The Irish Orienteer

No. 88 January - February 1999 IR£1.50

THE IRISH ORIENTEER ADDRESS LIST 1999

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Remember, for round the clock orienteering information on IOA events ring 01-4569099, for NIOA events ring 0044-1399-873281 or check the IOA web page at http://homepage.tinet.ie/~ioa/ or the NIOA page at www.askip.demon.co.uk/nioa/nioa.html

The Irish Orienteer is available from all Irish orienteering clubs or by direct subscription from the Editor: John McCullough, 9 Arran Road, Dublin 9 (e-mail jmcctio@iol.ie).

Annual subscription costs IR£7.50 for 6 issues.

NEXT COPY DATE
7th February 1999

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Cover: Colm Rothery (AJAX) in mountain racing mode. £10 is paid for the cover photo. Get going!

Printed by Denton Print, Dundrum, Dublin 14.

Results and articles are particularly welcome on 3 1/2 inch floppy disks or by e-mail with a printed version as back up. Please keep the formatting simple! TIO is produced in the Editor's attic on an Apple Mac using MS Word and Quark Xpress. No Excel, please!

ISSN 0790-1194

Thanks to all the contributors to this issue for taking the time and trouble to write articles.

the Irish Orienteer

No. 88 January - February 1999

THE TRIP TO TIPP

In the last issue you were being exhorted to go to the picturesque Tipperary village of Terryglass to contribute to the IOA Development Seminar. About forty of you took up the challenge and had a very worthwhile two days planning the future of Irish orienteering.

What emerged was a mission statement for the IOA and the setting of strategic goals and priorities for the next five years. Central to these is a cultural change where we try to infuse orienteering with a culture of excellence, from the most basic task to the most complex; a professional approach, though not necessarily in the paid sense.

The Seminar highlighted three areas: Quality, Performance and Awareness, and set objectives in relation to each. Quality objectives included the production of excellent maps by getting photogrammetry from specially flown aerial photographs, training mappers, encouraging high standards of planning, controlling and organising events, having a paid official for administrative, development or other work, having all club members become members of IOA with a central database of members, improving communications by maintaining an active world wide web site and posting TIO to every orienteer in the country.

Performance objectives set fitness and results targets for squad members with aims to qualify for the British Elite Championships and attend the World Cup series. 10k times for men and women were set, with plans for training camps, coaches, medical and technical support.

Awareness objectives set out the plans for promotion of orienteering, the resumption of National Orienteering Day, establishment of regional schools associations, and the production of posters and information packs aimed at schools.

I went along prepared to be pessimistic but found a wealth of ideas there. Noel Donagh and Frank Ryan did an excellent job in keeping it going and all who took part should be pleased with their contribution.

As with so many things before now, though, the success of the effort depends on the orienteering clubs around the country supporting the plans and not leaving all the work to the IOA. The IOA Executive are all active orienteers, with jobs and studies and families and other things to do, just like you, but who are prepared to devote a substantial amount of their time and energy to developing orienteering for you.

TRAINSPOTTING

Thanks to Nigel Foley-Fisher of Midland (and Great Western?) Navigators for spotting a few maps with railways:
Dundrum (Co. Tipperary) has the main Dublin to Cork line through the centre of the map;
Motepark (Co. Roscommon): northeast boundary of map is Athlone-Roscommon line;
Black Lakes (Co. Kerry) includes part of the former trackbed of the Headford Junction to Kenmare branch.
Does *Curragh West* include the railway? (Yes, it does - Ed.)

That's only four. What about Woodlawn near Athenry in Co. Galway, Ardgillan in north Co. Dublin, the World Cup training area near Loo Bridge in Kerry (disused): did Union Wood in Sligo have one? What about Fota (before it became a wildlife park?), Phoenix Park has a rail tunnel under it, Marlay Park has a narrow gauge line and Malahide Castle has a famous model railway... but maybe that's stretching it a bit.

(Remember, there was also a question about the highest point in a county being on an O-map and about county boundaries ...)

PARK-O FOR DUBLIN?

The cancellation of next June's Park World Tour race in London has presented us with another opportunity to put Irish orienteering in centre stage. 1999 will be that last year of the Park World Tour as we know it: from 2000 it will be amalgamated with the World Cup series to give a range of long and short races.

Tim Pugh cancelled the London stage of the 1999 Park World Tour, scheduled for Tuesday 15th June. The decision was taken on grounds of finance - no Sports Council or Lottery money and no sponsor. This was part of a double header with Glasgow on June 17th. The Glasgow stage goes ahead, unless PWT decide the trip to the UK for one race isn't viable.

What would we have to do? Provide (and pay for) hotel accommodation for about 60 athletes and back-up people, come up with about £5,000 in prize money and run a short race in a city park with a winning time of about 15 minutes. IOF President Sue Harvey was keen a few years ago to see just such a race taking place in the Phoenix Park in Dublin.
We'd have to organise a publicity campaign to benefit from the event (something at which we're not too good) and try to arrange things like live TV coverage.
Total cost? Maybe £15,000 plus. Any fairy godmother sponsors out there?

BOC FOR NIOA?

The 2001 British Orienteering Championships are underconsideration for Northern Ireland, according to NIOA's Raymond Finlay when he spoke to the IOA Development seminar at Terryglass in October.
The British Championships was this year split into two: an Elite event for M/W21E's and an all-classes event for the rest. If the terrain is considered good enough, as next year in the Lake District, then the two will be reunited. BOC2001 will be the biggest event ever run by NIOA (bigger than anything IOA has done) in terms of competitor numbers and doubtless other clubs will be invited to lend a hand. To get a competitive run at BOC you have to be a member of BOF, so maybe the three NIOA clubs will get an influx of new IOA members hoping for a run? It is possible that the event will spawn a kind of super-championships featuring both Irish and British Championships. There's a lot to be decided yet, so watch this space.

CORK-O KEEP TIO TROPHY

Despite having further to travel than the other clubs in contention for the 1998 Irish Orienteer trophy, Cork Orienteers retained the prestigious award with a win over ancient rivals Three Rock and Lagan Valley at Trooperstown, Co. Wicklow on October 4th. Cork first dispatched LVO with a scoreline of 68 to 50 before finishing off 3ROC 64 to 49.
This year the event featured a small clubs competition too, with everyone else fighting for points. AJAX emerged as top dogs in the small clubs category, scoring 26 to GEN's 14 in the final round.

O-BITS

Some years ago TIO or its predecessor, the LOC Newsletter, had a column called O-BITS. Now it's back ...

Colemanballs: "It's a race that the Kenyans have dominated - but, looking at the records, it's the first time they've won it" (Sports commentator David Coleman)

Casio repairs: Pat Healy writes: "Here is the information for all orienteers using Casio watches. As you all know batteries and straps fail due to fair wear and tear. It's important to have a battery replaced by a recognised Casio agent. They will also replace the waterproof seal for guaranteed repair.
The battery agent in Ireland is Moloney's Jewellers-Main Street-Charleville Co Cork. Tel 063-21038
A replacement battery and seal incl VAT Plus postage (£3) comes to roughly £9. To save time send a cheque together with the watch, write a warning Like "This cheque must not exceed ten pounds" across the top.
If anybody wants a replacement strap contact Pat Healy at an event and he'll replace it on the spot. Charge for a set of straps £6.00. "

Impressive reading: The Munster list of registered orienteering areas recently came to TIO and made impressive reading. It ran to five pages and included 272 areas of which 169 have been printed. Cork O have the astonishing total of 129 areas registered.

Not going to the Scottish 6-Day / World Championships in August? How about **Croeso 2000**, the Welsh 6-Day from August 6-11 2000 at Dolgellau, then?

Just a thought: Anyone interested in running a **coach** to the Scottish 6-Day/World Championships? If so, get in touch with the Editor.

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JHI for FermO: Next year's Junior Home International will be run by Fermanagh Orienteers on October 9th/10th. The individual event (combined with NI Series 7) will be at the Burren West with the relay next day at Castle Archdale. The 1999 Senior Home International (for classes M/W20, 21 and 35) is on October 9/10th in south Wales with at least one event on the superb forested sand dunes of Pembrey. By a process of elimination the Veterans' event next year must be in Scotland.

Organisers: Please include course length and climb with event results, and the reasons for any courses being voided, plus the names of the principal officials!

Congratulations to LVO's **Wilbert Hollinger** who recently received a Nestlé Tailteann "Ideal Award" for his contribution to schools athletics. Wilbert teaches at Ballyclare in Co. Antrim.

Carsten Jorgensen, Danish World Cup orienteer and 1998 European Cross-country Champion (5th this year), finished 4th in the 10 mile Glen Dimplex cross-border challenge road race from **Carlingford to Newry** in September in a time of 46.13. The race was won by South Africa's Hendrik Ramaala in 46.11. Terry Eakin (former LVO) was 7th over-45 in 59.38.

COMPASSSPORT CHANGES

Ned Paul has retired from the Editorship of CompassSport and has handed over the reins to Suse Coon. Suse took on the magazine for a while a few years ago but it reverted to Ned's editorship again. Ned has put in an extraordinary amount of work on CompassSport since it started in the early '80's as an alternative to the "official" BOF magazine, "The Orienteer". He has come in for a certain amount of criticism for missed deadlines etc, but as a fellow editor (though on a much less grand scale) I know how difficult it can be to keep things on schedule. He has done a superb job all down the years and I wish him many enjoyable years of orienteering in the future, and every success to Suse. Her address is Ballencrieff Cottage, Ballencrieff Toll, Bathgate, West Lothian EH48 4LD, Scotland; phone 0044-1506-632728; fax 0044-1506-635444, e-mail Suse@pages.clara.net

Also stepping down (or trying to) are Scottish newsletter editor AnnWalder (after 13 years editing SCORE) and Joss Lynam (Editor of Irish Mountain Log). Maybe there's something to be said for it ... quite a lot, actually!

MUNSTER CHAMPS 98

This year's Munster Championships were run by Bishopstown Orienteering and Hill Walking Club at Clashnacrona, near Dunmanway, Co. Cork, on November 8th.

M21E	Marcus Pinker	CorkO
	John Feehan	Ajax
	John Casey	CorkO
W21E	Toni O'Donovan	CorkO
	Aislinn Austin	CorkO
	Nina Phillips	3ROC
M10A	Paul McCarthy	BOC
M12A	Seamus O'Boyle	CNOC
	2 Padraig O'Brien	BOC
M14A	Thomas Cotter	BOC
M16A	David Healy	GEN
	2 John Paul Fitzgerald	BOC
M18A	Alan Barry	CorkO
M21L	Andrew Quin	3ROC
	4 Conor Creedon	CorkO
M21S	Peter McNamara	DUO
	2 Ger Harold	BOC
M35L	Pat O'Donavan	BVOC
M40L	Senan O'Boyle	CNOC
	2 Liam O'Brien	CorkO
M40S	Eugene Desmond	BOC
M45L	Sean McSweeney	DFO
M50L	Ted Feehan	BVOC
M60L	Frank Martindale	3ROC
	3 Fred Calnan	CorkO
W14A	Eimear McCarthy	BOC
W16A	Niamh O'Boyle	CNOC
	2 Caroline Dennehy	BOC
W18A	Susan Healy	GEN
W21L	Bridget Lawlor	CNOC
	2 Elizabeth Deane	CorkO
W21S	Sheila Muckian	CorkO
W40L	Ellen Feehan	BVOC
W40S	Ros Hourihan	CorkO
W45L	Aine OSuilleabhain	3ROC
	2 Mary Austin	CorkO
W50L	Clare Nuttall	LEEO

WICKLOW WAY RECORD

IMRA's Simon Walters ran the 81 km Wicklow Way from Marlay Park to Clonegal in 18 hrs 24 mins 54 secs, knocking 90 minutes off the record and raising £2000 for cancer treatment.

LEINSTER NEWS

Leinster buy more new signs: In a welcome development, the LOC have bought more of those excellend fluorescent yellow direction signs for clubs to signpost events. Perhaps now clubs will use them? And perhaps they'll check the fixtures list and the information on the IOA answerphone to see where they are supposed to signpost the event from? (Cronybyrne signposted from Rathdrum, eh - Ed.)?

Can we remind all organisers to phone in the **results** of their events to the two main (Leinster) daily papers. The reasons for this are a) competitors who leave the event area early often want to see who won their class; b) orienteers in general like to see their sport get coverage in the national media just as other minority sports get coverage (It makes us feel good about ourselves ... as the ad goes 'because we're worth it!'); c) orienteering's profile is raised externally. Public awareness of the sport is increased (or at least maintained). This is important when seeking new members and getting grants.

The Leinster League event on March 14th at the **Sugarloaf** will be a **sprint-O event**, with about 50% the winning time of a normal colour-course. The average distance between controls will be shorter than normal, the technical emphasis being on control-picking, control drills, and rhythm through the check-points. In the league courses will (probably) be combined.

Street-O at Sandymount on January 17th: Start at Martello Tower, Strand Road, Sandymount. Organiser Joe Lalor (GEN) advises that parking may be tight so please use all three shore-front car parks. Share cars where possible or take the DART or the bus."

Dublin by Night 99: It is hoped that there will again be a series of evening night events in the Dublin area this winter. In the past two years the series has kicked off with the traditional 3ROC night-O in the Phoenix Park at the beginning of February so maybe thet will be the case again. Details at events if they are not arranged in time to get into TIO.

STAFF, ROPEK WIN TOUR

Norway's Hanne Staff cleaned up this summer, with wins in the last four rounds of the Park World Tour as well as the World Cup series. The PWT win brought her winnings for this year's Tour to more than £10,000. Rudolf Ropek from the Czech Republic won a similar sum, winning five of the ten Tour races.

The final race of the tour was in the Liseberg amusment park in Gothenburg in Sweden. Large crowds turned out, despite the rain, to see the action. The course had 23 controls on the 1:3,000 scale map and several notable runners missed controls in the heat of competition: Jorgen Martensson and Janne Salmi were among them.

