LOC NEWSLETTER

A NEWS-SHEET OF THE ORIENTEERING CLUBS OF LEINSTER

No 8 SEPT 1978

UP SETANTA !

EVENT: SUNDAY 10TH SEPTEMBER

VENUE: TROOPERSTOWN WOOD: FOR THOSE WHO DON'T KNOW THE WAY TO THE WOOD BLINDFOLD, IT WILL BE SIGNPOSTED ON THE LARAGH TO ANNAMOE ROAD (T61).

START TIMES: 12.00 - 13.30
CONTROLS REMOVED AT 16.00

ORGANISERS: GEN

COURSES: USUAL COURSES AND CLASSES WITH SPECIAL COURSES FOR BEGINNERS.

EVENT: *GRADE 1* CROSS COUNTRY

VENUE: CURRAGH EAST, CO. KILDARE

ORGANISERS: CURRAGH ORIENTEERS

DATE: SUNDAY 1ST OCTOBER.

MAP: **NEW** 1:15,000. 2½ METRE CONTOURS, 4-COLOUR
BASED ON A PHOTOGRAMMETRIC PLOT BY
KART TJÄNST OF SWEDEN..

TERRAIN: OPEN COUNTRYSIDE WITH SOME PATCHES OF FURZE. GROUND IS FAIRLY BROKEN BY MANY HILLOCK, TRENCH SYSTEMS AND DEPRESSIONS.

START: NEAR DONNELLY'S HOLLOW.
WILL BE SIGNPOSTED FROM THE MAIN DUBLIN-CORK ROAD ON THE KILDARE SIDE OF NEWBRIDGE, AND ALSO FROM KILCULLEN.
START TIMES 11.00 - 13.30
COURSES CLOSE AT 15.30.

CLASSES: ALL THE NORMAL CLASSES.
BEGINNERS WILL BE SPECIALLY WELCOMED AND SUITABLE COURSES WILL BE PROVIDED.

GRADE 1 EVENT: SUNDAY OCT. 22ND.

VENUE: STRANAHELY FOREST, GLEN OF IMAAL, CO. WICKLOE.
5 COLOUR MAP (1975) 1:10,000.
SIGNPOSTED FROM DONARD VILLAGE.

TIMES: 11.30 - 13.00

COURSES & CLASSES: CROSS COUNTRY PLUS INTERESTING COURSES FOR BEGINNERS. ALL THE NORMAL CLASSES.

EVENT: SUNDAY 5TH NOVEMBER.
VENUE: CASTLE BERNARD, KINNITY, CO. OFFALY.
ORGANISERS: CURRAGH ORIENTEERS.
MAP: 1:15,000 , 10 METRE CONTOURS
TYPE: CROSS-COUNTRY WITH THE USUAL CLASSES INCLUDING WAYFARERS.
START: SIGNPOSTED FROM KINNITY VILLAGE.
START TIMES 11.30 - 13.30.
COURSES CLOSE AT 15.30.

ORINGEN: 2 DAY CROSS COUNTRY EVENT. GRADE 1

SAT. NOV. 25TH (DAY 1)

VENUE: DONADEA FOREST, CO. KILDARE.
TAKE L25 FROM CLANE TO KILCOCK. TURN ONTO L181 TO ENFIELD. FOREST ENTRANCE IS AT DONADEA VILLAGE ABOUT 3 MILES ALONG THE ROAD.

START: 11.00 - 12.30 P.M.
CONTROLS REMOVED AT 3.30 P.M.

MAP: 1.10.000 5M CONTOURS, 5 COLOUR - 1978

ORGANISERS: GEN.

SUN. NOV. 26TH (DAY 2)

VENUE: CLARABEG, CO. WICKLOW.
SIGNPOSTED FROM LARAGH VILLAGE.

START: CHASING START TIME DEPENDING ON PERFORMANCE ON DAY 1.
FIRST START ABOUT 11.00 A.M.
CONTROLS REMOVED AT 3.30 P.M.

MAP: **NEW** 1.10,000, 5M CONTOURS 5-COLOUR.

ORGANISERS: 3ROC

ENTRIES

PRE-ENTRY BY POST UP TO FRIDAY 10TH NOV. FOR COMPETITION CLASSES

ENTRY O-THE-DAY FOR WAYFARERS.

MAPS WILL BE PRE-MARKED FOR ALL WHO PRE-ENTER.

ENTRY FEES	MEMBER	NON-MEMBER
SENIOR CLASSES	£1.00	£1.40
JUNIOR "	.50	.70

(LATE ENTRIES ON THE DAY 30P).

COMPETITION CLASSES ARE:

M56, M50, M43, M35A/B, M32A/B/C, M19A/B, M17, M15, M13, M11

W50, W35, W19A/B, W17, W15, W13, W11

THE ENTRY FORM BELOW SHOULD BE COMPLETED AND SENT WITH THE ENTRY FEES AND TWO SELF-ADDRESSED AND STAMPED ENVELOPES TO

GEN, 5 BRACKENBUSH PARK,
BALLYBRACK, CO. DUBLIN

ORINGEN: NOV. 25 AND 26

ENTRY FORM

NAME: _____ AGE: _____ CLUB: _____

ADDRESS: _____

_____

CLASS: _____ FEE ENCLOSED: _____

CAR TREASURE HUNT: IN AID OF THE INTERNATIONAL ORIENTEERING FUND.

