LOC NEWSLETTER

A NEWS-SHEET OF THE ORIENTEERING CLUBS OF LEINSTER

No 7 JUNE 1978

FORTHCOMING EVENT

DATE: WED. 21 ST JUNE. MIDSUMMER MADNESS EVENT + BAR-B-QUE.
GRADE: NOVELTY SCORE EVENT
VENUE: KILRUDDERY, CO. WICKLOW.
SIGNPOSTED FROM BRAY-GREYSTONES ROAD.
MAP: B W. 1:10,000
ORGANISERS: GEN
START: 7.00-8.30 P.M.

FOLLOWED BY BAR-B-QUE AT 9.30 P.M.
BRING YOUR OWN FOOD AND DRINK.

IOA NOTICES

ON THE WEEKEND OF SEPTEMBER 29/30/OCT. 1 THERE WILL BE A RESIDENTIAL TRAINING COURSE FOR JUNIORS RUN BY IOA AT BALLINCLEA YOUTH HOSTEL. THERE ARE ONLY ABOUT THIRTY PLACES ON THIS COURSE, SO EARLY RESERVATION IS ADVISABLE. THE COURSE WILL START ON FRIDAY EVENING AND INCORPORATE FILMS, SLIDES, DISCUSSIONS ON ORIENTEERING TECHNIQUES AND PRACTICAL TRAINING IN THE FOREST. THIS WILL BE JUST TWO WEEKS BEFORE THE JUNIOR CHAMPIONSHIPS AND WILL BE WELL WORTH ATTENDING. CONTACT JOHN MCCULLOUGH (981556).

EVENT : THE EVENT PLANNED FOR WOODSTOCK, INISTIOGE, CO. KILKENNY ON JUNE 25 HAS BEEN POSTPONED UNTIL NEXT SEASON.

WOULD ANYBODY PREPARED TO INSTRUCT ON AFAS ORIENTEERING COURSES FROM TIME TO TIME PLEASE CONTACT IOA.

COMING EVENTS

June 4	Mourne Wall Walk
June 4	Reeks Walk
" 17	Lug Walk
" 18	Downshire Camping Mountain Marathon, Co. Down.
" 25	Galtees 7-Peaks Walk
July 10-14	Swedish 5-day
" 21-23	Danish 3-day
"	World University Orienteering Championships, Finland.
" 26-30	Swiss 5-day
Sept. 13-17	World Orienteering Championships, Norway.

What d'ya mean - NO MOUNTAIN MARATHON!

Well Setanta are organising one - Sunday 16th July.
Start from Long Hill, at one of the Djouce Woods Car Parks.
Bring 1" map of Wicklow. Start times 10.30-12.00.
Start early if you're not too fast! Anyone interested in helping please contact Simon Stewart, 42 Llewellyn Grove, Dublin 16.
(Work phone 764723).

Notice from Irish Ramblers

Lug Walk, Saturday June 17th.

Pre-entry with - The Secretary, Lug Walk Committee,
1 Wynberg Park, Blackrock, Co. Dublin.

CORRECTION: N. Rice was first in the Maam Turks Walk in 1977 and not C. Rice as stated in Simon Stewart's article on Mountain Marathons in the February LOC Newsletter.

OMISSION: In list of IOA clubs in February issue - Tipperary Orienteers, c/o 5 Dawson Villas, Tipperary.

COMPETITION IN ORIENTEERING

TO ORIENTEERS OF A LEISURELY MIEN, WHO DELIGHT IN THE FOREST SEEN AT A WALKING PACE, THE COMPETITIVE ORIENTEER MUST APPEAR AS SOMETHING OF AN ANATHEMA: "MISSING SO MUCH AND SO MUCH". BUT STILL, WITHOUT COMPETITION THERE WOULD PROBABLY BE NO ORIENTEERING, AND I FOR ONE FIND THAT MY PERCEPTION IS HEIGHTENED BY COMPETITION RATHER THAN BLURRED. IN THIS ARTICLE I WANT TO EXPLORE THE QUESTION OF COMPETITION BECAUSE I FEEL THAT IT SHOULD BE OUR SERVANT AND NOT OUR MASTER. I HOPE IT MAY BE OF ASSISTANCE TO OTHER ORIENTEERS BUT I ALSO HOPE THAT IT MAY BE A SMALL CONTRIBUTION TO THE CURRENT DEBATE, OUT OF WHICH OUR RULES OF COMPETITION WILL EVENTUALLY EMERGE.

WHAT THEN IS OUR OVERALL OBJECTIVE IN COMPETITION, PUT AS SIMPLY AS POSSIBLE, I BELIEVE IT IS TO COMPETE SO THAT, IN EVERY AGE-GROUP, THERE IS A PLACE BOTH FOR THE WINNER AND FOR THE PERSON WHO SIMPLY WANTS TO DO A LITTLE BETTER. THE AGE-GROUPINGS WHICH HAVE BEEN SO CAREFULLY WORKED OUT TO KEEP THE ADVANTAGES OF AGE TO A MINIMUM ARE OUR FIRST AID TO ACHIEVING THIS OBJECTIVE. THE RULING IS THAT YOU CHANGE AGE-GROUP FROM THE FIRST OF JANUARY OF THE YEAR IN WHICH YOU WILL CROSS THE NEXT AGE BARRIER. IF YOUR BIRTHDAY FALLS IN NOVEMBER, FOR EXAMPLE, YOU COMPETE IN YOUR NEW AGE GROUP FROM THE BEGINNING OF THAT YEAR. IT IS A SWINGS AND ROUNDABOUTS SITUATION WHICH GIVES YOU THE ADVANTAGE AT THE BEGINNING OR END OF THE CYCLE. YOU MAY OF COURSE COMPETE IN A HIGHER GROUPING THAN IS YOUR RIGHT BY AGE, IF THIS IS ON EITHER SIDE OF THE TWO PEAKS AT W19A AND M21A. IF YOU DO THIS YOU MUST REMEMBER THAT YOU ARE PUTTING YOUR SELF AT A DISADVANTAGE AND YOU ARE ALSO DILUTING THE COMPETITION IN YOUR OWN AGE-GROUP. IF MOST COMPETITORS ARE CONSISTENT IN THE CLASS IN WHICH THEY RUN, THEIR

{ GUIDELINE 1. COMPETE IN YOUR OWN AGE GROUP. }

RESULTS ARE COMPARABLE AT THE TOP OF THE SCALE, FOR TEAM SELECTION, AND AT THE BOTTOM OF THE SCALE, FOR COMPARISON OF PERFORMANCE FROM EVENT TO EVENT.

THERE IS A GROWING, AND WELCOME, TREND FOR AGE GROUPS TO BE SPLIT INTO SUBDIVISIONS: ELITE FOR ASPIRING WORLD CHAMPIONS, "A" COURSES FOR THE UPPER ECHELONS OF THE CLASSES, AND "B" COURSES FOR THOSE OF SHORTER

WIND. IT IS BETTER TO DO WELL ON A 'B' COURSE THAN IT IS TO STRUGGLE IN MISERY ROUND AN 'A'. CONVERSELY THERE IS LITTLE HONOUR IN WINNING A 'B' COURSE WHEN YOU COULD HAVE DONE WELL ON AN 'A'. THERE WILL ALWAYS BE COMPETITORS MOVING UP OR DOWN THROUGH THE

GUIDELINE 2. COMPETE AT YOUR OWN LEVEL.

CLASSES BUT YOU SHOULD NOT SWITCH ABOUT FROM CLASS TO CLASS OUT OF WHIM OR IN SEARCH OF GLORY.

