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THE IRISH ORIENTEER

No. 88 January - February 1999 IR£1.50
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Check the IOA web page at http://homepage.tinet.ie/-ioa/ or the NIOA page at www.askip_demon.co.uk/nioa/nioa_html

THE IRISH ORIENTEER
No. 88 January - February 1999
THE TRIP TO TIPP

In the last issue you were being exhorted to go to the picturesque Tipperary village of Terryglass to contribute to the IOA Development Seminar. About forty of you took up the challenge and had a very worthwhile two days planning the future of Irish orienteering.

What emerged was a mission statement for the IOA and the setting of strategic goals and priorities for the next five years. Central to these is a cultural change where we try to infuse orienteering with a culture of excellence, from the most basic task to the most complex; a professional approach, though not necessarily in the paid sense.

The Seminar highlighted three areas: Quality, Performance and Awareness, and set objectives in relation to each. Quality objectives included the production of excellent maps by getting photogrammetry from specially flown aerial photographs, training mappers, encouraging high standards of planning, controlling and organising events, having a paid official for administrative, development or other work, having all club members become members of IOA with a central database of members, improving communications by maintaining an active world wide web site and posting TIO to every orienteer in the country.

Performance objectives set fitness and results targets for squad members with aims to qualify for the British Elite Championships and attend the World Cup series and to attend IOA events.

Awareness objectives set out the plans for promotion of orienteering, the resumption of National Orienteering Day, establishment of regional schools associations, and the production of posters and information packs aimed at schools.

I went along prepared to be pessimistic but found a wealth of ideas there. Noel Donagh and Frank Ryan did an excellent job in their contribution.

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PARK-O FOR DUBLIN?

The cancellation of next June's Park World Tour race in London has presented us with another opportunity to put Irish orienteering in centre stage. 1999 will be that last year of the Park World Tour as we know it: from 2000 it will be amalgamated with the World Cup series to give a range of long and short races.

Tim Pugh cancelled the London stage of the 1999 Park World Tour, scheduled for Tuesday 15th June. The decision was taken on grounds of finance - no Sports Council or Lottery money and no sponsor. This was part of a double header with Glasgow on June 17th. The Glasgow stage goes ahead, unless PWT decide the trip to the UK for one race isn't viable.

What would we have to do? Provide (and pay for) hotel accommodation for about 60 athletes and back-up people, come up with about £5,000 in prize money and run a short race in a city park with a winning time of about 15 minutes. IOF President Sue Harvey was keen a few years ago to see just such a race taking place in the Phoenix Park in Dublin.

We'd have to organise a publicity campaign to benefit from the event (something at which we're not too good) and try to arrange things like live TV coverage.

Total cost? Maybe £15,000 plus. Any fairy godmother sponsors out there?

BOC FOR NIOA?

The 2001 British Orienteering Championships are underconsideration for Northern Ireland, according to NIOA's Raymond Finlay when he spoke to the IOA Development seminar at Terryglass in October.

The British Championships was this year split into two: an Elite event for M/W21Fs and an all-classes event for the rest. If the terrain is considered good enough, as next year in the Lake District, then the two will be reunited. BOC2001 will be the biggest event ever run by NIOA (bigger than anything lOA has done) in terms of competitor numbers and doubtless other clubs will be invited to lend a hand. To get a competitive run at BOC you have to be a member of BOF, so maybe the three NIOA clubs will get an influx of new lOA members hopefully for a run? It is possible that the event will spawn a kind of super-championships featuring both Irish and British Championships. There's a lot to be decided yet, so watch this space.

CORK-O KEEP TIO TROPHY

Despite having further to travel than the other clubs in contention for the 1998 Irish Orienteer trophy, Cork Orienteers retained the prestigious award with a win over ancient rivals Three Rock and Lagan Valley at Trooperstown, Co. Wicklow on October 4th. Cork first dispatched LVO with a scoreline of 68 to 50 before finishing off 3ROC 64 to 49.

This year the event featured a small clubs competition too, with everyone else fighting for points. AJAX emerged as top dogs in the small clubs category, scoring 26 to GEN's 14 in the final round.

O-BITS

Some years ago TIO or its predecessor, the LOC Newsletter, had a column called O-BITS. Now it's back ...

Colemanballs: "It's a race that the Kenyans have dominated - but, looking at the records, it's the first time they've won it" (Sports commentator David Coleman)

Casino repairs: Pat Healy write: "Here is the information for all orienteers using Casino watches. As you all know batteries and straps fail due to fair wear and tear. It's important to have a battery replaced by a recognised Casino agent. They will also replace the waterproof seal for guaranteed repair.

The battery agent in Ireland is Moloney's Jewellers, Main Street, Charleville, Co Cork. Tel 063-21038. A replacement battery and seal incl VAT. Price (£3) comes to roughly £9. To save time send a cheque together with the watch, write a warning Like "This cheque must not exceed ten pounds" across the top. If anybody wants a replacement strap contact Pat Healy at an event and he'll replace it on the spot. Charge for a set of straps £6.00."

Impressive reading. The Munster list of registered orienteering areas recently came to TIO and made impressive reading. It ran to five pages and included 272 areas of which 169 have been printed. Cork O have the astonishing total of 129 areas registered.

Not going to the Scottish 6-Day / World Championships in August? How about Croeso 2000, the Welsh 6-Day from August 6-11 2000 at Dolgellau, then?

Just a thought: Anyone interested in a coaching the Scottish 6-Day / World Championships? If so, get in touch with the Editor.
MUNSTER CHAMPS '98

This year's Munster Championships were run by Bishopstown Orienteering and Hill Walking Club at Clashmacnara, near Durnmanway, Co. Cork, on November 8th.

M21E
- Marcus Piner
  CorkO
- John Feenihan
  Ajox
- John Casey
  CorkO

M21E
- Tony O'Donovan
  CorkO
- Alan Austin
  CorkO
- Niall Philips
  3ROC

M10B
- Paul McCarthy
  BOC

M12A
- Seamus O'Boyle
  CorkO

M14A
- Padraig O'Brien
  BOC

M16A
- Thomas Cotter
  BOC

M16A
- David Healy
  GEN

M18A
- John Paul Fitzgerald
  BOC

M21L
- Andrew Quinn
  CorkO

M21L
- Conor Creedon
  CorkO

M21S
- Peter McNamara
  DUO

M35L
- Pat O'Donovan
  BVOC

M40L
- Sean O'Boyle
  GEN

M40S
- Eugene Desmond
  BOC

M45L
- John McShane
  FDO

M50L
- Ted Feenihan
  BVOC

M60L
- Frank Martinich
  3ROC

WICKLOW WAY RECORD

IRM&39;s Simon Walters ran the 81 km Wicklow Way from Marlay Park to Clonegal in 18 hrs 24 mins 54 secs, knocking 90 minutes off the record and raising £2000 for cancer treatment.

JHI for FermO: Next year's Junior Home International will be run by Fernagh Orienters on October 9th/10th. The individual event (combined with NI Series 7) will be at the Burren West with the relay next day at Castle Archdale. The 1999 Senior Home International (for classes M/W20, 21 and 35) is on October 9/10th in south Wales with at least one event on the superb forested sand dunes of Pembrey. By a process of elimination the Veterans' event next year must be in Scotland.

Organisers: Please include course length and climb with event results, and the reasons for any courses being voided, plus the names of the principal officials!

Congratulations to LVO's Wilbert Hollinger (5th this year), finished 4th in the 10 mile Glen Carsten Jorgensen. Danish World Cup orienteer courses being voided, plus the names of the 9/10th in south Wales with at least one event on climb with event results, and the reasons for any Organisers: Please include course length and climb with event results, and the reasons for any courses being voided, plus the names of the principal officials!

Congratulations to LVO's Wilbert Hollinger who recently received a Nestlé Taliepiece “Ideal Award” for his contribution to schools athletics. Wilbert teaches at Ballclare in Co. Antrim.

Carsten Jorgensen, Danish World Cup orienteer and 1998 European Cross-country Champion (5th this year), finished 4th in the 10 mile Glen Dimplex cross-border challenge road race from Carlingford to Newry in September in a time of 46.13. The race was won by South Africa's Hendrik Ramala in 46.11. Terry Eakin (former LVO) was 7th over-45 in 59.38.

