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AGM MINUTES 2014

Venue: Lynhams of Laragh, Laragh, Co. Wicklow

Date: May 2nd 2014

Agenda:

1. Minutes from 2013 AGM
2. Matters arising from Minutes
3. Chairperson's report
4. Reports from Executive Officers
5. Election of Committee
6. IOA Annual Awards
7. AOB

Apologies received from Darren Burke, Bernard Creedon, Barbara Foley-Fisher, Chris Slattery.

The minutes of the 2013 AGM have been available on the website for several months. There were no matters arising. The acceptance of the minutes was proposed by Patrick Murphy and seconded by Terry Ley.

CHAIRPERSON'S REPORT

First and foremost, I would like to extend a warm welcome to all present. As ever, we depend heavily on membership to develop the sport and organise the events during the year. 2013 was another busy year for the organisation and particularly for the individuals who run the clubs and organise all aspects of the events be they training, local, league, national or international events. The numbers involved in doing the bulk of the work are small given the quantity of work involved. In 2013, there were 118 regular club events and 23 schools events run under the auspices of the IOA. There were more than 7,500 competitors during the year, of whom approximately half ran in schools' events. At the club events, there were 92 competitors on average, while at the schools' events, the average was 227. These numbers are a tribute to everyone who helped in any way with running an event and in particular the schools' events.

The number of club events has declined somewhat over the past 7 years from 140 events per annum to approx. 120 events in the past two years. However schools' events have increased from 3 events in 2007 to 25 in 2012, 23 in 2013. One of the challenges still facing us is the high number of individuals only running one or two events in a year. One of our goals is to increase the numbers of participants doing four or more events in the year.

During last year, we were asked by the NIOA to run the Senior Home Internationals on their behalf. This task was very graciously undertaken by 3ROC (individual) and Fingal (relays) under the stewardship of Phillip Baxter. This was a major undertaking and was extremely well executed. Other event highlights of 2013 included the Irish Championships organised by WEGO/Frank Ryan which provided more challenges on new maps which is always a delight to regular orienteers and of course the Shamrock o-ringen provided its own challenges in another very demanding area.

After last year's AGM, there was a strategy meeting with club representatives during the Shamrock o-ringen. The purpose of the meeting was to identify the issues that the clubs believed needed to be tackled over the short to medium term. The main issues identified included:

- The need to increase participation;
- Improve the experience of new-comers, ensure that they feel welcome and are keen to repeat the experience; and
- Fixtures, communications and training events were all identified as areas requiring more attention.

None of these issues are a major surprise, the real challenge for the sport is how we work together to promote the sport. The challenge is for all of us not just the few committee members. I appreciate that many people are working hard and putting in great effort to address these challenges, we are all extremely grateful for all efforts. There have also been efforts to re-establish the regional committees in Leinster and Munster to improve communication, and coordination of matters on a regional basis.

During the year, there have also been some discussions with Coillte as Coillte are considering standardising the registration of events using their lands. These discussions are on-going and every effort is being made to minimise any increase in permit/registration fee as we are aware that all clubs struggle to make ends meet on an annual basis and that most of the work is done voluntarily.

There has been some work done with other partners to deliver orienteering, e.g. sports partnerships and outdoor education centres. We will continue to work with these organisations and many of the scouting groups to promote the sport of orienteering.

Once again, I would like to thank everyone for their contributions during the year. In particular, I would like to thank the committee along with Dr. Bernard Creedon (anti-doping), Barbara Foley-Fisher (child protection) and Martin Flynn (Or/website/forum) for all their contributions in these very important areas.

Finally, I would like to thank Aine Joyce who remains the backbone of the organisation.

TREASURER'S REPORT

INCOME AND EXPENDITURE

The Irish Orienteering Association (“the Association”) reported a deficit of €3,300 for the Financial Year 1st January to 31st December 2013. This is primarily due to expenditure of €4,400 on Sport Ident (SI) equipment for Schools Orienteering. The Association anticipates that this investment will contribute to the future development of orienteering in Ireland.

The graph below illustrates the surpluses and deficits recorded by the Association for the period 2010-2014. The deficit recorded in 2013 compares favourably to that incurred in 2012 but less favourably to 2010 and 2011. As a National Governing Body (NGB) we are required to keep our finances in good order and operate as closely as possible to breaking even.

