The Irish Orienteer

No. 72 January - February 1995 IR£1.50

THE IRISH ORIENTEER

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IOA Fixtures Hotline (for registered events only) 01-4569099

The Irish Orienteer is available through all Irish orienteering clubs. All material concerning orienteering will be gratefully received by the Editor, John McCullough, 9 Arran Road, Drumcondra, Dublin 9.

Next TIO Deadline is March 20th

Cover: Summer days - IOA Secretary Ken Griffin hands his card to Donal O'Dubhda at the Munster Champs at Inch..

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Join the team! There's no pay, the hours are awful but you too can write for *The Irish Orienteer* ...

Results and articles can now be accepted on 3-1/2 inch floppy disks from PC's and Mac's.

Printed by Denton Print, Dundrum, Dublin 14 (01-2988944).

£10 if a photo taken by you makes it to the cover! This issue's cover was taken by John McCullough

Subscriptions

TIO has been losing money on subscriptions so there is little choice but to increase the subacription rate. This has stood at £6.50 since mid 1985, so you can't complain! The new rate is £7.50 which should cover it for a while.

The Irish Orienteer

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Normally this is the last thing to be done before sending The Irish Orienteer off to the printer. Last, because there's always the vain hope that something newsworthy will happen and that it can be covered here. This, you will by now have realised if you read page 3 regularly, almost never happens, so what comes out onto the page instead is usually a desperate attempt to fill up blank space with some sort of orienteering related stream-of-consciousness stuff. Quite like this. Disjointed thoughts, sentences which are much too long, and so on. This may be excusable on the basis that it's probably about one in the morning, I've been working on TIO for probably two weekends and five or six late nights already, and it's quite likely that nobody ever reads this bit anyway. I understand why: it's usually the last part of any magazine I ever read either. First the fixtures, then the results, then the news pages. Eventually the event reports, the pieces on training, the news from around the world, finally, just to make sure I haven't missed anything before filing TIO carefully away in its binder, you check the "editorial" and wonder was it worth the effort.

Sometimes, amid the whimsy, there may be a few notions, germs of ideas which spark off a thought process somewhere which give rise to an innovation, a new effort, a re-kindling of the flame of enthusiasm. If so, these few words may be worthwhile.

This time, what have I for you to consider? How about course lengths? "Orienteering, an endurance sport", discuss. The World Championships may have courses of more than 15 km for men. How can we expect to prepare our athletes for this sort of competition when they only run courses of less than 10 km at home? It's like trying to train for the Olympics in a 20 metre swimming pool. The women aren't as badly off, at least they can run up on a longer course to get the right distance.The same is true of most classes. Many championship orienteering courses in Ireland are just too short - they are a test of fitness, but not a sufficient test of endurance. Part of the problem is the demise of the Grade 1 event: there's nothing now between your local colour/league event and a championship. Is there any way we can get the Grade 1 back, or should we be looking for a National Event series of, say, seven events: four Provincial Championships, the Interprovincial, the Irish Championships and day 2 of the Shamrock O-Ringen?

Since anybody who reads this far is probably going anyway, there's not a lot of point in exhorting you to go to the IOA AGM in Manorhamilton on February 25th. Wouldn't it be great to have a packed house, some controversy, lots of ideas and enthusiasm for a change? And willing and able volunteers for all the jobs to spread the work around? Ah, dream on ...

MAPS PLEASE

Remember the impassioned plea from IOA Mapping Officer, John Walshe a while ago? The one about getting copies of O-maps for the Trinity College map library? Well, John has been severely underwhelmed by the response. Let's look again at our club map stocks and send him a few copies of all our maps for the record. The IOA always needs examples of maps, for promoting orienteering, sending to other countries, giving to potential sponsors and so on.

Send your maps to John Walshe, Moneymore East, Oranmore, Co. Galway.

EVENTS ON THE MOVE

The Irish Championships has been moved from the Waterford/Tipperary area to Inchigeela in west Cork (April 29/30); the Connacht Champs has moved from Woodlawn in Co. Galway to Manorhamilton in Co. Leitrim (Feb 25/26); the Fingal event at Ardgillan has been changed from January 8th to February 5th (but you won't find it in the fixture list since it hasn't been registered) and the Connacht League event on January 15th was changed from Clontykilla Wood to Lough Key Forest Park.

Sci J of O LATE

The 1994 Scientific Journal of Orienteering is running late. The Journal is normally published in two parts each year but the 1994 issue will be combined into one and should have been posted by the time you read this. The Journal will contain reports on the scientific meeting held in September in Switzerland in conjunction with the World Student Championships.

If you'd like to subscribe to it, just send £7.50 (payable to *The Irish Orienteer*) with your name and address to TIO, 9 Arran Rd., Dublin 9.

IOA AGM

The 1995 Annual General Meeting of the Irish Orienteering Association will take place on the Saturday of the Connacht Championships, 25th February, in Manorhamilton. The venue is the Leitrim Glens Committee Hall at 3.30 pm after the prizegiving and food will be available.

Nominations for the IOA Executive and Notices of Motions must be with IOA Secretary, Ken Griffin, before 27th January and notification has been sent to all clubs. Ken hopes to have bound copies of the officers' reports for the meeting, also including such things as the results of events like the Home Internationals, World Cup races and so on, to form a kind of IOA yearbook. If you have any relevant information, you might pass it on to him: Ken Griffin, 12 Island Way, Ballincollig, Cork (021-870338 (H), 021-312833 (W), Fax 021-312970 (W)).

There are vacancies even still for PRO and Environmental Officer, plus the usual ones of Chairman/person, Secretary, Treasurer, Juniors, Technical, Mapping, Development, Fixtures, International, and Coaching (I may have forgotten some ...) as well as the Regional Chairmen/people.

25 YEARS A 0-ING

The IOA plans to mark the 25th Anniversary of its foundation this year. Among the events to mark the occasion will be a 25th anniversary event at Kinnitty, Co. Offaly on September 3rd which will include the final of the Irish Orienteer Trophy, which CNOC have again kindly agreed to stage.

Doubtless the actual start of Irish orienteering will be a matter of some discussion, if not controversy, along with whether the Swedes or the Norwegians really started it and how they get the figs into the fig rolls. I wonder how the Handrail Press History of Orienteering is going?

ORIENTEERING WORLD

The International O-Federation magazine, *Orienteering World*, is available on subscription through The Irish Orienteer. It costs IR£13 per annum and is sent directly to your door. Just send payment (cheques etc. payable to *The Irish Orienteer*) with your name and address.

WOC 99 SPIN-OFF

How can we get the most from the 1999 World Championships in Scotland? Obviously we should be able to send a full team (many of the contenders are living in Britain anyway) but Irish orienteering should gear up to pick up some exposure and bask in the reflected glow of the world's best event and the world's best orienteers being next door.

Britain, and especially Scotland, is a bit out of the way for many people, so we might be able to entice some of the WOC hopefuls to Ireland to train in the meantime, while they're in the area. Scandinavia will be snowbound in the winters, so we could offer training in heathery, hilly terrain in winter so they won't have to go to Spain to train.

One obvious possibility is a World Cup event in Ireland in 1998, in conjunction with two events run by BOF in Wales and Scotland. Travelling to events in Britain will be more attractive because of the number of top level orienteers coming to run there: the top Scandinavians will travel to run on maps drawn by the same mapper as the big race, they'll come to run on his or her courses to find out how the planner's mind works: it's like doing mock exams.

One big advantage of our proximity is the chance to take in some or all of the pre-WOC training camps, an opportunity we have rarely been able to avail ourselves of. Finally, the media exposure for orienteering should be tackled seriously: we should be able to ride on the crest of the orienteering wave into the next millenium (if we can decide when it starts ...)

MAPPER AVAILABLE

Marcus Pinker, probably our most promising young orienteer, is interested in doing some surveying during the summer and for a time in February. Marcus, a student of Mapping Science in Luton, has surveyed very complex areas near his home in west Cork and further afield. For details contact him at The Woodery, Ballingeary, Co. Cork (026-47119).

IOF FIXTURES

A new service promoted by the IOF High Tech Group is an international orienteering fixture list on floppy disk. The IOF has asked member federations to submit their fixtures (even small events) on disk to form a database of fixtures from around the world. This would then be updated every 6 months (in January and July) and sent to member federations. The number of events on the annual list could reach as many as 10,000. So far 25 Federations have complied with the IOF request. The first disk is expected to be issued in January.

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IOA NEWS

OS Permits All maps using Ordnance Survey information (either from base maps or digital) must have an OS Permit which is unique to that map. The current cost of permits is £20 for up to 10,000 copies of each map. The maps cannot be sold or photocopied and the permit number must appear on each map. There is no charge for school maps.

Grants The Cospoir grant to IOA for 1994 was £9,500 of which £6,000 would be available for distribution to the clubs. Grant applications are now being dealt with at regional level and registration fees and the 10% event levy are also collected at regional level.

NEW PERMANENT COURSE

Eunice Cinnamon and Melanie McKee, two of LVO's rising stars, are to open a new permanent orienteering course at Gosford Forest Park near Markethill in Co. Armagh, on March 4th. The programme for the day starts with an event at 11.00 and the official opening at 2 pm. There'll be a marquee with tea and sandwiches for sale to raise funds for the NI Junior Squad. This is one of several new permanent courses opened in Northern Ireland in recent times: Delamont Country Park on the shores of Strangford Lough was opened in October. Another recently opened course is at Wallace Park, Lisburn, on a map drawn by Timmy Pentland - probably the last pen-and-ink O-map to be made, since O-CAD has been adopted so wholeheartedly by NIOA.

CompassSport

You can subscribe to CompassSport through The Irish Orienteer. The magazine, now being edited again by Ned Paul, costs STG£16.00 to members of clubs affiliated to IOA and STG£18.00 to non-members. Published six times a year, CompassSport runs to about 48 A4 pages, with photos, maps and news from the world of orienteering. It's essential reading if you're serious about your sport. Just send your payment to TIO with your name and address. Alternatively, you can pay direct by credit card to: CompassSport Subscriptions Dept., 25 The Hermitage, Eliot Hill, London SE13 7EH. (Phone 0044-81-852 1457).

ROUTE CHOICE '95

The next NIOA Development Day is on Sunday 5th February in Dungannon. Called "Route Choice '95", the day is aimed at everyone involved in orienteering, from old hands to beginners, so they can have an input into the future of the sport. The NIOA has recently produced a strategic development plan for 1995 -'98, much of which arose from ideas expressed at last year's development day last March. The aim of the plan is to focus the NIOA's limited resources in as effective a way as possible to develop and promote orienteering in Northern Ireland.