COMPASSSPORT CHANGES

Ned Paul has retired from the Editorship of CompassSport and has handed over the reins to Suse Coon. Suse took on the magazine for a while a few years ago but it reverted to Ned's editorship again. Ned has put in an extraordinary amount of work on CompassSport since it started in the early '80's as an alternative to the "official" BOF magazine, "The Orienteer". He has come in for a certain amount of criticism for missed deadlines etc, but as a fellow editor (though on a much less grand scale) I know how difficult it can be to keep things on schedule. He has done a superb job all down the years and I wish him many enjoyable years of orienteering in the future, and every success to Suse. Her address is Ballencrieff Cottage, Ballencrieff Toll, Bathgate, West Lothian EH48 4LD, Scotland; phone 0044-1506-633728; fax 0044-1506-635544, e-mail Suse@pages.clara.net

Also stepping down (or trying to) are Scottish newsletter editor Ann Walder (after 13 years editing SCORE) and Jos Lynne (Editor of Irish Mountain Log). Maybe there's something to be said for it ... quite a lot, actually!

LEINSTER NEWS

Leinster buy more new signs: In a welcome development, the LOC have bought more of those excellent fluorescent yellow direction signs for clubs to signpost events. Perhaps now clubs will use them? And perhaps they'll check the fixtures list and the information on the IOA answerphone to see whether they are supposed to signpost the event from? (Crony Byrne signedpost from Rathdrum, eh - Ed.?)

Can we remind all organisers to phone in the results of their events to the two main (Leinster) daily papers. The reasons for this are a) competitors who leave the event area early often want to see who won their class; b) orienteers in general like to see their sport get coverage in the national media just as other minority sports get coverage (It makes us feel good about ourselves ... as the ad goes 'because we're worth it!'); c) orienteering's profile is raised externally. Public awareness of the sport is increased (or at least maintained). This is important when seeking new members and getting grants.

The Leinster League event on March 14th at the Sugarloaf will be a sprint-O event, with about 50% the winning time of a normal colour-course. The average distance between controls will be shorter than normal, the technical emphasis being on control-picking, control drills, and rhythm through the check-points. In the league courses will (probably) be combined.

Street-O at Sandymount on January 17th: Start at Martello Tower, Strand Road, Sandymount. Organiser Joe Lalor (GEN) advises that parking may be tight so please use all three shore-front car parks. Share cars where possible or take the DART or the bus.

Dublin by Night 99: It is hoped that there will again be a series of evening night events in the Dublin area this winter. In the past two years the series has kicked off with the traditional 3ROC night-O in the Phoenix Park at the beginning of February so maybe that will be the case again. Details at events if they are not arranged in time to get into TIO.

STAFF, ROPEK WIN TOUR

Norway's Hanne Staff cleaned up this summer, with wins in the last four rounds of the Park World Tour as well as the World Cup series. The PWT win brought her winnings for this year's Tour to more than £10,000. Rudolf Ropek from the Czech Republic won a similar sum, winning five of the ten Tour races.

The final race of the tour was in the Liseberg amusement park in Gothenburg in Sweden. Large crowds turned out, despite the rain, to see the action. The course had 23 controls on the 1.300 km scale map and several notable runners missed controls in the heat of competition: Jorgen Martenson and Janne Saltmi were among them.

NET NEWS

Several Irish orienteering clubs have ventured onto the World Wide Web. Check out Ajax Orienteers new website at http://www.ajax-oc.ie
Dublin University Orienteers www.2.tcd.ie/Clubs/Orienteering/
Lagan Valley Orienteers www.bindernet.com/~nick/pj/LVO_home.html
Waterford Orienteers http://www.lol.ie/~lcos/wafo/index.htm
University College Dublin Orienteers www.ucd.ie/~ucdsport/
Irish Orienteering Association http://homepage.tinet.ie/~ioa/
NI Orienteering Association www.askip.demon.co.uk/niao/niao.html
British O-Federation www.cci.co.uk/~bof/index.html
International O-Federation www.orienteering.org
Another one worth a look is the Irish Mountain Running Association at www.lol.ie/~ima/

NOEL CARROLL

Could I please salute the passing of Noel Carroll, a great athlete and motivator. Noel and I trained together at various times during the summer luncheons of 1983 to 1985 in Trinity College, Dublin, sharing the flat, even, fast surface of College Park. This track has been a real boon for runners who wanted to run fast - no other venue in Dublin came close. Noel always wanted to be to keep things on schedule. He has done a superb job all down the years and I wish him many enjoyable years of orienteering in the future, and every success to Suse. Her address is Ballencrieff Cottage, Ballencrieff Toll, Bathgate, West Lothian EH48 4LD, Scotland; phone 0044-
run fast - he was a model of controlled speed and I was privileged to tag along and try to learn.

Eoin Rothery, PO Box 1161, Subiaco WA 6904, AUSTRALIA

(Noel Carroll (profiled briefly by Aonghus O'Cleirigh in TIO87) used to write a sports column in the fortnightly magazine, Hibernia, called “Game Ball”, back in the '70's. When TIO's current Editor was Secretary of the IOA, he sent a report to Noel about a Grade 1 event which was to be run at Kilnurray in Co. Wicklow, including the line “on a clear day you can see Wales from the top”. This, however, got gremlined into “you can see Wales from the top” and Noel reproduced it under the heading of “Welsh Leak”. However, at some stage the gremlins or a sharp sub-editor spotted the mistake and changed it back to “you can see Wales...”, thus losing the whole point!)

Noel started orienteering around this time and ran with his family. One thing which always stuck in my mind was the point he made every day of having an appointment with himself in his diary at go running at lunchtime: it was a vital part of his day and as important an appointment as any other in his busy schedule.

May he rest in peace.

IOF NEWS

World Games 2001
Orienteering is to be included in the 2001 World Games in Akita, Japan, according to the latest IOF Headlines news-sheet. The World Games is widely perceived as a trial for Olympic participation. The competition will include an individual event and a mixed relay for men and women. Numbers will be limited to 80 and widespread TV coverage is anticipated. The total number of athletes will be about 2500. In case you're interested, the dates are August 15-20 2001. The programme includes a “Jet-lag Day” on the 16th!

World Ranking Events
Ireland has been granted one World Ranking Event next year and it is expected to be the Irish Championships and/or Shamrock O-Ringen. The IOF World Ranking Scheme is ending its first year and the best 6 results for each runner from the preceding 12 months will count. Finland, Sweden, Norway and Switzerland have four WRE's each; Czech Republic, Denmark, Britain and Russia have three; Australia, Austria, Estonia, France, Germany, Hungary, Latvia, Lithuania, New Zealand and Ukraine have two; Bulgaria, Canada, Ireland, Italy, Japan, Poland, Romania, Spain, Slovakia and USA have one event.

World Cup 2000
The dates for the main events in the 2000 World Cup have been announced but they will be supplemented by additional short races (formerly the Park World Tour) which have yet to be arranged.

The proposed programme is:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>15 April 2000</td>
<td>Japan</td>
<td>Classic</td>
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<tr>
<td>16 April 2000</td>
<td>Japan</td>
<td>Relay</td>
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<td>22 April 2000</td>
<td>Australia</td>
<td>Short</td>
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<td>23-24 April 2000</td>
<td>Australia</td>
<td>Classic</td>
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<td>1-2 July</td>
<td>Ukraine</td>
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<td>5 July</td>
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<td>Relay</td>
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<td>6 July</td>
<td>Belorusse</td>
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<tr>
<td>18-21 July</td>
<td>Finland</td>
<td>5-Day</td>
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<tr>
<td>October</td>
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<td></td>
<td>Portugal</td>
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Presidents' Conference 99
The two main themes of the 1999 Presidents' Conference are the revision of the foot-orienteering elite events programme and the recruitment of new orienteers. The conference, which brings together all the Chairmen or Presidents of the IOF member federations, will be in Scotland on August 3rd 1999, in conjunction with the World Championships.