VENUE: THE GOAT INN, GOATSTOWN, DUBLIN 14.
DATE: FRIDAY 29TH SEPTEMBER, 1978
TIME: 7.-7.30 P.M.
TIME LIMIT OF 3 HOURS - FINISH TO BE ANNOUNCED AT START.
ENTRY FEE: £1 PER PERSON OR £3 PER CAR.
ORGANISERS: EILEEN LOUGHMAN AND MAURA THORNHILL

**** PRIZES AND PARTY ****

IRISH JUNIOR ORIENTEERING CHAMPIONSHIPS

OPEN TO ALL JUNIOR ORIENTEERS (UNDER 19) NORTH AND SOUTH.

VENUE: DONADEA FOREST, Co. KILDARE. 5 COLOUR MAP. 1:10,000.
(TAKE L25 FROM CLANE TO KILCOCK. TURN LEFT ONTO L181.
ENTRANCE SIGNPOSTED IN DONADEA VILLAGE.
GRID REF. N8433).

DATE: SAT. 14TH OCTOBER - INDIVIDUAL EVENT
SUN. 15TH OCTOBER - RELAY EVENT.

START: 11.30 - 1.00 P.M.
CHAMPIONSHIP CLASSES M17, W17, M15, W15, M13, W13, M12, W12.

RELAY CLASSES: A ANY 3 M17 FROM SAME CLUB
B ANY 3 W17 " " "
C ANY 3 M15 " " "
D ANY 3 W15 " " "
E ANY 3 M12/13" " "
F ANY 3 W12/13" " "
G ANY THREE RUNNERS

GENERAL ORGANISER: PAT FLANAGAN
PLANNERS: WIN DELANEY, TOM McCORMACK, TED McGRATH.

ENTRIES TO BRIAN FARLEY, 151 WYCKAM PARK ROAD, DUNDRUM, D. 14 BY OCTOBER 1ST.
ENTRY FEE 30P FOR INDIVIDUAL. £1.00 PER TEAM IN RELAY.
ACCOMPANY ALL ENTRIES BY FEE AND STAMPED, ADDRESSED ENVELOPES.
PRE-ENTRY ESSENTIAL FOR CHAMPIONSHIP CLASSES AND RELAY TEAMS.

ENTRY FORM

INDIVIDUAL

NAME: _____ AGE: _____ CLASS: _____

ADDRESS: _____

_____ CLUB: _____

RELAY: 1. _____ AGE: _____ CLASS:

TEAM NAMES 2. _____

3. _____ CLUB: _____

IOA FIXTURES SEPTEMBER - DECEMBER 1978

DATE	VENUE	ORGANISERS
SEPT. 10	TROOPERSTOWN, Co. WICKLOW	GEN
17	"COME & TRY IT" DAY	
24	BALLYHOOLY, Co. CORK	MO
24	SCHOOLS	LSOA
OCT. 1	CURRAGH, Co. KILDARE	CO
7	ANTRIM AREA	AOK
14 / 15	IRISH JUNIOR CHAMPIONSHIPS DONADEA, Co. KILDARE	LSOA
22	STRANAHELY, Co. WICKLOW	SET
29	KNOCKACULLATA, Co. CORK	SO
NOV. 4	DONARD, Co. DOWN	LVO
5	CASTLEBERNARD, Co. OFFALY	CO
12	NIOA RELAYS	
12	UNION WOOD, SLIGO	SLIGO O
12	DRUMLEAGH, Co. TIPPERARY	TO
12	LEINSTER SCHOOLS EVENT	LSOA
?	BELVOIR (DATE TO BE CONFIRMED)	LVO
25	DONADEA, Co. KILDARE) O-RINGEN	GEN
25	CLARABEG, Co. WICKLOW)	3ROC
DEC. 3	SALEEN, Co. CORK	MO
3	UNION WOOD, SLIGO	SLIGO O
9 /10	DRUMKEERAGH: O-RINGEN	QUBOC
10	LEINSTER SCHOOLS	LSOA
17	WATERGRASSHILL, Co. CORK	MO
27	NORTH WEST AREA	NWOC

DATES FOR SCHOOLS EVENTS 1977/78

SUNDAY 24TH SEPTEMBER - CRUAGH FOEST
SATURDAY 14TH OCTOBER - DONADEA) IRISH JUNIOR CHAMPIONSHIPS
SUNDAY 15TH " - DONADEA)
SUNDAY 12TH NOVEMBER
SUNDAY 10TH DECEMBER
SUNDAY 21ST JANUARY
SUNDAY 18TH FEBRUARY
SUNDAY 25TH MARCH
SUNDAY 6TH MAY (LSOA CHAMPIONSHIPS.

