The Irish Orienteer

No. 43 OCTOBER - NOVEMBER 1989 £1.00

The Irish Orienteer

No. 43 OCTOBER - NOVEMBER 1989 ISSN 0790-1194

The Irish Orienteer is published at two-monthly intervals and is available through all Irish orienteering clubs' secretaries. All material concerning orienteering will be gratefully received by the editor, John McCullough, 9 Arran Road, Drumcondra, Dublin 9.

The opinions expressed in *The Irish Orienteer* are not necessarily those of the editor or of any orienteering organisation. While every effort is made to ensure the accuracy of the information contained in *The Irish Orienteer* no responsibility can be accepted for errors or omissions, or for their consequences.

The copy dates for the forthcoming issues are:

No. 44	December - January 1990	19 November
No. 45	February - March 1990	21 January
No. 46	April - May 1990	25 March

For further information on orienteering contact The Irish Orienteering Association, 38 The Glen, Woodpark, Ballinteer, Dublin 16.

COVER PHOTO: A fee of IR£10.00 is paid to the supplier of the cover photograph if it is received in printable form: black-and -white prints of about 10"x8".

RESULTS: A charge of IR£6.00 per page is made towards the publication of event results. This amount is based on the results being submitted in a form suitable for reproduction and is calculated on the number of pages sent in, not the number which finally appear in print. So please tidy up the presentation of results before sending them in. Typed originals or good photocopies are preferable, but remember that each page is reduced to about 2/3 its original size in printing.

FIXTURES: The fixtures list is the most recent available when going to press. Experience has shown, however, that changes do occur, and often at short notice. It is wise, therefore, to verify that the event is going ahead as advertised by checking the 'Weekend Sports Diary' in the newspapers or contacting the organising club.

Where possible an Ordnance Survey Grid Reference is given for each area. If pre-entry is required it is normally indicated in the event information. Event start times are generally between 11.00 am and 1.00 pm: do not expect to be allowed to start after this, unless otherwise stated.

SUBSCRIPTIONS: Individual subscriptions at IR£6.50 per annum (six issues), or more cheaply through your club.

Entry form distribution with *TIO* is free. Please supply at least 550 copies.

ADVERTISING RATES: Full page £40, half £25, quarter £15. Reductions for multiple insertions and for orienteering advertisements.

COVER: That's the stile: Diana Large (GEN) at the IOC Relays at Rockmarshall, Co. Louth. (Photo by J. McCullough).

LETTERS

9 Kamleh Close,
Milltown,
Dublin 6.

9 October 1989.

Dear John,

I wish to comment on the lack of prizes for juniors at the Leinster Championships in Glendalough. Many M and W 10's and 11's were very disappointed. The Regional Championships are the only chance many youngsters have of collecting trophies, which are very important to M/W 10's and 11's.

These children have often spent many days hanging around events while their parents compete and help. At 10 and 11 they still have to travel with their parents. If we want them to continue coming with us, let's encourage them. At the Shamrock 3-Day event every junior who finished got a small memento: why not more of that and fewer prizes for the M21A's?

"Mol an óige agus tiochfaidh sí".

Yours sincerely,

Maura Thornhill,
GEN.

WORLD ORIENTEERING CHAMPIONSHIPS 1989

August 15-20

MONDAY

Hotel Billingehus, Skovde, Sweden

The Irish team met up in time for a late dinner before proceeding to registration to receive their dog tags. We were one of twenty-six nations competing in the thirteenth and biggest yet World Orienteering Championships. This event was last held in Sweden back in 1968, before orienteering was even introduced to Ireland - I think! The week was to consist of an individual model race, qualification race, B-final, individual final, relay model race and finally the relay itself. We were being accomodated in chalets ten minutes walk from the hotel where most of the other teams were staying. This arrangemment was considerably cheaper and suited our needs admirably. It was also ideal for our supporters and hangers-on. The telephone kiosk-like convienences in the garden tended to be overlooked in favour of thr hotel's facilities. The *Stress-Off Centre*, aptly named, was to become our relaxation headquaters for the week, it housing showers, swimming pool, jacuzzi and saunas. They also provided an early morning free ankle strapping session, applied by a tall blonde swedish doctor, favoured by the females.

TUESDAY

AM: Individual model event. A more runnable wood will be hard to find. However this area reflected little on the terrain of the qualification race. We concentrated on familiarizing ourselves with vegetation changes, control site detail and other features.

PM: Following two dinners within the space of three hours (fortunately not to be repeated during the week), we dressed up in our green outfits for the opening parade and cermony. It was good to see the Irish in team gear despite the initial clash in fashion tastes. The opening cermony was generally entertaining unlike previous years. The traditional dancing was kept to a minimum, the speeches short, the motorcycle group spectacular as they performed dare-devil acts, the band that played their trumpets right into our faces and the parachute jump that never was due to the windy conditions.

WEDNESDAY

0545 morning call for the first runners. Even earlier for those who had personal appointments with the doctor for ankle taping. Breakfast; collect packed lunches; 0700 police escort departure. The nervous tension was reflected in the rapid queue formation outside the cubicles at the warm-up area. Pat Healy and Brendan Delaney, our accompanying team officials nursed and fussed to ensure everything ran smoothly for their charges. A

-3 minute pre-start was too much time in which to try and forget that this was a world championship race. But once underway it became just another o-race. The orienteering was technically not too difficult with corrective features beyond the control sites. Physically it was relatively tough but non the less runnable. There were paths galore although the opportunity to use them did not often arise. The planner's objective was to have courses in an area suitable to all nations not just the nordic countries. The planning was excellent and route choice became the key to success. There was route choice every step of the way. This, combined with the speed of ones legs, determined the winning times. And the times were fast: men 66min. for over11km, women 49 and 54min for over 7km.

The qualification races consisted of two parallel races with the top twenty-five from each to qualify. Countries with no qualifiers in the top fifty would see their top placed runner through. Orla Cooke was the first Irish person to qualify on her own merits. Steven Linton was the highest placed man hence secured himself a place in the final too.

THURSDAY

While Orla and Steven set off on a training session the rest of our gang headed off to the B-final. Eileen, first out in the woods was also first to finish. For a brief moment in the womens race we had Eileen, Deirdre and Caitriona as 1,2,3, on the results board. But the moment was short lived. It was Hungary's Reka Toth who topped the board eventually 7.2km in 62.19min with Eileen ninth.

In the mens race we were kept informed over the loudspeaker of early runner, Bill Edwards performance. A good run saw him placed fourteenth, best of the Irish.

The B-final was run on the same map as the qualification race. In the latter sections of the course the wood was also occupied by many other orienteers. They were participating in one of the six public races held throughout the course of the week.

FRIDAY

AM: Individual final. A huge crowd gave the competition centre a carnival-like atmosphere. Even the heavy downpours did not scatter the cheering crowds. Orla finished strongly in a time of 88.10 for 9.7km following a generally steady, error-free run. Her final placement was forty second. But it was Marita Skogum, one of the favourites, who took the title, making it five in a row for Sweden. 1987's winner Arja Hannus was only placed eight. Jana Galikova (Chek) improved on her bronze medal in France to become runner-up. Alida Abola became the first Russian to win a WM medal, taking the bronze, although the USSR reserve member Ede Ymarik had won the student WM last year.

Steven Linton ran steadily recording 146.22 on the long 17+km mens course. A result that would be well merited in Ireland over such a distance, saw him placed fifty fourth. Petter Thoreson of Norway came home in

96.16 to take the title from Sweden's Kent Olsson by over three minutes. Havard Tveite, also of Norway, came third.
Comparable to the previous few days, the finals also had considerable route choice with a great variety of terrain. Like the other races, the planner showed he was not afraid to bring competitors through green areas. It was the final few legs that took its toll on the not so fit as it became rough, hilly and physically demanding. The TV cameras in the woods picked it up very well, Marita Skogum maintaining a nice pace throughout while other runners floundered. It was particularly noticeable with the men after such a distance.

PM: The nights banquet was the only organised social event of the week, there being nothing the final night except the homeward journey. This night we had our second confrontation with Swedish drinking laws and nearly had drink confiscated. This we overcame by non-ethical Swedish methods. Pat Healy's voice resounded around the hall during the later hours. The next morning (or afternoon) the non too unusual remark was overheard that "The Irish entertained us all."

SATURDAY
Saturday started somewhere in the middle of the last paragraph. But the real Saturday got off to a painful start with a rude awakening from "Mr. Alouette" himself for the relay model race. And it was not nice. Lots of green, rough in places and many non-runnable areas. Not a very exciting prospect for the following day.
Then back to bed and an extended stressing off session.

SUNDAY
Relay Race.The Swedes showed us what we already know - that relays do not need to be held on large areas. But the courses were not short. Distances were similar to those of the qualification races as were the times. This year the organisers introduced a ruling whereby the first three runners of the four member team had to be in by a certain time to allow for the fourth leg to run.This put pressure on us as they were not generous with their time allowance. Nontheless both our final legs got away in time - after Sweden and Norway had already clinched the womens and mens titles respectively. There was also a time limit on the overall finishing time of which we were not aware. Probably just as well. However it was confusing to discover through the national papers that our ladies team had been disqualified, along with four other teams. Had it been one of our runners? In actual fact we had been outside the limit by a few minutes. But best to disregard that detail as it did not effect the result - we finished sixteenth out of twenty teams. The men finished 21st, twenty five teams ran. Unlike the model race the terrain was runnable, with not so much green but there were some sections of rough open, avoided where possible.

OVERVIEW
Varied interesting terrain; excellent planning, maps and organisation; poor distribution of results and nil after the relay; socially lacking and not having a final bash was a major hindsight and very much an anti-climax; stress-off center was paradise; food uninteresting; beverages laws incomprehensible.

On the Irish front: generally reasonable performances, satisfactory results; great to see us with team suits and tracksuits despite having to fork out ourselves; very good team spirit and good managers.Our thanks to Pat Healy, Brendan Delaney and also Wally Young. Money- the everlasting problem but a full breakdown of distribution of funds is requested. And a final thanks to all our suppourters from Ireland,Sweden and Norway.

Deirdre Ní Challanáin

EOIN ROTHERY

As reported in *TIO* 42 Eoin Rothery and Deirdre Lewis, two AJAX stalwarts, have left to seek their fortune in Australia. Eoin has been orienteering since the start of the sport in Ireland, starting as a lanky red-headed fourteen year old schoolboy and soon beating the senior men.

Often controversial, whether you liked Eoin or not you couldn't ignore him. He has been a tireless worker for orienteering right through Irish Orienteers, Dublin University Orienteers, Three Rock and AJAX, a club of which he was a founder member in 1978. Eoin served as IOA Fixtures Secretary, PRO and Environmental Officer as well as on club and regional committees and as an Irish selector.

My first brush with orienteering training was a vision of Eoin running in the snow in the quarries above Barnacullia about 1970, little thinking that a few years later I'd be at the same caper myself. He has been a prodigious mapper, pushing the frontiers of orienteering to Curracloe sand dunes for the '81 Irish Champs and into city parks in Dublin, and is unique in producing 'Routes', the only Irish-published book on orienteering, and was also a frequent contributor to these pages. His parting shot was a lengthy letter to CompassSport on the topic of orienteering in South Africa.

Notorious in the mid-70's for winning the Trinity Marathon against one opponent (when it was neither profitable nor popular), Eoin brought a real dedication to his orienteering and represented Ireland at World Championships in Scotland, Norway, Finland, Switzerland and Hungary.