ON THE HOME FRONT
The three Home Internationals are over for another year. How did we fare (in other words, did we beat the Welsh or did they beat us?)?

The Senior event was in September in Yorkshire and the final score was England 233, Scotland 218, Ireland 135, Wales 129. We had great runs from Allan Bogle, Aonghus O'Cleirigh, Una Creagh, Tona O'Donovan, Colin O'Halloran and from Coim, Aonghus and Allan in the relay.

The Veterans went to the dragon's lair in October. Justin May won the M40L course, Monica Nowlan was 2nd W50 and we had several 4th's and a 5th in the Individual. (Read Brian Bell's very candid account of his travels elsewhere in this issue). In the Relay we finished only 6 points behind Scotland.

Final score: England 184, Scotland 137, Ireland 98, Wales 92.

The Juniors went to Scotland in October too. Allan Bogle finishes 3rd in W18 (but 2nd in M20 at the SHI ...) and could have won but for difficulty with one control. The Individual event gave England 170, Scotland 144, Wales 89 and Ireland 62. At the relay England scored 138, Scotland 240, Wales 161 and Ireland 110.

So over the three events, England scored 725, Scotland 695, Wales 382, Ireland 343. Ah well, better luck next year.

SHAMROCK 99
The 1999 Shamrock O-Ringen will be on June 25-27th and will include the Irish Championships on the Saturday. The events are at Fail an Stuaican, Gougane Barra; Crohane, Glenbeigh and the Galway Races. Entry forms will be circulated with a future issue of TIO or can be obtained from Bernard & Margaret Creedon, “Tavio”, Mount Prospect, Douglas, Co. Cork.

NI CHAMPIONSHIPS
The Northern Ireland Championships at Florencecourt had a good representation from all over the country and saw a new East-West Mapping survey of the forested part of the area being used for the first time. The sun shone and the courses were fine. The only problem for the organisers seemed to be the fact that the Challenger Trophy was going on there the same day, with teams of boiler-suitied executives team building and doing incident exercises in the midst of the orienteering. This meant that parts of the area was out of bounds and caused a rather dull road run at the end.

The Northern Ireland Champions (not necessarily class winners) were:

M10A Paul Kingston    LVO
M12A Aran Savage      LVO
M14A Matthew McCluskey NWOC
M16A Rory Finlay      LVO
M18A Trevor Johnston  NWOC
M20A Andrew Mein      NWOC
M21L Brian Ervine     LVO
M35L Charles Reid     NWOC
M40L Bill Puffe       LVO
M45L Clive Majury     LVO
M50L Wilbert Hul linger LVO
M55 Ernie Wilson     LVO
M60L Freddie McCann  LVO
M70L Norman Ervine  LVO
W10A Kenny Savage     LVO
W12A Lyndsey Gibson  LVO
W14A Zara Stevenson  NWOC
W16A Heather Orr      NWOC
W18A Beth Smythe     NWOC
W21L Heather Ervine  LVO
W35L Ruth Blar      NWOC
W40L Ann Savage     LVO
W45L Jenny Orr      LVO
W50L Isobel McKenna  LVO
W55L Rosemary Crolely LVO

ELECTRONIC RIVALS
Major boost for Sportident
Next year all runners in the Swedish 5-Day O-ring in Dalarna will use the Sportident electronic punching system. This is a major step for electronic punching systems in Sweden. The decision about using Sportident is a co-operation between the 4 next o-rganisers of O-ringen (Dalarna 1999, Närke 2000, Uppland 2001 and Skara Borg 2002. The competitors at O-ringen
Success for EMIT in Finland but in Sweden TDC wants to repeat the success of equipment on order, including e-cards, control systems. (from the TDC site www site)

Sportident the next 4 years and now the 7600 electronic controls.

Meanwhile in Finland. the rival electronic systems will also use a train to get punching system. EMIT, is doing well. Travelling time will be 15-25 minutes. Capacity of each train is 1500 passengers and the EMIT units and readers for results. Any club using the EMIT system will have to provide their own computer. Contact TDC Treasurer Noel Donagh for details. E-mail: ndonagh@bigfoot.com

The IOF has a substantial quantity of Sportident equipment on order, including e-cards, control units and readers for results. Any club using the equipment will have to provide their own computer. Contact IOF Treasurer Noel Donagh for details. E-mail: ndonagh@bigfoot.com

1999 IRISH MOUNTAIN RUNNING CALENDAR

Here are the fixtures for the first part of 1999

10/01/99 Hellfire Flash 5.6km 289m 12.00hrs
Hell Fire Woods, Killakee, Rathfarnham, Co. Dublin
17/01/99 Corin Hill, Fermoy, Co. Cork
20/01/99 Quiz 8.30 RTE Social Club, Donnybrook, Dublin 4
21/01/99 Killiney Hill 8.0km 152m 11.00hrs
Killiney Hill, Car Park, Killiney, Co. Dublin
10/03/99 Irish Schools Champs 5.5km 250m 2.30 St. Columbas School, nr. Marlay Park, Rathfarnham
24/03/99 Quiz 8.30 RTE Social Club, Donnybrook, Dublin 4
11/04/99 Djouce International 8.0km 427m 11.00hrs
Lake Car Park, Djouce Woods, Co. Wicklow
21/04/99 Hell Fire Relay 3.4km 85m 7.30hrs
Hell Fire Woods, Killakee, Rathfarnham, Co. Dublin
25/04/99 Lugnaquilla 10.1km 718m 12.00hrs
Camp Hill Track, Glen of Imaal, Co. Wicklow.
28/04/99 Goal Flash 4.5km 200m 7.30hrs
Lamb Doyle's Pub, Sandyford, Co. Dublin.
05/05/99 Hell Fire Flicker 3.4km 85m 7.30pm

Details from Douglas Barry 01-2868180
imra website www.iol.ie/-imra/


The Irish Orienteer
achieved a good score, on time, under the watchful eye of Joe O'Hea, and believe I enjoyed getting very wet! When I decided to organise this event I was concerned that the turnout would be very small. I need not have worried. Although twenty-five participants seem small I was very happy with this number and they will encourage others to join them next time. Many thanks to all who came out in the rain and I hope all enjoyed the spin?!

Finally, what's next?

My next planned bike 'O' will be a street 'O' in Dublin on Sunday 20/12/98.

For the new year I am working on an area close to the last event.

Do take note that all my plans will require pre entry because of the need to produce special maps and avoid costly over-production of maps.

Damien Cashin

LAKES FIVE:
Lake District Five Days 2-7 August 1998

The quote on the front cover of the results booklet (which was published in what must be a record time) sets the scene most succinctly:

It rained and rained and rained.
The average fall was well maintained.
And when the tracks were simply boggy,
It started raining cats and dogs.

After a drought of half an hour,
We had a most refreshing shower,
And then most curious thing of all,
A gentle rain began to fall.

The following hour was fairly dry,
Save for the deluge from the sky,
Which wetted the party to the skin
And after that - the rain set in.

12 The Irish Orienteer

Not written by a competitor in the 1998 Lake District Five Day event but by a visitor to the west coast - no, not of Ireland - of South Island, New Zealand, c. 1930!

Day One - Witherslack - was not a foretaste of yet to come. What a great start - beautiful day (that rare occurrence last summer: sunshine)! pleasant mixed woodland. The unique terrain and wildlife make many parts of the area SSSI's and there were many out of bounds areas. The planners did a great job, though the funnel to the finish was confusing and competitors were approaching the finish from all sides of the red and white tape.

Who would have imagined the change in twenty four hours? Torrential rain during the night (50mm in Ambleside) had changed dry gullies into raging torrents of white water. Those in the Event Centre campsite in Langdale packed and made a hasty departure as the car park for the day's event disappeared under water. The organisers, having delayed the starts for two hours, wisely decided to postpone the event until the rest day, Wednesday.

Tuesday, there were areas on the field for parking, the waters had receded. A long climb to the start and we were off on Silver Howe map. A hardy departure as the car park for the day's event disappeared under water. The cause of this was a lot of unmarked rock! But those strange statues (or were they sculptures?) looming out of the mist, it was an eerie place. The cleared areas were difficult; but what is a terrace and where have the charcoal burners gone? By the way, it was raining again! Over 1900 competitors didn't hang around in a wet field. We wanted to get out while we could.