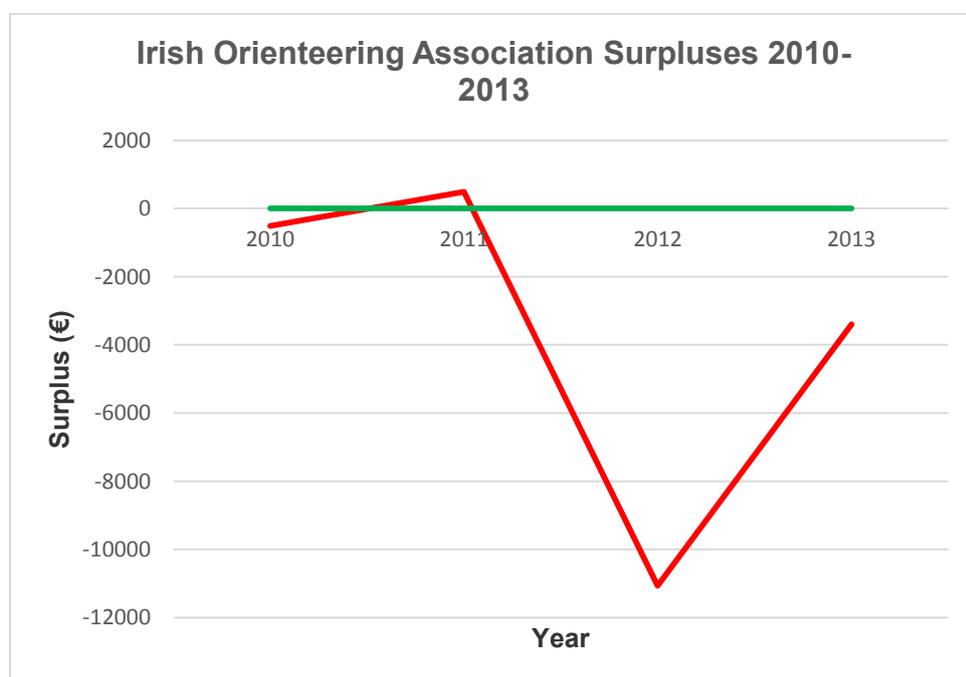


Figure 1: Irish Orienteering Association Surpluses 2010-2013

The table below lists the income, expenditure and surplus for the years 2010 to 2013 inclusive.

	2013	2012	2011	2010
Income (€)	73,003	66,637	60,183	84,773
Expenditure	76,303	77,703	59,691	85,285
Surplus (€)	(3,300)	(11,066)	492	(512)

Table 1: Income, Expenditure and Surpluses 2010-2013

INCOME

The Association's recorded a total income of €73,003 in 2013. Our main source of income was the Irish Sports Council grant of €45,350 which equates to 62% of the total. Grant funding received by the Association has been decreasing consistently since 2009. The grant allocation for 2014 is €44,670.

Income from event registration totalled €6,540 in 2013. This was a decrease on the €7,170 recorded in 2012. However, this was expected as in 2012 the Association received an exceptional payment of overdue fees from one particular club.

Income from club affiliation remained similar to previous years.

In late 2012 the Association recorded an income from coaching courses. This continued in the early part of 2013 and the total income received was €1,800. In addition, the planning and first aid courses also generated an income.

Members of the High Performance (HP) and Junior Squads make a contribution towards competing in international competition such as WOC, JWOC, EYOC and the World Cup. Squad members also contribute to training camps, kit and other expenditure. These contributions are offset against payments made by the Association towards these events. Income and expenditure for the squads for the years 2010 – 2013 are set out in Table 2.

