LOC NEWSLETTER

A NEWS-SHEET OF THE ORIENTEERING CLUBS OF LEINSTER

No. 17 May, 1980

IRISH JUNIOR ORIENTEERING

A permanent Junior Committee has been set up by IOA/NIOA to act as a selection committee and to organise Junior Affairs generally. This committee is chaired by Maire Walsh, IOA Junior Affairs Officer, and has 1 representative from NIOA, Fred Corscadden, 1 from Ulster, Noel Boyle, 1 from Munster, Jack Riordan and at the moment one from Leinster, Declan O'Callaghan.

TEAM : This committee has selected a team for the Continental Cup, including subs in all classes except M & W11. Unfortunately, there is only 1 W11 on the team, which shows a need to encourage younger competitors. As agreed at the IOA AGM IOA/NIOA leaders will accompany the group.

The Committee is now in the process of setting up a Junior Squad on the lines of the Senior Squad but with representation in all classes.

JUNIOR TRAINING: In conjunction with AJAX a training week for juniors will be held on the 23-30th June - this is being given by the Danish Junior Coach, Gurt Nielson and is open to all juniors. It is hoped that some of the sessions will be held in the North and in Munster. As more details become available they will be circulated to juniors through the Junior Bulletin, which will be sent regularly to Junior Squad members.

Juniors are invited to attend the NWOC 2 day event on the 21st and 22nd June in Moydamlaght.

It is hoped to run a one-day training event in June for Juniors, particularly the Continental Cup team.

A large number of Juniors competed at the JK and congratulations particularly to Orla Cooke, who came 6th overall in her first year in W17.

Now that each region has an officer concerned with Junior O it is hoped that clubs will follow suit and have one person particularly involved with the training and encouragement of junior O at all levels.

Maire Walsh.

FRONT COVER: Shows Justin May of 3ROC and others anxiously awaiting their incoming team-mate at the JK Relays, while John Ryan of AJAX snatches a last moment's vital shut-eye! Photo by Pat Flanagan.

Copy date for next newsletter: August 15th, 1980. All articles and results (especially concerning events in Europe over the summer) to Susanne Cawley, 8 Wedgewood, Sandyford, Dublin 14.

Irish Orienteering Association

IOA FIXTURES 1980

			Club	Grade
May	11	Donadea, Co. Kildare	GEN	2
	18	Derryleigh, (near Macroom), Cork	LO	1
	24	Garvagh, Co. Derry NIOA Relays (Closing date for entries-10 May. Contact D. Blair, 102 Shanreagh Pk., Limavady)	NIOA	Relays
June	8	Long O / Cross Country Aughavanagh, Co. Wicklow	CO	Long O
	14	Drumleagh, Co. Tipperary	TO	3
	21	Moydamlaght, Co. Derry. F.V.O. Challenge	NWOC	1
	22	Learmont, Co. Derry. NWOC Relays	NWOC	Relays
	29	Donard Forest Park, Newcastle, Co. Down. LVO Championships	LVO	
Aug.	30	Fanore, Co. Clare	ThO	Night
	31	Burren Walk, Co. Clare	ThO	
Sept.	7	Setanta Mountain Marathon, Co. Wicklow.	SET	
Oct.	12	Irish Championships Ballinascorney	SET	

NOTE: Ballinascorney is now out of bounds to orienteers.

NIGHT EVENTS

May 28th.	Cruagh Wood. Start times 7.00-7.30 p.m.	SET.
June 11th	Score event. Marlay Park	3ROC
June 18th	Midsummer Madness (to be confirmed). Signposted from Bray-Greystones road. Bring your own food and drink to a barbecue afterwards.	GEN

Junior Coaching Course

June 23rd - 30th. Instructor: Gurt Nielson, Danish Junior Coach.

Contact Carey May, "Hawthorns", Ticknock, Sandyford, D. 14

Notes from IOA Bulletin No. 13

CENTRAL COUNCIL: The IOA Executive Committee called a meeting of the Central Council - to be held at Aughavanagh, Co. Wicklow, on March 30th, after the Leinster Championships. The meeting was called for the ratification of the Junior and Senior Selection Committees. (The Central Council is the body authorised to set up such Sub-Committees.) The meeting was attended by IOA Executive Committee Officers, the Committee Members elected at the AGM and representatives from Leinster and Munster Regional Councils.

The Selection Committees were approved and ratified.