ONE OF THE GREAT PROBLEMS IN ORGANISATION IS HOW TO CATER EQUALLY FOR BOTH THE FAST AND THE SLOW. IN PRACTICE IT IS USUALLY THE ELITE WHO STEAL THE THUNDER. TO SOME EXTENT THIS IS AS IT SHOULD BE, BUT IT MUST NOT BE ALLOWED TO CREATE AN IMBALANCE. IT IS TO CORRECT THIS IMBALANCE THAT THERE ARE TWO DISTINCT COMPETITIVE SYSTEMS IN ORIENTEERING. THE FIRST OF THESE IS THE CHAMPIONSHIP; THE OLYMPIC CONTEST WHICH TAKES PLACE ONCE OR TWICE A YEAR WHEN BY GOOD FORTUNE AND GUTS ONE INDIVIDUAL IS DECLARED THE CHAMPION IN HIS OR HER CLASS. THE SECOND SYSTEM IS THAT OF THE LEAGUE, OR BADGE SYSTEM WHERE COMPETITORS RESULTS ARE CALCULATED IN TERMS OF A PERCENTAGE OF THE WINNING TIMES AND ALLOWED TO ACCUMULATE FROM EVENT TO EVENT. THERE ARE MANY POSSIBLE VARIATIONS TO THE SYSTEM BUT THE OBJECT IS ALWAYS THE SAME; TO PROVIDE COMPETITORS WITH A REGULAR AND ACCURATE ASSESSMENT OF THEIR PERFORMANCES.

LET US CONSIDER, FOR A MOMENT, THE IMPORTANCE OF THE LEAGUE. LEAGUE RESULTS REFLECT CONSISTENCY OF PERFORMANCE AND, AS SUCH, ARE A BETTER ASSESSMENT OF ORIENTEERING ABILITY THAN CHAMPIONSHIP RESULTS. LEAGUE RANKING POINTS, BY THEIR METHOD OF CALCULATION, ARE A VERY ACCURATE ASSESSMENT OF ONE'S PERFORMANCE AT EACH EVENT. BECAUSE LEAGUE RESULTS ARE AVAILABLE FROM EVENT TO EVENT, THEY PROVIDE AN INCENTIVE TO TRAIN AND DO BETTER NEXT TIME. FINALLY THERE IS THE

GUIDELINE 3. LEAGUE COMPETITION IS AS IMPORTANT AS CHAMPIONSHIP COMPETITION.

EVER IMPORTANT QUESTION OF TEAM SELECTION, A DIFFICULT ENOUGH JOB AT ANY TIME BUT VIRTUALLY IMPOSSIBLE WITHOUT SOME CLEAR-CUT SYSTEM OF GRADING. I THINK IT WOULD BE A GOOD IDEA IF WE WERE TO TRY TO GET AWAY FROM THE CHAMPIONSHIP MENTALITY AND GIVE DUE PRAISE TO OUR STATISTICIANS. WOULD IT NOT BE A GOOD IDEA IF WE WERE TO HAVE A SYSTEM OF LEAGUE AWARDS RUNNING FROM JANUARY TO JANUARY AND

PRESENTED AT THE ANNUAL DINNER? NOT JUST FOR THE 21'A's BUT FOR THE 'B's AS WELL AND OTHER COMPETITIVE AGE GROUPS.

FINALLY THE EXCEPTIONS. THERE WILL ALWAYS BE THOSE WHO, FOR SOME REASON, TO NOT WISH TO COMPETE IN THEIR OWN AGE GROUP, POSSIBLE THEY WANT TO TRAIN FOR GREATER THINGS, OR, LIKE MYSELF, CAN'T BECOME RECONCILED TO OLD AGE. TO MY MIND IT IS QUITE CLEAR THAT SUCH FOLK CAN NOT EXPECT TO RUN WITH THE HARE AND HUNT WITH THE HOUNDS. AS FAR AS THE LEAGUE IS CONCERNED, IF THEY WISH TO RUN CONSISTENTLY IN AN AGE GROUP HIGHER THAN THEIR OWN THEY SHOULD COMPETE IN THE

(GUIDELINE 4. COMPETITORS WHO PERSIST IN RUNNING ABOVE THEIR STATION IN LEAGUE EVENTS MUST COMPETE ABOVE THEIR STATION.)

LEAGUE IN THE HIGHER AGE GROUP ONLY.

THE ONLY OCCASION WHERE THIS NEED NOT BE THE GENERAL RULE AND WHERE ANY ONE MAY COMPETE IN ANY CLASS TO WHICH SHE OR HE IS ENTITLED IS THE CHAMPIONSHIP EVENT. AND IT FOLLOWS THAT SUCH EVENTS SHOULD BE EXCLUDED FROM THE LEAGUE.

(GUIDELINE 5. COMPETITORS AT CHAMPIONSHIP EVENTS SHOULD COMPETE TO WIN IN ANY CLASS FOR WHICH THEY ARE ELIGIBLE.)

I CAN'T PRETEND THAT THIS ARTICLE IS IN ANY WAY COMPREHENSIVE. I MENTIONED TEAM SELECTION BUT IT WOULD REQUIRE MORE COURAGE THAN I HAVE NOW TO OPEN THAT PARTICULAR PANDORA'S BOX.

A.M.F.

SETANTA NEWS

WE WOULD LIKE TO WELCOME A NUMBER OF NEW MEMBERS TO SETANTA AND AT THE SAME TIME SAY GOOD-BYE TO MARY CLEARY AND WISH HER GOOD LUCK OVER THE WATER. WE WOULD ALSO LIKE TO THANK ALL THOSE MEMBERS WHO ASSISTED AT EVENTS DURING THE LAST SEASON. FINALLY AUBREY IS MOST ANXIOUS TO IDENTIFY THE PERSON WHO SUGGESTED THAT HE SHOULD SUBMIT HIS EXPLANATION OF THE PACING BLOCK TO THE IRISH TIMES MIND TEST.

THREE ROCK NEWS:

THE ANNUAL GENERAL MEETING OF 3ROC WILL TAKE PLACE ON TUESDAY, OCTOBER 24TH AT GLENALBYN, STILLORGAN, AND WILL BE FOLLOWED BY A SLIDE SHOW.

SECOND ANNUAL 3ROC PHOTOGRAPHIC COMPETITION:

ENTRIES WILL BE ACCEPTED FORM MEMBERS OF ORIENTEERING CLUBS. THERE WILL BE THREE SECTIONS: (I) ORIENTEERING SLIDE; (II) GENERAL SLIDE; (III) ORIENTEERING PRINT (COLOUR OR BLACK AND WHITE). IN EACH SECTION THERE WILL BE 2 CLASSES:
(A) M/W17 OR UNDER AND (B) M/W19 OR OVER.
SUMPTUOUS PRIZES WILL, OF COURSE, BE PRESENTED.
FULL DETAILS IN THE AUGUST NEWSLETTER.

ANY 3ROC JUNIORS (M/W17 OR UNDER) INTERESTED IN TRAINING SESSIONS IN TECHNIQUE DURING AUGUST PLEASE CONTACT 3ROC COMMITTEE.

NEXT EVENT: MARLAY PARK, JUNE 7. EVENING.
A PLEASANT POST-PRANDIAL PRANCE THROUGH TREES AND OTHER ARBOREAL ODDITIES IN SPECTACULAR SYLVAN SETTINGS.

Wesley College,
Dublin.16.

Standardising Course Lengths

Without wishing to be critical of the organiser of either of the events to be mentioned, I would like to open for discussion the question of establishing some sort of limits between which course lengths and climbing statistics should fall.

I recently had a most enjoyable day at Castle Bernard, marred only by the fact that the 'C' course which I normally take was only 3Km in length. I expected it to make up for its brevity with difficult controls but found them reasonably easy.

In sharp contrast was the next event, at Derrybawn, where the 'C' course was 4.9Km with no climbing figure specified. Expecting easy controls and moderate climbing, I found myself taken straight over the top of Derrybawn (not a gentle hill) and then faced with finding five controls in open heather.

