1979

LOC NEWSLETTER

A NEWS-SHEET OF THE ORIENTEERING CLUBS OF LEINSTER

NO 12 MAY 1979

FORTHCOMING EVENTS

DATE: Sat. May 12 2.00-3.00 p.m.
VENUE: Wesley College, Ballinteer, Dublin 16.
MAP: *1:18,000 Street Map, Dublin *
Organisers: Wesley Orienteers
GRADE: Club Event.

DATE: Sun. May 13
VENUE: Devil's Glen
Leinster and Intervarsity Championships
See Notice Below

DATE: Sat. May 19
VENUE: Marlay Park, Rathfarnham
Start: 2.00 - 3.00 p.m.
Map: 1.5,000 B&W
Organisers: Wesley Orienteers
GRADE: 3 - Club

DATE: Sun. May 20
VENUE: Villierstown, Co. Waterford
Organisers: Southern Orienteers
GRADE: 1

DATE: June 6th
VENUE Dalkey
START: 19.00 - 20.00 hrs
from Car Park behind Queen's Pub.
Organisers: GEN
GRADE: 3 - Street Event.

MIDSUMMER MADNESS EVENT

DATE: Fri. June 22
VENUE: Kilruddery - signposted from Bray-Greystones Road
Start: 19.30 - 20.30 hrs.
Organisers: Diana Large - GEN
GRADE: 3 Novelty Score Event
followed by Barbeque

DATE: July 15
VENUE: Curragh, Co. Kildare
Start: 11.30 - 13.30 - near Rising Sun pub- Curragh
Organisers: Curragh Orienteers
GRADE: 3

Other Events:

Mountain Marathon - in July (probably 22nd.)
Not yet arranged - look out for details at future events.

June 3 Reeks Walk, Co. Kerry
June 23 Lug Walk
July 8 Galtees - 7 Peak Walk. (See Separate Notice).

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setanta orienteers

LEINSTER ORIENTEERING CLUBS*
&
INTERVARSITY CHAMPIONSHIPS

Sunday May 13

NEW VENUE

Tiglin Adventure Sports Centre

CO. WICKLOW GRID REF. T 234985 SIGNED ASHFORD

GRADE 1 Organised by SETANTA ORIENTEERS

NEW MAP 5 Colour 1:10,000 by A.F.A.S.

PRE-ENTRY (For Grade 1 Only) through Club Secs.

ALL CLASSES, All Welcome on day incl. Wayfarers
*** Prizes**
SPONSORED BY GREAT OUTDOORS

BALLINASCORNEY MAP: More than 50% of the mapping for this area is complete, and is re-scheduled for completion in time for next season. A determined effort was made by all the Mappers concerned to have the task complete in time for the event on May 13th. However, as we all know, the continuous snow and rain from December right through to April played havoc on our schedule, and we were forced to postpone production of the map until Autumn. We considered producing a map of the area completed, but this was not justifiable on the grounds of cost, and it would also destroy the potential of the area.

We are fortunate to be able to run the first event on the new Tiglin map, and for this we are more than grateful to A.F.A.S. We look forward to a successful event on May 13th which is being sponsored by the Great Outdoors.

INTERNATIONAL TEAMS

The senior international pool has now been reduced to a final selection squad. M21 members are G. BYRNE, P. HEALY, P. LALOR, P. McCORMACK, P. NASH, D. O'CALLAGHAN, D. REIDY, E. ROTHERY, and W. YOUNG from IOA together with W. HOLLINGER, R. WEAVER, and E. WILSON NIOA. The W19 panel includes B. FLANAGAN, E. LOUGHMAN, C. MAY, C. MURTAGH, C. NUTTALL, M. TURLEY, and M. WALSH from IOA and A. GAULT, A. HAMILTON, H. MAJURY, and A. SMILLIE from NIOA. This reflects the current form which incidently is 10-20% better than last year, but it must be stressed that any exceptional performances from people just outside the squad will as always be taken into account.