MAP AWARD: The IOA Map Award was presented to Thomond Orienteers at the IOA AGM on March 2nd. Their map of Cratloe Wood, Co. Clare, was judged the best map of the year, for 1979. - Hurry up with the new maps for 1980! It is a perpetual Trophy!

RECORDS SECRETARY: Clubs are asked to send the results of all Events that have taken place since Orienteering first started in Ireland - to the new Records Secretary. If any members have copies of results, or indeed any information about Orienteering Events during the early years of Orienteering in this country, they would be greatly appreciated. Happy hunting!

Address of Records Secretary; Mr. D. O'Callaghan, 3 Cappagh Villas, Clondalkin, Co. Dublin.

P.R.O. Event Organisers are requested to get results of Events to the P.R.O. as soon as possible after each Event, preferably on the night of the event. A phone call will suffice.

Address of P.R.O. Mr. John McCullough, 34 Dun Emer Drive, Dundrum, Dublin 14. Phone (home) 981556 (Work) 905263.

IOF LITERATURE: It is important that people organising, planning, and controlling Events should have access to IOF information, guidelines and rules; and should read and digest this information.

The IOA has decided to order copies of all IOF Literature and to have this on sale at Events. If clubs wish to order a large quantity of any particular IOF Publication they should send their order to the IOA Secretary. A list of available IOF Literature was published in Bulletin No. 9.

REGISTRATION FEES: Clubs are reminded to pay their Registration Fees for all Events published in the IOA Fixtures List. £2 per event.

This is effective from 1st January, 1980.

FORTHCOMING EVENTS: It now appears that the Grade I events scheduled for June 8th and 15th will not take place. To help fill this gap it has been decided to include the "DOUBLE GLOUCESTER' on 24th-26th May as a designated squad assessment event. 2 high standard events in the Forest of Dean, plus informal relay on Mon 26th.

HARVESTER RELAY - Entry forms from IOA Sec. To be held Aug. 30/31.

Irish Orienteering Association

TEAM MANAGER'S NOTES:

The long awaited match with Scotland takes place on May 10th at Achray Forest in the Trossachs. The teams were reselected after the JK and now include some new faces.

M21	P. Healy	CO	W19	A. Hamilton	LVO
	W. Hollinger	AOK		C. May	AJAX
	*J. May	3ROC		*C. Murtagh	SET
	D. Reidy	ECO		C. Nuttall	LO
	W. Young	CO		A. Smillie	QUBOX
	E. Wilson	LVO		M. Thornhill	GEN

* denotes new 'cap'.

WORLD UNIVERSITY CHAMPIONSHIPS;

A team of 3 women and 7 men have been nominated for this event. The names will be announced in the near future.

CONTINENTAL CUP

The Irish Team for the Continental Cup competition in France in early July is as follows:-

Senior:
M21; W. Young (Curragh), P. Healy (Curragh)
M19; A. O'Cleirigh (Curragh), K. Warren (AOK)
M35; P. Lalor (Curragh), P. Flanagan (3ROC)
M43; F. Martindale (TO), A.B. Law (GEN)
M50; M. Walsh (Lee O), N. Morrish (Lee O)
W19; E. Loughman (GEN), C. May (AJAX)
W35; C. Nuttall (Lee O), J. Flegg (SET)
W43; D. Large (GEN, R. Doorly (GEN).

Junior: (Two from each class) -
M17; P. James (NWOC) M. James (NWOC),
M15; K. Bloomfield (NWOC), A. May (3ROC),
M13; S. Linton (NWOC), J. Riordan (Lee O)
M11; D. Heffernan (NWOC), R. Morrish (Lee O)
W17; O. Cooke (AJAX), R. White (SET)
W15; C.B. Law (GEN), J. Martindale (TO),
W13; U. Morrish (Lee O), J. Pumphrey (NWOC)
W11; A. Morrish (Lee O).

The competition will be held around Nemours, SW of Paris, in conjunction with the French 3-Day. Teams of 38 competitors fr 15 countries will compete in the individual race, with all the runners to count, and five teams of different classes totallin 18 runners will contest the Relay.

Reserves: M21; W. Hollinger, J. May. M35; P.McCormac H. Quirke, M43; C. Dunlop, F. McCormack, M50; T. Whiting, S. Kuldorff. W19; M. Nowlan, A. Smillie, W35, M. Groeger. M19; R. Cleary, J. Ryan.