I would suggest that the I.O.A. make some recommendations within which courses to be known as 'A', 'B' and 'C' should fall, instead of leaving them to be classed only according to their relative difficulty at a single event. John McCullough tells me that clubs try to keep within recommended international standards. Might we take a lead by narrowing these recommendations?

Brian Duffy, 3 Roc and W.O.

RESULTS OF LSOA CHAMPIONSHIPS 1978 - BALLINAHINCH & KILMORE

MAY 7

A M17A

1.	J. Ryan	DLSO	85.30
2.	J. Sheeshaw	DLSO	95.00
3.	K. Flannery	BBK	102.25

B M15A

1.	W. Mc Auliffe	DLSO	45.40
2.	J. Mc Grath	DLSO	60.05
3.	B. Connell	DLSO	68.50

W17A

1.	M. Ni Chiosain	CI	61.45
2.	C. Lynam	MPO	79.30
3.	C. Gorman	MPO	84.30

C M15A

1.	B. O'Connor	DLSO	49.05
2.	F. Barry	OAT	59.03
	J. Cronin	OAT	59.05
4.	M. Naughton	OAT	59.17

W15A

1.	R. Williams	HSO	33.14
2.	R. White	HSO	35.04
3.	T. Horan	MPO	42.35

D W13

1.	J. Williams	HSO	37.00
2.	A. Ni Mhaolfhabhail	CI	62.00
3.	H. Ni Mhuiri	CI	63.00

Congratulations to all Leinster winners and to De La Salle Churchtown who took the cup for the best overall performance - for the 4th year running. However, congratulations are also due to the strong opposition from the North West Orienteers (Derry) who took most of the top places in M17A, M13A, M15A - except where Willie Mc Auliffe (M15A) had a very good run to beat all the NWOC. Also in the M17A, John Ryan managed to beat all but one NWOC. These results highlight the point already made by Maire Walsh in the April newsletter - i.e. the need for training by local orienteering clubs and the need for constant practice at normal events for our better juniors.

Monica Turley.

NOTE

CASTLE BERNARD SUN. 16TH APRIL

A Certina Quartz Watch was lost on the Course. If found please return to CURRAGH ORIENTEERS.

GEN NEWS

ANY OF YOU WHO WERE AT GEN'S EVENT ON SUNDAY 14TH AT DONADEA, WILL HAVE SEEN THE NEWEST SCIENTIFIC INVENTION ON THE ORIENTEERING SCENE, THE SUPER-DUPER SIMON STEWART ELECTRONIC CLOCK. THIS CLOCK WITH ITS DIGITAL DISPLAY GIVES VERY ACCURATE TIMES FOR COMPETITORS, AS WELL AS BLEEPING EVERY MINUTE TO START COMPETITORS, AND WITH A LATCH BUILT-IN TO HOLD THE TIME A COMPETITOR FINISHES. IT WAS ALSO USED FOR THE CHAMPIONSHIPS IN CORK.

THE ORGANISER'S THANKS TO ALL THOSE GEN MEMBERS WHO HELPED AT THE EVENT IN DONADEA. ONE FEATURE OF THIS EVENT WHICH THE ORGANISERS WERE NOT HAPPY WITH, WAS THE FACT THAT 9 PEOPLE DID NOT REPORT TO THE FINISH, INCLUDING 5 FROM A WELL-KNOWN KILDARE CLUB.

DID YOU NOTICE THE GEN SYMBOL ON THE DONADEA MAP?

COMMENTS FROM A RECENT ORGANISER RE THE ARROGANCE OF SOME ORIENTEERS!!!

AFTER THE TWO RECENT EVENTS, I BELIEVE THAT SOME ORIENTEERS NEVER BELIEVE THEY MAKE MISTAKES, OR MIS-JUDGEMENTS. IT IS ALWAYS THE MAP THAT IS WRONG OR ELSE THE CONTROL IS IN THE WRONG PLACE, OR MARKED WRONG, WHICH CAN BE VERY ALARMING FOR THE POOR ORGANISERS UNTIL THEY (THE ORIENTEERS) ARE PROVED WRONG.

THOUGHTS ON THE DERRYBAWN EVENT (?)

A. WOULFE

AS IN ANY ORIENTEERING EVENT, THE COURSE PLANNER AIMS TO PROVIDE AS MANY OPTIONS AS POSSIBLE TO TEST THE SKILL AND ENDURANCE OF COMPETITORS. IN THIS INSTANCE THE EMPHASIS WAS MORE PARTICULARLY ON ACCURACY AND TECHNIQUE, BOTH OF WHICH TERMS SHOULD BE INTERPRETED HERE LOOSELY TO TAKE ACCOUNT OF THE VARIOUS SKILLS WHICH EACH COMPRISE.

THE AIM WAS TO AVOID ROAD RUNNING WHERE POSSIBLE (OR ELSE TO PROVIDE IT AS THE EASIER, LONGER ALTERNATIVE) AND SO UNDERLINE THE USE OF AND NEED FOR GOOD COMPASS WORK. THE DISTANCE BETWEEN CONTROLS WAS DESIGNED TO ALTERNATE BETWEEN ONE OR TWO LONG LEGS FOLLOWED BY A SERIES OF SHORT ONES WITH CONTINUAL CHANGE OF DIRECTION. THIS PLACE A PREMIUM ON GOOD CONTROL TECHNIQUE THROUGH MINIMIZING ANY DELAY AT A CONTROL CAUSED WHILE PUNCHING A CARD OR RE-ORIENTING ONESELF TO THE NEXT CONTROL. WITH A NUMBER OF CONTROLS IN QUICK SUCCESSION, THIS IN TURN REQUIRED HAVING TO DISPENSE WITH A COMPASS WHERE POSSIBLE SINCE THE TIME NEEDED

TO TAKE A BEARING WOULD BECOME PROHIBITIVE RELATIVE TO THE TIME TO THE NEXT CONTROL. IT WAS HOPED IN THIS WAY TO HEIGHTEN A SENSE OF ROUTE-FINDING BY REFERENCE TO THE DIRECTION FROM WHICH THE COMPETITOR HAS COME FROM AND IN RELATION TO THE PHYSICAL FEATURES IN ANY PARTICULAR SECTION.

SELECTING INDIVIDUAL CONTROL POINTS SOON LED TO THE REALISATION OF HOW RESTRICTIVE THE DERRYBAWN AREA ALONE IS IN TRYING TO MEET THESE OBJECTIVES. SINCE PREVIOUS EVENTS HAD MADE FREQUENT RECOURSE TO THE OPEN PLATEAU, THIS AREA WAS AVOIDED IN THE A AND B COURSES THOUGH CROSSING IT PROVED TO BE INEVITABLE. IT WAS HOPED TO HAVE A WINNING TIME IN EACH CLASS OF ABOUT SEVENTY MINUTES AND THAT THIS PROVED TO BE WIDE OF THE MARK WAS DUE PRIMARILY TO MY FAILING TO RECOGNISE SUFFICIENTLY THE DIFFICULTY OF THE TERRAIN AND MAKE ADEQUATE ALLOWANCE IN TERMS OF DISTANCE. THE A COURSE CONSISTED OF 20 CONTROLS OVER 7.1 KMS. WHICH OUGHT TO HAVE BEEN ATTAINABLE WITHIN SUCH TIME EVEN ALLOWING FOR HEIGHT INTERVAL. THE B COURSE, HOWEVER, AT 6.4 KMS. WITH 18 CONTROLS PROVED TO BE EXCESSIVE WITH WINNING TIMES OF OVER 100 MINUTES AS INDEED WAS THE CASE ON THE C AND D COURSES. IN THE LATTER, THE EMPHASIS WAS PLACED ON GOOD NAVIGATION BY BRINGING COMPETITORS ON CIRCULAR COURSES OVER THE OPEN GROUND. FINALLY THE E WAYFARER COURSE UNDERLINED JUST HOW LIMITING THE LAND IS IN REDUCING THE 2.5 KMS TO CONTOURING THE FOUR OUTWARD CONTROLS, CLIMBING TO THE FIFTH AND CONTOURING IN AGAIN. I ONLY HOPE THAT THE VIEW FROM THE TOP ON SUCH A PLEASANT DAY COMPENSATED FOR THE CLIMB!