3ROC NEWS:

AGM: GLENALBYN HOUSE, STILLORGAN. OCTOBER 26TH. 19.30 HOURS, FOLLOWED BY SLIDE SHOW.

PHOTO COMPETITION: SEE SEPARATE NOTICE.

TRAINING: BELFIELD, WEDNESDAYS 18.00 HRS.

T-SHIRTS AND BADGES ARE NOW AVAILABLE AGAIN.

3ROC HAD THREE REPRESENTATIVES AT THE SWEDISH 5-DAY THIS YEAR, TWO AT THE DANISH 3-DAY, TWO AT THE SWISS 5-DAY AND 1 AT THE CANADIAN 6-DAY. WE MAY NOT COVER MANY MILES IN TRAINING, BUT WE CERTAINLY GET AROUND.

COME-AND-TRY-IT: SEPTEMBER 17. MARLAY PARK, BALLINTEER. INSTANT EXPULSION FROM THE CLUB FOR ANYBODY WHO DOESN'T BRING EVERYONE LIVING WITHIN 100 METERS OF THEM ALONG TO THIS.

IOA NOTICES. THE DATE OF THE BALLINCLEA JUNIOR TRAINING WEEKEND HAS BEEN CHANGED TO OCTOBER 6-7-8.

THE COURSE WILL BE RESTRICTED TO 18 MALES AND 12 FEMALES. CONTACT JOHN MCCULLOUGH (981556).

AFAS COURSES:

OCTOBER 7/8	ADVANCED O,	TIGLIN
" 21/22	MOUNTAIN RESCUE,	TIGLIN
" 28/29	BASIC O,	TIGLIN.

**** CATI DAY ****
**** ****

SEPTEMBER 17TH WILL BE A NATIONAL DAY OF COME-AND-TRY-IT EVENTS. CONTACT YOUR CLUB FOR DETAILS

GEN NEWS:

IT IS PROPOSED TO INCREASE THE SUBSCRIPTIONS TO

4.00 FOR FAMILY MEMBERS
3.00 FOR ADULT MEMBERS
1.00 FOR JUNIOR MEMBERS

THIS INCREASE IS TO BE RATIFIED AT THE AGM TO BE HELD ON OCTOBER 27 1978

JUNIORS ARE REMINDED TO APPLY FOR THE TRAINING WEEK-END TO BE HELD IN THE GLEN OF IMAAL AND ALSO TO WATCH OUT FOR ORIENTEERING WEEK-ENDS AT TIGLIN ADVENTURE CENTRE.

THE ORIENTEERING FOR WOODSTOCK '78 WAS ORGANIZED VERY SUCCESSFULLY BY IAN TRAVERS OF GEN. 400-500 ORIENTEERS WERE SENT OUT EACH DAY WITH A TEAM OF SCOUT LEADERS. THE MAP OF THIS OPEN RUNNABLE FOREST IS BEAUTIFULLY DRAWN AND EASY TO READ. THE VENUE IS NOT TOO FAR FROM DUBLIN, SO WE EXPECT TO SEE YOU ALL AT THE EVENT TO BE HELD THERE LATER IN THE SEASON.

CONGRATULATIONS TO IAN FOR INTRODUCING SO MANY YOUNG PEOPLE TO ORIENTEERING SO PLEASANTLY.

GEN MEMBERS ON WORLD CHAMPIONSHIP TEAM - MAURA THORNHILL AND EILEEN LOUGHMAN.

MAPPING: TOM MCCORMACK AND WINIFRED DELANEY ARE MAPPING BROCAGH WOOD, LARAGH.

BADGE: THE GEN CLUB BADGE WILL BE AVAILABLE SHORTLY - SAYS MIKE LUNT!!

PLANNERS AND ORGANISATION COURSE AT NEWCASTLE YOUTH HOSTEL

FROM FRIDAY 1ST DECEMBER 1978 TO SUNDAY 3RD DEC. COST 3 POUNDS APPROX.

COURSE TAKEN BY B. PORTEOUS BOF

CONTACT F. CORSCADDEN, 54 CONNELL ST. LIMAVADY, CO LONDONDERRY BT490EA

ALEX I. COGRAPHER WRITES THAT HE HAS RECENTLY COME ACROSS SOME COPIES OF THE SPORTS COUNCIL'S "SPORT FOR ALL - HEALTH FOR ALL" PAMPHLET ADVERTISING A NATIONAL SPORTS DAY ON OCTOBER 1ST, AND ALSO A SIMILAR DUILLEOGIN IN THE VERNACULAR. HE SAYS THAT IN THE ENGLISH VERSION THE "SPORTS" ARE LISTED ALPHABETICALLY FROM ANGLING VIA CAVING TO YACHTING WHILE IN THE VERNACULAR THEY ARE NOT. THUS WE PROGRESS IN AN APPARENTLY RANDOM FASHION FROM IASCAIREACHT TO UAIMHIOCHT TO LUAMHAIREACHT - CLEVER WOULD BE THE (MAN) TO DISCERN THE UNDERLYING ORDER. SOME WORDS - HACA, COLF, SCUAIS AND JUDO (WHEN DID THE IRISH ALPHABET ACQUIRE A "J"?) - LEAVE LITTLE TO THE IMAGINATION, BUT BOGSHODAR AND SPAISTEOIREACHT ARE INDEED WORDS TO CONJURE WITH. HOWEVER, CORRESPONDING TO A SPORT CALLED "ORIENTEERING" I FIND AN ACTIVITY CALLED "TREOLEANUINT". I ASK YOU.