NET NEWS

Several Irish orienteering clubs have ventured onto the World Wide Web. Check out

Ajax Orienteers new website at
http://www.ajax-oc.ie
Dublin University Orienteers.
www2.tcd.ie/Clubs/Orienteering/
Lagan Valley Orienteers
www.btinternet.com/~nick.p/LVO_home.html
Waterford Orienteers
http://www.iol.ie/~newtownw/wato/index.htm
University College Dublin Orienteers
www.ucd.ie/~ucdore/
Irish Orienteering Association
http://homepage.tinet.ie/~ioa/
NI Orienteering Association
www.askip.demon.co.uk/nioa/nioa.html
British O-Federation
www.cix.co.ul/~bof/index.html
International O-Federationwww.orienteering.org
Another one worth a look is the Irish Mountain Running Association at www.iol.ie/~imra/

NOEL CARROLL

Could I please salute the passing of Noel Carroll, a great athlete and motivator. Noel and I trained together at various times during the summer lunchtimes of 1983 to 1985 in Trinity College, Dublin, sharing the flat, even, fast surface of College Park. This track was a real boon for runners who wanted to run fast - no other venue in Dublin came close. Noel always wanted to

run fast - he was a model of controlled speed and I was privileged to tag along and try to learn.

- Eoin Rothery, PO Box 1161, Subiaco WA 6904, AUSTRALIA

(Noel Carroll (profiled briefly by Aonghus OCléirigh in TIO87) used to write a sports column in the fortnightly magazine, Hibernia, called "Game Ball". back in the '70's. When TIO's current Editor was Secretary of the IOA, he sent a report to Noel about a Grade 1 event which was to be run at Kilmurry in Co. Wicklow, including the line "on a clear day you can see Wales from the top". This, however, got gremlined into "you can **wee** Wales from the top" and Noel reproduced it under the heading of "Welsh Leak". However, at some stage the gremlins or a sharp sub-editor spotted the mistake and changed it back to "you can **see** Wales ...", thus losing the whole point!)
Noel started orienteering around this time and ran for 3ROC and later GEN for a number of years, with his family. One thing which always stuck in my mind was the point he made every day of having an appointment with himself in his diary at go running at lunchtime: it was a vital part of his day and as important an appointment as any other in his busy schedule.
May he rest in peace.

IOF NEWS

World Games 2001

Orienteering is to be included in the 2001 World Games in Akita, Japan, according to the latest IOF Headlines news-sheet. The World Games is widely perceived as a trial for Olympic participation. The competition will include an individual event and a mixed relay for men and women. Numbers will be limited to 80 and widespread TV coverage is anticipated. The total number of athletes will be about 2500. In case you're interested, the dates are August 15-20 2001. The programme includes a "Jet-lag Day" on the 16th!

World Ranking Events

Ireland has been granted one World Ranking Event next year and it is expected to be the Irish Championships and/or Shamrock O-Ringen. The IOF World Ranking Scheme is ending its first year and the best 6 results for each runner from the preceding 12 months will count. Finland, Sweden, Norway and Switzerland have four WRE's each; Czech Republic, Denmark, Britain and Russia have three; Australia, Austria, Estomia, France, Germany, Hungary, Latvia, Lithuania, New Zealand and Ukraine have two; Bulgaria, Canada, Ireland, Italy, Japan, Poland, Romania, Spain, Slovakia and USA have one event.

World Cup 2000

The dates for the main events in the 2000 World Cup have been announced but they will be supplemented by additional short races (formerly the Park World Tour) which have yet to be arranged.
The proposed programme is

15 April 2000	Japan	Classic
16 April	Japan	Relay
22 April	Australia	Short
23-24 April	Australia	Classic
1-2 July	Ukraine	Classic
5 July	Belorusse	Relay
6 July	Belorusse	Classic
18-21 July	Finland	5-Day
October	Portugal	Short
	Portugal	Classic
	Portugal	Relay

Presidents' Conference 99

The two main themes of the 1999 Presidents' Conference arethe revision of the foot-orienteering elite events programme and the recruitment of new orienteers. The conference, which brings together all the Chairmen or Presidents of the IOF member federations, will be in Scotland on August 3rd 1999, in conjunction with the World Championships.

ON THE HOME FRONT

The three Home Internationals are over for another year. How did we fare (in other words, did we beat the Welsh or did they beat us?)?

The Senior event was in September in Yorkshire and the final score was England 233, Scotland 218, Ireland 135, Wales 129. We had great runs from Allan Bogle, Aonghus O'Cleirigh, Una Creagh, Toni O'Donovan, Colm O'Halloran and from Colm, Aonghus and Allan in the relay.

The Veterans went to the dragon's lair in October. Justin May won the M40L course, Monica Nowlan was 2nd W50 and we had several 4th's and a 5th in the Individual. (Read Brian Bell's very candid account of his travels elsewhere in this issue). In the Relay we finished only 6 points behind Scotland.
Final score: England 184, Scotland 137, Ireland 98, Wales 92.

The Juniors went to Scotland in October too. Allan Bogle finishes 3rd in W18 (but 2nd in M20 at the SHI ...) and could have won but for difficulty with one control. The Individual event gave England 170, Scotland 144, Wales 89 and Ireland 62. At the relay England scored 138, Scotland 240, Wales 161 and Ireland 110.

So over the three events, England scored 725, Scotland 595, Wales 382, Ireland 343. Ah well, better luck next year.

SHAMROCK 99

The 1999 Shamrock O-Ringen will be on June 25-27th and will include the Irish Championships on the Saturday. The events are at Faill an Stuaicín, Gougane Barra; Crohane, Glenflesk and Tie na Spideoige, Inchigeela. Entry forms will be circulated with a future issue of TIO or can be obtained from Bernard & Margaret Creedon, "Tavio", Mount Prospect, Douglas, Co. Cork.

NI CHAMPIONSHIPS

The Northern Ireland Championships at Florencecourt had a good representation from all over the country and saw a new East-West Mapping survey of the forested part of the area being used for the first time. The sun shone and the courses were fine. The only problem for the organisers seemed to be the fact that the Challenger Trophy was going on there the same day, with teams of boiler-suited executives team building and doing initiative exercises in the midst of the orienteering. This meant that parts of the area was out of bounds and caused a rather dull road run at the end.
The Northern Ireland Champions (not necessarily class winners) were:

M10A	Paul Kingston	FermO
M12A	Aran Savage	LVO
M14A	Matthew McCloskey	NWOC
M16A	Rory Finlay	FermO
M18A	Trevor Johnston	NWOC
M20A	Andrew Mein	NWOC
M21L	Brian Ervine	LVO
M35L	Charles Reid	NWOC
M40L	Bill Fyffe	FermO
M45L	Clive Majury	LVO
M50L	Wilbert Hollinger	LVO
M55	Ernie Wilson	LVO
M60L	Freddie McCann	LVO
M70L	Norman Ervine	LVO
W10A	Kerry Savage	LVO
W12A	Lyndsey Gibson	FermO
W14A	Zara Stevenson	NWOC
W16A	Heather Orr	LVO
W18A	Beth Smythe	NWOC
W21L	Heather Ervine	LVO
W35L	Ruth Blair	NWOC
W40L	Ann Savage	LVO
W45L	Jenny Orr	LVO
W50L	Isobel McKenna	LVO
W55L	Rosemary Croley	LVO

ELECTRONIC RIVALS

Major boost for SportIdent

Next year all runners in the Swedish 5-Day O-ringen in Dalarna will use the Sportident electronic punching system. This is a major step for electronic punching systems in Sweden. The decision about using Sportident is a co-operation between the 4 next organisers of O-ringen (Dalarna 1999, Närke 2000, Uppland 2001 and Skaraborg 2002. The competitors at O-ringen

will also use a train to get to the start. The capacity of each train is 1500 passengers and the travelling time will be 15-25 minutes.
Meanwhile in Finland, the rival electronic punching system, EMIT, is doing well. So far 160 Finnish clubs have ordered 6000 E-cards and 7600 electronic controls.
"This is much better than we had expected, and now the electronic punching system will be used already in the beginning of 1999", says the managing director Kimmo Sallinen at the Finnish Orienteering Federation. The first competition where all the runners will use E-cards in Finland is in January at the ski-orienteering competition in Ylistaro.
Success for EMIT in Finland but in Sweden Sportident is increasing their market position. First the Swedish O-ringen decided to use Sportident the next 4 years and now the Gothenburg Orienteering Federation has decided to buy 500 punching cards and 220 electronic controls. (from the n3Sport www site)

(The IOA has a substantial quantity of SportIdent equipment on order, including e-cards, control units and readers for results. Any club using the equipment will have to provide their own computer. Contact IOA Treasurer Noel Donagh for details. e-mail ndonagh@bigfoot.com)

IOF TECHNOLOGY DEVELOPMENT COMMITTEE

TDC wants to repeat the success of WOC 1997 in Grimstad and invites you to an open meeting in Inverness at WOC 1999. Preliminary time is August 5, 16.00 18.00 hours. At the meeting news and ideas related to TDC's priority subjects will be presented.

TDC priority subjects:
•Electronic Punching Systems
•Interface Standards
•Timing Systems
•Real time position monitoring systems
•WebCasting and Web TV

Companies, individuals, national federations and others are invited to submit proposals to relevant presentations. The meeting will have 5 presentations, each 20 minutes, describing how new technology can improve and/or simplify an O-event for competitors, organisers, the public and media.

Proposals are to be sent to Øyvind Stene, Båstadryggen 27, 1370 ASKER, Norway. E-mail: baastadr@online.no.

1999 IRISH MOUNTAIN RUNNING CALENDAR

Here are the fixtures for the first part of 1999

10/01/99 Hellfire Flash 5.6km 289m 12.00hrs
Hell Fire Woods, Killakee, Rathfarnham, Co. Dublin
17/01/99 Corrin Hill , Fermoy, Co. Cork
20/01/99 Quiz 8.30 RTE Social Club, Donnybrook, Dublin 4
21/02/99 Killiney Hill 8.0km 152m 11.00hrs
Killiney Hill, Car Park, Killiney, Co. Dublin
10/03/99 Irish Schools Champs 5.5km 250m 2.30 St. Columbas School, nr. Marlay Park, Rathfarnham
24/03/99 Quiz 8.30 RTE Social Club, Donnybrook, Dublin 4
11/04/99 Djouce International 8.9km 427m 11.00
Lake Car Park, Djouce Woods, Co. Wicklow.
21/04/99 .Hell Fire Relay 3.4km 85m 7.30
Hell Fire Woods, Killakee, Rathfarnham, Co. Dublin
25/04/99 Lugnaquilla 10.1km 718m 12.00
Camara Hill Track, Glen of Imaal, Co. Wicklow.
28/04/99 Goal Flash 4.5km 200m 7.30
Lamb Doyle's Pub, Sandyford, Co. Dublin.
05/05/99 Hell Fire Flicker 3.4km 85m 7.30pm

Details from Douglas Barry 01-2868180
imra website www.iol.ie/~imra/

Colm Rothery's report on the World Mountain Running Trophy at Reunion in the Indian Ocean will appear in the next issue.

MOUNTAIN BIKE 'O' GETS A START.

Damien Cashin reports on probably the first mountain bkie orienteering event in Ireland

For those of you who missed it, a mountain bike orienteering event took place on 31st October. I believe this event may well be a first!
Twenty five people with fifty wheels turned out at the saddle between Moneystown Hill and Trooperstown, 8km south of Roundwood village Co. Wicklow on a rather damp morning to try their hand and legs at a score type 'O' competition.
The event offered a two and three hour class with thirty controls out on the ground offering a possible score of six hundred points.
The map used was a portion of the CISM map produced in 1987 to which I had grafted bits of other maps with some resurvey of the path and track network in the area.
From a planning point of view I found it hard to judge the size of area and the number of controls to use. Among my concerns was whether or not the hps could be achieved and if the spread of controls was too great to allow participants achieve a satisfying effort. As it turned out Justin May and Marcus Pinker got all the controls well inside the three hour limit so I could have used at least one more control (I had removed a control feeling it would have put the hps outside someone's reach: now I know it would have been possible, we learn as we go along!) Although not getting all controls many people expressed their satisfaction with the exercise.
I asked participants what main difficulties they experienced during the event and two points came up: dealing with the map while cycling and watch the terrain and cycling on wet tracks/roads with no front mudguard, (ask Philip Brennan about that).
Rowan Lyons produced a clip board to mount his map on and this seemed to help. Dealing with the map also calls for good map memory skills if you plan to keep it in your hand all the way.
What about the bike? Well it must be in good nick and Brian Bell will tell you always bring your repair kit.
The bike '0' is not the sole preserve of adults, there were three juniors there on the day and they did very well. Darra and Ciaran O'Heafa were joined by Caoimhe Cashin (all AJAX) and

achieved a good score , on time, under the watchful eye of Joe O'Heafa,and I believe they enjoyed getting very wet!.
When I decided to organise this event I was concerned that the turnout would be very small. I need not have worried. Although twenty five participants seems small I was very happy with this number and they will encourage others to join them next time. Many thanks to all who came out in the rain and I hope all enjoyed the spin??.

Finally, what's next?
My next planned bike '0' will be a street '0' in Dublin on Sunday 20/12/98.
For the new year I am working on an area close to the last event.
Do take note that all my plans will require pre entry because of the need to produce special maps and avoid costly over-production of maps.

Damien Cashin

LAKES FIVE: Lake District Five Days 2-7 August 1998

The quote on the front cover of the results booklet (which was published in what must be a record time) sets the scene most succinctly:

It rained and rained and rained -
The average fall was well maintained.
And when the tracks were simply bogs,
It started raining cats and dogs.

After a drought of half an hour,
We had a most refreshing shower,
And then most curious thing of all,
A gentle rain began to fall.

The following hour was fairly dry,
Save for the deluge from the sky,
Which wetted the party to the skin
And after that - the rain set in.

Not written by a competitor in the 1998 Lake District Five Day event but by a visitor to the west coast - no, not of Ireland - of South Island, New Zealand, c. 1930!

Day One - Witherslack - was not a foretaste of yet to come. What a great start - beautiful day (that rare occurrence last summer : sunshine!) , pleasant mixed woodland. The unique terrain and wildlife make many parts of the area SSSI's and there were many out of bounds areas. The planners did a great job, though the funnel to the finish was confusing and competitors were approaching the finish from all sides of the red and white tape.

