The Irish Orienteer

No. 101 April 2002 €1.90

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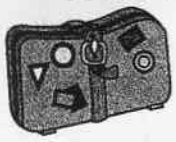

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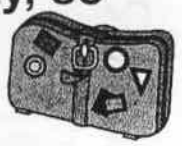

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e-mail
johnmccullough@bigfoot.com

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Cover: A rather distorted Rory Morrish & Eunice Cinnamon at the World Ski-O Champs in Bulgaria.

NEXT COPY DATE
12th May 2002

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The Irish Orienteer

All the News that Fits, We Print

No. 101 **April 2002**

NATIONAL O-DAY

After a break of a few years, the IOA has decided to revive National Orienteering Day. This year, on Sunday 6th October, clubs all over the country will be expected to stage come-and-try-it events to let newcomers experience the joys of orienteering.

It makes sense to have National O-Day at the effective start of the O-season, so that there will be a selection of events following on in the weeks and months afterwards.

But staging the events is only half the battle: the real test is getting the publicity, persuading people to try orienteering and letting them know what's on where. That's where you come in: get notices in your local shops, schools, scout dens, papers, radio stations; pester your friends and workmates, residents associations, sports clubs and everyone else to give it a go.

Recent come-and-try-its that I have been to have been notable for the relatively large numbers of existing orienteers (desperate for a run) and the small numbers of beginners. CATI's are for beginners: let's go out and grab them. Orienteering is becoming more and more top heavy with veterans. If this continues, we'll be starting again from scratch in thirty years time, with a wonderful sport, a few enthusiasts and the potential to get lots of people involved.

At the risk of repeating myself, the IOA can only do so much - the future of orienteering is in your hands. ("Whatever I say three times is true, Whatever I say three times is true, Whatever I say three times is true")

What do they say about the environment? We don't inherit it from our forebears, we borrow it from our children. The same could be said for orienteering.

In the meantime, there's a full fixtures list, with the Connacht, Leinster, Irish and British Championships before the summer, not to mention a welcome return for the scaled-down Shamrock O-Ringen. Let's enjoy it.

THE O-ZONE:
Orienteering news from Ireland and the World

IRISH MTBO CHAMPIONSHIPS

The first Irish Mountain Bike Orienteering Championships will take place on Saturday 13th April in the Nagles Mountains, Co. Cork. The map to be used is a new Marcus Pinker map of the area, specially commissioned for mountain bike orienteering and produced at a scale of 1:20,000. There will be two courses of approx. 32 & 18kms.
Start times and location will be notified later.

The results of this event will have a significant bearing on the selection of the team to travel to the World Bike-O Champs which are being held in France this July and for which a preliminary entry for a team of six men and four women has been made.
So, dust off that old bike, knock up a map board, shave your legs and get out there!

To make a weekend out of it, there is an event (foot-O), on Inch dunes on Sunday 14th - perfect training for the British Champs in the North three weeks later.

Some mountain bike events are planned: WORC (Wicklow Off-Road Club) are running an event atBallinastoe, Co. Wicklow on 31sr March, unfortunately clashing with the JK. registration from 10.30. Start 12.00. It's a score event.

WORC hope to hold some more Bike-O's later in the year.

NO SEC's PLEASE

Bill Regan is the new Secretary of Fermanagh Orienteers. He can be contacted at 9 Floraville, Enniskillen, Co. fermanagh, BT74 6AP, phone 048-66326213, e-mail brigallen@lineone.net. (He isn't of course a competely new secretary: more "not new but in good condition").
Club Chairman is Jim Fallis, treasurer Gary Barbour, Mapping & Coaching Raymond Finlay, Equipment teresa Finlay, Junior Development Marella Fyffe.
The FermO web site is fermanaghorienteers.co.uk

The new Secretary of Curragh Naas OC (CNOC) is **Gareth Evans**, 142 Rathcurragh, Green Rd, Newbridge, Co. Kildare. Phone 045 435515.

John Casey is the IOA Treasurer since the AGM last November. He can be contacted at 32 Shanagarry, Collins Avenue, Waterford, Ph. 051-844501

Vera Murtagh is the new secretary of 3ROC. Her address is 19 The Cloisters, Terenure, Dublin 6W. **Eoin Dunne** stays on as Chairman.

WEB LINKS

Martin Flynn, who maintains the IOA web site, has made it easier to get to clubs' own sites: just attach the club's abbreviation to the IOA web address and you're there. For example, to go to Fermanagh Orienteers, go to www.orienteering/ie/fermo

TOO LATE

If you wanted to apply for the job of Chief Executive of the British Orienteering Federation, then tough: applications had to be in by 15th February. The job running BOF wanted someone of energy, management ability and all the skills you might expect, plus knowledge of orienteering and/or National Governing Bodies. The rewards? Working with orienteers and the not inconsiderable trifle of up to STG£30,000 a year.

Now, what about a secretary for IOA?

YVETTE AND STAN RETIRE

Two of Britain's most prominent orienteers have hung up their international boots: Yvette Baker (Hague), who finished with the Gold medal in the World Championships in Scotland in 1999, and Steve Hale, a member of the 1993 4th place World Championship relay team in the USA.
Both have had long careers at the top of the sport, with many Scandinavian successes behind them. Yvett's first success was in 1977 when she won the W12 cass at the British Championships. Steve's was winning the M13 British title and M13 at the JK the same year.

They were presented with walking sticks and slippers in a special retirement ceremony.

IMRA RACES

For news of Mountain Running, including fixtures, results, photos and all, check out the irish Mountain Running web site, www.iol.ie/~imra

The Leinster evening races start on Wednesday 17th April with the Killiney Flash relay at 7.30 pm and continue on Wednesdays until 21st August. Some curiousities include the Goal Flash on Dollymount Strand (a hill race??) on April 24th, Sugarloaf (with barbecue) on July 24th and the Irish Trail Running Champs at Avondale on July 28th.

You'll see lots of orienteers there!

TAKING THE PEE

DEHYDRATION can make top athletes and performers lose their competitive edge, says a leading British sports dietician. Her answer: a pee chart that enables people to tell from the colour of their urine whether they're drinking enough fluids.
Avoiding dehydration before an event can make the difference between failure and success, says Ann Price, who works with Britain's Olympic gymnastic, badminton and equestrian teams. Athletes are more likely to strike gold if their first pee of the day is pale yellow, she says. Her chart is also used by Arsenal football team and the Birmingham Royal Ballet.
"It's difficult to quantify the impact," says Price, who is presenting her results this week in Harrogate at a meeting of the British Dietetic Association. "But at levels of 1 per cent dehydration, you could expect a 5 per cent drop in performance," she says.
Dehydration is defined as the percentage of normal body weight lost, as sweat for example, without being replaced. Even a small impairment in performance could be vital in events where microseconds count-such as sprinting~ or where concentration and reaction time are crucial.
Working with other dieticians, Price developed a laminated credit-card-sized "pee chart". This allows athletes to compare the colour of their early morning pee with eight colours displayed on the chart. "They range from pale, creamy yellow to a dark,

browny colour," says Price. "If you produce lots of pale urine that doesn't smell, you're hydrated properly," says Price. Athletes are advised to drink more if their urine falls in the darker range.
Dehydration is measured by looking at the concentration of solutes, such as urea, in urine. This normally requires complicated equipment. But Lawrence Armstrong of the University of Connecticut has shown that there is a correlation between urine colour and solute concentration, and Price based her chart on his work.
Lucozade, a British soft drinks company, makes the pee charts and distributes them to top sports teams. (from New Scientist).

TO HELL OR TO OFFALY?

May I enter a plea for the Connacht Champs to come back home? The last two allegedly-Connacht Championships have been held in Bawnreagh and Kinnitty. I am very keen to participate in these events , but the distance from the North is too much of a hassle, especially if one is working on most of a Saturday.
Why this mania to hold events in a different province? What is wrong with areas like Ballygawley, Finner, Union Wood, Maumclochalún, Lough Key, Slish and Manorhamilton as used in the past? Can it truly be called the Connacht Champs if held in the marches of Munster?
I suppose we can now look forward to the Leinster Champs in the Antrim plateau.
Bring back our Championships. Can anyone explain this mad state of affairs? Since when have counties Laois and Offaly laid claim to Connacht?
David Hogg
NWOC
(Editor's pedantic note: Finner is actually in Ulster ...)

SITS VACANT

The positions of Secretary, Coaching Officer and PRO on the IOA Executive are still vacant. Anyone interested should contact the IOA Chairman, Frank Ryan, St. Mary's, Ballinfoyle, Galway.

IOA CONTROLLERS' COURSE

The recent controllers weekend at Glendalough was very successful - there was a good buzz about the event.
Thanks to Carol McNeill of BOF for the excellent course delivery. This was a definite plus!

21 orienteers from nine clubs participated as students. Of these five were already controllers - many of the others became controllers as a result of completing the course. The skills developed included event planning, and event organisation and management.

One recommendation from the course is that where possible clubs should get orienteers from outside their membership to control their events. This should allow cross fertilisation of good ideas and practices and increase the social dimension of the sport.

List of I.O.A. approved CONTROLLERS 2002

Harold White	3ROC	
Ted McGrath	3ROC	
Michael McAuliffe	3ROC	
Ronan Cleary	3ROC	
Julie Cleary		3ROC
Trina Cleary	3ROC	
(International Controller)		
Justin May		3ROC
John McCullough		3ROC
Pat Flanagan	3ROC	
Frank Martindale		3ROC
Brendan McGrath	3ROC	
Monica Nowlan		3ROC
Liam Convery	3ROC	
Nigel Campbell-Crawford		
3ROC		
John Casey		
AJAX		
Aonghus O'Cléirigh	AJAX	
Sean Cotter		BOC
Ted Lucey		BOC
Ted Feehan		
BVOC		
Pat Healy		
CNOC		
Eileen Loughman	CNOC	
John Colclough		
CNOC		
Ruth Lynam	CNOC	
Billy O'Neill	CNOC	
Pat Farrelly		
CNOC		
Robert O'Connor	CorkO	
Bernard Creedon	CorkO	
Brian Corbett	CorkO	
John Muckian		
CorkO		
Kevin O'Dwyer		
CorkO		
Mary Curran	CorkO	
Richard Kavanagh	CorkO	
John Scannell		
CorkO		
Bob Pinker		
CorkO		
Liam O'Brien	CorkO	
Sheila Muckian		
CorkO		
Marcus Pinker		
Sean McSweeney		
Pat Nash		
Val Jones		
Michael Kellett		
Paul Nolan		
Timmy Flavin		
Rory Costello		
Sean Slattery		
Donal Dowd		
Fergal Buckley		
Bernard Forde		
Colm Kingston		
Desmond Lambe		
Teresa Foley		
Breda O'Farrell		
Pat Long		
LeeO		
Clare Nuttall		
Padraig Higgins		
MNAV		
Noel Donagh		
Nigel Foley-Fisher		
Brian Power		
David Weston		
Mick Mangan		
Fachtna Healy		
Joe Bannon		
OC		
John Darcy		
OC		
Pat O' Connor		
WatO		
CorkO		
DFO		
	DFO	
	FIN	
	GEN	
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LeeO		
MNAV		
MNAV		
SET		
SET		
SET		
	SET	
	Sligo	
	Sligo	
Michael Grant		
WatO		
Hugh Dobbs		WatO
Andrew Cox		WatO
Deirdre Ryan		WEGO
Frank Ryan		
WEGO		
John Walshe		WEGO
Joseph Ryan		WEGO
Eugene Sheridan		
WEGO		
Derek Conerney		
WEGO		
Padraig Ferguson		
WEGO		
Paul Dunne		
WEGO		

The following have a Controllers Course Completed - but are required to carry out some or all of these activities: organise/plan/control events.