Full marks to the organisers who persevered in the atrocious weather and kept smiling. Who could imagine having to postpone an event in August because of the weather? Well done to all from MNAV, 3ROC, FERMO, LVO, FWAR and CORKO. Have I missed anybody? The best placed Irish competitor: Niamh Morrissey CORKO, first place in W14A. Congratulations and a magnificent achievement. Would we do it again? The views are supposed to be spectacular in fine weather!

Nigel Foley-Fisher, Midland Navigators.

was detained in hospital but is on the mend. - Ed]

Day Four and a delayed start due to the weather (which didn't improve) saw 1400 competitors climbing the 3.5 km to the start. Over 100 years of environmental damage must have been done on that "track which was simply bog". The swirling mist again obscured the what should be magnificent views of the Langdale valley as we tackled the northern part of the Silver Howe map around Blea Rigg. Those rocks are certainly slippery in the wet!

Made it! Day Five. And what a venue it should have been. Grizedale Forest in all its glory. A large flat field for parking. A beautiful run in beside a stream. The planner conceded that there was a lot of unmarked rock! But those strange statues (or were they sculptures?) looming out of the mist, it was an eerie place. The cleared areas were difficult; but what is a terrace and where have the charcoal burners gone? By the way, it was raining again! Over 1900 competitors didn't hang around in a wet field. We wanted to get out while we could.

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Nigel Foley-Fisher, Midland Navigators.

Junior Home International '98

The Girls Report...

It started as a cold, crisp morning at 4 am in Cork. All was quiet until Kildare, where a certain Denise boarded the bus. Her motto was "If she's not sleeping nobody's sleeping!" To a backdrop of a beautiful sunrise we collected the Dubliners at Bewleys Hotel (where to the pleasure of the owners, 21 orienteers plodded into the foyer still half asleep). For the next stop we put our trust in the two bus drivers to safely navigate us to the Belfast HSS terminal and ended up at the Seacat. To our amazement, they showed brilliant orientation skills (just like the team) and arrived after relocation to the HSS on time. There, we met the six Northerners and proceeded to leave.

After three hours drive from Stranraer to Glasgow, we meet up with Ted Lacey and Charlie Reid who had hitched planes over. A famished team then went on the prowl for food, following that an exhausted group headed early to bed.

Next morning another three hour journey brought us to the event we had all enthusiastically waited for. We sleepily hopped off the bus amidst comments such as "My gosh, jumpers! ... the Irish team are looking smart this year" and "a bus? we haven't seen one of those from the Irish in eight years!" To prove that not only the tracksuits and bus were new and high-tech, we all went out with PMA and ready for anything. What happened?

If anyone's been to Stathepey '95 they'll know exactly what happened! We battled through steep, hilly, craggy, thick wooded areas and squelched over open marshy land. To add to the new high-tech look we got to use Emit bricks, a type of electronic punching which certainly baffled and confused the inexperienced Irish team. Surprise, surprise the whole event didn't suit the Irish (or so was the excuse) and the highest results were Allan Bogle 3rd and Aislinn Austin 7th. After a little window-shopping in Aviemore, the bus drivers kept up their standard of orientation skills and got us lost again! To the
team, the hostel was luxurious compared to the night before. A certain pair of lads provided a great amusement to the girls when they were so desperate for showers they resorted to the ladies shower block! (nice one Allan and Niall!) The meal was next on the agenda and the Irish arrived at it as they did the event - last!

The biggest cheer of the night went to the Sparkling, Glimmering Allan Bogle (due to a close encounter with some glitter) when he went up for his prize.

To the amazement of the Irish, they weren't the only ones on the dance floor as all teams participated fully in the Scottish ceilidh. The Irish team inspired by Niall decided to show their superior talent in Irish dancing and demonstrated the "Siege of Ennis". (Top marks went to Niall for his cheerfully poseful demonstration).

6.30 am was the designated time for waking, as the relays started at 9.05. The courageous, triumphant Irish team chanted for their first leg runners to psyche out their quietly awaiting opponents. The lake of diversity of first names on the Irish team caused confusion for the Irish as well as everyone. "Is it Niamh 1 or Niamh 2?" and "Is it Sharon 1 or Sharon 2? No, it's Jonathan" So confused were some, that the sexes of members of the Irish team were even mixed up. The best results of the relays were: M14, M18 and W14 teams who all came third.

After group photos we departed at mid-day for the sake of the Northerners who couldn't miss school on Monday. So they got the 7.30 pm HSS after six hours journey. The remainder of us spent the evening concocting different dishes for dinner, at which the boys showed great future culinary skills to the great surprise of the clientele. (thanks a million Nathan, Chris and Niall. It was scrumptious!), yet again an early start and more travel as the HSS left Stranraer at 10 am with a subdued yet high-spirited Junior Team.

The team spirit was high all weekend even though the results were low (the epitome of which was when the English and the Welsh passed us on the motorway in a traffic jam!) and everyone agreed it was one of the best JHI's in many years. Although we spent more time on the bus than on land a great atmosphere of friendship and fun was formed. Although the next JHI is not for another year, most of the juniors are already planning training for next year. (P.S. A training trip to Sweden or some money wouldn't go astray!)

After sorrowful goodbyes yet another JHI is left behind us. The team consisted of: 2 Alans, 2 Nialls, 2 Sharons, 2 Niamhs, 2 Luceys, 2 Healys (no relations), 2 Bourkes (no relations), 2 Foley-Fishers, 2 Cotters

The team in full was:

**W18** Susan Healy
W16 Aislinn Austin, Laura Cotter, Denise Healy, Sharon Lucey
W14 Niamh Morrissey, Niamh O'Boyle, Zara Stevenson, Sharon O'Mahony
M18 Alan Barry, Allan Bogle, Darren Burke, Niall Bourke
M16 Stewart Caithness, Rory Finlay, Jonathan Lucey, Nathan Foley-Fisher
M14 Niall Walsh, Thomas Cotter, Christian Foley-Fisher, Ben Fulton, Matthew McCloskey (res)

Thanks a million to everyone who helped out with us. Thanks Ted for all the encouragement and time you put into us, thanks Charlie, Mr Cotter and our two bus drivers for putting up with us all weekend.

(by Susan and Aislinn with help from everyone).

---

**JHI '98 SCOTLAND**

The Junior Home in '98
Was to decide Ireland's fate,
How would all of us compare
To orienteers from everywhere?

Friday night was spent in Glasgow
Spirits were high and systems were 'go',
A four hour drive on Saturday,
Day one begins we're on our way!

Gorstean was to be the place
Rannake Forest with open mountain face
Christian was the first to go
And after him came a steady flow,

Of junior runners trying their luck
To navigate both bramble and muck,
Along the paths and through the fight
Cries of "Where is that bloody kite??"

Using electronics for the first time
We began to finish all covered in grime,
All changed proudly to our green tops
To see who'd won and who were flops.

Allan Bogle fared the best
He came third and beat the rest,
But everyone can be proud
We competed and that's what counts!

The ceilidh and dinner on Saturday night
Was great craic, the day had been bright,
Returning to the hostel a couple went astray
But even without maps they found their way.

Spirits soared once again
For Day Two on Achlean.
The men and women relay teams (W14,M14, M16)
All finished third and gleamed and beamed.

At the prize giving ceremony
The English looked all stiff and phony,
The biggest cheer of the night
Went to Allan, sparkling bright.

Two Niamhs, Sharons, Alans and Nialls Caused a bit of confusion to rise,
Also a heap of the same second names Caused a load of fun and games.

Back Monday on the sea ferry,
Wrecked and sore, but very merry,
Some said good-byes but none shed tears
We'll all be back in future years.

The whole event was quite successful
And we all looked highly professional
With our team jumpers and our own bus
Thanks Ted and Charles from all of us!!

(Niamh O'Boyle).

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**Remember!**

- **CompassSport** (STG£17.50 for 1 year, STG£34 for two years),
- **Orienteering World** (IRE£14 for 1 year) and the **Scientific Journal of Orienteering** (IRE£9 for 1 year) are all available through The Irish Orienteer.