The topics for discussion will include: promoting orienteering among schools and youth groups; the possibility of a fourth club; enhancing the quality of participants' experience; squads and coaching; image and funding. There will also be a display of recent OCAD maps and technology.

Venue: The Inn on the Park, Dungannon, from 10.00 am (sharp) to 4.00 pm. (sharp).

ODDS 'n' ENDS 'n' ODDS

For those of you who really need to know this, UCGO's e-mail address is Alan.Brett @ ucg.ie . UCGO will run the Irish Student Championships on 11th February as part of the college's 150th Anniversary celebrations. The venue is secret ("within a 30 minute drive of Galway") and/but there's an event at Dunsandle near Loughrea the next day. All third level college students in Ireland, or Irish students studying abroad, are eligible. Entries close on January 27th. details from Alan Brett, UCG Orienteers, Porters' Desk, The Concourse, UCG, Galway... Sanctions lifted against Yugoslavia: following the partial lifting of sanctions by the UN Security Council, the International O-Federation again welcomes all Yugoslavian (Serbia Montenegro) orienteers to international competition. In addition the Former Yugoslav Republic of Macedonia is a recent affiliate to the IOF... Ecuador is another new member of the IOF family. For details contact Mari de Hernandez, Club de Orientacion Quito, Casilla, 17.21.1627, Quito, Ecuador. Phone/fax 00-593-2-441088... The "Leisure for Life" brochure from Dublin City University, to promote activities for adults - particularly the over 50's - has this to say about orienteering: "This is the sport of finding one's way in wooded or open terrain, on a specially drawn map. It can also be enjoyed indoors." What have we been missing on all those cold, wet Sundays out in the forest? ... A definition of orienteering suggested by IOF President Sue Harvey, to encompass all forms of orienteering, is "Navigation against the clock with muscle power for movement" ... No Irish Two-Day in 1995: No clubs could be found to run this event so it won't take place this year. One Leinster club was prepared to run one day but no other volunteers were prepared to do the other day...IOA Theme: The IOA's themes for 1995 is coaching and the promotion of recruitment (presumably of non-orienteers rather than persuading members of other clubs to join yours) ...

PATHWAYS TO EXCELLENCE

A new book by Peter Palmer, mentor and coach to a generation of British orienteers has been published by Harveys. Called "Orienteering - Pathways to Excellence", the book follows the "Wood" family through their orienteering career, from first faltering steps on a permanent course through technique training, physical training and on to more difficult events. It's actually very good, well illustrated and drawing on a lifetime of experience. Peter is a gentle giant, an ex-teacher and former BOF National Coach, an excellent communicator, who has given coaching courses in Ireland and whose presence at the Swedish O-Ringen clinic is becoming an institution. Whether it will be read by many non-orienteers and convince them to try it, I don't know. When I was starting orienteering I used to devour everything I could read on the subject, from "Know the Game" to training manuals in Swedish (which I couldn't understand!). If you get Peter's book you will benefit from it.

"Orienteering - Pathways to Excellence" is published by Harveys at STG£9.95 plus postage. It's also available from Pat Healy.

NIOA PLAN AHEAD

The Strategic Development Plan for orienteering in Northern Ireland, has highlighted areas where development should produce tangible results. The plan, produced by NIOA and the Norman Brook Sports Consultancy (employed by the Sports Council) was circulated to NIOA clubs for comment and will be discussed in detail at the forthcoming Development Day on February 5th.

The key proposals within the plan are:

to increase the number of competent organisers, planners and controllers to allow the present ones to devote more time to other aspects of development;

to improve communications within the sport;

to increase the public visibility of orienteering;

to involve more young people through schools and youth clubs;

for existing clubs to increase regular participation;

to establish a fourth club in the southern part of Northern Ireland;

to develop the facilities for orienteering by mapping new areas and updating existing maps;

to develop competition and introduce new forms of orienteering;

to adopt a customer friendly approach at all events and improve the quality of event experience for all participants.

(From the NIOA Newsletter, *Crossing Point*)

MOUNTAIN BIKE ORIENTEERING

The IOF Council feels that mountain bike orienteering, although a fairly new discipline, should get the same status a ski-orienteering and all member federations will soon receive information on it. In most countries it is administered by the national O-Federation. There are two World Class disciplines, cross country (which will feature in the Olympics at Atlanta in 1996) and downhill. While mountain biking proper is organised by national cycling federations, MB-O should (like ski-O) be run by the orienteering body. The dossier to be sent to member federations of IOF will describe the basic competitive characteristics of MB-O and will pay particular attention to environmental and land-access considerations. This is probably just as well: One of the most popular and accessible mountain biking areas, Three Rock Wood in the Dublin mountains, has recently had mountain biking banned from it (along with scrambling and horse riding). The endorsement of MB-O will come up at the Presidents' Conference at the World O-Champs in Germany in August.

The first international MB-O event took place near Fréjus in France in November. Individual winners were Olivier Coupat (FRA) and Martina Horaková (CZ). Olivier also managed 38th place in the 1994 World Cup, just behind Scotland's Jon Musgrave. In Spain a new rule is that control cards must be fixed to the bike, not to the rider, so the punches are now attached to the controls by elastic. In Britain the 5-hour and 2-hour score event ("Trailquests") has become the standard format for teams of two and solos. The 2-hour event includes a class for families with children over 10. The 1994 series had 15 events including a night event and the solo class was won by Justin May of 3ROC (expect an article in TIO 73!).

WORLD CUP CHANGES

In 1996 the number of World Cup events will be increased from 6 to 7, following a decision at the World Cup Final at Jicin in Czechoslovakia. The extra race will be in Switzerland. A competitor's best 4 results out of a possible 7 will count.

The 1996 series will have events in Lithuania (May 7 and 10), Latvia (May 11, relay), Sweden (July 30, short distance), Norway (August 3 classic, 4 relay), Switzerland (August 18 relay, 19 short, 21 classic) and France (August 24).

In 1998 the World Cup is expected to include three periods between May and October, three individual and one relay competition in each period and each period including two weekends and the week in between. It has been suggested that Ireland runs a World Cup event in 1998, the year before the World Championships come to Scotland, in conjunction with World Cup races in Scotland and Wales. The latest date for member federations to apply for a WC event is January 31st 1995 and the programme and organisers will be decided in November 1995.

A conference of IOF Controllers is to be held in Matlock in Derbyshire (home of the BOF) on the weekend after Easter and a couple of Irish Controllers are expected to attend, mainly with a view to being prepared for a World Cup event here in 1998 if it happens. The Conference is being organised by David Rosen on behalf of the IOF Technical Committee.

The final rankings in the 1994 World Cup were:

Men - 1 Petter Thoresen (NOR) 183 points, 2 Janne Salmi (FIN) 176, 3 Mika Kuisma (FIN) 171, 4 Håvard Tveite (NOR) 170, 5 Carsten Jørgensen (DEN) 169, 6 Jörgen Mårtensson (SWE) 167, 7 Rudolf Ropek (CZE) 165, 8 Johan Ivarsson (SWE) 165, 9 Chris Terkelsen (DEN) 163, 10 Steve Hale (GBR) 158.

Women - 1 Marlena Jansson (SWE) 193, 2 Yvette Hague (GBR) 179, 3 Hanne Staff (NOR) 173, 4 Hanne Sandstad (NOR) 171, 5 Anna Bogren (SWE) 163, 6 Gunilla Svård (SWE) 159, 7 Sabrina Meister-Fesseler (SUI) 158, 8 Maria Gustafsson (SWE) 157, 9 Reeta-Mari Kilkkala (FIN) 146, 10 Vroni König (SUI) 145.

WORLD CHAMPS 95

There will be a qualification race for the Classic final in the 1995 World Championships and it will take place on the day of the opening ceremony, according to *Orienteering World*. The Classic final will be next day and the short distance races two days later. Because of accommodation restrictions, however, the organisers cannot implement the rule made at the IOF Congress in June allowing teams of 7 men and 7 women. The team size will remain at 5 + 5 for this year. WOC 95 will be at Lippe in Germany from August 12 to 20. Good route choice is expected to be the key to the event, if the World Cup race in the Harz Mountains was any guide. The terrain is not over-technical but the steep hills and valleys with good path networks require decisiveness in route choice and fast running speeds. In the A final at the World Cup event the top 30 runners used 8 different routes on leg 8-9, but no one used the planner's optimum route!

There are five races open to the public during the WOC week. The event centre is the town of Detmold, the main town of Lippe, with about 70,000 inhabitants. The Lippe district is between Dortmund and Hannover. The closing date for entries is June 1st and entry forms and details are available from OK OL WM'95 Lippe, Kreishaus Detmold, Felix-Fechenbach-Str. 5, D-32756 Detmold, Germany. (Fax 00-49-5231-622153).

HOME INTERNATIONALS

England made a clean sweep in the three Home Internationals last year with Scotland finishing second in each event (though almost caught by Wales in the Vets). The final results of the events have filtered through to TIO, largely via Score, the Scottish O-newsletter. The format is Individual + Relay = Total points.

Juniors:
England 185 + 138 = 323, Scotland 133 + 108 = 241, Ireland 77 + 54 = 131, Wales 69 + 54 = 123.

Seniors:
England 167 + 72 = 239, Scotland 141 + 62 = 203, Ireland 95 + 42 = 137, Wales 97 + 40 = 137. This means that Ireland scored more than was reported in TIO 71, finishing equal third with Wales.

Veterans:
England 127 + 58 = 185, Scotland 87 + 40 = 127, Wales 84 + 40 = 124, Ireland 60 + 18 = 78. Frank Cunnane, Veteran Team Manager, reports on this event elsewhere in this issue.

NI League 1994

The prizewinners in the NIOA League, run over seven events (best 4 to count) during the year, were:

Brown course 1 Billy Reed (FermO) 397.2, 2 Bill Simpson (LVO) 394.4, 3 Clive Majury (LVO 356.3;

Blue course - Men: 1 Anthony McGonigle (NWOC) 393.4, 2 Steven Gilmore (LVO) 376.5, 3 Richard McCourt (LVO) 357.4; Women: 1 Heather Majury (LVO 384.3, 2 Heather Ervine (LVO 368.5, 3 Ann Savage (LVO 349.6;

Green course - Men: 1 Noel Bogle (NWOC) 380.3, 2 A. Mein (NWOC) 376.3, 3 Allan Bogle (NWOC) 375.8; women: Ruth Clair (NWOC) 392.8, 2 C. Hart (LVO) 367.0, 3 Kathryn Millinson (LVO) 350.7.