Ed Niland		
AJAX		
Donal Wickham		
AJAX		
John O'Callaghan		BOC
Brian Jones		GEN
Alan Ayling		GEN
Stephen Doorley		GEN
Andrew Blanchard		GEN

IRISH RELAY CHAMPIONSHIPS

Never done an orienteering relay? Now's your chance! 3ROC are running the 2002 Irish Relays in Dublin's Phoenix Park. This year there are some changes: the number of courses and classes is reduced to give more competition (and more fun). All classes will have legs of different lengths (useful for contouring): Long, Short, Medium (LSM)
The classes are

A Open LSL
B Women's open LSL
C Men total age 120+ LSM
D Women total age 120+ LSM
E Men junior (total age 48-) LSM
F Women junior (total age 48-) LSM
G Ad Hoc LSM

The event is on Sunday May12th, mass start 10.00 am for first leg runners, start near the Magazine Fort inside the Islandbridge gate. Entry forms are being sent to club secretaries and are on the 3ROC web site. Target times are 40 minutes (long), 30 minutes (medium) and 25 minutes (short). The ages for classes C to F are the orienteering age class (e.g. W16, M50 etc), not your actual age. Entries close April 29th. Limited entry at IOC on May 11th.

EUROPEAN TRAIL ORIENTEERING

The 2002 European Trail Orienteering Championships will be held in Schloß Holte- Stukenbrock, Germany, from 23nd to 25nd August 2002. This is situated near the Autobahn A 2 and A 33 near Bielefeld.

Two Trail O competitions will be organized in different types of terrain, according to the IOF rules

1. Trail O as the championship competition (according the rules for the Paralympics)
2. Trail O as the championship competition open for everyone
3. Trail O as a non championship competition for beginners in orienteering
4. Wheelchair orienteering (Rolli-O) as a non-championship timed competition, following the ASG (organiser) tradition

Programme:

Friday 23rd August arrival of teams, model event

Saturday 24th August Morning: Trail O competition, first day Afternoon: Wheelchair-orienteering as a non championship timed competition.

Evening: Banquet as an invitation of the townmaster Schloß Holte-Stukenbrock

Sunday 25th August Morning: Trail O competition, second day prizegiving, departure of teams.

The organisers of ASG Teutoburger Wald will try to offer good competitions in intricate terrain that is well accessible to wheelchairs.

Besides hotel accommodation suitable for handicapped people we will also offer cheaper accommodation for handicapped people in a hotel for blind people, where competitors stayed during the European Trail-O Championships 1998.

Contact::
Peter Gehrmann
Holunderweg 39
D 33758 Schloß Holte- Stukenbrock
Germany
tel.: +49 5207 3033
e-mail: PeGeh@ AOL.com

IRISH TRAIL-O

The British TrailO Championship 2002, included in the British Champs weekend in the North West, has been designated as the inaugural Irish TrailO Championship. It is being staged alongside the individual race on Sunday 5th May. Entry is on the day and is open to all, including the able-bodied.

The start window has been deliberately widened to give those competing in the individual races the opportunity to take in the TrailO event. There is also a model event alongside the individual training on the Saturday.

The Planner, Alan Gartside of LVO, hopes to be at the Leinster Champs and if there was demand would be happy to run a short session explaining the conduct of a TrailO competition.

Trail orienteering is a form of orienteering where you are required to identify which controls are marked on your map from a group you can see on the ground. it is suitable for orienteers with impaired mobility and is much harder than you think! Some competitions are timed, others are not.

Ailbhe Creedon asks if anyone else is interested in becoming involved in Trail O in Ireland? She hopes to organise a few Trail-O events in the summer. Also looking for any suggestions for wheelchair-accessible orienteering areas.

Please contact Ailbhe Creedon (ailbhecreedon@yahoo.co.uk)

START PROCEDURES

There was a lot of discussion recently about the start peocedure used by 3ROC for their Leinster League event at the Pine Forest, Co. Dublin. Competitors were given time to copy down their course just before the timed start. This method used to be used by the club some years ago but hasn't been seen recently.

Most people thought it was a good idea, giving some of the advantages of pre-marked maps without the extra work for the organisers. Some, who are perhaps better (i.e. quicker and more accurate) at transcribing their courses from master maps to competition maps, were against it.

The new rules of the British O-Federation will allow this kind of start for events like colour events. The IOA rules already permit it for events below Grade 1. The BOF suggestions include issuing a photocopied map with all the controls in use on it and a list of what ones are on your course - then you could copy down your course at leisure, in the comfort of your dry car, even.

The remaining question was: how much time to allow? Is 3 minutes OK? Would 4 be better? What about 2?

The pre-start copying of maps hasn't been used since, though CNOC had pre-marked maps at their Donadea event in March - an even bettter idea, and one which will become more common with improvements in digital printing technology and increasing numbers of maps drawn on computer.

On a more serious note, do you know how to start a pudding race? Say Go, geddit?

SWEDISH O-RINGEN CLINIC

Two Irish orienteers, Sharon Lucey (BOC) and David Healy (GEN) are to travel to the Swedish 5-Day and the O-Ringen clinics in July . Every year IOA is invited to nominate two people to take part in these clinics and be the guests of the O-Ringen, the clubs who join together to run the multi-day event.

It's a great experience - total immersion in orienteering with people from all over the world at one of the biggest sporting events imaginable.

If you're interested, be sure to write to the IOA and let them know: the invitation usually comes early in the year, with nominations decided by about March.

This year's event is from July 21-27 at Uppsala. (www.oringen.com)

SKI-O

An Irish team of Rory Morrish, Eunice Cinnamon and Jo Mein took part in the World Ski-O Champiobships in Bulgaria in February.

Lindie Naughton has her sights set on ski orienteering too: she reported that a recent trip to Austria whetted her appetite for ski orienteering: Lindie spent a most enjoyable week cross country skiing in Seefeld, near Innsbruck, Austria in early March, and the idea of Irish people trying ski orienteering no longer seems entirely ludicrous to her. She writes "With a couple of friends, I went through Topflight at a cost of about £600, stayed in a 2-star hotel (the Royal) and took a 5-day/2 hrs a day course (€91) at the local ski school (www.schi-seefeld.at), which does novice, intermediate and skating courses.

Ski/boot rental cost €55.50, but there are no other costs such as lift passes (obviously !)

I had planned only to do two/three days of the course, but it was so enjoyable (instructor an American called Vicki, who the Topflight rep said was one of the best around) that I stayed for the week, going off on my own after. There are 250km of prepared trails in the area, so lots of choice, especially in an place above the village called Wildmoos, where the Olympics were held a couple of times.The great thing about XC skiing is that even if it looks a bit hairy on say, a black course, you can just take off your skis and walk. It's also very kind to battered limbs.

Next year, I hope to go back to Seefeld and

also do another week somewhere ski-orienteering (if I can find an event that isn't too high-powered....)."

CRONYBYRNE MASS START EVENT

Tha AJAX Leinster League event at Cronybyrne, Co. Wicklow on April 14th, will include some mass starts for certain courses. The details are below. RThe event will be signposted from Laragh. Some parking will be up to 600 metres from the start.

Yellow	2.5km/60 m	11:00 - 13:00
Orange	2.8km/65m	11:00 - 13:00

The remaining courses have mass starts:

Lt-Green	3.4km/100m	12:00 sharp
Green	4.0km/135m	12:20 sharp
Blue	5.7km/145m	12:40 sharp
Black/Brown	6.4km/195m	13:00 sharp

O-SPORT Magazine

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WICKLOW ROGAINE

The Setanta Wicklow Rogaine will be held on the weekend of June 22/23. The new Harvey's map of Wicklow, covering an area from Lugnaquilla in the South-West to Enniskerry in the North-East, will be used.

The Rogaine is a 24 hour long distance score orienteering event, with controls covering a wide area. Competitors can stay out the full 24 hours, or alternatively return to our manned base camp for food & rest during the night. So it can be as gruelling, or as enjoyable, as you wish.

Entry forms can be obtained from www.setantaorienteers.org/rogaine.html or by calling Nina Phillips (087 2873150 / 01 8261109). Also available by post from 21 Linnetfields Square, Clonee, Dublin 15.

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Dublin 14

16th February 2002

The Editor\
TIO

Dear John

Thanks for the nice remarks in the last TIO. As far as the Doctorate is concerned, it shows how times have changed that our activities have achieved enough espectability for a Doctorate to be considered appropriate.

I have to correct your remarks about the Glendalough map. I have been sorting out my immense collection of O-maps gathered in my long and undistinguished orienteering career, and here is what I think is the correct chronology of the early maps from the moment we got into two colours. Of course it is subject to correction from any of the early orienteers still around. If I can't find the first event date, I've used the date - presumably the printing date - on the map.

30 May 1970	Event at Ballynhinch Co Galway on 2 colour map by Lynam family. It was a pretty awful map (some said the same about the event) printed in TCD Engineeing School, black, wiith red contours.
July 1970	Event at Hollywood Glen on similar map by Robert Garrett.
Dec 1970	Superior 2 colour map of Ballinastraw by Sean Rothery, black and brown.
Feb 1971	Similar map of Callow Hill by Lynam family
1971?	Undated similar map of Carrick Mountain by Mike Lunt, memorable for the inscriptions "Here be Monsters" and "Mare Brambularis".
Apr 1972	3 colour map of Glen of Imaal by RCSI and VE Murphy. Black, blue, brown
Apr 1972	4 colour map of Glendalough by Lynam familiy and Paddy Barry, Capt E Healy (sailors practising land navigation!).

Brown, green, blue, black .
[The event on this map was later than the Glen of Imaal event].

Autumn 1973 — 5 colour map of Kilmurry by Simon Stewart and Lynam family. Standard colours and symbols.

After that the deluge!

The photocopied b&w maps are too difficult to date, but amongst many others I have a very early Devil's Glen by Mike Lunt, with trees added to the 6" map, an early Carrick (also by Mike?) and an extremely early (second IO event?) Glen of the Downs by Paddy O'Leary with added hand colouring.

I can't close a letter at this time without saying how sorry I am that you are planning to retire from TIO. You've done a great job, of enormous value to Orienteering in Ireland, and you are certainly entitled to say to the rest of us that it's time we found a replacement. It will be difficult to find one, but, as I found, that someone always appears to pick up the job.You have me well beaten with your 100+ issues - I only managed 78 of the *Log* in its two lives.