Performances in Scottish, British, and Leinster Champs will be noted but final training, preferably along lines similiar to W. Youngs guidance sheet, should be directed towards the Welsh Weekend 27/28 May (both days to count) and the Lake District International 23/24 June. These last two events have been chosen as the primary selection events and all squad members are requested to attend. Owing to the postal strike final details are not yet available for 23/24 June, however if any hitch develops a selection event will be substituted at home.

Subject to confirmation of final details, a JUNIOR team, i.e. 4 M/u20 and 4W/u20 will be named in early June for participation i n in the Lake District event.

PF

READERS' LETTERS

3ROC Orienteering Club &
Wesley Orienteers.

Sir,

We cannot resist a few observations on the subject raised by Declan O'Callaghan, Eoin Rothery and Carey May in your last issue. Apart from the appalling standard of the English in the letter, its very basis is open to serious questioning by anybody with the future of genuine orienteering at heart.....

The authors suggest that their new AJAX club will stimulate club rivalry. We question the type of rivalry which they have in mind. Are they intent on ill-feeling between the clubs, cultivated by excessive emphasis on competition? Orienteering is surely a sport of the individual. Competition should be individual. Will not the type of competition suggest lead to club snobbery? "We won the "AJAX-SANIFLUSH' league last year so we are the BEST club, join us!"

The authors state that their club is not intended to be a clique of the best orienteers in Dublin. We fail to see what else it can become. Member poaching has at least been subtle in the past. Is it to be so blatant in the future?

We are concerned for the future of orienteering as a sport to be enjoyed, not merely by the few crack competitors who isolate themselves in an elitist caucus, but by everybody who enjoys the forest, fresh air, NORMAL competition and exercise.

Yours faithfully,

Brian Duffy, Charles Galloway,
Justin May, Mervin Harris,
Daniel Kennedy.

Irish Junior Orienteering Championships 1979

Information Sheet No. 1

The I.J.O.C. 79 will be held on 6th October (individual) and 7th Oct. (Relays) at a venue near Fermoy, Co. Cork. The championships will be jointly presented by the Orienteering Clubs of Munster, viz. Thomond, Tipperary Orienteers, Munster Orienteers and Southern Orienteers.

General Organiser:
J. O'Riordan,
"Radharc",
Camden Road,
Crosshaven,
Co. Cork. Ph. 021-831142

Course Planner:
Sgt. P. Nash,
Southern Command,
Collins Barracks,
Cork.

Controller:
F. Martindale,
5 Dawson Villas,
Tipperary.

Secretary/P.R.O.
Noel Morrish,
"Eudion",
Castle Road,
Cork. Ph. 021-293444.

MAP: 1979 5-colour 1:10,000

Championships will be held in the following classes.

Individual		Relays:	
M17	W17	A.	Any 3 M17 from the same club.
		B.	Any 3 W17 " " " "
M15	W15	C.	" 3 M15 " " " "
M13	W13	D.	" 3 W15 " " " "
M11	W11	E.	" 3 M10,M11,M13 from the same club
M10	W10	F.	" 3 W10,W11,W13 " " " "
		G.	Any 3 runners (note championship class)

C competitor's eligibiligy in terms of age may be determined as follows:

Year of Birth	Eligible for Class
1961; 1962	M17/W17
1963; 1964	M15/W15
1965; 1966	M13/W13
1976; 1968	M11/W11
1969 or later	M10/W10

Irish Junior Orienteering Championships 1979. ENTRY FORM:

INDIVIDUAL:

NAME: _____ CLUB: _____ YR. OF BIRTH ____ CLASS: ____

ADDRESS: _____

PHONE NO: _____

RELAYS:

	NAMES	YR. of BIRTH	RELAY CLASS	CLUB
1.				
2.				
3.				

The championships are open to all junior orienteers in both the Republic of Ireland and Northern Ireland.

Entry Fees: 75p Individual
£1.50 per relay team.

Admission to the championships will be strictly on the basis of pre-entry.