Total funding for Irish Orienteering squads in 2012 was €23,315 or 31% of total expenditure. This is a decrease from 2011 (€26,945 or 35% of total expenditure). In 2010 and 2012 the World Orienteering Championships (WOC) were held in Norway and Switzerland respectively. The cost of living in both

of these countries is higher than that in the venue for WOC 2011 (France) and 2013 (Finland) and this is possibly why the expenditure in the area of High Performance was higher in 2010 and 2012 than 2011 and 2013. In addition, in 2013 the Junior Squad generated a significant income through its summer tour and Easter Training Camp. My thanks to all Squad members and their families for their contributions and also the Directors of High Performance and Junior Orienteering for their assistance in collecting the contributions

		IOA	Squad	Net Cost	Percentage of Total Expenditure
2013	HP	12,092	3,233	8,859	11
	Junior	25,661	11,255	14,406	19
	Total	37,753	14,488	23,265	30
2012	HP	20,015	5,305	14,710	19
	Junior	13,880	1,645	12,235	16
	Total	33,895	6,950	26,945	35
2011	HP	9,309	954	8,355	14
	Junior	14,172	1,878	12,294	21
	Total	23,481	2,832	20,649	35
2010	HP	19,412	470	18,942	23
	Junior	18,867	5,154	13,713	16
	Total	38,279	5,624	32,655	38

Table 2: High Performance and Junior Squad Income and Expenditure 2010-2013

EXPENDITURE

Expenses associated with the HP and Junior squads have been addressed above.

The Association commenced making a series of short films on orienteering called the “Ten Elements of Orienteering” in 2012. Work on this series continued in 2013 and the costs were split between the Communications and Coaching Budgets. The total cost of the Ten Elements project in 2013 was €6,232.

The total expenditure in Communications in 2013 was €6,491, approximately half of that in 2012. The amount spent on the Ten Elements project was €3,571. The balance was spent on upgrading the Association’s website and on promotional materials.

Total Coaching expenditure in 2013 was €6,356, of which €2,661 was spent on the Ten Elements project. Expenditure on coaching courses and on accreditation of coaches came to just over €1,800,

which was offset by income from courses in 2013. The Association held a First Aid course in the last quarter of 2013, the costs of which were paid for out of the Coaching budget.

All equipment had fully depreciated in 2011 and consequently no amount for depreciation appears in the accounts.

Courses in planning and controlling were held in 2013 at a cost of €1,700. This is a slight decrease from the cost of the courses in planning and event management that were held in 2012 at a cost of €1,922

Event subventions totalling €2,200 were paid to Western Eagles Galway Orienteers and Cork Orienteers in respect of the Irish Champions and Shamrock O-Ringen respectively. Clubs can apply for a major event subvention to offset some of the expenses incurred in staging the Irish Orienteering Championships, Shamrock O-Ringen or Irish 3-Day following a review of the event by the Technical Standards Committee.

In 2013 the Association invested €4,400 in new SI cards for schools orienteering. This was a significant expenditure in the area of development and we anticipate that the Association will benefit from this investment in the future.

Insurance costs were in line with those of 2011 and 2010.

Other expenses and administrative costs are self-explanatory.

BALANCE SHEET

The Association's cash position at the end of the Financial Year remains quite strong despite reporting a deficit. This is due to prudent financial management in previous years. The Association intends to use those reserves to support exceptional projects that it hopes will benefit the organisation and the sport as whole, such as the investment in SI equipment for Schools Orienteering. At the end of 2013 the IOA had a capital surplus of €42,131, which is a decrease on the surplus of €45,431 reported in 2012. However, we anticipate that the capital surplus for 2014 will be comparable to 2011 and 2010.

ACKNOWLEDGEMENTS

I would like to thank my colleagues on the Executive Committee for their ongoing assistance in providing the necessary information that ensures that the Association's financial records are in order and that we meet all of our obligations as a National Governing Body. My thanks also to my colleagues for their hard work in ensuring that various payments from members and clubs are made to the Association. Finally, a heartfelt thank you to the IOA's Administrative Assistant, Aine Joyce for her tireless hard work throughout the year.

The Treasurers report was passed by a show of hands.

FIXTURES SECRETARY REPORT

The Fixtures secretary explained that his role is essential an administrative one. There have been recent changes to the Registration of Competitions procedures.

June is now the month of registering competitions. He confirmed that it is possible to add/change non-league events up to one month beforehand.

CONTROLLER OF TECHNICAL STANDARDS REPORT

During the year a major re-structuring of the Rules, Appendices, and Guidelines took place to bring the flow of the content more into line with international norm, and to provide a much more detailed index. All of the changes made since the last paper version of the Rules in 2002 have now been incorporated in the new document. The Rules, Appendices, and Guidelines will from now on only be available on the IOA website making it much easier to update and make additions. As well as the complete document being available in one piece, the content is sub-divided so that specific sections can be viewed and downloaded as required. I have to especially thank Aine Joyce for her assistance and perseverance with this task.