Who would have imagined the change in twenty four hours? Torrential rain during the night (5Omm in Ambleside) had changed dry gullies into raging torrents of white water. Those in the Event Centre campsite in Langdale packed and made a hasty departure as the car park for the day's event disappeared under water. The organisers, having delayed the starts for two hours, wisely decided to postpone the event until the rest day, Wednesday.

Tuesday, there were areas on the field for parking, the waters had receded. A long climb to the start and we were off on Silver Howe (must remember white areas are open moorland). A climb to the start, well it must be all downhill to the finish! It was but the bracken soon cut short any fast times on what appeared to be short courses. No line features and a lot of rock!

Wednesday, no rest day. Up on to the high fells on the west side of Langdale valley to Lingmoor. An area of many small slate workings and small stone ruins called for careful navigation, plus a precipitous descent into the woodland. A red line between two compulsory crossing points over Dale End Crags saw more than one minor injury and a serious one which required the rescue helicopter. Should the red line have deviated round the crag? That was the question of the day. *[W80 Elizabeth Brown (Southdowns Orienteers, mother of TV chef Sarah Brown of LOK) suffered two broken vertebrae and two broken ribs as well as a large loss of blood from a head wound. She was detained in hospital but is on the mend. - Ed]*

Day Four and a delayed start due to the weather (which didn't improve) saw 1400 competitors climbing the 3.5 km to the start. Over 100 years of environmental damage must have been done on that "track which was simply bog". The swirling mist again obscured the what should be magnificent views of the Langdale valley as we tackled the northern part of the Silver Howe map around Blea Rigg. Those rocks are certainly slippery in the wet!

Made it! Day Five. And what a venue it should have been. Grizedale Forest in all its glory. A large flat field for parking. A beautiful run in beside a stream. The planner conceded that there was a lot of unmapped rock! But those strange statues (or were they sculptures?) looming out of the mist, it was an eerie place. The cleared areas were difficult; but what is a terrace and where have the charcoal burners gone? By the way, it was raining again! Over 1900 competitors didn't hang around in a wet field. We wanted to get out while we could.

Full marks to the organisers who persevered in the atrocious weather and kept smiling. Who could imagine having to postpone an event in August because of the weather? Well done to all from MNAV, 3ROC, FERMO, LVO, FWAR and CORKO. Have I missed anybody? The best placed Irish competitor: Niamh Morrissey CORKO, first place in W14A. Congratulations and a magnificent achievement. Would we do it again? The views are supposed to be spectacular in fine weather!

Nigel Foley-Fisher, Midland Navigators.

Junior Home International '98

The Girls Report ...

It started as a cold, crisp morning at 4 am in Cork. All was quiet until Kildare, where a certain Denise boarded the bus. Her motto was "1f she's not sleeping nobody's sleeping!" To a backdrop of a beautiful sunrise we collected the Dubliners at Bewleys Hotel (where to the pleasure of the owners, 21 orienteers plodded into the foyer still half asleep). For the next stop we put our trust in the two bus drivers to safely navigate us to the Belfast HSS terminal but ended up at the Seacat. To our amazement, they showed brilliant orientation skills (just like the team) and arrived after relocation to the HSS on time. There, we met the six Northerners and proceeded to leave.

After three hours drive from Stranraer to Glasgow, we meet up with Ted Lucey and Charlie Reid who had hitched planes over. A famished team then went on the prowl for food, following that an exhausted group headed early to bed. Next morning another three hour journey brought us to the event we had all enthusiastically waited for. We sleepily hopped off the bus amidst comments such as "My gosh, jumpers! ... the Irish team are looking smart this year" and "a bus? we haven't seen one of those from the Irish in eight years!" To prove that not only the tracksuits and bus were new and high-tech, we all went out with PMA and ready for anything. What happened?

If anyone's been to Stathspey '95 they'll know exactly what happened! ! We battled through steep, hilly, craggy, thick wooded areas and squelched over open marshy land. To add to the new high-tech look we got to use Emit bricks, a type of electronic punching which certainly baffled and confused the inexperienced Irish team. Surprise, surprise the whole event didn't suit the Irish (or so was the excuse) and the highest results were Allan Bogle 3rd and Aislinn Austin 7th. After a little window-shopping in Aviemore, the bus drivers kept up their standard of orientation skills and got us lost again! To the

team, the hostel was luxurious compared to the night before. A certain pair of lads provided great amusement to the girls when they were so desperate for showers they resorted to the ladies shower block! (nice one Allan and Niall !) The meal was next on the agenda and the Irish arrived at it as they did the event - last!

The biggest cheer of the night went to the Sparkling, Glimmering Allan Bogle (due to a close encounter with some glitter) when he went up for his prize.
To the amazement of the Irish, they weren't the only ones on the dance floor as all teams participated fully in the Scottish ceilidh. The Irish team inspired by Niall decided to show their superior talent in Irish dancing and demonstrated the "Siege of Ennis". (Top marks went to Niall for his cheerfully poseful demonstration).

6.30 am was the designated time for waking, as the relays started at 9.05. The courageous, triumphant Irish team chanted for their first leg runners to psyche out their quietly awaiting opponents. The lake of diversity of first names on the Irish team caused confusion for the Irish as well as everyone. "Is it Niamh 1 or Niamh 2?" and "Is it Sharon 1 or Sharon 2?. No, it's Johnathon" So confused were some, that the sexes of members of the Irish team were even mixed up. The best results of the relays were: the M16, M14 and the W14 teams who all came third.

After group photos we departed at mid-day for the sake of the Northerners who couldn't miss school on Monday. So they got the 7.30 pm HSS after six hours journey. The remainder of us spent the evening concocting different dishes for dinner, at which the boys showed great future culinary skills to the great surprise of the clientele. (thanks a million Nathan, Chris and Niall. It was scrumptious!). yet again an early start and more travel as the HSS left Stranraer at 10 am with a subdued yet high-spirited Junior Team.

The team spirit was high all weekend even though the results were low (the epitome of which was when the English and the Welsh passed us on the motor-way in a traffic jam!) and everyone agreed it was one of the best JHI's in many years. Although we spent more time on the bus than on land a great atmosphere of friendship and fun was formed. Although the next JHI is not for another year, most of the juniors are already planning training for next year. (P.S A training trip to Sweden or some money wouldn't go astray!)

After sorrowful goodbyes yet another JHI is left behind us. The team consisted of: 2 Alans, 2 Nialls, 2 Sharons, 2 Niamhs, 2 Luceys, 2 Healys (no relations), 2 Bourkes (no relations), 2 Foley-Fishers, 2 Cotters

The team in full was:
W18 Susan Healy

W16 Aislinn Austin, Laura Cotter, Denise Healy, Sharon Lucey

W14 Niamh Morrissey, Niamh O'Boyle, Zara Stevenson, Sharon O'Mahony

M18 Alan Barry, Allan Bogle, Darren Burke, Niall Bourke

M16 Stewart Caithness, Rory Finlay, Jonathan Lucey, Nathan Foley-Fisher

M14
Niall Walsh, Thomas Cotter, Christian Foley-Fisher, Ben Fulton, Matthew McCloskey (res)

Thanks a million to everyone who helped out with us. Thanks Ted for all the encouragement and time you put into us, thanks Charlie, Mr Cotter and our two bus drivers for putting up with us all weekend.

(by Susan and Aislinn with help from everyone).

JHI '98 SCOTLAND

The Junior Home in '98
Was to decide Irelands fate,
How would all of us compare
To orienteers from everywhere??

Friday night was spent in Glasgow
Spirits were high and systems were 'go',
A four hour drive on Saturday
Day one begins-we're on our way!!

Gorstean was to he the place
Runnable forest with open mountain face
Christian was the first to go
And after him came a steady flow,

Of junior runners trying their luck
To navigate both bramble and muck,
Along the paths and through the fight
Cries of "Where is that bloody kite??"

Using electronics for the first time
We began to finish all covered in grime,
All changed proudly to our green tops
To see who'd won and who were flops.

Allan Bogle fared the best
He came third and beat the rest,
But everyone can be proud
We competed and that's what counts!!

The ceilidh and dinner on Saturday night
Was great *craic*. the day had been bright,
Returning to the hostel a couple went astray
But even without maps they found their way.

Spirits soared once again
For Day Two on Achlean.
The men and women relay teams
(W14,M14, M16)
All finished third and gleamed and beamed.

At the prize giving ceremony
The English looked all stiff and phony.
The biggest cheer of the night
Went to Allan, sparkling bright.

Two Niamhs, Sharons, Allans and Nialls
Caused a bit of confusion to rise,
Also a heap of the same second names
Caused a load of fun and games.

Back Monday on the sea ferry,
Wrecked and sore, but very merry,
Some said good-byes but none shed tears
We'all all be back in future years.

The whole event was quite successful
And we all looked highly professional
With our team jumpers and our own bus
Thanks Ted and Charles from all of us!!

(Niamh O'Boyle).

Remember!

CompassSport (STG£17.50 for 1 year, STG£34 for two years), ***Orienteering World*** (IR£14 for 1 year) and the ***Scientific Journal of Orienteering*** (IR£9 for 1 year) are all available through The Irish Orienteer.

For CompassSport, send your credit card details preferably, for the others send cheques made out to The Irish Orienteer.

VHI 1998 - My Disaster

(In TIO 87 the editor asked for accounts of bad runs, mistakes, blunders and disasters. Special thanks to Brian Bell who has very bravely revealed what happened to him at the Veteran Home International in Wales this year. Looking at mistakes is a lot more productive than looking at perfect runs.)

The map with Brian's route is in the centre pages.

Brian writes:
My thoughts through the course as I can remember them!

Control 1. Went a bit high and was a bit tentative but didn't lose any time.
Control 2. Again no problem. This is easy.
Control 3. Decided to run up the track as the heather was high and the going rough. I don't know if this made any difference. Picked up the control OK.
Control 4. Almost overshot. I thought I had another *50* paces to go and wasn't looking. I just saw the control out of the corner of my eye. My luck was in.
Control 5. I knew I was low but after the last control I wasn't sure and I could see a control beside marsh grass. I couldn't trust myself and went down to confirm it was the wrong control. Lost a couple of minutes.
Controls 6,7 and 8. No problems, the easy feeling was setting in again.
Control 9. Total disaster. I don't really know where I went. I think I was too high. After a while I saw the new fence marked as a map correction. I relocated but I missed the control again. I wandered off over to the east and ran (jogged in an exhausted manner) from hilltop to hilltop. I must have visited every hilltop in the area. At this stage I was thinking up excuses for Trina. Again I relocated by recognising the run down from control 8. Very carefully(and slowly), I followed the contour line across and hit the control smack on. Great orienteering 3rd time around.
Controls 10,11,12,13,14 and 15. No problems, apart from feeling a bit tired. I was out nearly 2 hours at this stage.
Control 16. Missed to the south. Recognised the mistake from the contours and ran!! back over to the spur shaped area. Only lost a minute or two.
Control 17. Another disaster. Following my mistake on 16, 1 was trying to make up the time and was running harder than thinking. I think I still had aspirations of trying to get back in under two hours. I was looking at the run to 18 and forgot about 17. There were enough warning signs, 1 wasn't hitting the marshes, the contours were wrong but I sailed on blissfully assuming I would be able to relocate when the finish area appeared. The ruined wall appeared in the wrong place. Who drew this map, the features haven't been correctly mapped!!. Eventually I cleared a small rise and saw the large crags over to the south east. Great, at least they were mapped correctly. I stopped(for a breather) to check which crag was which and saw my mistake. Depression and bad language. I thought about DNF-ing, but I couldn't think of a good excuse to tell Trina. I ran(trudged) back towards 17. Along the way, I fell into a deep water filled hole(that wasn't mapped). Someone nearby heard my comments!! and came to help me out. The funny thing was that the water was clean so my shoes and O-suit came out spotless.
The rest of the run was just normal orienteering if a bit boring as I had to run the same leg for a second time. I hit controls 18 and 19 OK and finished to some very diplomatic good comments from Trina. Justin had won the course and completed in less than half my time.

Coaching Corner

By *Frank Ryan IOA Coaching Officer*

IOA Coaching Award Scheme: Level 3 Coach

The IOA Coach Education Course for potential Level 3 Coaches will commence in 1999 with a number of weekend workshops spread throughout the year. See details below.

Candidates will also be expected do at least two days practical coaching with Juniors during the Junior training week in August.

The IOATCB has identified a number of potential candidates for the courses and they are been invited by the Board to attend the course. As the course is being highly subsidised by grant aid received from the Irish Sports Council the costs per weekend will be minimal (£10-20 maximum).

If you are interested in doing the course or even attending one or two of the workshops and you have not received an invitation please contact me immediatly. There is a registration fee of £20 as I have to book venues for each weekend and I must know the number on the course to do so.

There is the possibility that where candidates cannot attend all the workshops in 1999 there may be a repeat of the course in the year 2000 so the course could be completed over a period of two years.

