The Irish Orienteer

No. 68 March- April 1994 IR£1.00

THE IRISH ORIENTEER USEFUL ADDRESS LIST 1994

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ATHLONE RTC ORIENTEERS	Barbara Hunter, P.E. Dept., RTC, Dublin Road, Athlone, Co. Westmeath
BLACKWATER VALLEY OC	Ellen Feehan, Scarteen Lower, Newmarket, Co. Cork.
CORK ORIENTEERS	Jim O'Donovan, Castletreasure, Carr's Hill, Douglas, Cork.
CURRAGH-NAAS ORIENTEERS	Eileen Loughman, 169 Monread Heights, Naas, Co. Kildare (045-79780)
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FERMANAGH ORIENTEERS	Gerry Kingston, "Cranagh", Croaghrim, Florencecourt, Co. Fermanagh BT92 1BJ.
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GALWAY RTC ORIENTEERS	Deirdre Ryan, P.E. Dept, RTC, Dublin Road, Galway (091-753829)
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PHOENIX NAVIGATORS	Noel Donagh, Custume Barracks, Athlone, Co. Westmeath.
NORTH WEST OC	Maureen Loughery, 39 Moyola Ave., Castle Dawson BT45 8BA, Co. Derry (08-0648-68602).
SETANTA ORIENTEERS	Jocelyn Cathalin, 36 Taney Road, Dundrum, Dublin 14 (01-2985799)
SOUTHERN ORIENTEERS	Kevin O'Dwyer, 2 Wellington Villas, Military Hill, Cork (021-506740)
THOMOND ORIENTEERS	Alan Shaw, Innismore, 40 College Park, Corbally, Limerick (061-343959)
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UCD ORIENTEERS	Carlyn Dunney, Box 55, Arts Block, Belfield, Dublin 4.
UCG ORIENTEERS	Sive Baxter, c/o Porter's Desk, Concourse, University College, Galway.
WATERFORD ORIENTEERS	Veronica Purcell, Lodge's Lane, Newtown Hill, Tramore, Co. Waterford.
IRISH O-ASSOCIATION	Finola O'Donoghue, House of Sport, Longmile Road, Dublin 12. (01-4569099)
IRISH O-STUDENTS' ASSOC.	Deirdre Ryan (see GRTCO above)
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INTERNATIONAL O-FEDERATION	Lennart Levin, Box 76, S-191 21 Sollentuna, Sweden (00-46-8-353455, FAX 00-46-8357168)

TIGLIN NATIONAL ADVENTURE CENTRE Administrator: Maeve McPherson, Tiglin, Ashford, Co. Wicklow (0404-40169).

The Irish Orienteer is available through all Irish orienteering clubs. All material concerning orienteering will be gratefully received by the Editor, John McCullough, 9 Arran Road, Drumcondra, Dublin 9.

Subscriptions: still only £6.50 per annum (six issues).

Next TIO Copy Date is April 20th

Cover: Irish Champion Aonghus OCléirigh (CNOC) crosses the line at the Irish Relays at Carlingford last May (C. Rothery).

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Printed by Denton Print, Dundrum, Dublin 14 (01-2988944).

Cover Photo
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The Irish Orienteer

No. 68 March - April 1994 ISSN 0790-1194

Let's Do It

We're on the brink of another rush of major events: three Regional Championships, an Interprovincial and an Irish Championships, the JK, the Irish Two-Day and the Shamrock, so let's just get out there and enjoy it, remembering all the time, of course, the volunteers who run the events and make it all possible. Running major events is becoming an increasingly daunting task, with higher costs and with higher standards expected by everyone, so much so that clubs are reluctant to involve themselves in such undertakings. It can be worthwhile, though, if you feel that the competitors appreciate it and take part in sufficient numbers to make the events a financial success.

Perhaps "ordinary", casual or novice orienteers feel that there is no place for them in Championships. Yet how many other sports do you know of where any club member can run in Regional or National Championships without having to qualify? The organisers rely on the ordinary orienteer to run, to make for competition in all classes and, yes, to make the event pay for itself, for without continued income from events there will be no orienteering. You have been given entry forms for the Leinster, Munster, Connacht and Irish Championships, for the Interprovincial and the Shamrock O-Ringen, so use them. The future of orienteering is in your hands. In this issue John Scannell draws attention again to the poor turnout of Irish orienteers at the Shamrock O-Ringen, now in its sixth year despite the apathy of so many of you. Try it out this year and enjoy it.

The Irish Orienteer Trophy inter-club competition has got under way again, with regional competitions in the provinces. Look at page 24 for details and if your club is taking part make sure you're there to compete. This is the only opportunity in the year when every club member can take part as a team, so support it. It's a chance to feel that you're in an orienteering club, not just a motley group of individuals.

Many people are being introduced to orienteering through schools, outdoor centres and youth groups, but how many are captured by mainstream orienteering? A recent suggestion from IOA that every club adopt an outdoor centre and make sure that up to date O- information is displayed there is a good one and an idea worth following up.

See you all at the IOA AGM in Cornamona!

OOPS (1)!

A gremlin which crept in to TIO 67 upset the results of the Home International series and upset the Veteran team too. In fact the Irish Vets beat the Welsh Vets and not the other way round: apologies to all the gallant team: Veteran Team Manager Frank Cunnane has provided a report on the event in this issue. The VHI result was England 192, Scotland 160, Ireland 81, Wales 77, making the annual total England 781, Scotland 629, Wales 356, Ireland 312.

OOPS (2)!

Alan Gartside has asked me to point out that he was not the Chairman of the Selectors, as stated in a recent TIO. He was, of course, the Secretary, but is not going forward for that thankless task again this year.

1992 VETERAN HOME INTERNATIONAL

At the VHI 1993, Frank Cunnane was given a number of the VHI '92 maps from Slieve Martin. He is anxious to get rid of them. If you were on the Irish VHI '92 Team, and ran ran any of the following courses, please ask for your map. The courses are M40 (2 maps), M50 (4), W40 (3), W50 (3) and W60 (1). Drop Frank a note and aske him to bring your map to a particular event that you'll both be at. His address is "Knocknarea", Barnstead Ave., Blackrock, Cork.

AGE CLASSES

Somehow this got lost in the rush for TIO 67, but better late than never. Orienteering age classes feature less nowadays than they used to, with the prevalence of colour events allowing you to run whatever course you like, but more important events still run according to age class. For orienteering purposes your age is reckoned on the last day of December of the year in question: if you will be 17, say, this May, then your O-age is 17 from 1st January to 31st December. M=Men, W=Women.

Year of Birth	Age in 1994	Class this year
1984 or later	10 or less	M/W 10
1982-83	11 or 12	M/W 11
1980-81	13 or 14	M/W 13
1978-79	15 or 16	M/W 15
1976-77	17 or 18	M/W 17
1974-75	19 or 20	M/W 19
1960-73	21 to 34	M/W 21
1955-59	35 to 39	M/W 35
1950-54	40 to 44	M/W 40
1945-49	45 to 49	M/W 45
1940-44	50 to 54	M/W 50
1935-39	55 to 59	M/W 55
1930-34	60 to 64	M/W 60
1925-29	65 to 70	M/W 65
1920-24	70 to 74	M/W 70
1919 or earlier	75 or more	M/W 75

Junior age classes are M/W 10 to 17 inclusive. M/W 19 are in some cases considered Juniors, in other cases Seniors. Senior classes are M/W 21 and 35 and Veteran Classes M/W 40 and over. If you are competing abroad, be warned that men's classes are prefixed "H" for Herren and women's "D" for Damen. In the USA M=Men and F=Women.

Classes are often subdivided into A, B, C and Novice, with decreasing technical difficulty and length. For the top (M/W 21) classes there's often an Elite class which will probably have restricted entry. In Britain and Ireland Long (L) and Short (S) classes have the same technical difficulty but S is about two-thirds the length of L. If classes are big they may be divided into parallel courses of similar length and difficulty (e.g M21L1, M21L2, M21L3). You may generally run in a "longer" class than your correct age class but you may never run a "shorter" one: an M17 can run as an M19 but not as an M15. The rules now generally allow women to run open men's courses but not vice versa.

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STUDENTS TO GO

In a reversal of their earlier decision, CUSAI, the Council of University Sports Administrators in Ireland, have decided to allow an Irish team to travel to the World Student Championships in Switzerland in September. Athletes travelling will be considered on an individual basis rather than as part of a team selection.

CONNACHT AND INTERPRO UPDATE

The organisers of these events, at Cornamona, Co. Galway on March 26/27, have not been able to secure suitable floor space accommodation in the area. The local tourism co-ordinator, however, has agreed to arrange local accommodation, including hostels, for competitors: contact Aine Bhreathnach, Turasóireacht Dhúiche Sheoigheach Teo., Corr na Móna, Co. Galway, phone (092) 48044, fax (092) 48282.

Competition classes: The M and W 65 classes were accidentally omitted from the entry form but will be available at the events. There is no M/W21 Elite class but the M/W21L classes will be planned to meet Elite requirements. The M/W21S classes will be about 65% of the L classes in length. Amalgamation of classes is likely to occur only if there are fewer than two competitors in a class. If you have any queries, contact John Walshe (091-90408). The local women's group will provide refreshments at the event centre, Cornamona Community Centre (Arus Pobail Chorr na Móna), with tea, soup, sandwiches etc. Please support this venture: it didn't get much support at IOC 92 due to lack of advance notice.

Control cards will be posted on Friday 18th March. If you want to collect your control card at Registration on the day instead of having it posted to you, contact John Walshe before March 18th. Absolutely no entries postmarked later than March 18th will be accepted.

To represent your province in the Interprovincial on the Sunday you must write the initial letter of the province you are representing (C, L, M or U) in big waterproof letters on the front and back of your control card. Remember, you may represent either the province of your birth or the province in

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which your club is based.

As the events are being run by a small number of people any help offered by orienteers will be much appreciated. Once again, John Walshe is the contact.

IOA AGM

The Annual General Meeting of the Irish Orienteering Association will be on Saturday March 26th at Cornamona Community Centre, close to the Connacht Champs event at 3.45 pm.. This is your chance to influence the course of Irish orienteering for the next year: if you are interested in going forward for one of the positions, seeing the work the IOA has done and is planning to do for you, or simply in making your views heard, you should be there.

PANIC BUYING STOPS

Phoenix Navigator Cathal Cregg was kind enough to check with the Irish distributors of Casio about the story (from a source in Britain) in TIO67 which said that the 30-memory stopwatch so beloved of orienteers was to be disacontinued. "Stuff and nonsense, piffle, balderdash" was the reply (or words to that effect). They say that Casio have no plans to discontinue production of these watches in the foreseeable future, so you don't have to stockpile them yet. Thanks, Cathal.

Nevertheless, jewellers in Dublin when contacted did say that they had heard, several times, that the watch was to be discontinued. They expect this to happen suddenly, without any notice and the watch to be replaced by a higher specification one at about £75. So take your pick!

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MUNSTER NEWS

At the AGM of the Munster OA in Midleton on February 13th, Ken Griffin (CorkO) was re-elected Chairman, Micheál OhUigín (LeeO) is Secretary, Frank Cunnane (CorkO) Treasurer and Pat O'Connor (WatO) Fixtures Secretary.

The Cooke Trophy for most improved Junior went to Cork O's Faye Pinker and the Murtagh Trophy for best M15 at MOC 93 will be awarded to Conor Barry (CorkO) when the trophy's whereabouts are discovered.

World Championship team member John Feehan gave a well attended lecture in UCC on training, physical preparation, technical refinement, etc. The talk was aimed at Juniors but was attended by orienteers of all ages.

The 1994 Munster League kicks off at Clogheen on March 6th with a joint LeeO/UCCO event. The Irish Orienteer Trophy Munster round is being run on a league basis at the Munster League events, with Kerry O and BVOC taking on WatO at the first event.

Munster runners are urged to run in the Interprovincial Championships in Co. Galway on March 27th. Munster have won the Championships for the last two years and want to make it three in a row. Contact Team manager Kevin O'Dwyer (021-506740) to let him know you are travelling.

The National Scout/Venturer O-event will be at Knockanaffrin, near Clonmel, on Saturday 19th March. Closing date for entries is 11th March. Contact Pat O'Connor, Lacken Road, Kilbarry, Waterford.

The 1994 Munster Championships are at Mahon Falls, in the Comeragh Mountains in Co. Waterford, on April 17th. Entries to Michael Grant, Grange, Mooncoin, Co. Kilkenny by 31st March please.

GOT YOU TAPED

If anyone is interested in getting a copy of the RTE Radio programme "The Activity File" featuring orienteering, broadcast last Autumn, give a C60 cassette to John McCullough. The Setanta event at Hellfire Wood on 5th September formed the basis for the programme when the "try-anything-once" presenter Gerry Kelly went orienteering.

SCOTTISH CHAMPS DETAILS

For the hardy souls who tend to venture to the Scottish Championships, here are the details of this year's event. The venue for the Individual event on Saturday, May 28th, is Creah Mhic Chailein, Connel, which is a few miles from Oban. The Relays on Sunday 29th are at Airds Park, Connel. Entries close on 30th April. The individual event incorporates National Event 5. Entries to Marion McFadyen, 38 Snaefell Avenue, Burnside, Glasgow G73 5DF. (Phone 0044-41-634-4428). Use the standard BOF entry form. Fees are STG£7.50/3.50. For the Relays a special entry form is required and entry fees are STG£18.00/9.00 per team. Oban is about 70 miles NW of Glasgow, about 150 miles from Stranraer.