After a consultation exercise, the Rules and Appendices relating to Map Registration and to the Registration of Competitions were revised. The Map Rules and Appendix were changed as part of the process of re-establishing the Map Register with all registered maps now being allocated a map registration number that will be required when registering competitions. A major change in the Map Rules was an extension in the period of exclusive club 'ownership' of registered mapped areas from three to five years.

The major changes to the Rules for the Registration of Competitions were the abandonment of the previous Rules relating to C2(championship) and C3 (league) competitions where they had to be approved by the appropriate Regional Council, and the IOA deciding what type of competition should be offered at all championship events of C2 status; and the introduction of Rules regarding the notice periods for competitions; the introduction of a June window for the registration of competitions of C3 and C4(club) status for the competition year starting the following 1 August; and club training events no longer needing to be registered.

A Controlling Seminar was held on 16 November at the Kaedeen Hotel Kildare that was led by Graham Nilsen. The practical element of the day was spent at Curragh East where the map was kindly supplied by CNOC. The talks and practical exercise were greatly appreciated by the fifteen participants.

The Technical Sub-Committee administers the Subvention Scheme for major events that currently are the Irish Championships, the Shamrock O-Ringen, and the Irish Three Day.

I would like to thank the members of the Technical Sub-Committee for their input and advice. The current members are Danny O'Hare (CorkO), Ruth Lynam (CNOC), Pdraig Higgins (MNAV), Raymond Finlay (FermO) and Harold White (3ROC).

DIRECTOR OF HIGH PERFORMANCE REPORT

1. 2013 RESULTS

WORLD ORIENTEERING CHAMPIONSHIPS (WOC) 2013, FINLAND

The highlight of the international year was the World Championships in Vuokatti, Finland.

A team of 6 men and 4 women represented Ireland. The team included:

- Olivia Baxter
- Rosalind Hussey
- Susan Lambe
- Niamh O'Boyle
- Darren Burke
- Neil Dobbs
- Kevin O'Boyle
- Josh O'Sullivan-Hourihan
- Conor Short
- Nicolas Simonin

Nicolas Simonin qualified for the Long final where he finished 33rd.

In the relays, we had both a Men's team (Nicolas Simonin, Darren Burke & Neil Dobbs) and a Women's team (Niamh O'Boyle, Rosalind Hussey & Susan Lambe).

The Men finished in 21st place which was a fantastic result, the best result for a number of years, with the women's team finishing in 25th place.

The team would like to thank the team manager, Paul O'Sullivan-Hourihan, for his support during the competition.

EUROMEETING 2013, SCOTLAND

Ireland was well represented at this competition held during the Scottish 6-day. The team was:

Áine McCann
Susan Lambe
Olivia Baxter

Hugh Cashell
Colm Hill
Jack Millar
Colm Moran
Kevin O'Boyle
Josh O'Sullivan-Hourihan
Conor Short
Ruairi Short

The team would like to thank the team manager, Paul O'Sullivan-Hourihan, for his support during the competition.

2. EUROPEAN ORIENTEERING CHAMPIONSHIPS 2014, PORTUGAL

Were held in April of this year. The following competed for Ireland:

Olivia Baxter
Regina Kelly
Niamh O'Boyle

Hugh Cashell
Seamus O'Boyle
Josh O'Sullivan Hourihan
Conor Short
Ruairi Short
Nicolas Simonin

There were qualification races for each discipline with the top 17 in each heat qualifying for the final.

Sprint – We had no athletes qualify for the final. Josh was 23rd in the B final.

Middle – All athletes ran in the final as the qualification races were voided due to a number of reasons including a misplaced control. The best women was Niamh in 66th place of 96 starters and the best man was Conor in 102nd place of 117 starters.

Long – Nicolas Simonin ran an excellent qualification race where he finished 9th in his heat. Again there were organisation issues the night before the long final when the map was released! A new course was planned. Nick finished in 28th place.

Relay – Our men's team finished in 37th place in the race relay but 23rd country in the European Championships.