Yours sincerely

Joss Lynam

IOA CONTROLLERS COURSE

22-24 FEBRUARY 2002

***Harold White**, himself an experienced controller, reports on the recent IOA course and reveals that he learned a thing or two ...*

In February the IOA held a controllers course in Glendalough which was arranged by Aonghus OCléirigh and was run by Carol McNeill who was assisted by her friend Claire. The 21 attendees varied from those with considerable controlling experience to those who had never controlled before, and there was a good spread of representatives from the IOA clubs.

The course covered the roles of the controller, organiser and planner and how the controller should interact with them. Carol provided very useful check lists as to who was responsible for what and when. She approached the topic from her considerable experience of running events in the UK where the key differences appear to be the much more important role of the organiser and the technical standards of colour courses in Ireland are not as high as those typically found in

Britain, especially at the orange/light green level.

The organiser should be the key person in the organising team and they have ultimate responsibility for cancelling the event while the controller can only recommend. Also Carol felt quite strongly that the controller should not try to re-design the proposed courses of the planner, provided they conform to the correct technical and physical standards. She feels that the controller should make comments and suggestions to the planner in writing. One of the most interesting sessions was how to deal with a series of potential problems where the controller may have to make a judgement. Simple problems were wrongly placed controls etc. but others caused considerable discussion. This session covered potential claim situations and the history of various claims in Britain highlighted the need for proper insurance and other safeguards.

We had two external practical sessions, firstly checking control sites on the technical western part of the Trooperstown/Ballard map where we had to check the proper positioning of each control site, its suitability in terms of matching the feature on the ground with what was depicted on the map, and the control descriptions. The second exercise involved judging the technical standard of various legs on the Glendalough map area.

Other things that I learned that could or should be used were:-

As well as showing the course on master maps, they should also show the relevant map corrections and should have the course descriptions attached.
Maps for the yellow and orange course should be pre-marked as it makes it easier for juniors and newcomers.
As well as controls not being placed on similar features within 60m of each other, no control site should be used within 30m of any other control.
If proposed sites that are tagged by the planner are not used in the final courses, their tag code should not be used for another control site. It should remain in the planners control description list, but any tag should be removed before the event and noted as collected on the list.
It was recommended that planners should mark control sites with one colour of tape, and that the controller should signify his checking by using a different colour tape.

I found this a very useful course to brush up on my controlling knowledge and it was particularly helpful to discuss the practical aspects of controlling events in Ireland with the other participants . There is rarely the opportunity to discuss these matters at events or outside individual clubs and one suggestion to IOA would be have a controllers/planners/organisers day once a year.

(Editor's note: In case you don't know, the Controller is the representative of the competitor on the organising team: the event official who ensures that the courses are fair, that they are suitable, that the organisation etc is up to the task, that the map is accurate and so on. It's a vital function and we should all be very grateful that orienteers are prepared to give up their time to control events for the rest of us.)

INTERVARSITIES 2002

Susan Bell reports from deepest Munster ...

Seven hours, two buses, one *Chicken Run*, one dodgy Disney video and most of an Independence Day after leaving Dublin, and the Dublin/Belfast contingent had arrived, late on a Friday evening. UCD, Trinity and Queens joined NUIG, GMIT, UCC, CIT, Mary I and the Army cadets to experience the 2002 Intervarsities, hosted by UCC. Some hardy souls started the weekend as they meant to continue, and were last seen roaming the streets of Killarney looking for a pub with a late licence, while the rest of us retired to bed to conserve energy for the big event the next day (or perhaps, more accurately, the night's festivities to follow)

Saturday dawned all too soon for most, and we were ferried out to Muckross in several groups to face the courses. I experienced the Women's A and thought it was very well-planned and made good use of an area criss-crossed by numerous paths - very runnable but with the odd well-placed rhododendron bush to slow you down - which seemed to be the general consensus of others on the day. Those in danger of lapses of concentration out in the woods were given a rude awakening - several people quite literally got the shock of their life, courtesy of the handily-placed electric fences.

From a UCD point of view, for most of our members it was their first intervarsities, and we made a good impression on the overall results. The prize-giving was during our meal in the Gleneagle Hotel later in the evening, and congratulations must go to UCC for getting so much sponsorship and mightily impressive prizes. Niall Bourke took the honours in the Men's A, swiftly followed by UCC team-mates Alan Barry and Darren Bourke, meaning no-one could stop them from making off with the Men's Team prize. Niamh O'Boyle (Trinity) took first place in the Women's A, and the Women's team prize this year headed back to Trinity, with Zuzannah Krmaskova and Sarah Barry-Johnson helping it on its way.

With the prize-winners laden down, the drinking began in earnest, and in true student style we threw ourselves into it with energy. Once back in Killarney we startled the locals by taking over their otherwise peaceful pub, so that by the time we stumbled down the road to the quality Mustang Sally's night-club, we were well-oiled to say the least. We proceeded to stake our claim on the dance floor (although it may be closer to the truth to say that the other revellers stayed away through instincts of self-preservation). A few budding relationships were formed and the DJ's requests for all the orienteers' rang out till the wee small hours. I pity the night porter of the Neptune Hostel, who then had the unfortunate job of attempting to herd us up to the dorms - he tried valiantly, but failed miserably.

If I thought getting up on Saturday morning was painful, then Sunday just doesn't bear thinking about. A group of hardy souls headed out to Knockreer for an early morning run in the park - a half-hour score-O blew away the cobwebs for many, and the winning honours were shared by Sarah Barry-Johnson and Niamh O'Boyle in Trinity, and Caroline Dennehy in Mary I. Our bus left for Dublin soon after, full of exhausted student orienteers, and I hope I'm right in saying that everyone had a fantastic weekend.

(to page 20 ...)

"The only way to improve at orienteering is by orienteering"

Neil Dobbs (WatO and DUO) has recently gone to work in New York. He looks back from a safe distance ...

In recent months some of our more senior Senior Squad members have been growing more worried about the scarcity of talented juniors coming up through the ranks, and dependent on this the uncertain future of elite orienteering in Ireland.

Part of the problem is the relative scarcity of juniors of any description. As our beloved editor pointed out in ***TIO 100***, the sport is becoming top-heavy. This should be a cause of concern to all who love the sport. I shan't, however, be dealing with this topic now.

Orienteering is an inherently individual sport. You can't sit on a guy's shoulder and let him carry you around the course (metaphorically speaking). Motivation comes from within as you compete with yourself on the course. Unfortunately, there seems to be an attitude that this goes for training as well. It's up to yourself.

While the oft-quoted "the only way to improve at orienteering is by orienteering" is arguably true, it hides the important point that improvement is much greater with training. This gives a first and lasting impression that all you have to do is attend as many events as possible.

Many people pass in and out of the sport without participating in a large international event such as the JK, the Scottish 6-Day or the World O-Championships spectator event. Few of those who have experienced the incredible atmosphere at these events leave the fold, and none are unimpressed. They are also, for many, the first experience of large-scale high-performance orienteering, and expose this new element of the sport, arousing feelings of "I want to be part of this".

At present there is no support structure for these enthusiastic converts. No club has organised training sessions (at least none well-advertised). If they are lucky they might know squad members willing to give advice, but when it comes down to actual training they are on their own.

How many other sports work like this? In how many other countries is orienteering organised like this?

Cork and Dublin/Leinster regions should each have at least one club which holds at least one physical training session weekly and at least one technical training session per month.

This should be done as part of an IOA-regulated scheme, so that any club which organises training would be 'IOA-approved', and all aspiring competitive orienteer, juniors especially, would be encouraged to join one of these clubs if possible.

These clubs, together with their training times and locations, would also be advertised in Outdoor Education Centres etc. giving an easier access point to the sport.

As an aside, I would envisage established clubs forming 'competitive wings' to

facilitate some of the following points:

It would be desirable for members of these clubs to be part-subsidised on trips to high quality events, including for example the Shamrock O-Ringen, Badge Events in the UK, Fin 5, Swedish O-Ringen.

The team atmosphere in these high-performance clubs would, I believe, be of immense benefit to the orienteers concerned and the sport as a whole, reviving the all-too-often neglected (some would say non-existent) social side to the sport.

Issues such as gym membership and higher club membership fees (perhaps €100 per year - remember subsidised trips!!) should also be looked at. Senior club members would be expected to mentor less experienced members.

For negligible cost, these propositions could, by combatting the ignorance of what is involved, by exposing orienteers to high-performance competitions, by providing support structures which offer advice, encouragement and a positive atmosphere, and without requiring a massive increase in the number of participants, considerably improve the standard of Irish elite orienteering in the medium term.

I'm sure the editor will welcome the views (as I will) of those who disagree. Debate is healthy. Remember, however, that more than talk alone is needed...

(Many competitive Dublin orienteers train with Crusaders AC during the week - Ed.)

Planning a Street-O

Niamh O'Boyle

Starting off:

The good: Had some planning experience - a yellow course on the Curragh!

The bad: No car or bike to survey prospective area, never ran at a Street-O and, probably worst of all, had no map!

Late November/Early December:

Had a look through all the old TIOs to find guidelines for Leinster League courses. The description of Street-O reads ëOrienteering presented at a sizzling pace with black = 16km and brown = 11km'. Hmmm:.. so for any of you wondering where the half-marathon-like course came from that was it!

Sent e-mails to Marcus Geoghegan and Andrew Butterfield, both of whom had previously planned Street-O events. Good advice from both.

Discovered that the planned venue - Phoneix Park - is being used for the Irish Champs relays, so changed to Marley Park.

Later in December:

Helen went into the map library in Trinity and found a lovely map of the area around Marley Park, done in the early 90's by the Ordnance Survey. Sent a letter to OS looking for permission to photocopy it.

Also got in touch with Rory Wallace of AJAX to ask about getting maps of Marley Park itself to run the yellow and orange courses on. Just felt a bit reluctant to let younger children out around the streets by themselves.

Late December:

AJAX gave us 60 maps! One worry off our minds! Bring my brother's bike up on the train and cycle around Rathmines, Rathgar, Terenure, Crumlin, etc, etc for 7 hours peering at postboxes, bus-stops and road-signs: anything with writing on it!

Coming near the day and while rushing for the train, the bike gets a puncture in Crumlin and end up running for the train through a pretty dodgy area. Make train by a minute!

Got about half of the black, blue and brown courses done.

-3 weeks:

Out on bike again - Helen's this time. As the map we're working with starts at the canal, and I'm not sure how to get there directly from the city centre, I head down to Ballsbridge hoping to follow the canal down to Rathmines. An hour later and signs for Bray, I'm thinking I took a wrong turn! Eventually make it out to Rathfarnham and find sites for the green and light green

-1 week:

Barry picked up the maps from AJAX at the event on the previous Sunday. Finally get permission from the OS to use the map - phew! Then spent about 4 hours tipp-ex-ing out all the street names, and gave the map to Rowan to photocopy. Nearly there! Fergal headed out to find the final few control sites on Thursday.