THOMOND ORIENTEERS —

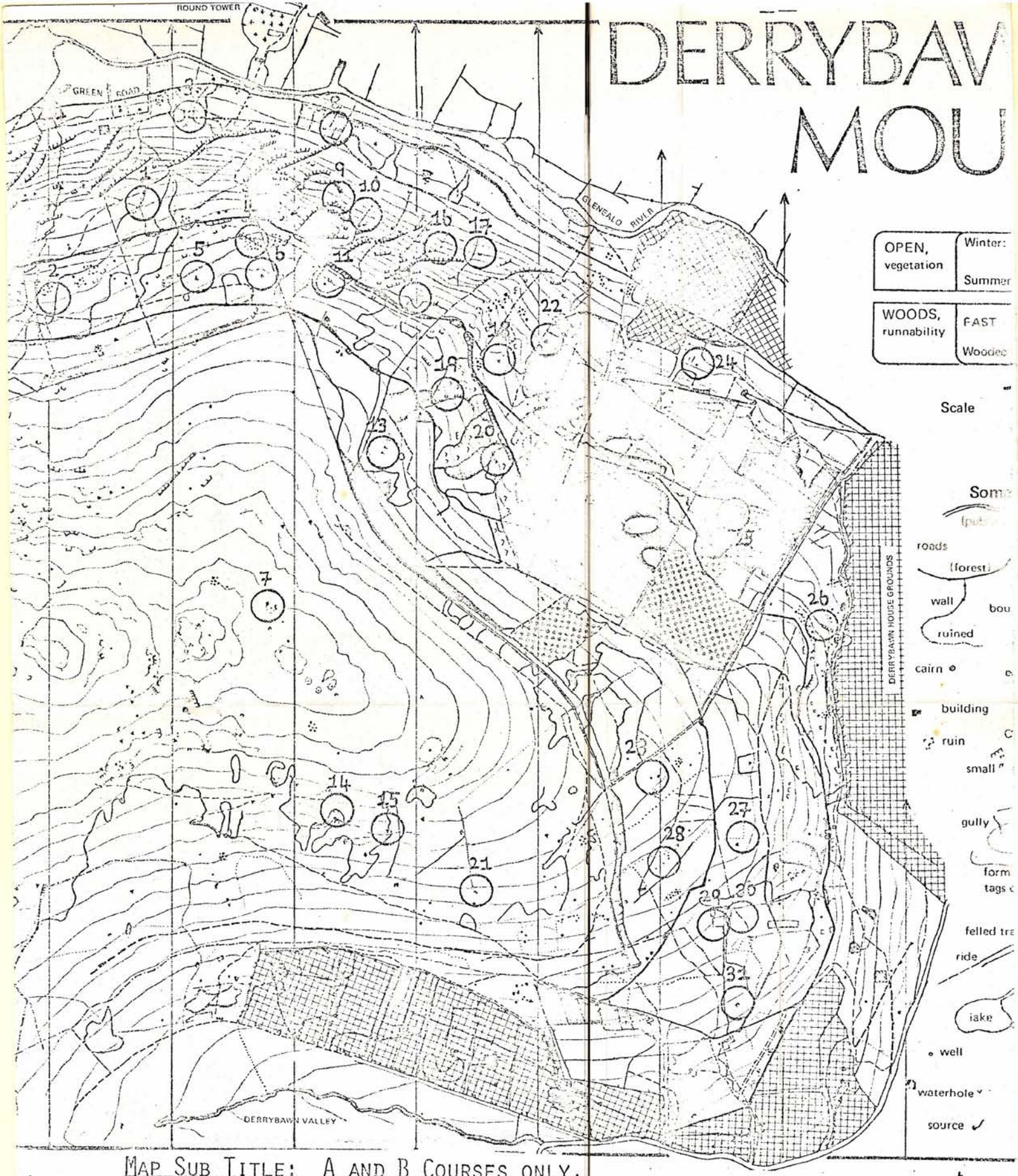
26/27 August Week-end event

@ FANORE, NORTH WEST CLARE.

Night event on Saturday followed by a Burren Walk on Sunday.

MORE DETAILS (HOPEFULLY) IN NEXT NEWSLETTER.

OR FROM ALAN SHAW, 7 JANEMOUNT CORBALLY, LIMERICK



MAP SUB TITLE: A AND B COURSES ONLY.

A: 1-2-5-4-11-19-20-7-14-21-31-39-27-28-23-26-22-16-9-8

B: 10-17-18-24-25-26-23-27-28-29-21-15-20-13-12-6-1-3

CASTLE BERNARD CO. OFFALY

SUNDAY 16 April 1978

A. Course			B. Course (M21B. M.35. M43. W19A		
M21A	9.7KM	350M	M21B	7.KM	200M
1. W. Young	C.O.	83.29	1. P. Eynon	NWOC	62.57
2. W. Hollinger	AOK	93.50	2. R. James	NWOC	72.55
3. D. O'Callaghan	CMT	95.54	3. S.O. Kane	NWOC	79.20
4. E. Wilson	LVO	97.04	4. J. McClelland	NWOC	79.55
5. N. Rice	SET	102.35	5. F. Corscadden	NWOC	80.07
6. P. Nash	S.O.	104.02	6. J. Dwyer	C.O.	83.40
7. J. McCullough	3 ROC	109.01	7. G. Mullan	NWOC	84.40
8. P. Flanagan	3 ROC	109.41	8. C. Reid	NWOC	86.02
9. E. Pogbery	DUO	111.35	9. A. Blair	NWOC	86.20
10. J. Murray	MAC	111.50	10. B. McGrath	3 ROC	90.40
11. A. Fleig	SET	112.30	11. B. Power	SET	90.44
12. K. Warren	AOK	114.50	12. P. Kavanagh	C.O.	103.31
13. A. Shaw	TH O	117.32	13. S. Troy	C.O.	108.15
14. R. Weaver	QUO	118.23	14. D. Deasy	SET	119.00
[illegible]	MO	119.03	15. E. Phelan	UCD	120.15
16. E. Millard	MAC	127.53	16. G. Smith	MAC	121.23
17. A. McConigle	NWOC	130.40	17. W. O'Brien	C.O.	122.15
18. A. Campbell	NWOC	130.40	18. R. Sherriff	W.O.	129.18
19. G. Reather	W.O.	133.43	19. F. Swift	THO	138.00
20. P. Cleary	C.O.	136.20	20. G. McGrath	C.O.	142.10
21. C. Spillane	S.B.	139.43	21. R. Coleman	C.O.	144.00
22. M. Reidy	C.O.	155.55	22. R. Dooley	C.O.	173.04
23. E. Burley	S.O.	166.30	23. W. Fitzpatrick	GEN	182.20
24. J. Walsh	S.O.	176.45	24. S. Kavanagh	C.O.	183.15
25. M. Ryan	C.O.	187.50	25. B. Donovan	C.O.	184.50
26. J. Ryan	CMT	198.40	26. G. Kelly	MAC	198.00
D. O'Callaghan	S.O.		27. G. Doe	MAC	198.00
J. Bermingham	MAC		M/F A. Raythorn	C.O.	
P. Smyth	NWO		A. Lewis	NWOC	
B. V. Keogh	QUO				
F. Donnelly	SHO				
M.35	7KM	200M			
M.19	3.8KM	100M	1. C. Dunlop	SET	82.05
			2. N. J. Bogle	NWOC	86.22
(P. McKenny	K.O.	116.11	3. J. Dent	SET	112.28
(B. Commons	K.O.	116.11			
J. Casey	R/TH	117.11			
M.43	7KM	200M			
M.17	3.8KM	100M	1. J. Lynam	3 ROC	104.10
J. Bailey	L.O.	79.21			
			N.19A	7KM	200M
M.15	3.8KM	100M	1. E. Loughman	GEN	82.45
			2. M. Thornhill	GEN	86.50
K. James	NWOC	58.39	3. M. Turley	MAC	86.58
S. Dynan	NWOC	69.44	4. M. Walsh	3 Roc	105.12
P. McClellion	NWOC	70.44	5. E. Flanagan	3 ROC	114.00
S. McClellion	NWOC	74.30	6. C. Nuttall	MO	114.01
D. Hindridge	NWOC	77.45	7. U. Cregan	SET	120.50
D. McClelland	NWOC	78.39	8. A. Gault	QUO	120.52
J. Fabian	NWOC	79.39	9. S. Cawley	3 ROC	125.36
[illegible]	[illegible]	[illegible]	10. H. Becket	QUO	125.56