Ireland was also represented in the European Trail Orienteering Championships 2014 which were held in conjunction with EOC. Ireland was represented by:

Stephen Gilmore

Wilbert Hollinger

Declan McGrellis

Results wise Declan finished in 45th position in the Pre-O competition.

3. WORLD CHAMPIONSHIPS 2014, ITALY

This year's World Orienteering Championships will be held in Lavarone, Italy, from July 5th – 13th.

It is expected that a team of up to 5/6 men and 4 women will compete at this year's competition. The selection races are being held in Italy over the June Bank Holiday weekend.

The selection process is changed this year as there are no qualification races for the Middle & Long. The winner of the selection race will run these races at WOC. Sprint will be selected like previous years, with the addition of a Mixed Sprint Relay to the programme this year. The relay team will also be selected prior to WOC.

4. EUROMEETING 2014, SWEDEN

WOC 2016 is being held in Sweden. Eurometing this year gives athletes a chance to compete at the highest level on relevant terrain.

5. WORLD UNIVERSITY ORIENTEERING CHAMPIONSHIPS, CZECH REPUBLIC

Student Sport Ireland are responsible for sending a team to this competition. The process of nominating a manager is currently ongoing.

6. WORLD ORIENTEERING CHAMPIONSHIPS 2015, SCOTLAND

Preparations for WOC 2015 begin this October with a week of races and a training camp in Scotland. The week will begin with Race the Castles, followed by a training camp, with the Senior Home International 2014 being held at the end of the week.

7. SELECTORS.

The current panel of selectors are as follows:

Helen Baxter

Kyle Heron

Paul O'Sullivan-Hourihan

Last Autumn Allan Bogle stepped down from the panel of selectors and I would like to thank him for all the work he put in while on the panel. Helen Baxter took his place on the panel.

8. SQUAD FUNDING.

The squad receives the majority of its funding from the IOA. We are very grateful to the IOA for this funding. In the coming year this funding will go towards entering Irish Teams in events, and also towards training. This year there we have already had the European Championships in Portugal, there are the World Championships in Italy (July) and Eurometing (Sweden). As WOC 2015 is a goal for the squad the training camp this October will be supported by the High Performance Budget. A large part of the budget will have to be spent on funding entries to these competitions due to the higher costs. Athletes will still fund a large part of their attendance at the events they are selected for themselves, including attendance at selection races.

9. COACHING AND DEVELOPMENT.

Orienteering high performance standards can only be developed within a sound coaching and development environment. A training weekend was held at the beginning of September 2013 in Oughterard, Galway. The Squad would like to thank Frank Ryan & Western Eagles for the use of their maps near Oughterard. A training weekend was also held in Wicklow in February 2014. CNOC were kind enough to allow their map of Scarr to be used, and in addition they donated the proceeds of the night event in Hollywood to the Senior Squad, for which the Squad is extremely grateful.

10. WOC IN THE FUTURE.

The IOF have implemented a new programme/format at WOC, removing qualification races for the Long and Middle finals, and introducing a new Mixed Sprint Relay. At this year's WOC in Italy the format of the Irish team will be different to previous years, with only 1 man/woman being able to run in the Middle & Long Finals.

A division system is being used to determine how many places a country has in the Middle and Long finals, but as Ireland is ranked in Division 3 it will only receive 1 place. The Men and Women are ranked separately but both are in Division 3. Sprint Qualification places (3) and the relay will remain the same. The Mixed Sprint Relay will involve 2 men and 2 women. Due to the results of the men's team at WOC 2013 Ireland are in a strong position if they do well at WOC this year to move up to Division 2 for 2015, so this is an aim for the Men's team to focus on in Italy.

DEVELOPMENT OFFICER'S REPORT

ORGANISATION

- 25 events in 3 regions (Cork, SE/S. Leinster and Dublin/Leinster)
- Thanks to usual suspects: Mary Healy, Liam O'Brien and all the club members who helped run the huge events across the country

PARTICIPATION

- 72 schools participated (36 primary and 35 secondary)
- Average 272 at (4 regional, 3 Provincial, 2 National events)
- Only 8 schools at Irish Primary (none from SE) but 23 schools at Irish Secondary which made it the most competitive ever
- Large numbers of primary schools stay local

DEVELOPMENT (SE BIAS)