-1 day: Saturday 2nd February

Was staying up in Dublin with Fergal, and so got the 6 o'clock train. When I got into Heuston and rang him, discovered that he was stuck out in Killiney, where he'd been picking up controls, due to a disruption in the DART services. Uh oh!

7 p.m. - Up in his flat desperately trying to decipher his writing from the sites he'd found on Thursday.

9 p.m. - Finished the master maps. Headed into Trinity to type up the control descriptions.

Sunday 3rd February

12:30 a.m. - Finished control descriptons and went for some food! Fell into bed.

7 a.m. - Woken by Ciaran, planner of the yellow and orange courses, who had come down from Drogheda. Headed out to Marley.

10:30 - My mum arrived with the car so we set up the registration and taped the maps onto the boards. Unfortunately, the signs were left back in the flat so we make do with what we had: a pink marker, some surgeons tape, and paper. Ciaran, his dad, and my brother Seamus finished placing the kites.

Later in the day: Some of the controls ended up in a tree and the "Orienteering today" signs blew away!

Some tips, things that can go wrong, and bits I learned:

- It takes a long, long time to go out and find the sites. It's an awful lot quicker to have the course roughly planned so that you know the general area in which you want a site to be. Then when you go out, you don't have to think about where the next control will be. Of course, to save yourself knowing things like "Postbox 111 is on the lower Churchtown Road" it would be handy to have something that you could stick on the street yourself.
- Lots of people don't really like running on concrete, and so one or two courses could be run on a nearby orienteering map, they'd be very popular! In our case, we found that the yellow and orange courses were popular because they didn't go out on the streets. You can't please all of the people all of the time! We got some wonderful praise and some not-so-good comments.
- Make sure the signposts for the event are securely fastened to the posts, especially in cases of gale force winds!

Irish Orienteering Association Training Board

Level 1 Coaching Course 2002

An IOA Level 1 orienteering non-residential coaching course is being held over two weekends starting on Saturday 13th April in Galway. Part 2 of the course will be held in the autumn. The course is aimed at orienteers who have no certified coaching award and wish to obtain an IOA Coaching Level 1 Instructor Award.

The course fee is €80 with the first €40 payable on application. The balance will be payable before the second weekend. In addition, candidates for IOA Level 1 - Instructor Award must register with the Board on applying to attend the course and must pay a €25 registration fee. This application must be made to the Course Tutor who will forward them to the Board.

A profile form must also be completed on application and if candidate is deemed not to have sufficient experience to attend the course, the registration fee will be refunded. The Course Tutor during the course will issue logbooks to candidates, who will be expected to have logbooks completed for Part 2 of the course.

Entry Requirements:
A candidate must be over 18 years and should have either the Basic Proficiency Award in orienteering, have attended the introductory course or have relevant orienteering experience and be able to produce evidence of same. A candidate must also:
(a) Have studied and be conversant with the relevant training and coaching aspects of the British Orienteering Federation's publication "Teaching Orienteering".
(b) Have successfully completed, in a reasonable time, a valid and age-appropriate course at a minimum of 5 open orienteering events, one of which must be of Grade 1 or Championship standard, organised under the Association's rules, during the preceding 12 months. At colour events, the green course or higher should be completed. Training and score events will not suffice

Applications to: Brendan Cryan, 21 Marian Cresent, Rathfarnham, Dublin 14
Tel. 01-4945926 Mobile 087-6836854

IOA Level 1 Coaching Course 2002

Name_____

Address_____

_____

Tel:_____ Club:_____ Deposit €_____

Navigating Japan

Setanta's Nina Phillips & Fachtna Healy go Orient-eering

Japan is home to WOC2005 and some little football tournament next year. We had the opportunity to visit last year and I thought a few words might be of interest. By way of background, I work for a Japanese company, Yamanouchi, and I won a week's working holiday through them. I arranged to take two weeks off at the same time, and Fachtna agreed to come along and rooted up a friend in Toyko.

Japan is a truly fascinating country. Absolutely everything is not quite as it is in the west, I could talk culture for pages but I won't. From getting on trains, conversing with the locals, crossing the road, it's all different. Go see it.

The only fixed plan for our two weeks was to get to an orienteering event somewhere, just to see how different that might be. The Japanese somehow have www.orienteering.com as their national O-website and we located an event that looked interesting. Sprint-O a few hours south of Tokyo at Nagoya. As it happened when we mailed the organisers, they responded with a warm invite and stories of one of them, Shihoko, meeting and training with the Irish in Finland (first to mind being Mr John Fee Han) and she was delighted that we knew some of them.

The event was a national level sprint-O and they were expecting a good field, especially as the area is part of the World Cup 2005 region. The elite courses were only 3 to 4k so I entered both of us elite for the craic. Fachtna forgave me after a while for entering him in his first elite race without quite telling him!

After time in Tokyo and a week touring the south of the country (Hiroshima, live volcanoes, hot sand baths and boiling mud springs being just some of the attractions), we headed north again to Nagoya for the event.

We got to the event most efficiently by train and local bus, arriving at an impressive marble floored building, with fountains and indoor palm trees and a tinted glass roof several stories high. We found out later this was just the local sports centre. Behind it was a large park, beautifully landscaped with small hills, lakes and ornate bridges and every sport you could imagine under way in every corner, people everywhere. The population of Tokyo and environs is 120 million so the parks are well used! Interestingly, not one control went missing.

The start area was in the centre of the park. When your names are the only ones on the start list which you can read (everything else being in Japanese Kanji characters), nerves seem to set in for some reason. Makes one feel a small bit Western and conspicuous. Some of the locals enquired had we travelled especially for the event no pressure so!

On meeting Shihoko and her colleagues we discovered that the Japanese are actually very respectful of Irish orienteers, as we usually beat them! Again, no pressure here!!

On the start line more enquiries as to our credentials, we must have had the competition worried! A nice novelty to me. It was the perfect area for a Park O, the assembly/start/finish area was at the top of a large bowl shaped field. There were several start controls visible (frighteningly close together) at the bottom of the field, and the last 3 or 4 controls were around the perimeter, just about out of sight. One poor unfortunate (on the elite course I think) took in a few hill reps of the field, lost whilst within sight of both the start and finish, to the delight of his cheering clubmates!

The elite courses were both around 3k with over 20 controls and I made a mental note to save a bit of brain power for those last few controls in the field. The race itself was fast and furious, beginning with the full speed open downhill, desperately trying to read the map to check which first control to hit. Some controls throughout the course were within 10 or 20 metres of each other and visible, no option but to sprint for it. Others were longer legs with heaps of confusing route choice through playgrounds, rose gardens and thickets, dodging the Frisbees, footballs, baseballs and other games going on around the park. The biggest annoyance was an area of large cobwebs and even larger spiders which took me by surprise and made me retreat to the paths for a bit! Besides that, it must be perfect place for a Park World Tour race.

The dreaded last few controls passed off peacefully and the locals politely cheered in the second foreigner to finish. Fachtna had already been treated to a reception of iodine and bandages after a nasty fall along the way, but cheerful on finishing his first elite course mostly intact and not last! His cut hands got him out of carrying the shopping for a few days. I managed a 5th so I think I'll stick to Japanese Park O.

Around the results area were several large map boards, displaying pictures the national team at recent world events and showing the results, maps and photos from those and other events (now there's an idea for the IOA PRO?). It all looked very impressive and was attracting much attention from the orienteers and curious passers by. The 25c sunny October day helped of course.

We said our thanks and good-byes, and walked and limped off into the sunshine and headed for Mount Fuji.

Whichever your world cup dream, being lost or found in Japan is highly recommended.

Intervarsities, Cont.

And if you weren't there, or in case you're having a spot of bother remembering, UCC have a brilliant website set up, with full results, discussion board and many many photos (with several of them not for the faint-hearted or sensitive amongst you - you have been warned!) It can be found at www.ucc.ie/students/socs/orient/intervarsities

Thanks must go to KerryO for the planning and running of the Individual Event itself at Muckross, and to UCC for making the whole weekend happen. Roll on the JK!

APOC 2002 Canada

July 6–14, 2002
Alberta Canada
www.apoc2002.com

An international 6-day incorporating the **12th Asia Pacific Orienteering Championships**

This summer be part of North America's biggest international orienteering festival, APOC 2002 Canada a week-long orienteering festival steeped in the history, culture, and magnificent natural beauty of **Western Canada**. Compete on an exciting variety of **terrain,** from the sand hills of central Alberta, to the unusual knob and kettle of the prairies, to the glaciated terrain at the foot of the **Rocky Mountains**. Reasonably priced accommodation is at University residences where an **Athletes' Village** atmosphere will encourage mingling with orienteers from all over the world. Loads of **social activities** have been arranged, including several pub nights, a trip to the Royal Tyrrell Dinosaur museum in the Alberta Badlands, Opening Ceremonies at Canada Olympic Park, a closing banquet at Fort Edmonton Park, and all the rodeo and dancing you could wish for at the world famous **Calgary Stampede**, *"the greatest outdoor show on earth"*.

for more information, to register, or to join our email list:
www.apoc2002.com
info@apoc2002.com
(403) 262-4457
1239 Colgrove Avenue NE
Calgary, Alberta, Canada T2E 5C3

Registration dates:

Registration deadline:
May 15, 2002

Accommodation booking closes:
May 31, 2002

St. Anne's Park, Raheny, Dublin.
Sunday, 16th December, 2001
Fingal Orienteers

Thanks to Jean for planning and Bernie for organizing, and to Tommy, Alex, Deirdre, Val, Helena, and Erika for helping out. And also to our former chairman, Frank Flood returned from assignments abroad.
There are three times missing from the results. Mary Healy, Vera Murtagh, and one other. Apologies but the cards were never located.