M.15	3.8KM	100M
9. B. Duffy	3 ROC	79.26
10. K. Bloomfield	NWOC	79.50
11. S. Coote	NWOC	81.49
12. P. Brophy	RATH	104.50
13. G. Phelan	RATH	104.55
14. D. Cooke	THO	112.43
15. (J. O'Dwyer	RATH	113.43
(M. Hewitt	RATH	
16 P. Dillane	RATH	166.00
17. D. Phelan	RATH	169.20
18. J. Ryan	RATH	169.26
19. (J. Maher	RATH	189.20
(M. Guilfoyle	RATH	

W. 43	3.8KM	100M
1 F. White	MAC	147.00

W.15	3.8KM	100M
1. J. Yard	NWOC	65.00
2. R. White	MAC	69.30
3. R. Williams	SBT	72.21
4. M. James	NWOC9	76.55
5. R. Blair	NWOC	80.15
6. G. Hutchinson	NWOC	80.52
7. J. Pumphrey	NWOC	91.58
8. D. Kennedy	NWOC	97.55
9. S. Hutchinson	ESD9	109.52
10. U. Loughman	LO	120.41
11. M. Shelton	RATH	167.00
12. U. Fanning	RATH	183.30
N/F M. McAndrew		
A. Connolly		
K. Geoghegan		
M. Ryan		
M. Hayes		
B. Browne		

W.17	3.8KM	100M
1. A. Loughman	L.O.	89.15
2. C. Murtagh	SBT	102.52
N/F C. Duffy	W.O.	

W.13	3.8KM	100M
1. M. Reitz	K.O.	112.00
2. M. Brennan	MAC	116.00

W.19A	7KM	20CM
12. F. McGoldrick	THO	142.22
13. M. Rohan	M.O.	154.14
N/F K. McCrea	NWOD	
C. Leonard	SBT	

W.35	7KM	20CM
1. D. Large	GEN	133.00
2. J. Flegg	SBT	134.17

Wayfarers

V. Crowley	GEN	79.00
M. Dooley	KO	87.00
(G. Smith		
(I. Rigney	BAN	92.00
(V. O'Donohoe		
(T. Ryan		
(A. Coughlan	KO	99.30
(P. Boland		
(D. Boland		
(F. Spelman		
(J. Dunne	K.O.	102.00
M. Brophy	K.O.	104.00
(R. Rice		
(V. Family	SBT	104.00
(C. Spain		
(G. Brophy	K.O.	106.30
F. Humphreys	K.O.	106.20
(D. Wynne		
(G. Mahony		135.00
A. McBride		136.47
D. James		186.00

(Also)

		(Also) Contd.	
J. Wilson	LVO		RATH
J. Byrne	RATH		
M. Browne	"	C. Brophy	RATH
M. Kavanagh	"	D. Byrne	"
N. Phelan	"	N. Phelan	"
J. Delaney	"	J. Guilfoyle	"
V. Cleere	"	J. Whelan	"
M. Grogan	"	C. Kavanagh	"
M. Keane	"	B. Moore,	"
M. Fitzpatrick	"	A. Geoghegan	"
B. Reitz	"	C. Grogan	"
C. O'Neill	"	C. O'Sullivan	"
M. O'Donoghue	"	G. Kennedy	"
B. O'Donoghue	"	R. O'Sullivan	"
J. McLoughlin	"	D. Thornhill	GEN
F. Fortune	"	M. de Cleir	K.O
A. Moore	"	P. Dalton	
D. Holohan	"	G. Purcell.	
E. Meagher	"		
M. Finnegan	"		
M. Breen	"		
E. O'Dea	"		
P. Shortt	"		

not valid for ranking due to misplaced control.

*RESULTS. Norwegian Event at Glendalough. 23-4-78

A COURSE. M21A 7.1km 20c

1.	Eoin Rothery	DUOC	78.37
2.	P. McCormack	GEN	88.47
3.	A. Flegg	SET	88.50
4.	John Murray	MAC	94.32
5.	J. McCullough	3ROC	98,52
6.	Ted Russell	ECO	102.30
7.	Niall Rice	SET	110.30
8.	P. Flanagan	3ROC	112.42
9.	D. Reidy	ECO	114.25
10.	Ed Niland	MAC	125.16
11.	B. Madden	NJC	126.36
12.	M. Doyle	CO	132.00
13.	M. Kavanagh	SET	132.55
14.	John Ryan	SET	146.00
15.	F. Glavey	MAC	151.00
16.	John Sherlock	CO	166.55
	L. McCarthy	CO	166.55
17.	T. Dreelan	CO	172.25
18.	R. Coleman	CO	173.75
20.	W. Fitzpatrick	GEN	212.40
19.	Joe Ryan	GEN	189.30

Retired. P. Lalor CO

Non. F. K. Brady CO
F. Carey CO
N. Curran CO

M35.

1.	Colin Dunlop	SET	108.08
2.	F. McCormack	CO	128.37

Non. F. J. Newman GEN

B. COURSE M21B 6.4km 18c

1.	B. Power	SET	107.47
2.	M. Kelly	CO	110.55
3.	M. Ryan	CO	110.55
4.	B. McGrath	3ROC	114.30
5.	J. May	3ROC	114.35
6.	C. McAuley	3ROC	125.33
7.	P. Nevin		132.45
8.	S. Troy	Kil.	133.05
9.	M. Walsh	Kil.	133.10
10.	S. Stewart	SET	144.50
11.	N. Daly	UCDO	154.30
12.	M. Dunne	CO	157.30
13.	S. Kavanagh	Kil.	162.30
14.	B. Concannon		168.00
15.	G. McGrath	Kil.	174.00
16.	J. Maher	CO	193.00

Non-F. P.H. Ryan GEN
M. Job
D. Deasy SET
P. Cunningham
P. Kavanagh CO
D. Holmes CO

W19A

1.	E. Loughman	GEN	107.45
2.	M. Thornhill	GEN	131.57
3.	B. Flanagan	3ROC	158.00

B. Course Ctd. M19

1.	R. Cleary	3ROC	129.15
2.	T. Caffrey	SET	150.35

M17 B. Delany DUO 143.45
R. Sherriff WO 157.10

M35 A
J. Fitzpatrick SET 137.35
L. Convery 3ROC 148.30
N/F.M. Mulpeter CO

C COURSE M17 4.9kmi; 14c

1.	B. Butler	DLSO	90.50
2.	R. Patton	WO	108.25
3.	J. Kneeshaw	DLSO	116.40
4.	E. Tighe	DLSO	145.00
5.	D. Sherriff	WO	148.05
6.	D. Fitzpatrick	SET	148.30

M21C

1.	B. Duffy	3ROC	149.05
2.	P. Stephens	3ROC	178.00

W19B

2.	V. Davis	GEN	119.45
1.	J. Shiel	MAC	110.00
3.	M. McElhinney		136.00

W19B Ctd.