M17; B. Butler, M15; S. McCallion, W17; M.Coleman, W15; D. Ni Challanain.

Above teams do not include the following who were selected but were unable to travel: E. Wilson M35, A. Lewis, M19, J. Flegg W35.

LEINSTER CHAMPIONSHIPS

Planners Comments: The advent of snow one week before resulted in a rushing of an otherwise tight schedule (seven weeks from inception to event) and all courses were reduced. This resulted in many changes from the fact that the M21A were alone at the green start to the very fast winning times for the very junior classes. This was also partially responsible for the bad signposting of the white start (it was left to last), but nobody lost time through arriving late.

The organiser's idea for trestles at control sites worked very well, with only one being broken.

Organisers Comments: Apart from thanking all who turned out for the Championships, I would like to make the following comments.

Those who complained about the price of entry should realise that expenses incurred in effectively organising a Championship event are naturally greater than ordinary events. Some of these are as follows: prizes, ambulance, pre-marking wastage, general printing costs, trestles etc. The traditional concession for juniors was made but, unfortunately, no others were possible.

I would personally feel that £1 plus entry will become quite commonplace at future events.

My last comments will be (a) although people left no litter in the event field they certainly made up for this in the parking areas. (b) following the loss of directional signs persons have been made persona non-grata at future AJAX events.

Special thanks must go to: Irish Red Cross Association,
7-UP
Donators of Prizes
Mrs. May (Soup)
Curragh Orienteers
The Ajax work crew (trestles)
20th Dublin (Dundrum) Scouts.

D. O'Callaghan

AJAX NOTES

Congratulations to Eddie Niland who completed the Boston Marathon, and to the Ajax Men's JK relay team in finishing well up the finishing list. A special to Orla Cooke, Michelle Coleman, Deirdre Ni Callanain and Brendan Butler on their selection for the Continental Cup.

A Continental Cup Junior Fund is being set up to help all Leinster juniors travelling (on Irish team). Any donations/ support gratefully received.

Contact Declan O'Callaghan or Maire Walsh.

JK '80

At least 180 people crossed the water to the 'JK' this year. Most went by car taking the ferry from Larne to Stranraer, others took trains or planes and one even managed to cycle from Dublin to the event defying the considerable physical effort required during the week-end.

A large contingent stayed in the Caravan Park at Southerness, while others were closer to the event centre at Dumfries.

Those who travelled over on the Thursday had an opportunity to take part in the warm up training event on Good Friday. This area, known as 'Mark Hill' gave people a taste of the type of terrain they could expect at the other events of the weekend. The forest consisted of gradually rising ground with a steep open area which, once the early morning mist cleared, yielded a splendid view of the whole area beneath. It was at this vantage point that many congregated, making it a relaxing enjoyable event for all.

The Saturday saw the first of the 'Individual' events in the forest of Dalbeattie, not far from where the training event had been held. It was another beautiful day with cars soon covered in garments drying in the sun. The terain was varied with some steep regions but with many tracks, and a certain amount of fine orienteering was required because of the areas of fight throughout the forest. The 'Finish' was in the town of Dalbeattie, where a 'do-it-yourself' results system operated. The walk back to the car park was unexpectedly long and the Irish Club banners (AJAX, Thomond, UCDO and 3ROC) on the grassy mount in the middle of the car park were a welcome sight.

An so back to base where one could tidy up and have a relaxing shower and then visit the surrounding places of interest. The village of Rockcliffe was one such place where a car park was provided for tourists outside the village. This thought for the comfort of the strolling tourist, the cleanliness of the village streets and the superb condition of the highways as well as the care and attention paid to individual gardens were outstanding features of this part of Scotland.

Sunday, the second day of the individual event necessitated a drive of some length to Lauriston. Again it was a warm, sunny day and the area, contrary to expectations, was quite hilly, but runnable with many tracks. The 'Finish' area was very accessible and spectators had a clear view of orienteers at the last control before they crossed a small stream and tore to the finish where Robinsons Barley Water (Robinsons sponsored the event) was available for the dehydrated. On some of the courses there was a map exchange in the forest. This event was to frustrate some of our 'elite class' who did not complete their course, but otherwise it was a very enjoyable event.