Long Course
1 Paul Nolan M21 GEN 23.15
2 Hugh McLindon M21 3ROC 28.32
3 Wally Young M45 CNOC 32.30.
4 Brian Bell M45 GEN 32.31
5 Donal Wickham M40 AJAX 34.27
6 Ted Mc Cormack M16 GEN 34.35
7 Donagh Ryan M21 KO 35.35
8 Gary Tully M21 3 Roc 36.00.
9 Fachtna Healy M21 SET 37.37
10 John Francis M45 DFO 37.52
10 Seamus O'Boyle M14 CNOC 37.52
12 Kathryn Wally W40 FIN 40.38
13 Nina Phillips W21 SET 40.55
14 Ian MacNeill M50 3 Roc 41.46
15 Terry Lawless SET 42.00.
16 D. O'Murchu M50 CNOC 42.36
17 Gordon Elliott M21 3 Roc 43.09
18 Andrew Butterfield M40 GEN 43.39
19 Dave Doran M35 FIN 43.41
20 Brian Hollinshead M60 3 Roc 44.18
21 Mick Kellett M60 GEN 45.50.
22 Paul Dunne M40 WEGO 46.38
23 Wyn McCormack W50 GEN 50.02
24 B Cormack DUO 51.39
25 Jane Hingerty W16 GEN 51.57
26 Jonathan O'Neill M35 53.25
27 Noel Conway St Killians 54.50.
28 Andy Blanchard M21 GEN 54.52
29 Deirdre Bell W16 GEN 55.16
30 Aine Ni Shuilleabhan W50 3 Roc 55.48
31 Nigel Lombard M21 62.44 Bike O
31 Alan Ayling M21 GEN 62.44 Bike O
32 Louisa and Martina W21 62.55
33 Craig Murphy, James Corscadden St Killians 65.42
34 Patrick Giles M12 CPSO 113.58
35 Claire Corcoran DNF
36 Mary Healy W45 GEN

Medium
1 Miriam Reid W35 GEN 31.50.
2 Con Carroll M65 3 Roc 36.14
3 Alex Bogornoletz M35 FIN 36.30.
4 Andrew O'Mullane M21 GEN 36.50.
5 Siobhan Cottell 3 Roc 37.18
6 Eoin Egan 40.50.
6 John Lyons 40.50.
6 Kevin Lyons 40.50.
6 Cliona Mccullough 3 Roc 40.50.
10 Simon McCormack GEN 42.19
11 Brendan Farrell, Peter Keenan St Killians 42.26
12 Eoin McCullough M7 3 Roc 45.04
13 Conal O'Flanagan 45.40.
14 Sean Griffin 45.50.
15 Roisin Egan 50.06
16 Katie Lyons 50.08
17 Niamh Egan 50.09
18 O Naji 54.15
19 Declan Lawlor M50 56.17
20 Jason Smyth, Leon Griffiths St Killians 80.42
21 Victoria Sewell, Anthony Hymes St Killians DNF
21 Triona Merrigan, Dean P, Florin P St Killians DNF

Short
1 Kevin O'Boyle M10 CNOC 24.10.
2 Colm Hill M13 CNOC 25.10.
3 Mary Gavin W35 26.40.
4 Eoin Butterfield M4 GEN 33.44
5 Claire Shaw 34.42
6 Elaine Shaw 34.50.
7 Caoimhe O'Boyle W4 CNOC 37.12
8 Padraig Kearns M8 FIN 37.20.
8 Donal Kearns M5 FIN 37.20.
10 Conor Joyce M8 39.00.
11 Jean Mullen W65 3 Roc 40.14
12 Eoin Joyce M8 45.10.
13 Ciaran O'Loughlin M7 AJAX 45.20.
14 David Kernan M9 AJAX 50.05
15 Deva McGinty W14 GEN 55.37
16 C Naji 57.52

St. Anne's Park, Raheny, Dublin.
Night Event, 15 Jan 2002.
Planner: Mick O'Keeffe, Controller: Val Jones
Fingal Orienteers

Long Course 5.6 km .
1. Brendan O'Brien M21 Ajax 35.17
2. Marcus Geoghegan M35 Ajax 38.29
3. Martin Flynn M21 Ajax 43.19
4. Aonghus O'Cléirigh M40 Ajax 45.51
5. Dave Weston M35 Setanta 50.22
6. Tony Joyce M21 Ajax 50.58
7. Jim Hoare M35 Ajax/DFO 52.30
8. Gerry Brady M21 Cork O 53.36
9. Ruth Lynam W45 CNOC 54.10
10. Gary Tully M21 3ROC 59.59
11. Pat McGoldrick M21 61.35
12. Ciarán Carolan, Niamh O'Boyle M20 DUO 84.35
13. Ger Power W50 3ROC 99.09
14. Eddie Hogan M65 Ajax 109.09

dnf Brian Lawless Ajax 93.00
dnf Barry Cormack + Connell Kavanagh M18 DUO 98.00

Short Course 4.2 km.
1. Brian Hollinshead M60 3ROC 42.21
2. John Francis M45 DFO 42.54
3. Claire Walsh W55 3ROC 61.50
4. Brendan Doherty M55 GEN 64.34
5. Mick Kellett M60 GEN 76.15
6. Vera Murtagh W60 3ROC 118.50

Results of GEN Sprint-O, Barnaslingan Wood, Co. Dublin. 20 January 2002
Leinster League

Black

1	Brendan O'Brien	AJAX	M21	13.21
2	Justin May	3ROC	M45	15.15
3	Patrick Casey	GEN	M21	15.44
4	Philip Brennan	SET	M21	15.51
5	Silke Schlittermann		W21	17.00
6	A. O Cleirigh	AJAX	M40	17.00
7	Paul Smyth	AJAX	M21	17.52
8	Brendan Delaney	CNOC	M35	19.00
9	Donal Burke			23.20
10	Eoin Keith	SET	M21	24.14
11	Brian Lawless		M55	28.46
N/C	Paul Nolan	GEN	M21	11.43

Brown

1	Brian Bell	GEN	M45	17.53
2	John McCullough	3ROC	M45	18.11
3	Pat Spillane	CNOC	M40	19.57
4	Marcus Geoghegan	AJAX	M35	20.55
5	Tommy Duggan	CNOC	M40	23.21
6	Eoin Dunne	3ROC	M21	23.56
7	Michael O'Keeffe	FIN	M40	24.10
8	Dave Weston	SET	M35	25.59
9	N. Costelloe			52.27
10	Hugh Reynolds	3ROC	M35	55.55
	David Healy	GEN	M20	MP8

Blue

1	Fachtna Healy	SET	M21	18.04
2	Wally Young	CNOC	M45	20.09
3	Niall English	UCDO	M21	23.11
4	B. McGratt	3ROC	M50	24.23
5	Paul Dunne	WEGO	M45	24.49
6	J. de Lacy	AJAX	M50	25.09
7	Ruth Lynam	CNOC	W45	25.27
8	Nina Phillips	SET	W21	26.18
9	Mick Mangan	SET	M40	26.38
10	Ted McCormack	GEN	M16	27.02
11	Michael Richardson	3ROC	M60	27.51
12	Gavan Doherty	GEN	M21	27.56
13	Joe Lalor	GEN	M45	27.59
14	Nadya Hutchinson	3ROC	W21	28.07
15	Terry Lawless	SET	M40	28.22
16	Sean Hassett	SET	M35	31.11
17	R. Wallace	AJAX	M21	31.15
18	D. Corrie	FIN	M40	32.08
19	Clare Fitzpatrick	UCDO	W20	36.20
20	Susan Bell	UCDO	W21	36.40
21	Ger Power	3ROC	W50	36.41
22	Thomas Keegan	3ROC	M35	36.48
23	Jonathan O'Neill		M35	37.20
24	John Craddock	UCDO	M21	38.25
25	Shay Foody	UCDO	M21	39.21
26	John Galligan			40.12
27	Don Short	CNOC	M40	41.08
28	Miriam Reid	GEN	W55	43.29
29	Ciaran Loughlin	AJAX	M7	43.39
30	Joss Lynam	3ROC	M75	55.44
31	Seamus McCoubrey	UCDO	M21	65.38
32	Ian Murphy	FIN	M21	DNF
	SNAFU			DNF

Green

1	M. O'Connell	3ROC	W35	16.56
2	Brendan Doherty	GEN	M55	17.25
3	Lorna Kelley	AJAX		18.20
4	Jean O'Neill	FIN	W55	19.38
5	Declan Carbery	CNOC	M45	20.01
6	D. Carbery	CNOC	W16	21.08
7	Barry Cormack	DUO	M18	22.02
8	Andrew Bonor-Law	GEN	M65	22.06
9	Deirdre Bell	GEN	W18	22.28
10	Wyn McCormack	GEN	W50	22.40
11	Tom Burke	FIN	M45	23.46
12	M. Higgins	SET	W60	25.09
13	Jane Mingery	GEN	W16	25.22
14	D. Nagle	3ROC	W50	26.03
15	David/Daniel Kevian		AJAX	M10 26.17
16	Aine Ni Shuilleabhain		3ROC	W50 27.48
17	Mick Kellett	GEN	M60	27.58
18	Paget McCormack	GEN	M60	28.25
19	Hazel Thompson	SET	W21	28.51
20	Niamh Lalor	GEN	W18	28.58
21	Mark Lande			29.32
22	Donal Walsh		M45	34.12
23	Kieran McQuin			36.50
24	Yvonne Lande			36.51
25	Sybil McCormack	GEN	W21	36.59
26	Helen Martin	DUO		42.07
27	Sarah Robertson		43.15	
28	Aine Joyce	GEN	W35	55.10
29	Geoffret Allen			72.40
30	Hugh Allen			72.40
	Derek Roberstson			DNF

Lt. Green

1	J.B. Riordan	3ROC	M35	19.22
2	Kathryn Wallace	FIN	W40	22.57
3	Bredan Carbery	CNOC	M14	26.10
4	Andrea McCormack		GEN	W55 26.37
5	C. O'Sullivan	GEN	W21	28.47
6	F. O'Neill	SET	W50	31.40
7	Nora Lalor	GEN	W45	35.45
8	Claire Walsh	3ROC	W55	36.28
9	S. Falkner		W16	37.05
10	A. Lacy		W16	37.05
11	Hopkins McGrath			40.41
12	Aishling Reidy	UCDO	W20	42.53
13	Larry Roe	UCDO	M21	43.00
14	Niamh O'Gorman	UCDO	W21	43.53
15	Vera Murtagh	3ROC	W60	45.22
16	M. Cronin		W35	46.15
17	Natasha Coster		W16	54.13
18	Laura Carton		W16	54.13
19	Billy O'Neill	SET	M55	55.40
20	Victoria Sevell		W14	59.19
21	Anthony Hymas		M16	59.19
22	Craig Murphy		M16	69.13
23	James Corscadeten		M16	69.13
	Brendan Farrell		M14	MP7
	Ross Moriarty		M14	MP7
	Padraig Kearns	FIN	M8	DNF
	Donal Kearns	FIN	M55	DNF
	Sean Kearns	FIN	M55	DNF

Orange

1	Philip Kuda			17.00
2	Caden Conway			17.25
3	Claire McGrath	3ROC		21.43
4	Sorcha Conway			22.58
5	Rory Neary	3ROC		23.25
6	Ferghal Burke	FIN	M12	23.30
7	Karen Power	SET		25.10
8	John Rigney	CNOC	M12	25.58
9	Alan Murphy	FIN	M10	26.37
10	Ciara Burke	FIN	W14	27.44
11	Colm Moran	3ROC	M10	29.08
12	"S. Healy, P.Dean"			29.10
13	John Coleman			30.23
14	Clodagh Mangan			32.17
15	C. Morrison	AJAX	W35	32.24
16	Terry Bradley			33.48
17	Kevin Slowey	DUO	M20	36.08
18	Rowan Constable	DUO	M19	36.08
19	O'Keeffe Family	FIN		38.40
20	Cabral			39.00
21	Eileen Cronin			39.50
22	Conor Short	CNOC	M10	41.34
23	Gubbins		W35	60.08
24	Anne O'Brien		W35	60.23

Yellow

1	G. Burke	M10	FIN	23.54
2	R. Short	M12	CNOC	24.35
3	S. McKay		SET	27.25
4	L. McKay		SET	27.48
5	D. Turner et al		AJAX	32.47
6	D. Branspell			32.47
7	C. Moran	M9	3Roc	36.18
8	N. Moran	W7	3Roc	40.40
9	C. Short	W18	CNOC	40.57
10	C. Healy			40.57
11	M. Ellis			40.59
12	B. Mangan	M10	SET	45.30
13	A. M. Green	W21	UCDO	55.10
14	Ryan	W7		59.40
15	Clodagh M.	W10	SET	70.55
16	M. Wallace		DUO	DNP
17	C. B. Farrell		DUO	DNP

Night-O score event. Muckross, Killarney. Sat 26 Jan. 2002

Previously we had run such events on the night before our day event. There was no improvement in competitor numbers for either night or day event. It appears that a night event can stand alone and organisers are saved the problems or running a day event immediately afterwards.
The bad weather held off, giving a pleasant night, even with cloud covering the moonlight which had looked promising on the nights leading up to the event. Pre-marked maps were used.