4.	H. Roche	MAC	141.05
5.	C. Leonard	SET	147.00
6.	N. Ward	3ROC	154.00
7.	N. Cooke & Co.	UCDO	165.25
8.	M. Shiel	MAC	166.10
9.	F. O'Halloran	3ROC	174.50

N/F. C. Warner UCDO

W35

1.	J. Flegg	SET	104.35

N/F M. McPhillips SET
D. Large GEN

M35B

1.	Colm Harrington		85.00
2.	S. Rothery	3ROC	90.55
3.	P. Cooke	UCDO	166.35

M43

1.	A.B. Law	GEN	84.40
2.	P. Walsh	SET	98.05
3.	J. Rigney	3ROC	182.25
4.	R. Garland	3ROC	215.30

C. Course

Hugh Boyle		120.20
Brian Flynn		142.00
Fanning		131.00
D. Feehil		142.00
Galloway & Fitzpatrick		145.45
McIlhinney		162.50
A. Delaney *		
E. Delaney (Last control not punched). *		198.00

D. Course W15 4.2km

1.	C. Law GEN	141.20
W13	J. Williams SET	160.05
	Paul Lanigan	183.38

Non-Finishers
S. McAuley 3ROC, Fees
R. Dunne R. Law
B. Teeling, M&J Williams
M. Teeling M. Hearne
N. Hearne R. Williams
A. McCormack, R. White

E. COURSE (1) 2.5km 10c

1.	N. Flegg	SET	89.50
2.	S. Walsh	SET	92.30
3.	D. Thornhill	GEN	
	B. Clarke		
	P. Clarke		144.00
4.	A. Dunlop	SET	153.00

Non-Finishers
M&A Convery, E. Hearne
U. Whelan & O.Cooke
A. Rafferty, E. & J Adams
A. Large, I.Bardon

E. COURSE (2)

E. Flegg & L. Williams		95.45
Eager		71.00

Non-Finishers
Sheehys, Hannon & Moore
Anne McBride.

Many thanks to all who helped run the event. S.C.

Results of W.O. Grade 3 event at Marlay Park 13th May, 1978.

Course 1 5.5Km 17 controls

1.	J. McCullough 3 Roc (n/c)	42.40
2.	P. Flanagan 3 Roc (n/c)	46.15
3.	J. Lumley WO M17	48.30
4.	R. Cleary 3 Roc M17	50.15
5.	R. Sherriff WO M17	50.55
6.	C. Murtagh SET	52.10
7.	I. Stewart WO M17	54.00
8.	P. Thompson WO M17	57.15
9.	I. Byrne WO M17	57.15
10.	B. Butler DLSO	57.20
11.	J. Kneeshaw DLSO M17	57.25
12.	A. Duthie WO M17	57.40
13.	D. Lester M19	59.49
14.	M. Kavanagh SET M21A	59.49
15.	R. Patton WO M17	62.30
16.	Law GEN M43	62.30
17.	G. Redmond GEN M43	62.30
18.	V. Davis GEN W19	63.25
19.	D. Sherriff WO M19	68.05
20.	N. Ridgeway WO M17	69.28
21.	D. Baker WO M17	70.28
22.	M. Ahern 3 Roc	73.35
23.	M. Harris DUO M17	79.00
24.	A. Tyrrell WO W17	84.45
25.	V. Fegan WO W17	84.45
26.	J. Miller WO M17	86.40
27.	H. Hardie GEN	99.35
28.	L. Peters GEN	99.35

Non-finishers

M. Heapes UCDO
F. O'Brien
G. Doyle
L. Martin
H. Priestley
W. Armitage WO
B. Flanagan 3 Roc

Course 2 4Km 12 controls

1.	D. Van der Flier WO	46.35
2.	D. Boylan DLSO	49.00
3.	R. Marshall WO	49.40
4.	G. Parker WO	50.22
5.	R. Williams SET W15	78.30
6.	P. Macken HSDOC W15	78.30
7.	F. Sauter UCDO	81.10
8.	S. Keegan DLSO	88.23
9.	P. McCarthy DLSO	92.35
10.	M. Coffey DLSO	94.15
11.	D. McGuirke DLSO	96.23

Non-finishers

H. Davis WO W15
P. Stephens 3 Roc M21

Course 3 2.4Km 9 controls

1.	K. Stanley WO	29.50
2.	L. Knott WO	30.40
3.	K. Stephens WO	39.20
4.	E. Van der Flier WO	40.05
5.	2 Shaws [illegible]	47.20
6.	G. Shackleton WO	48.05
7.	A. Sherriff WO	48.49
8.	D. Miller WO	50.35
9.	M. May 3 Roc	54.45
10.	M. Armstrong WO	57.05
11.	H. Johnston WO	57.14
12.	D. Johnston WO	59.50
13.	A. Allshire WO	60.35
14.	B. Miller WO	61.14
15.	H. Sherriff WO W12	63.14
16.	G. Steenson WO W12	84.15
17.	R. Jenkins WO W12	84.15

Non-finishers

Y. Lundie WO
S. Humphreys WO
J. Moynan WO

Heartfelt thanks to all who helped organise.
Sincere apologies to those affected by 2 slightly misplaced controls.

RESULTS OF G.E.N. EVENT DONADEA 14th MAY 1978

A COURSE M21A

	NAME	CLUB	TIME
1.	P HEALY	C.O.	66.21
2.	S ROTHERY	D.U.O.	70.58
3.	W YOUNG	C.O.	71.22
4.	D O CALLAGHAN	SET.	72.26
5.	G BYRNE	C.O.	72.33
6.	N RICE	SET.	73.04
7.	P LAWLOR	C.O.	75.27
8.	M REGAN	C.O.	79.41
9.	E NASH	S.O.	80.30
10.	E NILAND	MAC.	86.47
11.	P FLANAGAN	3 ROC.	90.31
12.	J Mc CULLOUGH	3 ROC.	90.55
13.	J MURRAY	MAC.	96.34
14.	K RYAN	C.O.	98.20
15.	B O NEILL	S.O.	100.23
16.	P POWER		101.56
17.	M DOYLE	C.O.	104.25
18.	J MAY	3 ROC.	107.03
19.	T RUSSEL	C.O.	107.07
20.	J BEECHER	M.O.	108.25
21.	P CLEARY	C.O.	109.23
22.	R GARRETT	MAC.	110.29
23.	M REGAN	C.O.	115.02
24.	D BUTLER	C.O.	116.15
25.	M KAVANAGH	SET.	118.26
26.	J CONROY	S.O.	130.55
27.	B MADDEN	NOC.	141.03
28.	T O SULLIVAN	C.O.	142.31
29.	K COLEMAN	C.O.	152.31
30.	J RYAN	GEN.	152.45
31.	M WULFSTER	C.O.	160.13
32.	S HANNON	C.O.	174.56

A REILLY no time taken

A FLOOD punched wrong control

6 NON FINISHERS

M35A

1.	F Mc CORMACK	C.O.	74.09
2.	P Mc CORMACK	GEN	74.41
3.	M LUNT	GEN	87.23
4.	H QUIRKE	C.O.	89.12
5.	A SHAW	T.O.	89.13
6.	P LONG	M.O.	90.26
7.	T Mc GRATH	3 ROC	93.28
8.	C DUNLOP	SET	97.02
9.	B GREGOR	M.O.	108.03
10.	A LAW	GEN	114.44
11.	S ROTHERY	3 ROC	117.56
12.	J SPILLANE	S.O.	118.39
13.	M AHERN	3 ROC	140.10