Many of us will miss his lively and individual presence. It would be true to say that I haven't always seen eye-to-eye with Eoin but his views have been genuinely held and well argued, and he has always been prepared to listen to the opposing argument. What surprises me more is the number of times I have agreed completely with him!

May I, on behalf of Irish orienteers, wish you both the very best of luck and hope that you both return again some day. Let us hope that the problem of emigration which is afflicting Ireland, and especially orienteering clubs where so many of the most able people are to be found, will diminish in the future.

John McCullough.

MALAHIDE OFF

The UCD Orienteers event planned for their new map of Malahide Castle on November 12th has been postponed and may be replaced by Colin Dunlop and Mike Lunt's 20th Anniversary event. Keep your ears open. You'll have to postpone that visit to the model railway exhibition.

THANKS

Thanks to all those who contributed to this issue: Una Creagh, Brian Scannell, John Feenan, Deirdre Ni Challanain, Karen Convery, Brian Corbett and the various IOA officers. Maura Thornhill for her letter. Gavan Doherty for always being closest to the copy date with GEN News, and the editors of the O-newsletters from Ireland, England, Scotland and Wales who so often provide the crucial last minute items to fill up that little space.

It struck me the other day, re-reading TIO 42, that an unfortunate turn of phrase in my plea for regional correspondents may have given the impression that news from the North wasn't wanted: nothing could be further from the truth. What I was trying to say that it has been easier to get news from Leinster than from Ulster and easier to get news from Ulster than from Connaught or Munster. The Munster contributions in this issue go some way towards redressing the balance, but there's always room for more, especially since the centre of gravity of Irish orienteering is daily moving south-westwards.

WOT, STILL NO SUITS?

After the last Ward Senior Home International in Scotland the revelation that the Irish Team didn't have any O-suits provoked no response.

Can you imagine the Irish rugby team, soccer team, hockey team, athletics team ... competing internationally in their own sports gear, not in a team outfit? How can our international team be taken seriously? What of the image of the sport? Isn't it scandalous?

A team outfit should be agreed upon and bought, loaned to members to compete in or team members given the option of buying the suit.

Who will start the ball rolling?

NEW ENVIRONMENTAL OFFICER

Aubrey Flegg of Setanta Orienteers is widely tipped to be the IOA's Environmental Officer following the resignation of Eoin Rothery. Aubrey, also a geologist, will bring a wealth of experience to the job and is a very welcome addition to the IOA Executive in this area of increasing importance and prominence.

'I'll be sorry when he leaves home — he's such a damn good navigator.'

Irish Orienteering Association

IOA BULLETIN

IOA SECRETARY,
18, Orchardstown Ave.,
Rathfarnham,
Dublin 14,
26-9-'89,

1. The executive would like to welcome a new club recently formed in Cork. FORMER UCCO.
   Secretary: Tony Joyce, Lindisfarne, Bishopstown, Cork.

2. Congratulations and thanks to all the competitors, Team Managers and Selectors for their work and efforts during the recent WM '89.

3. The Irish Two Day will rotate to Northern Ireland as well as to Connacht Munster and Leinstr.

4. Clubs not registering events with the IOA fixtures Secretary (S. Cotter) will not be advertised in the official IOA fixture list.
   Event registration fees: £5 for Championship Grade 1 standard.
   £3 for non-champ. grade 1 events.
   £2 for grade 3 events,
   £0 for ungraded events,(beginner/training)

5. Events not registered are not covered by the IOA insurance scheme.

6. IOA Fixture Secretrary is setting up a 5yr plan for all Championship and Grade 1 events. Please send details to S.Cotter. IOA Fixture Sec., 41 Halldene Grove, Bishopstown, Cork City.

7. The IOA list of Grade 1 Controllers ANd Planners is being revised. Imformation from Brigid Flanagan. 38, The Glen, Woodpark, D 16.

8. The following proposals were passed at the AGM last Mar.
   (a) "At all Orienteering events organised by clubs or groups affiliated IOA that a reduced rate entry fee be charged to all members of IOA and NIOA affiliated clubs. The suggested reduction is approximately one third of the non-member rate and the reduction should apply to all categories of members; Senior. Junior, Studert, Family and Group."
   (b) "Within an agreed period (for exawmple, 28 days) following the AGM of each affiliated club or Regional Association that each affiliated club and constituent regional association be required to submit to the IOA Treasurer a copy of the accounts it presents to its own AGM."

CONGRATULATIONS TO OUR INTERNATIONAL JUNIOR TEAM MEMBERS

WARD JUNIOR TEAM 1989

	SELECTED (alphabetical order)		RESERVES (1st and 2nd as Marked)		
W13	Shiela Convery	3 ROC	(1)	Francesca Doonan	Cork O
	Ailbhe Creedon	Cork O.	(2)	Carol Hunter	NWOC
	Miriam Feehan	BVOC			
	Faye Pinker	Cork O			
M13	Finan Dooley	C . O	(1)	Conor Creedon	Cork O
	Patrick Feehan	BVOC	(2)	James Reed	FERM O
	David Hollinger	LVO			
	Shane O' Neill	DLSO			
W15	Aine Connolly	Cork O	(1)	Emma Glanville	3 ROC
	Karen Convery	3 ROC	(2)	Rachel Doonan	Cork O
	Brid Higgins	Lee O			
	Aileen Rice	AJAX			
M15	Brain Creedon	Cork O	(1)	Austin Whyte	Cork O
	Gavan Doherty	G.E.N.	(2)	Aidan Kelleher	Cork O
	John P.O' Neill	BVOC			
	Marcus Pinker	Cork O			
W17	Aine Rice	AJAX	(1)	Nuala Higgins	Lee O
	Pauline Ryan	Cork O			
	Niamh Shaw	Th O			
	Jane Wilson	LVO			
M17	John Feehan	BVOC	(1)	Andrew O' Mullane	DLSO
	Peter O' Hara	NWOC	(2)	Fergal Brennock	Cork O
	David Ryan	BVOC			
	Brian Scannell	Cork O			

SELECTORS:

Bobby Buckley (Leinster) Co-Ordinator
Sean Cotter (Munster)
Charles Reid (Northern Ireland)

The above selectors have decided upon the following selection events for the 1990 Ward Junior Teams (4th November 1990 in Scotland):-

March 1990	Connacht Champs (Sligo)
March 1990	Inter Provincial Champs (Donegal)
March 1990	Shamrock O-Ringen (W. Cork/Kerry)
May 1990	Irish Champs (Derry)
Sept. 1990	Northern Ireland Champs (Down)
Spring 1990	Leinster Champs

Juniors are expected to attend most of the above events.

Will all the selected Juniors if they have not already done so, please contact the undersigned as soon as possible to confirm availability for the Ward Junior Home International to be held over the last weekend of October 1989.

Bernard Creedon (021) 361824 (Home)
(021) 965600 (Work) Douglas

JUNIOR AFFAIRS AN APPEAL

Do you have any ideas on how to achieve higher standards (and numbers) for Irish junior orienteers? If you have any interest in this area, please contact me. The following are my priorities, not necessarily in order of importance:-

a) Increasing the numbers of juniors involved in the sport.
b) Improving the standards of all juniors.
c) Providing dramatically increased funding.
d) Enabling personal skills development of the best juniors by trips abroad etc.
e) Development of more contact between juniors - competively and socially.
f) Involving juniors more in organising and development of their sport.

To spread the work, and therefore minimise it for each individual, I would like to form a loose "committee", with very infrequent and informal meetings, to look after Junior Affairs. Communication would, in all probability, be mainly by phone. The "Committee" would include the following:

Technical - one to three people interested in stimulating and attaining correct technical standards in Irish Events etc.

Coaching - one to three people to begin the long road of novice coach to amateur coach to part-time coach to full-time coach - a function which will ultimately be critical to the realisation of the highest standards. This area of coaching is the most dramatically evident of all our deficiencies while paradoxically the key to the attainment of excellence. The achievement of a full-time coach lies realistically many years in the future. The possibilities of amateur coaching are more immediate.

Financial/-Funding - two to four people to start the ball rolling in generating increased funding for Juniors. Don't forget - the more funds generated internally, the more grants etc. available from Government etc.

Regions - one representative from each Province to co-ordinate periodically on events or trips.

Remember, this kind of "committee" may never actually meet. The aim would be for each person to "do their own thing and generally get us a further step along the development road.

I would emphasise that approaches would be welcome from all - founding fathers, juniors and people new to the sport. You will not have more work than you really wish to do thrust upon you and you will have the satisfaction of actually getting things done.

Bernard Creedon (021) 361824 Home
(021) 965600 Work

WARD SENIOR HOME INTERNATIONAL, Gortin, Co. Tyrone, 21st October 1989.

The following team has been selected to represent Ireland at this event:

M19 Laurence Doddy (3ROC), John Feehan (BVOC), Peter O'Hara (NWOC), John Scannell (Cork O), reserve Aodán ÓhUigín (Lee O).

M21 Brian Corbett (Cork O), Peter Kernan (AJAX), Steven Linton (NWOC), Justin May (3ROC), Aonghus ÓCléirigh (Curragh), reserve Bill Edwards (Cork O).

M35 Pat Healy (Curragh), Vince Joyce (3ROC), John McCullough (3ROC), Kevin O'Dwyer (SO), Wally Young (Curragh), reserve Liam O'Brien (Cork O).

W19 Rachel Burgess (3ROC), Una Creagh (3ROC), Darina Cunnane (Cork O), reserve Hilde creagh (3ROC).

W21 Eileen Loughman (Naas), Maeve McPherson (3ROC), Caitríona Nic Mhuiris (Lee O), Deirdre Ní Challanáin (AJAX), reserve Mary Curran (Cork O).

W35 Teresa Finlay (Ferm O), Monica Nowlan (3ROC), Jane Watt (GEN), reserve Mary Healy (GEN).

(Team listed alphabetically).

Course lengths are M19A 9.8km/330m, M21E 13.3km/550m, M35A 10.2km/450m; W19A 6.9km/290m, W21E 8.1km/305m, W35A 7.2km/300m.

NEW TROPHY FOR JUNIORS

MUNSTER-ULSTER JUNIOR CHALLENGE PLATE

This is a new perpetual trophy, sponsored by Water Technology Ltd. of Cork, to be awarded once per year in a run-off between the juniors (M/W 13, 15 and 17) of Munster and Ulster.

The venue this year was the Leinster Champs but in future it is proposed to award the Plate on the basis of results in the Irish Champs. The Ward Junior classes have been chosen together with a simple scoring system of 1, 2, 3, 4 for First, etc. Munster/Ulster finishers with a maximum of 2 per province to contain each of the 6 classes. This Plate will be presented to the most senior of the winning team, alternating male/female year to year. This years presentation was made to Fergal Brenock of Cork Orienteering Club on behalf of the Munster Juniors, who won by a considerable margin.

The beautiful trophy was crafted by Bob Pinker(woodwork) and Alan and Billy Taylor (leatherwork), all of Ballingeary, West Cork.

FINGAL ORIENTEERS

The club swings back into action with our first, first Tuesday meeting on October 3rd in Colaiste Choilm, C.B.S., Swords, at 8.00 p.m. Meeting as ever will conclude at 9.30 and continue in the Lord Mayor's at 9.45 p.m. for more Frank discussion. On the agenda is:-

(1) An Introductory O-event.

(2) Mapping - say no more!

(3) Training & Courses - especially the Controllers & Planners course.

(4) Much more - but confidential!

Naturally it is good to see everybody - or nearly everybody out and about, especially Fran & Brid, after their exploits in Scotland and Germany.