Faye Pinker	425
Sean Slattery	425
Bob Pinker.	425
Chris Slattery	290
John O'Reilly	275
Gerry Brady	270
Pat Murphy	235
Dermot O'Sullivan	200
David O'Donovan	160
Rory Costello	160
Tony O'Sullivan	160
Fachtna Healy	140
Pat Cleary	140
Ted Lucey	130
Aisling O'Donovan	90
Kevin O'Reilly	85

Negative scores and eliminated runs are not shown.

The main road was deemed out of bounds for the night event. Some runners inadvertently used a short section of this road to run into the finish and so had to be disqualified.
Notwithstanding this our congratulations must go to the AJAX orienteer who collected 480 points and came back within time. This shows the standard that we can aspire to.
My thanks to those who offered to collect controls on the following day.
Timmy Flavin. Kerry-O.

DUO Street-O, Marlay Park.

BLACK COURSE 17km

1	Brendan O'Brien	129.59	AJAXM21
2	Eoin Keith	133.11	SETM21
3	A. O'Cléirigh	136.11	AJAXM40
	Paul Smyth	DNF	AJAXM21
	Noel Coldrick	DNF	IMRA

BROWN COURSE 11.56km

1	B.Bell	80.49	GENM45
2	Brian Jones	81.32	GENM21
3	Val Jones	90.50	FINM45
4	Niall English	97.51	UCDOM21
	Marcus Geoghegan DNF	AJAX	M35

BLUE COURSE 9km

1	Terry Lawless	72.05	SETW40
2	D. Corrie	75.07	FINM40
3	Ian Murphy	80.32	FINM21
4	Peter MacKay	84.18	DUOM21
5	Andy Blanchard	86.15	GENM21
6	Deirdre O'Neill	90.14	FINW21
7	Ger Power	119.4	3ROCW50
	W. Young	DNF	CNOCM50

GREEN COURSE 5.76km

1	Declan Carbery	45.30	CNOCM45
2	Deirdre Carbery	47.59	CNOCW16
3	Deirdre Nagle	50.16	3ROCW50
4	Hazel Thompson	53.22	SETW21
5	Tom Gillanders	53.25	M21
6	John Francis	54.13	DFOM45
7	Ruth Lynam	56.40	CNOCW45
8	Ted McCormack	56.43	GENM16
9	Mick Kellett	57.32	GENM60
10	John Galligan	57.45	
11	Deirdre Bell	58.15	GENW18
12	Tom Burke	59.37	FINM45
13	Wyn McCormack 61.30	GEN	W50
14	Mark Lanoc	64.27	M35
15	Mary Healy	65.09	GENW45
16	Sybil McCormack 67.18	GEN	W21
17	Aine Ui Shúilleabháin 67.33	3ROC	W50
18	Shay Foody	71.01	UCDOM21
19	W.Whitney	71.42	DUOM21
20	Clare Fitzpatrick 80.00	UCDO	W20
21	Don Short	84.3	CNOCM45
	Lorna Kelly	DNF	AJAXW30
	Xavier and Edward	?	

LIGHT GREEN COURSE 4.2km

1	Lorcan O hAlmhan 40.17	UCDO/SET	M21
2	Bernie O'Boyle	44.01	CNOCW40
3	Tony Devlin	46.37	GENM50
4	S.Murray	47.38	M50
5	Seamus O'Boyle	49.40	CNOCM16
6	Susan Healy	55.29	UCDOW21
7	Claire Walsh	57.28	3ROCW55
8	Jane Hingerty	58.16	GENW16
9	C. O'Sullivan	60.19	GENW21
10	Michael Butler	62.38	3ROCM60
11	C.Carroll	66.50	3ROCM65
12	Niamh O'Gorman 67.45	UCDO	W21
13	Brendan Carbery 67.56	CNOC	M14
14	Ciaran O'Loughlin 68.33	AJAX	M7
15	Kate McCormack 69.20	GEN	W21
16	Ben & Clodagh Mangan 76.56	SET	M10/W10
17	Vera Murtagh	94.00	3ROCW60
18	J. Fitzsimons	102.40	

ORANGE COURSE (INSIDE MARLAY PARK)

1	John B Riordan	22:45	3ROCM35
2	Fearghal Burke	24:25	Fin M12
3	B Lawless		30:03
4	Andrea McCormack 30:27	GEN	W55
5	C McGivern	33:01	
6	Simon McCormack 33:06	GEN	
7	Ruairi Short	33:31	CNOCM14
8	Helena Jones	34:31	Fin W14
9	Tadhg Luby	35:02	Army
10	Sheehan		35:34
11	J Grace		36:29
12	Cormac Taylor	37:15	
13	Hoare Family	39:35	DFO
14	Ciara Burke	41:17	Fingal
15	Eoin Finlay	41:53	Army
16	Neary		3ROC
17	C Morrison	42:36	AjaxW35
18	Anna O Keeffe	42:51	Fin W7
19	Philip Kuda	44:32	
20	R Ní Shúilleabháin + F.Tobin	45:39	3ROC WM21
21	Aoife Ryan	46:37	
22	D Donnelly	47:36	
23	Army		51:20
24	Eamon O Keeffe	51:22	Fin M5
25	E Hogan	53:43	M65
26	Caolan Conway	54:30	
27	A Horner	56:44	3ROC
28	Toni Butler	59:04	3ROCW55
29	Isabel Horner	66:20	3ROC
30	Sorcha Conwy	72:20	
31	Sarah Nolan	102:37	
32	Ryan		193:25
	Aoife Mills	DNF	UCDW21
	Arlene Beaney	DNF	UCD
	Coaran Ryan	DNF	
	Tony Buelley	DNF	

YELLOW COURSE (INSIDE MARLAY PARK)

1	Mary Gavin	17:30	GENW35
2	C Marshall	18:01	
3	Conor Short	18:21	CNOCM10
4	Paget McCormack 23:13	GEN	M60
5	Conor Joyce	24:49	M6
6	Eoin Joyce	28:47	M6
7	Galligan Family	33:10	
8	Lube V. Guldorin 38:47		
9	Nicola, Emma, Conor 42:13		
10	Naji	49:25	

UCDO Sugarloaf Results (Leinster League event No. 8) - Sunday 10 Feb 2002

Planner: Chris Blau (UCDO)
Organiser: Niall English (UCDO)
Controller: Alan Ayling (GEN)

BLACK

1	Brendan O'Brien	Ajax	M21	64.10
2	John Feehan	Ajax	M21	67.21
3	Paul Nolan	GEN	M21	68.58
4	Donal Burke	UCG	M21	80.35
5	B Delaney	CNOC	M35	81.34
6	Stefan Falerno	Ajax	M20	82.59
7	A O'Cléirigh	Ajax	M40	86.41
8	Peter Kernan	Ajax	M40	87.02
9	Paul Smyth	Ajax	M21	99.34

BROWN

1	Martin Flynn	Ajax	M21	71.12
2	B Bell	GEN	M45	72.26
3	Dave Weston	SET	M35	75.06
4	Senan O'Boyle	CNOC	M45	79.07
5	Tommy Duggan	CNOC	M40	85.26
6	Val Jones	Fingal	M45	85.50
7	Marcus Geoghegan	Ajax	M35	86.01
8	Declan McGrellis	LVO	M21	89.46
9	P. Brennan	SET	M21	93.18
10	Pat Spillane	CNOC	M40	118.57
-	Denis Deasy	SET	M40	DNF

BLUE

1	Mick Mangan	SET	M40	68.33
2	Niamh O'Boyle	DUO-CNOC	W18	73.01
3	Ruth Lynam	CNOC	W45	73.22
4	Paddy O'Brien	Ajax	M50	74.55
5	Tony Doolin	SET	M21	84.32
6	Leo Donovan	Ajax	M35	88.46
7	Brian Lawless	?	M?	96.16
8	Andy Blanchard	GEN	M21	97.28

9 Joe Buckley DFO M45 98.48
10 Paul Dunne WEGO M45 99.01
11 Ger Power 3ROC W50 139.30
- Gerard Butler 3ROC M21 DNF
- Donal Wickham Ajax M40 DNF
- Don Short CNOC M45 DNF

GREEN

Pos	Name	Club	Class	Time
1	David Healy	GEN	M20	42.02
2	Deirdre Ni Challanáin	Ajax	W35	43.01
3	B McGrath	3ROC	M50	49.46
4	J Mulroone	SET	M40	53.34
5	Legria Auiskpia?	?	?	53.49
6	Jean O'Neill	Fingal	W55	57.25
7	Monica Nowlan	3ROC	W50	60.28
8	Deirdre Calery	CNOC	W16	62.05
9	Aine Ni Suilleabhain	3ROC	W50	62.15
10	Stephen Doorly	GEN	M40	63.46
11	W McCormack	GEN	W50	65.01
12	Mary Healy	GEN	W45	65.15
13	B Cormack	DUO	M18	67.31
14	Declan Carbery	CNOC	M45	70.35
15	Ted McCormack	GEN	M16	74.11
16	Niamh Lalor	GEN	W18	79.03
17	Tom Burke	Fingal	M45	79.49
18	Jamie Troy	UCG	?	104.07
19	John Alvey	SET	M45	109.00
20	Mark Lande	?	M35	109.30
-	Deirdre Bell	GEN	W18	Disq
-	Ruil Dicker	N/A	M21	Disq
-	Fergal Treanor	UCG	M?	DNF
-	A B L	GEN	M65	DNF

LIGHT GREEN

1	Clare Nuttall	LEEO	W60	54.23
2	Seamus O'Boyle	CNOC	M16	55.58
3	David Dare	?	M45	60.22
4	Claire Walsh	3ROC	W55	65.00
5	Brendan Carbery	CNOC	M14	66.12
6	Michael Butler	3ROC	M60	68.04
7	C O'Sullivan	GEN	W21	70.65
8	Irene Ralston	UCG	?	72.45
9	Tony Devlin	GEN	M50	80.34
10	Nora Lalor	GEN	M45	81.26
11	Anne Marie Doyle	BIFE	W?	102.35
12	Adam King	Bray SC	M?	104.57
13	Vera Murtagh	3ROC	W60	106.08
14	P Gormesley	BIFE	M?	106.57