1 NON FINISHER

B COURSE M21

	NAME	CLUB	TIME
1.	P WALSH	SET.	88.56
2.	C HARRINGTON	C.O.	93.32
3.	G WHITE	C.O.	100.19
4.	B DOOGAN	C.O.	105.55
5.	B FLYNN	GEN	107.57
6.	C CAHIR	T.O.	109.26
7.	M DALEY	C.O.	113.36
8.	L Mc CARTHY	C.O.	120.24
9.	A CARTHY	C.O.	122.12
10.	P DONNELLY	SET.	123.46
11.	E Leary	C.O.	124.10
12.	S MAGAHAREN	C.O.	124.27
13.	C GALLOWAY	3 ROC	135.00
14.	J SHERLOCK	C.O.	137.11
15.	J SMITH	C.O.	146.52
16.	G SMITH	MAC.	148.48
17.	J Mc ELHINNEY	-	163.00

M19B

1.	O O CLERIGH	C.O.	71.20
2.	R CLEARY	3 ROC	71.25
3.	B HEALY	C.O.	84.58
4.	K BARRY	C.O.	95.08
5.	A SHERRIF	W.O.	102.46
6.	M LYNCH	C.O.	104.52
7.	C MURRY	C.O.	107.04
8.	B PHELAN	U.C.D.	109.28
9.	R PATTON	W.O.	112.50
10.	A BURKE	C.O.	124.43
11.	T CAFFREY	SET.	129.55
12.	P FARRELLY	C.O.	137.00
13.	J DONNELLY	S.O.	138.47
14.	N CURRAN	C.O.	146.33
15.	D SHERRIFF	W.O.	174.57

UNCLASSIFIED B COURSE

B BUTLER	DLSO	87.25
G Mc GRATH		91.17
S KAVANAGH	C.O.	160.00
K Mc DONALD	C.O.	175.32

B WALSH: M HARRIS: B DELANEY punched wrong control

10 NON FINISHERS

W19A B COURSE

1.	M TURLEY	MACTIRE	72.37
2.	E LOUGHMANN	G.E.N.	77.55
3.	C NUTTALL	M.O.	78.27
4.	M THORNHILL	G.E.N.	83.23
5.	B FLANAGAN	3 ROC	85.54
6.	S CAWLEY	3 ROC	100.18
7.	M ROHAN	M.O.	102.06
8.	V DAVIS	G.E.N.	105.44
9.	S HARRIS	3 ROC	155.00
10.	M Mc ELHINNEY		163.00

3 NON FINISHERS

C COURSE

M15

1. W Mc AULIFFE	DL.S.O.	40.47
2. E CASEY	DL.S.O.	72.31

M 17

1. N FINLAY	MACTIRE	53.39
2. F HOGAN	DL.S.O.	61.23
3. K ARLOW	MACTIRE	82.14
4. K WALSH	SETANTA	114.00

M 21

1. J Mc LOUGHLIN	D.U.O.	82.11
2.H BOYLE	--	129.28
3. P STEPHENS	3 ROC	146.49

M 43

1. P KELLY	S.O.	59.20
2. J P KIGNEY	3 ROC	112.38

W 17

C MURTAGH	SETANTA	69.26

W 35

1. J FLEGG	SETANTA	68.44
2. D LARGE	G.E.N.	71.41

UNCLASSIFIED ON C COURSE

N DALY	U.C.D.	66.46
S DUNNE	MACTIRE	109.30

10 NON FINISHERS

D COURSE

W 15

1. R WHITE	MACTIRE	35.02
2. L PETERS	G.E.N.	82.35
3. H HARDIE	G.E.N.	82.35
4. R WILLIAMS	Setanta	87.16

W 43

F WHITE	MACTIRE	103.02

M 13

N BOHAN	C.O.	158.54

UNCLASSIFIED: M DOOLEY 123.01

5 NON FINISHERS

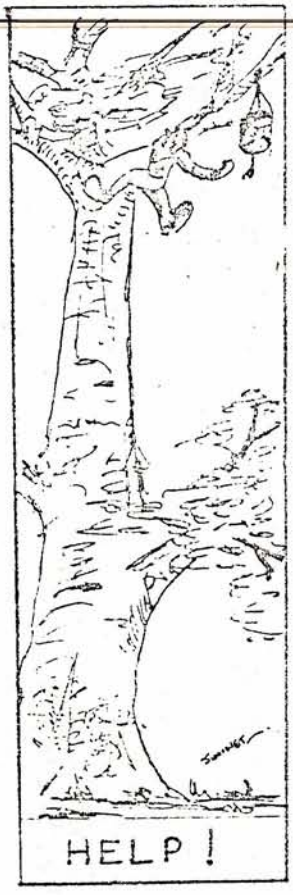
H Mc CANN: A RAFFERTY: A O KEEFE & C LANIGAN PUNCHED A WRONG CONTROL

E COURSE

1. M DARCY		56.15
2. E QUINKE	C.O.	58.26
3. B MULDOWNEY	C.O.	58.26
4. G LEE	C.O.	58.52
5. B LEE & CO.		62.59
6. S CULLEN		65.46
7. CONVEY & FARLEY 3 ROC		65.52
8. E FLEGG &L WILLIAMS SET.		78.45
9. RYAN FAMILY	G.E.N.	79.30
10. H FLEGG	SETANTA	82.52
11. A DUNLOP	SETANTA	89.40
12. V PHELAN		105.04
13. T CLEARY		108.29
14. L NILAND		115.00
15. A Mc BRIDE	G.E.N.	117.33
16. G HYLAND		119.20
17. N CONNOLLY		120.23
18. G FITZSIMONS		120.23
19. J &E RYAN		127.36

5 NON FINISHERS

M RYAN: D BRENNAN: M CONNOLLY & I GUIGON PUNCHED A WRONG CONTROL



8.2km 1000ft. 22c. 7.6km 750ft 19c.

M21	A. Course		TIME TOTAL	Sat. Place	Sat. Time	Sun. Place	Sun. Time
1.	W. Young	CO	167.55	2	92.28	1	75.27
2.	E. Rothery	DUO	170.21	1	91.36	2	78.45
3.	D. O'Callaghan	SET	188.57	5	108.25	3	80.32
4.	E. Wilson	LVO	199.17	4	107.59	8	91.18
5.	G. Byrne	CO	201.47	3	106.07	10	95.40
6.	P. Lalor	CO	207.35	6	115.21	9	92.14
7.	P. McCormack	GEN	218.03	9	129.19	5	88.44
8.	N. Rice	SET	230.53	12	141.15	6	89.38
9.	D. Reidy	ECom	231.42	11	140.59	7	90.43
10.	T. Russell	CO	232.40	10	129.51	11	102.49
11.	P. Nash	SO	242.53	7	119.42	19	123.00
12	B. Simpson	LVO	245.09	8	128.41	16	116.28
13.	J. McCullough	3ROC	258.43	14	141.54	17	116.49
14.	E. Niland	MAC	258.55	15	151.56	14	106.59
15.	P. Flanagan	3ROC	269.35	16	154.48	15	114.47
16.	D. Burke	MO	273.23	13	141.49	21	131.34
17.	T. McCormack	GEN	275.07	18	170.46	13	104.21
18.	J. Murray	MAC	281.51	19	178.28	12	103.23
19.	J. Beecher	MO	304.02	21	185.36	18	118.26
20.	W. O'Neill	SO	315.23	23	190.38	20	124.45
21.	ML.O'Callaghan	MO	390.55	32	247.53	22	143.02
22	B. Gregor	MO	393.05	25	195.39	24	197.26
*	P. Healy	CO	196.55		110.51	4	86.04
*	Missed one control on Sat.						
	S. McGibbon	LVO		17	164.42		
	J. McCarthy	MO		20	180.25		
	D. Morrissey	MO		22	190.25		
	R. Goffe	LVO		24	193.32		
	T. Caffrey	SET		26	196.54		
	K. O'Brien	MO		27	202.50		
	P. Nevin	-		28	206.10		
	C. Carr	Thom		30	230.40		
	D. Deasy	SET		31	231.59		
	B. Power	SET		-	-	23	151.49