Unfortunately for Fingal, Joan Ward W21D, has left the club and country for England's fair shores. "Herself" was not our most competitive orienteer and in fact I would swear she thought we were all head-the-balls. But come Bowling, Ceili or 1st Event, Joan was there smirking her head off. The sport could do with a lot more Joans.

The Reluctant Scribe.

P.S. Possible Ski-Trip 7th February, 1990 for approx 10 days @ £350 per head. If interested ring 405512.

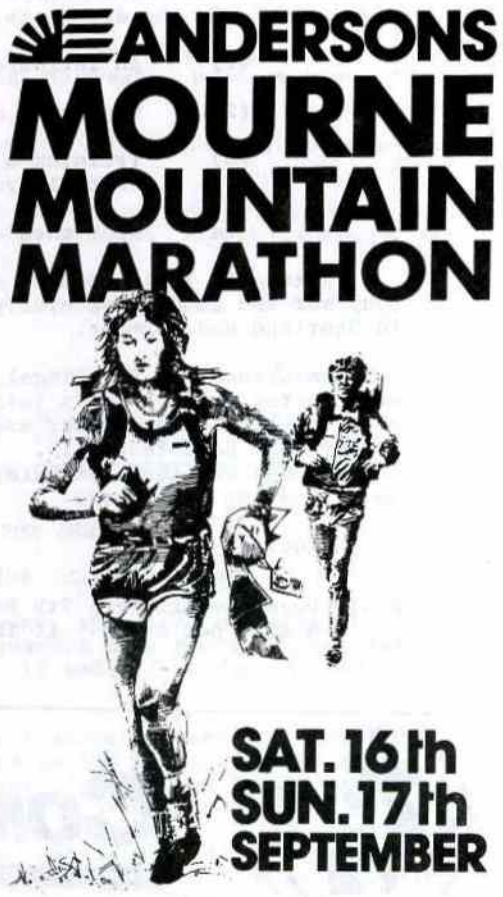
COMPASSSPORT MAGAZINE: Available to Irish O-club members at the special rate of IR£11.00 for one year, posted directly to you. CompassSport, c/o John McCullough, 9 Arran Road, Drumcondra, Dublin 9. Please make cheques payable to john McCullough.

For two mad 3ROC W19's the story of this year's Mourne Mountain Marathon started a week after the closing date for entries. Not having met one another all summer, our first contact revolved around fulfilling our joint ambition to compete in a mountain marathon. So, decision made, we pleaded for a late entry and a week before the event received programmes, start times, etc., and so it all began.

The following week was spent frantically trying to find out what we'd need and where we could get it. By Wednesday we had borrowed a tent, rucksack, sleeping bags and map and had bought enough food to get us to the top of Everest and back.

Saturday morning's weather looked promising at 6.30 a.m. leaving Dublin and improved when the sun rose high and bright during the drive to Tollymore, the start location. Driving through the forest park we began to realise that we had embarked on something a little more serious than we had previously imagined. But, no problem ... we could cope with carrying rucksacks which were twice the size of most others - we were fit! ... or were we ??! We had chosen the B course, possibly a bit ambitious but then we're hard orienteers, not backpackers (Well, we used to be before we started!)

After much repacking 10.16 finally arrived and off we headed for the control description hand-out point only to find that we had to navigate using a grid reference to reach it. On arrival we started using our own super-accurate grid to start marking our course but soon realised that accuracy of grid reference wasn't the course planner's *forte*: all the grid references were off.



Luckily in most cases the feature was close by and recognizable. Also we had the added handicap of a very distracting microphone which was stuck in front of us and an over-eager reporter who was obliterating half the map in his effort to get close enough.

Our course was 25.7 km long with 11 controls. There was a time limit on controls at various stages of the course to ensure that no-one stayed out too long (teams not reaching these points within the time limit were disqualified). On the whole these limits were generous and we had plenty of time to spare along the way despite our leisurely pace.

The first control was on a path junction in the forest so we ran all the way and kept running most of the way to number 2, just out of the forest. Then came our first major route-choice: whether to contour around Slieve Donard or climb up and over another mountain and take a path route from there. We chose the shorter up-and-over route. The next leg gave a similar choice but this time we chose to contour around. And so the course progressed.

We had decided early on that we weren't going to kill ourselves. We wanted to appreciate the scenery and enjoy ourselves so we ran mainly on downhills and flat areas with only the odd burst up a hill if the control was in sight. Our only problem of the day came at number 6 - one of the more inaccurate grid references. The description was for a re-entrant but there were numerous re-entrants in the area. Despite a joint effort by three or four teams combing the area we got a bit cold searching for this control and it took a while to warm up again.

A pleasant surprise awaited us at the final cut-off point, number 7. We asked was there anyone behind us (we had been one of the last teams to start) and were told that only about half the field had gone through, that there were at least thirty more teams to come. We battled on with renewed gusto, passing some teams where, to our disgust, the male partner was carrying the feeble female's rucksack! Shoulders were beginning to ache and general fatigue was setting in when we finally saw in the distance the welcoming sight of tents huddled together indicating the overnight haven. We had only two controls and two problems to overcome before finishing. Problem 1: Our friend the pestering reporter stopped us just as we were about to pass out some of our opponents on the most runnable part of the course (i.e. a stretch of road). Problem 2: Passing the campsite and smells of cooking en route to the last control!

Being so long out (8 hours 15 minutes) at least had some advantages - courtesy of Pat Healy and Brendan Delaney there was a kettle boiled for us when we arrived. We erected our palace (that's what it seemed like in comparison to the others around!) and had our powder meal (recommended by the experts). After an inter-team massage session we all settled down for the night, lodging ourselves around bumps and hollows in the ground.

Sunday morning dawned cold but fresh. At 8 a.m, the descriptiomns were handed out and all 200+ teams settled down to planning their courses for the day. The first control was within sight of the start and had a flood of teams flowing through it. By number 2 they'd already started to spread out and by the time we'd recovered from a

mistake at number 3 teams were well spread. 4 - 5 was a long leg of 9.3 km but the scenery was fantastic enough to distract us. 5 - 6 was a long slog uphill but with the consolation that it was the last climb of the day. So from 6 to the finish (there were 8 controls in all) we drained ourselves of any spare energy to complete the day's course in approximately 6 hours 15 minutes.

The finish scene was one of bodies, legs and rucksacks propped against walls or sitting on the ground. Sandwiches and tea were being offered to all hungry finishers, a welcome treat after a weekend of survival on junk food! We got our certificates of **proof** that we finished and dragged ourselves to the car to revive and change.

The event wasn't over for the Leinster orienteers until after the prizegiving because Deirdre ni Challanain and Maeve McPherson had won the women's class on the B course and Pat and Brendan were third on the A course. A great show from the orienteering fraternity.

There weren't actually very many orienteers competing, which was surprising, but there'll definitely be two 3ROC females competing again next year, and if anyone else out there has a sense of adventure and a love of mountains it is a strongly recommended experience, well worth trying.

Una Creagh (accompanied by Rachel Burgess).

SHORT-O UPDATE

The development of short-O continues apace. Events are being held on a regular basis in Norway and Sweden according to reports from Rory Morrish and Orla Cooke. They give descriptions of strange feelings on finishing an O event in 20-30 minutes.

Two of next years eight World Cup events (A league competition held in alternate years around the world) will be devoted to short-O and there is very serious consideration being given to including short-O in the next World Championships to be held in Czechoslovakia in 1991. The talk is of each country being allowed to send 5 men/women with 4 permitted to run in the short-O races and UP to 4 in the normal Orienteering race. (The exact number would depend on the results in next years World Cup with the likelihood that Ireland would be allowed to have 2 men and women compete in this category. The qualification race would be dispensed with).

So what is short-O ? The answer is that no-one knows exactly but it is based on the principles outlined in a previous article: Short distance, Technically very difficult, Stressful and with spectator (and hence media) possibilities.

There are two formats on trial at the World Cup: In Denmark(30 May 1990) there will be two preliminary races of 25 minutes in the morning with the top half of each qualifying for a final of 30 minutes in the afternoon. Both sections take the usual form of a time trial. In France (3 Oct 1990) the format will be a morning race with a winning time of 35 minutes with a chasing start in the afternoon with a winning time of 20 minutes.

A bit sooner (and closer to home!) the Munster Championships(28 Oct 1989) the W21A and M21A courses will be short-O with the format of a 35 min (women), 45 min (men) morning preliminary race and a 20 minute chasing start race based on the morning results to be held in the afternoon.

Brian Corbett.

setanta NOTES

NEW MEMBERS: At this time of year many new people take up orienteering for the first time. The Club welcomes all new members and hopes that they will enjoy the sport. The Club notice board will be on display at most events in Leinster and we would like all new-comers to establish contact with other members at events. We will try to give as much help and encouragement as possible to beginners. Try to get out to as many events as possible.

MOUNTAIN MARATHON: This years' Mountain Marathon was held on July 9th in the area north of the Glen of Imaal. Our thanks to Philip Brennan and Paddy Walsh for organising. The weather was ideal and all 30 people enjoyed themselves, although many suffered from sore feet and dehydration. We were most surprised to find that two controls were removed from very remote locations - obviously not as remote as we thought! The event also brought to light many short-comings in th Ordnance Survey - 1" map of Wicklow, particularly for forestry boundaries.

CROGHAN KINSELLA: September 10th saw the first event in the Leinser League at Croghan Kinsella. All 120 who took part seemed to enjoy themselves and the results are published in this issue of TIO. Paddy Walsh was the organiser, Martin Flynn planned and Brian Heeney of GEN was controller. It might be of interest to be aware that a farmer who had stock in some fields adjoining the wood was concerned when a few people crossed his land. He was worried about his herd of cattle which was disease-free. Although there were no legs on any course crossing the fields in question, some competitors found a route choice that way. Land access is always a sensitive issue and this example is worth noting for future events.

MULLAGHMEEN: On October 15th the Club is organising the third league event of the season at Mullaghmeen,Castlepollard, Co. Westmeath. The event will be signposted from Castlepollard and from Millbrook, south of Oldcastle on the Castlepollard road. We hope to see all our Westmeath members there. We now have a substantial group of members in this area and include a number of schools and other group members. Faith White is our local Recruiting Officer.

MAPPING: The Killakee map will be revised and reprinted in time for our next league event on December, 3rd. Volunteers are required for other projects. Please contact Arthur Green at 982292 or Brian Power at 941378.

TIO TROPHY: We read Alan Gartside's letter in the last TIO with interest. We were not ware of the "local rule" as mentioned. We certainly had people in the junior classes who ran for their schools in the Irish Champs, and these could have altered the scoring. It is worth stating that all attempts on our part to arrange a final match were unsuccessful. We enjoyed taking part in the competition and took some pleasure in defeating 3ROC in the Leinser Final. The unsatisfactory arrangements for the final were regrettable and should not be repeated in future years.

ENQUIRIES:- **SETANTA ORIENTEERS.**

C/O. B. Power. 15, Templeroan Ave., Dublin 16.