Irish Orienteering Association Level 3 Coaching Course

1 5/6/7 Feb. Fitness Training Workshop, Killmurray Village, University of Limerick - Residential

2 23/24/25 April Psychological Training Workshop Shannonside School House, Portumna - Residential

3 18/19/20 June Technical Training Workshop. Killarney Holiday Homes - Residential

4 21-28 August Practical Coaching Week: Coaching in the field, Shadowing and questioning, Mentoring. Killarney Hostel - Residential

5 17/18/19 Sept First Aid Workshop, Rescue and Emergency Care, Overuse injuries, injury prevention, treatment. Glendalough Hostel, Wicklow- Residential

6 5-6 Dec Information Technology/Sports Science /Disability Workshop - Non Residential

Workshops will normally commence on the Friday evening at 8.30pm and
finish on the Sunday at 4.00pm approximately

Frank Ryan
Tel. 091-770555 ext 2213 work
Tel. 091-753829 Home

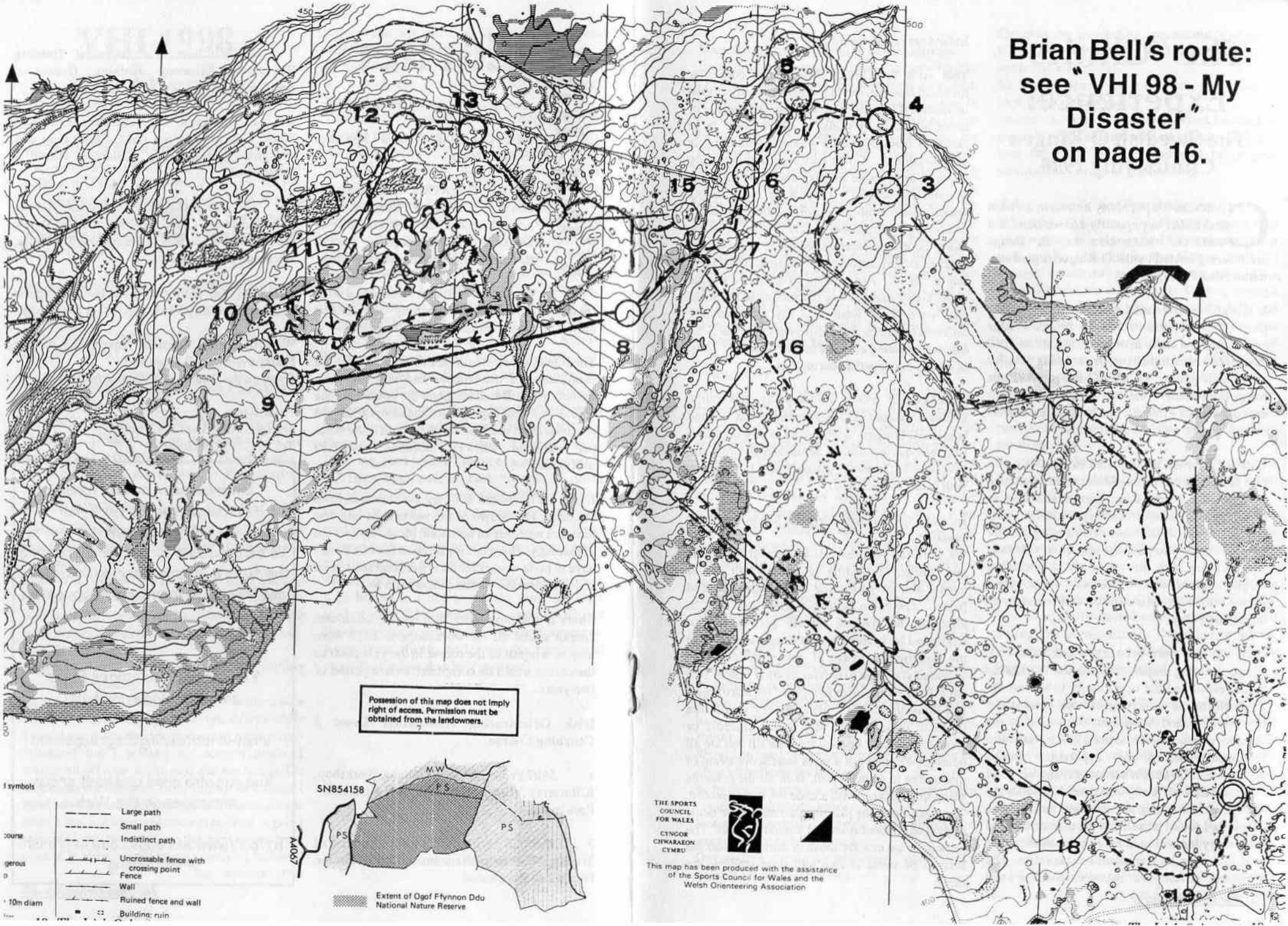
Interested in an electronic discussion group for Irish Orienteers?
To be used as a forum for discussing the future of orienteering in Ireland and informing members of upcoming events.

You can post messages to its members via e-mail at:

irish-orienteering@egroups.com

You can also read and post group messages on the Web:

http://www.eGroups.com/list/irish-orienteering


Brian Bell's route: see "VHI 98 - My Disaster" on page 16.
Possession of this map does not imply right of access. Permission must be obtained from the landowners.
SN854158
M.W.
PS
PS
PS
A4067
Large path
Small path
Indistinct path
Uncrossable fence with crossing point
Fence
Wall
Ruined fence and wall
Building; ruin
Extent of Ogof Ffynnon Ddu National Nature Reserve
THE SPORTS COUNCIL FOR WALES
CYNGOR CHWARAEON CYMRU
This map has been produced with the assistance of the Sports Council for Wales and the Welsh Orienteering Association

The "Clinics" Experience:

The Swedish O-Ringen Clinics, July 1998

Clinics, as it's popularly known in Sweden and rather unpopularly known here, is a week of immersion in all things orienteering hosted by the O-Ringen organisers, writes **Nina Phillips**.

It brings together small numbers of orienteers from all over the world to broaden their knowledge and skills in orienteering, through 10 days of lectures/discussion, orienteering practice and participation in the O-Ringen/5 Days competition itself. This year the IOA and NIOA sent three of us - myself, Ian Lockington and Ed Niland - to see what we might learn!

With the World Cup included in the O-Ringen this year, the organisers provided accomodation for both the World Cup runners and Clinics participants in a hotel/conference centre. This added an air of serious orienteering to the experience but also gave the opportunity to meet and socialise with the world's best, including Jorgen Martensson, some of whom gave presentations on their courses and routes to us during the 5 Day.

Each day we were brought to one of the O-Ringen training maps, including the World Cup model event and the opportunity to try out the Emit electronic punching system (personally however, I found Sportident - as used at the Shamrock - much easier to use). Not having been to Sweden before, this experience proved invaluable. The terrain is beautiful and very fast and the maps perfectly accurate, but suddenly after years of avoiding the technique and denying its merits I found myself having to compass and pace every leg and read every tiny detail on the map, including 2.5m contours on some days. The technical differences between Sweden and Ireland are just indescribable.

That aside the Clinics this year in particular focussed more on development of the sport than on technical lessons. This reflected the profile of those attending, I think, as there were large numbers from countries where orienteering is only beginning. China had 9 participants only one of whom spoke English and none had ever orienteered before! They were representing sports administration in universities, etc there and trying to bring new sports into the country. Other countries represented were from as far apart as Brazil, Lithuania, Portugal, Russia and South Africa. Just talking to all these people about their countries was fascinating in itself. At one lunch there were 7 at my table from 7 different countries and 4 different continents - all discussing eating customs in each country! Most of us lost our appetites during this.

Development topics covered by the clinic included introducing orienteering to schools and beginners, bringing orienteering to new countries and introducing Ski-O, Mountain Bike-O and Precision-O (formerly called Trail-O - for those with restricted mobility).

Introducing orienteering to beginners and schools

We were shown exercises to interest beginners and children, including some excellent indoor events and exercises for school grounds and parks. The main principle used here was to eliminate all risk of anyone getting lost or frightened by keeping it very simple and close to the start/finish. Ways of doing this outdoors included star-type exercises of only one or two controls at a time, often in sight of the start/finish, and mini-orienteering using a very small area (indoors or out) and very small controls or stickers that can't be seen from far off but are all nearby. We tried out a mass start score event of this nature in a sports hall, with all the controls being tiny stickers with a code we had to record. The features on the photocopied map were items of gym equipment scattered around the hall. The principles are exactly those of normal O and the lessons of route choice and map reading the same.

Introducing orienteering to new countries

In order to get foot orienteering included in the Olympics there must be a certain minimum number of countries taking part and affiliated to the IOF. Clinics director, Peo Bengtsson, is one of the main promoters in this respect and his company travels the world trying to "sell" orienteering to new countries. Some interesting problems have arisen, which make Ireland look fortunate. In Africa, although the Kenyans, etc are such wonderful athletes the only reason they run is for money to live. Although they were interested in the idea of orienteering, the concept of doing it for fun and not professionally was not popular. In the Middle East and areas of Asia, many of the best areas are unusable for political reasons and climate is also a problem. Other countries just don't have any trees!

Precision-O

Designed for those who have mobility restrictions and are confined to the tracks, Precision-O is an excellent modification of standard orienteering and is well worth a try by anybody. From a marked point on the track, the competitor can see 2 to 4 control flags positioned around a feature, say a re-entrant or boulder cluster. The flags are identified as A, B, C, from left to right. Using the control description you must decide which of the flags marks the exact site described. This is by no means as easy as it sounds. I hope to put on a short Precision-O course after some event during the year. Somebody remind me!

Park Racing

The founder of the Park World Tour (PWT) spoke to us on the principles of park racing. Hopefully of use to those organising park events this year, he highlighted the following characteristics to be included in a park race:

Should be used primarily as a marketing exercise / free advertising for the sport.

To be highly spectator friendly - including visible controls / spectator controls.

Not too technical - provide route choice but emphasis is totally on speed.

One course should be sufficient - about 3 km (winning time 12-15 mins).

Controls on interesting, prominent features - PWT controls have been up towers, climbing walls and waterfalls!

Ideally get sponsorship banners, etc - make it look like a serious race.

Above all, make it look as fast and exciting as possible. This will attract new athletes most and lose the "walk in the park and bring your sandwiches" image of orienteering.

Orienteering in the Olympic Games

Whilst Ski-O is now a full Olympic sport, foot orienteering is a recognised Olympic sport but will not be included in the Games until (1) enough countries are competing and (2) a suitable format is established. Getting enough countries involved is the work of the IOF and World Wide Orienteering Promotions is also trying to achieve this aim. The question of format is the more interesting one. Orienteering has the following problems to overcome:

It is neither spectator not media friendly.

A runner's performance can be influenced by the runners around him/her and this will not be equal for all runners.

The competition is long and results not immediately evident - there is no exciting finish line action.

The integrity of the course and security of the runners (yes, this is the Olympics) is difficult to ensure - not something that would immediately spring to mind.

The suggested solution is a short race format with many spectator controls. The areas would have to be completely cleared and guarded before and during the competition. The other problems effectively have not been solved. Any suggestions to the IOF please!

All in all, attending the "Clinics" was a serious learning experience - in terms of orienteering in Sweden, learning about the sport and discovering other cultures of orienteering and life! The focus seems to change from year to year (and maybe this is something the IOA should find out before deciding who to send each year) but anyone who is really interested will benefit regardless.

I would also like to thank the IOA for their

support in my application. I have more detailed information we were given on some of these topics - if anyone wants it please contact me (01-286 2578). Anyone interested in going next year should contact the IOA early in 1999.

Nina Phillips

THE OLYMPIC QUESTION

Martin Fürnkranz from Austria had this to say about orienteering in the Olympics in the recent issue of Orienteering World. Is he right?

"Since the early sixties there have constantly been optimistic articles about orienteering's inclusion into the Olympics, and it still goes on in 1998. When will the IOF finally stop dreaming? Orienteering will never be a part of the Olympic Games, because the Olympics are all about money, and since you cannot make money out of orienteering the IOC is not interested in it! There are many brand-new sports which are already included in the Olympics simply because they have a mainstream commercial appeal. The whole "Olympic Project" is a mere waste of time and money which could be used more sensibly for other purposes.

It really makes me feel sad and bewildered when people like Igor Stolov (in Orienteering World 98/3) propose that for TV and spectators "it will be necessary to sacrifice technical quality for better and more vivid visual conditions". Inventions like the 'one-man-relay' sacrifice the quintessence of orienteering, deprive it of what it's all about! There have already been events where one and the same control had to be punched several times, just to give TV and spectators more action - how much technical skill do you need to find a control you already had before? This isn't orienteering any more, but comes close to cross-country running with control punching!

I think it is even better for orienteering to stay outside the Olympic arena. We are still mainly non-commercialised and full of idealistic values and friendships. There will always be people practising our wonderful sport, even in the year 2098, and we do not need to 'raise the profile' in order to attract more followers - orienteering has the potential to live and grow naturally. Orienteering isn't a spectator-friendly sport and never will be - and if it ever will be then it isn't orienteering any more."

WORLD CUP FINALS

Cast your mind back to May: the world's best orienteers came to Killarney to start the 1998 World Cup series. The Individual races were won by Norway's Bjornar valstad and Hanne Staff, the relays by Denmark and Finland. How did they fare after leaving our shores? Well, Hanne Staff could do no wrong: she finished the series with 296 points out of a possible 300 for her best 6 races, 12 points clear of Finland's Johanna Asklof who was a further 15 points ahead of Sweden's Katarina Borg. Britain's Heather Monro finished 10th. Staff headed the table throughout the season and fended off a late challenge from Askloff (2nd in Ireland).
Bjornar Valstad and Sweden's Johan Ivarsson headed the field for a long period and were only overtaken by Denmark's Chris Terkelsen in the final race in Finland.

Orienteering World editor, Clive Allen reports:
It was fitting that the three leaders in the women s World Cup rankings, Hanne Staff, Johanna Asklöf and Katarina Borg should finish in this order in the Final. Asklöf had briefly had the most points in the middle of the final rounds of events, but Staff emphasised the dominance she has had throughout the season, befitting her classic distance World Champion status, by winning the last two classic events. Her margin over Asklöf in the final race was 55 seconds, with Borg a further 14 seconds behind. She lost almost 2 minutes on the 3rd last control and heard the speaker indicating that Johanna Asklöf was in the lead, but recovered sufficiently to win.

Hanne Staff thus completed the series with 296 points, Johanna Asklöf finished with
284 and in third place Katarina Borg totalled 269. Hanne Staff has this year won 5 World Cup races, 5 Park World Tour races and the Park World Tour overall, and all distances in the Norwegian Championships - an outstanding season on any count.

Denmark's Chris Terkelsen became the men's World Cup Champion after a nail-biting tussle in the final race with Bjørnar Valstad and Johan Ivarsson. Before the final two races in Finland Terkelsen had run just six counting races after dropping out in the classic race in Slovakia two weeks earlier, but was still in 3rd position overall. He knew that realistically he had to win at least one of the final two races to achieve overall victory.

The short distance race was going well for him until, when in the lead, he made a costly error of more than a minute at the next-to-last control. So instead of winning he ended a disappointed man in 14th place, in a hard-fought race won by Janne Salmi.

So it had to be victory for Terkelsen in the final race, *and* neither Valstad nor Ivarsson could come higher than third - *or* second place for Terkelsen with the others no higher than fifth. An extremely determined Chris Terkelsen stormed round the 11.9 km of the Final in 72.53 (just a little over 6 min per km) - and home runner Timo Karppinen did him the favour he needed by getting second place, 52 seconds slower than Terkelsen and crucially just 17 seconds faster than Ivarsson. Valstad was 6th, almost 3 minutes slower than the winner.