The terrain for the individual event is high quality runnable oak and birch woodland and rough open with detailed contours and very few line features; the Relay area is similar but with more line features. And the Scots are expected here for the revived annual Scotland v Ireland challenge. Perhaps we can hold them to 6 all again?

HEAD FOR THE HILLS

The second Lowe Alpine Comeragh Mountain Challenge takes place on May 28/29th, based in the Nire Valley area near Clonmel, Co. Tipperary. Anyone who ran in last year's event is unlikely to forget the rain which caused normally placid streams to become raging torrents, but lightning never strikes twice in the same place (hardly ever, anyhow).

The event, for two person teams carrying all their overnight gear and food, will again use Pat Healy's 1:25,000 map and three courses will be provided: Elite (50 km), A (40 km) and B (30 km).

For full details contact Pat Healy, Cut Bush, Curragh, Co. Kildare (Phone/Fax 045-41625). If you are writing to Pat, please include a S.A.E. There should be an entry form in this issue. A large contingent is expected from Britain, where it is becoming impossible to get entries for mountain marathons like the Karrimor (limited to 2000 teams?) and the Saunders Lakeland MM in July (entries already full).

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STUDENT O-ASSOCIATION CONTACTS

The officers of the Irish Student O-Association are:
Chairperson: John Lyons (UCDO), 35 St. Cathryn's Court, Newgrove Ave., Sandymount, Dublin 4 (01-2697992);
Secretary: Deirdre Ryan (GRTCO), St. Mary's, Ballinfoyle, Galway (091-753829);
Treasurer: John Feehan (UCCO), Charleville Rd., Newmarket, Co. Cork.

The clubs affiliated to I.O.S.A. are:
Army Athletic School OC in Naas, Co. Kildare (Pat Farrelly, 045-66817);
Athlone RTC (Barbara Hunter, PE Dept, RTC, Athlone);
Bolton St OC, Dublin 1. (Michael Maloney, 01-8389687);
Dublin University Orienteers (Jeremy Leonard, 01-933843);
Galway RTC OC (Deirdre Ryan, 091-753829);
Kevin St. OC, Dublin 8. (Niall Farnon, 01-8310940);
St. Angela's College OC, Sligo (Joann Geraghty);
UCCO (James McSweeny, 021-364392);
UCDO (Mark O'Neill, 01-943154);
UCGO (Eoghan Quigley, 091-21712);
University of Limerick OC, Outdoor Pursuits Club, UL, Plassey Technological Park, Limerick;
QUBOC (John McKeown, 08-0232-669576).

ADVANCE

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AND DEPOTS NATIONWIDE

MORE MAPS

Since reporting in TIO 67 that the Ordnance Survey have brought out some new 1:50,000 scale maps, the range on offer has broadened further. As well as several Donegal sheets, there's a new Wicklow sheet and several in the Galway and Mayo areas, including Achill Island and the area around the Connacht Championships venue. These are the Discovery series and cost IR£3.90 each. Of course all of Northern Ireland has been covered by good quality 1:50,000 sheets for years. There's also a new 1:25,000 OS map of the Aran Islands. So up to date is the Wicklow map that it shows the controversial, yet-to-be-completed, interpretetive centre at Luggala, in the middle of GEN's map of Ballinastoe.

IRISH TWO-DAY ANNOUNCED

Lagan Valley Orienteers and Three Rock Orienteering Club are joining forces to run the 1994 Irish Two-Day on both sides of Carlingford Lough on the first weekend in June. LVO are running the event on Saturday, June 4th, at Slieve Martin, overlooking Rostrevor. This was the map used for the Veteran Home International in November 1992 and for the 1993 Northern Ireland Championships last September and planner Wilbert Hollinger's courses will provide fast running on the open mountainsides of the Mournes. 3ROC are bringing us back to Carlingford Mountain, used for last year's Irish Championships, where Harold White, himself a former member of LVO and assistant Controller for the IOC93 Relays, is the course planner.

The format of the event, sub-titled "The Lough Orienteering Festival", is of two colour events where you run a specified course depending on your age class. Alternatively, you may run on any colour course if you wish, or even a diferent course each day, although this is an option which will render you non-competitive in the Irish Two-Day. The Welsh team, led by Manager John Butler, is expected to travel to the event for an Irish-Welsh Challenge, so we'll be keen to get all our best orienteers out for the competition.

Entries are being taken in both Irish Pounds and Sterling and Access and Visa will be accepted as payment. Entries can be sent to either Peter O'Neill, 2 Llewellyn Park, Dublin 16 (Phone 01-4943613) or Ronnie McKee, Mountainview Tce., Newry Road, Banbridge, Co. Down BT32 3HL (Phone 08206-23796). Entry fees per day are £6 for seniors, £4 students & unwaged, £3 juniors, £15 families. Entries before 3rd May qualify for a draw for o-gear; entries after 16th May will be subject to a surcharge of £1 per person per day. There's an entry form in this issue.

WALKING WORLD

A new magazine, Walking World Ireland, has been launched by the publishers of Irish Runner. To be published quarterly, the magazine is available in newsagents or by subscription from Walking World Ireland, 109 Old County Road, Crumlin, Dublin 12. Annual subscription £6, or you can have a sample copy for £2, including postage. The first issue included a guide to the Western Way and a review of walking shoes and boots and contained a 12-page colour supplement on "Ireland Outdoors".

NEW CORK O OFFICERS

Following an AGM with record attendance of about 80, the new Officers of Cork Orienteers are: Chairperson - Mary Curran, Hon. Treasurer - John Muckian and Hon. Secretary - Jim O'Donovan. Jim's address is Castletreasure, Carr's Hill, Douglas, Cork.

CHALLENGER TROPHY 94

If you want details of the 1994 Mitel Telecom Challenger Trophy, read on. This is the inter-firm competition with orienteering, mountain biking, etc, and will be on in England, in the Wye Valley, near Hereford from May 18-21. Contact Challenger UK, Challenger House, Polmont, Stirlingshire FK2 0UD, Scotland, for details. (Phone 0044-324-717 888).

LAKES AND YORKS

If you are going to the Lakeland 5-Days in England in August, you can take in the White Rose Weekend at Levisham Moor, Pickering on August 27-29th as well. The Lakeland events run from Saturday 20th to Wednesday 24th August and all the events are in the Coniston area. The White Rose then features two Badge Events on the Saturday and Sunday and a Relay on the Monday. Details from White Rose 94, 8 Hilbra Ave., Haxby, York YO3 3HD, England. A campsite is provided and starts are within walking distance. Enquiries to Brian Jones (0044-904-625151).

For the Lakeland 5-Days contact Sue Birkinshaw, 221 hale Road, Altrincham, Cheshire WA15 8DN. Cheap entry closes on 31/3, normal on 31/5 and late on 31/7.

WINTER O-LYMPICS

If you've recently been watching the skating at the Winter Olympics from Lillehammer, it may interest you to know that the stadium has already been used for orienteering! The start, finish and changeover area for the 1993 Norwegian Relay Championships last autumn was in the skating arena which was hollowed out of the side of a mountain. The orienteers ran in and out through the rink's emergency exit to the surrounding forest where the competition took place. The spectators and waiting runners had the benefit of the seating and facilities already in place for the Olympics.

TOMORROW'S WORLD

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READING MATTER

Subscriptions to CompassSport, Orienteering World and the Scientific Journal of Orienteering have been coming in steadily since the last Irish Orienteer was distributed. If you haven't yet subscribed, just send your name, address, club and payment to The Irish Orienteer, 9 Arran Road, Drumcondra, Dublin 9. Subscription rates are: CompassSport IR£17.50 (£14 to IOA club members), O/World IR£13, Sci. Journal of O IR£7.50. Make cheques payable to *The Irish Orienteer.*

COURSE PLANNING COMPETITION

Details of the annual course planning competition run by IOA have just been announced. Entrants will be asked to plan a W15, an M21E and a W45 course of Irish Championships standard on a map provided by the organisers. There is no entry fee and there is a very handsome perpetual trophy for the winner. Entries will close on April 22nd. Please send your name and address to The Irish Orienteer to request an entry pack.

STANDARD FORM

A standard format for event entry forms has been in use in Britain for a number of years and has considerably simplified the process of getting in entries for events. A similar form has been introduced in the USA, based on the BOF model. Now it seems we are to have one here too.

The advantages are obvious: no need to send out event entry forms in TIO or otherwise, all organisers will have to do is give the event details, closing dates and fees and let the competitor do the rest. Less paper, less stuffing envelopes, less postage. Standard entry forms can be circulated to clubs for their members to use, or can be published in TIO for you to copy. Clubs can still produce their own entry forms if they wish, but they will be obliged to accept entry on standard entry forms. Now, how about making it necessary for entries for the Irish Club Relay Championships to be made only by club secretaries?

GEN NEWS

Secretary: Nora Lalor (01-2893497)

A short version this issue as we've all been so busy with the Leinster Champs on March 12th. Thanks to all our members who helped before, during and after the event.

I haven't got around to membership cards yet but I was waiting for the rush of annual subs to arrive!

Final reminder: this is your last TIO if you don't pay your club fees, still at last year's price even after the budget!

I have some entry forms for the Munster Championships: contact me if you want one.

LONG DISTANCE WALKS

Once upon a time orienteers used to relax in the summer by running the long distance walks organised by other people. Just in case there are still any of you interested, here are some of the dates for walks this year:

April 23	Comeragh Bog Trot
April 30	Maam Turks Walk
May 14	Blackstairs Walk
May 28-29	Lowe Comeragh Challenge
June 18	Nephin (Bangor to Newport)
June 25	Ring of Imaal
August 27	Burren Walk
Sept 17-18	Mourne Mountain Marathon.

No dates yet for the Benbulbin Challenge, the Mourne Seven Sevens, the Galtee Walk or the Glover Highlander. There is no Barrow Towpath or Lug Walk this year.

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POLYRIB

McIvor Industries of Burnfoot, Lifford, Co. Donegal, make re-usable plastic boxes and packaging from a material called "Polyrib", a lightweight extruded plastic sheet like a plastic version of corrugated cardboard. This could have orienteering applications for signs and map boards and so on as it comes in a variety of colours. It is rather like "Correx" or "Corruplast" used for O-signs and estate agents' notices. If you'd like details, contact them at 077-68104, fax 077-68311.

from the O-net ...

Irregular Orienteering Verbs.

by Bill Teahan

I orienteer. You relocate. He/she gets lost.
I race. You go for a run. He/she barely makes it around.
I win most of the time. You win some of the time. He/she hasn't got a show.
I'm the best. You're the rest. He/she is a crock.
I look ahead. You look behind. He/she looks stuffed.

A novel event

A recent New York Times newspaper had an article detailing the total number of murders in New York City Last year. In 1993, there where over 1,900 homicides in NYC. The interesting thing about the article is the author included a map of the City. At every location where a murder had been committed, he drew in a dot. What resulted is a map that looks like it could be used for a large URBANE ROGAINE event (a rogaine is a large scale score event lasting up to 48 hours, usually for teams of two - Ed.).
I envision a gruesome rogaine type event were participants attempt to visit as many of the murder locations as possible. Controls in neighborhoods that are notoriously dangerous (like Bushwick Brooklyn) would be worth more points. Route choice would require navigation of the subway system. Instead of carrying insect repellent, you could carry chemical MACE to ward of any nasty drug-crazed attackers you might encounter. Anyone interested? - Bernard Breton.

Mountain Racing Fixtures

20 March	Doon Hill, Co. Tipperary. 1 pm/5 miles/1100 ft.
20 March	Monarch Challenge, Lumpers Pub, Ballymascanlon, Co. Louth. 2. 30 pm/6.2 mls/1000 ft.
3 April	Strickeen Hill, Killarney. 1 pm/3 mls/1200 ft. Kate Kearney's Cottage.
10 April	Seefingan, Ballinascorney, Co. Dublin. 2.30 pm/8 mls/2200 ft.
17 April	Mauherslieve, Co. Tipperary. 1 pm/6 mls/1200 ft. Near Kilcommon, on Thurles - Limerick road.
20 April	Three Rock Mountain, Ticknock, Dundrum, Co. Dublin. 7.30 pm/3.3 mls/850 ft.
27 April	Tibradden, Pine Forest, Co. Dublin. 7.30 pm/4.5 mls/1000 ft.
30 April	Nephin Ridge, Co. Mayo. 2.30 pm/ 6.5 mls/2500 ft. Near Castlehill, 3 mls from Crossmolina.
1 May	Mweelrea, Co. Mayo. 12.00/4.5 mls/ 2850 ft. Starts from the coast on N side of Mweelrea. Contact mick McCauley (01-8475284).
4 May	Howth Head, Co. Dublin. 7.30 pm/3 mls/600 ft. GAA sports ground, Dungriffin Rd.
11 May	Bray Head Handicap, Co. Wicklow. 7.30 pm/3.4 mls/920 ft.
15 May	Lugnaquilla, Co. Wicklow. 2.30 pm/ 5 mls/2300 ft. Camara, Glen of Imaal.
18 May	Seefin Handicap, Athdown Forest, Kilbride, Co. Wicklow. 7.30 pm/3.4 mls/1380 ft.
21 May	Knockdu, Ballygalley, Co. Antrim. 2 pm/4.7 mls/1470 ft.
25 May	Prince William's Seat, Glencree, Co. Wicklow. 7.30 pm/3 mls/1000 ft.