Tel. (01) 941378

ORIENTEERING FIXTURES

October

21	**NORTHERN IRELAND CHAMPIONSHIPS and Ward Senior Home International,** Gortin, Omagh, Co. Tyrone. GR H 49 82. FermO.	
22	BELFIELD	Dublin 4. UCDO Grade 3 event. GR O 18 29.
22	GORTIN	Co. Tyrone. Team score event. Start 12.00.
22	KNOCKANANNIG	Rathcormack, Co. Cork. LeeO G2. GR W 77 96.
28	**MUNSTER INDIVIDUAL CHAMPIONSHIPS Tir na Spideoige,** Inchigeela, Co. Cork. Cork Orienteers. GR W 20 67.	
29	**MUNSTER RELAY CHAMPIONSHIPS Warrenscourt,** Kilmurry, Co. Cork. Cork Orienteers. GR W 38 67.	
28-29	***WARD JUNIOR HOME INTERNATIONAL*** *Bryn Alyn, N. Wales. Ireland v England v Scotland v Wales.*	

November

4	TOLLYMORE	Newcastle, Co. Down. NI Colour series 8 and Irish Ranking event. LVO. GR J 35 32.
5	KNOCKAREIGH WOOD	Kilmurry, Co. Cork. Cork O CL2. GR W 36 64.
5	THREE ROCK WOOD	Dundrum, Co. Dublin. 3ROC Leinster League event (LL4). GR O 17 23.
11	CAIRN WOOD	Dundonald, Co. Down. LVO Night-O. GR J 45 76.
12	CURRAGH	Midleton, Co. Cork. Cork O CL3.
12	DEVIL'S GLEN	Tiglin, Ashford, Co. Wicklow. 20th Anniversary of Irish orienteering. Varied courses and interest guaranteed. GR T 23 98.
18	**NORTHERN IRELAND NIGHT CHAMPIONSHIPS** University of Ulster, Coleraine, Co. Derry. NWOC.	
18-19	IRISH TWO-DAY	Clogheen, Co. Tipperary and Knockanaffrin, Co. Waterford. Event Centre: Clonmel.
19	NEWBRIDGE HOUSE	Donabate, Co. Dublin. Fingal OC beginners event. GR O 21 49.
26	WARRENSCOURT WOOD	Kilmurry, Co. Cork. Cork O CL4. W 38 67.

December

3	HELLFIRE WOOD	Rathfarnham, Co. Dublin. SET Leinster League event (LL5). GR O 12 22.
3	RAHAN WOOD	Mallow, Co. Cork. BVOC CL5.
9	GOSFORD	Markethill, Co. Armagh. LVO event. GR H 97 40

10	BALLINASTOE	near Roundwood, Co. Wicklow. GEN Colour Event. GR O 17 08.
10	WALSHTOWN WOOD	Midleton, Co. Cork. UCCO CL6. GR W 68 91.
17	BELFIELD	Dublin 4. UCDO Grade 3 event. GR O 18 29.
17	CHIMNEYFIELD	Glenville, Co. Cork. LeeO CL7 and prizegiving. GR N 90 85.
26	**CHRISTMAS SCORE EVENT.** Pine Forest, Rathfarnham, Co. Dublin. 3ROC annual event. Start 11.00-13.00. GR O 13 22.	
27	RIVERSTICK WOOD	Co. Cork. Cork O Christmas Fun Event. GR W 65 57.
31	BALLYSCANLAN	near Tramore, Co. Waterford. WatO G3 event. GR S 55 02.

1990

January

6	NEWBRIDGE HOUSE	Donabate, Co. Dublin. DUO Gr 3. GR O 21 49.
14	PHOENIX PARK	Dublin. Fingal OC Leinster League (LL6).
21	SAGGART	near Tallaght, Co. Dublin. AJAX Sprint-O. Revised map. GR O 02 23.

February

4	ROSSMORE	near Monaghan. Forest park with hills. TrimO Colour Event. GR H 65 31.
11	PINE FOREST	Rathfarnham, Co. Dublin. 3ROC League event (LL7). GR O 13 22. Venue likely to change due to extensive felling. See TIO 44.
18	CLARA VALE	Laragh, Co. Wicklow. Orienteering Naas Grade 1 event. GR T 16 93.
24	**CONNACHT CHAMPIONSHIPS Union Wood,** near Collooney, Co. Sligo. GR G 69 29.	
25	**INTERPROVINCIAL CHAMPIONSHIPS Finner,** Ballyshannon, Co. Donegal. Excellent area of sand dunes. GR G 84 60.	

NOTE: Events listed in *italics* are for information only and do not form part of the Irish fixture list. Only events run by clubs affiliated to the Irish Orienteering Association and registered, with competent officials, are covered by insurance. Many of the above events are not on the official IOA Fixture List.

Always check the Weekend Sports listings in the newspapers if you are in any doubt about whether an event is going ahead as planned, or contact the organisers.

RESIGNATIONS ALL ROUND

Following the letter in TIO 42 from David Watt announcing his imminent resignation from the Chairmanship of the Leinster Council, his wife Jane has resigned from the same position on the Leinster Schools OA Committee. It is hoped that they will continue to work for the future of orienteering with GEN. Let us hope that the Watts haven't run out of steam.

O-RINGEN RESULTS UPDATE

As the control cards from the Leinster O-Ringen have gone missing it is no longer possible to verify Bobby Buckley's disqualification for mispunching. Bobby evidently re-punched the correct control in another box but this nicety escaped the card checkers on Day 1. The organisers wish to apologise to bobby for any inconvenience or embarrassment caused.

Another curiosity in the results was the existence of two Maurice O'Hara's. Could such a thing be possible?

LEINSTER CHAMPS NEWS

Next year's Leinster Championships will revert to the (new) format of Individual and Relay on the same weekend. GEN will run the Individual on a revised map of Carrick Mountain, Ashford, Co. Wicklow and 3ROC the Relay on Three Rock Mountain, Co. Dublin. The events will be on March 31st/April 1st and entry forms should be out by early next year.

Three Rock, incidentally, were ready to run the '89 Leinster Relays this autumn, as agreed by the Leinster Council, so the report in TIO 41, page 21, that there were no offers to run the '89 Relays is erroneous. Communications problems again.

Still on the subject of the Leinster Champs, the timing of the Individual Champs on March 31 90, October 1st '89 and the re-run of the '88 Leinsters at Mullaghmeen in May means that one could perhaps win three Leinster Titles within twelve months. Is this a record?

"The Leinster Champs at Glendalough were extremely successful and both organizing clubs, Curragh and Naas, deserve full praise", writes Junior Correspondent John Feehan, himself a winner in the M19 class. "The organization itself was flawless and results were posted quickly considering that the finish was 2 km away. While the courses were tough I think it was what we all needed to get back into the swing of things.

Among the juniors one perforemance worthy of mention was that of Andrew O'Mullane (DLSO M17). He has shown a vast improvement over the past year especially at the Scottish 6-Day which was very tough.

Congrats to all the winners and let's hope we have winners to write about in the next issue after the Ward Junior Home International".

LEINSTER LEAGUE NEWS

Confusion still abounds about the Leinster League. Despite a decision recorded in the minutes of a Leinster meeting this year to run the series as colour events and despite the alternative proposal of Fixtures Secretary Richard Flynn reported in TIO 42, the first League event was run on September 10th with the same four courses as last year's series.

Last year's events came in for considerable criticism, mostly because they failed to cater adequately for juniors. The four courses at Croghan Kinsella were of different lengths but of a similar technical standard

The league events planned for this season are as follows: LL1 Croghan Sept. 10; LL2 Trooperstown Oct 8; LL3 Mullaghmeen Oct 15; LL4 Three Rock Nov 5th; LL5 Hellfire Wood Dec 3rd; LL6 Phoenix Park Jan 14th; LL7 Pine Forest Feb 11th; LL8 Sugarloaf March 4th. The poor turnout at the Croghan event could perhaps have been increased by running the event last or second last in the series, with precious points to be gained to make the relatively long journey worthwhile. A look at the organisers of the events is interesting: SET 3, 3ROC 2, Fingal 1, GEN 1, UCD 1. Where are the others?

PROPAGANDA WAR HOTS UP

The sandwichboard war between the Leinster clubs is escalating. Club banners and noticeboards are mushrooming at events in an effort to gain new members, or at least halt the decline. GEN and SET are now joined by 3ROC, and orienteers have been heard having long debates on the ethics of displaying flags and emblems, of offering blandishments and enticements to non-members to enlist, especially at events run by another club. My own feeling is that it is fair enough to communicate with your own club members at events wherever thay are run, but that soliciting openly should be restricted to the club running the event.

LEINSTER AGM

The AGM has been set for Wednesday November 1st at Ballinteer Community School, Dundrum (GR O 161 271). Many changes are expected: David Watt is resigning as Chairman and Dermot Hickey (ECO) has been proposed to replace him. Vera Murtagh is likely to take on the Treasurership and Brian Power, Fixtures. Brian Heeney is reported to be interested in the position of Mapping Officer. Lindie Naughton has expressed the desire to step down from Junior Affairs. At an AGM anything can happen. Don't miss it!

HAPPY BIRTHDAY

To mark the 20th Anniversary of orienteering in Ireland Colin Dunlop and Mike Lunt plan to stage a special event at the Devil's Glen, the first area to be used in Leinster. A possible date is Sunday November 12th. There will be a special display of Andrew Bonar Law's old orienteering suits. (...like any normal Sunday ...)

Since this was proposed, and since the reminiscences in TIO 42 of an event at Devil's Glen in May '69, an article in the Clonmel Nationalist of April 19th reports on an FCA orienteering event at Harney's Cross near Clonmel the previous Sunday (13th). 44 took part over a seven mile course and the Clonmel team won. The sport had been introduced the previous December by Comdt. Gus Mulligan who had discovered orienteering while stationed in Cyprus with the UN when he encountered the Swedes.

So, just as there is disagreement about the origins of the sport (Sweden or Norway?) so there is dispute about the beginnings in Ireland. And what about the sand pits at Blessington? The sooner someone takes up John Feehan's invitation to write a history or Irish orienteering, the better. Our most likely chronicler, Eoin Rothery, has left us for Australia, so perhaps it will never be.

3ROC

THREE ROCK ORIENTEERING CLUB

Enquiries to: Vera Murtagh, 19 The Cloisters, Harold's Cross, Dublin 6W. Tel: 908237.

The orienteering season is now in full swing and the "First Fridays" have commenced - but of course you will know that because you were there - weren't you!? The First Fridays are a way of getting to know Club members; learning technical know-how from those who know; chatting; comparing courses, organising lifts to events and generally socialising. So, date for your diary - the next FF will be Friday, 3rd November, Glenalbyn, 8.00 p.m. Juniors - make an effort to attend - ring Nuala Creagh, our Junior Affairs Officer, at 934982, if you need a lift to get there.

Nuala has also offered to liaise with Club members for getting lifts to events. There are lifts available, just phone Nuala in good time and she will arrange to get you there. Do remember however, that this arrangement will not work if you leave it to the last minute.

Our nextEvent is in 3Rock Wood on 5th November, part of the Leinster League series. Again, the cry goes out for help - do not let it fall on deaf ears! Patricia May (955132) or Veronica Rowe (956502) are the organisers - they will be waiting by their phones; here is another way of getting involved in club activities. The Christmas Score & Fancy Dress Jamboree follows on 26th December, but more of that later.

Our indefatigable Training Officer, John McCullough, is the contact man for Relay Teams. If you are going to a relay event contact John at 9 Arran Road, Drumcondra, Dublin 9, (tel: 378819), again in good time, with the appropriate fee, (free if you are a junior) and he will arrange a team place for you.

JK '90 is a long way off yet but accommodation gets snapped up very quickly. A considerable number of UK clubs have already booked their accommodation. The Event is at Easter and will be in the Perthshire area of Scotland. It is a very worthwhile Event to aim for with high quality courses and a wide variety of A and B classes available. It you are thinking of going start to organise yourself NOW, particularly with a view to getting a place to stay, unless of course you are a camping fanatic.

Club 'O' Suits available from Trina Cleary (936187), selection of sizes in stock.