HAVE YOU EVER PONDERED ON WHAT YOU ARE DOING OUT IN THE FOREST RUNNING DOWN A PATH OR ALONG A NARROW RIDE? HOW ABOUT "TEARING ALONG THE DOTTED LINE"?

PHOTOGRAPHIC COMPETITION.

THE SECOND (ANNUAL?) PHOTOGRAPHIC COMPETITION WILL THIS YEAR TAKE PLACE ON THURSDAY, OCTOBER 26TH AT 20.00 HRS, ORGANISED BY 3ROC. THE COMPETITION IS OPEN TO ALL LEINSTER O-CLUBS AND THERE WILL BE THREE SECTIONS: O-SLIDE, GENERAL SLIDE AND O-PRINT (B&W OR COLOUR). IN EACH SECTION THERE WILL BE TWO CLASSES: M/W19 OR OVER AND M/W17 OR UNDER. SLIDES MAY BE IN ANY FORMAT BUT PRINTS MUST NOT HAVE ANY EDGE OF SHORTER THAN 5 INCHES. PRIZES FOR EACH CLASS IN EACH SECTION.

ENTRIES, BEFORE SEPT. 30, TO

J. McCullough
3 ROC
34 Dan Emer Dr
Dublin 14.

THE SWEDISH 5-DAY O-RINGEN

CLAIMED BY JOHN DISLEY TO BE THE LARGEST SPORTING EVENT IN THE WORLD, THE SWEDISH 5-DAY - WITH ALMOST 18000 COMPETITORS EACH DAY - IS AN IMPRESSIVE SPECTACLE. THIS YEAR THE COMPETITION CENTRE WAS AT AXVALL IN VÄSTERGÖTLAND BETWEEN LAKES VÄTTERN AND VÄNERN, AND THE CENTRE WAS AN OLD MILITARY BARRACKS AND PARADE GROUND. THE LANDSCAPE WAS FLAT WITH FORESTS AND LARGE OPEN FIELDS OF CEREALS WITHOUT HEDGES (AND SONGBIRDS), AND THE COMPETITION AREAS WERE SIMILAR.

IN AN EVENT OF THIS SIZE I FEEL THAT ORGANIZATIONAL CONSIDERATIONS TEND TO TAKE PRECEDENCE OVER ORIENTEERING QUALITY, AT LEAST AS FAR AS SELECTION OF COMPETITION SITES IS CONCERNED; ADEQUATE PARKING SPACE, SPECTATOR SPACE AND ROAD ACCESS ARE NECESSARY. THIS RESULTED IN OUR TRAVELLING MILES TO EVENTS, PASSING LITERALLY HUNDREDS OF APPARENTLY PERFECTLY GOOD O-FORESTS ON THE WAY.

THE QUALITY OF THE ORIENTEERING WAS GOOD, THE LAST DAY BEING THE MOST CHALLENGING. LEGS WERE, IN GENERAL, LONG BY IRISH STANDARDS, PATHS WERE RELATIVELY FEW AND WHATEVER PATHS THERE WERE DIDN'T GO WHERE YOU WANTED THEM. THE WOODS WERE PRETTY FLAT AND OPEN, THE TREES WELL SPACED AND ALTERNATING BETWEEN PINE AND BIRCH. SOME OF THE AREAS HAD FARMLAND IN THE FOREST AND ALL HAD CONSIDERABLE CONTOUR DETAIL. THE MAPS USED WERE 1:20000 AND 1:15000 WITH 5M CONTOURS, PREMARKED AND IN PLASTIC BAGS WITH CONTROL CARD. THE CONTROL DESCRIPTIONS WERE PRINTED ON THE MAP IN SWEDISH BUT TRANSLATIONS WERE GIVEN TO FOREIGN COMPETITORS BEFORE THE FIRST DAY.

EACH DAY COMPETITORS IN THE 83 DIFFERENT CLASSES STARTED AT 08.01 AND THE LAST START WAS AROUND 12.30. AT ABOUT 04.00 EACH MORNING THE SUN ROSE AND SHONE AND SO DID THE FINNS. BUSES TO THE EVENTS STARTED TO RUN AT 06.00 OR BEFORE AND THERE WERE TRAFFIC JAMS ON THE ROADS IN THE MIDDLE OF NOWHERE AT 07.00 ON SEVERAL DAYS. THERE WERE 5 STARTS AND 5 FINISHING LANES EACH DAY AND AT THE FINISH THE ENTIRE MAP UNIT WAS COLLECTED AND A NEW OVERPRINTED MAP PROVIDED. AT 15.00 HRS AT THE COMPETITION CENTRE. RESULTS (ALMOST 18000 OF THEM) WERE POSTED UP BY 18.00 AND GIVEN TO INDIVIDUAL CLUBS BY 20.00. MUCH SPACE IN THE LOCAL PAPERS WAS DEVOTED TO THE EVENT WITH PHOTOGRAPHS AND PAGES OF RESULTS.