Light Green course - Women: 1 Susan Bell (LVO) 400, 2 Lynsey McKee (LVO) 365.1;

Orange course - Men: 1 Rory Finlay (FermO) 400.

Yellow course - Men: P. McCann (LVO) 364.4, 2 M. Majury (LVO) 344.2.

A large number of competitors failed to take part in four events, hence several classes had no prizewinners.

AGE CLASSES

Like racehorces, orienteers change age on January 1st. This year it's going to be confusing for our Juniors who'll be running against the same people but in the Republic they'll be M/W 12-, 14-, 16-, 18- and 20- while in the North and in Britain (and in many other parts of the world) they'll be M/W 11, 13, 15, 17 and 19's. Perhaps we'll be out of step for only a short while - or are we just trying to show what good Europeans we are?

Year of Birth	Age class in 1995
1985 or later	M/W 10-
1983/84	M/W 12-
1981/82	M/W 14-
1979/80	M/W 16-
1977/78	M/W 18-
1975/76	M/W 20-
1961-74	M/W 21
1956-60	M/W 35
1951-55	M/W 40
1946-50	M/W 45
1941-45	M/W 50
1936-40	M/W 55
1931-35	M/W 60
1930 or before	M/W 65

For juniors in BOF events

1985 or later	M/W 10
1983/84	M/W 11
1981/82	M/W 13
1979/80	M/W 15
1977/78	M/W 17
1975/76	M/W 19

Remember that if you are in an event on the Continent the classes will probably be H (Herren) for man and D (damen) for women, not M/W. Incidentally, the IOA notice in TIO 71 was wrong where M/W 65's were concerned: it should, of course, have been "1930 and before", not "1926 and before". This also applies to the Irish Championships entry form.

BRITISH CHAMPS UPDATE

Entry forms for the British Championships relays have been sent to all club secretaries. Entry to the relays is only possible through your club (a very sensible idea). Relay entries close on February 12th. Individual entry forms were enclosed in the last issue of TIO. Your club secretary should have a couple to spare. The cheap entry deadline has passed and the final deadline is postmarked by 5th February. The Individual event is at Newborough Warren on Anglesea on Saturday March 18th and the Relay at Rhos & Bryngefeiliau, near Capel Curig the next day.

The event centre is just beside Llanfairpwyllgwyngyllgogerychwrndrobwllllantysiliogogogoch and some accommodation is available there. Starts and finishes will be no more than half a mile from the car park. Newborough has the ups and downs of the sand dunes and a rocky spine as well and is so detailed that the map will be at 1:10,000 for most classes and 1:7500 for M/W45 and above.

Part of the relay area was used in JK 84 (some of it was on Braich Bryn Engan) and some on the National Event map of Mynydd Cribau. The area isn't as complex as the Individual area but is still very complex: a 1:10,000 scale map will be used for all classes.

If you miss BOC 95 there's no certainty that you'll ever be able to run at Newborough again. Gaining access took years of painstaking and frustrating negotiating with the several interested bodies and the permit is for BOC 95 only. So be there!

JK 95

The 1995 Jan Kjellstrom International Festival of Orienteering (no wonder it's just called "the JK") will be at Harrogate in Yorkshire at Easter (April 14-17). Entry forms have been sent to all affiliated Irish O-clubs secretaries and can also be found in this issue of TIO. The Relays can only be entered through your club.

FAS PLACES

AFAS has a vacancy for an unemployed person on a FAS scheme to promote orienteering by visiting schools and other interested parties. A car is required. Contact Finola O'Donoghue at the House of Sport for details. (01-4509845).

LEINSTER NEWS

Event Levies

The IOA has devolved the task of collecting event levies and disbursing grants onto the regions, so the Leinster O-Council has recently been in touch with all Leinster clubs asking for their levies for 1994. The levy is 10% of total event income, not 10% of the profit. There were over 40 events in Leinster last year and Leinster's share of the levy should come to about £500.

Equipment

All Leinster clubs have been sent copies of orienteering videos for training and instruction.

Signposting to events often leaves a great deal to be desired: the signs are OK for orienteers who know where to go and what to look for, but aren't great for people starting orienteering. A new set of road-signs is on order with the word "Orienteering" on them. Remember that Leinster has a start clock, a finish timer and other equipment available to clubs. Grants to Setanta and Three Rock towards the running of the Leinster Score Championships and the Leinster Individual Championships have been approved.

Leinster League

The League is now half way through and is attracting good crowds to events. Unfortunately we lost two courses at the first event at Mullaghmeen. Organisers are reminded to check that competitors in league events took part on their own. This is a particular problem on the lower courses where there are large numbers of beginners. Please check that start times of competitors finishing close together: if people start on the same course at the same time they are part of a group and are non competitive for the League.

Fixtures

There are some large gaps in local events in the Fixture List, particularly in April and May - the last registered Sunday event within 30 miles of Dublin is on April 2nd. If you can fill any of the gaps, please contact the Fixtures Secretary, John McCullough.

Interprovincial Championships

The Interprovincial is in Glencree on April 2nd. We will need you all to turn out for Leinster this year. All classes and courses are required: the team isn't selected beforehand but the fastest from each province is counted. Entries closeon March 15th.

The *FUTURE* Champions Cup

This new competition, sponsored by Scotland's Polmont Ski Services, has been introduced by BOF as a means of giving those athletes, who are moving from the Junior to the Senior ranks, a serious competition of their own. The competition is for M/W 17's and M/W 19's only and will consist of three qualifying rounds and a National Final.

For the competition the British Isles have been split into six areas of which the island of Ireland is one. Individuals will qualify through the area in which their club is situated. Note that any individual who belongs to more than one club will be deemed to belong to the club/area of the first round in which he or she enters the competition.

Competitors will compete in their appropriate age class and points will be scored for the top 15 in the order 20, 17, 15, 13, 11, 10, 9 ...1. Points will be summed over the three rounds and from Ireland and Wales, two from each age class will qualify for the final. For the rest of the UK this figure is raised to 4 men and 3 women. For the women, four wild card places are available, dependent upon results of JK '95. In total 40 men and 36 women will contest the Final.

The final will consist of a men's class (17's and 19's) and a women's class (17's and 19's) and will be contested over two days, with a short race (race order determined by points gained in the qualifying rounds) on Day 1 and a classic distance race on day 2. Day 2 will be a chasing start set at M/W 19 championship standard.

Polmont Ski Services are the sponsors of this competition and are donating prizes in the form of vouchers or grants towards national/regional tours. These prizes are expected to be 1st:-£100, 2nd-£60, 3rd- £40, 4th- £30 and 5th- £20.

All those eligible runners competing in qualifying races will score automatically and qualifiers will receive invitations to travel to the final as soon as possible after the third qualifier. Unfortunately for us, BOF set the final date without any regard to the fact that it clashes with the date of the Shamrock O-Ringen on the weekend of 23/24th June. To date no venue has been agreed but it will probably be in Cumbria.

It has been agreed that the qualifying rounds (which must be at C2/C3 event standard) will be:

1	April 2	Interprovincial Championships, Glencree, Co. Wicklow
2	April 29	Irish Championships, Poulgorm, Co. Kerry
3	May 21	Leinster Championships, Carlingford, Co. Louth.

If anybody wants more detail on any of the above, contact Alan Pentland on (08-01846 679767)

FACTS ABOUT THE IRISH ORIENTEER

The Irish Orienteer has been going since 1982. Almost 600 copies of every issue are distributed. Clubs are sent a bundle of copies to distribute to their members and about 120 are sent to individual subscribers, many of whom are Irish orienteers living abroad. The clubs which get bulk copies are AJAX, CNOC, GEN, FIN, LeeO, LVO, PXN, SET, ThO, 3ROC and WATO but all IOA clubs get one copy courtesy of IOA.

It is published every two months but with a three month gap in the summer, to give the editor a break. It is put together on an Apple Macintosh using Pagemaker, printed on a laser printer and given to theprinter, Denton Print in Dundrum, as camera-ready copy (or as close as possible to this !). Dentons usually have it dropped in their letterbox at about 1 a.m. on aTuesday morning and it's usually ready by the weekend.

Production and distribution costs are about £15 per page so this issue of 24 pages will probably coat about £360. This is met by the clubs and subscribers - there is no regular grant from IOA of elsewhere, other than occasionally towards some specific piece of equipment (e.g. a laserprinter). Lack of time and material from other people are the main reasons why it looks so dull!

Higher Education Sports Federation Orienteering

The Higher Education Sports Federation (HESF) Score Orienteering Competition 1994 was held in Toberroe Wood near Athenry on Wednesday 30th November and students took part from Galway RTC, Athlone RTC, Carlow RTC, DIT Kevin St., Dublin and the Garda College, Templemore. The Army Apprentice School and University College Galway who are not part of the HESF took part as guests.

The competition was organised so students could come by train to Athenry where they were collected by taxi and brought to and from the event. There was a mass start with premarked marks at 2 pm and participants were allowed 60 minutes to get as high a score as possible in that time with a penalty for every minute over 60 minutes out on the course. There were 23 markers in the forest with different points value for each one depending on difficulty of control site and distance from the start and participants had to quickly plan routes to get as high a score as possible.

With a high penalty of 5 points per minute over the time, competitors were not encouraged to stay too long over the hour in the forest and as a result it was possible to run the competition in an hour and a half which makes this type of event very suitable for school events where the time available is usually very short. An other advantage of this type of event is that nobody is disqualified for not getting a control as happens in point to point events. Everyone will come back having found some control sites and consequently will have some score when the event is a school or class team event.

Participants moved to a hostelry in Athenry immediately everyone was back where the results were worked out, prizes were presented and refreshments were enjoyed before returning home by train or bus. There was no waiting in the cold forest for results which were calculated much better in the nice warm atmosphere of King John's Bar over a cup of coffee.

These calculations showed Per Holmberg from DIT as the individual winner with 610pts from a total of 630. Joint second were G. Chapman and Liam Kidney from the Army Apprentice School. The Ladies winner was Breege Grennan from UCG with 405 pts and Rita McElwain and Kathrine Gerry both DIT were joint second with 330pts. DIT won the men's team event, the Garda College was second and Athlone were third. In the ladies event Garda were team winners, DIT were second and Galway RTC were third.