The usual congratulations to our Leinster Champions: Justin May (again) in M21A, recently revived Peter Nevin in M21B, John McCullough in M35, Laurence Doddy in M19, Monica Nowlan in W40, Karen Convery in W17 and Hilde Creagh in W19. Well done also to all who placed at the top of your classes. Well done also to Justin, John, Laurence and Monica who have been picked to run for Ireland at the Ward Senior Home International in October, with clubmates Vince Joyce, Una Creagh, Rachel Burgess and Maeve McPherson, and to reserves Hilde Creagh and Anne May.

Saturday training continues on the morning after the First Firday: November 4th the Art of Course Planning, with Ted McGrath. All will be revealed at Glenalbyn on November 3rd. Thanks to all the helpers at Phoenix Park on September 3rd and at the Dublin Peaks Run on September 24th: a very professional job. Your next opportunities to help are listed above. Our major event in the first part of '90 is the Leinster Relay Champs on April 1st. Watch this space for news.

WORLD CHAMPIONSHIPS IN SWEDEN

Brian Scannell and I were fortunate this year to attend orienteering's ultimate event, the World Championships, which were held in Sweden. During the week we took part in the spectators' races some of which were on the WOC maps themselves, and we found these events invaluable as our smallest technical flaws were exposed. The trip on the boat was surprisingly enjoyable, the ship having two cinemas, a swimming pool, a discotheque and some very nice restaurants. In the main restaurant they have a *smorgasbord* which gives you a large choice and an endless dupply of food for £7.50. Breakfast was especially looked forward to as the Danish pastries were mouth-watering.

We drove straight from Göteborg to the first event near Mullsjö and it was forest, forest all the way, interspersed with little red cottages. I was twenty minutes late for my start so I decided to get into the terrain gently. The forests there are very different from Irish ones as the trees are well spaced and younger trees reduce visibility. Runnability is fast, however, impeded only by felling, marshes or young plantations. I did reasonably well today, about 45 minutes for 5km, and Brian was 55 minutes. We both agreed that the navigation was easier than expected and were only slightly surprised to learn that we had entered the wrong class. We camped at Falköping that evening on a high plateau overlooking the evergreen countryside but found the place to be devoid of social life and resolved to move to Skövde the following day.

Day 2 was located near Tibro, a gently undulating area with plenty of tracks. It was hot, and this - combined with the longer course length - proved too much for us. Afterwards we went for a swim in one of the many lakes with some British juniors. The water over there must have healing powers as I went in sore and tired and came out refreshed (maybe I was just numb with cold!).

Skära Sommerland, a gigantic fun-park, was on the Day 3 map and everyone received a free ticket as they finished. The forest was slower and in places I found the map difficult to interpret, resulting in a big loss of time. Unfortunately it started pouring rain after we finished and we had to leave without visiting the funpark. That evening we went to hotel Billinghus to welcome the Irish team who we found in good spirits drinking litres of Pocari.

The following day was free and there were various activities organised in the town centre including a Grillfest. The opening ceremony was held on a large hockey ground at the hotel and was very impressive. The teams marched in behind a military band and the crowds were then treated to a motorcycle display from the Swedish army's "Red Lions". The level of interest in these championships was huge, as could be judged by the presence of a large press corps. The local press had pages devoted to the event and the Swedish favourite **Jorgen Martensson** was given great attention.

The qualifying races produced a few surprises with Czechoslovakia and the USSR looking very threatening. The area itself was not typical Swedish terrain but was more hilly and slower than expected. For the

Irish **Orla Cooke** finished 25th, going through to the final, and **Steven Linton** went through from the men while **Gus ÓCléirigh** mistakenly went from control 5 to 9. The fact that some of the team didn't do as well as they might was a disappointment to us but there was the B-final to look forward to.

We had our race on the qualifying map on the same day as the 'B' runners, using the same map. All the Irish were out early and **Eileen Loughman**, first out on her course, had a great run to finish 9th. **Deirdre ní Challanáin** and **Caitríona nic Mhuiris** weren't far behind, finishing in 12th and 13th place, and **Bill Edwards** also did well to finish 13th. I had my best run of the week here to finish in 7th place, 3 minutes down on the winner, making my journey all the more worthwhile.

Friday the 18th of August was the Individual Race day and never in orienteering have I witnessed such enthusiasm for the sport. Postcards with individual Swedish team members on the front were being passed through the crowd and the younger fans marched around singing and chanting. The races were very close, with places 2nd to 15th spread through just 5 minutes, but out on his own was **Peter Thoresen** of Norway. When it became apparent he was going to win you could sense the disappointment of the crowd who couldn't but envisage a Swede coming first. They did have some consolation from **Marita Skogum** who won convincingly in the Women's race. The very talented **Jana Galikova** (TCH) was second and **Alida Abola** (USSR), who trains "four hours every day", third. The British team performed well but the competition has become so close that they didn't improve on positions of previous years. Both our runners ran well but as expected were well behind the leaders. The King of Sweden presented the prizes to the winners and we all left, satisfied with the day's proceedings.

Our last run of the week was on the WOC Individual maps and even though we made errors we were very happy with our ability to navigate in the most difficult of Swedish terrain. We stayed on Sunday to see the first relay teams home and, as at the individual, the atmosphere was amazing. The Norwegians won the men's race with **Oyvin Thon** winning his eighth gold medal, and Sweden won the women's fron Czechoslovakia but only by eight seconds.

The trip was a great success from our point of view and we will definitely be returning here even though it is quite expensive. Our sincerest thanks to the **Bolland** family (MEROC) for taking us and for all the help and advice they gave us. We would also like to thank the **IOA** for the £100 grant and **Water Technology Ltd** whose prize at the Shamrock O-Ringen also came in handy.

John Feehan,
Blackwater Valley O.C.

Great Eastern Navigators Orienteering Club

Enquiries: **Gavan Doherty**
12 Brook Court
Monkstown
Co. Dublin
Ph: 806611

Over the summer some GEN members went to the Scottish 6- Day. The weather was good, except the last day, when it rained. This was obviously what gave David Quinn the edge as he won the H35 class on that day.

In the coming months GEN have planned some dates for your diary, all in extreme comfort:

- Wednesday November 8: A 'member meet' in the Deerpark, off Roebuck Road, at 8.00 PM
- Friday December 8: A social evening with meal (all members and guests welcome) at the Watt's: 17, Templeroan Way, Knocklyon, Templeogue, Dublin16. All for a small contribution of £5, and you get an AGM thrown in free.
- Wednesday February 7: Deerpark Lounge- 'Midwinter Madness' Quiz Night. Note: open to all, orienteers and their friends.

The next GEN orienteering event is Sunday December 10, in Ballinastoe. This is a great opportunity to help at an O-event and to get to know a great bunch of people, if you don't know too many people in the club already.

Later on in the season, for your diary (31st March), GEN are running the Leinster Championships in Carrick.

Some telephone numbers have changed recently in GEN, mostly due to changing addresses:
Mary Healy, 11 Belmont Grove, Galloping Green, Stillorgan Ph: 885798
Maura Thornhill, 9 Ramleh Close, Milltown, Dublin6 Ph:698792
Philip Ryan, 13 The Elms, Mount Merrion Ave., Blackrock Ph: 831613

The club intends to buy a club tent, which will be erected at events, where all GEN members will be welcome.

The advice from JK veterans is to start planning your trip to Perth, in Scotland, now, for next year's JK, 13-16 April. People tend to leave it too late, so hurry!

Welcome to our new club members, Caroline Pfeiffer, the O'Colmains, the Cookes, and Sarah Brock. Best Wishes for the coming season to you all.

AJAX Athletic Hill Running and Orienteering Club

MORE GOODBYES.

Well, once again we must say goodbye to two more of our "high profile" orienteers.

Eoin Rothery and Deidre Lewis set out in early September to conquer Australia, armed only with compass and Word Processer. Their departure was marked with an Australian Wake in the Rices. Deidre's leaving left open the prestigious post of Club Secretary. The campaign was long and dirty, but determination won the day. The new secretary is Ailish Conroy and Aine Rice.

However, it's not only the committee who will miss Deidre and Eoin; their absence will be felt in all Orienteering circles. Anyway, here I am, goin' on as if they were dead an' buried,an' them not a month gone. In the eternal words of the Champ himself:"I will return."

WORLD CHAMPS.

Surely the highlight of AJAX's decade in Orienteering was Orla's fantastic performance at the World Champs at Skovde in Sweden. Orla is the first Irish Orienteer ever to qualify for the A-final on the strength of her placing in the qualification race. She finished 42nd overall, only 24 minutes behind the winner, Marita Skogum of Sweden.

All our congratulations.

SCOTTISH 6-DAY

Again this year, a largish AJAX contingent travelled to Scottland for the 6-day held in the Loch Lomand area. It wasn't your usual 6-day,with most of the Irish deciding to move the event-centre to Oban for a couple of nights.

Most memorable about the week was (as usual) the heavy rain, the brilliant sunshine ,(S.K.I.T.Z.O. how are ya?) the wee baesties, the wee shoppie, the green pub in Oban with that magnetic draw, late nights in the Carbeth, and Mushroom soup with Irish Stew ("all that's missing is the turf fire.) And the Orienteering? Oh,that. Well, Orla was limbering up for the World Champs, and finished 7th in D21E.

The Nilands were in excellent form, all of them having very credible runs in their respective classes.

Major dissappointment of the week was missing the Creepie-Crawlie Hunt.

MEMBERSHIP.

Adults/Families ;£5 , Juniors/Students/Unwaged ;£2.

CHANGE OF ADDRESS.

Half of the Secretary (Aine Rice) lives at;
11, Glenvara Park,
Templeogue,
Dublin, 16.

Ajax Athletic, Hill Running & Orienteering Club founded in 1979.
Joined Irish Orienteering Association 1979. Founder members of the Irish Hill Running Association 1980.

LEINSTER '90

Major events in Leinster next year, apart from the Leinster Champs, are: May 13 Leinster Score Champs at Tiglin, run by ECO; Leinster O-Ringen May 26/27 run by Setanta and GEN.

The Leinster Schools Championships will be at Mullaghmeen, Co. Westmeath and the final (8th) league event at Sugarloaf on March 4th. The only Grade 1 events so far are on Feb 18 and April 22, both run by O-Naas.

Although not in Leinster the Interprovincial Championships next February 25th should have a strong leinster team. The event is at Finner sand dunes, Ballyshannon, Co. Donegal the day after the connacht Championships at Union Wood, Colloney, Co. Sligo.

PINE FOREST: GOING, GOING, GONE..

The felling programme at the Pine Forest, one of Leinster's best known, popular and longest serving forests, has reduced the Tibradden section of the forest to a few small blocks of trees while the Cruagh section is reduced to a thin strip of deciduous woodland and some fight. The reason for the savage felling campaign is infestation of Tibradden Wood by a disease, the cure for which is clear felling.

LEINSTER WEAKENED FURTHER

The effects of emigration are making themselves felt with a vengeance in AJAX, following the departure for Australia of Eoin Rothery (also IOA Environment Officer) and club secretary Deirdre Lewis. The club has been hit harder than most by an outflow of active members, causing concern at LOC level about the future of the club.