ON MY COURSE (H21B1) THERE WERE 275 COMPETITORS FROM MANY COUNTRIES.

COURSE LENGTHS WERE 7.1, 6.7, 5.6, 6.5 AND 6.9KM. WINNER'S TIME (TOTAL) WAS 3.51.00 OR 7.04 MINS PER KM FOR THE FIVE DAYS. I FINISHED A BIT LOWER DOWN - I WON'T SAY HOW MUCH - BJT I LEARNED BY THE EXPERIENCE.

I THINK IT WOULD BE TRUE TO SAY THAT COMPARED TO THE AMOUNT OF TIME ANY OF THE IRISH CONTINGENT LOST THROUGH BAD NAVIGATION THAT TIME LOST THROUGH LACK OF FITNESS IS NOT TOO SIGNIFICANT. THE MAPS REQUIRED CONSTANT CONCENTRATION AND THEY SEEMED RATHER UNDERSTATED: VAST DIFFERENCES IN VEGETATION MARKED MERELY BY A BLACK DOTTED LINE, FELLED AREAS BY THIN YELLOW STRIPES WHICH COULD BE EASILY MISSED. ONE PROBLEM WAS THAT IF YOU HAD A LATE START THE CHARACTER OF THE FOREST COULD BE SUBSTANTIALLY CHANGED BY THE THOUSANDS OF PEOPLE WHO HAD STARTED BEFORE YOU - NEW PATHS WERE FORMED, OFTEN IN TO THE CONTROLS NEAR YOUR OWN, WHICH WAS RATHER UNNERVING.

TAKING PART IN THIS EVENT WAS AN EXPERIENCE AND I'M GLAD I WENT. NEXT YEAR'S EVENT IS ON JULY 23-27 AT ÖREBRO. I WOULD ENCOURAGE PEOPLE TO GO - SWEDEN ISN'T AS EXPENSIVE AS I HAD BEEN LED TO BELIEVE, ESPECIALLY IF YOU TAKE FULL ADVANTAGE OF THE SUBSIDISED FACILITIES AT THE EVENT CENTRE. THERE ARE TWO THINGS ANYBODY GOING NEXT YEAR SHOULD DO: VISIT STOCKHOLM AND BUY THE "EXTRASALTAT" BUTTER, NOT THE "NORMALSALTAT" ONE.

J. McCULLOUGH. 3ROC

IOA

DR. DAVID FITZPATRICK (MACTIRE O.C.) HAS BEEN NOMINATED HONORARY MEDICAL OFFICER TO THE IOA.

RESUME OF THE SWEDISH 5-DAY ORINGEN. 10-14 JULY, 1978

I RAN IN THE D21E CLASS - THE TOP WOMENS CLASS, AND ACTUALLY MANAGED TO COME LAST OVERALL OF THOSE WHO FINISHED THE 5 DAYS. CONFESSION TIME IS NOW OVER.

THE EVENT CENTRE WAS AT AXVALL, A VILLAGE NEAR SKARA, A TOWN SITUATED BETWEEN LAKE VANARN AND LAKE VATTERN. THE AREA IS NOT HILLY, BUT THE WOODLAND IS EXTENSIVE, WITH BEAUTIFUL LAKES DOTTED HERE AND THERE. ACCOMMODATION WAS PROVIDED FOR EOIN ROTHERY AND ME AT A SCHOOL - VERY COMFORTABLE. P.O. BERGTSSON ARRANGED TRANSPORT TO AND FROM THE EVENTS EACH DAY. THE ORGANISATION WAS SUPERB THROUGHOUT, AND EVEN WITH 16,000 COMPETITORS THERE WAS SELDOM QUEUEING!!

THE MAPS WERE VERY WELL DRAWN AND EASY TO READ. THE DIFFICULTY WAS IN RELATING THE MAP TO THE TERRAIN. THE SCALE FOR DAYS 1-4 WAS 1:20,000 AND FOR DAY 5 WAS 1.15,000.

THE COURSE LENGTHS FOR D21E WERE: (1) 6.5KM; (2) 7.1KM; (3) 6.9KM; (4) 6.9KM; (5) 6.6KM. WINNING TIMES WERE 7-8 MINS/KM. I FOUND THE TERRAIN VERY TOUGH - FIGHT AREAS WERE NOT MARKED, EXCEPT FOR AREAS OF YOUNG TREES. MARSHES WERE IMPOSSIBLE (FOR ME) TO RUN, BEING WET AND TUSSOCKY FOR THE MOST PART. VEGETATION ALSO SEEMED TO BE MORE DENSE FOR 3 TO 4 METRES AROUND MARSHES.