For CompassSport, send your credit card details preferably, for the others send cheques made out to The Irish Orienteer.
VHI 1998 -
My Disaster

(In TIO 87 the editor asked for accounts of bad runs, mistakes, blunders and disasters. Special thanks to Brian Bell who has very bravely revealed what happened to him at the Veteran Home International in Wales this year. Looking at mistakes is a lot more productive than looking at perfect runs.)

The map with Brian's route is in the centre pages.

Brian writes:
My thoughts through the course as I can remember them!

Control 1. Went a bit high and was a bit tentative. I didn't lose any time.
Control 2. Again no problem - this was easy.
Control 3. Decision to run up the track as the heather was high and the going rough. I don't know if this made any difference. Picked up the control OK.
Control 4. Almost overshot - I thought I had another 50 paces to go and wasn't looking. I just saw the control out of the corner of my eye. My luck was in.
Control 5. I knew I was low, but after the last control I wasn't sure - I could see a control beside marsh grass. I couldn't trust myself and went down to confirm it was the wrong control. Lost a couple of minutes.
Controls 6, 7 and 8. No problems, the easy feeling was setting in again.
Control 9. Total disaster. I don't really know where I went. I think I was too high. After a while I saw the control and took a short cut. I relocated but I missed the control again. I wandered off over to the east and ran (jogged in an exhausted manner) from hilltop to hilltop. I must have visited every hilltop in the area. At this stage I was thinking up excuses for Trina. Again I relocated by recognising the run down from control 8. Very carefully (and slowly), I followed the contour line across and hit the control smack on. Great orienteering 3rd time around.
Controls 10, 11, 12, 13, 14 and 15. No problems, apart from feeling a bit tired. I was out nearly 2 hours at this stage.
Control 16. Missed to the south. Recognised the mistake from the contours and ran back over to the spur shaped area. Only lost a minute or two.
Control 17. Another disaster. Following my mistake on 16, I was trying to make up the time and was running harder than thinking. I think I still had aspirations of trying to get back in under two hours. I was looking at the run to 18 and forgot about 17. There were enough warning signs, I wasn't hitting the marshes, the contours were wrong but I sailed on blissfully assuming I would be able to relocate when the finish area appeared. The ruined wall appeared in the wrong place. Who drew this map, the features haven't been correctly mapped!!!. Eventually I cleared a small rise and saw the large crags over to the south east. Great, at least they were mapped correctly. I stopped (for a breather) to check which crag was which and saw my mistake. Depression and bad language. I thought about DNF-ing, but I couldn't think of a good excuse to tell Trina. I ran (trudged) back towards 17. Along the way, I fell into a deep water filled hole (that wasn't mapped). Someone nearby heard my comments and came to help me out. The funny thing was that the water was clean so my shoes and O-suit came out spotless. The rest of the run was just normal orienteering if a bit boring as I had to run the same leg for a second time. I hit controls 18 and 19 OK and finished to some very diplomatic good comments from Trina. Justin had won the course and completed in less than half my time.

16. The Irish Orienteer

Corner

By Frank Ryan  I OA Coaching Officer

IOA Coaching Award Scheme:
Level 3 Coach

The IOA Coach Education Course for potential Level 3 Coaches will commence in 1999 with a number of weekend workshops spread throughout the year. See details below.

Candidates will also be expected to do at least two days practical coaching with Juniors during the Junior training week in August.

If you are interested in doing the course or even attending one or two of the workshops and you have not received an invitation please contact me immediately. There is a registration fee of £20 as I have to book venues for each weekend and I must know the number on the course to do so.

There is the possibility that where candidates cannot attend all the workshops in 1999 there may be a repeat of the course in the year 2000 so the course could be completed over a period of two years.

Irish Orienteering Association Level 3 Coaching Course

1 5/6/7 Feb. Fitness Training Workshop, Killmurray Village, University of Limerick - Residential

2 23/24/25 April Psychological Training Workshop Shannonside School House, Portumna - Residential

3 18/19/20 June Technical Training Workshop Killkenny Holiday Homes - Residential

4 21-28 August Practical Coaching Week: Coaching in the field, Shadowing and questioning, Mentoring. Killarney Hostel - Residential

5 17/18/19 Sept First Aid Workshop, Rescue and Emergency Care. Overuse injuries, injury prevention, treatment. Glendalough Hostel, Wicklow - Residential

6 5-6 Dec Information Technology/Sports Science/Disability Workshop - Non Residential

Workshops will normally commence on the Friday evening at 8.30pm and finish on the Sunday at 4.00pm approximately.

Frank Ryan
Tel. 091-770555 ext 2213 work
Tel. 091-753829 Home

Interested in an electronic discussion group for Irish Orienteers?
To be used as a forum for discussing the future of orienteering in Ireland and informing members of upcoming events.

You can post messages to its members via e-mail at:
irish-orienteering@egroups.com

You can also read and post group messages on the Web:
http://www.eGroups.com/list/irish-orienteering
Brian Bell’s route: see “VHI 98 - My Disaster” on page 16.

Clinics, as it's popularly known in Sweden and rather unpopularly known here, is a week of immersion in all things orienteering hosted by the O-Ringen organisers, writes Nina Phillips.

It brings together small numbers of orienteers from all over the world to broaden their knowledge and skills in orienteering, through 10 days of lectures/discussion, orienteering practice and participation in the O-Ringen/5 Days competition itself. This year the IOA and NIOA sent three of us - myself, Ian Lockington and Ed Niland - to see what we might learn!

With the World Cup included in the O-Ringen this year, the organisers provided accommodation for both the World Cup runners and Clinics participants in a hotel/conference centre. This added an air of serious orienteering to the experience but also gave the opportunity to meet and socialise with the world's best, including Jorgen Martensson, some of whom gave presentations on their courses and routes to us during the 5 Day.

Each day we were brought to one of the O-Ringen training maps, including the World Cup model event and the opportunity to try out the Emit electronic punching system (personally however, I found Sportident - as used at the Shamrock - much easier to use). Not having been to Sweden before, this experience proved invaluable. The terrain is beautiful and very fast and the maps perfectly accurate, but suddenly after years of avoiding the technique and denying its merits I found myself having to compass and pace every leg and read every tiny detail on the map, including 2.5m contours on some days. The technical differences between Sweden and Ireland are just indescribable.

That aside the Clinics this year in particular focussed more on development of the sport than on technical lessons. This reflected the profile of those attending, I think, as there were larger numbers from countries where orienteering is only beginning. China had 9 participants only one of whom spoke English and none had ever orienteered before! They were representing sports administration in universities, etc there and trying to bring new sports into the country. Other countries represented were from as far apart as Brazil, Lithuania, Portugal, Russia and South Africa. Just talking to all these people about their countries was fascinating in itself. At one lunch there were 7 at my table from 7 different countries and 4 different continents - all discussing eating customs in each country! Most of us lost our appetites during this.

Development topics covered by the clinic included introducing orienteering to schools and beginners, bringing orienteering to new countries and introducing Ski-O, Mountain Bike-O and Precision-O (formerly called Trail-O - for those with restricted mobility).

Introducing orienteering to beginners and schools
We were shown exercises to interest beginners and children, including some excellent indoor events and exercises for school grounds and parks. The main principle used here was to eliminate all risk of anyone getting lost or frightened by keeping it very simple and close to the start/finish. Ways of doing this outdoors included star-type exercises of only one or two controls at a time, often in sight of the start/finish, and mini-orienteering using a very small area (indoors or outdoors) and very small controls or stickers that can't be seen from far off but are nearby. We tried out a mass start score event of this nature in a sports hall, with all the controls being tiny stickers with a code we had to record. The features on the photocopied map were items of gym equipment scattered around the hall. The principles are exactly those of normal O and the lessons of route choice and map reading the same.