Eagle Eye

Club News

Great Eastern Navigators

The GEN AGM and Christmas Party was enjoyed by all who attended. Congratulations to John Clarke, our new Chairman. Paul Nolan has also joined the Committee in place of Mary Healy who is taking a well earned break after all her hard work over the last few years. Everyone else was persuaded to struggle on for another year.

Thanks to all who renewed their membership at the AGM and otherwise: cards are on their way. Reminders are enclosed for everyone else.

The next major GEN event will be the Interprovincial Championships on Sunday 2nd April in Glencree. Pre-entries to Brendan Doherty, 12 Brook Court, Monkstown, Co. Dublin by 15th March. Audrey Sheridan, as Organiser, will welcome all offers of help in the meantime. Mick Kellett is enjoying our current FAS scheme with a number of schools, producing several maps in the process with help from Nick Butterfield as usual.

Finally, a very happy New Year to all our orienteers.

Nora Lalor, Secretary.

Phoenix News

On Saturday 10th December Cathal Cregg and his local committee organised the Connacht Night Orienteering Championships in Garbally College, Ballinasloe and a Club Christmas Party was held afterwards in The Birch Grove, Ballinasloe.

On Sunday 11th December the Club Christmas Challenge event for the Bank of Ireland Perpetual Trophy was held in Garbally. There were 5 courses and there were prizes for the winners in each class. The organiser for this event were Kieran O'Brien assisted by the Cregg brothers Cathal and Eamonn. The event planned for Clontykilla Wood, Boyle on Sunday 15th January League 5 was changed to Lough Key Forest Park, Boyle as Clontykilla was not ready. The organisers for this event were Michael Regan and Tom Conlon. The Annual General Meeting of Phoenix Navigators Orienteering Club was held after the event and details of officers elected and further club plans will appear in the next issue. The Annual Christmas club training event was held in Motepark, Roscommon on Tuesday 27th December to finish of activity for 1994 and prepare people for better orienteering in 1995.

Three Rock OC

The 3ROC AGM and party is on Friday, February 10th at Butlers house, 130 Glenageary Avenue, near the Deerhunter pub. All members, particularly those on the fringe of the club who, maybe, have never come to an AGM before, are invited to attend: you won't be disappointed.

The next night (Saturday 11th) there's John McCullough's night event in the Phoenix Park and another competition in the Park on the Sunday. A feast of orienteering.

Remember: annual subscriptions are now due: this may be the last TIO you'll get otherwise.

Your personal copy of he 3ROC newsletter, The Rocket, is enclosed, with full details of all the club's activities. Make sure we have your correct address!

Secretary: Vera Murtagh, 19 The Cloisters, Terenure, Dublin 6w.

Connacht Region News

The Connacht Council wishes to thank all who organised the recent league events and kept activity going in Galway, Sligo, Ballinasloe and Athlone since the start of the Autumn season.

Best wishes to all for the new year. Keep up the training, get out mapping or help with the organisation of some event and you will meet more people and your enjoyment of orienteering will increase.

Connacht Championships: A new area has been mapped near Manorhamilton by Padraic Higgins, Frank Ryan and John Walshe in co-operation with the North Leitrim Glens Development Company and the Connacht Individual and Relay Championships events are being held on this new map on Saturday 25th February and Sunday 26th February 1995 instead of in Woodlawn.

The area is a combination of mature and young forest, some open mountainside and some pasture land. The area is in marked contrast to flat Woodlawn. Manorhamilton has plenty of hills so some climb can be expected on all courses.

Entries should be sent to John Walshe, Moneymore East, Oranmore, Co. Galway on or before Tuesday 31st January. Late entries accepted postmarked up to Tuesday 14th February 1995. All classes will be available subject to demand.

Accommodation includes: Manorhamilton - floor space for 30 and 50 with tea/coffee making facilities. One place has showers. Garrison - Hostel only 7 miles from Manorhamilton at about £6 per night (full kitchen facilities and also restaurant with cooked breakfasts and lunches). Houses from £90 to £100 for weekend. B&B from £12 to £18. Contact Jimmy Flynn, North Leitrim Glens Development Co. Ltd, New Line, Manorhamilton, Co. Leitrim Tel. 072-55833.

All Connacht orienteers living in the Sligo/Leitrim/Roscommon area are being advised that their help will be required on that weekend to successfully run the Championships and a jobs list will be circulated before then.

Connacht League

The remaining league events are Sun 29th January in Knockbarron, Kinnitty, Co. Offaly League 6 and Sun 12th February in Dunsandle, Loughrea, Co. Galway League 7. Full results of the league events 1 to 4 should appear elsewhere in TIO.

New developments

Other areas being mapped or revised are Clonbruck near Ahascragh, Toberroe, Woodlawn, Monivea, Portumna and an area near Roscrea. Some small school maps in Loughrea and Woodford are also in the pipeline.

VETERAN HOME INTERNATIONAL 1994

The VHI was run on 8th and 9th October. The results arrived on 4th January. Not only were they very late, with the relay results on a separate sheet of paper, but there was no point count or declaration of the result of the VHI.

TEAM and RESERVES

The team (one W60 short) was:-
M40: Kevin O'Dwyer and John McCullough
M45: Bernard Creedon and Sean Cotter
M50: Ted Feehan and Alan Gartside
M55: Maxwell Reed and Colin Dunlop
M60: Fred Calnan and Frank Cunnane
W40: Teresa Finlay and Jane Watt
W45: Monica Nowlan and Trina Cleary
W50: Sue Pim and Clare Nuttall
W55: Hazel Convery and Diana Large
W60: Faith White

Reserves: M40 Ronnie McKee, M45 Colin Henderson, M50 Richard McCourt, M55 Frank McCormack, M60 Norman Ervine, W40 Heather Majury, W45 Jean O'Neill, W55 Vera Murtagh (none for W50 or W60).

INDIVIDUAL EVENT

Analysis of the Individual results showed that previously published points for the VHI were not correct, the actual points being ENG 127 (-1), SCO 87, WAL 84 (+2) and IRL 60 (-1). Confusion was caused by the failure of the organisers to correct their mistake of classifying two of our women as men, and printing their times on the day in the M40 and M45 lists. Of course, their times on the shorter courses compared favourably with the men, and gave rise to higher points being calculated for Ireland. It did not help that some of Scotland reserves ran as "SCOT" and two of them ran faster than their team mates, thus apparently scoring points.

In 1993, we had only one competitor who ran within Championship time. In 1994 we had 6. So even though we improved as a team, the Welsh obviously improved even more, as they beat us in 1994. Perhaps they gained points by running in familiar territory. The 1995 VHI will tell.

Championship standards were gained by:-
M40: Kevin O'Dwyer and John McCullough
M50: Ted Feehan
M55: Maxwell Reed
W45: Monica Nowlan and Trina Cleary

Congratulations to all six, and particularly to Maxwell Reed, who gained Championship standard also in 1993.

Four persons deserve special mention: John McCullough and Monica Nowlan for doing so well despite almost crying-off that morning, due to suspected food poisoning; Colin Henderson who, if he had taken 5 seconds less would have beaten both his M45 team members, and Jean O'Neill who came within 3 seconds of Championship standard.

But attaining Championship standards does not lead automatically to good points, and vice versa. It depends on the opposition. The IRL team members who gained 5 or more points (out of a maximum of 8) were:-
6 POINTS: Monica Nowlan, Hazel Convery and Maxwell Reed.
5 POINTS: Trina Cleary, Kevin O'Dwyer and Ted Feehan.

The 9 women won 31 points, the 10 men won 27. On average, the women were 27% better.

RELAYS

Picking teams for the Relays has its own particular difficulties. Each Nation has 5 teams of 4. Each team must have at least 1 man and at least 1 woman. Ignoring the "5" in M/W45 and 55, the age classes of each team must add up to 190 at least. As all the ages add to 960 years, this means that 4 teams have a total age of 190 and one has a total of 200. While there are only two possible age combinations to make 190, and three to make 200, there are endless personal permutations.

We were short a W60, so this meant we had only 4 valid teams, but this was not too bad, as only the best 3 count. I had spent some hours on the Cork-Swansea crossing deciding on the best combinations within the rules to maximise our points. After Saturday's run, current form led to changes. Further alterations had to be made on Saturday night, when I was given the leg order for the different teams, in order to let people finish in time to catch their ferries.

A lot of time was spent getting the best relay combinations, and the results show that we earned more points than we would if we aimed for 3 average teams. But the English and the Welsh each deliberately picked one invalid team (no men) in order to strengthen one of their other four teams. By my calculations, this resulted in England taking at least 2 points from Scotland (a difference of 4) and Wales gaining at least 8 points at the expense of Scotland (2) and Ireland (6). If the Welsh had followed the VHI rules, their lead over Ireland would have been 14 points less. I intend to find out if running an invalid team is OK with the VHI Committee, as we could benefit also from doing this.

The points gained in the relays were ENG 58, SCO 40, WAL 40 and IRL 18. If all valid teams had been fielded, the points would have been ENG 56, SCO 44, WAL 32 and IRL 24.

FINAL RESULT:: England 185 Scotland 127, Wales 124 and Ireland 78.

SELECTION

It was apparent that the selectors had done a good job when, in all cases except one, the reserves took longer to finish than the team members.

Selection could be improved by selecting for the proper class, i.e. when people are old enough to run M/W40, they should be ranked in that group. Similarly with other ages. At least 4 good runners were not ranked for their age class in 1994.

I think that anyone who represented Ireland in 1993 should have appeared on the 1994 list, in some position. This did not happen. My commiserations to the three concerned. My brief was to confine myself to the list given, in the order given, until the list was exhausted. So I could not ask 1993 team members not listed. This brief also affected the choices in another way: why should it not be possible for a team manager to ask (say) the 3rd best W45 to run as W40, if I know that she is faster than the 8th best W40? (I was not faced with this particular choice, but was with another class. This could affect any class, as prior commitments, etc. can prevent people from accepting the invitation to join the team).

THANKS

Our thanks are due to Sue Davies for changing her arrangements to suit us. I believe the FIOA policy of encouraging reserves to travel is a good one, and Sue swapped accommodation to make this possible. The accommodation we ended up with had 7 spare places, which I offered to supporters. All the places were filled.

I think we all, team members, reserves and "supporters" enjoyed the weekend, particularly those who travelled via Swansea. The late departure (9 p.m.) gave us a more relaxed Sunday, even though we returned to the Field Centre to do the breakfast wash-up and a general cleaning. We still had time to walk around Brecon, to stroll down a public footpath to view some waterfalls, and to drive a scenic route to Swansea.