- Permanent Orienteering courses: completed at Castlecomer Discovery Park, Co. Kilkenny, Kilkenny Castle (OPW), the Towers, Lismore, County Waterford (Lismore Heritage Company); almost ready at Kennedy park, Co. Wexford (OPW); in progress at Woodstock gardens, Co. Kilkenny.
- Instructor's courses to empower trainers to use the resources available: at Lismore and Kilkenny/Castlecomer

FUTURE FOCUS

- Work with uniformed organisations
- Maintain POC's
- Work with adventure centres
- Work with Mike Long and regional coaches to bridge the gap between schools and clubs
- Needs more regional focus

COMMUNICATIONS OFFICER REPORT

The film “The 10 Elements of Orienteering” was shown to the AGM.

Communications was very busy with two major projects in 2013 and a number of ongoing things that happen every year.

After some illness at the beginning of the year and some personal issues that I had to deal with the 10 Elements of Orienteering films were completed late last year with many hours of work and several revisions to make them clearer and understandable to the public. I'd like to thank everyone who worked on them and in particular Ruth Lynam who was so instrumental in the shape and content of them particularly in the final push when making corrections. Due to some circumstances beyond my control the films did not go live until some weeks ago where I made a decision to publish them without handouts for now and leave that as another project to complete in 2014. They have got a good reaction, having been viewed by the orienteering community worldwide and shared on social media by the IOF and other federations. Due to Seamus's rather unique way of way of wearing a thumb compass we've even been the subject of a meme which I'm sure people have seen. In a 3 week period the full film has been watched nearly 4000 times which is a testament to all the work so many people put in. There is a DVD available of the films complete with chapters and menus if you can't view them on-line which I can make available to anyone who needs it. On a personal note I have to say I never realized that something so simple in execution would be so complicated to make involving as it did live action and animation. I see them as a legacy product for the IOA and orienteering worldwide that will serve us for many years to come.

The other thing I concentrated on was the website, having done an initial refresh last year I spend time tidying it up, getting cosmetic changes done and then of course the big thing is the forum which I have to thank Martin Flynn for all his tireless work in implementing. I think the site is attractive now and friendly towards the newcomer to the sport.

Other things I worked on last year included posters for various clubs, a logo and input into prizes for this years IOC and of course keeping the IOA facebook page updated and running which is a job in its self. On that note this time last year the IOA facebook page had 250 followers, it now has 550 and increases on a weekly

basis. Can I make a plea that if you are on facebook and haven't liked the page please do so. Part of my work during the year is working towards attracting sponsorship for the sport and facebook is a major of that strategy as any potential sponsor will see facebook as an integral part of how they market their image.

2014 and beyond..

There are some unfinished things I would like to concentrate on for 2014/15. I have a hard drive of footage of the senior squads exploits that I need to do something with. In addition to there are areas of the website such as education and mapping that could do with a refresh. And 4 years ago I undertook to explore sponsorship which I'm happy to report I have made some headway with, but due to commercial sensitivities I'm not in a position to divulge at the present moment. If there are any clubs who need assistance in marketing or want posters/flyers etc... designed my door is always open. I know 3ROC and CORKO have availed of this several times, hopefully more clubs will.

IOA JUNIOR OFFICER REPORT FOR 1 MAY 2013 TO 30 APRIL 2014

ACTIVITIES

TRAINING WEEKENDS

The main thrust of our activities is our training weekends. In this period we held four as follows:

- October 2013 – Tramore area - 20 Juniors (10 F + 10 M)
- November 2013 – Dublin (Knockree) - 17 Juniors (10 F + 7 M)
- February 2014 - Killarney – 20 Juniors (11 F + 9 M)
- March 2014 – Dublin (Including time trial) – 22 Juniors (9 F + 13 M)

- Five of our 16's also attended a BOF training weekend at Hawkshead OEC in the UK
- 3 juniors + leader attended a training camp in Bulgaria over Easter in preparation for JWOC 2014

FUNDRAISING

- We held 7 fund raising events during this period
- Quiz at Shamrock O Ringen
- 2 cake sales (Leinster Champs and Munster League event at Kilworth) and
- 4 sprint events (UCC, DUC, TCD, Coleraine).

The amount raised totalled approximately €1500 which has gone to pay for the rent of a cabin in Trondheim, Norway, for training this summer. Thanks to all!