Irene O'Daly, Sharon Waters, M Galligan , C Carroll , O'Brien , Stephen Devlin, McCann , Kennedy , Paul Geary, Kevin Slowey ,S Cottell DNF

ORANGE

1	Jon Gill	?	M35	53.25
2	Erika Jones	Fingal	W12	58.45
3	Rory Neary	?	?	63.32
4	M Reid	GEN	W35	67.04
5	Bergoff	UCG	?	68.45
6	C McGrath	3ROC	W50	69.44
7	Catriona Byrne	Bray SC	W18	75.45
8	Galligan	?	?	80.57
9	Toni Butler	3ROC	W55	86.29
10	Rowan Constable	DUO	M20	98.28
11	Terry Bradley	?	?	99.00
-	Tania Constable	DUO	W21	DNF
-	Ruairi Short	CNOC	M14	DNF
-	John Coleman	?	M11	DNF

YELLOW

1	Eoin McCullough	3ROC	M7	43.37
2	Cliona McCullough	3ROC	W6	43.47
3	Ciaran O'Loughlin	Ajax	M7	55.46
-	Finn Thuke van Gelderen	?	M4	DNF

Pine Forest Results
17th February 2002

3ROC Leinster League

Black

1	Paul. Nolan	M21	GEN	62.05
2	Brendan O'Brien	M21	Ajax	67.05
3	Pat Casey	M21	Gen	70.44
4	Brendan Delaney	M35	CNOC	71.57
5	Aonghus O'Clerigh	M40	Ajax	73.41
6	Stephan. Falemo	M20	Ajax	77.35
7	Paul Smith	M21	Ajax	91.19
8	Eoin. Keith	M21	Set	93.51
9	G.Evans	M21	CNOC	101.42
10	Fachna Healy	M21	Set	107.33
11	Gary Tully	M21	3Roc	DNP no 9, 10, 11
12	Justin May	M45	3Roc	DNF
13	Peter Kernan	M40	Ajax	DNP no 21

Brown

1	Marcus Geoghegan	M35	Ajax	76.15
2	David Weston	M35	Set	78.09
3	Brian Bell	M45	GEN	80.44
4	Sennan. O'Boyle	M45	CNOC	80.46
5	Philip Brennan	M21	Set	85.00
6	Pat Spillane	M40	CNOC	88.52
7	Bill Simpson	M50	LVO	90.53
8	Declan McGrellis	M21	LVO	92.11
9	Val Jones	M45	FIN	93.34
10	Eoin Dunne	M21	3 Roc	107.17

Blue

1	Mick Mangan	M40	Set	61.49
2	Wally Young	M50	CNOC	62.29
3	Ted McCormack	M16	GEN	62.58
4	Una May	W21	3Roc	63.03
5	Brendan McGrath	M50	3Roc	64.20
6	Andrew O'Mullane	M21	GEN	64.43
7	David Healy	M20	GEN	64.47
8	Gavin Doherty	M21	GEN	68.49
9	Ruth Lynam	W45	CNOC	69.07
10	Paddy O'Brien	M50	Ajax	70.44
11	Joe Lalor	M45	GEN	72.44
12	J.. Preston	M21	KNOB	74.35
13	G. Francis	M35	KNOB	74.50
14	Leo Donovan	M35	Ajax	74.56
15	Dairmuid O'Donoghue		M21	GEN 75.10
16	D. Finer	M21		75.53
17	Nina Phillips	W21	Set	78.32
18	Terry Lawless	M40		79.30
19	Chris Blau	M21	UCDO	82.01
20	Mark Donovan	M40	3Roc	83.46
21	Ger Butler	M21	3Roc	93.40
22	Naill English	M21	UCDO	94.05
23	Susan Bell	W21	UCDO	95.08
24	Tony Doolin	M21	Set	101.39
25	Thomas Keegan	M35	3 Roc	105.14
26	Deirdre O'Neill	W21	Fin	128.08
27	Seamus McCarberry	M21	UCDO	128.11
28	John Cradelock	M21	UCDO	130.29
29	Brian Lawless	M55		132.40
30	E. O'Brien	M55	Fin	138.20
31	Nadya Hutchinson	W21	3 Roc	141.02
32	Gordon Elliot	M21	3Roc	DNF
33	Paul Dunne	M45	WEGO	DNF

Green

1	John deLacy	M50	DFO	57.29
2	Deirdre NíChallanáin	W35	Ajax	63.15
3	John McGrath	M20	3Roc	70.21
3	Monica Nowlan	W50	3Roc	70.21
5	Brian Rice	M20		70.22
6	Susan Healy	W21	UCDO	70.34
7	Wyn McCormack	W50	GEN	75.07
8	B. Cormack	M18	DWO	76.30
9	Andrew Bonar-Law	M65	GEN	77.10
10	Declan Carbery	M45	CNOC	80.13
11	Mary Healy	W45	GEN	80.32
12	D. O'Murchu	M50	CNOC	85.33
13	S.Murray	M50		86.10
14	Deirdre Bell	W18	GEN	91.15
15	Caitlin Bent	W50	Set	97.47
16	Áine níShuillebhán	W50	3Roc	102.39
17	Naimh Lalor	W18	GEN	107.31
18	Deirdre Carbery	W16	CNOC	114.15
19	Claire Fitzpatrick	W20	UCDO	116.01
20	S. Flood	M21		130.00
21	Hugh Reynolds	M35	3Roc	130.10
22	S Naji			DNF
23	Brendan Doherty	M55	GEN	DNF
24	SybilMcCormack	W21	GEN	DNP No 16

Lt Green

1	Brendan Carbery	M14	CNOC	52.11
2	Nora Lalor	W45	GEN	55.35
3	Dennis Patterson			59.17
4	Brian Power	M50	Set	59.52
5	Michael Butler	M60	3Roc	61.29
6	C. O'Sullivan	W21	GEN	61.38
7	Seamus O'Boyle	M16	CNOC	63.53
8	Ted McGrath	M55	3Roc	65.43
9	M. Kavanagh			71.37
10	Kathryn Walley	W40	Fin	72.04
11	Tony Maher		Army	72.32
12	S. Falconer	M21	UGLY	75.27
13	Francis O'Neill	W50	Set	76.04
14	Maire Higgins	W60	Set	76.42
15	Kevin Slowg	M20	DUO	79.26
16	Tony Devlin	M50	GEN	81.29
17	Sarah Kenny			84.27
18	Irene O'Daly		DUO	85.25
19	Sean Rothery	M70	3 Roc	87.52
20	Pat McGrath		Army	89.58
21	G. Ryan		3Roc	91.10
22	Fergus Ridgeway		Army	91.54
23	NeillO'Brien		Army	97.31
24	Eoin Finlay		Army	98.28
25	Tadhy Luby		Army	98.29
26	Cain Stears		Army	102.05
27	W. Smith		Army	102.08
28	Nugent		Army	102.15
29	Pat Dowling		3Roc	102.37
30	Sorcha Pineen		Army	102.38
31	Tracey McCormack		Army	102.41
32	I. Conlon			102.45
33	McCabe		Army	102.52
34	Eoin Ó'MurchearthaghM21		UCDO	103.28
35	John Rigney	M10	CNOC	107.05
36	Claire Walshe	W55	3 Roc	112.04
37	Bairbre Bent	W23	Set	113.14
38	John P. Molloy	M21		113.16
39	N. Hamilton/C Hardy			114.32
40	Carmel Connaughtom		Army	118.44
41	Billy O'Neill	M55	Set	121.07
42	Vera Murtagh	W60	3 Roc	141.35
43	C. Connaughtom		Army	118.44
44	B. O'Neill	M55	Set	121.07
45	V. Murtagh	W60	3 Roc	141.35
46	T. Weadick		Army	DNP no 11
47	Simon McCormack		GEN	DNF
48	Chris Bird	M18	DUO	DNF
49	Aaron Short			DNP no 6
50	Niall Costello		DNP no	11 and 12
51	Noreen Doherty	W55	GEN	DNF
52	Claire McGrath	W50	3Roc	DNF
53	Gerard Pacci			DNF
54	Marie Maher	W45		DNF

Orange

1	Ruairi. Short	M14	CNOC	27.37
2	Kelly Fox	W12	FIN	50.32
3	Helena Jones	W14	FIN	51.19
4	Megan O'Driscoll	W12	FIN	55.15
5	E. Jones	W12	Fin	55.16
6	Colm/Stephanie	M10	3 Roc	56.25
7	Ciara Burke	W14	Fin	59.32
8	H. Horner		3Roc	62.18
9	Fergal Burke	M12	FIN	63.25
10	Tierneys			65.11
11	Aoife/David			65.22
12	Rory Neary			66.10
13	Toni Butler	W55	3Roc	71.08
14	Terry. Bradley			74.04
15	Nicola Horner		3Roc	75.25
16	John Coleman	M11		80.56
17	KellyX4			91.34
18	Luke			91.35
19	K. Rowan	W13		93.24
20	Philip Kuda			94.29
21	Rowan			94.52
22	Naji/Meade			118.41
23	C. Bre-Farrell		DUO	123.20

Yellow

1	Cian O'Boyle	M12	CNOC	21.04
2	Jean Power		Set	35.07
3	D. Keenan/B. Speller			37.17
4	H. Spellen/D Kernes			37.19
5	Sara			38.23

6	The hunters			38.56
7	Kevin O'Boyle	M10	CNOC	39.16
8	Niamh Moran	W8	3Roc	39.57
9	Aoife Kernan	W4	Ajax	44.00
10	Don's			45.34
11	D. McLady			48.15
12	Galligan			50.03
13	"D,niEhoibin"	W35	Gen	55.12
14	Padraig Kearns			68.34
14	Seamus Kearns			68.34
16	Siobhan Delaney		DNP no 5 and 6	
17	Conor Short	M10	CNOC	DNF

Planner	Nigel Campbell-Crawford
Controller	Harold White
Organiser	Ger Power

Dún A Rí, Kingscourt, Co. Cavan, Leinster League event, 24 March 2002. Fingal orienteers

Planner: Val Jones, Controller: Donal OMurchú (CNOC) Organizer: Tommy Burke

BLACK COURSE.

1	Paul Nolan	M21	GEN	71.38
2	Brendan O'Brien	M21	AJAX	74.45
3	Shane Lynch	M21	DUO	96.54
4	Eoin Keith	M21	Setanta	102.04
5	Ron Patterson	M40	FERMO	110.44
6	Paul Smyth	M21	AJAX	129.16
m.p.	Billy Fyffe	M45	FERMO	126.40

BROWN COURSE.