MEDIA ROUND-UP

Hands up all who saw LVO/NIOA's Colin Henderson on the RTE News talking about the problem of CFC's in old fridges? ... The World Cup in Mountain Running in France sounds like it was a riot: competitors being carted off to hospital left, right and centre, suffering from heat-stroke and allied complaints. Paul Kimmage was doing his best to convert Sunday Tribune readers to the sport, as was Lindie Naughton in the Evening Herald on Thursdays (essential reading) ... Angela Rippon was featured recently on BBB Radio 2 trying orienteering

RECREATION CONFERENCE

A conference entitled "Recreation in the Irish Uplands" is to be held under the auspices of AFAS, the Association for Adventure Sports, on 14th/15th October 1989.

The meeting, at Tiglin Adventure Centre near Ashford in Co. Wicklow, will centre on the two main themes of avoiding user conflict and the environmental effects of upland recreation. A wide variety of speakers will address the conference which seems to be a serious attempt to plan for future land use and additional recreational pressure on upland areas. Orienteers should, of course, be interested in the wider implications of their sport and could perhaps both benefit from attending and could assist others in understanding the demands and nature of orienteering.

Details from Tiglin (0404-40169). Conference fee £25 for the weekend, including lunch; £45 including two nights B & B and Saturday dinner.

1989 SUBTLETY AWARD

The Almost Annual Irish Orienteer Awards for orienteering are in the offing (or should that be "in the effing"?) again, and nominations are being received already. A strong contender for the Subtlety Award this year is the new closed club set up in Cork to cater for former members of

University College Cork Orienteering Club. The Hon. Secretary of the new outfit is Tony Joyce, Lindisfarne, Bishopstown Road, Cork. The club's abbreviated title is FUCCO.

SPRINT-O FOR MUNSTER

Plans are well advanced for the introduction of Sprint-Orienteering at the Munster Championships at the end of October for the M21 and W21 A classes. The idea at present is to run the race in two parts: a conventional course in the morning with assigned start times and a chasing start in the afternoon. Winning times for men will be around 45 minutes and 25 minutes and start times for the second race will depend on performance in the first race. The ladies will run 35/25.

This interesting experiment is along the lines planned for next year's World Cup race in France and a similar idea is anticipated at the 1995 World Championships in Czechoslovakia, possibly in place of the B-final.

TIO TROPHY AGAIN

Following Alan Gartside's letter in TIO 42 the confusion has been cleared up: M.Hutchinson (W45 Cork O) was unintentionally omitted from the listed results, so that Cork O are confirmed as winners of the 1988 competition. The handsome cut glass decanter has since joined the Sam Maguire on the mantlepieces of Cork.

NIOA COACHING CONFERENCE

Tom Kenfrew, Chairman of the BOF Coaching Committee, will be the tutor at the NIOA Coaching Conference on November 24-26th. The venue for the conference is the Northern Ireland Mountain Centre at Tollymore, near Newcastle, Co. Down, and the main aims will be the evaluation of the club coach and of club coaching programmes.

All individuals registered for, or wishing to be registered for, the BOF Coaching Scheme are invited to attend. The cost is STG£20 (£10 for NIOA members) and full details can be had from Colin Henderson, 31 Pond Park Drive, Lisburn, Co. Antrim BT28 3JL. (Phone 0846 671638). Entry deadline is 30th October.

DUBLIN PEAKS RUN '89

Numbers were, for some reason, down on last year but the conditions for the second St. Michael's House Dublin Peaks Run were ideal. About 330 runners finished the course on a sunny, breezy September 24th, with Clonliffe Harriers' Gerry Brady winning in 68.34. Orienteers Justin May and Wally Young placed 6th and 8th, respectively. first lady was Margaret Jennings in 44th position with a time of 83.49.

Two 10k races scheduled for Dublin the same day were cancelled but few of the entrants for these races changed over to the Peaks. The organisation ran smoothly with the assistance of numerous orienteers, notably 3ROC who ran the start and finish, and GEN's Douglas Barry and Michael Hewson on the mountain tops. A great day out: try it next year.

CONTROLLING AND PLANNING

The IOA Controlling and Planning course to be held at Wesley College, Ballinteer, Dublin 16 on November 25-26 still has a number of vacant places left. If you wish to reserve a place please send IR£10.00 to Frank Cunnane, Knocknarea, Barnstead Ave., Blackrock, Cork as soon as possible. Members of IOA-

BALLINGEARY TRAINING WEEKEND
26-28 August 1989.

The large exodus of Irish orienteers to events abroad this summer indicates that more and more people are taking the sport seriously. This is probably the main reason for the attendance of over one hundred at this weekend. Large numbers travelled from the North, from Leinster and from other parts of Munster to this "remote" area: a clear indication that people are looking for technical training and that West Cork can be appreciated as a good area for training, but it does also suggest that there aren't enough training events in other parts of the country.

Of the many training weekends on the Cork Orienteers calendar this year the Ballingeary event was the only one given the title "Technical Training Weekend", but despite a serious approach to the weekend the organisers made sure we all enjoyed ourselves.

Friday evening's activities kicked off with television entertainment. The first show was a comedy called **"Shamrock O-Ringen '89"**: Oscar nominations are now being processed! Another show, a serious Swedish O-film, took us well into the evening as well as into a coma. These activities were followed by the first practical exercise of the weekend, **Night-O**. With only one control (the accommodation centres) this event resulted in many people taking in an extra control, others mispunching, and two non-finishers.

Saturday morning started with a navigation exercise to the training area. With the cars parked and the crowd control in operation we soon got down to the technical training. The area used was the same as for Day 1 of the Shamrock O-Ringen but could just as easily have been Outer Mongolia for all we could recognise of it (apparently the sun was shining - Ed.). The first exercise was a terrain walk. The maps used for the weekend were mostly contour only maps at a scale of 1:7500. This walk helped us to become familiar with the map and the terrain and was followed by some more group work which, although not very technically demanding, did serve as a gentle introduction to the day's session. After the walk it was time for the first round of **Marsh Football**. Pitch marked out, teams picked: no ball! On with the training exercises. By lunchtime a ball had been found and the serious sport got under way.

After lunch the activities were more technical and included **"fox and hound"** exercises and **"Vide-O"**. The fox and hound exercise involved one person (the fox) placing controls on a set course while another (the hound) chased 5 minutes behind. This was an example of the situation when one has to navigate very carefully under pressure from behind, as in a chasing start event. Vide-O is a more serious exercise than the name suggests. An extremely short (700m) O-course with only three controls was run over very complex terrain, while the runners were filmed on video all the way. As in a relay when you are running closely with two or three others the pressure to avoid errors often has the very opposite effect. Also, with the ability to see yourself

running it can be easy to identify where you are losing time (control procedure, stopping to read the map, etc.). Some very fast speeds were recorded by James Hartnett and Brian Creedon. Brian also displayed his prowess in the advanced technique of "Foll-O", although he did show some weakness with his tendency to overtake near the end.

On Saturday evening we gathered in the event centre to watch more videos of ourselves in action and to contribute to the chaos normally associated with large crowds of orienteers. Activities included charades, a table quiz and various games with balloons, while the antics of the Tagues had us in knots (literally).

The training on Sunday was held on a new area of similar complexity to the previous day. Correcting contours on a photogrammetric base map was the first exercise and it gave a whole new meaning to the word "confused" for many of us. The instructors, Sean Cotter and Brian Corbett, both experienced mappers, made it look very easy but for many of us it was a first introduction to mapping. Everyone knows that experience at mapping can have a beneficial effect on map reading ability and O-technique. Most of us don't get a chance to go mapping regularly, but the little experience we get can often be rewarding.

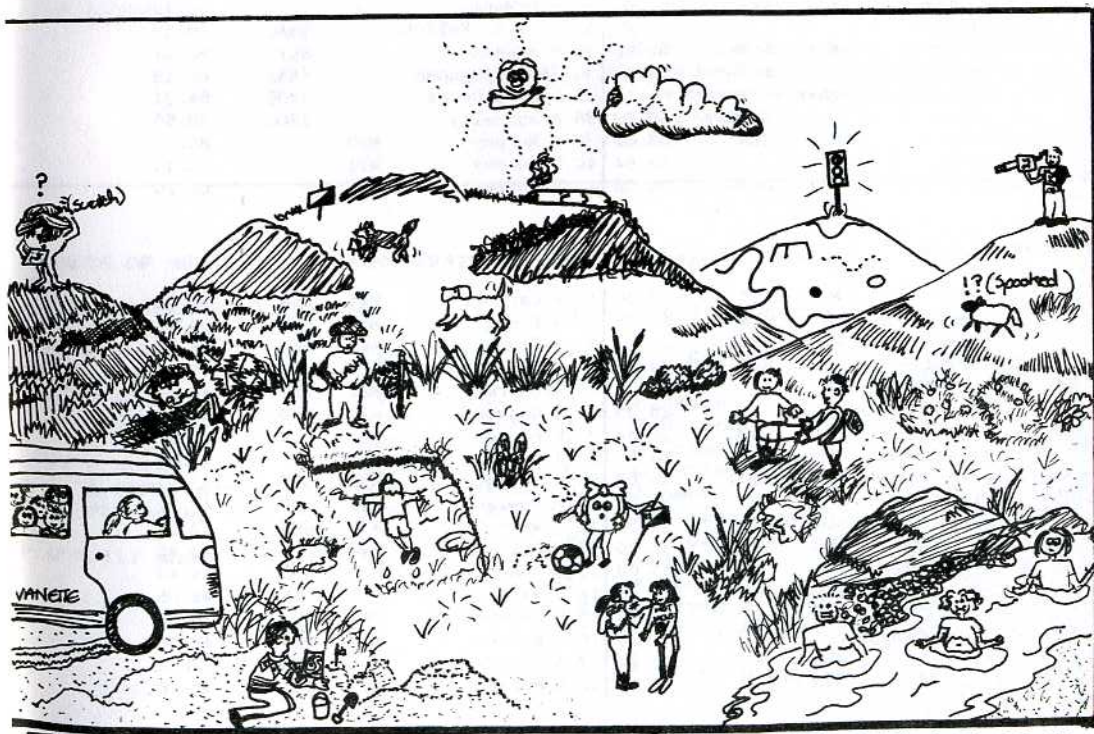
The Marsh Football final was followed by lunch and then we moved to a new area. Because of the number of activities on the programme for the weekend we moved quickly from one base to the next. As with learning anything, constant testing and practice help one to improve. With this in mind, regular short sprint courses were organised to help practice techniques while under pressure. The principal exercise here was a race around a technical course against somebody running a similar course in the opposite direction. This was another video exercise and the latest news from Hollywood is that I am about to receive an Oscar myself for my portrayal of someone travelling in completely the wrong direction. **Map memory** was next: we were given a short time to memorise a short course and control descriptions. We were then to go out and report back to each instructor the code from each control. Everyone was able to remember the way *to* the controls but for some reason there were many who forgot the codes on their return. The last activity of the day was a relay which turned out to be quite competitive.

On Monday we moved to a completely new location, Inch sand dunes, Co. Kerry. The main activities here were **"Loc-O"** and an ordinary O-course. Loc-O, an interesting exercise in relocation, involved a pair putting out controls. Each was given a map with separate control sites. Runner 1 led runner 2 to the first control site where runner 2 had to locate himself on his map (or relocate if he hadn't been following the map) and then continue to *his* first control with runner 1 following, and so on.

An interesting variation on a **sand castle competition** was also run: each group was given a small section of map the had to create a 3-D model of it in the sand. This got more than a few brains churning, with the combination of Marcus Pinker, Brian Creedon and Austin Whyte the eventual victors. Contour moulding in the sand was much more difficult that one would imagine but many of the models turned out quite respectably.