IN SEVERAL AREAS VISIBILITY WAS LOW AND I FOUND IT QUITE DIFFICULT TO MAP-READ. THE FIRST FOUR DAYS WERE UNTYPICAL SWEDISH FOREST, (QUOTING A SWEDE), BEING UNUSUALLY DENSE. IT WAS DIFFICULT TO KEEP A COMPASS BEARING. MY PERFORMANCE IS ATTRIBUTED TO A COMBINATION OF THE FOLLOWING; THE NEED TO IMPROVE FITNESS IN RUNNING OVER ROUGH GROUND, AND LACK OF EXPERIENCE IN RELATING MAP TO INTRICATE TERRAIN.

SWEDEN IS A REALLY LOVELY COUNTRY TO HOLIDAY IN, AND I AM LOOKING FORWARD TO NEXT YEARS O'RINGEN IN ORELRO.

EILEEN LOUGHMAN (GEN, UCDO.)

THE 4 OPEN CLUBS (GEN, MAC, SET, 3ROC) PLAY EACH OTHER AT DESIGNATED GRADE 1 EVENTS. 3 CLASSES ARE COMPETED IN - M21A, W19A, M35. THESE ARE THE MOST COMPETITIVE, AND EACH CLUB HAS A CHANCE OF PUTTING FORWARD COMPETITORS IN THEM.

POINTS ARE AWARDED AS FOLLOWS:

M21A		W19A	M35	
5 FOR 1ST	NAME	3 FOR 1ST	3 FOR 1ST	} OF THE COMPETING CLUBS
4 " 2ND	"	2 " 2ND	2 " 2ND	
3 " 3RD	"	1 " 3RD	1 " 3RD	
2 " 4TH				
1 " 5TH				

EXTRA POINTS - 2 FOR WINNING THE M21A OVERALL, 1 FOR W19A, M35 OVERALL.

EXAMPLE HYPOTHETICAL GEN vs 3ROC AT GLENDALOUGH, 12 MARCH.

Pos	M21A		Pts		W19A		Pts		M35		Pts
1	G.BYRNE	CO		1	M.THORNHILL	GEN	4*	1	P.McCORMACK	GEN	4*
3	E.ROTHERY	3ROC	5	2	C.MAY	3ROC	2	2	T.McGRATH	3ROC	2
4	P.FLANAGAH	3ROC	4	3	B.FLANAGAN	3ROC	1	3	S.ROTHERY	3ROC	1
6	T.McCORMACK	GEN	3								
9	J.McCULLOUGH	3ROC	2								
11	I.TRAVERS	GEN	1								

* EXTRA POINT

TOTAL: GEN 12 3ROC 17

AFTER THE 3 (OR 6 GAMES) WITH THE OTHER 3 CLUBS THE CLUB WITH THE MOST NUMBER OF POINTS SCORED IN THE MATCHES IS THE WINNER.

I SUGGEST THAT THIS BE TRIED FOR A TRIAL PERIOD - THE FIRST HALF OF NEXT SEASON FOR THE "1978 TITLE". AFTER THIS THE LEAGUE COULD BE YEARLY OR BY ½ SEASON, THE FORMER PREFERRED WITH CLUBS PLAYING EACH OTHER TWICE.

SUGGESTED MATCHES FOR 1978.

OCT. 1	CURRAGH	GEN vs MAC 3ROC vs SET
OCT. 22	STRANAHELY	MAC vs 3ROC
NOV. 5	CASTLE-BERNARD	GEN vs 3ROC
NOV. 25	DONADEA	GEN vs SET ??
NOV. 25	CLARABEG	MAC vs SET

THE LEAGUE SHOULD PROVIDE GREATER INCENTIVE, MORE PEOPLE AT EVENTS, GREATER CHANCE FOR PUBLICITY IN THE PRESS, BOOST FOR CLUB SPIRIT AND A SENSE OF PURPOSE. CLUB ORGANISATION COULD BE VERY IMPORTANT. COMMENTS AND SUGGESTIONS FOR IMPROVEMENT ARE WELCOME.

EOIN ROTHERY

CURRENT RANKING LIST STANDINGS FOR SEASON 1978

M21A (BEST 3)

