157.43
L.Naughton	ECO	188.18
C.Ryan	WE	196.07

W-35

T.Finlay	FermO	95.32
C.Feehan	BVOC	101.22
B.Flanagan	3ROC	107.39
H.Stewart	LVO	110.02
J.Watt	GEN	121.06
A.Bell	LVO	123.57
M.Pinker	CorkO	128.44
A.TottenhamFermO		162.43

W-40

A.McCormack	GEN	96.25
I.McKenna	LVO	112.04
J.F.Keane	3ROC	129.39

W-50

F.White	Set	72.49
N.Creagh	3ROC	82.10
D.Large	LVO	101.00
R.Davis	LVO	113.31
U.Kineen	WE	147.15
A.Casburn	WE	150.09

W-55

M.Morrish	LeeO	124.33

M-10

C.McKenna	LVO	32.38
E.S.Niland	Ajax	33.16
S.Boggle	NWOC	38.24
F.O'Brolchain	Set	41.14
L.O'Hara	Ajax	45.14
D.Shaw	ThoO	91.20

M-11

F.Dooley	CO	17.02
D.Hollinger	LVO	18.22
P.Feehan	BVOC	27.56
P.Harris	CuO	35.37
C.Creedon	C-C	43.33

M-13

D.Tyner	W.O	26.34
EE.Niland	Ajax	33.41
E.Shaw	ThoO	39.08
B.Creedon		39.44

M-13 (continued)

A.McKenna	LVO	44.21
A.Flynn	Set	51.32
J.Ryan	WE	55.01
M.Pinker	CorkO	58.59
A.Hutchinson	CorkO	80.41
P.Harris	CuO	85.19

M-15

J.Feehan	BVOC	51.33
P.O'Hara	NWOC	55.28
J.Cummings	NWOC	56.01
S.Good	3ROC	61.13
B.James	NWOC	77.47
M.O'Brien	Ajax	80.59

M-17

A.Young	Set	131.02
I.Spratt	LVO	127.05
A.Higgins	LeeO	143.33
P.Glanville	3ROC	144.51

M-19

A.Tyner	3ROC	106.45

M-21A

B.Corbett		95.20
A.O'Cleirigh	CO	104.02
E.Rothery	AJAX	107.56
B.Delaney	ECO	116.04
D.Deasy	Set	119.45
W.Young	CO	123.04
D.Murphy	ECO	123.25
D.Blair	NWOC	124.44
A.McGonigle	NWOC	128.07
P.Healey	CO	131.03
J.McCullagh	3ROC	132.41
W.McAuliffe	Ajax	137.57
K.McDonald	ECO	140.14
T.O'Sullivan	CO	144.25
P.Farrelly	CO	145.09
M.Deasy	UCCO	146.41
O'Dwyer	CO	183.51
W.Hammond	BVOC	185.33

M-21B

L.Byrne	CuO	77.42
T.Condon		83.08
D.Quinn	GEN	84.29
D.Dilworth	CO	102.55
J.O'Sullivan	ThoO	103.11
B.Hutchinson	CorkO	104.58
G.Crowley	CorkO	112.27
K.Crilly	CO	117.58
T.Cleary	WE	118.23
I.Jamison	LVO	128.25
T.Price	WE	132.58
B.Daly	CO	136.07
G.Larkin	ThoO	144.23
J.Lalor	GEN	149.09
M.Grant	WATO	180.23
J.Bannon	CuO	193.26
M.Cahalan		97.27

M-35

C.Henderson	LVO	95.24
W.Hollinger	LVO	107.58
D.Reidy	ECO	116.22
J.DeLacy	ECO	112.33
B.O'Neill	CO	116.52
S.Cotter	CorkO	111.59
M.O'Hara	Ajax	112.14
B.Simpson	LVO	114.42
B.Pinker	CorkO	159.56
R.Williamson	LVO	184.05

M-40

A.Shaw	ThoO	95.31
A.Flegg	Set	103.29
B.Creedon	CorkO	106.13
P.Lalor	CO	109.08
P.Flanagan	3ROC	115.35
A.Gartside	LVO	117.08
B.McKenna	LVO	121.44
E.Wilson	LVO	123.41
E.Niland	Ajax	126.38
N.Rice	AJAX	131.01
D.Burke	LeeO	148.29
H.White	LVO	149.56
A.Denis	CO	163.31
J.Murphy	CO	173.10
B.Buckley	Set	164.35

M-45

P.McCormack	GEN	62.33
A.Bonar Law	GEN	85.31
E.Hutchinson	CorkO	131.15
R.Flynn	SET	153.04
G.Foley	SMC	161.28

M-50

C.Dunlop	Set	72.38
N.Bogle	NWOC	74.27
C.Tyner	3ROC	86.53

M-55

N.Morrish	LeeO	63.40
M.Hewson	GEN	85.43
F.Cunnane	CorkO	91.28
M.Higgins	LeeO	99.25
J.Creagh	3ROC	133.12

NORTHERN IRELAND

ORIENTEERING CHAMPIONSHIPS 1987

(Including Irish/Scotttish International Challenge)

SATURDAY 26th SEPTEMBER 1987

SPRINGWELL FOREST, near Limavady, Co. Derry..

AREA: New 1:15,000 map, 5m contours, Survey 1987. Harvey Map Servicse photogrammetric plot. 50% rough open, 50% forest.

COURSES: All usual classes.

START TIMES: From 13.00 hrs to 15.00 hrs.

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SUNDAY 27th SEPTEMBER 1987

SCORE EVENT

MASS START 11.00 hrs, time allowed 60 minutes.

ACCOMMODATION: Floor space available on Saturday night only. Other accommodation (B&B) included with entry form, or contact NI Tourist Board.

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2nd - 8th August 1987

All I.O.F. classes

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