Because of the large attendance many people put a great deal of time and thought into the organisation and co-ordination of the event. The local orienteers (Pinkers, Taylors, and Tagues) did a lot of preparation for accommodation, land access, etc. The planners , Brian Corbett and Bernard Creedon, did a marvellous job at creating interesting and effective exercises and all the other helpers over the weekend contributed a great deal to making it a very successful occasion. So, thanks to everyone involved for such a fantastic event. One point the weekend made clear was that more such training weekends are needed. Luckily in Munster there is a reasonable spread of training events during the year but in the rest of the country there seems to be little activity. Everyone seems to agree with the principle of having more training events but why do so few actually do anything about it?

Brian Scannell,
Cork Orienteers.



TRAINING IN THE SPAGHETTI (CORK!)

RESULTS of 3ROC Colour Event, Phoenix Park, Dublin, 3 September 1989.

YELLOW COURSE

1	M. Healy	W35	GEN	18.12	19	R. Farrell			45.04
2	C. Owens			18.22	20	P. Byrne			45.13
3	C. Casey			22.31	21	S. Farrell			45.40
4	N. Brooks	W10	3ROC	24.38	22	H. Mahony			45.48
5	Delany family		GEN	26.39	23	E. Farrell			46.42
6	Lougman family		NAAS	31.00	24	V. Murtagh		3ROC	47.40
7	O'Neill family			42.29	25	S. Carroll	M15	GEN	49.46
8	C. Mahony			43.13	26	L. Quill		FIN	50.40
9	M. Dee	M11	DLSO	43.54	27	A. Naughton		FIN	51.38
10	D. Clarke	M11	DLSO	44.00	28	D. Floyd &			
11	A. Monnelly	M10	3ROC	45.15		D. Duck	M15		52.27
12	B&G. Concannon			46.17	29	A. de Lacy	M11	ECO	54.24
13	N. Nowlan	W10	3ROC	48.14	30	Callaghan/Ryab		CURR	55.42
14	S. Nowlan and				31	Y. Fitzsimons	W21		56.09
	A & N. Walsh	M/W10	3ROC	50.55	32	T. S. & A. P. Cooke		GEN	58.10
15	S. McCormack	M11	GEN	52.00	33	S. McMeel			58.42
16	D. Cathalin			52.03	34	J. & K. Kellett		OBAC	59.50
17	R. McCormack	M11	GEN	52.20	35	P. Novaes		SET	60.01
18	M, R&D. Buckley		SET	53.45	36	S&D. Loughnam		NAAS	64.29
19	O'Rourke/O'Callaghan/				37	Lees & Darcy		3ROC	64.31
	N. Farley		3ROC	56.29	38	P. Monnelly		3ROC	70.58
20	S. Healy	W10	GEN	63.38	39	G. Murphy	M10		80.33
21	A. Crann	M10		63.54	40	D. Murphy	W11		81.14
22	E. Coll	M11	DLSO	90.58	41	B. Murphy	M10		86.20

ORANGE COURSE

1	B. Clery	M17	SET	19.30
2	A. Bonar Law	M55	GEN	22.05
3	P. Butler	M40	3ROC	22.17
4	E. Glanville	W15	3ROC	25.57
5	Dalton family			27.14
6	J. Carey/P. Hanlon			28.35
7	W. Young	M50	SDOC	28.52
8	B. Hollinshead	M50	3ROC	28.55
9	N. Perry	M17	SDOC	30.02
10	J&B. Ryan			32.26
11	N. Lalor	W35	GEN	32.31
12	J. Butler	M13	3ROC	32.56
13	C. McLoughlin			33.03
14	G. May	M50	3ROC	34.00
15	C. Law		GEN	36.55
16	A. Carey&A. Fagan			37.33
17	P. May	W50	3ROC	40.20
18	A. P. de Lacy	W13	ECO	41.46

RED COURSE

1	N. Carroll	M45	GEN	35.39
2	A. Flegg	M50	SET	38.45
3	R. Flynn	M45	SET	38.54
4	L. Floyd	M17	FIN	39.12
5	N. Farrell	M21	SET	40.40
6	K. Convery	W15	3ROC	40.43
7	F. Flood	M21	FIN	40.47
8	A. Murphy			42.53
9	C. Dunlop	M50	SET	43.21
10	M. Nowlan	W35	3ROC	43.32
11	J. Watt	W35	GEN	43.37
12	J. Fitzsimons	M40	ECO	43.45
13	B. Doherty	M45	GEN	44.40
14	D. Watt	M40	GEN	46.05
15	V. Delaney	M40	GEn	46.35
16	D. Brooks	M45	3ROC	46.58
17	M. Treacy	M21	OBAC	47.02
18	R. Hudson	M21	TRIMO	48.36
19	L. Naughton	W35	ECO	48.59
20	M. O'Neill	M15	DLSO	49.38
21	E. Flynn	M15	SET	50.50
22	M. Walsh	W40	3ROC	51.25
23	S. Murtagh			51.27
24	S. Kulldorff	M60	SET	51.54
25	M. Kellett		OBAC	52.40
26	H. White	M45	3ROC	52.48
27	S. Convery	W13	3ROC	53.49
28	W. McCormack	W40	GEN	55.15
29	H. Convery	W50	3ROC	57.37
30	D. Doyle			58.55
31	JJ. McEvoy	M21		60.40
32	S. McNabb	M17	FIN	62.13
33	D. Large	W50	GEN	62.15
34	J. Flegg	W45	SET	62.30
35	M. Higgins	W45	SET	63.41
36	T. Conneff	M15	DLSO	67.26
37	M. Pender	W21	NAAS	70.23
38	P. Pender	W21	NAAS	70.47
39	E. Cathalin	W19	3ROC	86.45

BLUE COURSE

1	P. Smyth	M21		41.43
2	A. O'Mullane	M17	DLSO	45.14
3	P. Nolan	M17	DLSO	47.22
4	B. Buckley	M40	SET	47.48
5	J. de Lacy	M35	ECO	50.18
6	R. Cleary	M21	3ROC	50.55
7	J. Cleary	W21	3ROC	51.15
8	D. Hickey	M21	ECO	51.37
9	R. Stanley	M21	GEN	52.07
10	T. Keegan		UCDO	55.06
11	T. McCormack		GEN	55.52
12	M. O'Keeffe	M21	FIN	57.01
13	G. Doherty	M15	GEN	57.03
14	C. O'Mara		3ROC	63.50
15	V. Jones	M21	CorkO	64.34
16	P. Glanville	M19	3ROC	76.17
	D. Quinn		GEN no 9, 10, 11.	

A 1 minute time discrepancy in all finishers results has been corrected and the time keeper sent to Siberia. Sorry about the wrong code on No. 9 in the Furry Glen.

RESULTS OF SETANTA MOUNTAIN MARATHON, GLEN OF IMAAL, 9/7/89

A course 16km/2750 ft climb

1	D. Corrie	FIN	3.32
2	P. Gargan	AJAX	3.37
3	G. Smith	FIN	3.50
4	J. O'Brien	AJAX	4.06
5	B. Heeney	GEN	4.14
6	P. Nolan	DLSO	4.20
7	A. O'Mullane	DLSO	4.20
8	P. Dempsey	GEN	4.22

P. O'Neill and E. Gaffney DNF.

B Course 11km/2000ft climb

1	B. O'Connor	AJAX	1.53
2	D. Quinn	GEN	2.11
3	P. Smyth		2.17
4	M. Hewson	GEN	2.24
5	N. Crawford	3ROC	2.26
6	C. Dunlop	SET	2.28
7	J. Bent	SET	2.34
8	J. Fitzsimons	ECO	2.37
9	B & G. Doherty	GEN	2.56
10	A. Bonar Law	GEN	3.01
11	K. Bent	SET	3.13
12	R. Flynn & Co.	SET	4.17
13	D. Barry & Co.	GEN	4.28

S. Kulldorff, M. Higgins, V. Murtagh DNF.

SETANTA - CROGHAN KINSELLA RESULTS - 10/09/89

A COURSE, 9.0 KM, 325M

1.	J. MAY	3ROC	66.33
2.	P. SMYTH		72.45
3.	H. PIM	WATO	86.28
4.	B. BELL	GEN	88.33
5.	S. WALSH	SET	89.36
6.	P. REDMOND	SET	90.09
7.	M. O'HARA	AJAX	91.10
8.	M. GEOGHEGAN	AJAX	95.12
9.	J. KENNY	DSO	101.13
10.	M. GRANT	WATO	104.34
11.	P. GLANVILLE	UCDO	121.59

B COURSE, 6.9 KM, 290M

1.	S. O'BOYLE	CURR	68.35
2.	A. O'MULLANE	DLSO	69.56
3.	M. McPHERSON	3ROC	71.52
4.	U. CREAGH	3ROC	73.00
5.	P. NOLAN	DLSO	73.50
6.	P. NEVIN	3ROC	74.12
7.	G. DOHERTY	GEN	78.37
8.	D. QUINN	GEN	80.30
9.	R. STANLEY	GEN	84.28
10.	L. ROE	3ROC	87.06
11.	J. COLCLOUGH	CURR	87.25
12.	T. McGRATH	3ROC	88.49
13.	M. O'NEILL	DLSO	92.43
14.	D. WATT	GEN	96.17
15.	T. CONDON	CORK	101.05
16.	D. BROOKS	3ROC	106.59
17.	A. GREEN	CLOG	108.37
18.	B. HALLOWES	3ROC	110.08
19.	A. HALLOWES	3ROC	128.58

1 N/F

C COURSE 4.7 KM 175M

1.	P. McCORMACK	GEN	48.54
2.	A. BONAR-LAW	GEN	51.08
3.	J. WATT	GEN	51.50
4.	K. CONVERY	3ROC	51.57
5.	C. DUNLOP	SET	52.16
6.	S. O'NEILL	SET	52.20
7.	B. CRYAN	3ROC	54.10
8.	A. PIM	WATO	58.33
9.	M. HEWSON	GEN	59.01
10.	A. FLYNN	SET	59.36
11.	M. NOWLAN	3ROC	62.16
12.	C. BONAR-LAW	GROTO	64.30
13.	P. BUTLER	3ROC	64.50
14.	G. ELLIOTT	3ROC	66.32
15.	B. DOHERTY	GEN	68.07
16.	S. PIM	WATO	68.40
17.	B. ROWE	3ROC	69.16
18.	S. HARRISON		69.18
19.	H. CONVERY	3ROC	69.35
20.	M. WALSH	3ROC	73.45
21.	W. McCORMACK	GEN	73.54
22.	M. BYRNE	GEN	75.22
23.	M. SOMERS	DLSO	75.36
24.	E. GLANVILLE	3ROC	76.09
25.	A. BUTTERFIELD	GROTO	77.49
26.	N. CREAGH	3ROC	78.00
27.	H. WHITE	3ROC	78.29
28.	J. LYNAM	3ROC	79.50
29.	T. CONNEFF	DLSO	81.34
30.	A. RICE	AJAX	90.43
31.	D. ROWE	3ROC	91.40
32.	J. CATHALAN	UCDO	93.54
33.	R. NORTON	3ROC	100.23
34.	C. MOLONEY	AJAX	103.25
35.	J. CLARKE	GEN	112.13