B. Course. M19			7.2km 700ft. 17c.		7.2km 750ft. 16c		
1.	R. Cleary	3ROC	209.11	1	105.08	1	104.03
2.	P. Corcoran	CO	280.47	3	159.31	3	131.16
3.	T. Dreelan	CO	315.13	2	195.08	2.	120.05

W19.	B. Course		TIME TOTAL	Sat. Place	Sat. Time	Sun. Place	Sun. Time
1.	E. Loughman	GEN	238.54	2	126.00	1	112.54
2.	M. Turley	MAC	243.31	1	125.04	2	118.27
3.	M. Thornhill	GEN	269.23	4	149.18	3	120.05
4.	C. Nuttall	MO	279.26	3	140.24	5	139.02
5.	B. Flanagan	3ROC	327.46	9	193.11	4	134.35
6.	M. Rohan	MO	334.22	5	178.59	8	155.23
7.	M. Groeger	MO	340.14	8	190.25	6	149.49
8.	A. Hamilton	QUBOC	340.22	6	185.24	7	154.58
9.	S. Cawley	3ROC	421.22	11	195.57	10	225.25
	U. Cregan	SET		7	187.34		
	C. Murtagh	MO		10	195.47		
	H. McGarrigle	LVO		12	237.03		
	M. Walsh	3ROC				9	155.33

M35	B. Course		TIME TOTAL	Sat. Place	Sat. Time	Sun. Place	Sun. Time
1.	A. Shaw	Thom	207.20	4	114.23	1	92.57
2.	A. Gartside	LVO	207.22	2	102.48	4	104.34
3.	T. McGrath	3ROC	208.46	3	106.05	3	102.41
4.	F. Martindage	TO	219.12	1	102.12	6	117.00
5.	J. O'Leary	MO	239.19	5	122.02	7	117.17
6.	C. Dunlop	SET	255.41	6	127.38	8	128.03
7.	H. White	LVO	256.00	7	144.43	5	111.17
8.	J. Spillane	SO	290.50	8	151.43	9	139.07

M43	C. Course 4.9km 350ft 14c.			5.0km 400ft. 14c.			
1.	A.B. Law	GEN	187.03	2.	100.06	1	86.57
2.	P. Kelly	SO	230.29	3	107.13	2	123.16
3.	G.M. Kelly	SO	312.00	4	163.59	3	148.01
	M. Walsh	MO		1	95.26		
	N. Morrish	MO				4	167.18

M19 Ctd.	B. Course						
	F. Horan	DLSO		2	133.51		
	D. Raythorn	CO		4	169.47		
	P. Hannon	CO		5	175.54		
	K. Murphy	NMon		9	201.56		
	P. Cunningham	CO		10	205.54		
	K. Cunniffe	Thom				4	122.09

C. Course M17

		CLUB	TOTAL TIME	Sat. Place	Sat. Time	Sun. Place	Sun. Time
1.	J. Kneeshaw	DLSO	191.32	1	87.59	3	103.33
2.	D. O'Reilly	MO	229.22	4.	130.56	2	98.26
3.	I. Hickey	Thom	229.26	5.	131.07	1	98.19
4.	B. Butler	DLSO	242.11	3	120.44	4	121.27
5.	P. Moloney	Thom	392.05	6	168.15	5	223.50
	C. Carr	Thom	Non.Com				118.56

D. Course W35 3.8km 250ft 11c. 3.5km 200ft. 10c.

1.	D. Large	GEN	219.50	1	125.52	1	93.12
	M50						
1.	F. O'Kelly Lynch	MO	199.31	1	97.29	2	102.02
2.	P. O'Reilly	MO	228.26	2	136.11	1	92.15
	J. Caffrey	SET		3	164.34		
	W17						
1.	N. Wall	St.An	286.29	2	138.51	1	147.38
2.	T. Horan	MPO	289.40	1	129.21	2	160.19
	B. Dilworth	St.An		3	142.41		
	M15						
1.	J. Coman	TO	169.14	1.	100.02	1.	69.12
2.	S. Cunnane	MO	199.38	3	125.30	2.	74.08
3.	S. Morrish	MO	229.36	5	151.15	3.	78.21
4.	P. Ryan	TO	260.42	6	160.10	4	100.32
	K. Keohane	Thom		2	107.56		
	J. Quinn	Thom		4	138.27		
	Non-Competitive						
	W. Delaney	GEN	186.03	1	87.25	1	98.38
	M. Dooley	-			149.32		

E. Course W15 3.8km 250ft. 11c. 3.5km 200ft 9c.

1.	R. Williams	SET	168.39	1	94.15	2	74.24
2.	O. Cooke	MPO	185.17	3	111.01	1	74.16
3.	M. Coleman	MPO	200.01	2	107.03	3	92.58
4.	S. Hutchinson	High Sch.	215.18	4.	121.34	4	93.44
	W13						
1.	J. Martindale	TO	170.52	1	106.09	1	64.43
	C. Dilworth	St.An		2	142.08		
	M. Cunnane	MO					168.04

E. Course W43

	F. White	MAC		1	113.18		
	M. Morrish	MO		2	-		
	M12						
1.	J.B. Riordan	MO	296.01	1	173.09	1	122.5
	Non -Competitive						
	J. O'Shea				87.26		
	Ted Lucy				110.41		
	A. O'Connor						109.3
	D. Lordan						109.3

WAYFARERS Saturday.

1.	Rory Morrish	MO	33
2.	A. Morrish	Mo	34
3.	M. O'Cathain	CBC	36
4.	Dara Duane)	CBC	41
	Paul Boland)	-	41
6.	Br. A. O'Connor	CBC	46
7.	T. Ryan	-	49
8.	D. Boland	-	49½
9.	A. Coughlan	-	50
10.	N. Farley	-	58
11.	U. Morrish	MO	58½
12.	B. Leahy)	-	65
	P. Cleare)	-	65
14.	B. Ryan)	-	66
	F. Spelman)	-	66
16	M. Spain	-	67
17.	U. Morrish	MO	72
18.	M. Reitz	-	73
19.	J. Kiely)	CBC	83
20.	S. Duane)	CBC	83
21.	P. Walsh	MO	96
22.	P. Byrne	MO	96
23.	C. Collison	-	106

WAYFARERS Sunday

1.	U. Morrish)	MO	19
2.	R. Morrish)	MO	19
3.	A. Morrish	MO	21
4.	C. Murtagh	MO	25
5.	S. Lysaght	Ban	30½
6.	D. Whooley	-	31
7.	S. Foley	CBC	31
8.	M.O'Cathain	CBC	35
9.	G. Lysaght	Ban	38
10.	N. Farley	-	53
11.	A. O'Connor	MO	54
12.	J. Lee	-	64
13.	P. Stephens	-	74
14.	M. Buckley)	-	80
	Harringtons)	-	80
16.	B. Twomey	-	81

YOUR CLUB COULD HAVE USED THIS SPACE!

NEWS FROM CLUBS AND ARTICLES EVEN ONLY REMOTELY CONNECTED WITH ORIENTEERING ARE ALWAYS WELCOME.

PLEASE! PLEASE! DO SEND THEM BEFORE THE COPY DATE

LOC NEWSLETTER

COPY FOR NEXT ISSUE TO BE RECEIVED BEFORE FRIDAY, 11th AUG '78.
ALL ARTICLES, RESULTS ETC. TO THE COMPILER,
BRENDAN McGRATH, 42 CLONARD DRIVE, DUBLIN 14.