Further details from Douglas Barry (01-2868180) or Mark Caslin (01-2900986).

IOA BULLETIN

Executive Secretary: Frank Cunnane, "Knocknarea", Barnstead Avenue, Blackrock, Cork. Phone (021) 358480.

Annual General Meeting

The IOA Executive at its meeting on 25th February decided that the Annual General Meeting of the IOA will be held at 3.45 pm on Saturday 26th March in the Community Centre, Cornamona, after the Connacht Championships. By agreement with the Cornamona Community Association there will be tea, sandwiches and soup available there for competitors.

All officerships of the IOA, i.e. Chairperson, Executive Secretary, Treasurer, Development Officer, Mapping Co-ordinator, Technical Officer, Coaching Officer, Administrative Secretary, Environmental Officer, Public relations Officer and IOF & International Officer will become vacant at the AGM and if possible will be filled at the AGM. We will also have to choose two FIOA representatives at the AGM. Please let your name go forward for one of the above positions, if you are willing to work for your sport.

Swedish O-Ringen Clinic

The closing date for applications to be sent to the O-Ringen Clinic was 28th February. If you haven't already written to IOA you may still be in time if you write immediately to IOA (Frank Cunnane, address above) telling us ALL the reasons why we should send you. But hurry!

Registration of Orienteering Maps

New regulations for the registration of orienteering maps have been adopted and are being sent to all clubs.

Affiliation Fees

The affiliation fees for 1994 have been held at £120 for smaller clubs but the fees for larger clubs will increase by £20 to £200.

Course Planning Competition

Details of the annual course planning competition run by IOA have just been announced. Entrants will be asked to plan a W15, an M21E and a W45 course of Irish Championships standard on a map provided by the organisers. There is no entry fee and there is a very handsome perpetual trophy for the winner. Entries will close on **April 22nd**. Please send your name and address to *The Irish Orienteer*, 9 Arran Road, Drumcondra, Dublin 9 to request an entry.

Nominations for the Silva Award and Mactíre Trophy

Clubs and individuals are invited to make nominations for the Silva Award and the Mactíre Trophy before **Wednesday 6th April**. These awards are presented annually by the IOA to recognise the contribution made to orienteering by the recipients.

The Mactíre Trophy is awarded to an orienteer who has made an outstanding contribution in the past year in the fields of (a) achievement in competition, (b) mapping, planning, controlling or organising events, or (c) other activities considered relevant. Previous winners are not eligible to be nominated again.

The Silva Award is more wide-ranging and can be awarded to any orienteer for his or her contribution to the sport, not specifically during the previous year.

The deadline for nominations is Wednesday 6th April, two days before the next IOA Executive meeting on April 8th, and nominations should be sent to Frank Cunnane together with supporting background information to allow the candidate to be properly considered. The awards will be presented at the Irish Championships.

Map of the Year Award.

Clubs are invited to submit maps produced in 1993 for consideration for the Map of the Year Award. There is a category for full size maps and a category for small maps. Please send four copies of the map to the IOA Executive secretary, Frank Cunnane. The closing date is 6th April and the Award will be presented at the Irish Championships.

FEDERATION OF IRISH ORIENTEERING ASSOCIATIONS

Acting Secretary: Frank Cunnane, "Knocknarea", Barnstead Avenue, Blackrock, Cork. Phone (021) 358480.

Inter-Provincial Championships

The Inter-Provincial Championships will be held on Sunday 27th March in Cornamona. The current champions are Munster who have won the trophy for two years in a row. Is any other province fit to take it from them?

If you were born in a province other than the one in which your club is based, and you wish to run for the province of your birth, you must write its initial (C or L or M or U) on the front **and** back of your control card, at least 2 centimetres in height, but the bigger the better.

Computer Workshop

There will be a workshop on Computers in Orienteering at a Dublin venue in May. The venue and date have still to be finalised. It will be aimed at ALL levels in computing, from duffer to expert. So if you are interested, ask your club secretary to let you know when (s)he gets full details.

Irish O-Suit and Sweatshirts

The FIOA has decided that Irish O-suits should NOT be worn except when representing Ireland. The FIOA soon expects to have IRELAND sweatshirts for general use by Team members and reserves, but not by squad members.

World Cup Events

All qualified persons who ask the Selectors will be allowed to represent Ireland in the World Cup events. Those qualified to represent Ireland are:

(a) All members of the 1993 World Championships Team; and

(b) All 1993 World Championships squad members who are considered by the Selectors to be of sufficient standard.

Team managers and Team Coach

We need to hear from MEN and WOMEN who might like to be one of the four Team Managers and/or Team Coach. The vacancies are automatic, so outgoing Team Managers and Coach please apply.

The Team Managers needed are Senior Home International Team Manager, Veteran H.I Team Manager, Junior H. I. Team Manager and WOC 1995 Team Manager. The relevant Team manager will be asked to act in respect of matters other than Home Internationals also, such as the Scottish Challenge, etc.

Please phone or write to offer your services.

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The Beginner

Why go orienteering? Well, it seemed like a good idea for the offspring: healthy, mind-stimulating, etc., etc. Better than staring endlessly into computer games or hurtling electric cars noisily round and round a track.

So he has to bring his friends so they could all grind crisps and spill 'pop' into the back seat of the car! You arrive it starts raining it always starts raining on orienteering days, get the kids away and get self organised, get start time and away to go, the first two controls are easy and you are overtaken by an endless stream of athletic red-faced young men all dressed in the proper gear. Number 3 you can't spot it, keep wheeling around and suddenly it's right where it should have been all along, on you jog and Oh joy! you find several of the fast moving young men circling like sheep with the 'gid' and declaring the control hasn't been put out... triumph you walk gasping straight to it!

Now it really starts raining and there's a huge drain to jump and you fall back into it and get wet to the thighs, only consolation if you'd got the proper gear it wouldn't have helped, casting up and down a ditch for a depression (which can vary from two to twenty two feet) a freckle faced eight year old says "Are you looking for fifty six 'cos I know where it is?", "No, no" you say, then looking at your control card see number 9 is fifty six but you can't lose face and tell freckle face, so you just mooch around 'til he's gone. After that you really start to think you'd be better off baking a cake or playing tiddlywinks on a Sunday but when you finally get the last control and gasp your way back to the finish you actually feel a glow of satisfaction ... and wet feet.

Very ambitious, you decide to enter the Championships, entries have to be in weeks in advance, kids very enthusiastic, then the pain in your leg gets worse and the doctor diagnoses sciatica, you ask about running, he looks at your age and shape in disbelief and says certainly not for six weeks, next please, Well, you've entered and the money is gone so you decide to walk the course, it's raining of course, and most of the course is submerged in mud, anyway you plod accurately on and are delighted not to be last in your class, on the way home your eleven year old points out that the only person you beat is probably partially sighted and using a walking frame, then he and his pals continue to squash cake and breadcrumbs into the car seats .... but you'll be back next Autumn!

(The author of this piece prefers to remain anonymous - for the monent, at least)

Outdoors NOW - OPPORTUNITIES FOR WOMEN

The purpose of the Outdoors NOW programme is to encourage the participation of young women in outdoor pursuits and to explore outdoor education as a valid method of youth work.

The Outdoors NOW advanced training course will take place from June to December 1994. It is a natural follow-on from the current training course in outdoor education for women who work in the youth service. Most of the places on the course will be allocated to women who have completed the 1993/'94 basic course. There are a limited number of places for:-

* Women who are full time workers in the youth or community areas;
* Women who do some training as part of their work;
* Women who work primarily with women;
* Women who have an interest in developing new ways of working through the use of outdoor education.

Because of the level of skill already reached by those on the existing course, those interested in the advanced course should have an active interest and a reasonable level of experience in at least two of the following .... orienteering, hill walking, mountaineering, rock climbing, abseiling or canoeing.

(Continued opposite)

Connacht Region News

Connacht and Interprovincial Championships

Competitors intending to compete in both of the above events should note a change of venue for the Interprovincial event. Both events will now be held in Mámclochalún, Cornamona, Co. Galway on 26/27th March 1994. Enquiries to John Walshe, Moneymore east, Oranmore, Co. Galway.

Connacht League 93/94

Seven events in the league are now over with one to go and at this stage Kieran O'Brien is in the top position with a head-to-head against John Walshe in the last event in Garbally to decide the winner. In the ladies class Sive Baxter is doing well with competition from Clare Maxwell and Deirdre Ryan.

Coaching and Training

Two very successful coaching courses have been held in Connacht. The Irish Orienteering Student Association weekend which was held in Sligo on 5/6/7 November was attended by 120 students. The course was conducted by Brendan Delaney and Frank Ryan with the assistance of members from Phoenix Navigators O.C.. There were three levels, beginners, improvers and experienced orienteers. The second course was organised by Padraic Ferguson on Monday 28th December in Motepark, Roscommon and was attended by about 30 members from Phoenix.

Phoenix Navigators' AGM

The AGM of Phoenix Navigators was held on Saturday 5th February in the Forest Inn, Carabane and there was a very good attendance and some lively discussion. The following officers were elected for the coming year:

Chairman - John Darcy; Secretary - Noel Donagh, Custume Barracks, Athlone; Treasurer - Frank Ryan; Technical Officer - John Walshe; Coaching - Padraic Higgins.

The new club O-suit top in the club colours of red and gold was on view at the meeting and is available to club members at an introductory price of £12. A social evening was organised after the meeting and gave members a better chance to get to know each other.

If you are eligible and interested and would like an application form, phone Susan at 01-4740808. Last date for return of completed forms is 25th march.

The dates for the advanced course (33 days training) are as follows:

17/19 June	3 days including a weekend
7/10 July	4 days including a weekend
13/19 August	7 days
27/28 August	2 days over a weekend
17/19 September	3 days including a weekend
7/14 October	7 days
12/13 November	2 days over a weekend
3/7 December	5 days including a weekend

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1993 VETERAN HOME INTERNATIONAL

Frank Cunnane, Team Manager for the 1993 Veteran Home International in Northumbria, takes me to task thus:

"Dear Ed.,

In TIO 67, page 8, your Home International results are wrong. In fact the Irish Veterans kept their end up and beat the Welsh. You show that Wales beat us by 4 points. This reverses the results. In fact, we beat them by 81 points to 77.

On Day 1 we had the Relays, in Skelder Woods near Whitby. The format was that each country's A team ran the legs in the same order so that all the A team legs compared directly. Similarly with teams B, C, D and E. Because we did not have a full team (we were short one W50 and one W60) we had only four valid teams, the best three to count. After two legs we were lying second with two of our teams, but as runners completed we fell behind. At the end of the day when all teams were directly comparable our best team was 8th out of 17 (Wales was short two teams). The Relay score was Scotland 56, England 54, Ireland 24 and Wales 22. It had developed into two separate competitions.

On Day 2 as we moved off about 8 a.m. the weather looked as if it was going to be a repeat of Slieve Martin. Gales straight from Siberia with cold driving rain drenching everyone as we dashed for the cars. Arriving at the event, which was held in "Cook's Country" (called after the explorer who lived on the farm where we parked) near great Ayton, we could hardly make out the hilltops in the competition area, the rain was so heavy. There was a rumour that the event would be cancelled, but before the 10-a.m. start the Controller had decided that the wind and the rain had abated sufficiently and he wasn't going to call it off.

As the runners returned and results were displayed, tension mounted. For some reason the men's results were completed first, and we had lost a point, Wales gaining 30 to our 29, leaving just 1 point ahead. There was a search (aided by the Chairman of BOF) for one of our control cards that had gone missing in the results barn (there had been a results tent but it was blown down before the first start, so all the checking was done in gaps between huge farm machines). Eventually it was found and our 8 women had scored 28 points to 25 for Wales. They had saved the day for us.

The winners were England, and the full score was as follows:

	Eng	Ire	Sco	Wal
Individual Men	67	29	54	30
Individual Women	71	28	50	25
Individual Total	138	57	104	55
Relays	54	24	56	22
Combined Total	192	81	160	77

England had recovered from their defeat in the relays and had gone on to win. We had held off the Welsh challenge and increased our lead by two points.

Our best placing in the relays was Seán McSweeney who was 3rd on the long leg. On the individual day our greatest number of points (7) was scored by Maxwell Reed who was 3rd in M55L and second VHI finisher. His adjusted time per K was 9 minutes 4 seconds: bearing in mind the nasty weather which got better later in the day, his result was outstanding. He was the only team member to better Championship Badge time on his course and he was almost 12 minutes inside this. A great performance.

This year the VHI will be in Wales. On their home territory they will probably pull out all the stops to beat us. We've got to show them."

KNOW YOUR CONTROL DESCRIPTIONS

In this, the second in the "Improve your Orienteering" series, you can practice learning the International Orienteering Federation standard control description symbols for those big events. Introduced in the late 1970's, the IOF symbols were designed to make it easier for orienteers from one country to compete in another, while allowing more information about the controls to be shown in a very small space.

Many of the symbols are based on the corresponding features on the map so you don't have to unlearn everything you know about map symbols. Increasingly the IOF symbols have been showing up as a kind of shorthand at even small events where everyone speaks the same language, and the availability of computer programs to do the control descriptions has further simplified their production. While this is useful if you are already familiar with the IOF symbols and are thinking of competing abroad, to a newcomer to orienteering it's an unnecessary additional burden and impediment to taking up what can already be a dauntingly complex activity. For this reason it's a good idea for planners and organisers to provide translations as well as IOF symbols, particularly for the courses likely to be used by novices.