Frank Cunnane

Connacht League Results

Woodstock Wood Leg 1 16th October 1994

Brown Course 4.2 km 190 m 22 controls

1	Kieran O Brien	PXN	45.36
2	John Walshe M21E	PXN	47.06
3	Cathal Cregg	PXN	47.25
4	Per Jensen	UCG	57.36
5	Padraic Ferguson	PXN	58.38
6	E. Sheridan	PXN	64.38
7	Eamonn Cregg	PXN	65.48
8	S. Baxter W21	UCG	72.57
	Frank Swift M40	PXN	N/F
Sarah Swift		PXN	N/F
	P.Jordan		N/F

Blue Course 2.2 km 90 m 12 Controls

1	Michael Bolger &	UCG	40.12
	Colm Carroll	UCG	40.12
2	Alan Brett	UCG	42.07
3	J.McCulla		43.10
4	Orla Baxter	UCG	47.30
5	Breege Grennan	UCG	55.20
6	Brendan Pentony	UCG	59.52
7	Liam Dilleen &	UCG	81.25
	Micheal McCluain &	UCG	81.25
	Adrian Kennedy &	UCG	81.25
	Declan Smyth &	UCG	81.25
8	Fergal O Braoin	RTC	82.10
9	Amanda Bates &		98.40
	Audrey Hearne		98.40

Red Course 1.6 km 50 m 11 Controls

1	Fearghal O Brian	RTC	34.21
2	R. Sheridan	PXN	37.06
3	Lorraine Reynolds	RTC	39.29
4	Cathleen Fergus	RTC	39.38
5	Brid Fenton	RTC	39.40
6	Phillip Carthy	RTC	43.52
7	Michean McCluain	RTC	44.42
8	Liam Dilleen	RTC	45.52
9	Declan Smyth	RTC	46.14
10	Adrian Kennedy	RTC	46.42
11	Iscult Coffey	UCG	50.14
12	Kathleen, Ciaran & Adrian Foley	61.25	
15	Kathryn Byrne	RTC	90.00
16	Sorcha Murphy &	RTC	94.00
	A.Benson &	RTC	94.00
	Niamh Diviney	RTC	94.00

Yellow Course 1.2 km 40 m 9 Controls

1	Stephen Cregg	PXN	26.00
2	Rory Sheridan	PXN	36.20
3	Jennifer McLynn & Sharon Foley	49.30	
4	Denis Healy + 1		53.00

Slish Wood Leg 2 30th October 1994

Brown Course 6.5 km 350 m

1	R. Patterson	FERMO	99.00
2	John Walshe M21E	PXN	107.00
3	T.O Keefe		132.00
4	Kieran O Brien	PXN	138.00
5	Eamonn Cregg	PXN	154.00
6	Frank Ryan	PXN	175.00
	Joe Bannon	PXN	N/F
	J. Muldowney	PXN	N/F
	G.Taylor	PXN	N/F
	A.Cox		N/F

Blue Course 4.0 km

1	G. Barber		81.40
2	Per Jensen	UCG	85.00
3	J. McCulla		102.55
4	S. Baxter W21	UCG	106.00
5	J. Isherwood		116.40
6	F. O Braoin	RTC	133.00
7	S. Fergus		150.00

Red Course

1	S. Brown		37.00
2	B. Regan		50.40
3	G.Foley X 4		89.00
	B. Pentony	UCG	N/F

Yellow Course

1	D. Bannon		33.45
2	L. Brown		41.20
3	J. Walsh		42.55
4	C. Maxwell		52.00
5	Higgins X 2		54.00
6	S. Foley		90.00

Moydrum, Athlone Leg 3 13th November 1994

Brown Course

1	John Walshe M21E	PXN	25.40
2	Cathal Cregg	PXN	27.30
3	Kieran O Brien	PXN	33.20
4	John Mc Devitt		40.31
5	Bernie MCGauran	PXN	43.50
6	Pat Healy	CNOC	46.15
7	Frank Ryan	PXN	47.05
8	Frank Swift	PXN	49.10
9	Sive Baxter	UCG	50.30
10	E. Sheridan	PXN	52.10
11	Eamonn Cregg	PXN	52.50
12	Joe Quigley		56.40
13	Jim Barrett		60.11
14	Joe Bannon	PXN	63.01

Blue Course

1	Carol Grimes		40.09
2	Alan Brett	UCG	40.25
3	J.McCulla		45.05
4	Mick Bolger		50.20
5	Orla Baxter	UCG	51.35
6	Faith White	SET	59.10
7	Oliver Lynch		60.21
8	H O Malley &		60.30
	K. Fergus	GRTC	60.30
9	Breege Grennan	UCG	60.33
10	Clare Maxwell	PXN	60.58
11	Fergal O Braoin	GRTC	110.45

Red Course

1	Peter Conroy		50.12
2	R. Sheridan	PXN	72.11
3	Iseult Coffey	UCG	50.14
4	Siobhan O Hearne &		95.35
	Larry Taylor		95.35
	John Burke No time recorded		
5	non Finishers		

Yellow Course

1	Steve Cregg	PXN	27.00
2	David Bannon	PXN	30.21
3	Moriarty Family		63.00
	Olive Young No time recorded		

Toberroe, Athenry Leg 4 27th November 1994

Brown Course 5.2 km

1	Kieran O Brien	PXN	52.27
2	Padrai Higgins	PXN	52.37
3	Padraic Ferguson	PXN	72.56
4	Cathal Cregg	PXN	78.44
6	Frank Ryan	PXN	84.20
7	Bernie McGauran	PXN	104.10
8	Frank Swift	PXN	105.00
9	Joe Bannon	PXN	139.20

Blue Course 4.9 km

1	J.McCulla		72.57
2	Orla Baxter	UCG	86.23
3	David Duffy		89.15
4	Alan Brett	UCG	93.30
5	Clare Maxwell	PXN	104.00
6	Fergal O Braoin	GRTC	106.25
7	Ann Casburn W55	PXN	142.00
	one non-finisher		

Red Course 2.8 km

1	Fergal O Braoin	GRTC	32.05
2	S.O Sullivan		33.48
3	N. Martin		63.38
	P.Clarke		63.38
	John Kirby		63.38
4	Derek Butler		64.36
	John Kirby		64.36
5	Eugene Bennett		76.17
	Helen O Connor		76.17
6	Fiona Hyland		76.30
	Sinead Kelleher		76.30
	Liam Moran		76.30
	Fergus Flanagan		76.30
	Orla Felan		76.30
	Johanna Gormley		76.30
7	Ann Marie Duffy		77.48
	Diane O Hara		77.48
	Breen Mannion		77.48
	Andrea Maloney		77.48
8	David Pigen		81.15
	Siobhan Henry		81.15
	Mairead Cunney		81.15
	S.Clarke		81.15
9	A Hearne		102.28
	one non-finisher		

Yellow Course 1.6 km

1	Steve Cregg M10	PXN	21.45
2	David Bannon	PXN	14.15
3	C. & E. O Sullivan		27.00
4	R. & F. Sheridan		61.22

UCDO event at Belfield 23/10/94

BROWN 6,800 m

1.	G. BRADY	M21	CORKO 41.53
2.	G. DOHERTY & P. NOLAN		GEN 42.19
3.	D. QUINN	M40	GEN 42.59
4.	S. WALSH	M21	SET 43.38
5.	B. BELL	M40	GEN 44.49
6.	M. HEALY	W40	GEN 45.10
7.	A. O MULLANE	M21	GEN 45.12
8.	T. TOTTENHAM	M15	3ROC 46.19
9.	J. WATT	W40	GEN 49.02
10.	J. MEADE	M45	3ROC 53.15
11.	B. DOHERTY	M50	GEN 54.00
12.	R. GARRETT	M40	3ROC 57.12
13.	R. KAVANAGH	M21	CORKO 59.26
14.	J. LALOR	M40	GEN 61.52

BLUE 6,200 m

1.	A. COX	M21	3ROC 37.39
2.	A. McMENAMIN	M21	CNOC 43.41
3.	A. BOYLE	M21	UCDO 44.03
4.	RYAN		46.40
5.	B. HOLLINSHEAD	M55	3ROC 46.42
6.	A. GREEN	M21	SET 52.24
7.	D. O COLMAIN	M45	GEN 53.18
8	C. DUNLOP	M55	SET 56.36
9	N. PHILLIPS	W19	UCDO 63.00
10	S. KULLDORFF	M65	SET 63.56
11.	M. HIGGINS	W50	SET 64.36
12	D. O DONGHAILE	M19	DUO 65.52
13.	R. LYNAM		CNOC 66.09
14	E. DUNNE	M21	3ROC 68.30
15	M. NI CHOITIR	W21	CORK 71.48
16	M. PROCTER	M15	WOC 73.32
17	D. HICKEY		ECO 75.16
18	A. JOHNSTON	M15	WOC 77.37
19	A. RYAN	M35	IND 77.40
20	A. WATT	M15	WOC 99.47
21	G. JOINMAN		109.18
	A. BEATTIE		WESLEY 111.19
	T. HORAN	W21	AJAX DNF
	BURTENSHAW	M17	DNF
	N. SHORTT	M21	UCDO MP 12
	J. DOWNEY		DNF
	J. HALLETT	W21	SET DNF

GREEN 4,700 m

1	D. BROOKS	M50	3ROC 35.03
2	A. LAW	M40	GEN 36.19
3	J. BERRY		UCDO 36.50
4	U. O COLMAIN	W15	GEN 37.25
5	C. PAREDES	M21	UCDO 37.33
6	J. O NEILL	W45	FIN 38.06
7	J. McEVOY		38.20
8	K. CAREY	M35	3ROC 39.41
9	G. BUTLER	M13	3ROC 39.43
10	W. BOTLEY	M50	3ROC 39.44
11	J. BELL	M15	GEN 39.50
12	O. WORTH		UCDO 41.00
13	MURTAGH		43.35
14	E. O SUILLEABHAIN	M45	3ROC 44.12
15	A. NI SHUILLEABHAIN	W40	3ROC 45.09
16	E. O BRIAIN		FINGAL 49.27
17	D. EADIE	M15	3ROC 50.45
18	G. BARRY		52.14
19	A. TOTTENHAM	W40	3ROC 53.50
20	B. McCLUSKEY	W21	3ROC 54.45
21	W. O NEILL	M50	SET 56.13
22	F. O NEILL	W45	SET 56.17
23	P. HENNESSY		58.01
24	O. COLLINS		58.10
25	K. BYRNE		GEN 60.14
26	P. RYAN	M40	GEN 60.22
27	J. KELLY		60.24
28	U. McDERMOTT		UCDO 60.55
29	T. DAHL		DUO 61.18
30	S. DEVLIN	M10	GEN 61.53
31	D. KENNEDY,A. DENNISON,P. AGAR		62.26
32	C. DOWD		70.14
33	CASSIDY		72.10
34	N. FARNON	M21	KSO 74.17
	C. SHEEHY	W17	DUO
35	D. GARDNER	M15	IND 75.30
36	F. O BRIAIN		FINGAL 77.46
37	H. MOLONEY		FINGAL 79.47
38	V. MURTAGH	W50	3ROC 80.00
	A. GARDNER	M13	MP 10
	T. CALDWELL	M13	MP 10