1	Declan McGrellis	M21	LVO	74.29
2	Marcus Geoghegan	M35	AJAX	77.57
3	John McCullough	M45	3Rock	77.59
4	Brian Bell	M45	GEN	78.19
5	Dave Weston	M35	Setanta	79.50
6	Denis Reidy	M50	AJAX	82.25
7	Michael O'Keeffe	M40	Fingal	86.04
8	Heather Ervine	W35	LVO	89.42
9	David Tyner	M21	†	91.07
10	Greg McCann	M35	LVO	93.07
11	Joe Doherty	M35	FERMO	105.50
12	Susan Bell	W21	UCDO	120.28

BLUE COURSE.

1	Andrew O'Mullane	M21	GEN	68.46
2	Ruth Lynam	W45	CNOC	77.49
3	Ted McCormack	M16	GEN	78.59
4	Gerard Butler	M21	3Rock	79.56
5	Chris Blau	M21	UCDO	91.37
6	Brian Lawless	M55	†	108.23
7	Deirdre O'Neill	W21	Fingal	110.11
8	Barry Cormack	M18	DUO	121.46
9	Ger Power	W50	3Rock	129.25
10	Marella Fyffe	W40	FERMO	132.45
11	John Craddock	M21	UCDO	171.44
mp 9	Don Short	M45	CNOC	81.01
dnf	Ian Murphy	M21	Fingal	†
dnf	B McGrath	M50	3Rock	†

GREEN COURSE.

1	Nigel Campbell-Crawford	M55	3Rock	52.01
2	Tony Smith	M50	Setanta	53.21
3	Philip McCann	M21	LVO	56.00
4	Doug Corrie	M40	Fingal	56.42
5	Declan Carberry	M45	CNOC	58.54
6	Harold White	W55	3Rock	63.47
7	Andrew Bonar-Law	M65	GEN	66.38
8	Mick Kellett	M60	GEN	71.17
9	Wyn McCormack	W50	GEN	73.21
10	Norman Ervine	M70	LVO	74.03
11	Deirdre Bell	W18	GEN	79.02
12	F. McCann	M65	LVO	79.05
13	Aine Nì Shú'illeabháin	W50	3Rock	80.27
14	P. Devlin	M65	LVO	80.33
15	Mark Lande	M35	†	80.48
16	Gavin Cairns	M21	LVO	81.09
17	Bill Regan	M65	FERMO	83.10
18	Jim Barrett	M65	CNOC	85.29
19	Helene Mac Inerney	W21	CNOC	85.33
20	Clare Fitzpatrick	W20	UCDO	106.07
21	Kevin Carey	M45	3Rock	110.27

LIGHT GREEN COURSE.

1	Lorcan OhAlmhain	M21	Setanta	39.20
2	Brian Power	M50	Setanta	45.36
3	Brendan Carbery	M14	CNOC	48.36
4	Berbie O'Boyle	W40	CNOC	50.43
5	Robert Flanagan	M45	Fingal	53.29
6	Kathryn Walley	W40	Fingal	59.28
7	Michael Butler	M60	3Rock	60.49
8	Claire Walsh	W55	3Rock	67.49
9	Frances O'Neill	W50	Setanta	68.22
10	Sean Hassett	M35	Setanta	70.31
11	Maura Higgins	W60	Setanta	75.30
12	Enda Hume	M55	FERMO	76.42
13	Carmel Carey	W40	3Rock	79.24
14	Billy O'Neill	M55	Setanta	91.34
15	ONuallain	†	†	97.16
16	Cathal Burke	M16	Fingal	99.47
17	Vera Murtagh	W60	3Rock	107.29
18	G. Ryan	†	3Rock	112.56
mp1	Seamus O'Boyle	M16	CNOC	46.21
dnf	Bernie + Alex	†	Fingal	67.54

ORANGE COURSE.

1	Ruarì Short	M14	CNOC	25.30
2	Rory Neary	M45	†	34.47
3	Fearghal Burke	M12	Fingal	36.50
4	L. Callanan	W21	GEN	47.10
5	Terry Bradley	†	†	47.53
6	Toni Butler	W50	3Rock	55.38
7	Alan Murphy	M12	Fingal	58.05
8	Mary MacManaman	W6	Setanta	71.00
8	Lisa Connaughton	W7	†	71.00

YELLOW COURSE.

1	Kevin O'Boyle	M10	CNOC	17.13
2	Darina Fyffe	W12	FERMO	25.12
3	Conor Short	M10	CNOC	26.44

THE IRISH ORIENTEER ADDRESS LIST

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Orienteering Fixtures

April 2002

4 Town Park Mallow Co. Cork BOC BH Spring League Score & Sprint 17:00-19:00
6 Slieve Martin Rostrevor Co. Down LVO NI Colour Series 2 GR J 1918
7 CONNACHT CHAMPIONSHIPS Knockbarron Kinnitty Co. Offaly WEGO
7 Inchigeelagh Co. Cork CorkO
11 Clogheenmilcon Blarney Co. Cork BOC BH SL Score & Sprint 17:00-19:00
13 IRISH MOUNTAIN BIKE O-CHAMPS, Nagles Mountains, Co. Cork.
14 Cronybyrne Rathdrum Co. Wicklow AJAX LL 14 Mass Start GR T 1992
14 Currabinny Wood Co. Cork BOC SL 9:30-13:00 Carrigaline GR W791622
14 Inch, Dingle Peninsula, Co. Kerry.
14 Mahon Falls, Comeragh Mountains, Co. Waterford. WatO. SEL3. GR S 3207.
18 Ballinspittle Wood Co. Cork BOC BH Spring League Score & Sprint 17:00-19:00
21 LEINSTER CHAMPIONSHIPS Brockagh Laragh Co. Wicklow GEN Pre-entry (29/3) T146982 087 2026898
25 Inniscarra Woods ESB Dam Co. Cork BOC BH SL Score & Sprint 17:00-19:00
28 Carlingford Mountain, Co. Louth 3ROC LL 15 11:00-13:00 GR J1811.
28 Rineen Wood Union Hall Co. Cork BOC SL. 9:30-13:00

May 2002

2 Currabinny Wood Cork BOC BH SL.Score & Sprint 17:30-19:30 GR W 791622
4 Benone East Limavady Derry NIOA Training event Pre-entry
5 BRITISH CHAMPIONSHIPS Benone Strand Limavady Co. Derry NIOA Pre-entry GR C695365
5 BRITISH & IRISH TRAIL-O CHAMPIONSHIPS, Lower Drummans, Co. Derry
6 BRITISH RELAY CHAMPIONSHIPS Baronscourt Newtownstewart Co. Tyrone NIOA Pre-entry GR H360830
6 Coumshingaun, Comeragh Mountains, Co. Waterford. WatO. SEL4. GR S3310.
9 Curragh Wood Midleton Co. Cork BOC SL Score & Sprint 17:30-19:30 GR W 860765
11 IRISH CHAMPIONSHIPS Scarr Laragh Co. Wicklow CNOC Pre-entry (19/4)
12 IRISH RELAY CHAMPIONSHIPS Phoenix Park Dublin Dublin 3ROC Pre-entry via club secretaries.
14 Farran Forest Park, Ovens, Co. Cork CorkO IFL 17:30-19:30 W477712
16 Bottlehill Wood Rathduff Co. Cork BOC BH SL Score & Sprint 17:30-19:30
19 Muckross (south end), Killarney, Co. Kerry. KO SL5.
19 Tramore, Co. Waterford. WatO. SEL 5.
19 Trooperstown Laragh Co. Wicklow GEN Leinster Interclub 11:00-13:00 GR T 159968
21 Donadea Forest Clane Kildare CNOC 18:00-19:30 GR N 8433. 045 867183
21 Corrin Hill Wood Fermoy Co. Cork CorkO IFL 17:30-19:30 W805954
23 Glenbower Wood Killeagh Co. Cork BOC BH SL Score & Sprint 17:30-19:30
23 Glenbower Wood Killeagh Cork ISOA Primary Schools Champs GR Z 002773
25 SHAMROCK O-RINGEN Inchigeelagh Cork CorkO Short Pre-entry
26 SHAMROCK O-RINGEN Crohane Mt., Loo Bridge, Co. Kerry. CorkO. World Ramking Event. Pre-entry. Entry form probably enclosed.
28 Currabinny Wood Co. Cork CorkO Inter-Firm League 17:30-19:30 W791622
28 Curragh Co. Kildare CNOC SES 18:00-19:30 045 867183
30 Kilmurry Wood Lissarda Co. Cork BOC BH SL Score & Sprint 17:30-19:30

June 2002

4 Woodenboley, Hollywood, Co. Wicklow CNOC Evening League CNOC
4 Tracton Wood, Carrigaline, Co. Cork Inter-Firm League LEEO
6 Knockaroura Wood, Mallow, Co. Cork BH Summer League / Score / Sprint-O BOC
8 Slieve Croob, Ballynahinch, Co. Down Sprint-O LVO
11 Curragh Wood, Midleton, Co. Cork Inter-Firm League CORKO
11 The Curragh, Co. Kildare CNOC Evening League CNOC
13 Rostellan Wood, Whitegate, Co. Cork BH Summer League / Score / Sprint-O BOC
15 Gortalughany, Belcoo, Co. Fermanagh NI Series FermO
18 Shippool Wood, Innishannon, Co. Cork Inter-Firm League CORKO
18 Hillwood, Monasterevan, Co. Kildare CNOC Evening League CNOC
20 Lyradane, Grenagh, Co. Cork BH Summer League / Score / Sprint-O BOC
22 Wicklow Rogaine. Setanta Orienteers. 12/24 hour score event for teams of 2.
25 Hollywood, Co. Wicklow CNOC Evening League CNOC
25 Watergrasshill, Co. Cork Inter-Firm League UCCO

July 2002

2-7 WORLD MOUNTAIN BIKE O-CHAMPIONSHIPS, Fontainebleau, France.
2 Kilbrittain Wood, Bandon, Co. Cork Inter-Firm League CORKO
4 Farran Forest Park, Ovens, Co. Cork BH Summer League / Score / Sprint-O BOC
4-13 Asia-Pacific O-Festival, Alberta, Canada *(see page 21)*
9 Lackendarragh Wood, Glenville, Co. Cork Inter-Firm League CORKO
11 Bishopstown, Cork BH Summer League / Score / Sprint-O BOC
16 Garrettstown Wood, Kinsale, Co. Cork Inter-Firm League CORKO
18 Currabinny Wood, Co. Cork BH Summer League / Score / Sprint-O BOC
23 Glenbower Wood, Killeagh, Co. Cork Inter-Firm League CORKO
30 Ballincollig Regional Park, Co. Cork Inter-Firm League CORKO

August 2002

4-8 Lake District 5-Day, NW England.

September 2002

7 Lagan Valley Reg Parksm Belfast. Sprint-O LVO
14 Penhale Sands, Cornwall. Senior Home International / Caddihoe Chase
28 Silent Valley, Co. Down. Northern Ireland Championships LVO
28 Mynydd Llangatwg, South Wales. Veteran Home International

October 2002

6 IOA National Orienteering Day

Abbreviations: LL = Leinster League, WL = Winter League, IFL = inter-firm league, BH=business houses, SL=spring league, SES=summer evening series etc.

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