3 N/F

D COURSE 3.3 KM 110 M

1.	M. HEALY	GEN	41.42
2.	S. CONVERY	3ROC	43.52
3.	N. LEE	3ROC	44.29
4.	A. McBRIDE	GEN	49.52
5.	B. DOOLAN	SET	51.57
6.	S. DEMPSEY	DLSO	54.45
7.	A. RICE	AJAX	54.57
8.	S. WALSH	DLSO	57.35
9.	A. COOKE	AJAX	58.42
10.	D. LARGE	GEN	59.03
11.	L. CONVERY	3ROC	63.15
12.	J. WALSH	DLSO	63.30
13.	A. McCORMACK	GEN	63.41
14.	C. RYAN	DLSO	65.16
15.	B. HYNES	GEN	65.31
16.	P. REDMOND	SET	65.37
17.	J. VANDERPOL	WATO	70.26
18.	F. O'NEILL	SET	71.10
19.	E. FLYNN	SET	72.33
20.	P. MAY	3ROC	77.22
21.	E. WALSH	DLSO	82.41
22.	J. CREAGH	3ROC	87.50
23.	V. ROWE	3ROC	98.10

2 N/F

LONG NOVICE 4.0 KM 100M

1.	M. TOZER		51.33
2.	C. + J. LEE	3ROC	80.02
3.	F. + N. LEE	3ROC	81.17
4.	M. GRANT	WATO	85.51
5.	M. FLYNN		122.40

SHORT NOVICE 2.2 KM 80M

1.	L. O'HORA	AJAX	35.08
2.	J. GORMAN	DLSO	38.59
3.	D. COONAN	DLSO	39.01
4.	E. REDMOND	SET	40.25
5.	C. THORNHILL	GEN	43.33
6.	K. THORNHILL	GEN	44.30
7.	S. McCORMACK	GEN	46.31
8.	P. O'HARA		47.34
9.	K. McCORMACK	GEN	51.38
10.	B. CLARKE	GEN	53.41
11.	L. BYRNE		61.43
12.	P. BYRNE		61.44
13.	S. HEALY	GEN	63.53
14.	P. MURRAY	DLSO	64.05
15.	S. NOWLAN	3ROC	66.15
16.	N. NOWLAN	3ROC	66.15
17.	M. DEE	DLSO	72.41
18.	H. HALSH		77.24
19.	C. LYNAM	3ROC	78.05
20.	N. WALSH	3ROC	79.23
21.	D. CLARKE	DLSO	89.00

1 N/F

FOUND: DENIM JACKET
CONTACT: P WALSH, 903998

RESULTS of DLSO Colour Event, Killiney Hill, Co. Dublin on 17.9.1989

RED COURSE:

1	A. FLEGG	SET	28.38
2	D. QUINN	GEN	30.20
3	G. CUNNINGHAM	UCDO	32.00
4	L. DODDY	3.ROC	32.21
5	P. BRENNAN	SET	32.23
6	N. FARRELL	SET	33.59
7	I. MCNEILL	3.ROC	34.10
8	T. CONDON	CORK.O	34.36
9	G. DOHERTY	GEN	35.51
10	T. MCCORMACK	GEN	36.06
11	B. DOHERTY	GEN	37.35
12	M. FLYNN	SET	38.07
13	P. BUTLER	3.ROC	38.28
14	C. DUNLOP	SET	38.30
15	J. WATT	GEN	39.13
16	S. MCNABB	DO/FIN	39.30
17	N. CARROLL (SR)	GEN	41.01
18	J.D. CLARKE	GEN	41.10
19	L. FLOYD	FIN	41.34
20	J. GRAY	3.ROC	41.56
21	M. O'KEEFE	FIN	44.13
22	G. ELLIOTT	3.ROC	46.00
23	D. BROOKS	3.ROC	46.10
24	A. RICE	AJAX	46.27
25	R. NORTON	3.ROC	48.52
26	A. COOKE	AJAX	49.11
27	T. KEEGAN	UCDO	51.27
28	B. MCGRATH	3.ROC	52.26
29	D. WATT	GEN	52.22
30	M. WALSH	3.ROC	55.00
31	E. FLYNN	SET	55.15
32	K. CONVERY	3.ROC	57.44
33	A.N.OTHER		58.35
34	F. FLOOD	FIN	58.39
35	N. REDMOND	FIN	59.15
36	B. MALLEN		60.38
37	T. CONNEFF	DLSO	60.55
38	J. DUNPHY	3.ROC	61.02
39	N. LALOR	GEN	61.05
40	S. CONVERY	3.ROC	61.47
41	J. O'NEILL	KHO	61.48
42	A. RICE	AJAX	62.50
43	B. QUIGLEY	FIN	63.14
44	B. DOOLAN		64.55
45	C. O'MARA		65.55
46	J. MCEVOY		79.21
47	A.N. OTHER		84.26

2 DNF

YELLOW COURSE:

1	M. O'NEILL	SET	15.12
2	MCGARRY		16.19
3	A.DONNELLY	OAT	16.25
3	D. WALSH	OAT	16.25
5	B. O'MARA	3.ROC	18.25
6	FRANK/NIAMH/ROISE	3.ROC	19.06
7	G. CONDON	ECO	19.20
8	C. KENNY	KHO	21.56
8	E. LAWRENCE	KHO	21.56
10	N.E. O'SULLIVAN		22.01
11	E. CLARKE	GEN	22.14
12	JUDY/2 CIARANS		22.20
13	M. ASTON		22.35
14	A. COOKE	GEN	23.40
15	A.N. OTHER		24.05
16	B. TORMEY ?	SET	24.08
17	E. LAWRENCE	SET	24.12
18	K. COSTELLO	SET	24.13
19	R. WHEELER	DO	24.25
20	BAGNALL	SET	24.34
21	B. O'NEILL	SET	24.38
22	M. COX	DO	25.13
23	A. BUTLER	3.ROC	26.31
24	C. EARLEY	GEN	28.30
25	J. BROOKS	3.ROC	28.46
26	C. NEILAND		29.14
27	C. MOANAN		29.39
27	E. MOANAN		29.39
29	J. MCNABB	DO	30.27
30	K. SHORTALL	DO	30.29
31	COLLINS		31.45
32	C. FITZSIMONS	ECO	32.22
32	E. FITZSIMONS	ECO	33.22
34	D. CLARKE & CO	DLSO	36.35
35	B. MAES	SET	37.15
36	M. RYAN		37.58
37	C. LYNHAM	3.ROC	38.00
38	A. NAUGHTON	FIN	38.08
39	B. MURPHY		38.18
40	D. MURPHY		38.25
40	A.N. OTHER		38.25
42	C. MURPHY		40.21
43	M. MORAGHAN		41.37
44	E. MCGUIRE	OAT	42.57
45	KENNY		43.55
46	C. BUTLER	SET	44.34
47	ERDPOTH?		44.58
48	KATE & JULIE	KHO	46.15
49	D. ROBERTS	KHO	47.18
49	G. PORTER	KHO	47.18
51	RUSSELL		47.25
52	S. BUTLER	SET	48.26
52	E BUTLER	NAAS	48.26
54	EMER ?AISLING		49.51
55	C. MURPHY		50.39
56	JENNIFER		59.30
56	A.N. OTHER		59.30
58	K. FLYNN		63.20
59	S. LOFTUS		63.26
60	M. MURPHY		65.26
60	D. MURPHY		65.26
60	H. MURPHY		65.26
63	J. MURPHY		65.44
64	R. GOGGINS	OAT	67.15
65	E. WRIGGLESWORTH		70.11
66	R. LAMBERT	OAT	72.08

3 DNF

ORANGE COURSE

1	S. O'NEILL	DLSO	16.58
2	A. N. OTHER		18.05
3	S. CARROLL	GEN	21.57
4	S. KULLDORFF	SET	23.33
5	G. CONDON	ECO	25.15
6	B. HOLLINSHEAD	3 ROC	25.23
7	B. FLANAGAN	3 ROC	26.42
8	A. PEFERS ?	KHO	27.02
9	E. DRION	SET	27.24
10	A. DONALD	KHO	28.27
11	A. RUDD	SET	29.01
12	C. BONAR LAW	GEN	29.10
13	P. HICKS	AJAX	30.02
14	C. MCLOUGHLIN		30.49
15	D & S BUTLER	SET	31.18
16	J. BUTLER	3 ROC	32.05
17	C. WILLIAMSTOWN	SET	32.19
18	MULLINS		33.50
19	H. BRADLEY	SET	34.35
20	M. HIGGINS	SET	34.49
21	S. KEANE	OAT	34.58
22	M. EATON	SET	35.14
23	G. SUGRUE	FIN	36.48
24	JUDY/2 CIARANS	3 ROC	38.14
25	A. N. OTHER		39.19
26	P. MURRAY	SET	39.32
27	N. NÍ CHOLMÁIN		40.05
27	Y. FITZSIMONS	3 ROC	40.05
29	D. Ó'COLMÁIN		40.09
30	AOIFE/LIZ		40.34
31	B. CONDON	ECO	40.50
32	C. HICKS	AJAX	41.49
32	J. FLEGG	SET	41.57
34	N. BRADY	DLSO	42.02
35	NIAMH/AOIFE/FRANK	3 ROC	42.51
36	CREEDON		43.51
37	E. CATHALIN	3 ROC	44.57
38	MEASE ? FAMILY		45.32
39	C. WHITE		45.50
40	P. MURRAY	SET	47.26
41	A. PETERS	KHO	47.40
42	B. SHARKEY	FIN	48.59
43	F. O'NEILL	SET	49.20
44	D. DOODY	OAT	53.07
45	J. DOODY	OAT	53.31
46	V. MURTAGH	3 ROC	55.06
47	MELANIE/JUSTIN		55.59
48	M. HILL		56.03
49	E. HICKS	AJAX	59.07
50	E. DE BARRA	OAT	59.14
51	A. POMEROY		60.16
52	G. O'REILLY	KHO	62.37
53	J. BEAN/B. O'MORE?		63.40
54	G/R O'NEILL		69.05
55	W. WELD-MOORE	SET	69.26

1NF

WHITE COURSE

1	McGARRY		9.57
2	M. O'NEILL	SET	11.50
3	J. LOUGHMAN	NAAS	13.21
4	S/D LOUGHMAN	NAAS	17.30
5	D. MURPHY		18.20
6	M. RYAN		18.29
7	G. MURPHY		18.33
8	TANYA/KAREN		19.29
9	R. PRICHARD		19.59
10	T. MURPHY		20.14
11	S. PRICHARD		20.14
12	S. MOODY	SET	21.12
13	R/E O'NEILL		21.22
14	B/G O'NEILL		21.23
15	A. WALSH	3 ROC	21.57
16	A. N. OTHER		22.05
17	Z. COMYNS	SET	20.12
18	P. FLANAGAN	3 ROC	22.18
19	P. TODD	SET	22.18
20	L. McGOVERN		22.51
21	N. WALSH	3 ROC	22.57
21	K. FLANAGAN	3 ROC	22.57
21	D. RICHARDSON		22.57
24	FARLEY/O'ROURKE	3 ROC	23.38
25	M. DEE	DLSO	23.39
26	D. PRICHARD		24.55
27	B. FLOOD	DLSO	24.57
28	A DRIVER		25.06
28	S. OWEN		25.06
30	A. HICKEY	GEN	25.46
31	D. GLEESON	DLSO	25.48
32	M. REDMOND		26.36
33	J. McKELL		27.34
34	D. CATHALIN		28.58
35	P. NICHOLL		30.58
36	M. GRIFFIN		31.11
37	S. HEALY	GEN	32.38
38	CLARKE FAMILY	DLSO	37.30
39	M. CAGNEY		39.10
39	L. NAGLE		39.10
40	D. NAGLE		39.40
41	S. O'NEILL		42.05
43	D. O'CONNOR	DLSO	45.00

4DNF

Our thanks to Brendan O'Connor (AJAX) for acting controller and to everybody else who helped on the day.