Three Most Important Things

Anyhow, the main things about the IOF symbols are: (1) the most important details are to the right of the heavy vertical lines (columns 1, 4 and 7); (2) most of the symbols are similar to those on the map and (3) if you don't know what any of them are, ask!

Eight Columns of Wisdom

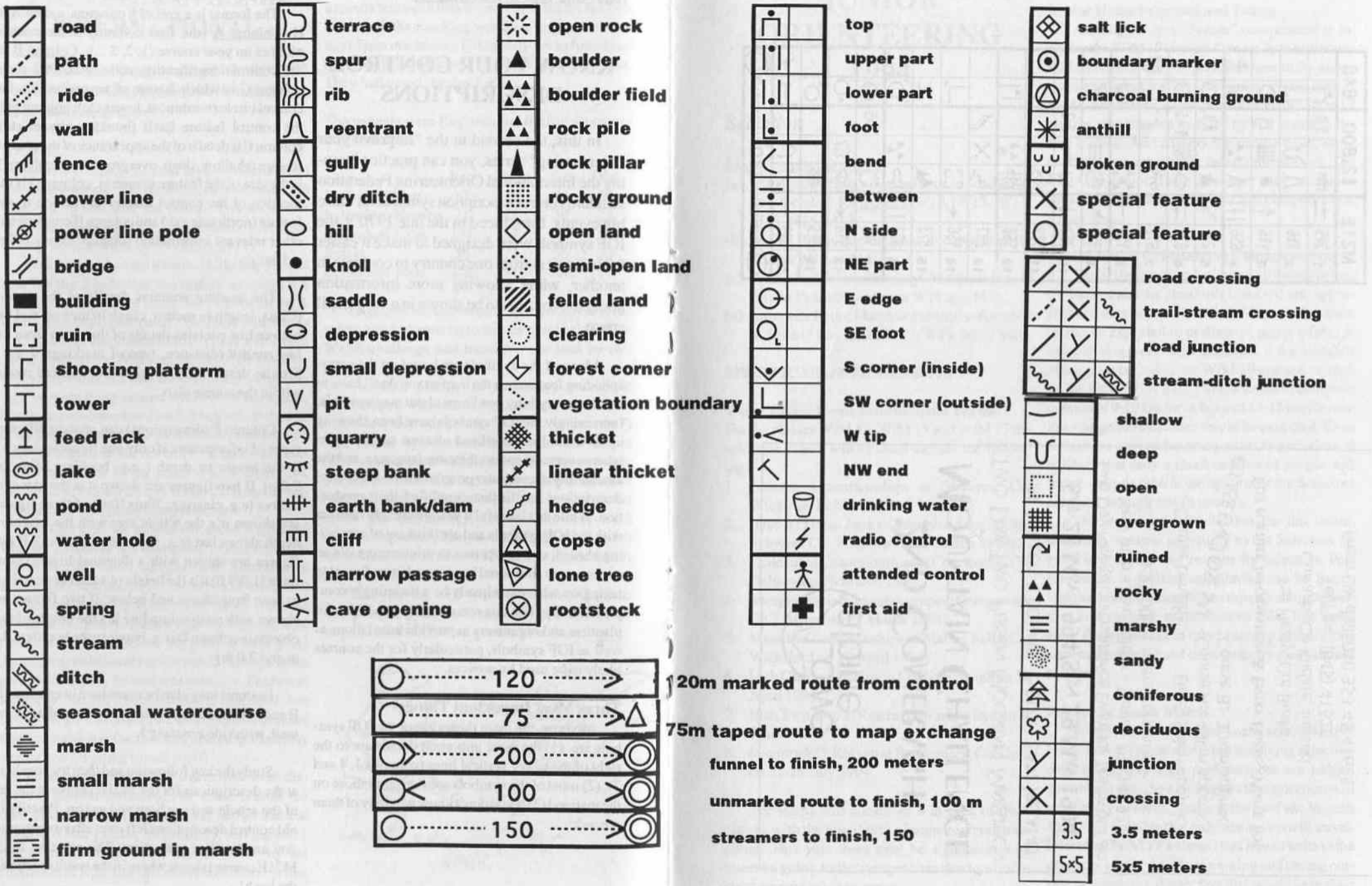
The format is a grid of 8 columns, called A to H. Column A (the first column) is the control number on your course (1, 2, 3 ...). Column B is the control identification code (AB, 999 etc.); column C is which feature of several within the control circle (northmost, lower etc); column D is the control feature itself (boulder, stream etc); column E is details of the appearance of the control feature (shallow, deep, overgrown etc); column F is the size of the feature in metres; column G is the location of the control marker in relation to the feature (north side etc.) and column H contains any other relevant information (manned control, first aid etc.).

The heading contains details of the course (Class, length in metres, climb in metres) and the bottom line contains details of the run in from the last control (distance, type of markings if any). Similar details may be given for marked routes within the course also.

Column F (dimensions) can contain different types of information: if only one figure is shown it is the height or depth (e.g. boulder, 1.0m, pit 2.0m). If two figures are shown it is the extent in metres (e.g. clearing, 20mx10m); if three figures are shown it's the whole size with the height or depth shown last (e.g. depression 10x5x3). If two figures are shown with a diagonal line dividing them (1.0/3.0) it's the height of a feature on a slope as seen from above and below; if two figures are shown with no dividing line it's the height of two objects in column D (e.g. between the boulders, 1.0 m and 2.0 m).

Features may also be combined in columns D, E and F: e.g. stream *junction*; *junction* of track and wall, path/ride *crossing*).

Study the key following and then try your hand at the descriptions for the M21E course at the end of the article and see how you get on. Practice on old control descriptions left over after events until you are familiar with them. The solution to the M21E course is somewhere in the results section at the back!


road
path
ride
wall
fence
power line
power line pole
bridge
building
ruin
shooting platform
tower
feed rack
lake
pond
water hole
well
spring
stream
ditch
seasonal watercourse
marsh
small marsh
narrow marsh
firm ground in marsh
terrace
spur
rib
reentrant
gully
dry ditch
hill
knoll
saddle
depression
small depression
pit
quarry
steep bank
earth bank/dam
cliff
narrow passage
cave opening
open rock
boulder
boulder field
rock pile
rock pillar
rocky ground
open land
semi-open land
felled land
clearing
forest corner
vegetation boundary
thicket
linear thicket
hedge
copse
lone tree
rootstock
120
75
200
100
150
120m marked route from control
75m taped route to map exchange
funnel to finish, 200 meters
unmarked route to finish, 100 m
streamers to finish, 150
top
upper part
lower part
foot
bend
between
N side
NE part
E edge
SE foot
S corner (inside)
SW corner (outside)
W tip
NW end
drinking water
radio control
attended control
first aid
salt lick
boundary marker
charcoal burning ground
anthill
broken ground
special feature
special feature
road crossing
trail-stream crossing
road junction
stream-ditch junction
shallow
deep
open
overgrown
ruined
rocky
marshy
sandy
coniferous
deciduous
junction
crossing
3.5
3.5 meters
5x5
5x5 meters

Lowe alpine

2ND COMERAGH MOUNTAIN CHALLENGE

TWO DAY TWO PERSON MOUNTAIN MARATHON

NIRE VALLEY, CLONMEL, SOUTH EAST IRELAND

SAT 28 MAY 1994/SUN 29 MAY 1994

Two Day Navigation/Endurance Event for Teams of Two
New map - Five colour - Survey 1990-1992
1:25,000 5 metre contours

Course Lengths: Elite: 50km approx
Course A: 40km approx
Course B: 30km approx

PLEASE ENCLOSE SAE

FOR FURTHER INFORMATION & ENTRY FORMS, WRITE TO:

Pat Healy, Cut Bush,
Curragh, Co Kildare, Ireland
Tel/Fax: (045) 41625
From UK dial: 010 353 45 41625

JUNIOR ORIENTEERING 1994

Selection

Major competitions:

(a) Ward Junior Home International in Scotland in late October for classes W13, W15, W17, M13, M15, M17;
(b) Senior Home International in November for classes W19 and M19;
(c) World Junior Orienteering Championships in July in Poland for classes W19 and M19;
(d) European Junior Match in September/October in Austria for classes W17, W19, M17, M19.

SPECIFIC SELECTION EVENTS

Ward Junior Home International Teams:
For the classes W/M 13, W/M 15 and W/M 17 the selection events will as usual include the following:

1 Leinster Championships at Glencree, Co. Wicklow, 12 March 1994;
2. Inter-Regional Junior Championships at Cronybyrne, Co. Wicklow on 13 March 1994;
3. Connaught Championships at Cornamona, Co. Galway on 26 March 1994;
4. Interprovincial Championships at Cornamona, Co. Galway on 27 March 1994;
5. Munster Championships at Mahon Falls, Co. Waterford on 17 April 1994;
6. Irish Championships in Co. Fermanagh on 30 April 1994;
7. Irish Two-Day at Rostrevor/Carlingford on 4-5 June 1994;
8. Shamrock O-Ringen at Ballingeary, Co. Cork on 22-24 July 1994.

The teams will consist of 4 in each of the 6 classes with the possibility of some reserves travelling. This year there may be a problem with reserves going to the competition due to insufficient accommodation space.

Senior Home International Teams

Although it is a "Senior" competition it includes the W/M 19 classes. Generally the selectors will feel free to refer to performances in the above competitions as well as other major events such as the JK. Frequently some juniors from the W/M 17 classes are included to make up full teams in the two classes. Accordingly the results of W/M 17 competitions are usually taken into account. The FIOA or senior Team Manager may announce separate rules for selection for this competition at a later date.

World Junior Orienteering Championships

This is the most prestigious of all competitions for juniors and the standards involved are, appropriately, very high indeed. Candidates for this team would be expected to perform at major events in Ireland at a very high standard - for instance placing 1st or 2nd in the W/M 19 classes, or high up the list in W/M 21E. Fitness levels to complete courses of 9-10 km for ladies and 13-15 km for men in a competitive manner would be expected. Even though we can send as many as six in each class, it is likely that only a small number of people will travel - people who in the opinion of the Selectors are good enough and fit enough.

The procedure for selection for this event, therefore, consists of writing to the Selectors by early May and giving reasons for selection. Performances in Ireland and abroad can be listed, together with information on current training schedules and running performances (5k, 10k times etc.). Performances in other running ompetitions such as track, road and cross-country races should be listed.

European Junior Match

W/M 17 teams: 0 to 6 per Team, selected as per Ward Junior Teams above but involving selection only when very high performances are judged possible. It must be emphasised that selection will not simply involve piucking the best six in each class - it is possible that only one or two will travel. Interested W/M 17's should feel free to write to the selectors giving details of training and racing outside orienteering if they feel this would help their

cause.
W/M 19 teams: 0 to 6 per Team, selected as per World Junior Championships above.

Selectors:
At the time of going to press our current Junior Selectors are:

NIOA:	Charles Reid	0232-666072.
Leinster:	Ernest Lawrence	044-71324.
Munster:	Robert O'Connor	021-293310.

Information
Please feel free to contact me for any further details or clarification:
Bernard Creedon (Outgoing Team manager - Juniors), Mount Prospect, Douglas, Co. Cork (Phone 021-361824, Fax 021-361825).

Junior Panels

At this time the above selectors believe that the following juniors are available for selection. If there are mistakes or if you know of any others please let us know as our list may not be complete. Please note that the juniors finally selected for the Ward Junios Home International and the European junior Match (and reserves) are expected to attend the Junior Training Weekend to be held as usual over the last weekend in August 1994.

N. Ireland

W13
Susan Bell
Ruth Mein
Jenny Williamsom

M13
Alan Bogle
Che Finlay

W15
Lynsay McKee

M15
Stephen Bogle
Andrew Mein
Timothy Pentland

W17
Eunice Cinnamon
Ruth Hollinger
Melanie McKee
Joanne Mein

M17
James Gillespie
Declan McDevitt
James Reed
Chris Scott

W19

M19
David Hollinger
Stephen Wilson

Munster

W13
Aislin Austin
Fionne Austin
Danielle Buckley
Laura Cotter
Maria Feehan
Sheila Feehan
Aislin O Donovan
Aoife O Dwyer
M. O Sullivan
Maeve Purcell

M13
Alan Barry
Ross Buckley
Darren Burke
Shane Burke
David Carter
Mahon Corkery
Thomas Corkery
Andrew Cronin
Neil Dobbs
Fiacra Fitzgibbon
Donagh Gilhooly
Paul Griffin
Vincent Keane
Declan Kelly
Jonathan Lucey
Anthony Marshall
Ronan Murphy
David Slattery
Paul Slattery
Conor O'Sullivan

W15
Laura Buckley
Clare O Connor
Deirdre Creedon
Amy Cronin
Anne Feehan
Nora Feehan
Tara Murphy
Toni O Donovan

M15
Conor Barry
Daryl Cronin
Michael Cunningham
Ross Daunt
Christopher Dobbs
Aonghus Fitzgibbon
Nathan Hennessy
Graham kelleher
K. O Driscoll
Cormac Purcell
Aubrey Storey

W17
Treasa Connolly
Francesca Doonan
Marianne Hutchinson
Mary O Connor
Jill Stynes

M17
Paul Barry
Brian Caball
Cian Chandler
Conor Creedon
Patrick Feehan
Aaron Hennessy
Eamonn Hennessy
David o Connor

W19
Ailbhe Creedon
Miriam Feehan
Faye Pinker

M19
Brian Creedon
John Chandler
Marcus Pinker

Leinster

W13
Niamh OColmain
Eleanor O Neill
Elina O Neill
Claire Thornhil

M13
Gerard Butler
Luke Campbell-Crawford
Antoin Drion
Fred Drion
Zoltan Foley-Fisher
Jason Masterson

W15
Hilary Allen
Catherine Butler
Liz Butler
Becky Lynch
Una OColm in

M15
P. Behan
R. Carbery
Alan de Lacy
David Jeffreys
Shane Lynch
Wayne McDonald
David Masterson
Joey Ryan
Timothy Tottenham

W17
Emma Lawrence
Kate Thornhill

M17
Jeff Butler
Jonathan Mackey
Shane O Neill
Simon Walsh

W19
Sheila Convery

M19
Derek Allen
Mark O Neill

Remember! If you know of anyone missing from this list, contact Bernard!