INTERNATIONAL COMPETITIONS

- JWOC Czech Republic, July 2013 – 6 athletes (Áine Mc Cann, Niamh Corbett, Jack Millar, Eoin Mc McCullough, Jonathan Quinn and Niall Mc Carthy ,) + 1 leader. Generally solid Irish performance, several “B” finals made.
- EYOC Portugal October 2013 – 8 athletes – our biggest ever team at EYOC? (Niamh Corbett, Róisín Long, Aoife Mc Cavana, Caoimhe O’Boyle, Jonathan Quinn, Niall Mc Carthy, Paul Pruzina and Peter Meehan) + 2 leaders, solid results, 2 top 30 finishes. Both girls and boys performed well in relay.

- JHI South Wales – September 2013 – 24 athletes (including 4 debutants) + 8 leaders, pipped by last Welsh girl on final relay team for Judith Wingham trophy.

SUMMER TRIP

We had a junior squad summer trip to WOC in Finland in August 2013. About 40 people (juniors and families) attended. All competed in the Open Public events.

FINANCES

We spent approximately €13,000 (=100% budget!) the greatest expenditure being on the three international competitions at 70%, followed by training weekends at 20%.

NEXT YEAR

- Hope to have similar level of activity.
- Likelihood is that JWOC (Bulgaria, July) squad will be small (\approx 3-4 athletes) due to exams. Hope to have at least 8 athletes at EYOC in Macedonia in June and a full team for JHI in Scotland at the end of August.
- Given the likely small team at JWOC we are considering sending a small team of 2 or so 3 to JEC in Belgium in October
- Nick Simonin has agreed to conduct some training in the Autumn.
- It is not easy to get people together nationally for training weekends. My hope is that we can have regular regional based training days (also help with overlap from schools?) and it would be great if there was someone available to co-ordinate this.
- We hope to have the same level of financial support from IOA but fund raising will also be necessary. Some new kit will also be required and our hope is that we can also subsidise juniors who travel to the JK (as we use this as a qualification races)

THANKS

The work reported here is very much a team effort. I have been given fantastic help from a lot of different people; too many to mention, and help has never been refused. I do not like to mention specific names but Ruth Lynam who has given many years of service to the juniors has been as active as ever this year.

COMMITTEE ELECTION

The IOA constitution states that all positions become vacant at the AGM.

Treasurer: Sarah Ni Ruairc is willing to stay on the committee. She was nominated by Andrew Butterfield and seconded by Regina Kelly. There were no other nominations.

Fixtures: Fergal Buckley is willing to remain on the committee; he was nominated by Terry Ley and seconded by Sharon Lucey.

Controller of Technical Standards: Harold White was willing to remain in this position for only one more year, he was nominated by Patrick Murphy and seconded by Fergal Buckley.

High Performance: Darren Burke was willing to remain on the committee; he was nominated by Conor Short and seconded by Brian Corbett.

Communication Officer: Finn van Gelderen was willing to remain in this role, he was nominated by Terry Ley and seconded by Harold White.

Junior Representative: Mike Long was willing to remain in this role and was nominated by Ruairi Short and seconded by Brian Corbett.

Mapping Registrar: Chris Slattery indicated that he would like to remain in this position, he was nominated by Andrew Butterfield and seconded by Sarah Ni Ruairc.

Development Officer: Andrew Cox was willing to remain in this position, he was nominated by Patrick Murphy and seconded by Mike Long.

Director of Orienteering Education: Ed Niland was not at the AGM and he gave no indication if he wished to remain in this role. There were no nominations.

Chairperson: Mary O'Connell was willing to remain in this role. She was nominated by Sarah Ní Ruairc and seconded by Finn van Gelderen.

Secretary: There were no nominations.

IOA AWARDS

MAC TIRE AWARD

The Mac Tire Award was given to Padraig Higgins.

Padraig Higgins (MNAV) was nominated by Sligo Orienteering club for his work on maps and events in the Sligo, Roscommon and Leitrim areas. Padraig has been producing maps every year since 1984, maps have been produced for Connacht, Leinster, Irish Championships and for Army Championships events. In the last year he has produced at least a dozen maps for introductory events in Sligo, Leitrim and Roscommon. He has produced maps for Street events in Athlone and ran evening events using them. He has produced school maps and organised events for scouts, schools and business firms in the Athlone area for the last 2 years. Padraig has either been planner or controller for all major events in Connacht for the past 30 years.