Latest dates for receipt of entries is Monday 24th Sept. 1979. Clubs entering large numbers of competitors are particularly requested to give full details of age, etc. in respect of every individual. Entries please, accompanied by fees and stamped, addressed envelope, to the Secretary/P.R.O., N. Morrish in accordance with the attached entry form.

Hopefully the present postal difficulties will soon be resolved but a telephone number for contacting entrants should be included on the entry form.

The organisers are at present exploring options for accommodation in the area. Information on this will be communicated on Information Sheet No. 2.

Start times and precise details of venue location will be posted to entrants on Sat. September 29th.

In the interest of providing the fairest possible competition, the organiser would welcome any information which clubs or individuals might have regarding the relative ranking of entrants. Any suggestions relevant to seeding will be gladly received.

BURREN WALK - Co. Clare

The Burren Walk will be held this year on Sunday August 26th. Participants must start before 12.00 from Fanore.

Night orienteering at Fanore on Sat. 25th August from 9.00 p.m.

Camping facilities available.

All Welcome.

Organisers: Thomond Orienteers.

BADGE SCHEME:

The IOA executive is currently reviewing the options for a "Badge" Scheme. If any orienteers have constructive suggestions or comments could they please submit them to Chairman, Alan Shaw of Thomond Orienteers directly or through any committee member.

JUNIOR TRAINING

A Junior Training evening at Belfield, prior to the JK was organised by Declan O'Callaghan.

The session started with a run around Belfield and sprint training. This was followed by a lecture from Declan covering JK Training, Competition, Maps and what to bring to the JK. Tea and biscuits were provided and a discussion took place with advice from Eoin Rothery, Carey May, Denis Deasy and Catherine Murtagh who came to assist.

Thanks to all who helped at the training and at the JK.

FAITH WHITE

LEINSTER JUNIOR ORIENTEERING

A coaching scheme to help Junior Orienteers belonging to Leinster Clubs is in the process of being organised, with the approval of the IOA. It must be emphasized that this scheme is supplemental to training run by the Slubs, the IOA and LSOA, whose help is appreciated by the Juniors.

Experienced Senior Orienteers are being asked to become personal coach to one or more Junior Orienteers. The Juniors are expected to be members of a major Leinster Club and to attend events regularly. This is to enable them to meet their coach to discuss their performance and route choice, without undue inconvenience to the coach who would normally be attending Orienteering events.

We envisage the role of the coach being one of advice and encouragement to the Junior, particularly in going over route choices and discussion of difficulties encountered on the course. Advice on training and preparation for big events would also be welcomed by the Juniors.

The amount of talent amongst our Juniors may not have been realised up to now, but we are lucky enough to have many promising orienteers, some of whom have already won prizes overseas.

We would be grateful for help, advice and especially Seniors willing to become coaches. Also we realise that as yet not all the keen Juniors have filled our Junior Questionnaire and indicated that they would like a coach. Would interested orienteers please contact:-

Faith White 322445
Declan O'Callaghan....592218

As there are far more Juniors than experienced Seniors who would be willing to act as coaches, priority in coaching is being allocated to those Juniors who:-

Show keeness and ability in competitive orienteering.

Are members of a major Leinster Club.

Wish to compete in Overseas events.

Are willing and capable of coaching a less experienced Junior than themselves.

GALTEE WALK - July 8th.
17 miles and shorter Walk 12 miles.

Start: 9.00 a.m. at Anglesborough
Finish: (17 miles) Cahir.

July 7th. Informal training orienteering at Drumleagh. Glen of Aherlow.

Camping facilities at LISVERRINANE.
Grid. Ref. R845288

Organisers: Tipperary Orienteers.