Introducing orienteering to new countries
In order to get foot orienteering included in the Olympics there must be a certain minimum number of countries taking part and affiliated to the IOF. Clinics director, Peo Bengtsson, is one of the main promoters in this respect and his company travels the world trying to "sell" orienteering to new countries. Some interesting problems have arisen, which make Ireland look fortunate. In Africa, although the Kenyans, etc are such wonderful athletes the only reason they run is for money to live. Although they were interested in the idea of orienteering, the concept of doing it for fun and not professionally was not popular. In the Middle East and areas of Asia, many of the best areas are unusable for political reasons and climate is also a problem. Other countries just don't have any trees!

Precision-O
Described for those who have mobility restrictions and are confined to the tracks. Precision-O is an excellent modification of standard orienteering and is well worth a try by anybody. From a marked point on the track, the competitor can see 2 to 4 control flags positioned around a feature, say a re-entrant or boulder cluster. The flags are identified as A, B, C, from left to right. Using the control description you must decide which of the flags marks the exact site described. This is by no means as easy as it sounds. I hope to put on a short Precision-O course after some event during the year. Somebody remind me!

Park Racing
The founder of the Park World Tour (PWT) spoke to us on the principles of park racing. Hopefully of use to those organising park events this year, he highlighted the following characteristics to be included in a park race:
Should be used primarily as a marketing exercise / free advertising for the sport.
To be highly spectator friendly - including visible controls / spectator controls.
Not too technical - provide route choice but emphasis is totally on speed.
One course should be sufficient - about 3km (winning time 12-15 mins).

Controls on interesting, prominent features - PWT controls have been up towers, climbing walls and waterfalls! Ideally get sponsorship banners, etc - make it look like a serious race.

Above all, make it look as fast and exciting as possible. This will attract new athletes most and lose the "walk in the park and bring your sandwiches" image of orienteering.

Orienteering in the Olympic Games
Whilst Ski-O is now a full Olympic sport, foot orienteering is a recognised Olympic sport but will not be included in the Games until (1) enough countries are competing and (2) a suitable format is established. Getting enough countries involved is the work of the IOF and World Wide Orienteering Promotions is also trying to achieve this aim. The question of format is the more interesting one. Orienteering has the following problems to overcome:
It is neither spectator not media friendly. A runner's performance can be influenced by the runners around him/her. This is a crucial factor for all runners. The competition is long and results not immediately evident - there is no exciting finish line action.

The integrity of the course and security of the runners (yes, this is the Olympics) is difficult to ensure - nothing that would immediately spring to mind.

The suggested solution is a short race format with many spectator controls. The areas would have to be completely cleared and guarded before and during the competition. The other problems effectively have not been solved. Any suggestions to the IOF please?

All in all, attending the "Clinics" was a serious learning experience - in terms of orienteering in Sweden, learning about the sport and discovering other cultures of orienteering and life! The focus seems to change from year to year (and maybe this is something the IOA should find out before deciding who to send each year) but anyone who is really interested will benefit regardless.

I would also like to thank the IOA for their support.
support in my application. I have more detailed information we were given on some of these topics - if anyone wants it please contact me (01-286 2578). Anyone interested in going next year should contact the IOA early in 1999.

Nina Phillips

THE OLYMPIC QUESTION

Martin Finkranz from Austria had this to say about orienteering in the Olympics in the recent issue of Orienteering World. Is he right?

"Since the early sixties there have constantly been optimistic articles about orienteering’s inclusion into the Olympics, and it still goes on in 1998. When will the IOF finally stop dreaming? Orienteering will never be a part of the Olympic Games, because the Olympics are all about money, and since you cannot make money out of Orienteering, it will never be included in the Olympics simply because they have a mainstream commercial appeal. The whole “Olympic Project” is a mere waste of time and money which could be used more sensibly for other purposes.

It really makes me feel sad and bewildered when people like Igor Stolov (in Orienteering World 98/3) propose that for TV and spectators “it will be necessary to sacrifice technical quality for better and more vivid visual conditions”. Inventions like the ‘one-man-relay’ sacrifice the quintessence of orienteering, deprive it of what it’s all about! There have been events where one and the same control had to be punched several times, just to give TV and spectators more action - how much technical skill do you need to find a control you already had before? This isn’t orienteering any more, but comes close to cross-country running with control punching!

I think it is even better for orienteering to stay outside the Olympic arena. We are still mainly non-commercialised and full of idealistic values and friendships. There will always be people practising our wonderful sport, even in the year 2098, and we do not need to ‘raise the profile’ in order to attract more followers - orienteering has the potential to live and grow naturally. Orienteering isn’t a spectator-friendly sport and never will be - and if it ever will be then it isn’t orienteering any more.”

WORLD CUP FINALS

Cast your mind back to May: the world’s best orienteers came to Killarney to start the 1998 World Cup series. The Individual races were won by Norway’s Bjornar Valstad and Hanne Staff, the relays by Denmark and Finland. How did they fare after leaving our shores? Well, Hanne Staff could do no wrong: she finished the series with 296 points out of a possible 300 for her best 6 races, 12 points clear of Finland’s Johanna Asklof. Bjornar Valstad and Johan Ivarsson. Before the final two races in Finland Terkelsehn had run just six counting races after dropping out in the classic race in Slovakia two weeks earlier, but was still in 3rd position overall. He knew that realistically he had to win at least one of the final two races to achieve overall victory.

The short distance race was going well for him until, when in the lead, he made a costly error of more than a minute at the next-to-last control. So instead of winning he ended a disappointed man in 14th place, in a hard-fought race won by Janne Salmi.

So it had to be victory for Terkelsehn in the final race, and neither Valstad nor Ivarsson could come higher than third - or second place for Terkelsehn with the others no higher than fifth. An extremely determined Chris Tcrkelsen stormed round the 11.9 km of the Final in 72.53 (just a little over 6 min per km) - and home runner Timo Karppinen did him the favour he needed by getting second place, 52 seconds slower than Terkelsehn and crucially just 17 seconds faster than Ivarsson. Valstad was 6th, almost 3 minutes slower than the winner.

Tcrkelsen was thus able to drop his lowest score and advance to 282 points, just one point more than Ivarsson, with Valstad unable to improve his score and finishing 2 points further behind. This was Chris Tcrkelsen’s first-ever World Cup classic distance win and the first World Cup series win for a runner not from Norway or Sweden.

Hanne Staff thus completed the series with 284 and in third place Katarina Borg totalled 284. Hanne Staff has this year won 5 World Cup races, 5 Park World Tour races and the Park World Tour overall, and all distances in the Norwegian Championships - an outstanding season on any count.

Denmark’s Chris Terkelsehn became the men’s World Cup Champion after a nail-biting tussle in the final race with Bjornar Valstad and Johan Ivarsson. Before the final two races in Finland Terkelsehn had run just six counting races after dropping out in the classic race in Slovakia two weeks earlier, but was still in 3rd position overall. He knew that realistically he had to win at least one of the final two races to achieve overall victory.

A remote gravel pit in a forest near Otepää, Estonia was the venue for two exciting races in the World Cup Relay Final.

All races counted in the three-race series, and Denmark’s men were defending a 6-point lead over Sweden built up by winning both of the first two events, in Ireland and Poland.

With 3 points extra per place in the final race, Denmark could not afford to slip up too much if they were to emerge as overall winners.

Czech Republic’s day

Carsten Jørgensen was absent (achieving a Danish record time for half-marathon in Berlin), and Thomas Hjerrild went out on first leg for Denmark. Up with the pack at the spectator control, he lost his strength badly in the final phase of the course and came in more than 7 minutes down on the lead held by the Czech Republic.

Long-established Danish team members Chris Terkelsehn and Allan Mogensen then both had excellent runs, pulling the team up to finish 4th. In a tight finish Rudolf Rakpej held all comers to bring victory to the Czech Republic by 10 seconds, and the surprise team of the race, Estonia 2, got in 8 seconds ahead of Sweden to take 2nd place.

So it was overall victory to Denmark. The Danish men have in succession won the World Championships, the Nordic Championships and now the World Cup - a remarkable achievement. Sweden were second overall and Norway third.

That woman Staff again...

The situation at the top of the women’s table before the final race was very tight, with Finland one point ahead of Switzerland who were themselves one point ahead of Norway. But Norway had the confidence gained from winning the second event in Poland, and went out determined to get a second successive victory.