RED 4,300 m

1	R. O COLMAIN	M13	GEN 37.03
2	G. GRAY	M15	3ROC 40.37
3	C. CARROLL	M60	3ROC 41.00
4	P. HAYES, D. GALLANAGH		47.20
5	N. HUTCHINSON	W21	IND 49.38
6	J. CAREY, J. McLAUGHLIN		51.19
7	M. GALLGAN		59.57
8	S. DEMPSEY	W21	59.56
9	L. HEALY, O COLMAIN	W13/W40	GEN 64.47
10	C. DOYLE	M15	DLSO 65.17
	L. McLAUGHLIN	W19	UCDO MP 12
	A. & G. MEADE	M13	3ROC MP 9
	C. WALSH	W50	3ROCDNP 11

ORANGE 2,800 m

1	K. KELLET	M17	GEN	22.28
2	N. CAROLAN			24.23
3	J. MCGRATH	M11	3ROC	27.04
4	D. O BRIEN	M13	DLSO	27.06
5	B. GREENE	M13	DLSO	27.42
6	M. KELLY			29.46
7	KEELAN	M10	3ROC	30.08
8	E. LAWLESS			30.46
9	S&D LOUGHMAN W13/W15	CNOC	30.52	
10	A&E JACKSON/ BOTHWELL	M13		31.30
11	DAVID H	M11	GEN	32.05
12	N. LALOR	W40	GEN	32.40
13	P. DONLON	M35	SET	33.20
14	A.R.&E.E.&V.D		W.O.	33.29
15	K. WALKIN		CBC	33.42
16	LOGAN		CBC	33.43
17	J. O CONNOR		LORET	34.21
18	S. HEALY	W13	GEN	36.04
19	T. GRAY	M13	3ROC	36.20
20	P. MCELWAIN		UCDO	36.56
21	A. LARRAGY			37.30
22	P. LARRAGY			37.40
23	D. RYAN		CBC	38.06
24	T. BELL	W15	GEN	38.36
25	J. O CONNOR		LORET	39.21
26	C. MCGRATH	W45	3ROC	40.27
27	S. O DONNELL	W17	CLUNY	40.52
28	A. FITZGERALD	W17	CLUNY	40.53
29	STEPHEN		MONK	41.01
30	R. O MALLEY		CBC	41.02
31	C. MCATEER			41.03
32	R. HICKEY		MONK	41.04
33	A. BURTON	W17	LORET	41.55
34	Z. SCANLAN	W17	LORET	41.59
35	B. BRADY	M11	CBC	42.01
36	R. EDGEWORTH		CBC	42.28
37	J. BARRY		CBC	42.29
38	C. LENNON			45.21
39	D. JONES		UCDO	46.30
40	S. MCGARRY		UCDO	46.32
41	EMMA			47.30
42	G. TUCKER			47.37
43	C. UNGER	W21	UCDO	47.38
44	G. TUNCHON			47.39
45	E. WALL		UCDO	47.40
46	R. EARLE	M11	3ROC	48.30
47	A. COOK			48.48
48	A. MCCORMICK	W21	ERC	50.06
49	D. DONEGAN	W21	ERC	50.07
50	C. MAXWELL		MKSS	50.30
51	LAURA H.		MKSS	50.31
52	C. BUCKLEY	W17		50.57
53	L. KEOGH	W17		50.58
54	BOWE			51.23
55	??????????			53.41
56	D. MURPHY			53.51
57	A. LARRAGY			56.11
58	JENNY L.	W11	CNOC	56.16
59	H. YOUNG	W11	CNOC	56.17
60	SIMON L.	M9	CNOC	56.18
61	O. KELLY	W17	CLUNY	57.26
62	S. ROTHSCHILD	W17	CLUNY	57.27
63	O. O CONNOR		MKRS	58.30
64	J. HALLES			63.20
65	M. O NEILL	W15	SET	63.40
66	H. RYAN		MKRS	68.53
67	A. NI BHRIAN		FINGAL	71.13
68	E. JORDAN			73.14
69.	A. MITCHELL		MCKS	76.19
70	M. PICARD		MCKS	78.15
71	E. WRIGHT	W17	CLUNY	98.49
72	L. KEATY	W17	CLUNY	98.50
73	S. KEANE		MCKS	99.22

WHITE 1,800 m

1	E. DONLON	W10	SET	23.05
2	J. OUTRUP	M21	DUO	23.50
3	N. WATERS, N. McGOLDRICK	W19	DUO	24.02
4	LOUGHMAN FAM		CNOC	24.51
5	P. DOWLING	M19	DUO	25.10
6	M. McHUGH, A. SWAN	W19	DUO	25.21
7	C. JOHNS			25.31
8	C. YOUNG		CNOC	25.37
9	L. McQUAID	W19	DUO	26.09
10	D. HODSON, J.GARVEY,C. SCANLON		DUO	26.11
11	L. KENNEDY	W19	DUO	26.39
12	M. GANNON	W19	DUO	26.46
13	A. WALSH, C. REYNOLDS	W21	DUO	26.55
14	AMY/EOIN/ANNA		GEN	27.17
15	A. BELL	M10	GEN	27.33
16	P. BRANAGAN,I. De MEULENAERE		DUO	27.41
17	GWEN/LOUISE		UCDO	30.37
18	N. LALOR	W10	GEN	31.39
19	E. BARRY, H. BARRY		ECO	31.40
20	G. MOYNIHAN	W17	DUO	33.00
21	KEYES			36.33
22	COLEMAN			37.32
23	R. SHORT			37.49
24	D. BELL	W10	GEN	38.02
25	I. COSTIGAN, N. MURPHY	M13	DLSO	39.21
26	R. McGRATH	W10	3ROC	44.09
27	R. CUNNINGHAM			44.29
28	P. DOWLING	M19		45.13
28	H. CUNNINGHAM			45.13
29	B. ROWE			45.23
30	C. DOWLING			49.49
	B. JONES			54.55
	S. RYAN	DNF		

RESULTS

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- giving an original copy at A5 size (that's the size of this page)
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- don't give bad photocopies or pages with wide open spaces: tighten them up as much as possible
- don't make me retype them, please! I've enough to do already.
- get them in in good time to ensure they are published. If you miss the deadline, nothing is guaranteed.

John McC.

RESULTS of Three Rock OC Leinster League event 5, Three Rock Mountain, November 27th 1994.

ORANGE

1.	M13	P.O'Hara	AJAX	24:58
2.		MANGAN/GORMLEY		25:35
3.	M11	D.Healy	GEN	28:11
4.	W13	K.McCORMACK	GEN	31:38
5.	W13	E.Butler	CNOC	31:56
6.	M13	D.O'BRIEN	DLSO	32:24
7.	M13	K.GARLAND	WHO	33:12
8.	W15	ROGERS/ROTHW.	WHO	33:16
9.		CLAUSARDS		33:17
10.	W13	S.Healy	GEN	33:34
11.	W21	C.MORRISON	AJAX	34:33
12.	M13	J.HARGROVES	WHO	34:38
13.		N.McELWAIN		35:09
14.	M13	H.ASAMO	WHO	36:11
15.	W15	S.McCormack	GEN	38:11
16.		A.MURNANE		39:14
17.		?.KELLY		42:15
18.	M13	R.EARLE	3ROC	41:23
19.		G.FITZRERALD		43:26
20.	M11	A.Barry	GEN	44:49
21.	W11	D.HEALY	CNOC	48:16
22.		S.DEMPSEY		49:04
23.		L.MARTIN		49:54
24.		G.FLANAGAN		51:51
25.	M13	F.DRION	WHO	55:08
26.	M15	G.BYRNE	WHO	57:34
27.		McCARDLES		57:57
28.	M13	J.SCOTT	WHO	63:32
29.		F.SHANAHAN	66th	82:28
30.	M10	C.BENT	SET	87:43
		J.KIERNAN		NP:2
		D+L LOUGHMAN		NP:7
		O+E LOUGHMAN		DNF
		WYNNE		DNF
		D.RYAN		DNF
		G.MARTIN		DNF
		O.CONLON		DNF
		J.GALLAGHER		DNF

LIGHT GREEN

1.	M13	G.Butler	3ROC	30:28
2.		I.YTREHUS	WHO	40:58
3.	M45	D.BUTLER	CNOC	42:12
4.	W21	C.O'DWYER	UCDO	42:55
5.	M50	B.HOLLINSHEAD	3ROC	43:38
6.	M21	J.MURPHY	GEN	43:41
7.	M13	J.MASTERSON	WHO	43:55
8.	M13	A.DRION	WHO	44:31
9.	W13	E. O'NEILL	3ROC	44:47
10.	W21	Y.HARRINGTON	SET	45:52
11.	W21	A.M.CANTWELL	FIN	47:14
12.	M50	J.CLARKE	GEN	49:12
13.	W45	F.O'NEILL	SET	52:39
14.	W15	H.ALLEN	WHO/S	52:46
15.		M.GALLIGAN		53:47
16.	W50	T.BUTLER	3ROC	55:03
17.		JONES/FLYNN	UCDO	56:31
18.	M13	Z.F.FISHER	WHO	57:34
19.	M70	J.Lynam	3ROC	57:38
20.	M13	J.CAPPER	WHO	62:24
21.	W55	V.MURTAGH	3ROC	78:54
	W35	C.CAREY	3ROC	NP 1
	W40	N.LALOR	GEN	DNF
	W45	C.McGRATH	3ROC	DNF