W19A WINS IN LEINSTER SINCE THE START OF ORIENTEERING

			69	70	71	72	73	74	75	76	77	78	79
Eileen Loughman	21	Sep74 - Apr79						1	1	5	8	5	1
Monica Turley	15	Feb73 - Feb79					4	4	2	1	1	3	1
Winifred Delaney	11	Jun72 - Apr77				2	2	4	1	2	1		
Maire Walsh	10	Apr73 - Jan77					2	0	5	2	1		
Maire Thornhill	9	Oct71 - Nov78			3	1	1	0	0	0	0	4	
Anne Shiel	8	Jan73 - Nov75					3	2	3				
Ruth Lynam	4	Sep71 - Nov75			2	1	0	0	1				
Carey May	2	Jan79 - Mar79											2
Hazel Convery	2	Jan72 - May72				2							
Barbara Donovan	2	Sep71 - Feb72			1	1							
Brigid Flanagan	1	Jan78										1	

Grade 1 and 2 events are included, with the old "Badge" or "Club" events. The dates are those of the first and the last win. The record is not complete and I would dearly like additional results. Certain wins had to be omitted, where there were less than 5 people competing.

LEINSTER RANKING LIST A REVIEW OF THE RULES

* All Grade 1 and 2 events in Leinster are included.
* A certain number (depending on class) of a competitors best events over the year or season will be taken into account.
* Grade 1 events can be used twice in the above calculation.
* M21A - The average of the first 3 = 100 points.
  Each persons time is calculated as a percentage of this.
  To make the results easier to handle each persons % is rotated about 100 i.e. 98% = 102 points, 144% = 56 pts.
  At least 10 people must compete.
  For 1979 a competitors best 7 events will be averaged for the final list
* W19A - As above, except that the average of the first 2 will be used and at least 5 people must compete.
* All other classes - 20 points to the winner, 19 to 2nd, 18 to 3rd, etc.
  At least 5 people must finish any class for that event to count, for that class.
  If the gap between any 2 competitors is less than ½% of the winners time then the same points will be awarded. If the gap,however, exceeds 10%, then an additional point will be deducted, 2 if 20% etc.
* NEW RULE * A competitor must have attended at least two events to be included in the final list
* NEW RULE * No points shall be awarded to competitors competing as teams, except in the M,W 10, 11, 12, 13.
* Non Leinster club members will not be used in the calculation of points, although credit may be given in the M21A, W19A. (They will appear in the list)

E. ROTHERY

3ROC

THREE ROCK NEWS -

Events: No 3ROC events are planned for the next few months, but thanks to all who helped at the recent events at Clarabeg (especially all the newer faces - and Justin May whose first experience of planning it was) and at Hollywood Glen.

Training: The weekly training sessions have been changed to Marlay Park (6 p.m. Tuesdays) and Belfield (6 p.m. Thursdays). We hope that the variety will tempt more people to venture out, especially now the evenings are longer. The monthly training sessions in forests have not yet attracted very many people - if you are interested contact Ronan Cleary (Training Officer) 904177.

Mapping: New blood is always welcome - if you'd like to try mapping, contact Ted McGrath (987758). No experience necessary, but if you have any you'll be more than welcome.

General Organisation: Virtually every 3ROC event since September 1976 has seen the same core of people involved with organisation. This has meant that many of them have been unable to compete either in certain areas (e.g. Kilmurry) or at important events as they are required on the day to help. The work-load in the club is shared very unevenly, and this is bad both for those who do the work and for those who don't. An effort was made at Clarabeg by Liam Convery to involve more new people in the organisation, and it worked. There is a strong case to be made for introducing people gradually to aspects of the sport other than competitions - so let's hear from the silent majority - you are all in the club too, so don't be afraid to volunteer.

GEN NEWS

GREAT EASTERN NAVIGATORS

TROOPERSTOWN 25th March

Despite the short notice and postal strike, there was a turnout of 81 competitors on the day. A special word of thanks is due to David Quinn, Organisers. GEN members were out in force on the day, and won most of the events!

CONGRATULATIONS to P. McCormack (A course); P. Nevin (M21B), D. Large (W35); R. Doorley (W43); A. McCormack (W19B); S. Doorley (M15); D. Course - H. Newman (W43); C. Law (W15)

WORLD CHAMPIONSHIPS and SWEDISH 5-Day

Anyone interested in availing of reduced fares to either of these events should contact MAURA THORNHILL at 985282 as soon as possible.