International Orienteering in SW Ireland.

Shamrock O-Ringen '94

July 22, 23, 24 - Inchigeelagh

The sixth Shamrock O-Ringen is again being promoted by the Cork Orienteering Club this summer, but a new date has been set which the organisers hope will attract even more foreign competitors. The weekend of July 22-24 1994 will again see orienteers from all over Europe roaring and tearing in challenging complex open terrain centred around the quiet West Cork village of Inchigeelagh.

As is by now the norm, the competition will be the usual 3-day event with a fast sprint-O event on the Friday evening, the classic race on the Saturday and the exciting chasing start race on the final day. Day 1 will be held near Ballingeary on fast terrain of a similar nature to day 1 of last year, and according to mapper Robert O'Connor "..will provide interesting navigational challenges over fast runnable intricate terrain."
Day 2 moves back to an area adjacent to Day 2 of SOR '93 at Loobridge East, and organisers BVOC are hoping that the heavy mist which made navigation extremely difficult last year will not recur. This area is mostly open ground with only a small forested area which will probably used for assembly areas only.
The final day will see us return to areas near Inchigeelagh, on terrain which has been used before, but will now be amalgamated and extended. The map consists of the adjacent areas of Tir Na Spidoige and Ros Mór with a considerable southwards extension towards the village itself. This has been completely resurveyed and extended by Marcus Pinker, and all the maps are OCAD drawn by Cork OC and printed by Stirling Surveys.

The organisers are optimistic that this year's event will be even more successful than before and are hoping to exceed previous years' attendances by up to 150. The event is being pushed into July to attract entrants going to Scotland for the Veteran World Cup (Aug. 2-6) to Ireland first for training on technical terrain.

Event Co-ordinator Bernard Creedon is hoping to get an entry of between 500 & 600 competitors. With a fixed number of domestic entrants, he obviously sees the European market as the source of all these extra entries, but he points to the ever larger number of British competitors and increasingly to the Nordic countries where the SOR has been getting favourable attention especially from the older competitors (M/W40+). He is considering using both 1:10 000 & 1:15 000 maps for these competitors, which I'm sure will be welcomed by many and will be noted as a suggestion made by Pat Long, the Day 1 controller last year (and this year!).

The Shamrock O-Ringen has attracted many competitors over the last five years and a breakdown of overseas versus domestic entrants is shown below.

Year	Total Entry	Overseas
'89	422	92
'90	470	112
'91	452	170
'92	435	174
'93	448	156

As can be seen from the breakdown, a large overseas contingent always makes the effort, but the same cannot be said of the Irish orienteering fraternity, whose support has always been questionable and who often leave their entries to the last moment. Anyone who has any interest in this sport, GO to the the Shamrock as it offers some of the best terrain in the country, good planning, superbly drawn maps and a very friendly atmosphere.

This year, the organising committee will be inviting the past winners in the Elite grades back

to compete and also will be approaching the Swedish O-Ringen to send some of their elites as was done back in 1989. One of the runners they sent over that year has since gone on to become very successful in international orienteering, i.e. Marten Johansson.

West Cork has much to offer the tourist over the summer months and the possibility is there to combine this years O-Ringen with your holidays. However, with this being peak tourist season accommodation may not be as easy to locate as in previous years. Get in touch with any of the contacts listed below soon.

Entry fees are reasonable, but please help the organisers by getting your entry in early (by 1st June). Adults £6-8, Juniors £3-4, Students £4.50-6, Family £15-20 per day. Entry forms are in this issue of TIO and will be available at all major events or directly from : Bernard & Margaret Creedon, Mount Prospect, Douglas, Co. Cork. Tel: 021-361824 or Fax: 021-361825.

A variety of accommodation is available ranging from camping/floorspace/B&B, hotels etc so make contact early:

Camping/Floorspace: Bob Pinker: 026-47119
Bunk/Breakfast: Síle O'Leary: 026-47052
Hotel/Guest House: Creedons' Hotel: 026-49012
General: Cork/Kerry Tourism: 021-273251

The Irish Orienteer Trophy 1994

The Munster legs of the competition are being run by the MOA as a league between WatO, Cork O, BVOC and LeeO.
In the North, LVO take on both FermO and NWOC, while the Leinster draw is detailed below.
At Brockagh on April 24th:
3ROC v GEN v AJAX;
At Raven's Rock on May 8th:
SET v FIN v CNOC;
The Leinster Final will be either at Trooperstown on May 22 or at a yet-to-be-arranged event, depending on the outcome of the match involving GEN at Brockagh.
The National Final will be on Sunday September 4th and the CompassSport Cup Final in Scotland will be on October 16th.

The rules of the competition have been sent to the participating clubs and differ from the rules of the CompassSport Cup in the courses used and the classes running on each course, as at present there is only one competition here, rather than one for larger clubs and one for smaller clubs (not more than 100 members where families =3 and groups =5). The classes and courses for the TIO Trophy are, in the Editor's view, more appropriate to Irish conditions in terms of the standard of the competitors and the numbers taking part. As always, any constructive suggestions from participating clubs or others to streamline the competition while maintaining its unique qualities will be considered.

This year there will be seven teams per club. There is no limit on the number of runners a club may field.

Team A	(Brown course)	M21
Team B	(Brown course)	M19, 35
Team C	(Blue course)	M17, 40, 45
Team D	(Blue course)	W19, 21, 35
Team E	(Green course)	W40+, M50+
Team F	(Red course)	M15; W17
Team G	(Orange course)	M13-, W15, 13-.

The top 3 runners from each club will count for each team and will score 6, 5, 4, 3, 2, 1. In 3-club matches (except the final) the first two clubs' results will ba calculated and the winners will then be calculated against the third club i.e (A v B) v C.

It is most important that the fixtures are run off on schedule as the final will be on September 4th. If your club is taking part, make sure you're there: you might be the very person they need on the day to pick up a precious point!

Three Rock Notes

3ROC

Enquiries to Vera Murtagh, 19 The Cloisters, Terenure, Dublin 6W (01-4908237)

AGM

At our recent AGM the following officers were elected:
John Creagh, Chairman
Trina Cleary, Hon. Treasurer
Vera Murtagh, Hon. Secretary
Committee members: Philip Butler, Con Carroll, Brian Hollinshead, Ian MacNeill, John McCullough, Monica Nowlan, Peter O'Neill, David Rowe and Harold White.
A very enjoyable social evening followed. Thanks to Brian and Kathleen Hollinshead for their hospitality.

$ubscription$£€€€€€€€

Subs for 1994 are now due: Seniors £8; Juniors/Students £4; Family £12; payable to Trina Cleary, 25 Templeroan Grove, Rathfarnham, Dublin 16.

Events

Clara, March 20th, LL10
Organiser Máire Walsh (2868871) is looking for help on the day. Please offer and everything will be done to facilitate your running as well. The more offers of help there are the quicker everyone gets home in the evening.

"Not the JK", Phoenix Park, Monday April 4th
For all of you not going to the JK there will be an event in the Phoenix Park on Waster Monday. Brian Hollinshead (2881456) is looking for help on the day.

Coaching

The "First Fridays" have concentrated on planning for the last couple of sessions and will continue for another two sessions. The next "First" Friday will be on 22nd April with a practical session on course planning on Saturday 23rd April on Three Rock Mountain This session will be both morning and afternoon. If you want to take part, contact either Trina Cleary (4936187) or Philip Butler (2853823). Even if you haven't attended the previous sessions you are welcome to come along and take part in this planning workshop. Remember to have a go at the IOA Course Planning Competition too!
If you have any ideas for either a Friday or a Saturday session in the future, contact Philip Butler, he is looking for ideas. Coaching caters for both juniors and seniors. Monica Nowlan is looking after the Juniors in the club. Please support Monica by attending the very excellent coaching sessions she will be arranging in the future.

Irish Two Day, Carlingford, Sunday 5th June in conjunction with LVO we are running Day 2 of the Irish Two-Day on Carlingford Mountain. Brendan McGrath is the organiser and he is looking for helpers both before and on the day. Once again all helpers on the day will be given an opportunity to take part in the competition. Brendan can be contacted at 2955405 with offers of help.

IOA AGM

The Annual General Meeting of the Irish Orienteering Association will be held in Cornamona after the Connacht Championships on March 26th (see notice elsewhere). We would encourage all our members taking part in the Championships to attend the AGM.

Odds and Ends

Best wishes go to Una Coghlan who has gone to work in a Romanian orphanage for a few months ..... New stock of 3ROC O-suits will be available from Trina after Easter: get your orders in now ..... Good luck to all our members taking part in JK'94, the Connacht Championships, the Interprovincial Championships and the Irish Champs ..... Congratulations to all our Club Champions after the event at Donadea, particularly Junior Champ Luke Campbell Crawford and Senior Champ John McCullough ..... Congrats also to Justin May who has won the series of mountain-bike orienteering events ("Trailquests") in Britain, winning four events out of four ..... and well done to our Leinster Championships prizewinners!

ECO score event at Saggart Wood, Co. Dublin, on 2nd January 1994.

1	B.Bell	M35	GEN	780
2	M. O Keeffe	M21	FIN	770
3	G. Doherty	M21	GEN	730
4	B. Corbett	M21	CorkO	720
5	T. O Gorman	M21	CNOC	690
	G. Brady	M35	3ROC	690
7	J. Logue	M21	NWOC	680
8	M. Deasy	M21	PXN	650
	C. Rothery	M21	AJAX	650
10	J. Watt	W40	GEN	630
11	S. O Boyle	M35	CNOC	580
	A. Keyes	M35		580
13	P. Spillane	M35	CNOC	570
	M. Grant	M21	WATO	570
15	E. Loughman	W21	CNOC	560
	J. Mulcahy		CNOC	560
17	C. Murray	M17	GEN	540
18	J. Kearnay	M35	3ROC	530
	R. Lynam	W35	CNOC	530
20	E. O Shea	M21	GEN	520
	J. Francis	M35	7FAR	520
22	J. O Neill	W45	FIN	510
	E.O S illeabh in	M45	3ROC	510
	A. B-Law	M60	GEN	510
25	K. Carey	M35		500
	U. O Colm in	W15	GEN	500
	N. O Colm in	W13	GEN	500
	M. Butler	M50	3ROC	500
	C.Carey	W21	3ROC	500
	F. O Neill	W45	SET	500
	G. Butler	M13	3ROC	500
	M. Healy	W40	GEN	500
	A. Cox	M35	WATO	500
34	B. Doherty	M50	GEN	490
	D. Watt	M45	GEN	490
36	F. McCormack	M55	CNOC	480
	D. Weston	M21	SET	480
	R. O Gorman	M17		480
	C. Dunlop	M55	SET	480
40	D. Short	M35	CNOC	470
	E. O Sullivan	M21	SET	470
	I. Rochford	M35	AJAX	470
	N. Butterfield	M21	GEN	470
44	S. Townsend	W11		450
	M. O Colm in	W40	GEN	450
46	M. Higgins	W50	SET	430
	S. Kulldorff	M65	SET	430
	B. O Neill	M45	SET	430
	J. Gray	M45	3ROC	430
50	D. Quinn	M40	GEN	420
	C. Reynolds	M17		420
52	L. C-Crawford	M13	3ROC	400
	S. O Neill	M17	DLSO	400
54	D. O Colm in	M45	GEN	390
	B. Hollinshead	M55	3ROC	390
56	G. Smith	M40	FIN	380
	T. Caffrey	M35	SET	380
58	C. Brennan			360
59	D. Grain	M35		350
	P. Donlon	M35	SET	350
	A. n Sh illeabh in	W40	3ROC	350
	S. O Shea	M21	GEN	350
63	E. O Br ain		FIN	300
64	J. Barrett	M55	CNOC	270
	N. Rothery			270
66	H. McInerney	W35	CNOC	250
67	P. O Cl irigh	W21	CNOC	240
68	R. Armstrong	M35	7FAR	230
	J. O Brien	M45	AJAX	230
70	P. Bartlett			210
71	E. McIlwain	M10		200
	M & K Byrne		CNOC	200
	G. Byrne	M21	CNOC	200
74	S. Rothery	M65	3ROC	190
75	J. Lynam	M70	3ROC	180
	N. McIlwain	M11		180
77	D.K. Smith	M13	FIN	150
78	S. Farrell			140
79	C. Furey	M15	GEN	130
	O Murch		CNOC	130
	A. Murphy	W10	GEN	130
82	J. Byrne			120
83	A. O Briain			100
84	B. Crawford	(M9)	3ROC	90
	S. McNamee			90
	S. Devlin	(M8)		90
87	M. Grennan			80
	R. Short	(M4)	CNOC	80
	J. McNamee			80
90	J. Bartlett			70
91	F. Colclough	W10	CNOC	60
	V. Murtagh	W50	3ROC	60
	O Shea family			60
	J. Matthews	M55		60
	T. Keane		GEN	60
96	C & R Farrell			50
97	H & E Donlon		SET	30
	E. Friel		FIN	30
99	I. Caffrey	(M4)	SET	20
	M. Donlon	M10	SET	20
	J. Mullen	W60	3ROC	20
	A & P. Zambra			20
103	A. Bell	M10	GEN	10
	M. Friel	(W9)	FIN	10
105	D. Graham			0
	S. Carey			0
107	A. Cox	M21	3ROC	-60
108	J. Hughes	M45	CNOC	-140
109	N. Huisman			-150
110	T. Clear			-190
111	A. Butler	W40	3ROC	-230
112	K. Grogan	M35	CNOC	-310
	N. Carroll	M50	GEN	Disq.