GREEN

1.	M45	B.McGrath	3ROC	65:08
2.	M21	E.Dunne	3ROC	65:25
3.	M50	N.Carrol	GEN	65:47
4.	M55	C.Dunlop	SET	68:36
5.	M40	G.Smith	FIN	69:32
6.	M60	A.Bonar-Law	GEN	71:30
7.	M21	E.O'Shea	GEN	74:10
8.	M35	J.Kearney	3ROC	75:14
9.	M35	D.CORRIE	FIN	75:52
10.	M45	V.DELANY	GEN	76:12
11.	M45	E.HUME	FERMO	76:15
11.	M45	P.McCormack	GEN	76:15
13.	M21	B.Cryan	3ROC	79:09
14.	M15	D.JEFFRIES	WHO	79:30
15.	M21	D.TRACY	3ROC	81:31
16.	W17	C.Butler	CNOC	82:08
17.	M21	N.Butterfield	GEN	82:54
18.	M40	D.BARRY	GEN	84:23
19.	W40	W.McCormack	GEN	84:54
20.	M50	D.Brooks	3ROC	85:06
21	W	M.NiCHOITIR	CORKO	86:18
22.	M40	S.Murray	SET	86:49
23.	W19	N.Philips	UCDO	89:43
24.	M35	K.Carey	3ROC	91:06
25.	W40	A.NiShuil.ain	3ROC	91:19
26.	M15	D.Masterson	WHO	91:31
27.	M50	J.Bent	SET	92:26
28.	W45	M.Walsh	3ROC	92:48
29.	M	D.Kennedy	GEN	94:15
30		J.DAVIS	?	96:57
31.	M21	D.WICKHAM	AJAX	97:10
32.	M55	F.McCormack	CNOC	97:34
33.	M17	J.SMYTH	WHO	98:44
34.	M21	J.Leonard	DUO	99:32
35.	M45	D.Watt	GEN	101:47
36.	M35	G.O'Neill	3ROC	102:51
37		B.LAWLESS	?	105:21
38.	M65	S.Kuldorff	SET	105:42
39.	W50	M.Higgins	SET	106:38
40.	M	P.Walsh	SET	107:44
41.	M50	M.Kellett	GEN	108:12
42.	M35	R.Dorrepaal	SET	108:46
43	M35	J.FRANCIS	7FAR	109:42
44.	M50	M.Butler	3ROC	122:46
45.	M45	J.Hughes	CNOC	123:28
46.	M45	J.O'Brien	AJAX	139:51
47.	W	N.McGRATH	TIGL	151:40
*	W40	M.O'COLMAIN	GEN	DNF
	M15	R.BARRY	GEN	NP 5
	M19	A.COYNE	CNOC	DNF
	M21	D.SMYTH	FIN	DNF
	W40	L.NAUGHTON	3ROC	DNF
	M45	B.POWER	SET	DNF
	M13	R.O'COLMAIN	GEN	DNF
	M40	C.O'NEILL	GEN	DNF

* OUTSIDE COURSE CLOSURE TIME

RESULTS...THREE ROCK WOOD.....27th NOV 94.....3ROC

WHITE

1.	M8	T+R YTREHUS	NORWAY	19:24
2.	M13	N.MURPHY	DLSO	19:44
3.	M	C.DILLON	LVS	21:26
4.	W10	CLARA	GEN	23:37
5.	M10	M.O'HARA	AJAX	30:27
6.	W10	F.COLCLOUGH	CNOC	30:37
7.	W	B.EARLE	LVS	31:43
8.	W10	R.McGRATH	3ROC	34:19
9.	W8	H.CUNNINGHAM	CNOC	37:44
10.	W	K.SALINGER+2	LVS	38:06
11.	M	E.O'GORMAN		46:38
12.	W6	K.O'HARA	AJAX	49:17
13.	W8	C.YOUNG	CNOC	50:33
14.	M	KELLEHER+1	LVS	51:35
15	W	G.CULLEN+2	LVS	53:08
16.	M	R+B CARVILL		56:06
17.	W21	ANABEL+NEKANE		74:21
18.	W10	M.CONNOLLY		DNF
19.	W21	S.GRANT		DNF

RED

1.	M21	J.COLCHOUGH	CNOC	48:13
2.	M17	R.O'DONOGHUE	C.RD	61:29
3.	M45	J.Gray	3ROC	65:20
4.	M45	E.O'Suilleab.	3ROC	65:48
5.	M13	L.C.Crawford	3ROC	66:37
6.	M	QUIN+CO.	STO	76:18
7.		P.CASSIDY		81:30
8.	M17	N.BROOKES	STO	83:13
9.	M19	P.Keely	AJAX	83:24
10.	W19	J.MCELWAIN	UCDO	83:31
11.	M13	T.Makey	3ROC	85:10
12.	M21	I.MURPHY		86:33
13.	W21	A.SHERIDAN	GEN	86:45
14.	W19	McELWAINS	KSO	93:37
15.	M21	P.McELWAIN	UCDO	95:36
16.	M13	R.BOYLE	STO	98:46
17.	M40	J.EARLE		100:48
18.	M21	A.CLARE	ECO	104:50
19.	M15	DOYLE+LYSAGHT	STO	104:55
20.		B+A HORNER		109:05
21.	W19	KEANE+NiRIORD.	C.RD	110:50
22.	W40	J.Inglis	GEN	117:18
23.		MURRAY+DODD		128:19
	M17	R.SERVISS	WHO	NP7+10
	M17	T.ACHESON	WHO	NP7+10
	M19	G.DEACON	C.RD	NP12+13
	W15	MENZIES		DNF
		D.O'BRIEN		DNF
		D.O'KANE		DNF
	W50	C.WALSH	3ROC	DNF
	M17	D.CARROLL		DNF
	M17	G.CARROLL	C.RD	DNF
		J.FITZ.+Co		DNF
		G.PORTER	GEN	DNF
	M21	R.REIDY	ECO	DNF
*	M55	B.WALKER		DNF
*		A+D SMITH		DNF
*	OUTSIDE COURSE CLOSURE TIME			

YELLOW

1.	M13	BRADISH+Co	WHO	27:21
2.	W11	S.Nowlan	3ROC	28:16
3.	M10	A.Bell	GEN	29:10
4.	M11	McCORMACK+Co	GEN	31:25
5.	W13	A.CARTER	CNOC	31:42
6.	M15	N.Moody	WHO	31:47
7.	M10	S.DEVLIN	GEN	12:34
8.	M13	C.FLYNN	DLSO	34:09
9.	W11	S.BUTLER	CNOC	34:30
10.	M13	I.KERR	WHO	35:10
11.	W11	O'NEILLS	CNOC	35:21
12.	M13	POOLE+COX	WHO	36:30
13.		J+H MAHONY		38:19
14.	M13	S.BUCK	WHO	38:34
15.		G.LAWLESS		39:19
16.	W10	N.Lalor	GEN	40:18
17.	M13	K.SMITH	FIN	42:52
18.	M10	DAWSON+JOYCE		43:12
19.	W9	C+S BUTLER	CNOC	45:34
20.	M15	L.BERGIN	WHO	46:43
21.	M5	I.CAFFERY	SET	47:34
22.	M6	P.McCORMACK	GEN	47:56
23		JOYCES		48:56
24.	M15	M.ASTON	WHO	50:41
25.	M13	GAUL+NOLAN	DLSO	54:31
26.		COLEMANS		56:09
27.	W10	H.Young	CNOC	56:48
28.	M10	S.LYONS	CNOC	56:57
29.	W11	J.LYONS	CNOC	56:57
30.	W11	E.AYLMER		69:47
31.		G+P LYNCH	66th	85:08
32.		SWAN+Co		86:33
33.		O'TOOLE+Co	66th	91:07
34.		HICKEY+RYAN	66th	92:42
35.		O'TOOLE+Co	66th	103:42
		I.COSTIGAN	DLSO	NP 3
		T.McCORMACK	GEN	NP9+10
		T.DEVLIN	GEN	NP 5
		N.ARTHUR+Co	66th	DNF
		BOURKE+Co	66th	DNF
		U.O'DWYER(L.CARD)		DNF

BLUE

1.	M21	M.Flynn	CORKO	70:49
2.	M15	S.LYNCH	WHO	77:32
3.	M15	A.deLacy	AJAX	78:01
4.	M15	T.Tottenham	3ROC	79:18
5.	M21	R.Kavanagh	CORKO	80:14
6.	M15	J.Mackey	3ROC	80:18
7.	M40	D.Quinn	GEN	81:34
8.	W35	M.Healy	GEN	81:53
9.	M21	A.O'MULLANE	GEN	85:12
10.	M40	B.O'Neill	CNOC	85:15
11.	M45	N.C-Crawford	3ROC	85:19
12.	W40	M.Nowlan	3ROC	86:16
13.	W40	J.Watt	GEN	89:08
14.	M45	P.Lalor	CNOC	92:01
15.	M15	W.McDONALD	AJAX	95:18
16.	M40	T.McCormack	GEN	95:48
17.	M19	M.O'Neill	UCDO	96:01
18.	M45	B.Doherty	GEN	97:57
19.	W15	U.O'COLMAIN	GEN	101:05
20.	M21	D.Kelly	FIN	103:45

RESULTS...THREE ROCK WOOD.....27th NOV 94.....3ROC

BROWN

1.	M21	A.O'Cleirigh	CNOC	62:30
2.	M21	C.Rothery	AJAX	63:31
3.	M35	J.McCullough	3ROC	66:32
4.	M40	J.deLacy	ECO	73:02
5.	M40	W.Young	CNOC	74:47
6.	M35	K.McDonald	ECO	78:54
7.	M21	L.Donovan	AJAX	79:54
8.	M35	G.BRADY	CORKO	80:03
9.	M40	B.Bell	GEN	81:53
10.	M21	T.O'Gorman	CNOC	81:57
11.	M40	M.O'Hara	AJAX	86:16
12.	M40	P.Gargan	AJAX	95:01
13.	M21	N.CORMACK	CNOC	101:29
14.	M21	A.Cox	3ROC	106:27
15.	M40	D.Reidy	ECO	108:55
16.	M35	T.CAFFREY	SET	121:23
	M40	P.HEALY	CNOC	NP11
	M45	J.MEADE	3ROC	DNF

BLUE cont.