Terkelsen was thus able to drop his lowest score and advance to 282 points, just one point more than Ivarsson, with Valstad unable to improve his score and finishing 2 points further behind. This was Chris Terkelsen's first-ever World Cup classic distance win and the first World Cup series win for a runner not from Norway or Sweden.

A remote gravel pit in a forest near Otepää, Estonia was the venue for two exciting races in the World Cup Relay Final.

All races counted in the three-race series, and Denmark's men were defending a 6-point lead over Sweden built up by winning both of the first two events, in Ireland and Poland.

With 3 points extra per place in the final race, Denmark could not afford to slip up too much if they were to emerge as overall winners.

Czech Republic's day

Carsten Jørgensen was absent (achieving a Danish record time for half-marathon in Berlin), and Thomas Hjerrild went out on first leg for Denmark. Up with the pack at the spectator control, he lost his strength badly in the final phase of the course and came in more than 7 minutes down on the lead held by the Czech Republic.

Long-established Danish team members Chris Terkelsen and Allan Mogensen then both had excellent runs, pulling the team up to finish 4th. In a tight finish Rudolf Ropek held off all comers to bring victory to the Czech Republic by 10 seconds, and the surprise team of the race, Estonia 2, got in 8 seconds ahead of Sweden to take 2nd place.

So it was overall victory to Denmark. The Danish men have in succession won the World Championships, the Nordic Championships and now the World Cup - a remarkable achievement. Sweden were second overall and Norway third.

That woman Staff again...

The situation at the top of the women's table before the final race was very tight, with Finland one point ahead of Switzerland who were themselves one point ahead of Norway. But Norway had the confidence gained from winning the second event in Poland, and went out determined to get a second successive victory.
The young Swiss second team did extremly well to come fourth (third in the counting as they were behind both Finnish teams), after their first team

was disqualified, but it was Norway in the persons of Elisabeth Ingvaldsen and Hanne Staff who dominated the race from the second leg onwards, eventually winning the race by 4.04 and thus the title by 1 point over Finland with Switzerland third.
(Speaking of casting your minds back to May, has anyone seen a copy of the Shamrock O-Ringen results yet??)

World Cup '98 - Irish athletes breakout.

- Aonghus O'Cléirigh

Highlights of the series include:

Ireland grasps the nettle and organizes World Cup events, and Irish athletes for the first time qualify for World Cup finals and even score points! Points are awarded in both A- and B-finals.

Ireland's big hitter this season - Colm Rothery places 22nd in the final of the Short distance race (World Cup Event 4).

John Feehan, Colm Rothery, Bill Edwards, James Logue, Marcus Pinker, Una Creagh and Toni O'Donovan qualify for one or more A-final races in the series.

Dark-horse Chris Terkelsen (DEN) in a thrilling endgame wins the men's series by just one point.

World Champion Hanne Staff (NOR) romps home to overall victory after five World Cup race wins. She also won five Park World Tour races (to win the series) and all of the races in the Norwegian Championships - a new record!

Jana Cieslarova (CZE), World Short Distance Champion in 1991 and who broke her leg in 1994, makes a comeback to win two World Cup races.

Popular athlete Yvette Hague wins World Cup Event 4 on home soil. (British stars Hague and Steven Hale are bronze medallists in Ireland.)
Veteran Jorgen Martenson (SWE) doesn't win any races but still finishes fourth overall.

World Relay Champions and now World Cup Relay winners, Denmark's team boasts in its panel talent like Chris Terkelsen, former World Champion Allan Mogensen, relay specialist Torben Skovlyst, and athletic super-star Carsten Jorgensen. (Two wins and one second place takes the team to overall victory).
Norway win the women's series, one point ahead of Finland.

Final Points Table - Men.

1)	C. Terkelsen	Denmark	282
2)	J. Ivarsson	Sweden	281
3)	B.Valstad	Norway	279
70)	C.Rothery	Ireland	27
105)	C.O'Halloran	Ireland	4
	B.Edwards	Ireland	2
122)	S.Linton	Ireland	1

Final Points Table - Women.

H. Staff	Norway	296
J. Asklof	Finland	284
K. Borg	Sweden	269
U. Creagh	Ireland	2

Irish athletes who gave it a lash in the series are Toni O'Donovan, Eadaoin Morrish, Nuala Higgins, Una Creagh, Eileen Loughman, Ailbhe Creedon, Julie Cleary, Bill Edwards, James Logue, Steven Linton, Colm Rothery, Colm O'Halloran, John Feehan and Marcus Pinker.

Postscript: X-County exploit: More recently (29 Nov) ever-improving Colm Rothery finished an excellent 11th position in the Senior Men's Inter-Counties X-Country Championships in Longford, where he represented Dublin. He was 5th finisher on the winning Dublin team. This is very serious fire-power and gives Colm lots of options in an orienteering race.

THE YEAR AHEAD

Some event notifications are trickling in for 1999. There are too many events to list them all, but here are some that might tempt you to try orienteering outside Ireland. It's a great experience and you'll be surprised just how many people will finish behind you even if you're only a moderate orienteer, so give it a try. With the World Championships and Scottish 6-Day only a couple of hours away, how could you miss it?

The 7th Lowe Alpine Mountain Marathon will be on 15th/16th May in Co. Wicklow in the Glendalough area. There are four courses: Elite (40km - 10 hour winning time), A (35 km - 9 hours), B (30 km - 8 hours), C (24km - 8 hours). A new "Elite Solo" class this year will cater for the most experienced competitors.
Entries close on 30th April. Details from Pat Healy, Cut Bush, Curragh, Co. Kildare (Phone/fax 045-446125), e-mail healyp@tinet.ie

Easter in April, the Jan Kjellstrom Trophy will be in Surrey, south west of London, reminiscent of many races run after a sleepless night on the mail boat and train to a Leinster v London clash. Maybe not the most challenging or scenic orienteering available, but the JK is still the JK, and it's a hell of a race. The event centre is at Leatherhead Leisure Centre, SW of London, near the M25.
Friday April 2nd Training Day - Redlands
Saturday April 3rd Individual Day 1 - Leith Hill
Sunday April 4th Individual Day 2 - Holmbury & Winterfold
Redlands, Leith Hill. Holmbury & Winterfold are adjacent wooded areas of the Greensand Ridge SW of London. All share the same topography - a steep Southern escarpment with North sloping spurs and re-entrants, some intricate. Runnability will be generally good but height climb is likely to be significant on most courses.
Monday April 5th Relay - Hawley & Hornley
This area is not as physically demanding and its runnable mixture of wood and heathland, its contour detail and other features make it particularly suitable for a relay.
Entry forms have been sent to all Irish clubs or can be obtained by sending a stamped self-addressed envelope to: JK99, 168A Bellegrove Road, WELLING, Kent. DA16 3RD

Of course we have the Irish Championships, this year combined with the Shamrock O-Ringen in the Cork/Kerry area on the last weekend of June.

For those planning of going further afield there's a promising 6-Day in Switzerland from July 24-31. Contact Schweizer 6-Tage-OL 1999, Postfach 805, CH-4901 Langenthal, Switzerland. e-mail 6day99@solv.ch
www.ch6days99.com

The big one this year is Highland 99, the Scottish 6-Day and World Championships at Inverness. Dates July 31 to August 8th. Entry forms were in the last TIO. Web site: www.scottish-orienteering.org/highland99/
Over 5000 competitors are expected, so book your accommodation early to avoid disappointment!

Older readers might like to consider the World Masters O-Championships at Århus in Denmark from July 18 to 23rd, before drinking their cocoa. Only M/W35's and over need apply. Details from WMOC 1999, Post box 164, DK-8100 Aarhus C, DENMARK. Fax: +45 8619 1436, E-mail: wmoc99@mmm.uni-c.dk See you there.

Other 1999 events worth considering are
For St Patrick's Day (-ish) how about the 3-day Spring Cup in Denmark from March 26-28, followed by a one night and three day event in Holland on April 1-4. Also for Easter, the 3-days at Prague, 4 days in New Zealand or 3 days in Australia. May has the Tio Mila overnight relay in Stockholm, Sweden on 24-25th and the start of a series of French "Raids", some kind of mountain marathons, it seems.

Continued on page 33

RESULTS SECTION

Orienteering Grade 1 Event, Glendalough, 18th October, 1998, 3ROC

Course 1 (Black) 9.2km, 315m

1	Marcus Pinker	Cork O	M21	67.20
2	Justin May	3ROC	M40	72.12
3	M Walters	Ajax	M35	88.55
4	K McDonald	Ajax	M40	94.36
5	G Brady	Cork O	M21	97.30
6	Patrick Casey	GEN	M21	101.54
7	Peter Kernan	Ajax	M21	110.51
8	Senan O'Boyle	CNOC	M40	111.00
	Hugh McLindon	3ROC	M21	MP20
	Brendan O'Brien	Ajax	M21	MP20
	Paul Smyth	Ajax	M21	MP19
	Alasdair Thin	UCDO	M21	DNP 8

Course 2 (Brown) 7.5km, 290m

1	Marcus Geoghegan	Ajax	M35	78.49
2	Bill Simpson	LVO	M45	81.16
3	Dave Weston	Set	M35	88.24
4	L Quinn	Set	M35	89.41
5	Andrew Quinn	3ROC/DUO	M20	93.59
6	Andrew O'Mullane	GEN	M21	95.27
7	Brendan O'Connor	Ajax	M21	98.23
8	David Brennan	3ROC	M40	102.32
9	S O hEafa	Ajax	M35	116.00
	Colin Burns	Ajax	M21	DNP 7
	Chris Blau	UCDO	M20	DNP 4

Course 3 (Brown) 6.6km, 290m

1	Una May	3ROC	W21	69.57
2	B Bell	GEN	M40	74.44
3	D Cashin	Ajax	M40	77.01
4	R Lynam	CNOC	W40	84.40
5	Ailbhe Creedon	DUO/Cork O	W21	86.20
6	Aislinn Austin	Cork O	W21	89.36
7	Bridget Lawlor	CNOC	W21	89.38
8	Val Jones	Fingal	M40	94.33
9	E Glanville	3ROC	W21	94.39
10	F O'Brien	Ajax	W21	110.17
11	Joan Flanagan	Ajax	W21	112.34
12	John Crowley	GEN	M40	121.00
13	John Rowe	Fingal	M35	132.26
	Rowan Lyons	DUO	M21	DNF
	Susan Healy	GEN	W21	DNF
	Don Short	CNOC	M40	DNF

Course 4 (Blue) 6.1km, 250m

1	Wally Young	CNOC	M45	69.18
2	Gavin Doherty	GEN	M21	71.19
3	Brian Jones	DUO	M21	71.59
4	Nigel C-Crawford	3ROC	M50	74.47
5	Bohan	CNOC	M21	75.25
6	B O'Neill	CNOC	M50	76.16
7	John de Lacy	Ajax	M45	78.03
8	J Lalor	GEN	M45	78.23
9	Cathal Nugent	UCDO	M21	81.17
10	B McGrath	3ROC	M50	81.39
11	Tom McCormack	GEN	M45	82.16
12	Fergal Buckley	DUO	M21	86.10
13	Alan Cox	3ROC	M21	87.13
14	John Devitt	DFOEC	M21	97.19
15	Alan Goddard	3ROC	M50	100.55
16	B Greene	3ROC	M18	104.33
17	D Quinn	GEN	M45	105.20
18	Andrew Boyle	Ajax	M21	105.27
19	D O'Murchu	CNOC	M45	131.29
20	Robert Harrington	3ROC	M21	141.30
	Brendan Doherty	GEN	M50	DNF
	A Lawlor	CNOC	M21	DNF
	Robert Wall	DUO	M21	DNF
	Neil Dobbs	DUO	M18	DNP 11
	Fachtna Healy	SET	M21	DNP 5

Course 5 (Blue) 5.5km, 220m

1	Paget McCormack	GEN	M55	75.30
2	Pat Flanagan	CUNOC/3ROC	M55	85.34
3	Harold White	3ROC	M55	94.30
4	D O Donghaile	DUO	M21	99.10
5	Brian Hollinshead	3ROC	M55	105.27
	T Keegan	3ROC	M21	DNP 9
	David Healy	GEN	M16	DNP 3
	Mick Gallyon		M35	DNP 5
	Alan Young			DNF
	W Doyle		M45	DNF
	Alison Tottenham	LVO	W45	DNF

Couse 6 (Green) 4.7km, 210m

1	Monica Nowlan	3ROC	W50	78.30
2	Ger Power	3ROC	W45	79.01
3	Jean O'Neill			83.00
4	Doug Corrie	FIN	M40	87.59
5	W McCormack	GEN	W45	88.05
6	Brian Power	SET	M50	88.15
7	Mairead O'Keeffe	HVO	W21	89.27
8	ABL			91.58
9	E O'Suilleabhain	3ROC	M50	93.42
10	Marguerite O'Rourke		GEN	
W21	97.25			
11	Maura Walsh	3ROC	W50	99.28
12	B Flanagan	CUNOC	W50	110.12
13	Deirdre O'Neill	FIN	W21	123.57
14	Chris Bell	3ROC	M45	131.13
	G Fitzgerald	3ROC	W55	DNF
	Sandra French		W21	DNF
	Eddie Casey		M21	DNF
	David McAmoy	DUO	M21	DNF
	M Dooley	CNOC	M60	DNF
	Paul Dunne	WEGO	M40	DNF
	Aine Ni Shuilleabhain	3ROC	W45	DNF
	Catherine Butler	DUO	W21	DNF
	Eimear O'Dwyer	DUO	W21	DNF
	P Cullen			DNF
	Sybil McCormack	GEN	W20	DNF
	Geraldine Ryan			DNF
	A Heerey	Ajax	W21	DNF
	Susan Bell	LVO/UCDO	W18	DNF
	Joan McElwain	3ROC	W21	DNF