ECO would like to thank all who attended the event. We look forward to seeing you in the near future.
Alan de Lacy.

Results of 3ROC Night Event, Phoenix Park, Dublin, 5 February 1994.

Long course	9.5 km		
1 Colm Rothery	AJAX	M21	68.50
2 Damien Cashin	AJAX	M35	71.51
3 Richard Kavanagh	CorkO	M21	96.17

Medium course	6.9 km		
1 Tom Keegan	3ROC	M21	72.05
2 Arthur Green	SET	M21	73.50
3 J. deLacy & R.Whelan	ECO		80.20
4 J. Barrett & H.McInerney	CNOC		87.50
5 Donal OMurchu	CNOC	M40	118.45
6 Linda & Marshall	3ROC		127.00
7 K.Kelly & B.Walsh	WO		136.00

DNF: N. Campbell-Crawford, M. Kellett, M. ni Choitir, D. McAuley, A. O Keeffe, C. Murray.

Short course	3.5 km		
1 Ciaran Murphy	CDAC	M21	24.49
2 G & J Maguire	UCDO	M21	26.35
3 M. Moloney	BSO	M21	33.48
4 B. & P. Leddy	FIN		41.10
5 E & A OSuilleabhain	3ROC		43.01
6 Con Carroll	3ROC	M60	46.15
7 J.Fitzgerald, P.Kiernan & T.Kennedy			47.05
8 Michael Butler	3ROC	M50	48.31
9 J.Meade, D.Clery & M.Walker			48.50
10 L. OhAlmhain	NYC	M15	48.53
11 John Bell			56.50
12 T. P. & A. Bell	GEN		57.20
13 N.McGrath & O.Kane			59.10
14 Dermot Nolan			61.50
15 Mark & Edel Donlon	SET		64.48
16 Liz Jones & A.Heery	UCDO	W21	67.19
17 Jacintha Buckley	CDOC	W21	68.52
18 R.Bateson & A.Mackey	CDAC	W19	69.52
19 J.McHugh +1			79.11
20 P.McCormick	FIN		80.05
21 M.Gallagher, P.King, M.Mullin & S.Cronin			80.40

DNF: E. Glanville, D. Large (missing no. 7).

Thanks to helpers Philip Butler, Lindie Naughton, Nora Lee, Liam Convery.

Results of 3ROC event, Phoenix Park, Dublin, 6 February 1994.

A course	10.6 km		
1 Gerry Brady	3ROC	M35	49.10
2 Brendan O Brien	3ROC	M21	54.10
3 Wally Young	CNOC	M40	55.03
4 Marcus Geoghegan	AJAX	M21	57.21
5 Gavan Doherty	GEN	M21	57.54
6 P. Flood	UCDO	M21	61.04
7 E. O Shea	GEN	M21	65.32
8 Peter Gargan	AJAX	M40	65.05
9 Brian Bell	GEN	M35	65.08
10 Neville Short	UCDO	M21	68.01
11 Robert Garrett	3ROC	M40	69.40
12 D. O Colm in	GEN	M45	69.54
13 Jane Watt	GEN	W40	70.22
14 Patrick Casey	UCDO	M19	70.50
15 Gordon Elliott	3ROC	M21	73.44
16 C. McCarthy			76.20
17 Ciaran O Mara	3ROC	M35	78.07
18 Brendan Doherty	GEN	M50	78.38

B course	7.3 km		
1 Mike Deasy	PXN	M21	40.26
2 George Tubbritt	ECO	M40	41.31
3 Shane Lynch	WHO	M15	45.55
4 M. Beary	ECO	M35	47.09
5 Brendan Dolan	CNOC	M21	47.10
6 David Brooks	3ROC	M50	47.20
7 Mary Healy	GEN	W40	51.16
8 B. Maguire	UCDO	M21	51.42
9 F. O Reilly	ECO	M35	51.57
10 M. O Neill	UCDO	M21	52.18
11 K. Carey	3ROC	M35	52.26
12 John Doyle	ECO		52.30
13 Richard Flynn	SET	M50	52.31
14 Colin Dunlop	SET	M55	52.40
15 Joe Lalor	GEN	M35	52.57
16 P. Curran		M40	53.22
17 Dermot Cronin	CorkO	M45	53.34
18 Niall Smyth	FIN	M21	54.42
19 Paschal Garrett	OBAC		55.04
20 John Rowe	FIN	M21	55.15
21 Roger Johnson	WATO	M50	55.22
22 A. Keyes		M35	55.28
23 Joseph Ryan	DLSO/3ROC	M15	56.36
24 Rudie Dorrepaal		M35	58.06
25 Michael Bergin	CNOC	M21	58.18
26 Michael Butler	3ROC	M50	58.23
27 Harold White	3ROC	M50	58.25

28 U. OColm in	GEN	W15	59.16
29 Kevin McCann	GEN	M15	59.26
30 David Jeffreys	WHO	M15	60.43
31 David Masterson	WHO	M15	61.28
32 J. Hughes	CNOC	M45	61.39
33 Miriam N Choitir	CorkO	W21	61.42
34 Ruth Lynam	CNOC	W40	63.54
35 Navin		M40	64.45
36 Nina Phillips	UCDO	W19	66.22
37 D. Heussaff		M21	67.29
38 Barry Walsh	WOC	M21	70.02
39 Ken Kelly	WO	M21	71.56
40 Con Carroll	3ROC	M60	73.22
41 Patricia OCl irigh	CNOC	W21	75.08
42 N. Hamilton & D. Griffin			80.02
43 Maura Higgins	SET	W50	81.04
44 Steven Devlin			85.57
45 M.OColm in	GEN	W40	91.42
46 S. & T. Leyden	SET		100.39
47 C. & P. O Sullivan	GEN		140.15

G. Bryan M15 mispunched no 6.
M. Lunt DNF

C course **5.3 km**

1 Ciar n Murphy	CDAC	M21	31.01
2 Paul van Kampen	UCDO	M21	34.48
3 J. Smith	WHO/SET	M17	35.35
4 Gerard Butler	3ROC	M13	37.25
5 Luke C-Crawford	3ROC	M13	38.18
6 Pat Conroy			38.32
7 Adrian Dolan	CNOC	M21	39.11
8 Roy Serviss	WHO	M17	39.20
9 Shaw			39.25
10 Jonathan ... (?)	UCDO		39.45
11 Glenn Kelly			40.56
12 Michael O Shea			41.15
13 H. Allen	WHO/SET	W15	42.08
14 Ita O Hanlon	CDAC	W40	43.12
15 K.O Brian	AJAX	M15	44.47
16 Ita Coghlan			44.53
17 Nathaniel Hanlon	AJAX	M15	45.19
18 John Scott	WHO	M13	45.49
19 Fiona O Hanlon	3ROC	W21	46.50
20 Darren Kelly		M17	47.00
21 Gareth Tierney		M21	47.27
22 Zoltan Foley-Fisher	WHO	M13	48.12
23 Colm Redmond		M21	48.14
24 Cian O Donoghue	UCDO		48.37
25 Odriozola family			49.25
26 F. Drion	WHO	M13	49.30
27 Karen Murray	WHO	W17	49.47
28 Paul Lambert		M15	50.41
29 Timothy Acheson	WHO	M15	50.54
30 Dara Clery	CDAC	W21	51.12
31 Kieron Garland	WHO	M13	51.33
32 B. Holmes	AJAX	M21	52.02
33 Jason Masterson	WHO	M13	52.03
34 Stephen Higgins	DLSO/3ROC	M15	52.18
35 Paul O Reilly	DYC	M15	54.18
36 B. Sharkey	FIN	W21	54.35
37 Claire Walsh	3ROC	W50	55.32
38 S. O Shea	GEN	M21	55.39
39 Jennie Brooks	3ROC	W21	56.58
40 Wayne Duffy			58.27
41 P. R. Buchm in			59.26
42 B. Greene	DLSO	M13	59.33
43 Jacintha Buckley	CDOC	W21	60.33
44 Ciara Flynn	UCDO	W21	61.31
45 Frances O Neill	SET	W45	63.51
46 P. McCormick & R. Browne		FIN	64.41
47 Doolan	SET		65.07
48 Andrew Gardner		M13	65.45
49 Peter Kiernan			65.46
50 T. Kennedy & J. Fitzgerald			65.49
51 B. Dowd			68.02
52 Peter Hayes	DLSO	M13	70.27
53 S. Keenan		70	51
54 Scott King		M21	71.28
55 N. & E. O Murch	CNOC		72.04
56 Niamh Lalor	GEN	W10	74.35
Jocelyn Cathalin	SET	W21	74.35
58 John C...	ECO		74.36
59 D. Lalor			77.52
60 J. Hazlett & C. Heneghan			78.00
61 Paul Flanagan			79.18
62 Neil & Paul			82.32
63 Vera Murtagh	3ROC	W50	83.39
64 M. Mullin & P. King			84.33
65 S. O Rourke & M. Cowop		M15	84.48
66 Helan Donlon	SET	W21	85.33
67 Niamh Tuite			88.20
68 Robert Boyle	StanO/3ROC	M13	89.09
69 R. Fisher & C. St rck	UCDO		90.34
70 A. & S. Connolly			92.47
71 A. Butler	3ROC	W40	97.35
72 Graham Matthews?			101.43
73 B. O Brien			101.51
74 M. Hughes	CNOC		103.00
75 L. McGill & S. McLoughlin			103.22
76 P. Doyle & M. Matthews			105.12
77 Sin ad + 2			105.24
78 William Doyle			105.28
79 N. Sweetman			112.40
80 Roebuck family			118.59
81 Hendrick family			121.57

DNF: Susan Hogan +2, Treise Fairman, Sin ad Keenan, Ollie Burke, Thomas Martin, Donal O Brien, A. Richardson (no 10), Louise, Carol & Deirdre Butler, W.J O.Neill (no 8), John McEneaney, David Farrelly.

D course **2.6 km**

1 Shane O Carroll			16.05
2 Paul Savage	ECO	M15	16.23
3 Mark Donlon	SET	M10	20.18
4 Thamas Gray	3ROC	M11	20.40
5 K.O Brien	AJAX	M15	21.03
6 John Byrne			21.05
7 Paul Lambert (?)			21.41
8 Darren Kelly	DYC	M17	21.43
9 Ollie O Brien	DOC	M19	23.26
10 Jennifer Butler	3ROC	W13	24.37
11 M.McGeady	3ROC	W21	25.13
12 Nathaniel Hanlon			26.08
13 Connolly			26.20
14 Dalkey I			27.04
15 M.Ward & S.Doyle	OBAC		27.13
16 P.A. Byrne			27.37
17 Gary Carthy (?)		M17	27.59
18 Paul O Reilly (?)	DYC	M15	28.03
19 Ciaran Hanlon (?)			28.09
Genevieve Ward	OBAC		28.09
21 M.Toner	ECO	M15	28.18
22 Violet Newton	WHO	W15	28.19
23 James Treacy			28.21
24 K & N Cronan			28.23
25 Paul Flanagan			28.35
26 Mary Treacy	OBAC		28.41
27 Edel Donlon	SET	W10	29.17
28 Tracy Daly			29.43
29 Liz Flynn			30.29
30 B.Douglas & P.Mellon	ECO	M15	31.17
31 Anthony Greene (?)			31.24
32 Breslin			32.04
33 Gerard Redmond	ECO	M15	32.14
34 Eoghan O Gorman			32.39
35 Hitomi Ebe		W21	32.48
36 E. Fitzsimons	3ROC	(W8)	33.20
37 Siobhan & Tanya			33.41
38 Siobhan & Jean			34.11
39 Sandra Delaney			34.23
40 Jason & Katrina			34.29
41 Delany & Curry	GEN	M13	35.09
42 C, D & E. Tunney			37.12
43 Smith family			40.17
44 B, M & S. Thomas			42.01
45 Emma Glennon			42.34
46 Fines (?)			50.05
47 Noreen Doherty	GEN	W50	50.23
48 Scouts			51.55
49 Graham Neary			58.00
50 D.McKiernan			63.26

D, O & M. Curran punched no controls; A. Bell DNF; Peter Noble missed no 5; Ruairi, Darlon (?) Thorpe & Paul King (?) mispunched no 3.