SPIRIT OF ORIENTEERING AWARD

Brian Corbett of CorkO was given this award. This award is given to one person each year. It is in recognition of outstanding service or performance in the sport, either for exceptional efforts in a single year or for a long term contribution that makes a lasting impact on the sport.

PERFORMANCE EXCELLENCE AWARDS

Nicolas Simonin was the recipient of the Performance Excellence Award

He achieved a place in finals in WOC2013.

APPENDIX

ATTENDANCE SHEETS

Jean O'Neill	Fingal
Sharon Lucey	CORK O
PATRICK MURPHY	DOC
Terry Ley	BOC
Conor Short	CNOE
Ruaire Short	CNOE
Rogina Kelly	CNOE
Brian Corbett	CORK O
Niamh Corbett	CORK O
Liz Deane	CORK O
Paul Boyle	NWOC
Peter Meenan	NWOC
Wyle Fleming	LVO
Ursula Meenan	NWOC
Gerry Meenan	NWOC
Ivan Millar	LVO
Mandy Millar	LVO
James Millar	LVO
P. Hone	LVO
F. Hone	LVO
Diana Clarke	LVO
David White	BOC
Fergal Bradley	Kerry O
Sarah M. Ruane	FN
Mary O'Connell	3ROC
Andrew Lee	WAT
Finn van Gelderen	
John Buterfill	
PAULA KEOHAN	SETANTA
RACHEL CINDSEALACH	SETANTA
KEVIN O'RIBRAN	SETANTA
Alan Eagle	NWOC (NIOA)
A Collins	LVO

Geoffrey Collins	LVO
Rosalie Collins	LVO
Lake Collins	LVO
Paul O'Sullivan-Hughes	BOC
Jack O'Sullivan	UCCO
Wendy Dobb	WERO
Eoin Browne	GEN
Ruth Lyons	CNOC
Paul Prizina	LVO
Stephanie Prizina	LVO

ANTI-DOPING REPORT

During the last 12 months....

1. No positive test notified to me.
2. 2 therapeutic exemptions notified. These are justified and without any significance.
3. Compliance documentation completed by Mary and I last September and then forwarded by you to ISC.
4. Darren took on the job of distributing the AD wallet cards in January 2014
5. I completed some survey for ADOs in February 2014.

These points can be added onto my interim report from last September - copy attached.
Kind regards,
Bernard.

Anti-Doping Officers Updated (Interim) Report on September 2013

This remains a quiet year. No doping tests were carried out on any IOA athlete during 2013 to date. There remains only one TUE of which I am aware.

There remains the new Prohibited List for 2013. Changes include...

Renaming anabolic steroids to a more scientific version; Insulins have been moved to a different and more logical category; Clarification that ALL isomers of beta-agonists and stimulants are prohibited; Clarification that any form of blood product or component may not be auto-transfused;

There was also a special notification regarding Methylhexanamine being found in certain supplements such as Jack3D. This chemical is an illegal stimulant and has been found in many supplements with NO mention at all of it in the ingredients. It is once more a reminder that you should take no supplements offering "enhanced performance", etc unless you aspire to Russian Roulette with very high stakes! Anyway, buying stuff like this online is nothing short of crazy and could be fatal.

Darren and I completed "The Real Winner" online course and exam and Darren continues to encourage other squad members to do so. By July of this year 14 members of the Squad as well as the WOC Team Manager had completed the course. As ADO, my certificate of completion is attached.

Other elements of the Compliance Report can be projected. For instance the IOA will need to submit 2014 fixtures through the Clearinghouse website when asked. The Unit also needs to be updated on all training camps and squad sessions etc.

There are further changes and tighter controls looming for 2013/2014 and onwards. However, Orienteering is now justifiably seen as a “low-risk” sport for a number of reasons. These include the lack of clarity of what would be a beneficial drug for a sport which requires an alert thinking as well as a high physical performance. The relative ranking/standing of the Irish team would also reduce the benefit/risk ratio substantially.

Bernard Creedon, ADO.