1	W. YOUNG	CURR	319	½
2	P. HEALY	CURR	327	
3	G. BYRNE	CURR	313	½
4	D. O'CALLAGHAN	SET	301	
5	N. RICE	SET	298	
	W. HOLLINGER	AOK	294	
6	E. ROTHERY	DUO	288	½
7	A. FLEGG	SET	286	
8	P. McCORMACK	*GEN	285	½
9	P. LALOR	CURR	280	½
	P. NASH	SO	274	
10	P. FLANAGAN	3ROC	265	½
	K. WARREN	AOK	262	½
11	J. McCULLOUGH	3ROC	257	½
12	E. McCORMACK	CURR	254	
13	T. McCORMACK	GEN	254	
	R. WEAVER	QUBCC	252	
14	J. MURRAY	MAC	247	
15	E. NILAND	MAC	237	
16	H. QUIRKE	CURR	233	
	P. LONG	MO	226	½
17	C. DUNLOP	SET	224	½
18	M. LUNT	GEN	220	½
19	S. GARRETT	MAC	212	
	E. O'NEILL	SO	207	½
20	J. CRYAN	UCDO	173	
	J. BEECHER	MO	150	
21	P. CLEARY	CURR	152	½
22	T. RUSSELL	ECO	135	½
	* E. Wilson	LVO	285	

M35 (BEST 4)

1	P. McCORMACK	GEN	80
2	F. McCORMACK	CURR	78
3	H. QUIRKE	CURR	74
4	C. DUNLOP	3ROC	71
5	T. McGRATH	3ROC	66
6	S. ROTHERY	3ROC	64
7	J. BENT	SET	53

M21B

THE SAME AS 77-78

W19A (BEST 4)

1	E. LOUGHMAN	GEN	420
2	M. TURLEY	MAC	414
3	M. THORNHILL	GEN	404
4	M. WALSH	3ROC	345
5	B. FLANAGAN	3ROC	336
6	C. MAY	3ROC	306
7	U. CREGAN	SET	305
8	V. DAVIS	DUO/GEN	260
9	S. CAWLEY	3ROC	250
10	O. FINLAYSON	UCDO	237

W19B (BEST 3)

1	J. SHIEL	MAC	57	
2	A. McCORMACK	GEN	45	
3	M. SHIEL	MAC	41	
5	C. LEONARD	SET	41	
6	S. CAWLEY	3ROC	(2)	40

M19 (BEST 3)

1	R. CLEARY	3ROC		60
2	R. SHERRIFF	WO		43

M17 (BEST 3)

1	W. McAULIFFE	DCSO		60
2	N. FINLAY	MAC		59
3	P. THOMPSON			
4	J. KNEESHAR	DCSO		
5	R. PATTON	WO		
6	J.J. RYAN	DLSO	(2)	
7	I. STEWART	WO		40

M15

1	W. McAULIFFE	DLSO		60
2	B. CONNELL	DLSO		59
3	B. BUTLER	DLSO	(2)	58

IT HAS BEEN DECIDED TO RUN THE RANKING LISTS ANUALLY FROM NOW ON TO COINCIDE WITH AGE CHANGES. THE FINAL RANKINGS FOR 77-78 SHOW EASY WINS, FINALLY, FOR THOSE IN THE MAIN CLASSES. IN THESE, THE M21A, W19A AND M35, THE COMPETITION WAS BETWEEN THE TOP 5 OR 6, WITH ONLY ABOUT THE TOP 3 OR 4 WINNING GRADE 1 EVENTS. IT WAS A GOOD YEAR FOR THE CURRAGH WITH 3 OUT OF THE TOP 4 IN M21A, AND ALSO FOR GEN, WHO WON 3 CLASSES. WHERE TWO PEOPLE HAVE THE SAME NUMBER OF POINTS, THE NEXT BEST PERFORMANCE DECIDES POSITION.

COMPETITION WAS AT BEST, POOR, IN THE OTHER CLASSES WHERE THE SAME PEOPLE DID NOT SEEM TO TURN UP TO THE SAME EVENTS. THIS COULD ALSO BE SEEN SOMETIMES IN THE MAIN CLASSES, WHERE, FOR INSTANCE, ONLY DONADEA MANAGED TO ATTRACT ALL OF THE TOP 6 IN M21A. FOR THE 78 RANKINGS (M21A) VISITORS TO LEINSTER HAVE BEEN INCLUDED FOR INTEREST. THEY, HOWEVER, CANNOT FIGURE IN THE FINAL LISTS, AND ARE, ANYWAY, AT A VERY GREAT DISADVANTAGE. AT A DISADVANTAGE TOO, IN 77-78, WERE THOSE WHO COULD NOT ATTEND ENOUGH EVENTS. COMPENSATION WAS ALLOWED FOR THOSE WHO HAD BEEN PROMINENT IN ORGANISATION.

COMPETITION SEEMS TO BE COMING BACK TO BOTH THE W19A AND M21A, AND IT IS GREAT TO WELCOME NOT ONE, BUT THREE NEW NAMES IN THE W19A LIST. ONE OF THE MINOR RULES IS BEING CHANGED: FOR CLASSES, OTHER THAN W19A, M21A COMPETITORS WILL HAVE TO BE WITHIN ½% OF THE WINNERS TIME TO BE AWARDED THE SAME POINTS. 10% OF THE WINNER'S TIME REMAINS AS THE GAP WHICH LOSES ONE EXTRA POINT.