60 minute Score event results

1	Richard Kavanagh	CorkO	M21	385-40=345
2	Jerry Gray	3ROC	M45	290
3	Carmel Carey	3ROC	W21	280
4	Enda Hume	FermO	M45	275
	S.Murray	SET	M45	275
6	Eoghan OS illeabh in	3ROC	M45	255
6	Brian Hollinshead	3ROC	M55	250
7	Frank Hanlon	OBAC	M19	200
8	Donal Wickham	AJAX	M21	215-30=185
	Aine n Sh illeabh in	3ROC	W40	245-60=185
10	N.OColm in	GEN	W13	220-40=180
11	Donncha Marron	3ROC	M15	135
12	J & A. Cooke	GEN		125
13	Diana Large	GEN	W55	200-100=100
14	Arthur Green	SET	M21	250-670=-520
DNF	Vincent Delany	GEN	Didn t punch last control.	

Max points 460. Penalty 10 points per minute or part minute over 60 minutes.

Thanks to the helpers: Jean Mullen, both families of Butlers, Brian Hollinshead, Nora Lee, Nigel Campbell-Crawford, Emma Glanville, Aine ni Shuilleabhain, Vera Murtagh, Carmel & Ken Carey (and Mick Kellett for taking in a control for us!).

Lost property: Mary Dunne lost a pair of glasses. If anyone found them please contact her at 566269. A compass was found after the night event. The owner can claim it from John McCullough (8378819).

(1) upper cliff, 4 m, top; (2) re-entrant, deep, lower part; (3) N-most knoll, overgrown, 1.5 m, SW side; (4) middlemost gully, rocky, lower part, manned control; (5) SE-most boulder, 3 m, W side; (6) lower hill, sandy, 4x5 m, W foot; (7) embankment foot, drinks; (8) E-most boulder field, SE part; (9) NW-most clearing, marshy, NE-tip; (10) S-most small depression, shallow, 3x3 m; (11) dry ditch bend; (12) rocky rib, upper part; (13) stream/fence crossing; (14) W-most ruin, SE-corner, outside; (15) between the boulders; (16) middlemost spur, rocky, NW foot; (17) N-most pond, 4x5 m, E-edge; (18) W-most single tree, deciduous, W-side; (19) thicket, NE side; (20) W-most wall, ruined, E-end, radio control; funnel to finish, 230 m. See? Easy!

RESULTS OF GEN EVENT, CORKAGH PARK, CO. DUBLIN
16 JANUARY 1994

Green course results (5.5 km)

Name	Class	Club	Time
B. O'Brien	M21	3ROC	26.24
T O'Gorman	M21	CNOC	30.44
J. McCullough	M35	3ROC	30.46
Alan Cox	M21	3ROC	31.42
Brian Bell	M35	GEN	32.53
M. Davey	M19	DUO	33.02
R. Kavanagh	M21	CORKO	33.30
J. Kohler	M15	WO	33.23
M O'Keefe	M21	FIN	34.26
W. Young	M40	CNOC	34.45
G. Byrne	M45	CNOC	34.40
M. Shortt	M21	UCDO	35.15
Colm Brennan			36.11
M. Cormack	M21	CNOC	36.48
J. Colclough	M21	CNOC	37.08
Gordon Elliot	M21	3ROC	37.10
J. Bell	M15	GEN	37.58
Barry Twohig	M21	160 Sc	38.09
D. O' Murchu	M40	CNOC	38.14
A. Tucker	M35		38.32
P. Behan	M15	DLSO	39.27
M. Moloney			39.34
Miroslav Kohler	M17	WO	39.45
David Brooks	M50	3ROC	40.09
E. Glanville	W21	3ROC	40.44
Miriam Ni Coitir	W21	CORKO	40.54
D. Hickey	M35	ECO	41.12
Richard O' Gorman	M19		41.18
N. Carroll	M50	GEN	41.22
C. Dunlop	M55	SET	41.56
S. Murray	M45	SET	42.09
J. Watt	W40	GEN	42.11
A. Keyes	M35	GEN	42.27
Pat Donlon	M35	SET	42.43
D. O' Colmain	M45	GEN	43.21
M. Butler	M50	3ROC	43.48
Pat Conroy			44.34

Green course results (5.5 km)

Name	Class	Club	Time
U. O' Colmain	W15	GEN	45.27
F. Flood	M35	FIN	45.40
Alan O' Rourke	M15	DLSO/3I	46.37
Michael O' Shea			46.40
Olwyn Menzies	W15	STANO	46.42
Ruth Lynam	W40	CNOC	47.23
Kevin Grogan	M35	CNOC	47.23
Jeremy Leonard	M21	DUO	47.56
Don Short	M35	CNOC	48.14
H. White	M50	3ROC	48.41
I. Coughlan			48.46
C. O' Mara	M35	3ROC	50.00
J. Lynam	M70	3ROC	50.06
J. Murphy	M21	GEN	51.46
Gre Power	W40	3ROC	53.26
J. Hughes	M45	CNOC	53.47
G. Murphy			55.30
B. Hollinshead	M55	3ROC	55.56
David Watt	M45	GEN	56.04
O. McKnight	W35		56.46
R. Dorrepaal	M35	Aritech	57.25
R. Gallagher			58.40
P. Dempsey	M55	GEN	58.55
Peter Mc ?			61.58
S. Higgins	M15	DLSO	63.35
Maura Higgins	W50	SET	64.31
E. Hume	M45	FERMO	66.55
Denis Griffin			68.52
Niall Hamilton			68.52
Sara Odriozola		St. And	72.53
Suzy Freeman			72.55
D. Freeman			73.10
E. Odriozola		St. And	73.15
I. Odriozola			73.17
Susan Cronin			75.33
Brian Kearney			76.40
C. O' Sullivan		GEN	78.10

Red course results (3.5 km)

Name	Class	Time	Club
B. Marchant	M17	20.48	WO
R O Colmáin	M11	21.34	GEN
G. Reynolds	M21	21.52	ECO
David Wilson	M17	22.45	WO
N. O'Colmain	W13	24.2	GEN
C. Connbrey	M17	25.06	WO
Ines Herscher	-	26.00	-
L. C-Crawford	M13	27.07	3ROC
Janice Carey	W17	27.27	WO
B. Howard		28.06	CNOC
? Bohan	-	28.19	ECO
David McAuley		28.22	DUO
Gail McElroy	W21	30.00	DUO
Mick Walsh	M21	30.35	ECO
S. Devlin	M8	31.12	
Jeffrey	M12	31.24	
Thomas & Una		31.54	
N. Donaghy		31.54	Deansrath
Marcus Byrne	M17	33.14	CNOC
Garry Byrne	M21	33.29	CNOC
P. Bell	M10	34.50	GEN
A. Bell	M10	34.50	GEN
D. Bell	W10	35.19	GEN
K. &T. Bell		35.32	GEN
C. White	W12	35.43	
M. O' Colmain	W40	37.41	GEN
J. Butler	W15	38.15	3ROC
P.Ryan	M40	39.10	GEN
G. Butler	M13	39.39	3ROC
A. Butler	W40	40.20	3ROC
Wilkins	W11	40.41	Sanroc
E. Molumby	W21	40.54	GEN
F. & B O' Neill		42.24	
Lalor		45.14	
Scott		46.45	
C. O' Neill		48.30	

Red course results (3.5 km)

Name	Class	Time	Club
Noel &Claire Scott		48.45	
J. O' Rourke		48.45	
Raymond Garret		50.35	
Donal O' Brien	M13	50.39	DLSO
Marita McCormack		50.51	CNOC
Ultyn O'Brien	M11	51.00	DLSO
N. Lee	W21	51.50	3ROC
M. O'Callaghan		52.22	
W. Nugent		53.03	
M. Friel	W9	53.15	
Ellen		55.57	
Elaine	W13	58.13	
Leona & Lisa		58.41	
Jean Mullen	W60	60.24	3ROC
C. Lynam	M10	60.34	3ROC
Robert Higgins		62.04	
Robert Boyle		62.04	
Alan Buckley		62.04	
Neil Butler		78.02	
Veronica		80.45	
Barry Greene	M13	92.04	DLSO
Patrick McCabe		94.21	
Gregory Lawlor	M13	94.33	Deansrath
Aine ni Shuilleabhain		DNF	
E O'Suilleabhain		DNF	
Peter Hayes		DNF	

Green course results (5.5 km)

Name	Class	Club	Time
Jill Haslett	W13	SET	81.04
C. Henehan			81.04
Vera Murtagh	W50	3ROC	84.55
Keith Farrell			96.33
Pamela			96.35
Marian Mullins			96.37
N . Campbell-Crawf			DNF

Results of Setanta event at Hellfire Woods, Rathfarnham on 13 February 1994

LONG NORWEGIAN (6.6km)

1	S O'BOYLE	M35	CNOC	57:09
2	J deLACY	M40	ECO	63:42
3	B. BELL	M40	GEN	66:23
4	K McDONALD	M35	ECO	68:47
5	G BRADY	M35	3ROC	69:30
6	DAMIEN CASHIN	M35	AJAX	70:47
7	J WATT	W40	GEN	79:00
8	P GARGAN	M40	AJAX	79:51
9	A KEYES	M35		85:26
10	R GARRETT	M40	3ROC	87:33
11	RUTH LYNAM	W40	CNOC	90:43
12	G BYRNE	M45	CNOC	91:30
13	LEO DONOVAN	M21	AJAX	93:53
14	MARY HEALY	W35	GEN	96:53
15	GORDON ELLIOT	M21	3ROC	98:29
16	T KEEGAN	M21	3ROC	101:30
17	D SHORT	M35	CNOC	102:38
18	B LAWLESS			102:49
19	S MURRAY	M45	SET	103:19
20	KEVIN GROGAN	M35	CNOC	123:27
21	K CAREY	M35	3ROC	123:51
22	RUDIE DORREPAAL		SET	131:08
23	G TURBBELT	M40	ECO	145:56
24	L CONVERY	M55	3ROC	172:05
25	P McKAY			182:46
26	M KELLY		Clogher	183:09
27	T KENNEDY		Clogher	183:46
28	M MULLIN		Clogher	184:09
29	E DELAHUNTY	M50	GEN	201:27
30	M DELAHUNTY	W45		201:27
	G DOHERTY	M21		DNP 10-16
	P LALOR	M50	CNOC	DNP 10-13
	P BRENNAN	M21	SET	DNP 13-16
	P SPILLANE	M35	CNOC	DNF
	I O'HANLON	W40	C DAC	DNF
	J H INGLIS	M35	GEN	DNF

SHORT NORWEGIAN (3.4KM)

1	B McGRATH	M45	3ROC	51:03
2	S CAHILL	M21		57:22
3	D CARBERY	M40	CNOC	59:37
4	N BUTTERFIELD	M21	GEN	60:53
5	J BRUTON	M21		65:29
6	R O'GORMAN	M19		66:29
7	F McCORMACK	M55	CNOC	67:00
8	A BONAR LAW	M60	GEN	68:02
9	K McCANN	M15	GEN	68:09
10	S KULLDORFF	M65	SET	68:47
11	G BUTLER	M13	3ROC	70:34
12	J CORKERY	M17		70:45
13	L ARMSTRONG		7FAR	72:04
14	J FRANCIS	M35	7FAR	77:13
15	P DONLON	M35	SET	77:35
16	M BEARY	M35	ECO	78:43
17	J LYNAM	M70	3ROC	81:32
18	N KERNAN		7FAR	84:15
19	A SUILLEABHAN	W40	3ROC	87:46
20	L O?	M13	NYC	90:45
21	MICHAEL + PADDY	M13		91:48
22	G BRENNAN		11th	92:14
23	J GRAY	M45	3ROC	92:29
24	B DOHERTY	M50	GEN	93:52
25	R RIGNEY	M21	CNOC	94:38
26	S DEVLIN	M8		97:05
27	T TALBOT			101:52
28	MADDEN			105:00
29	P WOODS		7FAR	107:26
30	M BUTLER	M50	3ROC	110:50
31	A BUTLER	W40	3ROC	110:50
32	D KEATING		11th	113:20
33	M HUGHES		O Now	118:16
34	P BARTLETT		O Now	118:20
35	G KEARNS			132:14
36	C O'SULLIVAN			132:20
37	D MORRELL			132:20
38	T FIELDS			141:15
39	S DALY	M15	ECO	142:30
40	S O h EAFA			143:04
41	P MELLON	M15	ECO	143:08
42	G REDMOND	M15	ECO	143;09
43	M TONER	M15	ECO	144:59
44	C D'ARCY	M17	ECO	145:30
45	P WOODS		7FAR	148:39
46	F KEOGH			1:
47	L KEOGH			1:
48	J KEOGH			1:
49	D COSGROVE			1:
	B NORTON	M55	3ROC	D
	A deLACY	M15	ECO	D
	M KAVANAGH	M40		D
	V MURTAGH	W50	3ROC	
	P DEMPSEY	M55	GEN	
	D FARRELLY	M13	DLSO	
	J McCAGNEY	M13	DLSO	
	E CAREY	M16	3ROC	
	B O'GRADY		NYC	
	L LASSALA		NYC	
	N TALBOT		7FAR	
	PAUL ?		NYC	
	T O GORMAN	M21	CNOC	
	S HEAPS		7FAR	
	C SHAW		7FAR	

SCORE (Time Allowed 50 mins 15 controls MPS 430pts)