The young Swiss second team did extremely well to come fourth (third in the counting as they were behind both Finnish teams), after their first team
was disqualified, but it was Norway in the persons of Elisabeth Ingvaldsen and Hanne Staff who dominated the race from the second leg onwards, eventually winning the race by 4.04 and thus the title by 1 point over Finland with Switzerland third.

(Speaking of casting your minds back to May, has anyone seen a copy of the Shamrock O-Ringen results yet?)

**World Cup ‘98 - Irish athletes breakout.**

- Aonghus O’Cléirigh

**Highlights of the series include:**

- Ireland grasps the nettle and organizes World Cup events, and Irish athletes for the first time qualify for World Cup finals and even score points! Points are awarded in both A- and B-finals.

- Ireland’s big hitter this season - Colm Rothery places 22nd in the final of the Short distance race (World Cup Event 4).

- John Feehan, Colm Rothery, Bill Edwards, James Logue, Marcus Pinker, Una Creagh and Toni O’Donovan qualify for one or more A-final races in the series.

- Dark horse Chris Terkelsen (DEN) in a thrilling endgame wins the men's series by just 1 point. World Champion Hanne Staff (NOR) romps home to overall victory after five World Cup race wins. She also won five Park World Tour races (to win the series) and all of the races in the Norwegian Championships - a new record!

- Jana Cieslarova (CZE), World Short Distance Champion in 1991 and who broke her leg in 1994, makes a comeback to win two World Cup races.

- Popular athlete Yvette Hague wins World Cup Event 4 on home soil. (British stars Hague and Steven Hale are bronze medallists in Ireland.)

- Veteran Jorgen Martenson (SWE) doesn’t win any races but still finishes fourth overall.

World Relay Champions and now World Cup Relay winners, Denmark’s team boasts in its panel talent like Chris Terkelsen, former World Champion Allan Mogensen, relay specialist Torben Skovlyat, and athletic super-star Carsten Jorgensen. (Two wins and one second place takes the team to overall victory.)

Norway win the women’s series, one point ahead of Ireland.

**Final Points Table - Men.**

<table>
<thead>
<tr>
<th>Place</th>
<th>Athlete</th>
<th>Country</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>C. Terkelsen</td>
<td>Denmark</td>
<td>282</td>
</tr>
<tr>
<td>2</td>
<td>I. Jursvass</td>
<td>Sweden</td>
<td>281</td>
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<tr>
<td>3</td>
<td>B. Vaalstad</td>
<td>Norway</td>
<td>279</td>
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<td>4</td>
<td>C. Rothery</td>
<td>Ireland</td>
<td>27</td>
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<td>C. O’Halloran</td>
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<td>4</td>
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<td>B. Edwards</td>
<td>Ireland</td>
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<tr>
<td>7</td>
<td>S. Linton</td>
<td>Ireland</td>
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**Final Points Table - Women.**

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<th>Country</th>
<th>Points</th>
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<tr>
<td>1</td>
<td>H. Staff</td>
<td>Norway</td>
<td>296</td>
</tr>
<tr>
<td>2</td>
<td>G. Askolf</td>
<td>Finland</td>
<td>284</td>
</tr>
<tr>
<td>3</td>
<td>K. Borg</td>
<td>Sweden</td>
<td>269</td>
</tr>
<tr>
<td>4</td>
<td>U. Creagh</td>
<td>Ireland</td>
<td>2</td>
</tr>
<tr>
<td>5</td>
<td>T. O’Donovan</td>
<td>Ireland</td>
<td>2</td>
</tr>
<tr>
<td>6</td>
<td>E. Loughman</td>
<td>Ireland</td>
<td>1</td>
</tr>
</tbody>
</table>

- Irish athletes who gave it a lash in the series are Tony O’Donovan, Eadaoin Morrish, Nuala Higgins, Una Creagh, Eileen Loughman, Ailbe Creedon, Julie Cleary, Bill Edwards, James Logue, Steven Linton, Colm Rothery, Colm O’Halloran, John Feehan and Marcus Pinker.

- Postscript: X-County exploit: More recently (29 Nov) ever-improving Colm Rothery finished an amazing 4th in a 10km race in the Glendalough area. There are four courses: Elite (40km - 10 hour winning time), A (35 km - 9 hours), B (30 km - 8 hours), C (24km - 8 hours). A new “Elite Solo” class this year will cater for the most experienced competitors.

- Entries close on 30th April. Details from Pat Healy, Healy Cut Bush, Curragh, Co. Kildare (Phone/fax 045-446125), e-mail healy@tinet.ie

- Easter in April, the Jan Kjellstrom Trophy will be in Surrey, south west of London. picturesque of many races run after a sleepless night on the mail boat and train to a Leinster v London clash. Maybe not the most challenging or scenic orienteering available, but the JK is still the JK, and it’s a hell of a race. The event centre is at Heathfield Leisure Centre, SW of London, near the M25.

- Friday April 2nd Training Day - Redlands

- Saturday April 3rd Individual Day 1 - Leith Hill

- Sunday April 4th Individual Day 2 - Holmbury & Winterfold

Redlands, Leith Hill, Holmbury & Winterfold are adjacent wooded areas of the Greensand Ridge SW of London. All share the same topography - a steep Southern escarpment with North sloping spurs and re-entrants, some intricate. Rumbability will be generally good but height climb is likely to be significant on most courses.

**THE YEAR AHEAD**

Some event notifications are trickling in for 1999. There are too many events to list them all, but here are some that might tempt you to try orienteering outside Ireland. It’s a great experience and you’ll be surprised just how many people will finish behind you even if you’re only a moderate orienteer, so give it a try. The World Championships and Scottish 6-Day only a couple of hours away, how could you miss it?

The 7th Lowe Alpine Mountain Marathon will be on 15th/16th May in Co. Wicklow in the Glendalough area. There are four courses: Elite (40km - 10 hour winning time), A (35 km - 9 hours), B (30 km - 8 hours), C (24km - 8 hours). A new "Elite Solo" class this year will cater for the most experienced competitors.

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**Monday April 5th Relay - Hawley & Hornley**

This area is not as physically demanding and its runnable mixture of wood and heathland, its contour detail and other features make it particularly suitable for a relay. Entry forms have been sent to all Irish clubs or can be obtained by sending a stamped self-addressed envelope to: JK99, 16BA Bellegrove Road, WELLING, Kent. DA16 3RD

- Of course we have the Irish Championships, this year combined with the Shamrock O-Ringen in the Cork/Kerry area on the last weekend of June.

- For those planning of going further afield there’s a promising 6-Day in Switzerland from July 24-31. Contact Schweizer 6-Tage-OL 1999, Postfach 803, CH-4011 Langenthal, Switzerland. e-mail 6day99@solv.ch www.ch6days99.com

- The big one this year is Highland 99, the Scottish 6-Day and World Championships at Inverness. Dates July 31 to August 8th. Entry forms were in the last TIO. Web site: www.scottish-orienteering.org/highland99/Over 5000 competitors are expected, so book your accommodation early to avoid disappointment!

- Other readers might like to consider the World Masters O-Championships at Århus in Denmark from July 18 to 23rd, before drinking their cocoa. Only M/W35’s and over need apply. Details from WMOC 1999, Post box 164, DK-8100 Aarhus C, DENMARK. Fax: +45 8619 1436. E-mail: wmoc99@mmm.uni-c.dk. See you there.

- Other 1999 events worth considering are:

- For St Patrick’s Day (-ish) how about the 3-day Spring Cup in Denmark from March 26-28, followed by a one night and three day event in Holland on April 1-4. Also for Easter, the 3-days at Prague, 4 days in New Zealand or 3 days in Australia. May has the Tio Mila overnight relay in Stockholm, Sweden on 24-25th and the start of a series of French “Raids”, some kind of mountain marathons, it seems.