LEINSTER RANKING LIST 1977-1978

M21A (BEST 7)

Pos.		CLUB	PTS.
1	W. YOUNG	CURR	794½
2	P. HEALY	CURR	713½
3	D. O'CALLAGHAN	SET	706½
4	G. BURNE	CURR	701½
5	M. RICE	SET	668
6	E. ROTHERY	UCD	661½
7	A. FLEGG	SET	651
8	P. LALOR	CURR	624
9	P. McCORMACK	GEN	619
10	T. McCORMACK	GEN	617
11	P. FLANAGAN	3ROC	610
12	H. QUIRKE	CURR	582½
13	J. McCULLOUGH	3ROC	581½
14	C. DUNLOP	SET	535½
15	E. McCORMACK	CURR	528½
16	E. NILAND	MAC	504½
17	J. MURRAY	MAC	478½
18	R. GARRETT	MAC	455

M35 (BEST 3)

1	P. McCORMACK	GEN	140
2	A. GLEGG	SET	135
3	M. LUNT	GEN	132
4	E. QUIRKE	CURR	132
5	C. DUNLOP	SET	128
6	E. McCORMACK	CURR	123
7	T. McGRATH	3ROC	119
8	S. ROTHERY	3ROC	102
9	J. BENT	SET	93

M17 (BEST 3)

1	W. McAULIFFE		DLSO	60
2	G. FINLAY		MAC	59
3	P. THOMPSON			54
4	J. KNEESHAW		DLSO	53
5	R. PATTON		WO	44
6	K. CUNNIFFE	(2)		43
7	J.J. RYAN	(2)	DLSO	40
8	I. STEWART		WO	40
9	K. ARLOW		MAC	39
10	K. WALSH		SET	35

M21B (BEST 3)

Pos		CLUB	PTS
1	B. POWER	SET	60
2	P. McGRATH	3ROC	57
3	C. HARRINGTON	SET	54
4	T. DEASY	SET	51
5	ARAGORN	UCDO	50
6	P. NEVIN		47
7	S. TROY	CURR	47
8	S. STEWART	SET	44
9	M. McAULIFFE		43
10	B. HALLOWS	MAC	42
11	[illegible] DALY	UCDO	41
12	[illegible] CALLOWAY	3ROC	41
13	B. PHELAN	UCDO	34
14	G. SMITH	MAC	34

M15 (BEST 4)

1	W. McAULIFFE	DLSO		80
2	S. BUTLER	DLSO		78
3	[illegible] CONNELL	DLSO		76
4	E. CASEY	DLSO		60
5	J. KNEESHAW	DLSO	(3)	54

W19A (BEST 7)

1	E. LOUGHMAN	GEN	754
2	[illegible] TURLEY	[illegible]	[illegible]
3	[illegible] THORNHILL	GEN	[illegible]
4	[illegible] WALSH	3ROC	[illegible]
5	[illegible] FLANAGAN	3ROC	[illegible]
6	[illegible] DELANEY	GEN	[illegible]
7	[illegible] CREGAN	SET	[illegible]
8	S. CAWLEY	3ROC	423

W19B (BEST 3)

1	A. McCORMACK	GEN	59
2	V. DAVIS	DUO/GEN	55
3	S. CAWLEY	3ROC	[illegible]
4	J. SHIEL	MAC	[illegible]
5	[illegible] MURPHY	UCDO/MAC	[illegible]
6	[illegible] McGOLDRICK	THO/SET	[illegible]
7	[illegible] BOYLE	MAC	[illegible]
8	[illegible] SHIEL	MAC	[illegible]
9	[illegible] LEONARD	SET	[illegible]
10	F. O'HALLORAN	3ROC	36

Book Review : "ORIENTEERING" by John Disley

2nd Edition. Faber Paperbacks (1978). £3.25

In 1967, when the first edition appeared, Joh Disley's "Orienteering" was - according to the blurb inside the cover - the first book in English on orienteering and had little or no competition. Thus it became and remained a standard text. The second edition has several competitors but still comes out fairly well.

The second edition is well illustrated, especially with photographs - several of the '76 World Championships, including an irrelevant one of the British squad, and a photo of "Thomas the Orienteer". The chapter on competition organisation has been dropped in favour of one on advanced orienteering techniques, while the cartoon orienteer appears only once in the new edition. The maps are more recent than in the first edition but are all reproduced in black and white.

There are a couple of careless pieces in the book, however. The term "OL map" is introduced on page 53 but the abbreviation "OL" (orientierungslauf) is not explained until page 99. Some symbols resembling the IOF control description symbols are illustrated but they are not the IOF symbols, although some are the same. Disley also quotes some statistics relating to the British teams' performances in successive World Championships, but I'm afraid that their meaning escaped me (page 30/31).

This edition is probably the best general English-published O-book. If you don't have the first edition, buy this. If you do have the first edition then have a look at this and consider buying. At £3.25 its not cheap, but its enough to make me want to try this orienteering thing. Where do I join?

J. McCullough

LOC Newsletter

Copy for next issue to be received before Friday, 20th Oct. '78.
All articles, results etc. to the compiler,
Brendan McGrath, 42 Clonard Drive, Dublin 14.