21.	M40	J.Lalor	GEN	107:35
22.	M40	D.O'MURCHU	CNOC	107:57
*	W40	A.TOTTENHAM	3ROC	DNF
*	M35	D.SHORT	CNOC	DNF
*	M45	D.O'COLMAIN	GEN	DNF
*	M19	R.O'GORMAN	CNOC	DNF
	M35	A.TULHON		
		R.LYNAM	CNOC	
	M21	P.FARRELLY	CNOC	
	M50	H INGLIS	GEN	
	M21	D.HEALE	3ROC	
	M35	P.SPILLANE	CNOC	
	W21	E.GLANVILLE	3ROC	
*	OUTSIDE COURSE CLOSURE TIME.			

THANKS TO ALL THOSE CLUB MEMBERS
WHO HELPED.

OUR APOLOGIES TO THOSE
COMPETITORS WHO WERE "OUTSIDE
COURSE CLOSURE TIME"--CAUSED BY
CLOSING DOWN THE FINISH RATHER
PROMPTLY AFTER THE ADVERTISED TIME
BECAUSE OF THE LACK OF DAYLIGHT
AND OUR ENTHUSIASM TO ENSURE THE
SAFETY OF BOTH RUNNERS AND THOSE
COLLECTING CONTROLS.

PLANNER: TRINA CLEARY.
CONTROLLER: PHILLIP BUTLER.
ORGANIZER: IAN MACNEILL.

ORIENTEERING FIXTURES 1995

January 1995

28	**CASTLE ARCHDALE**	Co. Fermanagh. FermO club event. GR H 17 58.
28	**DELAMONT**	Killyleagh, Co. Down. LVO club event. GR J 51 51.
29	**CURRABINNY**	Carrigaline, Co. Cork. Former UCCO. GR W 79 62.
29	**DONADEA**	Clane, Co. Kildare. CNOC. GR N 84 33.
29	**GREEN WOOD**	Kilfinnane, Co. Limerick. (LE) GS3. GR R 65 18.
29	**KNOCKBARRON**	Kinnitty, Co. Offaly. PXN CROCL 6. GR N 17 07.

February

5	**CASTLEFREKE**	Clonakilty, Co. Cork. LeeO (LE) SS5. GR W 32 35.
5	**KNOCKNAGALTY**	Kilbehenny, Co. Limerick. (LE) GS4. GR R 87 18.
11	**CAIRN WOOD**	Dundonald, Co. Down. LVO score event. GR J 45 76.
11	**PHOENIX PARK**	Dublin. Night event. 3ROC (LE). GR O 09 34.
11	**IRISH STUDENT CHAMPIONSHIPS**	Co. Galway . UCGO event. cd Jan 27.
12	**DUNSANDLE**	Loughrea, Co. Galway. (C3) PXN CROCL 7.
12	**PHOENIX PARK**	Dublin. 3ROC (LE). GR O 09 34.
12	**RAHAN**	BVOC event somewhere in the Galtees. SS6, GS5.
18	**NI SCORE CHAMPIONSHIPS**	**Garvagh** Co. Derry. NWOC. GR C 83 15.
19	**CRONYBYRNE**	Laragh, Co. Wicklow. AJAX (C4) LL7. GR T 19 92.
22	**WARRENSCOURT**	Kilmurry, Co. Cork. **Cork Schools Champs**. GR W38 67.
25	**CONNACHT CHAMPIONSHIPS**	**Manorhamilton**, Co. Leitrim. Entry form enclosed.
26	**CONNACHT RELAY CHAMPIONSHIPS**	**Manorhamilton**, Co. Leitrim.

March

4	**GOSFORD**	Markethill, Co. Armagh. LVO event. GR H 97 40.
5	**RATHGASKIG**	Ballingeary, Co. Cork. Cork O (C3) ML1. GR W 16 17.
5	**SUGARLOAF**	Kilmacanogue, Co. Wicklow. UCDO (C4) LL8. GR O 23 13.
11	**FLORENCECOURT**	Co. Fermanagh. FermO. NI Series 1. GR H 17 33.
12	**LEINSTER SCORE CHAMPS.**	**Hellfire Wood** Rathfarnham, Co. Dublin. SET. GR O 12 22.
12	**DRUMLEAGH**	Aherlow, Co. Tipperary. UCCO/LeeO (C3) ML2. GR R 87 25.
18-19	***BRITISH CHAMPIONSHIPS***	Anglesea & Capel Curig, N. Wales. Entry form in last TIO.
26	**CLARABEG-BALLARD**	Laragh, Co. Wicklow. 3ROC (C4) LL9. GR T 16 93.
26	**KNOCKANAFFRIN**	nr. Clonmel, in Co. Waterford. WatO (C3) ML 3. GR S 28 17.

April

1	**IRISH SHORT-O CHAMPS**	**Raven s Rock**Glencree, Co. Wicklow. AJAX. GR O 19 17.
2	**INTERPROVINCIAL CHAMPIONSHIPS**	**Glencree**, Co. Wicklow. GEN. GR O 19 14.
2	***BOF National Event 2***	Gare Hill, Frome, SE of Bristol.
8	**SLIEVE MARTIN**	Rostrevor, Co. Down. NI Series 2. LVO. GR J 19 17.
9	**CASTLE BERNARD**	Kinnitty, Co. Offaly. CNOC (C4) LL10. GR N 21 05.
9	**MUCKROSS**	Killarney, Co. Kerry. BVOC (C3) ML4. GR V 97 85.
14-17	***Jan Kjellstrom O-Festival***	**Harrogate**, Yorkshire. Entry form enclosed.
22	**Irish Scout O-Championships**	Clonmel area, Co. Tipperary. (WatO)
22	**BELFAST CASTLE**	LVO event.
23	**MULLAGHMEEN**	Co. Westmeath, near Oldcastle. Setanta event. GR N 47 78.
29-30	**IRISH CHAMPIONSHIPS**	**Poulgorm** Loo Bridge,Co. Kerry. Entry form enclosed.

May

6	**CAIRN WOOD**	Dundonald, Co. Down. LVO sprint-o/ CATI. GR J 45 76.
7	***BOF National Event 3***	Winterford & Blackheath. (South East England)
9	**DONADEA**	Clane, Co. Kildare. CNOC (LE) GR N 83 33. Start 6-7 pm.
13	**BINEVENAGH**	Limavady, Co. Derry. NWOC. NI Series 3. GR C 69 30.
16	**RUSSBOROUGH**	Blessington, Co. Wicklow. CNOC (LE) GR N 96 11. 6-7 pm.
20	**CASTLEWELLAN**	Co. Down. LVO sprint-O. GR J 32 37.

21	**LEINSTER CHAMPIONSHIPS**	**Carlingford**, Co. Louth. 3ROC.
23	**CURRAGH**	Co. Kildare. CNOC (LE) 6-7 pm. GR N 29 12.
27-28	***SCOTTISH CHAMPIONSHIPS***	***Dunalastair**, near Kinloch Rannoch.*
29	***Veteran World Cup***	St. Petersburg (to June 2)
30	**WOODENBOLEY**	Hollywood, Co. Wicklow. CNOC (LE) 6-7 pm. GR N 93 01.

June

3	**FLORENCECOURT**	Co. Fermanagh. FermO. NI series 4. GR H 17 33.
6	**DONADEA**	Clane, Co. Kildare. CNOC (LE) GR N 83 33. Start 6-7 pm.
10	**GOSFORD**	Markethill, Co. Armagh. LVO sprint-O/CATI. GR H 97 40.
10	***HARVESTER TROPHY***	Overnight relay for teams of 7. Hereford, England.
12-18	***CISM Military World Championships***	Sakyla, Finland.
13	**CURRAGH**	Co. Kildare. CNOC (LE) 6-7 pm. GR N 29 12.
17	**GORTNAMOYAGH**	Garvagh, Co. Derry. NWOC. NI Series 5. GR C 76 13.
17-18	**CELTIC CUP & Welsh Championships, Merthyr Mawr**, S. Wales. Ireland v Wales.	
20	**HOLLYWOOD**	Co. Wicklow. CNOC (LE) & BBQ 6-7 pm. GR N 94 06.
23-25	**SHAMROCK O-RINGEN**	Loo Bridge/Ballingeary area, Kerry/Cork.

July

8-12	***Junior World Championships***	Horsens, Denmark.
30	***STRATHSPEY 95***	Scottish 6-Day, Kingussie (to August 5th).

August

12-20	***WORLD ORIENTEERING CHAMPIONSHIPS***	Lippe, Germany.

September

3	**IRISH ORIENTEER TROPHY FINAL**	**Castle Bernard,** Kinnitty, Co. Offaly. GR N 21 05.
9	**SLIEVE CROOB**	Ballynahinch, Co. Down. NI Series 6. LVO. GR J 32 47.
10	**HELLFIRE WOOD**	Rathfarnham, Co. Dublin. SET. Intro event. GR O 12 22.
16-17	**ANDERSONS MOURNES MOUNTAIN MARATHON**	
17	**PHOENIX PARK**	Dublin. Come & Try it event. 3ROC. GR O 09 34.
23	**NI CHAMPIONSHIPS & Junior Home International, Burren**, Co. Fermanagh. GR H 09 37.	
24	**Junior Home International Relays Necarne,** Irvinestown, Co. Fermanagh. GR H 23 57.	
30	**NI RELAY CHAMPIONSHIPS**	**Gosford**, Markethill, Co. Armagh. LVO. GR H 97 40.
30	***Senior Home International***	South Wales.

October

7	**CASTLEWELLAN**	Co. Down. LVO. NI Series 7. GR J 32 37.
8	***CompassSport Cup Final***	UK.
14-15	***Veteran Home International***	Aberdeen, Scotland.
15	**GLENDALOUGH**	Co. Wicklow. 3ROC. Leinster league. GR T 11 96.
22	**BELFIELD**	Dublin. UCDO event.
28	**BANAGHER**	Dungiven, Co. Derry. NI Series 8. NWOC. GR C 70 04.

KAL= Kerry Autumn League; CROCL= Connacht Regional O-Council League; GS= Galtee Series; SS = Spring Series; SEL= South East League; LL= Leinster League; ML= Munster League; NI=Northern Ireland Series;; GR=Ordnance Survey grid reference (explained on all OS maps), cd=closing date for entries. If a 6-figure grid reference is given it is for the car park or assembly area. If a 4-figure reference is given it is simply to help you find the competition area and it means that the event organisers have not supplied the information on exact location.

Event Grades: C1= Internationals & Irish Championships; C2= e.g. Regional Championships; C3= Grade 1 events; C4= Open events (including colour-coded); LE= Local events.

Latest Fixtures Information on 01-4569099 (24 hours).