Course 7 (Green) 3.8km, 180m

1	Mary O'Connell	3ROC		52.59
2	Sean Rothery	3ROC	M70	67.06
3	H Convery	3ROC	W55	75.10
4	P Cooke	Ajax	M65	98.12
5	EM MacMeanman	UCDO	M21	113.45
	Vera Murtagh	3ROC	W55	DNP 10,11
	Mary Grennan		DNF	
	Simon Grennan			DNF

Course 8 (Green) 3.4km, 165m

1	D Nagle	3ROC	W45	74.30
2	Nora Lalor	GEN	W45	76.30
3	Andrea McCormack	GEN	W50	81.25
4	AM McKenna	AJAX		83.33
5	Claire Walsh	3ROC	W55	84.27
	L Quill	FIN	W50	DNF

Course 9 (Green/L. Green) 5.2km, 200m

1	Peter McNamara	DUO	M20	75.14
2	Niall Walsh	3ROC	M16	82.00
	F O'Dwyer			DNP 7
	P Crowley			DNF
	MJ Geaney	DUO	M16	DNF
	Tom Brophy	DUO	M20	DNF
	Mark Emmerson	DUO	M16	DNF
	Jo Barrau	DUO		DNF
	Niall English	UCDO	M20	DNF
	Sean McCormack	GEN	M20	DNF

Course 10 (L. Green) 3.7km, 155m

1	Cecilie Haugerud & Jenny Ringnes			76.56
2	Sheila Nowlan	3ROC	W16	81.08
3	Kate McCormack	GEN	W18	88.59
4	Carmel Carey	3ROC	W35	92.27
5	B O'Neill	SET	M60	94.34
6	Will Priestley	DUO	M20	97.07
7	Mary Healy	GEN	W40	99.07
8	F O'Neill	SET	W50	100.00
	Rosalie Kiernan	GEN		DNP 6
	Raymond Russell	Ajax	M21	DNF
	Rebecca Miller	SET	W20	DNF
	Elena Pxe			DNF
	Miguel Cabrera-Tinto	SET	M20	DNF
	Paul Kiernan	TCD		DNF
	Kate Healy	TCD		DNF
	Colin Day	DUO	M20	DNF

Course 11 (Yellow/Orange) 3.3km, 50m

1	Luc Betain	WHO	M14	31.04
2	Patrick Grogan	UCDO	M20	32.09
3	Seamus O'Boyle	CNOC	M12	33.35
4	June O'Neill	CNOC	W16	33.38
5	Pabla Ruiz	WHO	M14	34.52
6	Ted McCormack	GEN	M12	36.24
7	Gary Colton	WHO	M14	36.34
8	Niall Brennan		M15	41.15
9	Ailbhe Fitzpatrick		45.39	
10	Tue N Hansen			47.58
11	Colm Connaughton	DUO		48.00
12	Chris Bond	DLSO	M12	49.14
13	Robert Fitzpatrick		51.30	
14	Cara Prior	TCD		57.03
15	Catherine Tarrant	TCD		57.03
16	Helen McGary	TCD		57.07
17	Niamh Lalor	GEN	W14	59.06
18	Michael Seery	DUO		60.01
19	Ewan Oughton	WHO	M14	61.32
20	Meryl W		W14	62.48
21	Aoife McCullough	DUO		63.33
22	Julie Gannon	DUO		63.37
23	Ben Singer	TCD		67.36
24	Joan McGrath	DUO	W20	69.37
25	Caoimhe Ni Mhurchu	DUO	W20	69.37
26	Aoibheana Hobson			81.55
27	Sara Reilly			81.59
28	Etain Hobson			83.04
29	Leahy			94.34
30	A Scannell	DUO		97.48
31	K Dediant	DUO		97.48
32	Eimear Farrell	DUO		97.48
	Terry Fitzpatrick		M12	DNF

Course 12 (Yellow/Novice) 2.7km, 20m

1	Barry Healy	GEN	M10	25.21
2	Ruairi Short	CNOC	M10	26.26
3	Claire O'Neill	CNOC	W14	28.31
4	Barry Quinn	DLSO	M12	31.52
5	Paget McCormack	GEN	M10	32.40
6	Emma Weily	WHO	W12	34.23
7	Emma Carter	WHO	W12	34.24
8	Jonathan Barry	GEN	M7	36.33
9	Gavin Carney	CNOC	M10	38.07
10	Cian O'Boyle	CNOC	M8	38.34
11	Kevin O'Boyle	CNOC	M7	39.19
12	Eithne Fitzpatrick		W35	39.26
13	Cillian Gowan			39.27
14	Jennifer Crowley	GEN	M16	39.33
15	Carl Brennan	DLSO	M12	43.29
16	Ciaran O hEofu	Ajax	M11	44.10
17	Senan Dolan		M14	44.59
18	Dona O hEofu	Ajax	M11	45.21
19	Anne-Marie Gatt	FIN		45.53
20	Trisha Duffy	FIN		45.53
21	Erika Jones	FIN	W10	46.32
22	Meghan O'Driscoll		W10	46.35
23	Helena Jones	FIN	W10	46.40
24	Conor Short	CNOC	M6	51.20
25	Arnagh Fitzpatrick			51.30
26	Rowan Fitzpatrick		51.30	
27	Catherine Woods		52.42	
28	Emma Linn			52.52
29	Yvonne Bell	GEN	W10	53.26
30	Ryan Carney		M10	72.48
31	Hyland Family	3ROC		75.21
	A Lawrence	WHO		DNF
	M Young			DNF

Planner Trina Cleary
Organiser Eoin Dunne
Controller John McCullough

Results of Mountain Bike orienteering event held on Saturday 31 0ct 1998 near TROOPERSTOWN, CO. WICKLOW.

This was a score event with a *three hour class* and a *two hour class*. Highest possible score was 600 points.

Three hour class results.

Name	*Time*	*Score.*
Justin May	2hrs 45mins.	600
Marcus Pinker	02.55	600
Martin Flynn	03.02	450
Joe Lalor	03.02	340
John Casey	03.22	320
Doug Corrie	03.16	260
Brian Jones	02.26	250
Rowan Lyons	02.26	250
SenanO'Boyle	03.02	250
Irene Walsh	02.42	150
Peadair O'Connor	02.42	150
David Connolly	02.50	100
Brian Power	02.50	100
Brian Bell	02.40	450

(Due to mechanical breakdown score was achieved on foot,still a very good effort. Bring the tools next time, Brian.)

Two hour class.

HughMcLindon	02.15	280
Harold White	01.56	260
Philip Brennan	02.00	260
Pascal De Toffoli	01.30	130
Anne Marie McKenna	02.15	120
JoeO'Heafa	02.00	110
Ciaran O'Heafa	02.00	110
DarraO'Heafa	02.00	110
Caoimhe Cashin	02.00	110
Nina Phillips	02.17	100
Garach Brennan	02.19	10

Scores listed are final score after penalty points for being over time.
The decider for equal scores was time taken.
The penalty for over time was ten points per minute late.

Many thanks to Senan O'Boyle who stayed in the rain and assisted me in packing up tent etc.

Damien Cashin

DJOUCE WOODS Leinster League 15/11/1998 Setanta Orienteers

YELLOW COURSE

1. Cathal Burke	M12	Fingal	27:07
2. P McCormack	M10	GEN	28:35
3. C Cashin	W10	Ajax	30:31
4. S Walsh	M13	C.S.G.	31:10
5. G.M. Williams	M13	C.S.G.	31:18
6. Cathal Carroll	M13	C.S.G.	31:39
7. Aine Whelan		DUO	34:14
8. Helena Jones	W10	Fingal	36:01
9. Joe	M10		36:09
10. Jenny Mangan	W10	Fingal	36:16
11. Michelle & Tara		Sion Hill	39:03
12. Trisha Duffy		Fingal	39:38
13. Sile Casserly		DUO	43:52
14. Dara O'hEofa	M11	Ajax	44:31
15. C O'hEofa	M11	Ajax	45:04
16. Jessie Hayden			45:47
17. Meghan O'Driscoll	W10		52:09
Erika Jones	W10	Fingal	52:09
Ciara M	W10		52:09
20. Orla Heffernan	W11	Setanta	54:24
Karen Power	W11	Setanta	54:24
22. Ben Mangan	M5	Setanta	56:41
23. Clodagh Mangan	W7	Setanta	57:40
24. Jean Mullen	W65	3ROC	61:49
25. Carl Brennan	M12	DLSO	70:03
26. Eoghan Murray			73:23
E Ryan			73:23
28. S Murray		3ROC	76:21
29. Hyland Family		3ROC	76:21
Ryan			DNP 4
Ciara Burke	W10	Fingal	DNP 8
Ryan Carney			DNP 8
S Gleeson			DNF
Ciaran Cryan	M10	3ROC	DNF
Barry Cryan	M10	3ROC	DNF

ORANGE COURSE
Course voided. Results for information only.

Cecilia Eriksson		Ajax	38:58
Frin Gwenn	W21	UCGO	42:31
Aileen Farrell		DUO	54:59
Ted McCormack	M12	GEN	61:33
Ronan Fitzpatrick	M10		62:28
Eithne Fitzpatrick	W35		62:28
Robert Fitzpatrick			64:31
Daragh Fitzpatrick			64:31
Irene Ralston			65:02
Emma Linn			69:30
Catherine Woods			69:50
Bonnet		DUO	76:47
C. Bal			76:47
Olivier Berangere		DUO	76:48
M Torre			76:48
Guillon		DUO	76:48
N Lalor		GEN	77:14
Stephen Devlin	M14	GEN	80:06
A Thomas			86:20
J Goodrick			86:24
Sally Heyden			90:46
Carroll & Hanrahan			101:02
Richard Burn	M14	DLSO	120:01
Rosalie Kiernan	W40	Ajax	123:01
A Heerey	W12	Ajax	DNF

RED COURSE
Course voided. Results for information only.

A O'Mullane	M21	GEN	40:09
V Guffens		DUO	43:20
D Sweeney	Cadet School		43:38
Mikeal Nordquist		OK Jarnlo	50:40
Terry Hurrell			51:45
Tuen Hansen		DUO	61:14
David Smyth	M21		63:08
Frederick Hirzel	M20	DUO	65:36
Watson			66:17
Nestor			68:22
S Cahill		Mil. Col.	69:27
Olwyn Menzies	W20	DUO	69:29
Elizabeth Swift		DUO	70:03
Tony Devlin	M45	GEN	72:10
Peter Ott	Cadet School		83:58
J O'Sullivan	Cadet School		84:00
Colin Day	M20	DUO	85:50
Rowan Lyons	M21	DUO	86:42
M Serrey	M21	DUO	92:11
Namie Gogin		DUO	93:20
Maxwell Smith		DUO	93:29
Cathal Nugent	M21	UCDO	98:44
Sean Hassett	M21	Setanta	104:29
Ailbhe Fitzpatrick			104:29
Marguerite Glynn	W19	DUO	106:17
David McAuley	M21	DUO	117:00
Niall Brennan	M15		124:39
A Flynn			138:58
M Purcell			139:14
Tom Condon	M45	CNOC	140:50
N Keogh	W.H. Walkers		147:32
Elinor Phillips	W50	3ROC	152:28
F Boulle			171:55
M O'Rourke	W21	GEN	DNP 8
J Russell.			DNP 8
Sinead Keogh	W21	DUO	DNP 8
Breffni Leavey	W20	DUO	DNP 8
Colm Connaughton	M21	DUO	DNP 8
David Hardy	M18	DUO	DNP 10,11
R Weedle		GEN	DNF
Simon McCormack		GEN	DNF
Joan McGrath	W20	DUO	DNF
C O'Leary		UCDO	DNF
Jackson			DNF

LIGHT GREEN COURSE

1. Niall McCurry		GMITO	41:38
2. Tom Burke	M40	Fingal	45:10
3. Liz Butler	W21	UCDO	46:57
4. B Buckley	M50	Setanta	47:07
5. S Rothery	M70	3ROC	49:39
6. G Greene	M14	3ROC	49:43
7. Andrea McCormack	W50	GEN	54:36
8. S Nowlan	W16	3ROC	55:28
9. D Nagle	W45	3ROC	56:19
10. Maura Higgins	W55	SET	61:43
11. J Brennan			64:18
12. D Large	W60	GEN	66:05
13. Niall English	M20	UCDO	66:19
14. R Flanagan	M40	Fingal	69:17
15. N Lalor	W45	GEN	70:34
16. Claire Walsh	W55	3ROC	70:49
17. Dan Ryan		NWGO	76:03
18. J.D. Clarke	M55	GEN	79:46
19. Adam Dalby		3ROC	85:22
20. Conor Murphy			85:26
21. Cathleen Morrison	W21	Ajax	92:33
22. Vera Murtagh	W55	3ROC	106:37
23. Geraldine Ryan			158:53

GREEN COURSE

1. P Brennan	M21	Setanta	41:55
2. Gavin Doherty	M21	GEN	42:37
3. A Thin	M21	UCDO	47:37
4. Donal Wickham	M35	Ajax	47:43
5. Fergal Buckley	M20	DUO	49:01
6. Tom McCormack	M45	GEN	51:24
7. B Lawlor	W21	CNOC	52:04
8. Niall Walsh	M14	3ROC	53:27
9. B McGrath	M50	3ROC	53:27
10. C Blau	M20	UCDO	53:32
11. D Corrie	M40	Fingal	53:37
12. Paul Dunne	M40	WEGO	54:18
13. B Doherty	M50	GEN	56:03
14. Harold White	M55	3ROC	56:35
15. O Clear		GMITO	56:59
16. Tom O'Keeffe	M35	CNOC	57:57
17. T McGrath	M55	3ROC	59:11
18. P Lawlor	M55	CNOC	59:19
19. E O'Suilleabhain	M50	3ROC	59:30
20. John Rowe	M35	Fingal	60:05
21. Niamh O'Boyle	W14	CNOC	60:48
22. ABL	M65	GEN	61:55
23. M Nowlan	W50	3ROC	62:29
24. G Smith	M45	Fingal	62:47
25. Catherine Butler	W21	DUO	62:58
26. J Francis	M40	DFO	63:01
27. W McCormack		GEN	64:04
28. B Hollinshead	M55	3ROC	64:08
29. R Russell	M21	Ajax	64:29
30. Anthony Lawlor	M21		64:34
31. Paget McCormack	M55	GEN	65:41
32. C McCarthy	M21		66:15
33. M O'Connell	W35	3ROC	66:20
34. Ronan Rigney	M45	CNOC	67:34
35. Micheal Butler	M55	3ROC	69:27
36. J O'Neill	W50	Fingal	70:38
37. A.M. McKenna	W40	Ajax	74:33
38. Aine Ni Shuilleabhain	W45	3ROC	75:35
39. Maire Walsh	W50	3ROC	77:07
40. P Cullen			79:24
41. Robert Harrington	M21	3ROC	80:23
42. D Murphy	W21	UCDO	85:13
43. Sybil McCormack	W20	GEN	86:06
44. Paul Connaughton		UCGO	90:57
45. C McMeanmean	M21	UCDO	104:20
F McCormack	M60	CNOC	DNF
Peadar Dempsey	M60	GEN	DNF