Monday dawned with a sprinkling of rain. The relays were in a hilly area near Dumfries. The longest course for any competitor was about 6 kilometers and, therefore, fast times were expected of good teams. The start required an immediate climb and then one orienteered up and down hills. There was a long run-in to the change-over where, as in previous 'JK's' a loudspeaker blared out the number of the team as the runner came through the last control. This relay event, in the opinion of some, created the most excitement of the weekend. The prizes were given out while 'some of us' were still in the forest.

JK'80 (ctd).

Some rushed off immediately to catch the afternoon sailing but most had a more leisurely drive to the evening boat with tea and crumpets in the afternoon - the perfect way to bring another 'JK' to a close.

Well done to Clare Nuttall of Lee Orienteers for her performance which earned her 3rd prize in W35 and commiserations with Ronan Cleary of 3ROC who became ill on the first day of the individual and with Tommy Caffrey and company on their 'close encounter with the woolly kind'.

The 'JK' is one of the most accessible International Orienteering events for the Irish competitor and it is to be hoped that even more will be encouraged to go to the JK in 1981, which will be held in the midlands of England.

David Quinn.

GEN NEWS:

A Film Show was held for GEN members on Tuesday 15th April at 56 Trees Road, Mount Merrion. One of the films was from Sweden and the other from Scotland. Afterwards we held a post-mortem on the JK maps. Out thanks to John Rosemary Doorley for their hospitality and to Rosemary and Maura Thornhill for obtaining the films. As this is being written John and Rosemary are in New York competing in the International Dinghy team regatta on Long Island Sound. We wish them every success.

Our congratulations to Maura Thornhill and Eileen Loughman who came and 1st and 2nd in the Leinster Championships at Aughavanagh. We hope that other members will soon (not literally!) be following in their footsteps.

The secretary is now busy planning courses for the event at Donadea on 11th May.

The Midsummer Madness event and barbecue will take place at Kilruddery on Friday 20th June (date subject to confirmation).

We wish Maura and all the Irish team the best of luck at the Scottish Championships on the 10-11 May. These were postponed from 22nd-23rd March because of snow.

Philip Ryan. Hon. Sec.

BADGES & SWEAT SHIRTS

We have a large stock of embroidered badges, available at £1.20 each from Denis Deasy or Una Cregan.

Another batch of Sweat Shirts is coming, including some childrens sizes. Order now to avoid disappointment- remember how quickly the previous lot disappeared !

Price per shirt is still £5.00(Maybe less for childrens sizes)

LEINSTER CHAMPIONSHIPS

Congratulations to the prizewinning Setanta teams and individuals - the idea of team entries is a good one, as it makes members more club-conscious and gives an extra edge to competition. Thanks to AJAX for a well-organized event and for following up the Setanta Shield with more perpetual trophies.

The list of winners below includes first, second, and third placings :- E. Flegg (M35) 2nd place, C.Murtagh (W19A) 3rd place, P. Walsh (M43) 2nd place, B. Power (M21B) 1st Place, R. White (W17) 2nd place R. Rice & K. Bent (W19B) 1st & 2nd, N. Flegg (M10) 1st; A. Rice W10 1st; J. Flegg (W35) 1st; F. White (W43) 2nd. E.FLEGG(W13) 1st.

Team wins in M35, W19B, and M21B, 2nd in W19A.

NIGHT EVENTS

The next night(twilight?) event will be held in Cruagh Wood on Wednesday,28th May - Start Times 7.00 - 7.30 (p.m. !). The current league position after 4 events is :-

Men A		Women A		Men B		Women B	
J. Murray	28	O. Cooke	19	B. Power	27	U. Cregan	26
D. Deasy	23	T. Horan	19	G. Fogarty	19	E. McCarthy	24
D. Quinn	23	C. May	10	A. May	10	C. Murtagh	18
J. May	22	M. Coleman	8	A. Dunne	9	V. O'Shaughnessy	12
B. Buckley	21	E. Keane	8	D. O'Beirne	9	O. Cooke	10
J. McCullough	10			C. Ryan+1	9	D. Large	10
D. O'Callaghan	10			S. Kulldorff	8	R. Rice	9
N. Rice	10			P. Walsh	7	M. Coleman	8
P. Ryan	8			S. Doorly	6	R. Doorly	8
J. Barnwell	6					M. Gegan	8
N. Finlay	6					C. Walsh	8
R. Cleary	5					M. Murphy	6
T. McGrath	4					R. Sloane	6
J. Bent	3						