				Time Penalty	Score	TOTAL
1	D O'COLMAIN	M45	GEN	0	370	370
2	B DOLAN	M21		20	350	330
3	R FLYNN	M50	SET	0	320	320
4	D BROOKS	M50	3ROC	0	310	310
5	J LALOR	M40	GEN	20	330	310
6	N CORMACK	M21	CNOC	60	360	300
7	B O'CONNOR	M21	AJAX	90	390	300
8	E O SUILLUBHAIN	M45	3ROC	0	290	290
9	U O'COLMAIN	W15	GEN	0	270	270
10	G BYRNE	M21	CNOC	80	350	270
11	N O'COLMAIN	W15	GEN	0	260	260
12	B HOLLINSHEAD	M55	3ROC	10	270	260
13	R CARBERY	M15	CNOC	30	270	240
14	L CRAWFORD	M13	3ROC	0	220	220
15	J RYAN	M15	DLSO	20	230	210
16	J MURPHY	M21	GEN	0	200	200
17	M DONLON	M10	SET	10	200	190
18	V DEVANY	M45	GEN	20	210	190
19	G O'BRIEN			10	190	180
20	A+M BYRNE			20	200	180
21	B CRAWFORD	M9	3ROC	0	170	170
22	D BALLESTY	M21	IND	0	170	170
23	R O'COLMAIN	M13	GEN	0	170	170
24	P O CLEIRIGH	W21	CNOC	10	180	170
25	J BYRNE			0	160	160
26	CONROY			0	160	160
27	G OWENS			30	190	160
28	M BARRY		AnOige	30	190	160
29	R NYDEGGEL			30	190	160
30	L McGUINNESS		AnOige	30	190	160
31	C DUNNE	M15	StanO	0	150	150
32	S KING	M21		10	160	150
33	J BROOKS	W21	3ROC	10	160	150
34	C + J McCLWAIN	W21	UCD	100	250	150
35	W McDONALD	M15	ECO	0	140	140
36	E BUTLER	W15	CNOC	0	140	140
37	S BUTLER	W45	CNOC	0	140	140
38	DOOLAN		SET	0	140	140
39	S HIGGINS	M15	DLSO	30	170	140
40	D MARRON	M15	DLSO	30	170	140
41	A FARRELLY		DLSO	150	290	140
42	S BUTLER	W11	CNOC	10	140	130
43	D BUTLER	M45	CNOC	10	140	130
44	O DRIOZOLA		Cervantes	30	160	130
45	J FITZGERALD			50	180	130
46	J HUGHES	M45	CNOC	300	430	130
47	A SHERIDAN	W21	GEN	0	120	120
48	N LALOR	W10	GEN	0	120	120
49	C WALSH	W50	3ROC	40	160	120
50	A HIGGINS	W21	O Now	50	170	120
51	J McGRATH	M11	3ROC	30	140	110
52	R McGRATH	W10	3ROC	50	160	110
53	D HEALY	M11	GEN	0	100	100
54	B GREENE	M13	DLSO	0	100	100
55	B CAREY	W11	3ROC	0	100	100
56	C CARROLL	M60	3ROC	110	210	100
57	C CASHIN		AJAX	50	140	90
58	G FITZGERALD			60	150	90
59	R SHORT	M4	CNOC	0	80	80
60	D HUGHES	M21	CNOC	330	410	80
61	A BELL	M10	GEN	0	60	60
62	E DONLON	W10	SET	0	60	60
63	E MURRAY			130	180	50
64	J DOYLE			80	120	40
65	M O'COLMAIN	W40	GEN	80	100	20
66	C+C BUTLER	W9+17	CNOC	70	80	10
67	D Ni CHOILEAIN			70	80	10
68	N O'BOYLE	W10	CNOC	120	120	0
69	E O'GORMAN			110	80	-30
70	M BEARY	W35	ECO	150	120	-30
71	MULKERRINS			170	140	-30
72	L McKEON	W6	FIN	160	120	-40
73	M HUGHES	W11	CNOC	180	140	-40
74	C DOYLE	M15	DLSO	190	150	-40
75	D HUGHES	W40	CNOC	190	140	-50
76	M McKEON	W5	FIN	180	120	-60
77	N DOHERTY	W50	GEN	210	100	-110
78	ROEBUCK			310	140	-170
79	ROEBUCK			320	140	-180
80	P O,HARA	M13	AJAX	380	180	-200
81	K O,HARA	M13	AJAX	400	180	-220
82	M O'HARA	M10	AJAX	400	180	-220
83	N DUNNE	M13		770	430	-340
84	SMITH			630	170	-460
85	J HIG?			740	120	-620
86	C CONNOLLY			880	250	-630
87	M DELANY	M13	GEN	730	40	-690
88	D HENDRICK			1190	410	-780
89	I HENDRICK			1190	410	-780
	A + M BYRNE					DNF
	N BROOKS	M15	StanO			DNF
	P HAYES	M13	DLSO			DNF

ORIENTEERING FIXTURES

March

12	**LEINSTER CHAMPIONSHIPS**	**Glencree**, Co. Wicklow. GEN (C2) GR O 17 14.
13	**CRONYBYRNE**	Rathdrum, Co. Wicklow. AJAX (C3). GR T 19 92.
13	**KNOCKREER/ROSS ISLAND**	Killarney, Co. Kerry. (LE) Kerry Orienteers. GR V 95 91.
19	**KILSHEELAN**	Co. Tipperary. National Scouts Champs. WatO. GR S 27 22.
19-20	***BRITISH CHAMPIONSHIPS***	Goodwood, West Sussex.
20	**BALLINACOURTY**	Aherlow, Co. Tipperary. Cork O ML2. GR R 86 30.
20	**CLARA**	Laragh, Co. Wicklow. 3ROC (C4) LL10. GR T 16 93.
26	**CONNACHT CHAMPIONSHIPS**	**Cornamona** , Co. Galway. PXN. GR L 97 52.
27	**INTERPROVINCIAL CHAMPIONSHIPS**	**Cornamona** , Co. Galway. Entries to J&M Walshe, Moneymore East, Oranmore, Co. Galway. cd 18/3/94.
27	CANCELLED	(Hollywood, Co. Wicklow. CNOC event has been cancelled.)

April

1-4	***JAN KJELLSTROM TROPHY***	Hereford. Two-day individual & Relays.
3	**ROSSBEIGH**	Glenbeigh, Co. Kerry. Kerry O ML3. GR V 65 92.
4	**PHOENIX PARK**	Dublin. 3ROC (LE) GR O 09 34.
10	**GALTY WOOD**	Kilbehenny, Co. Limerick. SO ML4. GR R 88 18.
10	**MULLAGHMEEN**	Co. Westmeath, near Oldcastle. SET (C4) GR N 47 78.
16	**GARVAGH**	Co. Derry. NI Series 2. NWOC. GR C 83 15.
16	**TRAMORE**	Co. Waterford. Sprint event. GR S 59 01.
17	**MUNSTER CHAMPIONSHIPS**	**Mahon Falls**, Kilmacthomas, Co. Waterford. WatO. GR S 30 06. Entry form enclosed.
23	**GOSFORD**	Markethill, Co. Armagh. LVO club event. GR H 97 40.
24	**BROCKAGH**	Laragh, Co. Wicklow. FIN (C4) LL11. GR T 12 97.
24	**MUCKROSS**	Killarney, Co. Kerry. (LE) Kerry Orienteers. GR V 97 85.
24	**ROSSADREHID**	Aherlow, Co. Tipperary. BVOC ML5. GR R 93 56.
30	**IRISH CHAMPIONSHIPS**	**Burren** , near Florencecourt, Co. Fermanagh. FERMO. GR H 07 35. cd 14/4/94. Entries to Gerry Kingston, Cranagh, Croaghrim, Florencecourt, Co. Fermanagh BT92 1BJ.

May

1	**IRISH RELAY CHAMPIONSHIPS**	**Burren** , near Florencecourt, Co. Fermanagh. FERMO.
8	**GLENBOWER WOOD**	Castlemartyr, Co. Cork. CorkO intro event. GR W 99 77.
8	**RAVEN'S ROCK**	Curtlestown, Glencree, Co. Wicklow. AJAX LL12. (C4) GR O 18 17.
10	DONADEA	Clane, Co. Kildare. CNOC evening event. GR N 84 33.
14	**SLIEVE CROOB**	Ballinahinch, Co. Down. LVO club event. GR J 32 47.
15	**COUMSHINGAUN**	Comeraghs, Co. Waterford. WatO ML6. GR S 33 10.
15	**INCH**	Dingle peninsula, Co. Kerry. (LE) Kerry O. GR Q 65 01.
17	CURRAGH	Co. Kildare. CNOC evening event. GR N 78 12
22	**FARRAN WOOD**	Ovens, Co. Cork. Cork O introductory event. GR W 49 71.
22	**TROOPERSTOWN**	Laragh, Co. Wicklow. GEN Leinster League final. GR T 1697.
24	WOODENBOLEY	Hollywood, Co. Wicklow. CNOC evening event. GR N 93 10.
25	**BALLYSCANLON**	Fenor, Co. Waterford. WatO (LE) GR S 55 02.
28-29	COMERAGH MOUNTAIN CHALLENGE	Two-day mountain marathon.
28	***SCOTTISH CHAMPIONSHIPS***	& National Event 5. Creag Mhic Chailein, Connell, near Oban.
29	***SCOTTISH RELAY CHAMPIONSHIPS***	Airds Park, Connell, Oban. Details in News pages.
31	DONADEA	Clane, Co. Kildare. CNOC evening event. GR N 84 33.
31	**FARRAN WOOD**	Ovens, Co. Cork. Cork O IFL1. 17.30-19.30. GR W 49 71.

June

4	**IRISH TWO-DAY**	**Slieve Martin**, Rostrevor, Co. Down. NI series 3. LVO. GR J 19 16. cd 15/5/94. Details in News pages.
5	**IRISH TWO-DAY**	**Carlingford Mountain**, Co. Louth. GR J 15 13. 3ROC.
7	**GLENBOWER WOOD**	Castlemartyr, Co. Cork. CorkO IFL2. GR W 99 77.
7	KYLEBEG WOOD	Stradbally, Co. Laois. CNOC evening event. GR S 59 95.
11	**GOSFORD**	Markethill, Co. Armagh. LVO Come & Try It. GR H 97 40.
12	**CULLENAGH**	Dunmanway, Co. Cork. FUCCO (C3). GR W 14 54.
14	**BALLINCOLLIG PARK**	Co. Cork. Cork O IFL3. GR W 59 71.
14	CURRAGH	Co. Kildare. CNOC evening event. GR N 78 12.
18	**BURREN WOOD**	Co. Fermanagh. NI series 4. FermO.
21	**CURRABINNY WOOD**	Carrigaline, Co. Cork. Cork O IFL 4. GR W 79 62.
21	HOLLYWOOD	Co. Wicklow. CNOC Midsummer event & BBQ. GR N 94 06.
25	**PORTSTEWART**	Co. Derry. NI Series 5. Score event. NWOC. GR C 80 36.
25	**TOLLYMORE**	Newcastle, Co. Down. LVO Come & Try It event. GR J 35 32.
28	**ROSTELLAN**	Midleton, Co. Cork. Cork O IFL 5. GR W 87 66.

July

5	**WARRENSCOURT WOOD**	Kilmurry, Co. Cork. Cork O IFL 6. GR W 38 67.
10	**CASTLEFREKE**	Roscarbery, Co. Cork. LeeO event. GR W 32 35.
12	**KILBRITTAIN WOOD**	Bandon, Co. Cork. Cork O IFL 7. GR W 52 47.
19	**CURRAGH WOOD**	Midleton, Co. Cork. Cork O IFL 8. GR W 86 76.
22-24	**SHAMROCK O-RINGEN**	**Ballingeary**, Co. Cork & **Loo Bridge** , Co. Kerry. Details: Bernard & Margaret Creedon, Tavio, Mount Prospect, Douglas, Co. Cork (021-361824, fax 021-361825). cd 8/7/94. Entry form enclosed.
26	**GARRETTSTOWN**	Kinsale, Co. Cork. (LE) IFL 9. Cork O. GR W 58 44.

August

1-5	**VETERAN WORLD CUP**	Aviemore, Scotland. Open to all over 35. Entries to VWC 94, PO Box No. 1, Nairn, Scotland IV12 4UE. cd 30/4/94.

September

4	IRISH ORIENTEER TROPHY FINAL	Venue to be announced.
10	**SLIEVE CROOB**	Ballinahinch, Co. Down. LVO. NI series 6. GR J 32 47.
11	**BALLYSCANLAN**	Tramore, Co. Waterford. GR S 55 02.
11	**CURRABINNY**	Carrigaline, Co. Cork. Cork O (LE). GR W 79 62.
18	**BALLINCOLLIG**	Co. Cork. Cork O (LE). GR W 59 71.
24	**N.I. CHAMPIONSHIPS**	**Banagher**, Co. Derry. NWOC. GR C 69 04.
25	**N.I. RELAY CHAMPIONSHIPS**	**Gortin** , Co. Tyrone. FermO. GR H 49 83.
25	**BALLYCONNEELY**	Dungarvan, Co. Waterford. SEL. WatO (C4). X 21 97.

CROCL= Connacht Regional O-Council League; SS = Spring Series; SEL= South East League; LL= Leinster League; ML= Munster League; NI=Northern Ireland Series; IFL=inter-firm league (start times 17.30-19.30 hrs.); GR=Ordnance Survey grid reference (explained on all OS maps), cd=closing date for entries.

Event Grades: C1= Internationals & Irish Championships; C2= Regional & Interprovincial Championships, Irish 2-Day & Shamrock O-Ringen; C3= Grade 1 events; C4= Open events (including colour-coded events); LE= Local or Grade 3 events. IOA fixtures in bold type have been registered and are covered by IOA insurance.

Latest Fixtures Information on 01-4569099 (24 hours).