BLUE COURSE	Long - O		11 km
1. D Reidy	M45	Ajax	100:41
2. Toni O'Donovan	W21	CorkO	111:21
3. P Gargan	M45	Ajax	130:31
4. Val Jones	M40	Fingal	131:48
5. Peter McNamara	M20	DUO	131:48
6. Joan Flanagan	W21	Ajax	137:15
7. Nigel C-Crawford	M50	3ROC	139:47
8. F O'Brien	W21	Ajax	141:46
9. J Lalor		GEN	142:13
10. David Brennan	M40	3ROC	148:26
11. S O''hEafa	M35	Ajax	149:211
12. Deirdre Creedon		UCCO	150:24
13. Donal O'Murchu	M45	CNOC	173:26
14. Ger Power	W45	3ROC	186:30
15. B Greene	M18	3ROC	196:01
16. Luke, Pat & Dan	M18	3ROC	201:18
17. Eoin Dunne	M21	3ROC	202:31
B Cryan	M35	3ROC	DNF
Nadya Hutchinson	W21	3ROC	DNF
Neil Dobbs	M18	DUO	DNF
Brian Jones	M21	DUO	DNF

BROWN COURSE	Long - O		
16 km			
1. Marcus Pinker	M21	CorkO	131:49
2. Justin May	M40	3ROC	135:23
3. J Feehan	M21	Ajax	136:03
4. B O'Brien	M21	Ajax	150:59
5. John Casey	M21	CorkO	157:36
6. H McLindon	M21	3ROC	165:28
7. M Walters	M35	Ajax	177:26
8. J McCullough	M40	3ROC	181:39
9. P Casey	M21	GEN	187:03
10. Senan O'Boyle	M40	CNOC	195:04
11. Marcus Geoghegan	M35	Ajax	216:17
B Delaney	M35	CNOC	DNF
E Niland	M21	Ajax	DNF
B Bell M40	GEN	DNF	
M Flynn	M21	Ajax	DNF
Conor Barry	M20	UCCO	DNF
Paul Smyth	M21	Ajax	DNF
Andrew Quinn	M21	3ROC/DUO	DNF
Conor Creedon	M21	UCCO	DNF

Results of Leinster League Event at Cronybyrne, November 22, 1998

Blue Course	7.5km, 175m, 18 Controls*			
1 Denis Reidy	Ajax	M45	143	11
2 Aislinn Austin	CorkO	W21	149	34
Fachtna Healy	SET	M21	DNF	
Brian Jones	DUO	M21		DNF
A Ayling	DUO	M21		DNF
D Cashin	Ajax	M40		DNF
T McCormack	GEN	M45		DNF
S O'Heafa	Ajax	M35		DNF
J Lalor	GEN	M45		DNF
M Nowlan	3ROC	W50		DNF
David Brennan	3ROC	M40		DNF
Brian Healy	GEN			DNF
Gordon Elliot	3ROC	M21		DNF
Nigel C Crawford	3ROC	M50		DNF
David Butler	CNOC	M50		DNF
Ailbhe Creedon	CorkO	W21		DNF
Joan Flanagan	Ajax	W21		DNF
Peter McNaMara	DUO	M20		DNF
Brendan McGrath	3ROC	M50		DNF

	Brown Course	9.1km, 210m, 19 Controls*			
1	Marcus Pinker	CorkO	M21	81	10
2	Justin May	3ROC	M40	95	14
3	John Feehan	Ajax	M21	106	10
4	Aonghus O Cleirigh	DFO	M35	107	11
5	John McCullough	3ROC	M40	114	11
6	Michael Walters	Ajax	M35	114	50
7	Hugh McLindon	3ROC	M21	121	0
8	Marcus Geoghegan	Ajax	M35	126	16
9	Philip Brennan	SET	M21	130	10
10	Brian Bell	GEN	M40	133	50
11	Gerry Brady	CorkO	M21	139	11
12	Colm Rothery	Ajax	M21	143	24
	Gerard Butler	3ROC	M18	DNF	
	Andrew Quinn	3ROC	M21	DNF	
	Patrick Casey	GEN	M21	DNF	

	Green Course	5.6km, 120m, 12 Controls*			
1	R McDonnell	GEN	W35	91	55
2	Donal Wickham	Ajax	M35	98	0
3	E O'Shea	GEN	M35	101	12
4	D Corrie	Fingal	M40	103	37
5	Paget McCormack	GEN	M55	106	11
6	B Lalor	CNOC	W21	110	29
7	A Lawlor		M21	112	52
8	Don Short	CNOC	M40	113	15
9	B Bivirin	SSK	M40	119	10
10	H White	3ROC	M55	119	22
11	ABL	GEN	M65	120	25
12	P Lalor	CNOC	M55	122	1
13	Paul Dunne	WEGO	M40	123	0
14	J Francis	DFO	M40	128	40
15	Niamh Doyle	CNOC	W14	129	9
16	G Brennan	SET	M20	135	2
17	John Crowley	GEN	M40	136	52
18	E O'Suilleabhain	3ROC	M50	141	34
19	Michael Butler	M55	M55	143	22
20	Brian Hollinshead	3ROC	M55	160	5
21	A McKenna	Ajax	W40	196	45
	R Wall	DUO	M21		DNF
	C Blau	UCD	M20		DNF
	W McCormack	GEN	M45		DNF
	M Walsh	3ROC	W50		DNF
	J Meade	M50	DNF		

	Light GreenCourse	4.2km, 90m, 11 Controls*			
1	L O' hAluihain	UCD	M18	83	54
2	David Smith		M21	91	9
3	S Hassett	SET	M21	94	40
4	S Rothery	3ROC	M70	105	14
5	D Nagle	3ROC	W45	105	45
6	Will Boav	SET	M21	115	12
7	Maura Higgins	GEN	W55	126	14
8	K McCormack	GEN	W18	130	7

9	A McCormack	GEN	W50	136	33
10	C Morrison	Ajax	W21	138	0
11	F O'Neill	SET	W50	140	42
12	N Lalor	GEN	W45	142	58
	Tom Burke	Fingal	M40	DNF	
	Miguel C.P	SET	M21	DNF	
	D Large	GEN	W60	DNF	
	Rebecca Miller	SET	W21	DNF	
	Faith White	SET	W60	DNF	
	E Mac Meanmain	DUO	M21	DNF	
	S Nowlan	3ROC	W16	DNF	
	Vera Murtagh	3ROC	W55	DNF	
	B O'Neill	SET	M50	DNF	
	G Ryan			DNF	

	Orange Course	3.1km, 50m, 7 Controls*			
1	L Russell			97	16
2	Ben Ender	GEN	M14	100	47
3	Tom Keane	GEN	M35	101	50
4	Nora Lalor	GEN	M4	136	24
5	R Harr.			147	0
	Sonja McCarthy	DUO	W21	DNF	
	Frank Goeller	DUO	M21	DNF	
	Hilary Neiland	SET	W21	DNF	
	M Healy	GEN	W40	DNF	
	Ted McCormack	GEN	M12	DNF	
	Joan McGrath	DUO	W20	DNF	
	C ni Mhurchu	DUO	W20	DNF	
	A Whelan	DUO	DNF		

Red Course	4.8km, 90m, 11 Controls*			
1 A Heery	Ajax	W21	132	15
2 J Russell			133	35
3 Niall Brennan		M15	179	21
B O Boyce	CNOC	W40	DNF	
Colin Day	DUO	W20	DNF	
E Phillips	3ROC	W50	DNF	

Yellow*	2.1km, 20m, 7 Controls*				
1	Jenn C.	Fingal	W12	40	32
2	Seamus O'Boyle	CNOC	M12	41	22
3	B Cryan	3ROC	M10	45	0
4	P McCromack	GEN	M10	46	7
5	Ruari Short	CNOC	M10	51	2
6	Conor	CNOC	M6	51	43
7	Paul Brohan	GEN		57	4
8	C Cashin	Ajax	W10	58	6
9	Gavin Casey	CNOC	M10	60	12
10	Ciara Burke	Fingal	W10	61	50
11	Jenny Crowley	GEN	W12	62	19
12	Marie Crowley	GEN	W40	62	52
13	Cathal Burke	Fingal	M12	63	49
14	Sarah Reilly			75	40
15	Etain Hobson			76	1
16	Aobheann Hobson			76	1
17	Ryan Carney		M10	78	13
18	Dara O'Heafa	Ajax	M11	90	9
	C O'Heafa	Ajax	M11	DNF	
	Sile Cassidy			DNF	

Results of Dublin University Orienteers LEINSTER LEAGUE Event at Clarabeg, Co. Wicklow 29 November 1998

BROWN COURSE (8.0 km, 205 m)			
1 J. May	M40	3ROC	43:22
2 M. Pinker	M21	CorkO	44:55
3 A. O'Cleirigh	M35	DFO	45:19
4 J. Casey	M21		46:46
5 B. O'Brien	M21	AJAX	48:54
6 H. McLindon	M21	3ROC	50:58
7 P. Casey	M21	GEN	54:39
8 B. Bell	M40	GEN	56:34
9 M. Walters	M35	AJAX	57:14
10 J. McCullough	M40	3ROC	57:22
11 G. Brady	M40	CorkO	59:49
12 P. Brennan	M21	SET	61:27
13 L. Quinn	M35	SET	62:38
14 T. Joyce	M21	AJAX	68:29
15 G. Butler	M18	3ROC	74:11

BLUE COURSE (6.5 km, 200 m)			
1 D. Cashin	M40	AJAX	46:34
2 U. May	W21	3ROC	49:25
3 B. Jones	M21	DUO	49:42
4 W. Young	M45	CNOC	50:59
5 C. Blau	M20	UCDO	51:29
6 D. O Donghaile	M21	DUO	51:51
7 K. Ambler	W21		54:20
8 M. Mangan	M35	SET	54:22
9 B. McGrath	M50	3ROC	55:50
10 R. Russell	M21	AJAX	56:47
11 P. Gargan	M45	AJAX	59:36
12 D. Brennan	M40	3ROC	59:37
13 R. Lynam	W40	CNOC	60:32
14 J. Lalor	M45	GEN	63:05
15 G. Elliott	M21	3ROC	63:18
16 F. O'Brien	W21	AJAX	68:44
17 M. Nowlan	W50	3ROC	68:48
18 T. McCormack	M45	GEN	69:26
19 P. Lalor	M55	CNOC	73:15
20 A. Boyle	M21	AJAX	73:56
21 B. Greene	M18	3ROC	75:18
22 G. Power	W45	3ROC	78:36
23 D. Butler	M50	CNOC	81:42
24 D. O Murchu	M45	CNOC	83:41
25 D. O'Neill	W21	FIN	96:59
D. Reidy	M45	AJAX MP 9	

GREEN COURSE (4.7 km, 180 m)			
1 D. Wickham	M35	AJAX	43:39
2 P. McCormack	M55	GEN	44:28
3 J. Francis	M40	DFO	48:26
4 P. Butler	M50	3ROC	51:29
5 S. Healy	W18	GEN	52:42
6 B. Doherty	M50	GEN	55:13
7 A. Goddard	M50	3ROC	56:21
8 E. O'Suilleabhain	M50	3ROC	56:33
9 J. Meade	M50		56:46
10 B. Hollinshead	M55	3ROC	60:19
11 M. Walsh	W50	3ROC	61:23

12	M. O'Connell	W35	3ROC	62:35
13	R. Wall	M21	DUO	62:14
14	D. Healy	M16	GEN	62:36
15	N. Walsh	M14	3ROC	63:48
16	A. M. McKenna	W40	AJAX	68:37
17	A. NiShuilleabhain	W45	3ROC	69:36
18	M. Butler	M55	3ROC	70:35
19	J. Crowley	M40	GEN	71:13
20	S. McEvoy	W21	AJAX	74:45
21	W. McCormack	W45	GEN	79:14
22	C. Bell	M45	3ROC	82:53
23	E. M. McMeanmain	M21	UCDO	
DUO91:45				
24	O. Menzies	W20	DUO	92:15
	S. McCormack	W20	GEN	MP 9

LIGHT GREEN COURSE (3.5 km, 130 m)

1	T. Burke	M40	FIN	35:58
2	R. Flanagan	M40	FIN	40:59
3	B. Power	M50	SET	41:36
4	N. Lalor	W45	GEN	46:10
5	J. O'Neill	W50	FIN	47:21
6	F. McCormack	M60	CNOC	48:01
7	D. Smyth	M21		48:16
8	A. McCormack	W50	GEN	50:12
9	S. Rothery	M70	3ROC	51:55
10	A. Langstone			55:50
11	J. D. Clarke	M55	GEN	57:08
12	F. O'Neill	W50	SET	58:08
13	G. Greene	M14	3ROC	62:03
14	E. Quinn	W35	SET	66:47
15	B. O'Neill	M50	SET	71:12
16	J. Lynam	M70	3ROC	71:28
17	K. & B. Connolly			84:36
18	V. Murtagh	W55	3ROC	98:24

RED COURSE (3.8 km, 105 m)

1	T. Hansen		DUO	41:20
2	J. Atkinson	W35	SET	45:24
3	J. Russell			50:16
4	E. O'Dwyer		DUO	50:41
5	C. Morrison	W21	AJAX	54:54
6	P. Cooke	M65	AJAX	59:02
7	C. Tapley	W20	DUO	67:39

ORANGE COURSE (2.9 km, 85 m)