Continued on page 33
RESULTS SECTION

Orienteering Grade 1 Event, Glendalough, 18th October, 1998, 3ROC

Course 1 (Black) 9.3km, 315m
1. Marcus Parkinson, Clon M40 M21 0:27.60
2. Justin Mayo, Clon M40 M20 0:27.62
3. M. Walters, Ajax M35 M35 0:27.65
4. O. McDonald, Ajax M40 M20 0:27.67
5. A. Barry, Cork M20 M20 0:27.70
6. Patrick Casey, Ajax M21 M21 0:28.54
7. Peter Kerrin, Ajax M21 M21 0:28.56
8. Simon O'Byrne, Clon M40 M40 0:28.58
9. Hugh McConnell, Clon M50 M20 0:28.60

Course 1 (Black) 9.3km, 315m
1. Marcus Boyle, Ajax M35 M35 0:30.56
2. Justin Mayo, Clon M40 M20 0:30.58
3. M. Walters, Ajax M35 M35 0:30.61
4. O. McDonald, Ajax M40 M20 0:30.63
5. A. Barry, Cork M20 M20 0:30.66
6. Patrick Casey, Ajax M21 M21 0:31.50
7. Peter Kerrin, Ajax M21 M21 0:31.52
8. Simon O'Byrne, Clon M40 M40 0:31.54
9. Hugh McConnell, Clon M50 M20 0:31.56
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Results of Mountain Bike orienteering event held on Saturday 31 Oct 1998 near TROOPERSTOWN, CO. WICKLOW.

This was a score event with a three hour class and a two hour class. Highest possible score was 600 points.

Three hour class results.

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<td>600</td>
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</tbody>
</table>

Scores listed are final score after penalty points for being over time. The decision for equal scores was time taken. The penalty for over time was ten points per minute late.

Many thanks to Seán O'Boyle who stayed in the rain and assisted me in packing up etc.
**Results of Dublin University Orienteers LEINSTER LEAGUE Event at Clarabeg, Co. Wicklow 29 November 1998**

**BLUE COURSE (6.5 km, 200 m)**

1. J. Moy M40
2. M. Pikner M21
3. A. O’Clair M35
4. J. Casey M21
5. B. O’Brien M21
6. H. McLindon M21
7. P. Casey M21
8. B. Ted M40
10. J. McCullough M21
11. G. Brothers M21
12. P. Brennan M21
13. L. Quinn M35
14. T. Joyce M40
15. G. Butler M18

**GREEN COURSE (4.7 km, 160 m)**

1. J. Crowley M21
2. M. O’Cleirigh M35
3. J. Russell M20
4. Y. Young M45
5. D. O’Donghaile M21
6. J. Ambler M21
7. P. Casey M21
8. D. Brennan M40
9. L. Lynagh M50
10. J. Lawlor M40
11. M. Cunningham M55
12. A. Lawlor M21
13. A. Lawlor M21
14. A. Lawlor M21
15. A. Lawlor M21
16. A. Lawlor M21
17. A. Lawlor M21
18. A. Lawlor M21
19. A. Lawlor M21
20. A. Lawlor M21
21. A. Lawlor M21
22. A. Lawlor M21
23. A. Lawlor M21
24. A. Lawlor M21
25. A. Lawlor M21
26. A. Lawlor M21
27. A. Lawlor M21
28. A. Lawlor M21
29. A. Lawlor M21
30. A. Lawlor M21

**ORANGE COURSE (7.1 km, 201 m)**

1. D. Wickham M35
2. J. O’Brian M21
3. D. Jones M21
4. W. Young M45
5. D. O’Donghaile M21
6. J. Ambler M21
7. P. Case M21
8. D. Brennan M40
9. L. Lynagh M50
10. J. Lawlor M40
11. M. Cunningham M55
12. A. Lawlor M21
13. A. Lawlor M21
14. A. Lawlor M21
15. A. Lawlor M21
16. A. Lawlor M21
17. A. Lawlor M21
18. A. Lawlor M21
19. A. Lawlor M21
20. A. Lawlor M21
21. A. Lawlor M21
22. A. Lawlor M21
23. A. Lawlor M21
24. A. Lawlor M21
25. A. Lawlor M21
26. A. Lawlor M21
27. A. Lawlor M21
28. A. Lawlor M21
29. A. Lawlor M21
30. A. Lawlor M21

**Results of Leinster League Event at Cronynbe, November 22, 1998**

**Blue Course**

1. Dennis Reidy
2. Aslinn Austin
3. Fachtina Healy
4. Brian Jones
5. A. Aylng
6. D. Cashin
7. M. McCormack
8. S. Healy
9. U. Lawlor
10. M. Nowlan
11. David Brennan

30 The Irish Orienteer
The Year Ahead,

Continued from page 25...

June of course has the Irish Champs/Shamrock O-Ringen at the end. Earlier in the month are two Belgian 3-Days: one at St. Vith from 2nd to 6th and one at Arlon from 10th to 12th. At the end of the month (25th) is the 3-Day Norwegian O-Festival at Sandefjord.

July sees us move into the big holiday events: the 6 day Norwegian Sørlandsgaloppen at Porsgrunn starts on July 10th, that the Canadian Champs (2 days) at Toronto starts on the same date. There are several 3-day events in Sweden: at Karlstad (12th), at Visby (14th), at Stockholm (16th) and at Norrkoping (20th). The Swedish 5-Day O-Ringen is in Dalarna starting on July 26th. If you want to go to the clinics, get in touch with the IOA straight away!

In August, apart from the World Championships and Scottish 6-Day at the start of the month, there’s a 6 day in Hungary (15th) and the three day French Championships in Provence from 27–29th. Details of these events can be got from the IOA, either via the internet via the IOF site (www.orienteering.org).

CompassSport will have its annual look at the holiday and major orienteering events in the new year issue.

You can still subscribe via The Irish Orienteer (STG£18 per annum) or directly to CompassSport Subscriptions, Ballencrief Cottage, Ballencrief Toll, Bathgate, West Lothian EH48 4LD, Scotland.

The Irish Orienteer
ORIENTEERING FIXTURES

January 1999
10 RUPPULAGH. Co. Limerick. MOA. ML3. GR R 703203. 10-30 1-00.
17 ROUSTTAK. Co. Uxbridge. MOA. ML3. GR W 4871.
20 RUPPULAGH. Co. Uxbridge. MOA. ML3. GR W 4871.
31 MANORHAMILTON. Co. London. CNOC. 11-1. GR N 8433.

February
20 NIOA SCORE CHAMPIONSHIPS. Florencecourt. Co. Fermanagh. FermO.
20 BRITISH NIGHT CHAMPIONSHIPS. Penhale Sands. Cornwall.
27 WELSH CHAMPIONSHIPS. Broughton Burrows. Gower.

March
6 BINEVENAGH. Co. Derry. NI Series 1. NWOC.
6 CARRICK MOUNTAIN. Glenadey. Co. Wicklow. FIN LL event. GR T 2393.
20 SLIEVE MARTIN. Rostrevor. Co. Down. NI Series 2. LVO.
21 CARLINGFORD. Co. Louth. 3ROC Leinster League. GR J 1811.
21 BOF National Event. Harlaw. EPCC.

April
1-5 JAN KJELLSTROM TROPHY. Surrey.
25 GLENDALOUGH. Co. Wicklow. 3ROC. Leinster League. 11-1.00. GR T 1196.

May
1 LEINSTER CHAMPIONSHIPS. Co. Wicklow. AJAX. (& Interprovincials?).
15 DONADEA. Co. Kildare. CNOC evening event. Start 6-7.30 pm. GR N 8433.
29 NI RELAYS. Drum Manor. Cookstown. NWOC. GR H 7678.
29 BOF National Event. Scotland.

June
1 CURRAGH WEST. Co. Kildare. CNOC. 6-7.30 pm.
7 HOLLYWOOD NORTH. Co. Wicklow. CNOC. 6-7.30 pm.
15 CURRAGH EAST. Co. Kildare. CNOC. 6-7.30 pm.
22 HOLLYWOOD. Co. Wicklow. CNOC. 6-7.30 pm.
25-27 Shamrock O-Ringen and Irish Individual Championships

Events shown in italics are not yet registered with IOA (on 16th December 1998) and are subject to confirmation.

For details of fixtures check with the organisers, the IOA Inf-O-line (01-4569099) or try the IOA website (see page 2).