1	T. McCormack	M12	GEN	28:18
2	K. Nevin		UCDO	30:28
3	C. Connaughton	M21	DUO	30:30
4	S. Butler	W45	CNOC	33:39
5	N. Lalor	W14	GEN	40:20
6	L. Marsh		IND	42:30
7	B. Murray			43:11
8	M. Reid			44:19
9	R. Kiernan	W40	GEN	50:09
10	D. Murray	M14		53:19
11	A. Whelan		DUO	57:01
12	A. Thomas		DUO	59:04
	BAL			59:04
	J. Goodrich			59:04
15	M. Healy	W40	GEN	60:42
16	R. Linn			64:00
	E. Linn			64:00
	A. Linn			64:00
19	Catherine ?			64:19
20	J. Ryan			66:31
21	L. Flannery			83:25

YELLOW COURSE (1.7 km, 15 m)

1	P. McCormack	M10	GEN	12:28
2	C. Cashin	W10	AJAX	12:31
	C. Burke	M12	FIN	12:31
4	M. Neiland		SET	16:13
5	C. Burke	W10	FIN	17:07
6	R. Short	M10	CNOC	17:23
7	Norwood		GEN	22:54
8	Crowley		GEN	24:25
9	D. & N. Leahy	M10	3ROC	31:47
10	Rachel & Emma	W12		34:26
11	B. Quinn	M14	DLSO	37:42
12	Leahy Family		3ROC	38:34
13	C. Short	M6	CNOC	42:19
14	C. & B. Mangan		SET	42:47

WHITE COURSE (1.3 km, 15 m)

1	M. & H. Young	M5, W14	CNOC	19:29
	C. Young	W12	CNOC	MP 5
	B. Kavanagh	M14	DLSO	MP 5

Organiser: Catherine Butler
Planners: Andrew Quin, Peter McNamara

Controller: Alan Ayling

H.E.S.F. ORIENTEERING CHAMPIONSHIPS

Motepark, Co. Roscommon
Thursday 26 November 1998

	NAME	CLUB	TIME	POINTS
1.	Oliver Clear	GMITO	48.41	165
2.	Gael Mallet	UCG	56.56	165
3.	P. Mulrennan	GMITO	57.05	165
4.	Fergal Ryan	CITO	57.14	165
5.	John O'Callaghan	CITO	49.56	160
6.	Ross Daunt	CITO	50.00	160
7.	Pat O'Brien	GardaC	60.04	160
8.	Cathal O'Sullivan	AITO	59.42	155
9.	Shane Whitty	AITO	59.45	155
10.	Ian Sharkey	AITO	59.56	155
11.	Mark Doran	GardaC	49.37	150
12.	Patrick Casey	GardaC	49.42	150
13.	Mark Ferguson	GardaC	49.46	150
14.	Conor Harrison	GardaC	54.59	150
15.	Alan Crowley	GardaC	55.05	150
16.	Colm Gregan	GardaC	55.06	150
17.	Robert Moore	AITO	57.51	150
18.	Kieran Cronin	GardaC	59.52	150
19.	Cliff Quinn	GardaC	60.13	150
20.	Ciaran McArdle	GardaC	60.19	150
21.	Liam Archibold	GardaC	57.52	145
22.	Donal Forrester	GardaC	57.56	145
23.	Paul Slattery	GardaC	57.59	145
24.	Alan Brett	WITO	60.14	145
25.	Alan McGovern	GardaC	54.57	140
26.	Joe O'Reilly	GardaC	57.55	140
27.	Neil McArdle	GardaC	58.02	140
28.	Niall McCurry	GMITO	60.07	140
29.	David Fenton	WITO	60.18	140
30.	Muiris O'Corchubhain	GardaC	55.10	135
31.	Gary Sheridan	GardaC	60.01	135
32.	Oliver Hennelly	GardaC	60.21	135
33.	Pat Shanahan	WITO	61.17	135
34.	Mick Dee	GardaC	59.32	130
35.	Ronan O'Hara	GardaC	59.59	130
36.	Tadhg Mohally	GardaC	54.54	125
37.	David Noonan	GardaC	55.17	125
38.	Aidan Walsh	GardaC	59.29	120
39.	Michael Fitzgerald	GardaC	59.36	120
40.	Michael O'Donnell	GardaC	62.53	80
41.	Declan Ryan	AITO	58.06	65
42.	Seamus Howley	AITO	58.08	45
43.	Eddie Gilbert	GardaC	59.37	45
44.	Brendan Flynn	GardaC	69.04	25
45.	John Finn	AITO	113.34	-190
45.	Brendan Power	AITO	113.34	-190

1.	Clare O'Connor				
CITO		60.59	150		
2.	Dawn Kelly	WITO	60.27	140	
3.	Orla Jennings	UCGO	61.16	130	
4.	Aisling O'Donovan	CITO	57.10	115	
5.	Lisa Cronin	CITO	57.13	115	
6.	Elaine Dalton	GardaC	61.09	75	
7.	Ursula Guinan	GardaC	63.56	65	
8.	Louise Brady	GardaC	64.52	60	
8.	Caoimhe Byrne	GardaC	64.52	60	
10.	Martha Lohan	GardaC	64.28	45	
11.	Yvonne Reidy	AITO	66.52	20	
12.	Felicia Gillooly	GardaC	69.05	20	
13.	Sharon Keating	GardaC	69.06	20	

TEAMS

MEN	POINTS	WOMEN	POINT
1. CITO	485	CITO	380
2. GMITO	470	GardaC	200
3. AITO	465	GardaC	125
4. GardaC	460		

Organised by: Athlone Institute of Technology (AITO)
Planner: Padraig Higgins(MNAV)
Helpers: Nigel Foley-Fisher(AITO), Barbara Foley-Fisher(MNAV), Frank Ryan(GMITO), Noel Donagh(MNAV), Sinead Coughlan(AIT), Noel Lawlor(AIT).
Thanks to: Jackie Regan(Coillte), the staff at The Widow Pat's and especially to those who attended and supported the event.

Controllers comment: Many competitors did not heed the warning to punch carefully! A generous checking of control cards has given the benefit of doubt, where a strict interpretation would have given a mis-punch. Congratulations to all and we hope you enjoyed the event.

The Year Ahead,

Continued from page 25...

June of course has the Irish Champs/Shamrock O-Ringen at the end. Earlier in the month are two Belgian 3-Days: one at St. Vith from 2nd to 6th and one at Arlon from 10th to 12th. At the end of the month (25th) is the 3-Day Norwegian O-Festival at Sandefjord.

July sees us move into the big holiday events: the 6 day Norwegian Sorlandsgaloppen at Porsgrunn starts on July 10th, that the Canadian Champs (2 days) at Toronto starts on the same date. There are several 3-day events in Sweden: at Karlstad (12th), at Visby (14th), at Stockholm (16th) and at Norrkoping (20th). The Swedish 5-Day O-Ringen is in Dalarna starting on July 26th. If you want to go to the clinics, get in touch with the IOA straight away!

In August, apart from the World Championships and Scottish 6-Day at the start of the month, there's a 6 day in Hungary (15th) and the three day French Championships in Provence from 27-29th.

Details of these events can be got from the IOA, from *TIO* or from the internet via the IOF page (www.orienteering.org).

CompassSport will have its annual look at the holiday and major orienteering events in the new year issue.

You can still subscribe via The Irish Orienteer (STG£18 per annum) or directly to *CompassSport* Subscriptions, Ballencrieff Cottage, Ballencrieff Toll, Bathgate, West Lothian EH48 4LD, Scotland.

ORIENTEERING FIXTURES

January 1999
3 **FARRAN**, Ovens, Co. Cork BOC WL1. ☎ 021-546194. GR W4871. 10.30-1.00
3 **BOF National Event**, Ash Ranges, Aldershot. (John Brown 0044-1483-720903)
10 **RUPPULAGH**, Co. Limerick. MOA. ML3. GR R703203. 10.30-1.00.
10 **MARLAY PARK** Rathfarnham, Co. Dublin. LL Park-O. Ajax.. GR O1426.
17 **FARRAN**, Ovens, Co. Cork. CorkO BML. Start 11-2. GR W4871.
17 **ROSTELLAN**, Whitegate, Co. Cork. BOC WL. 11-1. GR W 874663. ☎ 021-546194
23 **CAIRN WOOD**, Dundonald, Co. Down. GR J4576.
24 **BALLINABOOLA**, Ballyhea, Co. Cork. BOC WL. 10.30-1.00. GR R5818. ☎ 022-47300
24 **DONADEA**, Clane, Co. Kildare. CNOC. 11-1. GR N835333. ☎ 045-867183.
31 **MANORHAMILTON**, Co. Leitrim. SOC. Start 11-1. GR G874404. ☎ 086-8197887
31 **GLENBOWER**, Killeagh, Co. Cork. CorkO BML. G11-2. GR W9977.
31 **HELLFIRE WOOD**, Killakee, Co. Dublin. SET. GR O1222.

February
7 **SCARTNAMUCK**, Co. Cork. LeeO. 11-2. GR W 475594. ☎ 021-300373.
7 **BOF National Event**, Dorking. Mole Valley.
14 **GLENANAAR**, Shanballymore, Co. Cork. BVOC ML. 11-2. GR R6413. ☎ 022-25306.
20 **NIOA SCORE CHAMPIONSHIPS, Florencecourt**, Co. Fermanagh. FermO
20 **BRITISH NIGHT CHAMPIONSHIPS**, Penhale Sands, Cornwall.
21 **SAGGART WOODS**, Co. Dublin. Night-O. LL. Ajax.
21 **SHIPPOOL**, Bandon, Co. Cork. CorkO BML. 11-2. GR W5754.
21 **CURRAGH WOOD**, Midleton, Co. Cork. BOC WL. 10.30-1. GR W8076. ☎ 021-546194.
21 **AVONDALE**, Rathdrum, Co. Wicklow. Mass start butterfly event. LL9. CNOC.
27 **CONNACHT CHAMPIONSHIPS, Ballygawley**, near Collooney, Co. Sligo
28 **LISNABRIN**, Conna, Co. Cork. BOC WL. 10.30-1. GR W965920. ☎ 022-47300.
28 **WELSH CHAMPIONSHIPS**, Broughton Burrows, Gower.

March
6 **BINEVENAGH**, Co. Derry. NI Series 1. NWOC. ☎
7 **CARRICK MOUNTAIN**, Glenealy, Co. Wicklow. FIN LL event. GR T 2393.
7 **BOF National Event**, Bewick Moor. Northern Navigators (Patrick Smyth 0044-191-2364152)
14 **THE CRAGS**, Glenflesk, Co. Kerry. ML5. CorkO.
20 **SLIEVE MARTIN**, Rostrevor, Co. Down. NI Series 2. LVO.
21 **CARLINGFORD**, Co. Louth. 3ROC Leinster League. GR J 18 11.
21 **BOF National Event**, Halifax. EPOC.
28 **BALLYGAWLEY**, near Collooney, Co. Sligo. GR G 71 29.

April
2-5 **JAN KJELLSTROM TROPHY**, Surrey.
24 **BURREN EAST**, Co. Fermanagh. NI Series 3. FermO. GR H 09 37.
25 **GLENDALOUGH**, Co. Wicklow. 3ROC. Leinster League. 11-1.00. GR T 1196.

May
1 **LEINSTER CHAMPIONSHIPS** Co. Wicklow. AJAX. (& Interprovincials?).
8-9 **BRITISH CHAMPIONSHIPS**, Greythwaite & Holker, Lake District. Details from Sue Birkinshaw, 221 Hale Rd., Altrincham, WA15 8DN, England.
18 **DONADEA**, Clane, Co. Kildare. CNOC evening event. Start 6-7.30 pm. GR N 8433.
22 **GORTIN**, Omagh, Co. Tyrone. NI Series 4. FermO. GR H 4983.
25 **RUSSELTOWN WOOD**, Blessington, Co. Wicklow. CNOC. GR N 965109. Start 6-7.30 pm.
29 **NI RELAYS, Drum Manor**, Cookstown. NWOC. GR H 7678.
29 **BOF National Event**, Scotland.

June
1 **CURRAGH WEST**, Co. Kildare. CNOC. 6-7.30 pm.
8 **HOLLYWOOD NORTH**, Co. Wicklow. CNOC. 6-7.30 pm.
15 **CURRAGH EAST**, Co. Kildare. CNOC. 6-7.30 pm.
19 **SLIEVE CROOB**, Ballynahinch, Co. Down. NI Series 5. LVO. GR J 3247.
22 **HOLLYWOOD**, Co. Wicklow. CNOC. 6-7.30 pm.
25-27 **Shamrock O-Ringen and Irish Individual Championships**

Events shown in italics are not yet registered with IOA (on 16th December 1998) and are subject to confirmation.
Jan 17 DUBLIN STREETS , Sandymount, LL7 GEN
Jan 17 PORTUMNA FOREST PARK, Portumna , Co Galway. Colour event GMIT OC
Feb 14 CARRICKGOLLIGAN, Kilternan, Co. Dublin. DUO. GR O2220.
Feb 28 CLONTYKILLA, near Boyle, Co. Roscommon
Marc6 IRISH STUDENT CHAMPIONSHIPS Clonbrock, Ahascragh, Co. Galway GMIT OC
Mar7 CLONBROCK, Ahascragh, Co. Galway. Colour event. WEGO.
Mar 7 IRISH STUDENT CHAMPIONSHIPS. Daingean, NUIG Grounds, Galway. Park O..
Mar 14 SUGARLOAF , Kilmacanogue, Co. Wicklow. LL Sprint-O. UCDC
Mar 28 KILLINEY HILL, Co. Dublin.
Apr 17/18 IRISH TWO-DAY, Mahon Falls, Co. Waterford
May 9 BALLINASTOE, Roundwood, Co. Wicklow. GEN. LL.
15-16 LOWE ALPINE WICKLOW MOUNTAIN MARATHON

For details of fixtures check with the organisers, the IOA inf-O-line (01-4569099) or the NIOA ((0044)-01399-873281) or try the IOA website (see page 2)
In many cases the information given here includes a contact phone number , start times and an Ordnance Survey grid reference. IOA fixtures are only listed if the event is registered with IOA. Start times are generally 11.00 to 1.00 pm unless otherwise stated. WL=winter league, LL = Leinster League etc.